CONTINUING EDUCATION TEST: Assessment of Glomerular Filtration Rate Measurement with Plasma Sampling: A Technical Review

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1. Glomerular filtration rate represents _____ presented to the nephrons per unit time during urine formation.

- A. Red blood cells.
- B. White blood cells.
- C. Red cell volume.
- D. Plasma volume.

2. *Radionuclide-based techniques allow for rapid and reliable measurement of glomerular filtration rate, this being done in what manner?*

- A. Plasma samples taken after intravenous administration of a bolus of radionuclide-labeled tracer.
- B. Red blood cell samples taken after intravenous administration of a bolus of radionuclide-labeled tracer.
- C. White blood cell samples taken after intravenous administration of a bolus of radionuclide-labeled tracer.
- D. Plasma samples taken before intravenous administration of a bolus of radionuclide-labeled tracer.

3. For glomerular filtration rate studies, ideally the same ______ should be used throughout the study to minimize possible error.

- A. Treatment room.
- B. Clock.
- C. Size syringe.
- D. Syringe shield.

4. What would invalidate a glomerular filtration rate study?

- A. Allowing the patient to sleep between taking samples.
- B. Collection of an extra blood sample.
- C. Extravasation of the dose.
- D. Fasting during the study.

5. What is not an ideal property of a tracer used in glomerular filtration rate studies?

- A. Freely moves through glomerular membrane.
- B. Has no extrarenal excretion or clearance.
- C. Has no extrarenal extraction.
- D. Readily binds to protein.

6. To get a counting error of less than 1%, what is the minimum suggested number of counts that should be collected for a glomerular filtration rate calculation?

- A. 100 counts.
- B. 1,000 counts.
- C. 10,000 counts.
- D. 100,000 counts.

7. What condition might not be a contraindication for glomerular filtration rate studies?

- A. Ascites.
- B. Solid tumors.
- C. Diabetes.
- D. Edema.

8. *Why is the plasma isolated, by centrifuging, before counting?*

- A. The tracer stays only in the plasma.
- B. Counting blood cells will increase the sample counts.
- C. Blood cells might clot while being counted.
- D. The tracer sticks to blood cells.

9. What is the standard radionuclide tracer used in the United States for glomerular filtration rates?

- A. ^{99m}Tc-DMSA.
- B. ^{99m}Tc-DTPA.
- C. ^{99m}Tc-MAG3.
- D. ⁵¹Cr-EDTA.

10. Significant drops in glomerular filtration rates can occur during the course of chemotherapy treatment because of the nephrotoxic nature of therapies, and these drops can be _____. A. Chronic.

- B. Acute.
- C. Chronic or acute.
- D. Always reversible.

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