

# Annual Health and Medical Records

All campers attending either resident or family camp are required to accurately complete and submit the appropriate sections of a current Annual Health and Medical Record. Any camper arriving without a current Annual Health and Medical Record will not be able to attend camp.

The Boy Scouts of America recommends that all youth and adult members have annual medical evaluations by a certified and licensed health-care provider. In an effort to provide better care to those who may become ill or injured and to provide youth members and adult leaders a better understanding of their own physical capabilities, the Boy Scouts of America has established minimum standards for providing medical information prior to participating in various activities. Those standards are offered in one four-part medical form. Note that leaders must always protect the privacy of unit participants by protecting their medical information.

**Parts A and C** are to be completed annually **by all BSA unit members**. Both parts are required for all events that do not exceed 72 consecutive hours, where the level of activity is similar to that normally expended at home or at school, such as day camp, day hikes and swimming parties, or an overnight camp, and where medical care is readily available. Medical information required includes a current health history and list of medications.

**Part C** also includes the parental informed consent and hold harmless/release agreement (with an area for notarization if required by your state) as well as a talent release statement. Adult unit leaders should review participants' health histories and become knowledgeable about the medical needs of the youth members in their unit. This form is to be filled out by participants and parents or guardians and kept on file for easy reference.

**Part B is required with parts A and C for any event that exceeds 72 consecutive hours, a resident camp setting, or when the nature of the activity is strenuous and demanding, such as service projects, work weekends, or high-adventure treks.** It is to be completed and signed by a certified and licensed health-care provider – physician (MD, DO), nurse practitioner, or physician's assistant as appropriate by your state.

The level of activity ranges from what is normally expended at home or at school to strenuous activity such as hiking and backpacking. Other examples include tour camping, jamborees, and Wood Badge training courses. It is important to note that the height/weight chart must be strictly adhered to if the event will take the unit beyond a radius wherein emergency evacuation is more than 30 minutes by ground transportation, such as backpacking trips, high-adventure activities, and conservation projects in remote areas.

Effective January 1, 2010, Class 1, 2 and 3 medical forms are no longer valid, and will not be accepted at any Chester County Council, BSA camp. The most recent version of the Annual Health and Medical Record (January 2011) consolidates all records from the National Council and the three national high-adventure base forms, enabling a single medical form to be used across all BSA activities. **Part D** of this version is a review piece for participants attending any of the national high-adventure bases and does not need to be completed for our summer resident camp.

The following link will take you to a Frequently Asked Questions page providing additional information:

<http://www.scouting.org/scoutsource/HealthandSafety/Resources/MedicalFormFAQs.aspx>

The Annual Health and Medical Record can be found by following the link below:

<http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx>

It is the responsibility of the unit to pick up all health forms at the end of camp, prior to leaving. **Copies** (originals should be kept for personal record) of all Annual Health and Medical Forms should be collected by the unit and turned in at the pre-camp meeting. If not, they **MUST** be brought to check-in. Again, any camper arriving without the Annual Health and Medical Record will not be able to attend camp. Health forms should not be sent or dropped off at the Council Service Center without previous arrangement as we cannot guarantee their arrival to camp prior to your attending.