

## Candidate for Succession Planning & Nominations Committee

### 1. Full Name and Credentials (as it should appear on the ballot):

Diane Orr Chlebowy, PhD, RN

### 2. Current Position:

Associate Professor

### 3. Current Employer:

University of Louisville School of Nursing

### 4. Employer Address:

Street Address: - 555 South Floyd Street

Bldg/Floor/Suite/Room: - Health Science Campus, K-Wing, Office 4043

City: - Louisville

Zip - 40202

State - KY

Email: - dochle01@louisville.edu

Phone: - 502.852.8384

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URL of your work/business home page, if available: - <http://louisville.edu/nursing/academics/>

### 5. Candidate's Campaign Statement (250-300 words, including your research and leadership background to your service in a leadership role in SNRS):

Dr. Chlebowy has established and led a funded interprofessional diabetes research program to understand diabetes self-management practices in adults with diabetes. She and her team have recently evaluated the effects of motivational interviewing on diabetes outcomes and self-management behaviors in African Americans. Dr. Chlebowy has published in refereed journals, presented extensively at national, regional, and local conferences, and has been recognized internationally for her research expertise. She has special interest in mentoring undergraduate and graduate students, our future scientists, to promote their involvement in interprofessional research and scholarship activities and has received recognition for her outstanding efforts. During her academic career, she has had various administrative appointments and was selected as a Fellow in the AACN Leadership for Academic Nursing Program in 2012. She continues to be involved as a leader in professional and community organizations. Dr. Chlebowy is presently a peer reviewer for refereed journals and an international grant reviewer for the Welsh government. She enjoys her present involvement in SNRS as a peer reviewer for RINAH and a grant reviewer. Dr. Chlebowy looks forward to the opportunity to share her enthusiasm and commitment to advancing nursing research as an elected member of the Nominations and Succession Planning Committee.

Diane Orr Chlebowy, PhD, RN

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Lexington, Kentucky 40513

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### **Education**

<b><u>Dates</u></b>	<b><u>Degree</u></b>	<b><u>Institution</u></b>
2002	Ph.D. Major: Nursing Minor: Developmental Psychology	The Ohio State University Columbus, Ohio
1991	M.S. Nursing Administration	The Ohio State University Columbus, Ohio
1983	M.A. Adult Education	The Ohio State University Columbus, Ohio
1981	B.S. Nursing	The Ohio State University Columbus, Ohio

### **Administrative Leadership**

<b><u>Dates</u></b>	<b><u>Title</u></b>	<b><u>Institution</u></b>
July 2013 - present	Coordinator, Undergraduate Research Scholar Program	School of Nursing University of Louisville Louisville, Kentucky
July 2010 - June 2013	Director, Undergraduate Programs	School of Nursing University of Louisville Louisville, Kentucky

July 2009 - June 2010	Coordinator, Adult Health Division	School of Nursing University of Louisville Louisville, Kentucky
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**Academic Leadership**

<u>Dates</u>	<u>Title</u>	<u>Institution</u>
July 2013 - present	Associate Professor	School of Nursing University of Louisville Louisville, Kentucky
Aug. 2007 - June 2013	Assistant Professor	School of Nursing University of Louisville Louisville, Kentucky
July 2000 - July 2007	Lecturer	College of Nursing University of Kentucky Lexington, Kentucky
Aug. 1997 - June 2000	Assistant Professor	College of Nursing University of Kentucky Lexington, Kentucky
1992 - 1997	Instructor	Mount Carmel College of Nursing Columbus, Ohio
1992 - 1995 (Summer term)	Adjunct Faculty	School of Nursing Capital University Columbus, Ohio
1992 (Summer term)	Adjunct Faculty	Department of Nursing Columbus State Community College Columbus, Ohio
1983 - 1986	Instructor	Mount Carmel School of Nursing Columbus, Ohio

## **Other employment**

<b><u>Dates</u></b>	<b><u>Title</u></b>	<b><u>Institution</u></b>
1992 - 1993	Diabetes Education Coordinator	St. Ann's Hospital Columbus, Ohio
1986 - 1991	Patient Education Coordinator	Mount Carmel East Hospital Columbus, Ohio
1981 - 1985	Staff Nurse	The Ohio State University Hospital Columbus, Ohio

## **State RN Licensure**

Licensure: Kentucky Nurse Registration 1086887

## **Professional Memberships and Activities**

American Association of Diabetes Educators

Midwest Nursing Research Society

Sigma Theta Tau International

Southern Nursing Research Society

## **Honors and Awards**

- 2013 Invited Presenter at University of Louisville, 2<sup>nd</sup> Annual Celebration of Faculty Excellence Showcase
- 2013 Appointed as Nurse Scientist, University of Louisville Hospital KentuckyOne
- 2013 MediStar Award Nominee, A.O. Sullivan Award for Excellence in Education
- 2012 University of Louisville, Research!Louisville Winner, Innovation in Behavioral Sciences Faculty Award
- 2012 Selected as Executive Leadership Fellow, American Association of Colleges of Nursing Leadership for Academic Nursing Program

- 2012 Invited International External Reviewer for National Institute for Social Care and Health Research grant application, Welsh government
- 2012 MediStar Award Finalist, A.O. Sullivan Award for Excellence in Education
- 2011 Invited International External Reviewer/Supervisor of thesis for graduate student at University of Melbourne, Department of Psychiatry, Parkville, Vic, 3052, Australia
- 2010 University of Louisville, Dean Marcia J. Hern Faculty Research Award
- 2010 Invited Participant in National Institutes of Health Web-based Delphi Focus Group
- 2009 University of Louisville, Research!Louisville, 2<sup>nd</sup> place poster presentation award, awarded to graduate student, faculty mentor
- 2009 Faculty Favorite Teaching Award
- 2008 University of Louisville President's Diversity Award, 2<sup>nd</sup> runner-up award granted to University of Louisville School of Nursing, primary applicant of award
- 2008 University of Louisville, Research!Louisville, 3<sup>rd</sup> place poster presentation award, awarded to graduate student, faculty mentor
- 2008 Posters at the Capitol, undergraduate student abstract selected for presentation, faculty mentor
- 2000 - 2002 Service-Learning Associates Award, University of Kentucky
- 2000 Louise J. Zegeer Undergraduate Faculty Teaching Award
- 1988 Elected to Sigma Theta Tau International Honorary Nursing Society
- 1983 Elected to Phi Kappa Phi Honor Society

**University, School of Nursing, and Community Leadership**

University

- 2012 - 2014 Faculty Senate, Executive Committee
- 2012 - 2014 Faculty Senate, Planning and Budget Committee
- 2010 - 2014 Faculty Senate, Part-time Faculty Committee
- 2010 - 2012 University of Louisville Nurse Residency Program, Co-Coordinator

2009 - 2014 Faculty Senate, Senator  
2009 - 2011 Faculty Senate, Academic Program Committee  
2008 - 2012 Interdisciplinary Diabetes Training, Consultant and Faculty  
2008 Health Sciences Center Diversity Conference Planning Committee, Chair  
2007 - 2010 University Diversity Chairs Committee  
2007 - 2009 Health Sciences Center Diversity Committee, Chair  
2007 - 2013 Research!Louisville, Poster Judge

### School of Nursing

2013 - 2014 Faculty Search Committee, Appointed Member  
2013 - 2014 Nominations Committee  
2012 - 2013 Research and Evidence Based Practice Committee, Chair  
2011 - 2012 Research and Evidence Based Practice Committee  
2011 - 2013 Undergraduate Program Committee, Co-Chair  
2011 - 2013 Student Affairs Subcommittee  
2011 - 2013 Curriculum Subcommittee, Ex officio Member  
2011 - 2013 Faculty Subcommittee, Ex officio Member  
2011 Policy and Procedure Adhoc Committee, Co-Chair  
2010 - 2013 Administrative Leadership Team  
2010 - 2013 Undergraduate Course Coordinator Committee, Chair  
2009 - 2011 CCNE Task Force  
2009 - 2010 Undergraduate Academic Affairs Committee, Chair  
2008 - 2010 Undergraduate Academic Affairs Committee, Policy & Procedure Subcommittee  
2008 - 2010 Undergraduate Academic Affairs Committee, Admissions Subcommittee  
2007 - 2010 School of Nursing Diversity Committee, Chair  
2007 - 2009 Undergraduate Academic Affairs Committee

- 2007 - 2009 Undergraduate Academic Affairs Committee, Program Outcomes Subcommittee
- 2007 - 2009 Undergraduate Academic Affairs Committee, BSN Curriculum Subcommittee
- 2007 - 2008 Curriculum Grid Task Force

Community Service

- 2013 - 2014 American Diabetes Association, Louisville Chapter, Live Empowered Program, Coordinator
- 2008 - 2011 American Diabetes Association, Louisville Chapter, African American Program
- 2007 - 2008 Leadership Succession Committee, Iota Zeta Chapter, Sigma Theta Tau International Honor Society
- 2006 - 2007 Delta Psi Chapter, Sigma Theta Tau International Honor Society of Nursing, Faculty Counselor
- 2006 - 2013 Health Ministry, St. Peter Catholic Church, Lexington, Kentucky, Chair
- 2006 - 2007 American Diabetes Association, Bluegrass Chapter, Annual Meeting Planning Committee
- 2005 - 2006 Research and Scholarship Program Committee, Delta Psi Chapter, Sigma Theta Tau International Honor Society of Nursing, Co-chair
- 2004 - 2008 Health Ministry, Mary Queen of the Holy Rosary Church, Lexington, Kentucky, Chair
- 2004 - 2005 Research Consultant for American Association of Diabetes Educators
- 2000 - 2003 American Association of Diabetes Educators Annual Program Planning Committee
- 1999 - 2003 American Association of Diabetes Educators Research Abstract Subcommittee, Chair
- 1999 - 2003 American Association of Diabetes Educators Research Committee
- 1998 - 2004 Kentucky Association of Diabetes Educators Professional Education Committee
- 1995 American Diabetes Association Education Committee, Franklin County, Ohio

### **Journal Editorial Boards, Advisory Councils, Peer Reviewer of Manuscripts**

- 2013 - 2014 Grant Reviewer, Southern Nursing Research Society
- 2013 - 2014 Peer Reviewer, Research in Nursing and Health
- 2013 Abstract Reviewer, Southern Nursing Research Society 2014 Annual Conference
- 2012 - 2014 Grant Reviewer for the National Institute for Social Care and Health Research Funding Scheme, Welsh government
- 2012 - 2014 Peer Reviewer, Qualitative Health Research
- 2012 - 2014 Peer Reviewer, Western Journal of Nursing Research
- 2012 Abstract Reviewer, Southern Nursing Research Society 2013 Annual Conference
- 2010 - 2014 Peer Reviewer, Journal of Health Education and Behavior
- 2008 - 2012 Abstract Reviewer, Research and Professional Practice Committee, American Association of Diabetes Educators
- 2002 - 2009 Abstract Reviewer, Health Promotion Research Interest Group, Southern Research Nursing Society
- 2008 - 2009 Peer Reviewer, Journal of Health Ethics
- 1998 - 2000 Abstract Reviewer, American Association of Diabetes Educators
- 1998 - 2000 Grant Reviewer, American Association of Diabetes Educators

### **Leadership in Professional Organizations**

- 2013 - 2015 Treasurer, Iota Zeta Chapter, Sigma Theta Tau International Honor Society of Nursing
- 2011 - 2013 President, Iota Zeta Chapter, Sigma Theta Tau International Honor Society of Nursing
- 2010 - 2011 President-Elect, Iota Zeta Chapter, Sigma Theta Tau International Honor Society of Nursing
- 2009 - 2012 Vice-President, Lexington Fayette County Diabetes Coalition, Lexington, Kentucky
- 2008 - 2009 Vice-President, Iota Zeta Chapter, Sigma Theta Tau International Honor Society of Nursing



- 2006 - 2008 Director, Kentucky League for Nursing
- 2006 - 2007 Board member, Delta Psi Chapter, Sigma Theta Tau International Honor Society of Nursing
- 2003 - 2009 Treasurer, Lexington Fayette County Diabetes Coalition
- 1988 American Diabetes Association, State Board of Directors, Ohio
- 1987 American Diabetes Association State Board of Directors and Franklin County Board of Directors

## **Biographical Summary**

### Administration

For three years, Dr. Chlebowy served as the Director of the BSN Programs at the University of Louisville. Her primary responsibilities included hiring new faculty to teach in the undergraduate program, completing workload assignments, overseeing the undergraduate curriculum and curriculum-related issues, completing annual program reports, working collaboratively with the faculty to address student issues, addressing student issues related to academic performance, and participating in orientation sessions for newly admitted students in the traditional, accelerated, and RN-BSN programs. She provided administrative support for faculty serving on subcommittees at the School of Nursing and leadership in the planning of the Transitions Ceremonies. Dr. Chlebowy attended the annual AACN Baccalaureate Leadership Conference meetings, participated in Academic Leadership Workshops at the University of Louisville, and attended monthly Associate Dean and Undergraduate Dean meetings at the University of Louisville. She was also selected as a Fellow in the American Association of Colleges of Nursing Leadership for Academic Nursing Program for 2012-2013.

### Teaching

Throughout her academic career, Dr. Chlebowy has taught primarily in undergraduate programs. She has modified courses to become hybrid courses comprised of both face-to-face and online instructional components. She has taught adult health nursing, pathopharmacology, and the research courses with other faculty colleagues using a variety of teaching methods (e.g., panel discussions, small group work, and in-class group assignments) to enhance student learning. In addition, she has recently had the opportunity to teach various on-line courses in a RN-BSN Program. Dr. Chlebowy continues to provide ongoing mentorship for undergraduate students as they engage in independent research and scholarly activities.

Dr. Chlebowy has also taught in graduate courses (e.g., theory and pathophysiology) in her academic career. She recently served as a faculty mentor for a doctoral student enrolled at the School of Public Health and Information Sciences as she engaged in research and scholarly

activities. In addition, she has served as a committee member for a PhD student at the University of Louisville and a DNP student at Yale University. She provided oversight of graduate teaching assistants assigned to teach in the didactic and clinical components of undergraduate courses and continues to mentor graduate teaching assistants in her assigned courses.

### Research/Scholarship

As a nurse scientist, Dr. Chlebowy is committed to promoting research and scholarship activities at the School of Nursing and the University of Louisville. During her tenure at the University of Louisville, she was instrumental in establishing an interdisciplinary research team in execution of these activities. She and her interdisciplinary team received intramural and extramural funding to conduct their research. Dr. Chlebowy has published in refereed journals and presented extensively at national, regional, and local conferences. She has been recognized internationally for her research expertise and was recently invited as a reviewer for the National Institute for Social Care and Health Research grant applications, Welsh government. Dr. Chlebowy has special interest in mentoring undergraduate and graduate students, our future scientists, to promote their involvement in interdisciplinary research and scholarship activities.

### **Abstracts and Presentations**

**Undergraduate student mentee\***

**Graduate student mentee\*\***

### National/International Meetings

Velasquez, C., **Chlebowy D.O.**, Elzy, P., & Adams, M.J. (2013). *Academic & Practice Partnerships: Collaborating to Promote Excellence in Clinical Nursing Education in the Academic Medical Center*. Doctors of Nursing Practice 6th Annual Conference, Phoenix, Arizona.

\*\*Rankin, A.N., Blood-Siegfried, J., **Chlebowy, D.O.**, & Vorderstrasse, A. (2012). *Implementation of Childhood Obesity Identification and Prevention Strategies in Primary Care*. National Association of Pediatric Nurse Practitioners Annual Conference, San Antonio, Texas.

\*\*Rankin, A.N., Blood-Siegfried, J., **Chlebowy, D.O.**, & Vorderstrasse, A. (2012). *Implementation of Childhood Obesity Identification and Prevention Strategies in Primary Care*. Doctor of Nursing Practice Annual Conference, St. Louis, Missouri.

Velasquez, C., **Chlebowy D.O.**, Elzy, P., Adams, M.J. & Hern, M. (2012). *Outcomes of an Innovative and Cost-Effective Nurse Residency Program: A Collaborative Effort of the University of Louisville Hospital and the University of Louisville School of Nursing*. Doctors of Nursing Practice 5th Annual Conference, St. Louis, Missouri.

**\*\*McCullough, P.M., Speck, B.J., Winslow, D.H., Mainous, R.O., Chlebowy, D.O., & Myers, J.** (2012). *Sleep/Wake Activity and Energy Expenditure in Overweight and Obese Obstructive Sleep Apnea Patients: A Pre- and Post-CPAP Comparison*. Sleep 2012 Annual Meeting of the Associated Professional Sleep Societies, Boston, Massachusetts.

**Chlebowy, D.O.,** Velasquez, C., Elzy, P., Adams, M. J., & Hern, M. (2011). *Innovative and Cost-Effective Development and Implementation of a Nurse Residency Program: A Collaborative Effort of the University of Louisville School of Nursing and University of Louisville Hospital*. American Association of Colleges of Nursing Baccalaureate Annual Conference, St. Louis, Missouri.

**Chlebowy, D.O.,** Jackson, B., Hern, M., Kiehl, E., & Carrico, R. (2011). *Emergency Countermeasures Staffing: Integrating Student Nurses into Community Response. A Collaborative Project with the University of Louisville, the Centers for Disease Control and Prevention, and the AACN*. American Association of Colleges of Nursing Baccalaureate Annual Conference, St. Louis, Missouri.

**Chlebowy, D.O.,** Myers, J., Kubiak, N., El-Mallakh, P., Wall, M.P., Cloud, R., \*Graves, W. (2011). *The Effects of Motivational Interviewing on Diabetes Self-Management in African American Adults: Preliminary Findings*. NINR 25<sup>th</sup> Anniversary Symposium, Capitol Hill, Washington D.C.

**Chlebowy, D.O., \*\*Hood, S., & LaJoie, A.S.** (2011). *Gender Differences to Self-Management of Type 2 Diabetes Among Urban African American Adults*. National Institutes of Health/National Institute of Nursing Research, Bethesda, MD.

**Chlebowy, D.O.,** Velasquez, C. (2011). *Innovative and Cost-Effective Development and Implementation of a Nurse Residency Program: A Collaborative Effort of the University of Louisville School of Nursing and University of Louisville Hospital*. American Association of Colleges of Nursing Annual Conference, St. Louis, Missouri.

**Chlebowy, D.O.,** Jackson, B. (2011). *Emergency Countermeasures Staffing: Integrating Student Nurses into Community Response. A Collaborative Project with the University of Louisville, the Centers for Disease Control and Prevention, and the AACN*. American Association of Colleges of Nursing Annual Conference, St. Louis, Missouri.

**Chlebowy, D.O.** (2011). *Math Requirements for Baccalaureate Nursing Programs and Practice*. Mathematical Association of America, Lexington, Kentucky (Invited speaker).

Wall, M.P. & **Chlebowy, D.O.** (2010). *Depression, Anxiety, and Adherence to Type 2 Diabetes Treatment Regimens: Systematic Review and Measurement Critique*. The 21<sup>st</sup> International Research Congress, Sigma Theta Tau International. Orlando, Florida.

- Chlebowy, D.O.** (2009). *Facilitators and Barriers to Self-Management of Type 2 Diabetes among Urban African American Adults: Focus Group Findings*. American Association of Diabetes Educators' Annual Meeting and Exhibition. Atlanta, Georgia.
- Chlebowy, D.O.** (2008). *Self-efficacy in Caucasian and African American Adults with Type 2 Diabetes*. American Association of Diabetes Educators' Annual Meeting and Exhibition. Washington, D. C.
- Chlebowy, D.O.** (2008). *Factors Affecting Registered Nurse Adoption of a Glycemic Control Protocol*. American Association of Diabetes Educators' Annual Meeting and Exhibition. Washington, D.C.
- Chlebowy, D.O.** (2003). *Impact of Social Support, Self-Efficacy, and Outcome Expectations on Self-Care Behaviors and Glycemic Control in Caucasian and African-American Adults with Type 2 Diabetes Mellitus*. American Association of Diabetes Educators' Annual Meeting and Exhibition. Salt Lake City, Utah.
- Chlebowy, D.O.** (2001). *Chat Room Use in Nursing Education: The Advantages and Challenges*. Fourth Annual Institute of the Chicago Institute for Nursing Education. Schaumburg, Illinois.
- Chlebowy, D.O.** (2001). *Learning Through the Use of a CD-ROM in Nursing Education*. Fourth Annual Institute of the Chicago Institute for Nursing Education. Schaumburg, Illinois.
- Chlebowy, D.O.** (2001). *Educating The Older Adult: Practical Approaches In Diabetes Education*. American Association of Diabetes Educators' Annual Meeting. Louisville, Kentucky.
- Chlebowy, D.O.** (2000). *Learning Through the Use of a CD-ROM in Nursing Education*. Third Annual Institute of the Chicago Institute for Nursing Education. Schaumburg, Illinois.
- Chlebowy, D.O.** (2000). *PowerPoint Utilization in an Adult Nursing Care Course*. Third Annual Institute of the Chicago Institute for Nursing Education. Schaumburg, Illinois.
- Chlebowy, D.O.** (2000). *Facilitating Behavior Change: Practical Applications of Social Cognitive Theory in Diabetes Education*. American Association of Diabetes Educators' Annual Meeting. San Diego, California.
- Chlebowy, D.O.** (1999). *Impact of Social Support, Self-Efficacy, and Outcome Expectations on Self-Care Behaviors and Glycemic Control in Caucasian and African-American Adults with Type 2 Diabetes Mellitus: A Pilot Study*. American Association of Diabetes Educators' Annual Meeting. Orlando, Florida.
- Chlebowy, D.O.** (1999). *Development of a CD-ROM in an Adult Nursing Care Course*. Second Annual Institute of the Chicago Institute for Nursing Education. Schaumburg, Illinois.

**Chlebowy, D.O.** (1998). *Innovative Use of PowerPoint in an Adult Nursing Care Course*. Nursing Education in the 21st Century: Creating New Pedagogies for Nursing. Oak Brook, Illinois.

Regional

**Chlebowy, D.O.**, Myers, J., & Kubiak, N. (2013). *The Impact of Demographic Variables on Diabetes Markers and Physical Activity Adherence in African American Adults*. Southern Nursing Research Society Annual Conference.

**Chlebowy, D.O.**, Myers, J., Kubiak, N., Cloud, R., El-Mallakh, P., & Wall, M.P. (2012). *Motivational Interviewing to Improve Diabetes Outcomes in African American Adults*. Southern Nursing Research Society Annual Conference.

**Chlebowy, D.O.**, \*Capps, J., & Myers, J. (2012). *Relationship of Insurance Coverage to Diabetes Outcomes in African American Adults*. Southern Nursing Research Society Annual Conference.

Byers, D., Garth, K., Manley, K., & **Chlebowy, D.O.** (2012). *Facilitators and Barriers to Self-Management of Type 2 Diabetes Among Rural African American Adults*. Southern Nursing Research Society Annual Conference.

**Chlebowy, D.O.**, \*\*Hood, S., & LaJoie, A.S. (2011). *Gender Differences to Self-Management of Type 2 Diabetes Among Urban African American Adults*. Midwest Nursing Research Society Annual Conference. Columbus, Ohio.

**Chlebowy, D.O.**, El-Mallakh, P., Cloud, R., Myers, J., Kubiak, N., & Wall, M.P. (2010). *The Effects of Motivational Interviewing on Type 2 Diabetes Management in African American Adults*. Midwest Nursing Research Society Annual Conference. Kansas City, Missouri.

**Chlebowy, D.O.** (2009). *Facilitators and Barriers to Self-Management of Type 2 Diabetes among Urban African American Adults: Focus Group Findings*. Southern Nursing Research Society Annual Conference. Baltimore, Maryland.

**Chlebowy, D.O.** (2009). *Motivational Interviewing and Behavior Change in Persons with Type 2 Diabetes: A Literature Review*. Southern Nursing Research Society Annual Conference. Baltimore, Maryland.

**Chlebowy, D.O.** (2008). *Impact of Sociodemographic Characteristics and Duration of Diabetes with Self-efficacy in Caucasians and African Americans with Type 2 Diabetes*. Southern Nursing Research Society Annual Conference. Birmingham, Alabama.

## Local

**Chlebowy, D.O.** (2013). *Nurse Residents: Leaders in Improving the Health of the Commonwealth and the Nation*. Nurse Residency Program Celebration. University of Louisville Hospital.

\*Watts, S., **Chlebowy, D.O.**, Kubiak, N., Batscha, C., & \*\*Ling, J. (2013). *Impact of Depression, Anxiety, and Stress on Diabetes Markers and Self-management Behaviors in African American Adults with Type 2 Diabetes*. Summer Research Opportunity Program Poster Session. University of Louisville.

\*Riestra, J., & **Chlebowy, D.O.** (2013). *Ethical and Legal Concerns in the Event of a Public Health Disaster*. University Wide Undergraduate Research and Community Engagement Symposium. University of Louisville.

**Chlebowy, D.O.**, & \*Pratt, N. (2013). *Research and Scholarly Opportunities for the Undergraduate Student*. Research Assembly. University of Louisville School of Nursing.

**Chlebowy, D.O.** (2012). *Nurse Residents: Leaders in Improving the Health of the Commonwealth and the Nation*. Nurse Residency Program Celebration. University of Louisville Hospital.

**Chlebowy, D.O.**, El-Mallakh, P., Myers, J., Kubiak, N., Cloud, R., & Wall, M. P. (2012). *Motivational Interviewing to Improve Diabetes Outcomes in African American Adults with Type 2 Diabetes*. Research! Louisville, University of Louisville.

**Chlebowy, D.O.** (2012). *Undergraduate Research and Scholarship Opportunities: An Overview*. Undergraduate Research Assembly. University of Louisville School of Nursing.

\*Pratt, N., & **Chlebowy, D.O.** (2012). *Gender Differences in Diabetes Self-Management Among Urban Hispanic Latino American Adults: A Pilot Study*. Posters at the Capitol. Frankfort, Kentucky.

\*Kenney, L., & **Chlebowy, D.O.** (2012). *The Relationship of Depression and Anxiety to Diabetes Self-Management in Men: A Review of the Literature*. Posters at the Capitol. Frankfort, Kentucky.

**Chlebowy, D.O.** (2012). *Undergraduate Student Research and Scholarship Opportunities and Beyond*. Research Symposium. University of Louisville School of Nursing.

\*Pratt, N., & **Chlebowy, D.O.** (2012). *Gender Differences in Diabetes Self-Management Among Urban Hispanic Latino American Adults: A Pilot Study*. University of Louisville Undergraduate Research and Community Engagement Symposium.

\*Kenney, L., & **Chlebowy, D.O.** (2012). *The Relationship of Depression and Anxiety to Diabetes Self-Management in Men: A Review of the Literature*. University of Louisville Undergraduate Research and Community Engagement Symposium.

**Chlebowy, D.O.**, Myers, J., Kubiak, N., El-Mallakh, P., Wall, M.P., Cloud, R., & \*Graves, W. (2011). *The Effects of Motivational Interviewing on Diabetes Self-Management in African American Adults: Preliminary Findings*. Research!Louisville, University of Louisville.

**Chlebowy, D.O.** (2011). *Motivational Interviewing and Obesity*. Shelbyville Pediatrics Clinic. Shelbyville, Kentucky.

Velasquez, C. & **Chlebowy, D.O.**, \*Pratt, N., & \*Andrew, J. (2011). *Undergraduate Research Opportunities*. Research Symposium. University of Louisville School of Nursing.

\*Pratt, N. & **Chlebowy, D.O.** (2011). *Gender Differences in Diabetes Self-management Among Urban Hispanic Latino American Adults: A Pilot Study*. Summer Research Opportunity Program Poster Session. University of Louisville.

\*Rodeffer, C. & **Chlebowy, D.O.** (2011). *The Effects of Culture on Diabetes Self-Management in African American Adults: A Literature Review*. Posters at the Capitol. Frankfort, Kentucky.

\*Graves, W. & **Chlebowy, D.O.** (2011). *The Effects of Motivational Interviewing on Type 2 Diabetes Management in African American Adults: Preliminary Findings*. Posters at the Capitol. Frankfort, Kentucky.

\*Davis, M. & **Chlebowy, D.O.** (2011). *The Personal Experience of Completing a Motivational Interviewing Intervention in African Americans with Diabetes: Preliminary Findings*. Posters at the Capitol. Frankfort, Kentucky.

\*Rodeffer, C. & **Chlebowy, D.O.** (2011). *The Effects of Culture on Diabetes Self-Management in African American Adults: A Literature Review*. Undergraduate Research Symposium, University of Louisville.

\*Graves, W. & **Chlebowy, D.O.** (2011). *The Effects of Motivational Interviewing on Type 2 Diabetes Management in African American Adults: Preliminary Findings*. Undergraduate Research Symposium, University of Louisville.

\*Davis, M. & **Chlebowy, D.O.** (2011). *The Personal Experience of Completing a Motivational Interviewing Intervention in African Americans with Diabetes: Preliminary Findings*. Undergraduate Research Symposium, University of Louisville.

**Chlebowy, D.O.**, El-Mallakh, P., Cloud, R., Myers, J., Kubiak, N., & Wall, M.P. (2010). *The Effects of Motivational Interviewing on Type 2 Diabetes Management in African American Adults*. Research!Louisville. University of Louisville.

**Chlebowy, D.O.** (2010). *Motivational Interviewing: A Strategy for Promoting Behavior Change*. Kosair Children's Hospital. Louisville, Kentucky.

**Chlebowy, D.O.** (2010). *Depression, Anxiety, Stress and Diabetes Care*. Active Steps Program. Louisville, Kentucky.

**Chlebowy, D.O.** (2010). *Behavioral Aspects and Diabetes Care*. Active Steps Program. Louisville, Kentucky.

\*Graves, W. & **Chlebowy, D.O.** (2010). *The Effects of Motivational Interviewing on Type 2 Diabetes Management in African American Adults: Preliminary Findings*. Summer Research Opportunity Program Poster Session. University of Louisville.

\*Davis, M. & **Chlebowy, D.O.** (2010). *The Personal Experience of Completing a Motivational Interviewing Intervention in African Americans with Diabetes: Preliminary Findings*. Summer Research Opportunity Program Poster Session. University of Louisville.

\*Capps, J. & **Chlebowy, D.O.** (2010). *The Effects of Motivational Interviewing on Type 2 Diabetes Management in African American Adults*. Posters at the Capitol. Frankfort, Kentucky.

**Chlebowy, D.O.** (2010). *Diabetes Research and Other Undergraduate Opportunities*. Undergraduate Research Symposium. University of Louisville School of Nursing.

**Chlebowy, D.O.** & El-Mallakh, P. (2009). *Using the Stages of Change Model in Interdisciplinary Diabetes Research*. Prochaska Summer Conference. Louisville, Kentucky.

**Chlebowy, D.O.** (2009). *Facilitators and Barriers to Self-Management of Type 2 Diabetes among Urban African American Adults*. Research!Louisville. University of Louisville.

**Chlebowy, D.O.** (2009). *Diabetes Research Interests*. Faculty Research Summit. SPHIS. University of Louisville.

\*Capps, J. & **Chlebowy, D.O.** (2009). *The Effects of Motivational Interviewing on Type 2 Diabetes Management in African American Adults*. Summer Research Opportunity Program Poster Session. University of Louisville.

\*Capps, J. & **Chlebowy, D.O.** (2009). *Undergraduate Research Opportunities and Beyond*. Undergraduate Research Symposium. University of Louisville School of Nursing.

\*\*Hood, S. & **Chlebowy, D.O.**, & LaJoie, A.S. (2009). *Gender Differences in Facilitators and Barriers to Type 2 Diabetes Adherence in African Americans*. Research!Louisville. University of Louisville.



\*Jones, N. & **Chlebowy, D.O.** (2009). *Facilitators and Barriers to Self-Management of Type 2 Diabetes among Urban African American Adult: Focus Group Findings*. Posters at the Capitol. Frankfort, Kentucky.

\*Jones, N. & **Chlebowy, D.O.** (2009). *Motivational Interviewing and Behavior Change in Adults with Type 2 Diabetes: A Literature Review*. Undergraduate Research Symposium. University of Louisville.

\*\*Robinson, M. & **Chlebowy, D.O.** (2009). *Motivational Interviewing and Behavior Change among African Americans with Diabetes: A Case Study*. Research!Louisville. University of Louisville.

**Chlebowy, D.O.** (2008). *Research: A Mission of the American Diabetes Association*. American Diabetes Association, Louisville Chapter.

**Chlebowy, D.O.** & \*Jones, N. (2008). *Diabetes Self-Management: The Summer Research Opportunity Program and Beyond*. University of Louisville School of Nursing, Research Assembly.

**Chlebowy, D.O.** (2008). *Impact of Sociodemographic Characteristics and Duration of Diabetes with Self-efficacy in Caucasians and African Americans with Type 2 Diabetes*. University of Louisville, Research!Louisville.

**Chlebowy, D.O.** (2008). *Innovativeness in the Classroom: Utilization of Technology and Research*. Kentucky League for Nursing Annual Meeting, Carrollton, Kentucky.

**Chlebowy, D.O.** (2008). *World's Apart Interdisciplinary Case Study*. Group facilitator at the University of Louisville Health Sciences Center Cultural Competency Workshop.

**Chlebowy, D.O.** (2008). *Obesity and Diabetes: A Growing National Epidemic*. University of Louisville School of Nursing, Alumni Association Meeting.

**Chlebowy, D.O.** (2008). *Understanding the Risks Associated with Heart Disease*. Porter Paints, Louisville, Kentucky.

\*\*Hundley, J. & **Chlebowy, D.O.** (2008). *Optimizing Enteral Tube Feeding in the ICU*. University of Louisville, Research!Louisville.

\*Jones, N. & **Chlebowy, D.O.** (2008). *Facilitators and Barriers to Self-Management of Type 2 Diabetes Among Urban African American Adults: Pilot Study Findings*. University of Louisville, Research!Louisville.

**Chlebowy, D.O.** & \*Bruno, M. (2007). *Organizational and Environmental Factors Influencing Registered Nurse Adoption of a Glycemic Control Protocol in the Acute Care Setting*. Lexington, Kentucky.

**Chlebowy, D.O.** (2007). *Innovative Approaches to Diabetes Management*. Prestonsburg, Kentucky.

**Chlebowy, D.O.** (2005). *Comprehensive Diabetes Education Update*. Jamestown, Kentucky.

**Chlebowy, D.O.** (2004). *Diabetes Assessment and Intervention*. Diabetes Workshop: Review for CDE Certification. Lexington, Kentucky.

**Chlebowy, D.O.** (2003). *Diabetes Assessment and Intervention*. Diabetes Workshop; Review for CDE Certification. Cadiz, Kentucky.

**Chlebowy, D.O.** (2003). *Diabetes Assessment and Intervention*. Diabetes Workshop: Review for CDE Certification. Prestonsburg, Kentucky.

**Chlebowy, D.O.** (2003). *Impact of Psychosocial Variables on Self-Care Behaviors and Glycemic Control in Caucasian and African-American Adults with Type 2 Diabetes Mellitus*. The 13<sup>th</sup> Biennial Research Scholarship Day, Delta Psi Chapter of Sigma Theta Tau International. Lexington, Kentucky.

**Chlebowy, D.O.** (2002). *Impact of Social Support, Self-Efficacy, and Outcome Expectations on Self-Care Behaviors and Glycemic Control in Caucasian and African-American Adults with Type 2 Diabetes Mellitus*. The Ohio State University College of Nursing. Columbus, Ohio.

**Chlebowy, D.O.** (2001). *Educating the Older Adult: Practical Approaches in Diabetes Education*. American Association of Diabetes Educators Annual Meeting. Louisville, Kentucky.

**Chlebowy, D.O.** (1999). *Impact of Social Support, Self-Efficacy, and Outcome Expectations on Self-Care Behaviors and Glycemic Control in Caucasian and African-American Adults with Type 2 Diabetes Mellitus*. Sigma Theta Tau Research Day. Lexington, Kentucky.

**Chlebowy, D.O.** (1999). *Update on Cardiovascular Disease and Diabetes: Nursing Implications for Early Intervention and Treatment*. Continuing Education Workshop. Lexington, Kentucky.

**Chlebowy, D.O.** (1999). *Update on Cardiovascular Disease and Diabetes: Nursing Implications for Early Intervention and Treatment*. Continuing Education Workshop. Bowling Green, Kentucky.

## Grant Funding

Undergraduate student mentee\*

Graduate student mentee\*\*

### Research grants

- 2013 Girdler, R., Reid, J., Krigger, K., Antimisiaris, D., **Chlebowy, D.O. (Co-I)**, & Koppersmith, N. *Evaluation of Peer Advocates in Improving Diabetes Biomarkers, Self-Management, and Quality of Life*. Patient-Centered Outcomes Research Institute, \$1,036,494 (in review).
- 2013 **Chlebowy, D.O. (PI)**, Batscha, C., Kubiak, N., Myers, J., & Watts, S. *The impact of depression, anxiety, and stress on diabetes markers and self-management behaviors in African American adults with type 2 diabetes*. Mini-grant, University of Louisville School of Nursing, \$1,000.
- 2011 Carrico, R., McKinney, W., Kelley, R., Sullivan, D., Jackson, B., Hern, M. & **Chlebowy, D.O. (Co-I)**. *Countermeasures staffing: Integrating student nurses into community response. A collaborative project with the University of Louisville, the Centers for Disease Control and Prevention, and the American Association of Colleges of Nursing*. Centers for Disease Control and Prevention, \$250,000.
- 2011 **Chlebowy, D.O.** *Gender differences in diabetes self-management among urban Hispanic Latino American adults: A pilot study*. Intramural Research Incentive Grant, Undergraduate Research Grant, University of Louisville, \$2,975.
- 2010 Kiehl, E., Berger, J, **Chlebowy, D.O. (Co-I)**, & Legleiter, J. *Asthma Research Kosair (ARK), Helping Kentucky's children breathe easier: using motivational interviewing techniques to improve childhood asthma*. Metro Louisville Department of Health and Wellness, Passport Health, Kosair Children's Hospital, Kosair Children's Hospital Foundation, Genentech, Novartis, \$161,997.
- 2010 Rodeffer, C., & **Chlebowy, D.O.** (faculty mentor), *The impact of culture on diabetes self-management among African American adults*. Undergraduate Research Scholar Grant, University of Louisville, \$150.
- 2010 Holmes, S., Wo, J., **Chlebowy, D.O. (Co-I)**, & Myers, J. *Characteristics of patients with diabetic gastroparesis*. Multidisciplinary Intramural Research Incentive Grant, University of Louisville, \$9,780.

- 2009 **Chlebowy, D.O.** *Motivational interviewing and diabetes management in African American adults: Secondary analyses and qualitative data analysis.* Intramural Research Incentive Grant, Undergraduate Research Grant, University of Louisville, \$2,285.
- 2009 \*Jones, N. & **Chlebowy, D.O.** (faculty mentor), *The effects of motivational interviewing on type 2 diabetes management in African American adults: A pilot study.* Undergraduate Research Scholar Grant, University of Louisville, \$300.
- 2008 **Chlebowy, D.O. (PI)**, El-Mallakh, P., Cloud, R., Myers, J., Kubiak, N., Wall, M.P., & Burns, V. *The effects of motivational interviewing on type 2 diabetes management in African American adults: A pilot study.* Passport Health Plan's Improved Health Outcomes Program, \$50,000.
- 2008 Byers, D., Manley, D., Garth, K., & **Chlebowy, D.O. (Co-I)**. *Facilitators and barriers to self-management of type 2 diabetes among rural African American adults.* Murray State HSCS, \$1,000.
- 2008 Roberts, K. *A diabetes free destiny for African Americans.* Destiny: An Agenda for Change, \$5,000 (consultant for grant submission).
- 2007 **Chlebowy, D.O.** *Facilitators and barriers to self-management of type 2 diabetes among urban African American adults: Focus group findings.* Intramural Research Incentive Grant, University of Louisville, \$4,958.
- 2001 **Chlebowy, D.O.** *Impact of social support, self-efficacy, and outcome expectations on self-care behaviors and glycemic control in Caucasian and African-American adults with type 2 diabetes.* Research Award, Sigma Theta Tau International, Delta Psi Chapter, \$640.
- 1997 **Chlebowy, D.O.** *Impact of social support, self-efficacy, and outcome expectations on self-care behaviors and glycemic control in Caucasian and African-American adults with type 2 diabetes.* Kate Doyle New Investigator Award, American Association of Diabetes Educators, \$5,000.

#### Program/Training Grants

- 2013 Hern, M.J. & **Chlebowy, D.O. (Co-I)**. *New Careers in Nursing Program*, Robert Wood Johnson Foundation, \$50,000.
- 2012 Martin, P., Black, K., **Chlebowy, D.O. (Co-I)**, Pack, A., Singleton, K., & Turner, K. *Creating a collaborative learning community to enhance the health needs of vulnerable populations*, Supporting Undergraduate iNnovation: Ideas to Action Implementation Grant, University of Louisville, \$7,500.

- 2011 - 2013 Consultant and faculty for interdisciplinary diabetes training at University of Louisville for grant-funded study, *OVAR/GEC interdisciplinary transitions in aging Care: Health Resources and Services Administration (HRSA) Award NO: 5D31HP08831-02-00*, Bureau of Health Professions, total grant award \$92,000.
- 2010 Kiehl, E., Schreiber, J. & **Chlebowy, D.O. (Co-I)**. *ACTIONS: Assessing critical thinking in outcomes of nursing students*, Supporting Undergraduate INnovation: Ideas to Action Implementation Grant, University of Louisville, \$12,500.
- 2010 Invited participant in National Institutes of Health Web-based Delphi Focus Group Study: *Self-efficacy for self-management of chronic disease*.
- 2008 Wall, M.P., Black, K., **Chlebowy, D.O. (Co-I)**, Hines-Martin, V., Martin, P., & Singleton, K. *Critical analysis in nursing case management*, Supporting Undergraduate iNnovation: Ideas to Action Implementation Grant, University of Louisville, \$4,551.
- 2008 -2011 Consultant and faculty for interdisciplinary diabetes training at University of Louisville for grant-funded study, *OVAR/GEC interdisciplinary transitions in aging care: Health Resources and Services Administration (HRSA) Award NO: 5D31HP08831-02-00*, Bureau of Health Professions, total grant award \$390,064.

## **Publications, Book Chapters, Monographs and Textbooks**

**Undergraduate student mentee\***

**Graduate student mentee\*\***

### Peer-reviewed

**Chlebowy, D.O.,** \*Pratt, N., & Kubiak, N. (2013). Gender-specific diabetes management for Hispanic Latino adults: Practice implications for the health care provider. *Journal of Kentucky Medical Association, 111*(2), 40-45.

**Chlebowy, D.O.,** \*\*Hood, S., & LaJoie, A. S. (2013). Gender differences in diabetes self-management among African American adults. *Western Journal of Nursing Research, 35*(6), 703-721.

El-Mallakh, P., **Chlebowy, D.O.,** Wall, M.P., Myers, J., & Cloud, R. (2012). Promoting nurse interventionist fidelity to motivational interviewing in a diabetes self-care intervention. *Research in Nursing and Health, 35*, 289-300.

**Chlebowy, D.O.,** Kubiak, N., Myers, J., & \*Capps, J. (2012). Impact of insurance status on diabetes markers in African American adults with type 2 diabetes. *Journal of Kentucky Medical Association, 110, 309-313.*

**Chlebowy, D.O.,** \*\*Hood, S., & LaJoie, A. S. (2010). Facilitators and barriers to self-management of type 2 diabetes among urban African American adults: Focus group findings. *The Diabetes Educator, 36(6), 897-905.*

**Chlebowy, D.O.,** Myers, J., \*\*Mendes, A.N. (2010). Socio-demographic variables and self-efficacy in Caucasian and African American adults with type 2 diabetes. *SOJNR, 10(4),* Retrieved December 30, 2010 from [snrs.org/publications/SOJNR\\_articles2/](http://snrs.org/publications/SOJNR_articles2/).

**Chlebowy, D.O. &** Garvin, B.J. (2006). Social support, self-efficacy, and outcome expectations: Impact on self-care behaviors and glycemic control in Caucasian and African-American adults with type 2 diabetes. *The Diabetes Educator, 32(5), 777-786.*

Brockopp, D., Schooler, M., Welsh, D., Cassidy, K., Ryan, P., Mueggenburg, K., & **Chlebowy, D.O.** (2003). Sponsored professional seminars: Enhancing professionalism among baccalaureate nursing students. *Educational Innovations, 42(12), 1-3.*

Sebastian, J.G., Christman, N.J., Howard, P.B., Lock, S.E., Free, T.A., **Chlebowy, D.O.,** Peden, A.R., & Grier, M.R. (2000). Evidence-based practice and the advanced practice nurse: A curriculum for the future. *Seminars in Perioperative Nursing, 9(3), 143-148.*

#### Non peer-reviewed

Manley, D., Garth, K., Byers, D., & **Chlebowy, D.O.** (2013). Facilitators and barriers to self-management of type 2 diabetes among rural African American adults. *Kentucky Nurse, 61(3), 11.*

Hern, M., Johnson, B., Stogsdill, V., Alvey, C. & **Chlebowy, D.O.** (2013). Enhancing a BSN workforce with the right partner and the best technology. *Kentucky Nurse, 61(2), 7-8.*

**Chlebowy, D.O.** (2002). Impact of social support, self-efficacy, and outcome expectations on self-care behaviors and glycemic control in Caucasian and African-American adults with type 2 diabetes. Dissertation filed at The Ohio State University, Columbus, Ohio.

#### Interviews/media

\*Watts, S., **Chlebowy, D.O.,** & Feldhoff, P. (2013). Undergraduate nursing students will gain research experience starting this fall. UofL Today, interview.

Hern, M. J., & **Chlebowy, D.O.** (2013). Health care industry particularly attractive to returning students. Business First, interview.

**Chlebowy, D.O., & Velasquez, C.** (2010). University of Louisville Hospital Nurse Residency Program. WAVE 3.

**Chlebowy, D.O.** (2010). Diabetes in African Americans. WHAS-11.

#### Book Chapters

**Chlebowy, D.O. & Wagner, K.D.** (2005). Altered glucose metabolism. In K.D. Wagner & K. Johnson (Eds.), *High acuity nursing* (4th ed., 620-647). New Jersey: Prentice Hall.

**Chlebowy, D.O. & Wagner, K.D.** (2001). Altered glucose metabolism. In P.S. Kidd & K.D. Wagner (Eds.), *High acuity nursing* (3rd ed., pp. 617-643). Upper Saddle River, New Jersey: Prentice Hall Health.

#### **Leadership in Academic/Practice Partnerships**

While at the University of Louisville, Dr. Chlebowy worked collaboratively with the Professional Development Coordinator at the University of Louisville Hospital (ULH) in the development of a nurse residency program. This nurse residency program and the established outstanding academic/practice partnership were recognized by being selected as a MediStar Award Finalist, A.O. Sullivan Award for Excellence in Education in 2012. In 2012, she was selected as a member of the ULH Steering Committee for CCNE Accreditation of Post-Baccalaureate Nursing Residency Programs. In addition, Dr. Chlebowy worked collaboratively with the ULH in the design and implementation of a dedicated education unit model which was nominated for the MediStar Award, A.O. Sullivan Award for Excellence in Education in 2013.