

PEDIATRIC PULMONARY NEW PATIENT FORM- DR. WAN C. TSAI

Visit date: _____

Child's name: Last _____, First _____ Middle initial _____

DOB: _____ Age (in years and nearest months): _____

Primary Care Doctor: _____ Referring doctor: _____

Please indicate what problems your child has been referred for evaluation of:

PAST MEDICAL HISTORY

Birth history: What # baby for mother _____.

Was baby born prematurely? ___Yes ___No; if yes, gestational age _____weeks.

Birth weight _____ pounds _____ ounces;

Age of mother at time of baby's birth ____-year-old;

Complications during pregnancy _____

Circle whether vaginal / C-section delivery; Complications during delivery _____

Parental screen: Parents screened for any conditions (cystic fibrosis) prior to baby's birth? ___Yes ___No; _____

Newborn screen: Baby positive for any of the conditions screened at birth? ___Yes ___No;

Neonatal history: Baby stayed more than 2 days in nursery? ___Yes ___No;

Complications during stay? Please list: _____

If premature, how long was baby in NICU? _____

Was baby on breathing machine/ventilator? ___Yes ___No; If yes, how long? _____

Did baby transitioned to other breathing support like CPAP etc? ___Yes ___No; Please list _____. If yes, how long? _____

Was baby on oxygen? ___Yes ___No; If yes, how long? _____

Complications during NICU stay? Please list: _____

Feeding history:

Was baby breast fed ? ___Yes ___No If yes, how long? _____

Was baby bottle fed? ___Yes ___No If yes, list type of formula? _____

Did baby have vomiting and diarrhea tolerating formula? ___Yes ___No. If yes, how did symptoms resolved? _____

Did the baby spit up excessively ___Yes ___No; very colicky ___Yes ___No;

Any difficulties with feeding? ___Yes ___No; If yes, please list _____

Current problems with eating, diet? ___Yes ___No; If yes, please list _____

Developmental milestones

Any known delayed developmental milestones? _____

RESPIRATORY HISTORY (Please list all respiratory events in chronological order)

Date (at least season/year) Age what symptoms did child have Diagnoses Intervention/what was done for child

REVIEW OF SYSTEMS Has your child had any of the following problems?**Cough (at baseline, when "well")**

Cough productive of sputum ___ Yes ___ No
 During daytime ___ Yes ___ No
 During nighttime ___ Yes ___ No
 Awakens child up at night ___ Yes ___ No
 Relieved with bronchodilators? ___ Yes ___ No
 Relieved with steroids? ___ Yes ___ No
 Cough occurs only with illness ___ Yes ___ No
 Cough even when well ___ Yes ___ No if yes, how many times a week _____ or a month _____

Wheezing (at baseline, when "well")

During daytime ___ Yes ___ No
 Nighttime ___ Yes ___ No
 Awakens child up at night ___ Yes ___ No
 Relieved with bronchodilators? ___ Yes ___ No
 Relieved with steroids? ___ Yes ___ No
 Wheeze occurs only with illness ___ Yes ___ No
 Wheeze even when well ___ Yes ___ No if yes, how many times a week _____ or a month _____

Illness

Exacerbations are characterized by _____ triggered by _____

How many oral steroid courses has child received over lifetime _____ or over the last year _____

Rescue bronchodilators are used ___ Yes ___ No

Other respiratory symptoms

Chest pain ___ Yes ___ No
 Exercise intolerance ___ Yes ___ No; if yes, what symptoms with exercise _____
 Shortness of breath ___ Yes ___ No
 Cyanosis/turning blue ___ Yes ___ No
 Breath holding spells ___ Yes ___ No; if yes, central or obstructive apneas? _____
 Snoring ___ Yes ___ No; if yes, does child stop breathing with snoring? _____
 Snorting/stertor ___ Yes ___ No
 Stridor ___ Yes ___ No
 Restless sleep ___ Yes ___ No

Respiratory infections: If yes to any of the below, please list how frequently (# in lifetime, # per year)

Ear infections ___ Yes ___ No _____
 Colds/upper respiratory infections ___ Yes ___ No _____
 Sinusitis ___ Yes ___ No _____
 Bronchitis ___ Yes ___ No _____
 Pneumonias ___ Yes ___ No _____

Allergic symptoms:

Did baby have infantile eczema? ☐ Yes ☐ No; If yes, at what age did eczema begin? _____ months old.

Rashes ☐ Yes ☐ No; If yes, _____ all year round? _____ seasonal?

Sniffles ☐ Yes ☐ No; If yes, _____ all year round? _____ seasonal?

Sneezing ☐ Yes ☐ No; If yes, _____ all year round? _____ seasonal?

Clear runny nose ☐ Yes ☐ No; If yes, _____ all year round? _____ seasonal?

Stuffy nose ☐ Yes ☐ No; If yes, _____ all year round? _____ seasonal?

Itchy, rubbing or picking nose ☐ Yes ☐ No; If yes, _____ all year round? _____ seasonal?

Other nasal symptoms _____

Itchy eyes ☐ Yes ☐ No; If yes, _____ all year round? _____ seasonal?

Water eyes ☐ Yes ☐ No; If yes, _____ all year round? _____ seasonal?

Headaches ☐ Yes ☐ No; If yes, _____ all year round? _____ seasonal?

Facial tenderness ☐ Yes ☐ No; If yes, _____ all year round? _____ seasonal?

Seasonality ☐ Yes ☐ No; If yes, please list _____

Has child seen an allergist? ☐ Yes ☐ No; If yes, Allergist: _____

Has child had allergy testing? ☐ Yes ☐ No; If yes, please circle: intradermal, skin prick, RAST blood test

Age at time of testing _____

Please list all allergen(s) to which child is reactive?

Heartburn ☐ Yes ☐ No

Abdominal pain ☐ Yes ☐ No

Foreign body aspiration ☐ Yes ☐ No

PAST SURGICAL HISTORY

Has your child had an operation? ☐ Yes ☐ No If yes, please list in chronological order.

Date	Age	What procedure was done for child	What condition did child have

FAMILY HISTORY Is there a history of the following problems in your family (brother/sister, parent, aunt/uncle, grandparent)?

If yes, please write relationship.

Asthma ☐ Yes ☐ No _____

Hay fever ☐ Yes ☐ No _____

Severe allergies ☐ Yes ☐ No _____

Chronic lung disease ☐ Yes ☐ No _____

Cystic fibrosis ☐ Yes ☐ No _____

Failure to Thrive ☐ Yes ☐ No _____

Lactose Intolerance ☐ Yes ☐ No _____

Celiac disease ☐ Yes ☐ No _____

Inflammatory bowel disease ☐ Yes ☐ No _____

Immunodeficiencies ☐ Yes ☐ No _____

Hearing loss ☐ Yes ☐ No _____

Others _____

SOCIAL HISTORY

Who lives in household? _____

Number of brothers (and ages) _____ Sisters (and ages) _____

Parents: ☐ Married ☐ Separated ☐ Never Married

Mother's occupation _____ Father's occupation _____
 Do parents bring home unusual dusts and fumes? ___Yes ___No
 Known TB exposure? ___Yes ___No Recent travel abroad? ___Yes ___No
 How old is your home? _____ Type of heating in the home _____.
 Pets _____ indoors _____ outdoors _____.

Did mother smoke while pregnant? ___Yes ___No If yes, how many cigarettes per day? _____
 Any smokers in the house now? ___Yes ___No
 Outside the house ___Yes ___No
 In the car ___Yes ___No
 Is there significant secondary smoke exposure in the immediate home? ___Yes ___No
 Is child cared for during day in an environment where adults smoke? ___Yes ___No
 Can you attribute any increase in child's symptoms with smoke exposure? ___Yes ___No

ALLERGIES: Any adverse reaction to foods or medications _____

IMMUNIZATIONS: up to date? ___Yes ___No; including:
 Influenza vaccination ___Yes ___No, if yes, when _____
 Pneumococcal vaccine ___Yes ___No, if yes, when _____
 Other lung-specific vaccines _____
 Any reactions to immunizations? ___Yes ___No; If yes, please list: _____

CURRENT MEDICATIONS

Medication name Dose Route (mouth, inhaled, IV, injection) Times given daily

MEDICAL EQUIPMENT

Durable medical equipment company: _____

Please list all medical equipment () that your child uses:

<u>Brands/type</u>	<u>How is it given?</u>	<u>How many hours a day?</u>
Nebulizer		
Oxygen		
Apnea monitor		
Others		

Mother's name: Last _____, First _____

Father's name: Last _____, First _____

Child's Address: _____

Home phone: _____ other phone contact: _____

Would you like to be contacted by email? Email address: _____

Physical Exam:

Temperature _____ degrees Fahrenheit, pulse _____ beats per minute, respiratory rate ____ breaths per minute, blood pressure _____ mm Hg, weight _____ kg (%), and height _____ cm (%).

In general, this is an alert child in no apparent respiratory distress.

Skin exam shows rashes.

HEENT exam shows normal cranium, atraumatic.

Extraocular muscles intact. Dennie-Morgan's lines are noted bilaterally, with allergic shiners under the eyes.

Tympanic membranes are bilaterally clear.

Nares note pink normal nasal mucosa, with large inferior turbinates bilaterally.

Oral cavity and posterior pharynx are normal with cobblestoning, and tonsillar hypertrophy.

Neck exam shows lymphadenopathy.

Respiratory movements are symmetrical without use of accessory muscles.

Chest percussion and palpation are normal.

Lungs are clear to auscultation without rales, rhonchi, or wheezes.

Cardiac exam shows regular rate and rhythm without murmurs.

Abdomen is soft, nontender, and nondistended.

Extremities are without clubbing, cyanosis, or edema.

Spine is midline.

Neurologic system is grossly intact.

Spirometry today shows FVC _____L (%), FEV1 _____L (%), FEF₂₅₋₇₅ _____L/s (%)

Chest X rays were reviewed

Laboratory results were reviewed

Impression

- 1.
- 2.
- 3.
- 4.

Recommendations

- 1.
- 2.
- 3.
- 4.

Thank you for allowing us to participate in the care of your patient.

With your permission, we plan to see him her back in _____ months. If there should be any questions, please do not hesitate to contact our office.

Sincerely,

Wan Chong Tsai, M.D., M.S.

Associate Professor

Pediatric Pulmonary

cc: The Family of