

**Capital Allergy and Respiratory Disease Center  
Patient Medical History Form**

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Occupation: \_\_\_\_\_

**Past Medical History:** Do you have or have you had any of the following: (please circle answers)

|  |     |    |                            |     |    |
|--|-----|----|----------------------------|-----|----|
| Diabetes   | Yes | No | High or Low Blood Pressure | Yes | No |
| Cancer   | Yes | No | Stroke                     | Yes | No |
| Heart Disease  | Yes | No | Arthritis/Gout/Rheumatism  | Yes | No |
| Convulsions  | Yes | No | Blood Disease              | Yes | No |
| Hay Fever or Asthma  | Yes | No | Venereal Disease           | Yes | No |
| Lung Disease   | Yes | No |                            |     |    |
| Have you ever had a blood transfusion?                         | Yes | No |                            |     |    |
| Are you taking or have you ever taken steroids for any reason? | Yes | No |                            |     |    |

**Current Medications:**

|     | Name  | Dosage | Frequency | Year Started |  |
|-----|-------|--------|-----------|--------------|--|
| 1.  | _____ | _____  | _____     | _____        | <input type="checkbox"/> See Attached List |
| 2.  | _____ | _____  | _____     | _____        |  |
| 3.  | _____ | _____  | _____     | _____        |  |
| 4.  | _____ | _____  | _____     | _____        |  |
| 5.  | _____ | _____  | _____     | _____        |  |
| 6.  | _____ | _____  | _____     | _____        |  |
| 7.  | _____ | _____  | _____     | _____        |  |
| 8.  | _____ | _____  | _____     | _____        |  |
| 9.  | _____ | _____  | _____     | _____        |  |
| 10. | _____ | _____  | _____     | _____        |  |

**Drug Allergies** (please list) \_\_\_\_\_

**Past Surgeries and Dates**, if known:

|          |             |          |             |
|----------|-------------|----------|-------------|
| 1. _____ | Year: _____ | 4. _____ | Year: _____ |
| 2. _____ | Year: _____ | 5. _____ | Year: _____ |
| 3. _____ | Year: _____ | 6. _____ | Year: _____ |

Have you ever been advised to have a surgical procedure that which has never been done? Yes No  
If so, please state the procedure and when it was recommended? \_\_\_\_\_

**Social History:** (please circle the answers that are applicable)

1. Do you smoke? Yes No  
If yes, how many years? \_\_\_\_\_ Number of packs per day \_\_\_\_\_  
If you quit, when did you quit? \_\_\_\_\_ How many packs a day did you smoke? \_\_\_\_\_

2. Do you use recreational drugs? Yes No

3. Do you drink alcohol? Yes No  
How many drinks per week? \_\_\_\_\_

4. Do you work in a noisy environment? Yes No

5. Are you frequently exposed to work place irritants (Factory, Cleaning Products etc)? Yes No

6. Have you ever been in the military? Yes No

**Environmental History:**

Apt/House \_\_\_\_\_ Yrs Old

Urban/Rural

Heat  Central  Wood  Gas  Heat Pump  Pellet  Electrical

Pets  Yes  No Type: \_\_\_\_\_

Smoking / ETS exposure  Yes  No

**Reason for seeing the Doctor today:**

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**How did you learn about us:**

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**Family Medical History:**

|              | Diseases Known | If deceased, cause of death |
|--------------|----------------|-----------------------------|
| Father       | _____          | _____                       |
| Mother       | _____          | _____                       |
| Sibling      | _____          | _____                       |
| Sibling      | _____          | _____                       |
| Grandparents | _____          | _____                       |
|              | _____          | _____                       |
|              | _____          | _____                       |

Review of Systems: Please indicate if you are now experiencing any of the following. (please circle)

|                                       |     |    |                                      |     |    |
|---------------------------------------|-----|----|--------------------------------------|-----|----|
| Recent weight change                  | Yes | No | Joint pain                           | Yes | No |
| Fever                                 | Yes | No | Joint stiffness or swelling          | Yes | No |
| Fatigue                               | Yes | No | Muscle pains or cramps               | Yes | No |
| Headaches                             | Yes | No | Dizziness                            | Yes | No |
| Chest Pain/Angina Pectoris            | Yes | No | Convulsions or Seizures              | Yes | No |
| Heart trouble                         | Yes | No | Chronic or frequent coughs           | Yes | No |
| Palpitation                           | Yes | No | Spitting up blood                    | Yes | No |
| Swelling of feet, ankles, hands       | Yes | No | Shortness of breath                  | Yes | No |
| Slow to heal after cuts               | Yes | No | Burning or painful urination         | Yes | No |
| Bleeding or bruising tendency         | Yes | No | Kidney stones                        | Yes | No |
| Anemia                                | Yes | No | Blood in urine                       | Yes | No |
| Diabetes                              | Yes | No | Incontinence                         | Yes | No |
| Excessive thirst or urination         | Yes | No | Moles that are irritated or bleeding | Yes | No |
| Very dry, flaky skin                  | Yes | No | Sores that have not healed           | Yes | No |
| Eye disease or injury                 | Yes | No | Rash or itching                      | Yes | No |
| Blurred or double vision              | Yes | No | Change in skin color                 | Yes | No |
| Glaucoma                              | Yes | No | Varicose veins                       | Yes | No |
| Loss of appetite                      | Yes | No | Change in hair or nails              | Yes | No |
| Frequent diarrhea, nausea or vomiting | Yes | No | Snoring                              | Yes | No |
| Abdominal pain or heartburn           | Yes | No | Sleep apnea                          | Yes | No |
| Peptic Ulcer (duodenal or stomach)    | Yes | No | Sinus problems                       | Yes | No |
| Memory Loss or confusion              | Yes | No | Nasal Blockage                       | Yes | No |
| Nervousness                           | Yes | No | Hoarseness                           | Yes | No |
| Depression                            | Yes | No | Difficulty swallowing                | Yes | No |
| Insomnia                              | Yes | No | Hearing loss or ringing in the ears  | Yes | No |
| Thyroid Problems                      | Yes | No | Nose bleeds                          | Yes | No |
|                                       |     |    | Bleeding gums or mouth sores         | Yes | No |

If the answer to any of these is yes, please explain:

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Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Reviewed by Doctor/Nurse Practitioner: \_\_\_\_\_

Date: \_\_\_\_\_