



2014-2015 Audition Packet

Congratulations!!! You have decided to try-out for the award winning Clark Cougarette Drill Team. This packet contains some very important information concerning audition procedures, team requirements, and district policies. Please read this packet *thoroughly* and keep the information for future reference. Each packet should contain:

- Audition Information & Important Dates
- Anticipated Expenses
- Try-out Score Sheet
- 2014-2015 Clark Cougarette Constitution
- PISD Drill Team Guidelines
- Clark Cougarette Tryout Application Form
- Clark Cougarette Signature Page Form
- Audition Medical Release Form & Physical Form
- Photo Release Form & School-Sponsored Trips Permission Form
- Release of Liability for Student Participation in School-Sponsored Trip-Alternative Travel Form
- Constitution Contract Form
- Two copies of Student Code of Conduct Form
 - *One to return and one to keep for your records.*
- Reminders Page

There are *11* pages that must be turned in, stapled, and returned to the **Clark High School front office by Friday, February 21st no later than 4:30 pm or your home campus front office by 4 pm (Carpenter, Hendrick, or Schimelpfenig)!!!** *Sign your name on the provided envelope when you turn in paperwork to the front office. No late applications will be accepted!*

**Parent & Candidate Information Meeting
Wednesday, February 19th
CHS – Room 100W, 6:00 pm**

Important Cougarette Audition Dates:

Wednesday, February 12th	6:00-7:00 PM	Important Parent & Candidate Meeting in CHS Room 100W
Friday, February 21st	M.S. - 4pm, CHS - 4:30pm	Application Packet due to home campus/CHS (or earlier!)
Friday, February 28th	4:30 – 6:30 PM	Workshop I in CHS Gym
Monday, March 3rd	4:30 – 6:30 PM	Workshop II in CHS Gym
Tuesday, March 4th	4:30 – 6:30 PM	Workshop III in CHS Gym
Wednesday, March 5 th	5:00 – 8:00 PM (?)	Audition I in CHS Gym
Thursday, March 6 th	5:00 – 8:00 PM (?)	Audition II in CHS Gym
Friday, March 7 th	BY 5PM	Team Results posted online

Eligibility Requirements:

1. Students must be enrolled as a 9th grader at Clark, or 8th grader at Carpenter/Hendrick/Schimelpfenig M.S. feeders, or have an approved transfer on file in the central administration building at the time of the tryouts.
2. All candidates are eligible to attend the three workshops and both tryouts *regardless* of academic standing.
 - a. ALL THREE WORKSHOPS ARE EQUALLY IMPORTANT TO ATTEND!
3. Vacancies occurring after the tryouts and prior to the beginning of the next school year *may* be filled, at the discretion of the campus principal and director, until the opening date of school, utilizing the next highest ranked candidate.
4. You **must** have a physical completed and the physical form filled out in order to participate in ALL workshops/tryouts. (*All physicals are good for two years, however, make sure the two physical forms included in this packet are the ones filled out and turned in.*)

3 Workshops: (February 28th, March 3rd, March 4th)

1. Only the students auditioning for Cougarettes will be admitted to the workshops. All practice sessions and both auditions are closed to the public.
2. All workshops will begin promptly at 4:30pm – *PLEASE* be on time.
3. Candidates must wear a fitted tank top, dance pants/capris (any colors allowed) during workshops. Jazz shoes must be worn at all times. NO SHORTS OF ANY KIND WILL BE ALLOWED!
4. Hair must be in a ponytail. (Pulled back)
5. No gum is allowed and **ALL** jewelry must be removed before the workshop begins.
6. Food and drink are not allowed in the gym. (However, a closed top *water* bottle is permitted)

Auditions: (March 5th and March 6th)

1. Only those students auditioning for Cougarettes will be allowed into the gym area, along with any current Cougarette members who are assisting.
2. All candidates will have an individual number and a group number assigned to them. Each group will consist of 3-5 dancers. Judges know the candidates ONLY by number – no names are used.
3. Candidates should wear appropriate drill team make-up: neutral color eye-shadows, blush, *red* lipstick, black mascara/eyeliner.
4. No jewelry is allowed (including stud earrings/cartilage) and hair must be in a ponytail. No ribbons or scrunchies are allowed.
5. Candidates must wear the following items for auditions:
 - Solid black fitted T-back sleeveless top OR solid tank top (no spaghetti straps)
 - Solid black Jazz (flare) pants (*no capris or leggings*)
 - Black Jazz shoes (any style)



Judging Criteria:

1. All candidates will be judged on the following categories as stated in the P.I.S.D guidelines for 9th/10th grade drill team tryouts. The judging score sheet is listed on page 21.
 - a. Overall Kick Technique 20pts
 - b. Splits (Rt- 5, Lf-5) 10pts
 - c. Dance Technique 25pts
 - d. Showmanship 10pts
 - e. Memory 20pts
 - f. Timing/Rhythm 10pts
 - g. Poise 05pts
2. The judges only know each candidate by number – NO NAMES WILL BE USED.
3. If a candidate chooses to audition twice, then the highest total score will be used.
 - a. Auditioning twice is STRONGLY encouraged.
4. Each candidate must remain at the audition site until the director dismisses the candidates in the event that callbacks are necessary.
5. The team will consist of no more than 55. 30 of the 55 spots with scores of 70 or higher will be allocated to 10th graders. The remaining 25 spots will be filled with the next highest scores of 70 or higher (this can be 9th or 10th graders). If there are not enough 10th graders that have a score of 70 or higher to fill those 30 allocated spots, we will fill as many as we can and then take the highest scores (70 or higher) of the 9th graders that tried out.

6. No results will be posted after the first audition. Results will be posted **BY 5pm on Friday, March 7th** on the Rette website. www.clarkcougarettes.org (details on where to find this on the actual website will come during tryout week). **ONLY** numbers will be posted and in numerical order.
7. After tryouts occur – you ***may*** ask to see your scores. However, you must go through Dr. Endsley (CHS assistant principal of student activities). The process is: give him a self-addressed/stamped envelope (include your name as well as your tryout number) and he will mail you your scores.

Plano ISD Tryout Score Sheet – 9th / 10th Grade Drill Team

Campus: _____

Judge#: _____

Category	Student #1	Student #2	Student #3	Student #4
Overall Kick Technique (20) -Kicks to nose -Thumbs in -Pointed toes -Straight legs -Prep with feet together -Body is aligned -Arms straight -Sharp head pops -Flexibility				
Right Split (5) -Pointed toes -Straight legs -Hips squared -Flexibility -Upright posture				
Left Split (5) -Pointed toes -Straight legs -Hips squared -Flexibility -Upright posture				
Dance Technique (25) -Extension/alignment -Turn execution -Leap execution -Control -Smooth transitions -Flexibility -Completion of movements -Coordination -Use of plié -Dynamics -Strength of movement				
Showmanship (10) -Projection -Body carriage -Expression -Energy level -Personality -Presence -Confidence				
Memory (20) -No hesitations -Does not watch others				
Timing/Rhythm (10) -Correct tempo -Ability to count music				
Poise (5) -Adheres to tryout guidelines, attire & makeup -No jewelry or visible piercing -Overall impression				
Total (100)				

2014-2015 Clark Cougarette Drill Team Dates

- ❖ Clark Cougarettes require a *large* time commitment and it is important that you understand the requirements **before** you decide to join the team. Please review the SAMPLE yearly calendar carefully and discuss it with your family.
- ❖ All Clark Cougarette practices, meetings and performances are mandatory. (This includes summer practice *AND* camp).
- ❖ Summer line camp/summer team practices are **mandatory**. All Clark Cougarette members (including managers) are expected to participate. This is the time that the team learns all football routines, pep rally routines, social officer tryouts as well as team bonding. It is crucial that you are present for these events.
- ❖ During the school year, we practice every day during fourth period! We also typically have practice before school during football seasons and after school while we prepare for our Spring Show. Morning practice will be 7:15 a.m. – 8:15 a.m. After school practice will be 4:30 p.m. – 8:30 p.m. for three weeks out of the year.
- ❖ Football games are *usually* held on Thursday nights. (SOMETIMES they are on Wednesday's as well).
- ❖ During basketball season, the team usually performs at two basketball games. Basketball games are on Monday, Wednesday or Friday nights.
- ❖ Cougarette activities will be held to a minimum on the weekends. It will *average* out to be one a month.
- ❖ If we attend contest, it will be on a Saturday, is mandatory and is a full-day commitment
- ❖ Spring Show will be held in the Spring semester, is a Friday and Saturday night and is mandatory.

2014-2015

Bold dates are 100% confirmed dates

June 6th-9th and 11th-12th: Officer Camp

June 17th-21st: Line Camp, 9-5, CHS Gym

August 11th- 14th: Boot Camp, TIME TBD @ CHS

Sample list of dates from the 2013-2014 School year:

Dates Subject to Change!

AUGUST

August 6th-10th Line Camp at Clark

August 10th- pool party

August 13th- 7 pm-8 pm Mandatory parent meeting at Clark

August 12th-15th Boot Camp

August 21st- Central Night Lock in at PSHS 6:30pm-11pm

August 28th- 6pm-8pm Stadium practice at Clark Stadium

SEPTEMBER

Monday, September 2nd: SCHOOL HOLIDAY

Wednesday, September 4th: Clark vs. Jasper, 6 pm Clark Stadium

Sunday, September 8th: Moo-Yah at Legacy and Independence 4pm-7pm

Wednesday, September 11th: Wendy's Community Night by Clark HS 5pm-8pm

Thursday, September 19th: First Pep Rally in the morning Clark Gym

Thursday, September 19th: Clark vs. Vines, 6 pm Kimbrough Stadium

Saturday, September 21st: Garage Sale 7am-2:30pm

Saturday, September 28th: Officers perform at Planoette Auction

OCTOBER

Wednesday, October 2: Clark v. Williams, 6 p.m. Clark Stadium

Thursday, October 3rd: Central Night- pregame with the Planoettes, 7:30 pm, Clark stadium

Tuesday, October 8th: Mandatory Parent Meeting in 100W 7pm

Wednesday, October 9th: Wendy's Community Night by Clark HS 5pm-8pm

Thursday, October 10th: Learn Contest Novelty in Gym 5pm-8pm

Monday, October 18th-21st: SCHOOL HOLIDAY

Wednesday, October 23rd, Plano Homecoming Parade- 5:45pm at Plano Sr.

Thursday, October 24th: Clark vs. McMillen 7 pm. Kimbrough Stadium

Monday, October 28th: Boo Ball performance time tbd

Thursday, October 31st: Tailgate Party hosted by Cougarettes at 6pm-7pm

Thursday, October 31st: Clark vs. Shepton 7 pm, Clark Stadium

NOVEMBER

Saturday, November 9th: Silent Auction "Denim and Diamonds" at Pecan Hollow

Wednesday, November 13th: Wendy's Community Night by Clark HS 5pm-8pm

Saturday, November 23rd: Learn contest jazz routine from 8am- 11am at Clark

Sunday, November 24th: MooYah at Legacy and Independence 5pm-8pm

November 27th-29th: Thanksgiving Break

DECEMBER

Wednesday, December 4th: Basketball Performance (Officers) at CHS Gym 5:15pm

Tuesday, December 10th: Mandatory Parent Meeting at 7pm in 100W

Wednesday, December 11th: Wendy's Community Night by Clark HS 5pm-8pm

Saturday December 14th: Plano Holiday Parade 6:30 a.m. – 11:30 a.m.

January

Tuesday, January 7th: Basketball Performance Jazz(Team) at PSHS Gym 7:30pm

Wednesday, January 8th: Wendy's Community Night by Clark HS 5pm-8pm

Wednesday, January 8th: Basketball Performance (Team) at CHS Gym 5:15pm

Thurs-Fri, January 23rd and 24th: 2014-2015 Planoette Line Try-Outs

Sunday, January 26th: MooYah at Legacy and Independence 5pm-8pm

Thursday, January 30th: Contest Dress Rehearsal in Clark Gym time tbd

February

Saturday, February 8th: Contest ALL day!! @ RL Turner High School
February 10th-14th: Carnation Sales during Lunches
Tuesday, February 11th: Mandatory Parent Meeting at 7pm in 100W
Wednesday, February 12th: Wendy's Community Night by Clark HS 5pm-8pm
Monday, February 17th: SCHOOL HOLIDAY
Friday, February 21st: Planoette Junior Lieutenant and Sergeant Try-Outs
February 28th: 2014-2015 Cougarette Try-Out Clinic (day 1), Clark Gym 4:30pm-6:30pm
Friday, February 28th : Kittly Clinic @ Clark- 7-9pm

March

Monday-Tuesday, March 3rd and 4th: Cougarette Try-Tut clinic 4:30-6:30 pm
Wednesday, March 5th: Cougarette try-out # 1
Thursday, March 6th: Cougarette try-out # 2
Friday, March 7th: 2014-2015 Cougarette Results posted online
March 10th-14th: Spring Break
Wednesday, March 12th: Wendy's Community Night by Clark HS 5pm-8pm
March 24th-26th: Cougarette OFFICER Clinic
Thursday March 27th: 2014-2015 OFFICER Auditions 5 pm-7

April

Tuesday, April 8th: Mandatory Parent Meeting at 7pm in 100W
Wednesday, April 9th: Revels Trip!- tentative
Wednesday, April 9th: Wendy's Community Night by Clark HS 5pm-8pm
Saturday, April 12th: MANDATORY Spring Show Saturday 8 am- 5 pm
Thursday, April 10th: Cougarette Officers perform in Planoette Spring Show
Thurs-Sat, April 10th-12th: Planoette Spring Show at PSHS
Mon-Thurs, April 14th- 17th: stage practice 4:30- 6:30 after school
Friday, April 18th: SCHOOL HOLIDAY
Mon-Fri, April 21st-25th: stage practice 4:30- 6:30 after school
Saturday, April 26th: Second Spring Show Saturday 8am-5pm
Monday, April 28th: stage after school 4:30- 8 pm
Tuesday, April 29th: stage after school 4:30- 8 pm
Wednesday, April 30th: FULL Dress Rehearsal 6-9 pm

In April when there is stage rehearsal- we WILL NOT have morning practice

May

Thursday, May 1st: FULL Dress Rehearsal 6-9 pm
Friday, May 2nd: SPRING SHOW!!!! 8pm
Saturday, May 3rd: SPRING SHOW!!!!!!!!!!!! 8pm - last night dancing as a Cougarette
□
Wednesday, May 14th: Wendy's Community Night by Clark HS 5pm-8pm
Sunday, May 18th: Cougarette banquet (evening)

2014 Spring Semester Dates
(if you make Clark Cougarettes)

Mandatory New Member Meeting:

- Monday, March 17th 4:30-7:30 pm. – Studio, Room 151 – We will discuss our first team building fundraiser (first) and get fitted for our practice wear!! Woohoo!

- **4:30-4:45:** Squad members ONLY mandatory meeting in the studio
 - Rettes need to wear a camisole or tank to the fitting and preferably shorts or dance pants
 - You will be fitted for practice attire and boots
 - Receive Rette Sis information
- **4:45-5:45 pm-** First Fundraiser information!!!!
- **5:45-6:00 pm:** Parent meeting in studio to explain fitting procedures. If parents can't attend, the directors can assist your daughter.
- **6:00-7:30 pm:** Fitting for practice attire, warm-ups, etc. in studio.

We invite you to assist your daughter in her fitting

2 DIFFERENT PAYMENTS DUE: Monday, March 17th

1- Dance Attire - At LEAST a \$200 deposit due for dance attire, bag, hats, boots, etc. (or pay total balance)

- PayPAMS ONLY

2- Line Camp – DEPENDS on size of team for summer camp (either pay half or total balance)

- \$140.00 per girl- checks not accepted.
- PayPams ONLY
- You may pay in full for everything if you would like.

Clark Cougarette Spring Show:

- Friday, May 2nd and Saturday, May 3rd – New Cougarettes must attend the show for the induction ceremony

- Induction Dress Rehearsal Date: April 30th 4:30-5 pm in CHS cafeteria.

Thursday, May 8th

- **6:00:** Parent meeting in the 100W
 - Discuss and explain booster club committees. You will sign up for committees at the meeting on May 8th.
 - **The rest of your Cougarette balance is due at this time. You will receive a balance sheet prior to this date.**

Thursday, May 22nd

- **4:30-6:00:** Cougarettes meet in the studio with Ms. Button.
 - Discuss camp details
 - Field uniform fitting
- **6:00-7:00 pm:** Parent meeting in 100W with Ms. Button
 - Introduce Board to new parents
 - Discuss camp/summer details

Friday, May 30th 4:30:

Rettes ONLY meet in the studio

- Pick up yard signs and decals – IF READY
- Rette Sis revealed

Clark Cougarette Drill Team Expenses

Summer Camp:

This event is MANDATORY and considered to be a *very* important part of drill team. It is an excellent team-bonding time and most importantly we learn ALL of our football and pep-rally routines during this time.

Due Date:	Method of Payment:	For:	Amount:
March 17th - 1 st payment	PayPAMS ONLY *No checks will be accepted	Team Summer Camp	FULL AMOUNT or \$70 (Half Amount)
May 8th- FINAL			

Mandatory Fees:

Below are requirements for members of the Clark Cougarettes. Please put these due dates on your calendar.

Dance Attire:

Due Date:	Method of Payment:	For:	Amount:
March 17th - 1 st payment	PayPAMS ONLY *No checks please!	Team Attire (hats, boots, bag, dance clothes, jazz shoes, tights, game-day shirt, etc.)	Approximately: \$636
May 8th - FINAL			
APPROXIMATE TOTAL:			Approximately \$636

Clark Cougarette Drill Team Anticipated Expenses

Continued.....

Miscellaneous Fees

MANY of these fees are optional, but often something your daughter/family will want. I want to give parents as much advance notice as possible so that you can budget accordingly. This might be a good incentive for your daughter to make some money this summer! Please know that these are **ESTIMATED** amounts as it depends on your daughter - how many dances she is in (for shoes & costume), etc.

Approx. Month	For: (Note * means required items/event)	ESTIMATED Amount:
May 2014	Lipstick/Make-up	\$5-\$35
May 2014	Yard Sign	\$40-\$45 each
May 2014	Cougarette and/or Parent Spirit Shirts	\$15-\$40 each
May 2014	Car Decals	\$12 each
June 2014	Team/Individual Pics, Buttons, Buddy Pics, etc	\$30 -\$100
Aug – Nov 2014	Game Day Meals (For football game days)	\$30 (for 5 games)
Aug – Feb 2014	Football/B-ball Tickets (to watch daughter's performance)	\$5-\$8 each
December/January 2014-2015	*Spring Show Footwear/Custom Jewelry ← THESE ALL VARY!!!	\$20-50
February 2015	Contest T-shirt	\$10
February - April 2015	*Spring Show Costume (IF necessary)	\$20 -\$50
April 2015	Spring Show T-shirt	\$10
April 2015	Performance Related Field Trip (IF time allows)	\$30
April 2015	Spring Banquet Tickets for family members	\$30-\$40
April 2015	End of the year DVD (depends if Booster Club raises enough \$ - then you won't pay for this)	\$45
April 2015	Spring Show DVD	\$30 - \$40

*****Payments through PayPAMS :** You have an option of using this method of payment with anything going through PISD, (NOT Booster Club) with either a credit card *or* debit card. To register, go to: <http://www.pisd.edu/parents/paypams/index.shtml>

Officer Tryout Information- Must be an incoming sophomore!!

Packet will be available on Wednesday, February 26th.

Packets are due by 4:30 pm on Monday, March 24th to Ms. Button in the studio or girl's coaches' office.

Criteria for tryouts:

- ✓ Notebook- the officer packet will describe this in further detail
- ✓ Perform:
 - Solo- You must choreograph this routine on your OWN! It needs to approximately 1-1 ½ minutes. Pick your own music,
 - Quick choreography- this will be taught on Thursday, March 27th and determines how quickly you learn dances.
 - Officer Routine learned on Monday, March 24th
 - Kick series
 - Splits/jump splits
- ✓ Teaching- on Tuesday, March 25th you will teach 3-4 eight counts to the other officer candidates. The directors will evaluate you.
- ✓ Interview with judges
- ✓ Teacher Evaluations- will be given to you.

Officer Routine: Monday March 24th 4:30pm-6:15 pm in the studio

- ✓ Learn the routine for Officer Auditions
- ✓ This routine will have more skills and performance qualities needed by the dancer

Mandatory Candidate Parent Meeting: Monday, March 24th at 6:30 pm in CHS room 100W

- ✓ Discuss officer auditions
- ✓ Answer any questions concerning tryouts

Officer Teaching: Tuesday, March 25th from 4:30-7:30pm in the Clark Gym

- ✓ Teach other officer candidates 3-4 eight counts

Officer Candidate-Quick Choreography: Thursday, March 27th from 4:45—5:30pm in the Clark Gym

- ✓ Learn quick choreography- you will learn a dance that will be approximately 4-6 eight counts
- ✓ You will perform the quick choreography at tryouts in front of the judges. This helps the judges determine how quickly you learn routines,

Officer Auditions: Thursday, March 27th from 6pm-9pm in Clark Gym

- ✓ The auditions are closed to the public
- ✓ Wear the same attire from line tryouts
- ✓ Have your music ready and labeled with your name and tryout number
- ✓ The judges will choose the officers for the 2014-2015 Cougarette Drill Team
- ✓ PARENTS, FRIENDS, FAMILY and COUGARETTES are only allowed to watch the announcements of the officers
- ✓ We will announce the number of officers at the conclusion of tryouts on Thursday. Announcements will be at approximately 9:30pm. The candidates can call family and friends with an estimated time.

Officer Camp (officers only)

- ✓ **ENCORE officer camp will** be June 6th-9th in Frisco, Texas at the Embassy Suites.
- ✓ Camp is MANDATORY
- ✓ Camp cost is approx. \$600.00. I will let you know a definite amount ASAP
- ✓ Leadership Camp at Jasper High School on June 11-12th; more info to come.

Spring Show:

- ✓ The officer will perform the officer audition routine in our spring show on May 2nd and May 3rd at 7:30pm
- ✓ The officer will have practices to prepare for springs show. Practices will be scheduled according to each new officer's schedule at that times
- ✓ Required to attend spring show dress rehearsals April 30th and May 1st.

This schedule is tentative and subject to change.
If changes are needed, you will be notified in advance.

Social Officer Information- Must be an incoming sophomore!!

A social officer needs to be outgoing and enthusiastic about drill team/dance and always have a positive attitude towards Cougarettes and Clark High School. She is a role model and is there for motivational support to other team members. Dance technique is important for any member of Cougarettes, but will not be taken into consideration for social officer positions.

Packet will be available on Tuesday, March 18th.
Packets are due by 4:30 pm on Monday, April 14th to Ms. Button in the studio or girl's coaches' office.

Social Officer Responsibilities for 2014-2015 Year:

- ✓ Teacher Appreciation (includes custodians, principals and secretaries)
- ✓ Assist with registration in August
- ✓ Assist with open house
- ✓ Community service projects for team (1 per semester)
- ✓ Holiday celebrations
- ✓ Team building activities once a month
- ✓ Cougarette Board

** These are just a few and other opportunities may arise throughout the year.

Application Requirements:

- ✓ Notebook- the social officer packet will describe this in further detail
- ✓ Interview with the directors
- ✓ Teacher evaluations- will be given to you.

** The directors will make final decision on social officers and their positions. Social officers will be announced on Thursday, April 17th in the cafeteria. Announcements are open to the public

Social Officer Workshop:

- ✓ We will have a workshop in the summer for one day and it is MANDATORY! May 31st, 9am-3pm in the studio.
- ✓ Approximate cost will be \$100.00 to cover supplies for upcoming year
- ✓ We will plan for line camp and the upcoming year

Directions for Sizing/Price List on the next two pages are:

The size/price list on the following pages list the mandatory items you will need to purchase in the event that you make Clark Cougarettes. This is a sample sheet from last year

- 1- You will be formally sized March 17th- this is so you can see how much each item will cost.
- 2- Go through and tally each of the items you want/need.
(The quantities are already listed for you on things such as the jacket, bag, specific tops that you need)
 - a. 2 pairs of jazz pants and capris are suggested, but not mandatory & 2 pairs of tights are suggested, but not mandatory. You at least need one pair of each for pants/shorts/tights/capris. (Clark Cougarettes will wear pants two times a week, capris two times a week for practice/class, and shorts once a week in case that helps determine your decision with quantities. Cougarettes also perform in pants/shorts).
- 3- You will then add up the grand total of the items/attire and include **\$10.50** for shipping/handling costs to the grand total.
- 4- You don't have to put what you will pay for the deposits – I just need the **GRAND TOTAL** (including the shipping/handling).
- 5- On March 17th – is when you (the parent/guardian) will decide if you want to put the \$200 deposit down or full payment. Payment will be made through PayPAMS.
 - a. Pay via **PayPAMS** – you must register before using this method of payment and let me know that you will be going with this method of payment on this day.
- 6- Please remember – these items are *MANDATORY!* If you need to replace an item, it will be at your own expense.
- 7- Prices shown are for team order, if you must replace an item, the price *may* change.
- 8- **And PLEASE double check your math for the grand total *including the shipping/handling.***

FLIPDOG SPORTSWEAR
 2201 LONG PRAIRIE ROAD, STE 107
 FLOWER MOUND, TX 75022
 972-691-3557 PHONE
 972-317-9014 FAX

COUGARETTES ORDER FORM 2013

Name: _____ Phone # _____
 (Please circle correct size)

	QTY				
\$33.55 PEP RALLY RACER BACK TANK	_____	S	M	L	XL
\$22.75 PURPLE MESH TANK	_____	S	M	L	XL
\$28.70 TRI COLOR TANK	_____	S	M	L	XL
\$27.60 GREY/PINK TANK	_____	S	M	L	XL
\$29.75 GAME DAY V-NECK T	_____	S	M	L	XL
\$16.25 SPORTS BRA	_____	S	M	L	XL
\$39.00 JAZZ PANTS	_____ XS	S	M	L	XL
\$22.75 CAPRI PANTS	_____	S	M	L	XL
\$19.50 V-FRONT HOT SHORTS	_____	S	M	L	XL
\$14.05 CONVERTIBLE TIGHTS	_____	YM-YL	S-M	L-XL	
\$78.50 BLACK WARM UP JACKET	_____ XS	S	M	L	XL
NAME _____					
BLACK WARM UP PANT (PRICED AS A SET)	_____ XS	S	M	L	XL
\$35.15 BLACK JAZZ SHOES	_____				
(available in half sizes)					
\$35.15 NUDE JAZZ SHOES	_____				
(available in half sizes)					
\$37.90 DUFFLE BAG	_____				
NAME _____					
OPTIONAL ITEMS:					
\$31.95 SWEAT SHIRT	_____ YL	S	M	L	XL
\$29.75 SWEAT PANT	_____ YL	S	M	L	XL
\$95.25 "PUFFY" JACKET	_____	S	M	L	XL
NAME _____					

\$4.30 SHIPPING AND HANDLING

_____TOTAL DUE(prices include tax)

_____TOTAL NUMBER OF ITEMS ORDERED

Boots	\$67.00	1 Pair	<i>No need to record your size b/c we will do this on fitting day.</i>
--------------	---------	--------	--

Hat	\$56.00 <i>Officer Hat:</i> \$68.00	1	Will be sized for this at fitting day
Booster Club Fee (this is Optional but STRONGLY recommended)	\$35	1	Will be used for Cougarette Banquet, gift, etc.

NAME: _____

Please **ONLY** add up and write your grand total in the top left box below. You may decide on March 17th if you would like to put a \$200 deposit down and pay through PayPAMS.

Items	Amount
Team Attire:	
Hat :	
Booster Club Membership (to Booster Club)	
Team Camp:	\$140.00
Officer Camp (if applicable):	
Shipping and Handling:	\$10.50
GRAND TOTAL:	
1 st Deposit or Full Payment Amount (Monday, March 17th)	
Balance (Thursday, May 8th) <u>HARD DEADLINE!!!</u>	

PLANO INDEPENDENT SCHOOL DISTRICT

Drill Team Operational Guidelines

I. General Information

- A. Drill Team Prep will be offered at the ninth and tenth grade level, and will cover the basic fundamentals used in drill team.
- B. One class period will be designated on each high school and senior high campus for drill team.
- C. Drill team members must be full-time students on their campuses.
- D. High school drill teams may perform at a maximum of five in town football games per season, schedule permitting. High school drill teams will not perform at out-of-town games.
- E. Members may not perform as a group representing the school unless the director or a faculty representative is present.
- F. Hazing, as stated in Plano I.S.D. Board Policy #FNCC, will not be permitted at any time. All events, whether on or off campus (i.e. camps, contests, etc.), are included in this guideline.

II. Transportation/Competition Trips

- A. Transporting of the team must be in accordance with Plano ISD regulations.
- B. High school competitions will be limited to one in state contest per team per year, subject to district overnight travel guidelines.
- C. Senior high school drill teams may participate in two competitions per year provided at least one competition is a local competition, and does not require school absence or overnight accommodations. Senior high school drill teams may travel out of state for one competition, subject to district overnight travel guidelines.

III. Financial/Gifts

- A. The school district, through the operating budget, will furnish all field uniforms, props, and accessories used in public performances, with the exception of spring show costs, competition costumes, and personal items such as tights, socks, workout outfits, etc.
- B. Student/parent expenditures for costumes, supplies, and equipment shall not exceed the prescribed dollar amount as set by the district each school year, excluding camp expenses. This amount will be adjusted each school year in accordance with the consumer price index based upon 1995 baseline of \$450. The adjusted amount for 2014-15 is \$665. Boots and/or hats are included in the per student maximum expense. A listing of these items and their costs is to be provided to the building principal each year.
- C. Drill team organizations and/or their parent booster groups may conduct fund raising events consistent with PISD policies and guidelines (excluding door-to-door direct selling), for the purpose of a recognition banquet for members, and to establish a fund to assist drill team members and/or their organizations in the purchase of additional items necessary for special events. Funds are to be deposited into the campus activity account or booster account as per
- D. Treats for athletes will not be permitted.
- E. The exchanging of gifts (big sis/li'l sis, buddy system, etc.) will not be a requirement for participation or membership on the drill team. Such voluntary gifts are subject to an annual \$10 maximum expense per student.
- F. Drill team awards will not exceed the allowable amounts set by the U.I.L. for their activities. Those amounts currently are \$10 per student, per year, for grades 9-11, and \$70 per year for grade 12. Booster clubs may not give gifts to individuals. Booster Clubs may not present gifts exceeding \$500 in value to drill team directors. These amounts are cumulative for the year.

- G. All purchases are to be requested by purchase order. Student payments for individual items are to be deposited into the student activity account.

IV. Routine Performance Requirements

Routines for performance during the regular season shall be designed to utilize all of the drill team members. Tryouts may be held at any time during the week, at the Director's discretion, to determine the student's preparedness level for performance that week. Students may also be disqualified from participation because of failure to meet weekly grade requirements and/or other disciplinary action.

V. High School Spring Show Guidelines

A. Running Time

Spring shows will run no longer than one hour and forty-five minutes, including intermissions and slide shows.

B. Participants

In order for the current members of the drill team to be involved in their spring show as much as possible, they should be the only participants in the show. No other groups or individuals, with the exception of the show's emcee and/or other organizations from the home campus or feeder campuses, will be allowed to participate.

C. Costuming

Students may provide a maximum of two costumes, subject to overall drill team spending limitations as established under Operational Guidelines section III.B. In the event that the costume expense causes the drill team spending limit to be exceeded, the costumes may be provided by booster funds or show proceeds. Costumes paid for by boosters or show proceeds become the property of the campus. Additional costuming needs may be provided through existing costume inventory within the district.

D. Practice Time

The director will adhere to the eight-hour practice rule as defined in Senate Bill 1. The director may begin rehearsals for spring show two months prior to the actual show dates. The high school and senior high director will work together, when scheduling rehearsals, in hopes of avoiding potential conflicts.

E. Production Expense

All expenses and costs of the spring show shall be paid from the proceeds of the show. Supplemental funds may be provided by the parent booster organizations. The drill team sponsor shall present a budget to the principal for approval prior to the beginning of rehearsals. Maximum expense for all spring show expenses, except costuming, shall be calculated by the following formula.

(house capacity) X (ticket price) X (# of performances)

If unusual circumstances arise that create the need for the expense limitation to be exceeded, the Coordinator for drill team activities must give approval.

F. Show Dates

It is recommended that high school spring shows run for a maximum of two nights. In cases where seating capacity and fire safety are concerns, an extra day may be added. High school spring shows may not exceed three nights. As per UIL/TEA guidelines, performances are limited to one during the school week, which is defined as Monday through the close of school on the last day of the school week. Additionally performances may be scheduled after school on the last instructional day of the week and on Saturday. Sunday rehearsals/performances are prohibited except in extenuating

circumstances as per PISD administrative guidelines. Show dates should not conflict with senior high drill team events. If conflicts do arise, the Coordinator for drill team activities will mediate.

VI. Senior High Spring Show Guidelines

A. Running Time

The length of spring shows shall not exceed two hours. This time limit is inclusive of slide shows and intermissions. Senior high spring shows may include a senior award presentation at the conclusion of the final show. This will not be included in the time limitation.

B. Spring Show Participants

Groups and/or individuals apart from the home campus, with the exception of the show's emcee and parents of drill team members, shall not be allowed to perform as a part of the spring show. Senior high shows may include sophomore drill teams in the feeder cluster. If the feeder cluster drill teams are used, all of the high schools in that feeder cluster should be offered the opportunity to participate.

C. Costuming

Students may provide a maximum of two costumes, subject to overall drill team spending limitations as established under Operational Guidelines section III.B. In the event that the costume expense causes the drill team spending limit to be exceeded, the costumes may be provided by booster funds or show proceeds. Costumes paid for by boosters or show proceeds become the property of the campus. Additional costuming needs may be provided through existing costume inventory within the district.

D. Practice Time

Practices must conform to the eight-hour rule as defined in Senate Bill 1. The director may begin rehearsals no earlier than two months prior to the opening date of the show.

E. Production Expense

All expenses and costs of the spring show shall be paid from the proceeds of the show. Supplemental funds may be provided by the parent booster organizations. The drill team director shall present a budget to the principal for approval prior to the beginning of rehearsals. Maximum expense for all spring show expenses, except costuming, shall be calculated by the following formula.

$(\text{House capacity}) \times (\text{ticket price}) \times (\# \text{ of performances})$

If unusual circumstances arise that create the need for the expense limitation to be exceeded, the Coordinator for drill team activities must give approval.

F. Show Dates

It is recommended that senior high school spring shows run for a maximum of three nights. In cases where seating capacity and fire safety are concerns, an extra day may be added. Senior high spring shows may not exceed four nights. As per UIL/TEA guidelines, performances are limited to one during the school week, which is defined as Monday through the close of school on the last day of the school week. Additional performances may be scheduled after school on the last instructional day of the week and on Saturday. Sunday rehearsals/performances are prohibited except in extenuating circumstances as per PISD administrative guidelines.

PLANO INDEPENDENT SCHOOL DISTRICT
Drill Team Tryout Guidelines

I. Purpose

A. Drill Team High School:

The 9th - 10th grade drill team program is designed to provide an introductory experience in drill team that encourages participation by interested students. Students will have the opportunity to participate in public performances and/or competition at an intermediate level. In addition to the development of drill team dance skills, the high school drill team shall promote school spirit, good sportsmanship, encourage teamwork, develop leadership skills, and support the mission of the high school campus. The high school drill team also serves to develop skills to prepare students for participation in drill team at the senior high school level.

B. Drill Team Senior High School:

The 11th - 12th grade senior high school drill team program serves to continue those drill team skills taught at the 9th -10th grades high school, but at an advanced level for public performance and/or competition. The senior high school drill team shall promote school spirit, good sportsmanship, encourage teamwork, develop leadership skills, and support the mission of the senior high school campus.

II. Tryout Requirements

A. Residency/Enrollment:

Students must be residents of the district and enrolled in Plano Schools at the time of the packet deadline. In addition, they must be in attendance at the tryout school, one of its feeders, or have an approved transfer on file in the central administration building at the time of the tryouts. If the currently enrolled PISD student is relocating to an area within the Plano ISD, but within another feeder pattern, the student must present proof of residency certification, provided by the Plano ISD Student Services Department, at the time of the packet deadline.

B. Eligibility:

All eligibility requirements will meet the criteria subject to state law and/or rules interpretation by the State Board of Education. As per TEA/UII guidelines, a student who is academically ineligible may attend all practices and tryouts, as actual participation does not occur until the following year.

C. Procedures for Auditions:

1. Students may try out at only one campus per year.
2. Students desiring to tryout will pick up an information packet and sign up at their HOME school. The packets and sign-up forms will be available in the principal's, or designee's, office.
3. Students must bring back the signed permission slip (included in the tryout packet) to _____ at their HOME school by _____ (designated person) _____ on _____. Applications for tryouts will not be accepted _____ (time) _____ (date) after the deadline.
4. Each student will be certified as to eligibility for tryouts by the HOME school principal, or designee. Eligibility will consist of meeting:
 - residency and enrollment requirements
 - other items listed in these guidelines

5. The HOME school will provide the host school a list designating those students who are eligible.

D. Selection Process

1. There will be two auditions conducted to select each drill team. The auditions will consist of three practice days and two audition days. Students will be allowed to participate in both auditions; however, it will not be mandatory. The highest total score obtained at a single audition will be the score used to determine ranking. As we have two auditions and use only one score, there will be no special scheduling of positions during try-outs to accommodate personal conflicts. UIL competitions and school-sanctioned activities are an exception. Call Backs may be allowed on day two of tryouts.
 2. A panel of four judges from outside the Plano I.S.D will be secured by the Building Principal, or designee, from the resources supplied by the Coordinator of Drill Team Activities. Judges must not have taught, or be related to, any student trying out. At least three judges must be present for the auditions to be conducted. Judges will use the approved Plano I.S.D. judging sheet, and will rank candidates by total score. In the event there are only three judges present at either audition, the candidate's lowest score on the audition with four judges will be dropped. Judges' sheets will be initialed by the individual judge and retained on file in the principal's office until the opening day of the following school year.
 3. Parents may review individual scores of their students by contacting the principal, or designee. Individual scores of other students may not be viewed.
 4. All names of candidates will be assembled in one pool and random drawing will be used to determine tryout positions, with some accommodation for height.
 5. Judges will not confer during tryouts. Each judge is expected to give his/her fair and honest evaluation of each candidate based upon the criteria and points on the judging sheet. (Judges will be seated at separate locations.)
 6. At the discretion of the building principal, an average score of 70 may be utilized as the minimum score for placement of students on the drill team. Regardless of score, the maximum allowable drill team members shall remain in effect as per Membership requirements, section III.A.
 7. In the event of a tie for the final position on the drill team, all students involved in the tie will be allowed on the team.
 8. A committee of one building administrator from each high school and senior high school, Executive Director of Campus Services, Director of Fine Arts and Special Academic Services, and Coordinator for drill team activities will be formed to obtain consistency for the drill team program throughout the district.
- E. The method for selection of drill team officers will be left to the discretion of the campus principal and sponsor. Criteria for selection may include additional criteria beyond those physical skills listed for the regular line tryout.
- F. The method for selecting auxiliary personnel (Maroon Guard, Golden Escorts, etc.) will be left to the discretion of each campus sponsor and principal.
- G. **RESULTS OF TRYOUTS** - Tryout results may not be appealed beyond the campus level.

III. Membership Requirements

- A. The maximum number per team will be:
- | | |
|--------------------|---------------------|
| High School | - 55 ^{1,2} |
| Senior High School | - 75 ^{1,3} |

¹ The maximum number may be exceeded at either the high school or senior high school in the event of a tie for the final position on the drill team, in which case all students involved in the tie will be allowed on the team.

² The high school team will allocate 30 positions to incoming 10th graders with scores of 70 or higher. The remaining positions will be filled at large from incoming 9th or 10th graders with scores of 70 or higher until the maximum number for the team is achieved.

³ The senior high school team may exceed 75 members in years when more than 40 juniors are exempted from auditions. Example: If 43 juniors are exempted from auditions, up to 3 additional students may be allowed.

Vacancies occurring after the tryouts and prior to the beginning of the next school year may be filled, at the discretion of the campus principal and sponsor, until the opening day of school, utilizing the next highest ranked student.

- B. All current junior line members on senior high teams will be exempt from tryouts for the senior year with the exception of juniors on probation.
- C. Grades: All academic eligibility requirements will meet the criteria subject to state laws and/or rules interpretation by the State Board of Education.
- D. Other rules (Constitution, by-laws, Demerit System, etc.) may be instituted by the individual campuses, but must be in keeping with the content and intent of these guidelines and other policies of the school district. They shall be approved and initialed by the principal before being distributed to the students and/or parents.
- E. All students and parents will receive a copy of these guidelines prior to drill team tryouts. Parents will sign these guidelines and return them to the building principal prior to tryouts.
- F. Physicals will be required upon entering the first and third year of high school. In the second and fourth years an updated medical history form will be completed by the parent and student. As long as there have been no changes in their medical history a new physical will not be required.* See form.
- *For new members to the squad a physical will have to be completed and given to the sponsor before any participation and/or workout.
- G. After tryouts, the student is considered part of the new school year drill team, therefore, infractions that occur after tryouts then become part of the new school year. Drill Team members may be placed on probation, removed temporarily, or removed permanently.

GUIDELINES FOR EXTRACURRICULAR ACTIVITIES

Guidelines for District Extracurricular Activities

Students involved in extracurricular activities are held to a higher standard of conduct than the general student body. Plano ISD views participation in extracurricular activities as a privilege, not a right. Any student who violates the Student Code of Conduct shall be subject to extracurricular discipline and/or regular school district disciplinary action. This includes any misconduct, regardless of time or location, that would reflect negatively upon Plano ISD in an extracurricular activity. Students clearly involved in major disciplinary infractions (i.e. including, but not limited to, drugs, alcohol, and violent behavior) will be placed on probation, removed temporarily, or removed permanently from extracurricular activities. Seasons of extracurricular activities may vary and could extend into the next school year. Discipline action may affect tryout eligibility for the next season.

Disciplinary measures taken by the sponsor/principal may be in one or more of three forms, defined as special assignments, probation, and dismissal.

Special assignments may consist of extra duties and may be assigned for minor disciplinary infractions.

Probation and/or dismissal from extracurricular activities will be for infractions involving alcohol, smoking, drugs, use of profanity, violence, and other serious offenses when the sponsor/principal believes the integrity and credibility of the organization has been jeopardized by the student's action. Probation may also be assigned when the student fails to comply with rules and regulations of the extracurricular activity. (Probation is defined as: A trial period in which a student is permitted to redeem bad conduct.)

The student may be dismissed from the extracurricular activity upon any major infraction, or during a probationary period. Prior to being dismissed from extracurricular activities, the student and parents will be notified of the reasons for the action. The student or his/her parents will be afforded the opportunity of a hearing with the sponsor and principal. The appeals process will be outlined at that time. Request for an appeal must be done within 5 school days at each level of the appeals process. The student will not be eligible for any individual or team recognitions or awards that occur after the date of dismissal.

STUDENT CODE OF CONDUCT FORM

PARENTS – PLEASE KEEP FOR YOUR RECORDS!

Plano Independent School District Extracurricular Activity Conduct Statement



I understand and consent to the responsibilities outlined in the District's Student Code of Conduct. I also understand and agree that my child, _____, shall be held accountable for the behavior and consequences outlined in the Student Code of Conduct at school, and at school-sponsored or school-related activities. This shall include school-sponsored travel and any school-related misconduct, regardless of time or location.

Students involved in extra-curricular activities are held to a higher standard of conduct. PISD views participation in extra-curricular activities as a privilege not a right. I understand that any student who violates the Student Code of Conduct shall be subject to disciplinary action. This includes any misconduct, regardless of time or location that would reflect upon representing PISD in an extracurricular activity. Students involved in major disciplinary infractions (i.e. including, but not limited to, drugs, alcohol, and violent behavior) will be placed on probation, removed temporarily or removed permanently from extracurricular activities. Seasons of extracurricular activities may vary and could extend into the next school year. Discipline action may affect tryout eligibility for the next season.

PARENT SIGNATURE _____

STUDENT SIGNATURE _____

DATE _____

Clark Cougarette Constitution

(Revised December 2012 & approved by PISD Drill Team Coordinator & CHS Student Activities Principal)

Article I-Name

The name of this organization shall be the Clark Cougarette Drill Team.

Article II-Purpose

The Cougarettes will function as a support organization representing Clark High School. The Clark Cougarettes will provide entertainment at home football games, home basketball games (schedule permitting), pep rallies, and the Spring Show.

Article III-Special Performances

The Cougarettes may also perform in special performances such as the Plano Holiday Parade, competition, and any other venues/performance selected and approved by the director. The team might not attend competition every year. The director will make this decision on a year-by-year basis. All members will be expected to participate in all activities and performances.

Article IV-Code of Ethics

Being on drill team is a privilege, not a right. As a result Clark Cougarette members will take pride in themselves and in the Cougarette organization as they are held to a higher standard. They will conduct themselves in a ladylike manner and will maintain the highest moral and ethical standards at *all times*. This includes, but is not limited to:

1. Not using or being in possession of alcohol, tobacco, or illegal drugs of any type.
2. Not using profane language.
3. Not having body piercing (other than ears) or visible tattoos.
4. Not showing of public displays of affection at school, practices, performances, or while in any Cougarette uniform.
5. Not allowing anyone else, (who is not a member of the Cougarettes) to wear any part of the Cougarette uniform, including the hat, warm up suit, jacket, or t-shirts, etc.
6. MySpace/Facebook, etc. warning. Cougarette members should be extra cautious and aware of the fact that these types of web pages and the postings they contain are in public view. All Cougarette members are reminded to maintain high ethical and moral standards when posting and also reminded that others can easily post such things as pictures of Cougarette members on their own pages, which can result in negative attention upon the team. All Cougarette members are reminded to avoid situations which could lead to this type of situation where embarrassment to themselves, their parents and the team as a whole is the end result.
7. Gossip: every person has passed on gossip. Every person has been hurt by it. The difference is that if we are to be a team- we simply cannot afford idle words. Always ask yourself, "If she walked into the room, would I continue my conversation?" If not, then you should reconsider the benefit of those who have to listen to you.

Article V-Grades

1. Grades for Clark Cougarette Drill Team class will be assessed by the willingness to follow policies, procedures, and by the participation in class. (Demerits)
2. For each demerit received, **2 points** will be deducted from the six weeks grade. (This begins on the 1st day of school)

Article VI-Summer Team Practice & Camp/Practices/Performances/Attendance Procedures

Summer Camp/Summer Team Practice:

1. Summer Camp/Summer Team Practice – It is **mandatory** for **all** Cougarette members to participate in summer camp practice & summer team practice.
2. Summer Camp is an important building block for a successful year.
3. Any member who misses camp, for whatever reason will be expected to learn any choreography and material taught during camp on their own time. They will also receive 5 demerits (if considered an unexcused absence) and will not be able to perform at the first football game.
4. Special practices will **not** be formally arranged for those who miss any days of camp.

Practices:

1. Practices will be conducted by the director and assisted by the officers.
2. Proper attire must be worn at all times.

3. No gum, food, or open drinks (except water) in the dance room at any time, unless approved by the director for a specific reason or occasion.
4. All dance bags, books, coats, and personal items should be stored and LOCKED in school lockers or assigned locker.
5. Cell phones may **not** be turned on/used during drill team practices or events (excluding bus rides), unless otherwise given permission by director.
6. Cougarette members are not to operate any school-owned video or audio equipment without permission of the director.
7. Cougarette members should not be in the director's office or the storage closets unless invited or sent in by the director for a specific purpose.

Performances:

1. It is possible to be a member of the Cougarette and *not* perform in every performance. This includes football, basketball, competition, pep rallies, spring show, and any other performance selected by the director.
2. Selection for routines may be based on auditions if the director chooses. If auditions are necessary, the director will announce them at least one week in advance of the performance.
3. If a member misses an audition for *any reason* she will be allowed one make-up audition. If two opportunities are missed to audition, she will not perform in that routine.
4. If a Cougarette member is not performing with the team, she will *still* attend the practices and performances in uniform. If you are academically ineligible you will still attend practices, but may **not** attend performances in uniform.
5. Cougarette will not be allowed to talk to friends or family members while in the stands at football or basketball games. If an emergency arises, the Cougarette member must clear it with the director.

Attendance: (Clark Cougarette follows Clark High School's Attendance Policies)

1. All practices and performances are mandatory. Schedules will be announced as far in advance as possible.
2. It is the student's responsibility to avoid scheduling work, going out of town, medical appointments, private lessons (piano, dance, driver education courses, etc.), commitments to clubs and other organizations, and any other conflicts with time periods involving drill team activities. These activities will be considered **unexcused** absences and will result in consequences as per Article VII.
3. If a drill team activity conflicts with another school-related activity, then the director and the other teacher(s) involved should be notified in writing as far in advance as possible. The director and the other teacher(s) will confer and work out the best solution to the problem. Under no circumstances is the student to do as she pleases and then use the conflict as an excuse.
4. An excused absence from a rehearsal or performance is one that would be accepted by the attendance office (personal illness, death in the family & religious holidays).
5. Special problems or situations that might require an absence should be requested in writing two weeks in advance. ***A two week notice does not guarantee approval, but is required before approval may be considered.***
6. If last minute emergency situations arise, the director should be contacted by email, phone or in person, if at all possible. The student is expected to bring written explanation of the absence upon returning to school.
7. Cougarette members will attend tutorials and make-up tests after school, (except when practice time changes to afternoon a month prior to spring show). If an emergency arises, you **must** secure permission from the director in order to miss practice. Not all requests can or will be granted. This is only to be used in emergencies. *(Clark High School offers morning AND afternoon tutorials to accommodate the students with morning or afternoon commitments).*
8. **If a Cougarette does not attend the two practices immediately prior to a performance, then she will be pulled from the performance. Excused absences are allowed but will be determined at the discretion of the director. (Please note that this policy is only ONE absence at the Senior High level)**
9. If a Cougarette is going to be absent, the Cougarette must call Clark High School and leave a message for the Director at 469-752-7268 or via email. (Email is always best). If a Cougarette fails to call or e-mail, she risks being cut from the next performance. The message must be received in advance of the absence.
10. If a Cougarette must leave early from a scheduled practice, one day advanced notice is required. *However, if the reason is considered 'unexcused,' demerits will be received.*
11. The day returning from the Winter Break begins a new attendance policy for spring show:
 - a. If a Cougarette misses a rehearsal of the same (Spring Show) dance 4 times, she will be cut from the dance
 - b. The week before spring show will require *every* member (including managers) to attend the rehearsals. The director will not know the rehearsal schedule until the week before, therefore it will not be possible to know

in advance which routines require more work (and therefore which students will be more heavily involved.) Traditionally, all girls have always been heavily involved that particular week.

- c. ALL Cougarette members (including managers) **must** attend the *one* Saturday rehearsal from 8am-6pm the month of spring show. **NO EXCUSES!**
- d. All Cougarette members (including managers) **must** be present for all team dress rehearsals the week of show.
- e. Any **OFFICER** that misses practice for **ANY** reason (even with a doctor's note) 4 times for **ANY** dance/**ANY** rehearsal will be cut from a dance of director's choice.
- f. The previously listed elements of the attendance policy in the constitution are unchanged for the Spring Semester.
 - i. No scheduling tutorials that conflicts with practice times.
 - ii. No scheduling doctor's appointments during drill team practices, etc.

Article VII-Demerits/Probation/Merits

Discipline is essential for a drill team to run properly. In order for the Clark Cougarettes to function in this manner, the team will operate on a merit and demerit system.

1. Only the Director and the officers are allowed to issue demerits.
2. Any officer can give demerits to a team member (for the obvious reasons such as incorrect shirt, etc).
3. Demerits begin the 1st day of summer team practice and end the last day of school.
4. Each team member will be required to sign her demerit sheet when she is given demerits.
5. Signing or not signing the demerit sheet has no effect on the receipt of the demerit.
6. For every 5 or more demerits accumulated during a one-week period, the Rette member will not be allowed to perform in the next performance/activity. However, if a 5th demerit or greater is issued on a performance date, the removal of the student will take place at the next scheduled performance. The Rette member is still required to attend and participate in all practices. She may not do homework or attend tutorials at this time. She must also attend the performances in uniform.

Demerits

1. A Cougarette will receive demerits for the following actions:
(*Demerits do NOT start over 2nd semester. They accumulate throughout the school year*)

Incorrect practice uniform/attire (this includes hats & boots each item is separate demerit)	1 demerit
Hair not properly pulled up for practice	1 demerit
Hair not properly put up/styled/fixed for performances	1 demerit
Wearing any jewelry (<i>ONLY stud earrings allowed</i>)	1 demerit
Not having poms/props at practice	1 demerit
Having incorrect or no shoes on during outside practice (flip-flops, slip ons, etc)	1 demerit
Having incorrect shoes on during inside practice (boots, tap shoes, etc)	1 demerit
Requested items not returned on time	1 demerit
Incorrect/incomplete uniform or bag accessories	1 demerit
Missing school transportation to a performance	1 demerit
Leaving personal belongings in the dance room	1 demerit
Leaving drill team locker unlocked with personal belongings inside	1 demerit
Leaving personal items unsecured in dance room while out of the building/room	1 demerit
Eating/Chewing gum during practice	1 demerit
Tardy to practice (<i>30 minutes or less...as 30 or more = unexcused absence</i>)	1 demerit
Excessive talking during practice	1+ demerits
Inappropriate public display of affection at school/Cougarette activity	1 demerit
Poor attitude in practice	1+ demerits
Using profanity	1 demerit
Leaving practice early for unexcused reason	2 demerits
Talking to outsiders while in stands at a performance/game (without permission)	2 demerits
Tardy to a performance	2 demerits
Use of cell phone during a practice or performance	2 demerits
Lending any piece of the Rette uniform or team-wear to anyone not on Rettes	3 demerits
Unexcused absence from a performance, practice, or drill team activity	5 demerits
Leaving early from practice/performance without permission	5 demerits

Chewing gum/eating in uniform during performance	5 demerits
Visible tattoo or piercing, other than ears, during practice or performance	5 demerits
Receiving Friday Night Live (except academic dishonesty)	5 -10 demerits
Receiving an Office Referral	5-10 demerits

Probation/Dismissal from Team:

1. 16 demerits equal possible probation with a review with the Director, Activities Principal, and Parent(s.)
2. 25 demerits equal possible dismissal from the team with a review with the Director, Activities Principapl, and Parent(s.)
3. Listed below are possible grounds for probation and/or dismissal from the team after a review with the Director, Activities Principal and Parent(s). The Director will determine punishment on a case by case basis.

<i>Possible Probation Offenses:</i>	<i>Possible Dismissal Offenses:</i>
1. <i>Insubordination</i>	1. <i>Suspension from school</i>
2. <i>Repeated failure to follow Constitution</i>	2. <i>Truancy</i>
3. <i>Academic Dishonesty</i>	3. <i>Forgery</i>
4. <i>Excessive misbehavior in school</i>	4. <i>Severe discipline problems in school</i>
5. <i>Excessive absences and tardies in drill team</i>	5. <i>Continuous failing of classes</i>
6. <i>Disrespectful to officers (if extreme)</i>	6. <i>Hazing/Bullying/Teasing others</i>
7. <i>Disrespectful to teammates/Rette Organization</i>	7. <i>Alcohol/drug/tobacco use at any time</i>
8. <i>Disrespectful to director/teachers/administrators</i>	8. <i>Inappropriate online pictures/blogs/bulletins,etc. of a Rette member or by a Rette member.</i>

Probation:

1. Listed above are possible grounds for probation and dismissal from the team after a review with the Director, Activities Principal, and Parent(s.) The Director will determine punishment on a case by case basis.
2. If a Rette member is placed on probation for any reason it will be for three weeks. The Rette member will not perform during this time and will continue to attend practices and attend performances in uniform.
3. While on probation, if another offense occurs, it may be grounds for dismissal from the team after a review with the Director, Activities Principal, and Parent(s.)
4. Probation is for disciplinary actions only. If a Rette member is academically ineligible, she is not on disciplinary probation.
5. Rette members on probation need to work off their demerits while on probation.

Merits:

1. Cougarettes have the opportunity to earn merits to erase demerits. However, merits may not be earned until the Rette member has reached 16 demerits (on probation.)
2. It is the individual's responsibility to ask the director how she may earn additional merits.
3. Members are only allowed to work off half of the demerits received when they have reached a total of 16 and/or probation.
4. Merits will not impact the student's six-weeks grade.
5. It will be up to the discretion of the director on how the merits are earned. (Cleaning, organizing supplies, writing papers, etc).

Article VIII-Academic Eligibility

1. All members are expected to be academically eligible as per UIL regulations.
2. If a Cougarette becomes ineligible, she will attend and participate in all practices.
4. Academically ineligible members may **not** attend performances in uniform.

Article IX-Uniforms

1. Game uniforms, costumes, poms, props, etc. are provided by Plano ISD and are the property of Clark High School.
2. Each member will be required to sign a uniform contract upon receipt of her uniform.
3. It is the Cougarette's responsibility to treat uniforms with care. It should be returned in excellent condition.
4. No alterations are to be made without written consent from the director.
5. Damaged or lost items will be repaired or replaced at the individual member's expense.
6. The director should be contacted immediately if uniform is damaged. (This includes broken zippers, fraying fringe, etc...)
7. The Cougarette uniform/costumes are not to be worn in public for the exception of traveling to and from performance sites unless director gives personal permission for a specific reason.
8. Cougarettes will not eat while in a uniform/costume.
9. Nail polish will NOT be worn for any performances and/or in uniform (This excludes game day shirt attire.)
10. If a Cougarette leaves the team for any reason, all uniforms and equipment must be returned immediately. In this matter, uniforms will be treated like textbooks, etc and the student will not be allowed to register or have their transcripts forwarded if transferring until these items have been properly-returned and inventoried.

Article X-Transportation

1. All Cougarettes must ride school transportation to and from scheduled performances.
2. Exceptions must be cleared in advance with the director and the proper Plano ISD forms must be completed.
3. Students must have the Medical Card on file before they may travel with the team.
4. Buses will be left spotless and Cougarettes will always treat bus drivers with respect.

Article XII- Hazing

School Board Policy prohibits hazing. There will be no hazing or initiation of new members (including officers). Anyone engaging in these activities (even hazing others who are NOT on Cougarettes) falls under the district's policy for extra-curricular code of conduct.

Article XI- Director Communication

1. Parents and/or Cougarettes should address their concerns with the Cougarette Director before contacting a school administrator. Just as with any class, the teacher should be contacted first and allowed to address the issue. If the concern is not addressed to the satisfaction of the student or parent, then contacting an administrator is encouraged.
2. Concerns may be addressed with the director Monday – Friday during her assigned conference hour. Other arrangements will be made if this time is not convenient for any student or parent.
3. You may leave a message for the director 24-hours a day via her voice mail at 469-752-7268 or via email at Stevie.baldwinsutto@pisd.edu. The director will make every effort to return your call or email by the following *school day*.
4. If a concern arises when school is not in session (summer, holidays), parents may contact the Rette Backer Booster Club President or leave the director an email. The director will return emails as soon as possible; however accessibility to the director will be limited during these times.
5. If a Cougarette has a concern after school/practice hours, then she should contact her squad officer.

6. Parents **will not** contact a Cougarette officer regarding a concern. All parent concerns must be addressed with the director.

Article XII – Leadership Positions:

Clark Cougarette Drill Team Officers

1. The Cougarettes will have officers that will consist of 10th graders only.
2. The Cougarettes will have team officers that will be expected to assist the director in teaching and choreographing routines, leading practice, and organizing events.
3. The ranks will be as follows: Captain, First Lieutenant, and Lieutenant (s). The director may amend these rankings as desired.
4. All rules and regulations apply to the officers.
5. Should an officer fail to follow-through with her assigned duties or should her attitude be questioned, she will be dismissed from her position.
6. Should an officer exceed 10 or more demerits, she will be removed from her position. Officers are responsible for providing an excellent example for the team.
7. Occasionally, the officers will be given the opportunity to perform as an officer group which includes both the captain and the lieutenants. These performances will be designated by the Director and should not be assumed by the officers squad. Each year is different and the opportunities can vary from year to year.

IT IS AT THE DIRECTOR'S DISCRETION TO DETERMINE RANKS AND NUMBERS FOR ANY OFFICER POSITION. OTHER POSSIBLE RANKS FOR OFFICERS CAN INCLUDE LIEUTENANT CAPTAIN, CO-CAPTAIN AND SPECIFICALLY RANKED LIEUTENANTS (IE: 1ST, 2ND, 3RD, 4TH, ETC.).

Clark Cougarette Drill Team Social Officers:

1. The Cougarettes will have social officers that will consist of 10th graders only.
2. The social officers are in charge of social activities for the team, team building activities, birthdays and other duties the director may assign.
3. Social Officer ranks will be as follows: President and Secretary. The director may amend these rankings as desired.
4. Social Officers should not receive more than 10 demerits. If a social officer should exceed 10 demerits, she will be removed from her position. The leadership of the Clark Cougarette is expected to be examples for the team members.

Article XIII – Clark Cougarette Drill Team Managers

1. The director will determine the need for managers on a year-by-year basis.
2. Both 9th and 10th graders may be a Rette manager.
3. In the event a manager(s) is chosen, she will be expected to follow all rules and regulations stated in the Constitution.
4. Should a manger fail to follow-through with her assigned duties or should her attitude be questioned, she will be dismissed from her position.

FORMS TO BE RETURNED

NAME: _____

Clark Cougarette Drill Team Application

Please *STAPLE* and turn in all 11 pages of your completed application packet to CHS front office or your home campus by **Friday, February 21st no later than 4:30 pm for CHS or 4 pm for M.S.** Late packets will **not** be accepted. **

Student Name:

Nickname (name you go by):

Student ID:

Freshman Drill Team/Dance Class Period (If applicable):

Birthday:

Home Address:

City, State, Zip Code: _____

Family Home Number: _____

Student Cell Number: _____

Student Email Address: _____

Primary Guardian Full Name: _____

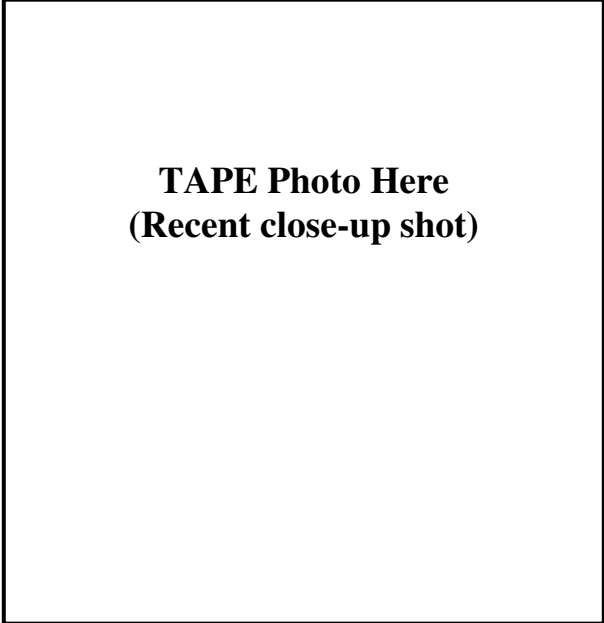
Primary Guardian Cell Number: _____

Primary Guardian Email Address: _____

Secondary Guardian Full Name: _____

Secondary Guardian Cell Number: _____

Secondary Guardian Email Address: _____



Clark Cougarette Audition Signature Page

We, the parents/guardians of, _____, grant our permission for her to audition for the Clark Cougarette Drill Team. We have read P.I.S.D. Guidelines, the CHS Drill Team Constitution, and the Guidelines for District Extracurricular Activities and the Student Code of Conduct. We agree to abide by **all** rules and regulations set forth by these documents. We also understand and agree to the consequences for breaking these rules and regulations. Furthermore, we understand that if selected for the team, my daughter will be required to pay for her practice clothing, shoes, boots/hat, game day attire, etc. A reasonable estimate of these expenditures is \$665.00 (excluding camps & workshops). I further understand that this is an extra-curricular activity and that attendance at all practices, games, and special functions are requirements of team membership. Finally, we understand the audition process. We agree and understand that the decision of the judges is final.

Parent's Name: _____
(Please Print)

Parent's Signature: _____

Date: _____

I, _____, am choosing to audition for the Clark Cougarette Drill Team. I have read **all** guidelines included in this packet and the Drill Team Constitution and agree to abide by **all** rules and regulations. I also understand and agree to the consequences for breaking these rules and regulations. If I am selected to the drill team, I understand that I am expected to uphold the standards set by the team/director and by Plano I.S.D. *beginning the day* I make the team. Should I fail to meet these standards, I will be subject to disciplinary action. Finally, I understand the audition process. I agree and understand that the decision of the judges is final.

Student's Name: _____
(Please Print)

Student's Signature: _____

Date: _____

Medical Release Form

Student's legal name: _____

I, _____, certify that my daughter is free of any health related concerns that might impede her from participating in the Clark Cougarette Drill Team Tryouts and fulfilling the requirements of a Clark Cougarette Drill Team member. She is currently free of physician care and any physical concerns have been listed below.

I authorize **Stevie Baldwin Sutton (Ms. Button) (Director)** at Clark High School to contact directly the person named on this document, and do authorize the named physicians to render such treatment as may be deemed necessary in an emergency, for the sake of the said child. In the event physicians or other persons named on this form, or parents cannot be contact, the above named school official is hear by authorized to take whatever action is deemed necessary in their judgment, for the health of the aforesaid child. I will not hold the aforesaid school official or the Plano Independent School District financially responsible for emergency care and or transportation of the said child.

Signature of parent or legal guardian

Date

Home Phone: () _____ Cell Phone: () _____ Work: () _____

Home Address: _____ City: _____ State: _____ Zip: _____

Participants Birth date: _____

Family Physician: _____ Physician's Number: () _____

Medical Insurance Policy #: _____

PLEASE ATTACH A COPY MEDICAL INSURANCE CARD FOR RECORDS.

Address of Insurance Company: _____

Insurance Company Phone: () _____ Party responsible for payment: _____

List brief medical history and recurring health problems such as asthma, allergies, epilepsy, etc.:

List any physical concerns so that the director may be aware of any injuries such as ACL, ankles, joints, etc. This information will only be used to monitor student's progress during tryouts. It will **not** be used to gain judging points for the student during tryouts. _____

Indicate and medications or drugs to which the child is allergic: _____

List all regular medications the child is taking: _____

List one additional contact in the event you are not available should an emergency arise:

Name: _____ Home Phone: _____

PREPARTICIPATION PHYSICAL EVALUATION -- MEDICAL HISTORY

REVISED 1-6-09

This **MEDICAL HISTORY FORM** must be completed *annually* by parent (or guardian) and student in order for the student to participate in athletic activities. These questions are designed to determine if the student has developed any condition which would make it hazardous to participate in an athletic event.

Student's Name: (print) _____ Sex _____ Age _____ Date of Birth _____
 Address _____ Phone _____
 Grade _____ School _____
 Personal Physician _____ Phone _____

In case of emergency, contact:

Name _____ Relationship _____ Phone (H) _____ (W) _____

Explain "Yes" answers in the box below. Circle questions you don't know the answers to. Any Yes answer to questions 1, 2, 3, 4, 5, or 6 requires further medical evaluation which may include a physical examination. Written clearance from a physician, physician assistant, chiropractor, or nurse practitioner is required before any participation in UIL practices, games or matches**

	Yes	No		Yes	No
1. Have you had a medical illness or injury since your last check up or sports physical?	<input type="checkbox"/>	<input type="checkbox"/>	13. Have you ever gotten unexpectedly short of breath with exercise?	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you been hospitalized overnight in the past year?	<input type="checkbox"/>	<input type="checkbox"/>	Do you have asthma?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had surgery?	<input type="checkbox"/>	<input type="checkbox"/>	Do you have seasonal allergies that require medical treatment?	<input type="checkbox"/>	<input type="checkbox"/>
3. Have you ever passed out during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	14. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for example, knee brace, special neck roll, foot orthotics, retainer on your teeth, hearing aid)?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had chest pain during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	15. Have you ever had a sprain, strain, or swelling after injury?	<input type="checkbox"/>	<input type="checkbox"/>
Do you get tired more quickly than your friends do during exercise?	<input type="checkbox"/>	<input type="checkbox"/>	Have you broken or fractured any bones or dislocated any joints?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had racing of your heart or skipped heartbeats?	<input type="checkbox"/>	<input type="checkbox"/>	Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints?	<input type="checkbox"/>	<input type="checkbox"/>
Have you had high blood pressure or high cholesterol?	<input type="checkbox"/>	<input type="checkbox"/>	If yes, check appropriate box and explain below.		
Have you ever been told you have a heart murmur?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Head	<input type="checkbox"/> Elbow	<input type="checkbox"/> Hip
Has any family member or relative died of heart problems or of sudden unexpected death before age 50?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Neck	<input type="checkbox"/> Forearm	<input type="checkbox"/> Thigh
Has any family member been diagnosed with enlarged heart, (dilated cardiomyopathy), hypertrophic cardiomyopathy, long QT syndrome or other ion channelopathy (Brugada syndrome, etc), Marfan's syndrome, or abnormal heart rhythm?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Back	<input type="checkbox"/> Wrist	<input type="checkbox"/> Knee
Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Chest	<input type="checkbox"/> Hand	<input type="checkbox"/> Shin/Calf
Has a physician ever denied or restricted your participation in sports for any heart problems?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Shoulder	<input type="checkbox"/> Finger	<input type="checkbox"/> Ankle
4. Have you ever had a head injury or concussion?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Upper Arm	<input type="checkbox"/> Foot	
Have you ever been knocked out, become unconscious, or lost your memory?	<input type="checkbox"/>	<input type="checkbox"/>	16. Do you want to weigh more or less than you do now?	<input type="checkbox"/>	<input type="checkbox"/>
If yes, how many _____ When was the last times? _____ concussion?			Do you lose weight regularly to meet weight requirements for your sport?	<input type="checkbox"/>	<input type="checkbox"/>
How severe was each one? (Explain below)			17. Do you feel stressed out?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a seizure?	<input type="checkbox"/>	<input type="checkbox"/>	18. Have you ever been diagnosed with or treated for sickle cell trait or sickle cell disease?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have frequent or severe headaches?	<input type="checkbox"/>	<input type="checkbox"/>	Females Only		
Have you ever had numbness or tingling in your arms, hands, legs, or feet?	<input type="checkbox"/>	<input type="checkbox"/>	19. When was your first menstrual period? _____		
Have you ever had a stinger, burner, or pinched nerve?	<input type="checkbox"/>	<input type="checkbox"/>	When was your most recent menstrual period? _____		
5. Are you missing any paired organs?	<input type="checkbox"/>	<input type="checkbox"/>	How much time do you usually have from the start of one period to the start of another? _____		
6. Are you under a doctor's care?	<input type="checkbox"/>	<input type="checkbox"/>	How many periods have you had in the last year? _____		
7. Are you currently taking any prescription or non-prescription (over-the-counter) medication or pills or using an inhaler?	<input type="checkbox"/>	<input type="checkbox"/>	What was the longest time between periods in the last year? _____		
8. Do you have any allergies (for example, to pollen, medicine, food, or stinging insects)?	<input type="checkbox"/>	<input type="checkbox"/>	An individual answering in the affirmative to any question relating to a possible cardiovascular health issue (question three above), as identified on the form, should be restricted from further participation until the individual is examined and cleared by a physician, physician assistant, chiropractor, or nurse practitioner.		
9. Have you ever been dizzy during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>	**EXPLAIN 'YES' ANSWERS IN THE BOX BELOW (attach another sheet if necessary):		
10. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?	<input type="checkbox"/>	<input type="checkbox"/>	_____		
11. Have you ever become ill from exercising in the heat?	<input type="checkbox"/>	<input type="checkbox"/>	_____		
12. Have you had any problems with your eyes or vision?	<input type="checkbox"/>	<input type="checkbox"/>	_____		

It is understood that even though protective equipment is worn by the athlete, whenever needed, the possibility of an accident still remains. Neither the University Interscholastic League nor the school assumes any responsibility in case an accident occurs.

If, in the judgment of any representative of the school, the above student should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given said student by any physician, athletic trainer, nurse or school representative. I do hereby agree to indemnify and save harmless the school and any school or hospital representative from any claim by any person on account of such care and treatment of said student.

If, between this date and the beginning of athletic competition, any illness or injury should occur that may limit this student's participation, I agree to notify the school authorities of such illness or injury.

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct. Failure to provide truthful responses could subject the student in question to penalties determined by the UIL

Student Signature: _____ Parent/Guardian Signature: _____ Date: _____

THIS FORM MUST BE ON FILE PRIOR TO PARTICIPATION IN ANY PRACTICE, SCRIMMAGE OR CONTEST BEFORE, DURING OR AFTER SCHOOL.

For School Use Only:

This Medical History Form was reviewed by: Printed Name _____ Date _____ Signature _____

PREPARTICIPATION PHYSICAL EVALUATION -- PHYSICAL EXAMINATION

Student's Name _____ Sex _____ Age _____ Date of Birth _____

Height _____ Weight _____ % Body fat (optional) _____ Pulse _____ BP _____/_____/_____ (_____/_____, ____/_____)
brachial blood pressure while sitting

Vision R 20/____ L 20/____ Corrected: Y N Pupils: Equal Unequal

As a minimum requirement, this **Physical Examination Form** must be completed prior to junior high athletic participation and again prior to first and third years of high school athletic participation. It **must** be completed if there are yes answers to specific questions on the student's MEDICAL HISTORY FORM on the reverse side. *** Local district policy may require an annual physical exam.**

	NORMAL	ABNORMAL FINDINGS	INITIALS*
MEDICAL			
Appearance			
Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart-Auscultation of the heart in the supine position.			
Heart-Auscultation of the heart in the standing position.			
Heart-Lower extremity pulses			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
Marfan's stigmata (arachnodactyly, pectus excavatum, joint hypermobility, scoliosis)			

MUSCULOSKELETAL

Neck			
Back			
Shoulder/Arm			
Elbow/Forearm			
Wrist/Hand			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot			

*station-based examination only

CLEARANCE

Cleared
 Cleared after completing evaluation/rehabilitation for: _____

Not cleared for: _____ Reason: _____

Recommendations: _____

The following information must be filled in and signed by either a Physician, a Physician Assistant licensed by a State Board of Physician Assistant Examiners, a Registered Nurse recognized as an Advanced Practice Nurse by the Board of Nurse Examiners, or a Doctor of Chiropractic. Examination forms signed by any other health care practitioner, will not be accepted.

Name (print/type) _____ Date of Examination: _____

Address: _____

Phone Number: _____

Signature: _____

Must be completed before a student participates in any practice, before, during or after school, (both in-season and out-of-season) or games/matches.

Plano Independent School District Publications, Video, Internet Consent and Release Agreement

Students who attend school in the Plano Independent School District are occasionally asked to be a part of school and/or District publicity, publications and/or public relations activities. In order to guarantee student privacy and ensure your agreement for your student to participate, the District asks that you sign this form.

The form referenced below indicates approval for the student's name, picture, work, voice or verbal statement to appear in school publicity or District publications, videos or on the District's Web site. For example, pictures and articles about school activities may appear in local newspapers or district publications. These pictures and articles may or may not personally identify the student. The pictures and or videos may be used by the district in subsequent years.

AGREEMENT

Student and Parent/Guardian release to Plano ISD the student's name, voice, verbal statements, portraits (video or still) and consent to their use by PISD.

Plano ISD agrees that the student's name, voice, verbal statements, portrait or picture shall only be used for public relations, public information, school or district promotion, publicity, and instruction.

Student and Parent/Guardian understand and agree that:

- No monetary consideration shall be paid;
- Consent and release have been given without coercion or duress;
- This agreement is binding upon heirs and/or future legal representatives;
- The photo, video or student statements may be used in subsequent years.

If the Student and Parent/Guardian wish to rescind this agreement they may do so at any time with written notice.

Effective Date of Agreement: _____

Student's Name: _____
(Print Name)

(Student's signature if at least 18 years old.)

Parent/Guardian: _____
(Print Name)

(Signature)

Pursuant to Texas Education Code, Section 26.009(b)(2)

PISD has no control of media use of pictures/statements which are taken without permission

PLANO INDEPENDENT SCHOOL DISTRICT
Permission for Member of Student Groups to Participate in
School-Sponsored Trips

Name of Group: Clark High School Drill Team

School Year of Group Activities: Football Games, Parades, any activity that requires group travel.

I desire that my son/daughter be allowed to travel to and from the events attended by the group listed above during this school year and to participate in these events.

Printed Name of Parent/Guardian

Signature of Parent/ Legal Guardian

Date

Printed Name of Student

Signature of Student (if 18 or older)

Date

Note: Student Medical/Emergency information Card must be on file in the school office.

PLANO INDEPENDENT SCHOOL DISTRICT
Release of Liability for Student Participation in School-Sponsored Trip - Alternative Travel

Name of Event: Clark High School Clark Cougarette Drill Team Yearly Events

PISD Staff Contact Person: Stevie Baldwin-Sutton **Phone:** 469-752-7200 **Ext:** 27268

Date(s) of Event: 2014-2015 School Year **Departure:** _____ **Return:** _____

Destination: See group school sponsored trips form **City:** Plano, Richardson, Dallas, Allen, DFW Area

TRAVEL RELEASE

Although I understand that school transportation is being provided to and from the above event, I desire that my son/daughter be allowed to travel in his/her own vehicle to and from the event listed above and to participate in this event. I fully understand and my son/daughter fully understands that participation in and transportation to and from the event listed above could create risk to the health or safety of my son/daughter. I, the undersigned, assume full and complete responsibility for any injury or accident that may occur to my son/daughter in their transportation to and from and participation in this event. In consideration of Plano Independent School District's allowing my child to participate in the above-referenced activity and other good and valuable consideration, the receipt of which is acknowledged, I hereby release and waive all claims that I or my son/daughter may have against the Plano Independent School District, its Board of Trustees, employees, agents, and representatives resulting, in whole or part, from my son/daughter's transportation to and from the event listed above or from my son/daughter participating in the activities at this event. The release and waiver shall be binding on my heirs, legatees, administrators, and assigns.

Printed Name of Parent/Guardian

Signature of Parent or Legal Guardian

Date

Printed Name of Student

Signature of Student

Date

NOTE: Student Medical/Emergency Information Card must be on file in the school office.

Clark High School CLARK COUGARETTE CONSTITUTION CONTRACT

I, _____ have read and understand the constitution of the Clark Cougarette organization. I promise to comply with the Rules & Regulations. I realize that failure to uphold this contract and adhere to the Constitution as well as the Rules & Regulations will result in disciplinary action.

Student/Member Signature

Date

I have read the Rules & Regulations and understand the contract set forth by the Clark Cougarette drill team and will support my child, _____ in her efforts to uphold them.

Parent/Guardian Signature

Date

STUDENT CODE OF CONDUCT FORM

Please return this copy

**Plano Independent School District
Extracurricular Activity Conduct Statement**



I understand and consent to the responsibilities outlined in the District's Student Code of Conduct. I also understand and agree that my child, _____, shall be held accountable for the behavior and consequences outlined in the Student Code of Conduct at school, and at school-sponsored or school-related activities. This shall include school-sponsored travel and any school-related misconduct, regardless of time or location.

Students involved in extra-curricular activities are held to a higher standard of conduct. PISD views participation in extra-curricular activities as a privilege not a right. I understand that any student who violates the Student Code of Conduct shall be subject to disciplinary action. This includes any misconduct, regardless of time or location that would reflect upon representing PISD in an extra-curricular activity. Students involved in major disciplinary infractions (i.e. including, but not limited to, drugs, alcohol, and violent behavior) will be placed on probation, removed temporarily or removed permanently from extra-curricular activities. Seasons of extra-curricular activities may vary and could extend into the next school year. Discipline action may affect tryout eligibility for the next season.

PARENT SIGNATURE _____

STUDENT SIGNATURE _____

DATE _____

Reminders:

- Please review the dates of camp and make sure you can meet these commitments.
- The following 10 forms/papers are due Friday, February 21st no later than 4:30 pm in the front office paper clipped & in the following order:
 - Application
 - Clark Cougarette Audition Signature Form
 - Medical Release Form
 - Physical Form
 - Copy of Medical Insurance Card or Statement indicating current medical insurance status
 - Publications, Video, Internet Consent and Release Agreement Form
 - School-Sponsored Trips Permission Form
 - Release of Liability for Student Participation in School-Sponsored Trip-Alternative Travel Form
 - Constitution Contract Form
 - ONE copy - Student Code of Conduct Form

*****SET UP YOUR DOCTOR'S APPT. TO GET YOUR PHYSICAL ASAP
SO YOU CAN GET THIS DONE AND NOT HAVE TO WORRY
ABOUT IT LATER!!!!!!*****

You will not be able to participate in the tryout workshops unless you have a physical form completed and turned in by February 21st!!!