

NORTH CAROLINA
 W. Richardson
 NAME
 Durham, NC
 CITY/STATE

Edenton, North Carolina

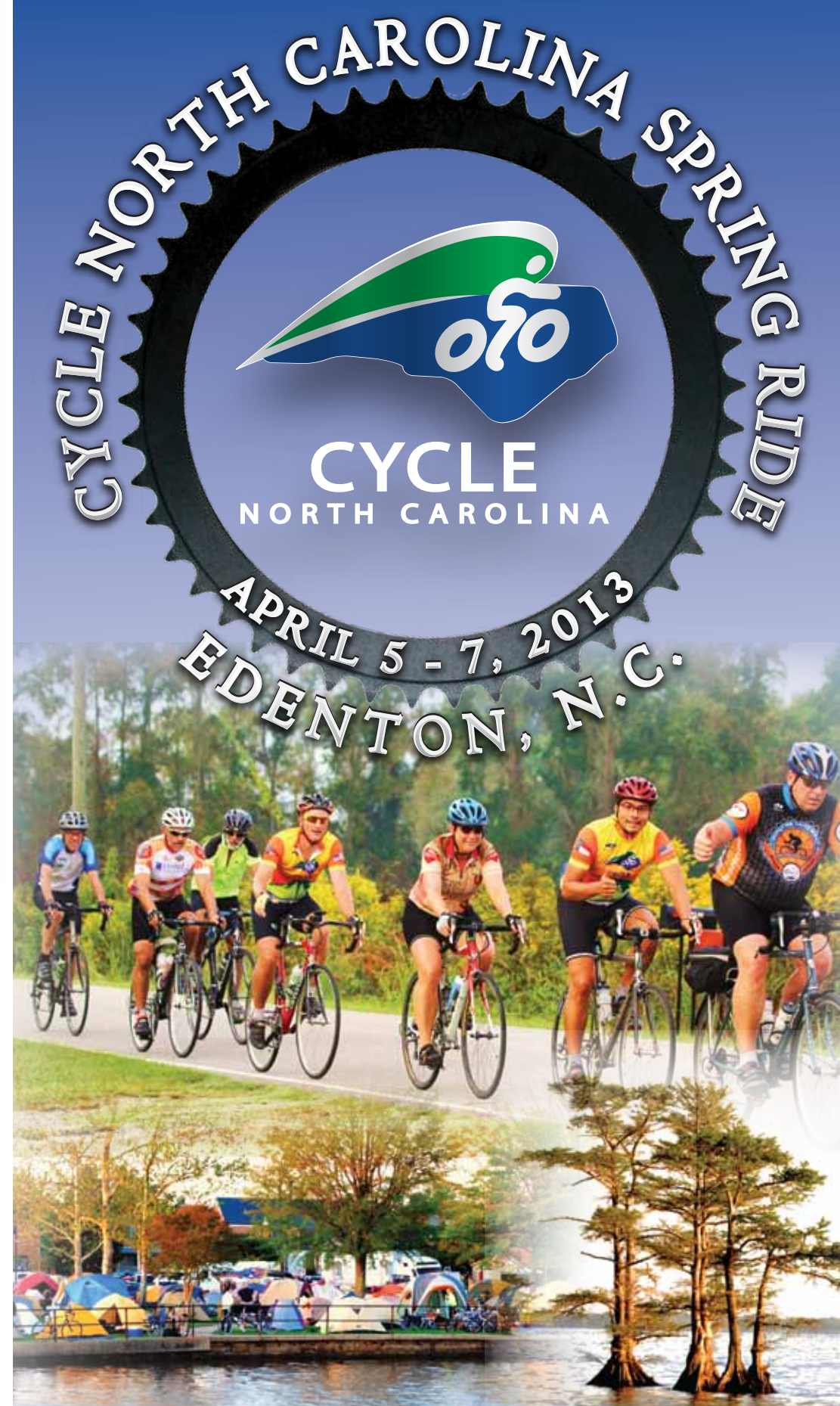
NON-PROFIT ORG
 U.S. POSTAGE
PAID
 RALEIGH, N.C.
 PERMIT NO. 2413

North Carolina Amateur Sports
 406 Blackwell Street, Suite 120
 Durham, NC 27701
 cyclenc@ncsports.org

Named "Best Biking In America"
 by the League of American
 Bicyclists.

Current Resident or

Cycle North Carolina is brought to you by North Carolina Amateur Sports, host of the Powerade State Games of North Carolina.



THANK YOU TO OUR SPONSORS



REGISTER ONLINE AT WWW.NCSPTS.ORG

presented by: BlueCross BlueShield of North Carolina

Ride Options Available: 1, 2 or 3 days

Register Now

www.ncsports.org

cyclenc@ncsports.org 919-361-1133



2013 CNC Spring Ride Registration Form Edenton, North Carolina April 5, 6 & 7

P E R S O N A L I N F O R M A T I O N

First Name _____ Last Name _____ DOB: _____

Address _____ Apt. # _____ Age: _____

City _____ State _____ Zip Code _____

Phone (____) _____ Phone # during ride (____) _____

Email _____ @ _____

Emergency Contact _____ On Ride Not on Ride

Day Phone (____) _____ Eve Phone (____) _____

Past Spring Ride Participation
Check all that apply:
 2004 2005
 2006 2007
 2008 2009
 2010 2011
 2012

About Cycle North Carolina
Cycle North Carolina (CNC) was started in 1999 by North Carolina Amateur Sports (NCAS), a 501(c)3 charitable non-profit organization. In 2012, more than 1,100 riders participated in the ninth annual CNC Spring Ride, held in Washington, North Carolina. The Cycle NC Spring Ride offers 1, 2 or 3 days of cycling and features authentic Eastern North Carolina food, music and hospitality. There is fun for the whole family throughout the Spring Ride weekend, including great cycling, kayaking, canoeing, fine restaurants, sailing and plenty of entertainment.

Event Registration
Registration is available online at www.ncsports.org. Register online today to take advantage of the \$20 discount. Use the form to the left for all mail-in entries. Registration for the 2012 Spring Ride filled fast, so make sure to register early to ensure a spot for the 2013 Spring Ride. Once registered, an email confirmation will be sent within 24 hours with additional information pertaining to the ride. Check the CNC website often for updates and for a list of registered riders. For the Cancellation/Refund policy, please review the form to the left.

Event Check-In & Onsite Registration
Schedule:
 April 4 -- 4 p.m. - 7 p.m. @ John A Holmes High School (600 Woodward Street, Edenton, NC)
 April 5 -- 9 a.m. - 5 p.m. @ Colonial Park (501 S. Broad Street, Edenton, NC)
 April 6 -- 7 a.m. - 5 p.m. @ Colonial Park
 April 7 -- 7 a.m. - 10 a.m. @ Colonial Park
 Riders will receive a rider's packet containing a rider's wristband (to be worn at all times during the weekend), event T-shirt (Friday - Sunday registrants only), printed cue sheets/maps and other swag. Onsite fees (gray colored fees on the yellow form) will increase after 5pm EST on March 1.

Camping and other Accommodations
Both indoor and outdoor camping is included in your registration. Outdoor camping will be located at Colonial Park on Edenton Bay making this location convenient to all shops, restaurants and entertainment options. Enjoy majestic waterfront views and magnificent sunrises each morning before heading out for a ride. Indoor camping will be available (no reservations needed and first come first served) in the Edenton National Guard Armory, located adjacent to the John A Holmes High School. The Armory is just a short walk to downtown restaurants and shops. Personal RV's and Campers are welcome on the Spring Ride and parking for the weekend will be located at the John A. Holmes High School. Water, Sewer and electrical hookups are not provided. Bathrooms will be provided at all campsites and showers will only be located at Colonial Park. A list of Official Cycle NC lodging accommodations has been posted on the Cycle NC website. As hotels fill up, additional lodging options will be added to the list once confirmed. For more local Edenton information, visit www.VisitEdenton.com.

Weekend Entertainment & Activities
Downtown Edenton is a lively center for many recreational, educational and cultural activities. Participants can be assured that Edenton will have plenty of activities planned while in town. On Friday night, Downtown Edenton will come alive as **"Boogie on Broad"** fills the evening full of live music, dancing in the street, and great food from local restaurants. In addition, canoe and kayak rentals and tours, historic walking tours, boat rides in and around the Albemarle sound and much more will be available during the weekend. On Saturday Night, come hang out at the Historic Barker House for the Cycle NC Spring Ride Social where all registered participants will receive a FREE meal accompanied by a beverage garden and music. The CNC Social is a great place to meet riders, tell stories of the road, talk shop and make new friends. We hope to see you at the Historic Barker House on Saturday night.

Weekend Routes
Edenton and the surrounding counties offer exceptional routes comprised of flat roads, minimal traffic, majestic coastal views and even a trip across the Albemarle Sound. Road bikes, hybrids, and mountain bikes are all suitable for each day's routes. Varying distances will be offered for all levels of cyclists. Tentative daily route distances are 5, 10, 15, 23, 28, 46, 50, 65 and 100 miles. All routes are fully supported with rest stops, bike mechanics and SAG vehicles. Routes are not final until CNC staff make the last check one week prior to the event. Cue sheets will not be available until the day of check-in.

Cycle NC Rest Stops
All routes 30 miles or longer will feature fully stocked rest stops. All rest stops and supplies (Powerade, water, sodas, snacks, fruit, etc.) are free to all registered participants. When possible, rest stops will be located every 10 - 20 miles for riders to rest and explore off the bike.

Food Options
Edenton is home to a number of great local restaurants, all located within walking distance to all campsites during the weekend. Make reservations for fine dining or drop into one of the several restaurants that offer a casual setting with selections for everyone. All of this is within walking distance from the CNC campsite areas. Park your car and enjoy the weekend!



1886 Roanoke River Lighthouse

Come celebrate the 300th Anniversary of the Founding of Edenton with a weekend of cycling scenic back roads and exploring Coastal North Carolina! The Cycle North Carolina Spring Ride will be returning to Edenton, North Carolina, recognized as one of America's Prettiest Towns by Forbes.com.

Nestled on the shore of the Albemarle Sound, Edenton is rich in natural assets. Riders won't find skyscrapers or traffic jams here, but they just might experience a state of relaxation. While in Edenton, riders can take advantage of the unique off the bike activities such as canoeing, kayaking, bird watching, historic tours, boat rides and beautiful sunsets.

Edenton is a destination and a perfect starting point for everything Eastern Carolina has to offer! So whether you want to revisit the past and find out more about our founding fathers and mothers or satisfy your curiosities, discover the arts or explore your true nature, you can do it right here in Edenton.

Downtown Edenton and the waterfront area will be the center of activities during the weekend. Rider's will be able to pitch their tent just yards from the Albemarle Sound and the



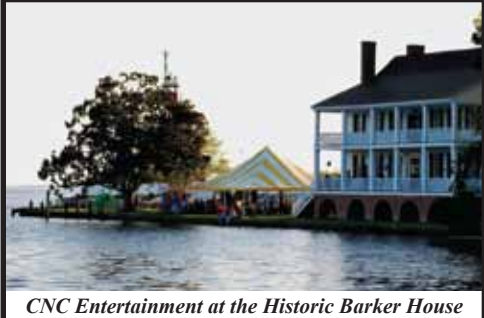
Camping in Colonial Park on Edenton Bay

1886 Roanoke River Lighthouse, now in its permanent location over Edenton Bay offering sights and sounds that will make for a perfect camping experience. The Barker House Lawn on the Waterfront will be Cycle NC's social site and the John A. Holmes High School Campus will serve as the Cycle NC Welcome and Registration Headquarters. In addition, Boogie on Broad will take place on Friday evening, a wonderful way for riders to enjoy great music, dancing in the street,

visit with locals and seasonal beverages. The eclectic mix of restaurants and shops found in downtown will provide enjoyable activities once the day's ride is over. Personalized boat rides will be offered Friday and Saturday from 3-7 p.m. for anyone wishing to take an evening ride out on the Albemarle Sound. Riders can also stop by the Barker House, Chowan Arts Council Gallery, Historic Edenton Visitor Center, and Edenton Bay Trading Company Patio where you may find a selection of domestic and imported beer and wine along with delicious home-made fare. Other activities in Edenton include the Historic Taylor Twin

Cinemas in Downtown, which will be showing the latest blockbuster releases. Local Wildlife Guides will offer guided paddles along Pembroke and Queen Anne Creeks on Friday and Saturday early evenings. Kayaks and canoes will be available on a first come first serve basis. Riders may also bring their own canoe or kayak.

The 2013 Cycle NC Spring Ride will be like no other. Ride as much as you want, but remember, there is so much to do in Edenton especially during this 300th Celebratory Year that we wouldn't want you to miss out. Come join other cyclists in Edenton for a weekend full of spring cycling, waterfront camping and great food in Coastal North Carolina.



CNC Entertainment at the Historic Barker House

REGISTER ONLINE TODAY AND SAVE \$20 INSTANTLY!!

FRIDAY - SUNDAY REGISTRATION
 Friday, April 5 - Sunday, April 7
**Online discount shown in bold.*
 Adult (16 & up) -- **\$135/\$155**
 Child (4 -15) -- **\$35/\$55**
 Non-Rider -- **\$60/\$80**
 Child Non-Rider (age 4 -15) -- **\$15/\$35**
 Child (rider & non-rider) under 3 FREE (must fill out form)

Important Information!!
Full Weekend (Friday to Sunday) fees will increase \$50 after 5:00 p.m. EST on March 1, 2013. Daily fees will increase by \$25.

DAILY REGISTRATION
**Online discount is applied to the first day only.*
 Adults (16 & up) -- \$70/day Friday (4/5)
 Child (4-15) -- \$40/day Saturday (4/6)
 Children 3 & under Free (must fill out form) Sunday (4/7)

OFFICIAL CNC T-SHIRT (Included for Fri. - Sun. registrants only)
Onsite registrants not guaranteed desired size.
 Please select desired size (adult sizes only):
 S M L XL 2XL(add \$3) 3XL(add \$3)

OFFICIAL CNC JERSEY - (Jerseys by Primal Wear)
All Sales are final!
 The 2013 CNC Spring Ride jerseys are \$60 on or before March 1 and \$80 after March 1. Order yours today! Jerseys sold out before the ride in 2012!
 S M L XL 2XL (add \$3) 3XL (add \$3)

CANCELLATION & REFUND POLICY
 All registrations received by October 31, 2012 will be entitled to a 100% registration refund only **if a written cancellation is received by 5:00 p.m. EST on or before March 1, 2013.** Any registration received after October 31, 2012 must submit a cancellation request in writing by 5:00 p.m. EST on or before March 1, 2013 in order to receive a **registration fee refund** less a \$35 processing fee. No refunds will be issued for cancellations received after 5:00 p.m. EST on March 1, 2013. All approved refund checks will be issued in May. **All CNC merchandise is non-refundable and non-transferable.**

Waiver (Your registration will not be processed unless this is signed!)
 In consideration of being allowed to participate in any way in North Carolina Amateur Sports and Cycle North Carolina related events and activities, the undersigned acknowledges, appreciates and agrees that:
 1. The risk of injury from the activities involved in Cycle North Carolina is significant, including the potential for permanent paralysis and death; and,
 2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others, and assume full responsibility for my participation; and,
 3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my participation, I will remove myself from participation and bring such to the attention of the nearest NCAS/Cycle North Carolina representative; and,
 4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby indemnify and hold harmless NCAS/Cycle North Carolina, their officers, officials, agents and/or employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers and if applicable, owners and lessors of premises used to conduct the event.
 5. I grant to North Carolina Amateur Sports my permission to use without charge any and all photographs, video reproductions or other like kinds of image productions taken during the event.
 6. I understand that Cycle North Carolina and it's Staff are not responsible for loss, theft, or any damages to personal property which include, but not limited to bicycles, vehicles, tents, trailers, luggage, etc.
 7. I understand that I can be removed from the ride at any time for any reason with no refund.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given substantial rights by signing it, and sign it freely and voluntarily without any inducement.

X _____
 Printed Name of Participant Participant Signature Date
 *Parent or legal guardian must sign if participant is under 18 years of age.

T O T A L S

Registration Fee	\$ _____
2013 Spring Ride Jersey	\$ _____
Tax Deductible Donation to Cycle North Carolina	\$ _____
Add \$3 for 2xl & 3xl shirts	\$ _____
Total Enclosed	\$ _____
Return Checks Payable to: Cycle North Carolina 406 Blackwell Street, Suite 120 Durham, NC 27701	

- What's Included**
- ◆ Indoor & Outdoor Camping facilities
 - ◆ Cycling Spoken Here Mechanics at Camp & Rest Stops (shop fees may apply)
 - ◆ T-shirt (Fri.-Sun. registrants only)
 - ◆ Printed Maps and Cue Sheets
 - ◆ Signed routes with road markings
 - ◆ Route **SAG** Support
 - ◆ Rest Stops with free Powerade, water, fresh fruit and assorted snacks
 - ◆ Weekend entertainment options
 - ◆ Restrooms at camp and rest stops
 - ◆ Shower facilities each day and night
 - ◆ Participant social for all registered riders