

FAMILIES CONNECT FAMILIES GROW

YMCA CAMP DU NORD

Summer 2015



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



YMCA Family Camp in Ely, MN
dunord.org

YMCA CAMP DU NORD

OUR MISSION

To strengthen families by providing opportunities for individual and family growth, supporting spiritual development and enhancing environmental awareness in a wilderness setting.

Guided by this mission, our programs seek to:

- ◆ Enrich family life and inter-family relationships;
- ◆ Develop new insights and understanding between family members;
- ◆ Encourage awareness of the natural world and strengthen appreciation for wilderness;
- ◆ Encourage spiritual growth in a wilderness setting.



Families today know how difficult it is to find the time and the space to create meaningful connections and memories with each other. Life is busy – our schedules keep us moving quickly from one event to the next– work, school, sports, clubs, social outings...the list continues. Although these activities provide joy, and often wonderful

opportunities for parents to watch their children thrive and succeed, where is the time to connect and grow? Where is the time for families to really BE together, to plant their feet in one place and truly settle in with each other?

Families deserve and need a beautiful place to play and explore together, to recognize the powerful connections within their own family unit and within a greater community. At YMCA Camp du Nord, we believe we are such a place.

What we offer is quite simple, and in its simplicity something remarkable happens. The program, the people, and the place foster and strengthen the connections that make us better at being a happy and healthy family.

We hope to have your family join us!

Sincerely,



Niki Roussopoulos Geisler, Executive Director, YMCA Camp du Nord
niki.geisler@ymcatwincities.org

WELCOME TO DU NORD

YMCA Camp du Nord seeks to promote an atmosphere where all persons feel welcome, included, and respected. At du Nord, we pride ourselves on appreciating the value of diverse populations and welcome all! Our programs are designed to enhance the relationships of any and all those that you consider a part of your family.



American Camp Association accredited.

GENERAL INFORMATION

SUMMER FAMILY CAMP

Since 1960, week-long camping programs for families have become a tradition for many. In 2015, YMCA Camp du Nord will offer 13 weeks of Family Camp, with a shortened “mini-week” during the last week. Staff supervised activities for every age are offered in the mornings and a variety of program options for family time are available in the afternoons and evenings. The shores of Burntside Lake provide lasting family memories, allowing for outdoor adventures, family growth, and a whole lot of laughter.

Arrival on Saturday evening allows time to settle into your cabin/site prior to our program beginning on Sunday morning. Your week begins with an equipment demonstration and orientation. The rest of the week is packed full of fun family activities and programs to promote outdoor adventure and family time together. Participation in all activities, except equipment demonstrations and orientation, are optional. Participate in as much or as little as you please. It’s your vacation!

Registration information can be found on page 8.

LODGING

YMCA Camp du Nord consists of 33 unique cabins, 7 auto tent and rustic tent sites, and 2 platform tents. Cabins come in a variety of sizes, sleeping two to sixteen people. Tent sites can accommodate eight people and platform cabins/tents sleep six people.

All sites are available for use by families, individuals or groups. The unique character of each of YMCA Camp du Nord’s cabins and tent sites offers a variety of lodging that appeals to all levels of comfort in the wilderness.

Cabins provide a variety of queen, full, bunk and long twin beds. All of the cabins have kitchens, water, and electricity, with the exception of our five new “off-the-grid” platform cabins in Pine Pointe and du Nord Villages.

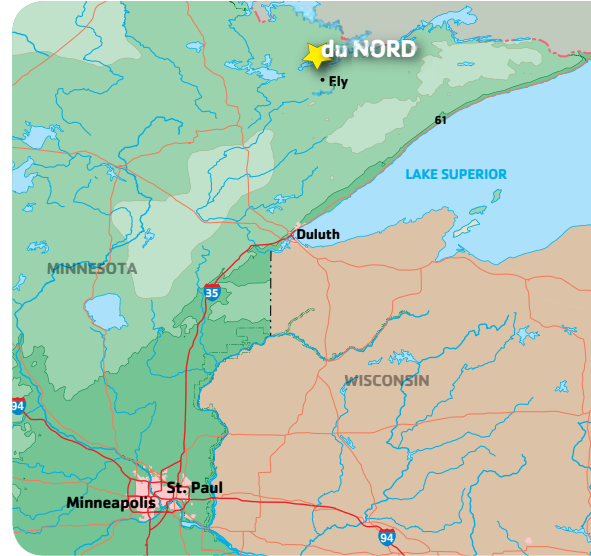
Many of the cabins have bathrooms; and others utilize outdoor biffies and the central shower house.

MEAL SERVICE — Not your average camp food!

Hearty and nutritious meals are available in camp’s dining hall for an added fee. Meals together at camp provide wonderful community interaction. With proper registration and advance notice, our staff can accommodate most dietary needs or restrictions. See our website for a sample menu. Breakfast is served from 8:00–8:45 a.m., lunch at 12:30 p.m. and dinner at 5:30 p.m. Pricing and registration for meals can be found on page 13.

AGE GROUP ACTIVITIES

Imagine two and a half hours enjoying time on the deck, hiking up to Old Baldy, paddling on Burntside Lake (the list could go on), all the while knowing that your kids are having fun with our staff, allowing you some much needed time off! Our Age Group program provides just this and is truly what sets Camp du Nord apart from other family vacation destinations. From 9:30 a.m. – 12:00 p.m., our staff provide fun and educational activities for kids ages 0-18. Our under 4 year old age groups are located in one of two indoor/outdoor play spaces, and all other age groups spend time exploring the beauty of Camp du Nord. Children have opportunities for age appropriate activities, including creative arts, sports, environmental education, group games, and outdoor skill building. Optional adult age group activities are also offered by our Resource Families and include an active and non-active option each day! Snack is provided for ages 2–13. Age groups are formed by age and vary in size each week, depending on camper numbers.



Ely, Minnesota

OUR LOCATION

Only 250 miles north of the Twin Cities lies the Boundary Waters Canoe Area Wilderness — over a million acres of lakes and forest — a place to captivate your heart and inspire your imagination. Camp du Nord is located on the North Arm of beautiful Burntside Lake, just north of Ely, Minnesota.

YMCA CAMP DU NORD

3606 North Arm Rd.
Ely, MN 55731



A DAY AT CAMP DU NORD



“Nothing short of amazing.
Our family’s favorite week of the year!”
— 2014 Family

A TYPICAL DAY

A typical daily schedule for the summer family camp generally is as follows:

- 7:30 a.m. Polar Bear Swim
(for those brave enough)
- 8:00–8:45 a.m. Breakfast Buffet*
- 9:30 a.m.–12:00 p.m. Campers have the opportunity to participate in programs for their specific age-group
- 12:30 p.m. Lunch*
- 2:00–5:00 p.m. Planned afternoon activities: theme days, nature hikes, canoeing or family art projects are available.
- 5:30 p.m. Dinner*
- Evenings Schedule includes campfires, saunas, nature program, volleyball, auction, story telling and sing-alongs.

* Meals are available when reserved in advance, for an extra fee.
Food service registration form can be found on page 13.



“The LDP’s did a great job – you can tell a lot goes into the program. Camp du Nord really is effective in developing leadership qualities in youth!”
 — Summer Camper

LEADERSHIP DEVELOPMENT PROGRAM

Teens between the ages of 15–18 can apply for the Leadership Development Program. LDP participants will learn about leadership through helping counselors facilitate camp programs and taking part in training sessions designed to help them grow as leaders and individuals. To apply, please visit dunord.org. Applications are due Friday, January 9, 2015. \$500 for a 2-week session, transportation from the Twin Cities included.

- Session 1: June 7–20
- Session 2: June 21–July 4
- Session 3: July 5–18
- Session 4: July 19–August 1
- Session 5: August 2–15

RESOURCE FAMILIES

Seasoned du Nord campers can apply to be a Resource Family. Resource Families assist campers and staff throughout the week with a variety of activities; including the Polar Bear Swim, Adult Age Group, and dining hall set-up/clean-up. Resource Families pay a fee for meal service and stay in a rustic cabin or yurt. To apply, please visit dunord.org. Applications are due Friday, November 14, 2014 in order to select families prior to Lottery registration. Registration and application materials can be found at dunord.org.



CAMP ACTIVITIES

- ◆ Age Groups
- ◆ Arts and Crafts
- ◆ Campfires
- ◆ Children’s Age Groups (Staff supervised; Children 0–18 years)
- ◆ Cookouts
- ◆ Creative Arts
- ◆ du Ga Ball
- ◆ Family Day Trips
- ◆ Fishing
- ◆ Hiking
- ◆ Massage
- ◆ Nature Programs
- ◆ Overnights
- ◆ Paddling: Canoes, Paddle Boards & Kayaks available
- ◆ Sing-Alongs
- ◆ Saunas
- ◆ Service Projects
- ◆ Skits and Storytelling
- ◆ Spiritual Development
- ◆ Sports Programs
- ◆ Swimming
- ◆ Themed Activities
- ◆ Tours of Local Sites
- ◆ Sand Volleyball
- ◆ Wilderness Skill Building

SUMMER 2015 FEE STRUCTURE

20% DISCOUNT
on June 6-13 & June 13-20
lodging fees
MINI-WEEK 40% OFF
August 29-September 3



2015 FAMILY CAMP DATES

June 6 – 13	June 27 – July 4	July 18 – 25	August 8 – 15
June 13 – 20	July 4 – 11	July 25 – August 1	August 15 – 22
June 20 – 27	July 11 – 18	August 1 – 8	August 22 – 29
			Aug. 29 – Sept. 3 (Mini-Week)

Mini-Week Opportunities: This summer du Nord has a rare 13th week of camp! Please join us for our first ever mini-week. Enjoy full summer programming in an abridged Saturday-Thursday sampler. This is a great opportunity to 'try out' the du Nord experience at a discounted rate. Stick around through Labor Day if you want to enjoy the 4th annual Fest du Nord Music Festival and Camp du Nord's 55th Anniversary Celebration (registration for this event will be out in April, 2015).

Reservation fees published include all programs, use of facilities and use of equipment. Some arts and crafts projects have an additional materials fee, as do cookouts and overnights.

Please note: Exceeding cabin or tent site capacity by one person only of any age is permissible at a fee of \$135. (No fee for three years old or younger.)

RUSTIC LAKESIDE TENT SITES

These beautiful campsites are located near the lake and require that camping equipment be carried to the site. A 12'x16' platform is provided for your tent. Each site has space for eight people. A picnic table and fire ring are also provided. Biffies are located nearby. There is a centrally located shower house with modern bathroom conveniences. These sites do not have any type of electrical hookups, but there is nearby refrigeration and food storage available. Dishes and cookware are not provided. Sites:

BALDY, SENTINELS & DRUIDS \$460/wk
(rope is needed to tie down tent)

AUTO TENT SITES

The auto tent sites are conveniently positioned near the center of the camp. There is a centrally located shower house with modern bathroom conveniences. Each site has space for eight people per site in pop-up trailers or tents. These sites have limited electrical hookups. A picnic table, nearby refrigeration and food storage are available. Campers are allowed to keep vehicles at these sites. Dishes and cookware are not provided. Sites:

SLIM LAKE, COXEY POND, HEGMAN LAKE & OLE LAKE \$460/wk

PLATFORM TENT SITES

Each platform tent sleeps six and has a covered picnic table area and fire ring. Biffies are located nearby. These camping sites do not have any type of electrical hookups. Nearby refrigeration, food storage, showers and water spigot are available. Each platform tent has 1 double bed and 2 bunk beds. Dishes and cookware are provided by camp.

WOLF AND BEAR

Located in du Nord Village. \$620/wk

PLATFORM CABINS

Enjoy one of our "off-the-grid" eco-cabins. These newer cabins are simple, yet very comfortable. A screened porch with picnic table and stainless steel table make outdoor cooking a breeze. The sleeping room includes 2 elevated long twin over queen bunkbeds. Nearby water spigot, showers, biffies, and refrigeration are available. Solar lanterns and all dishware and cooking utensils are provided.

PINE POINTE VILLAGE

LADYSLIPPER, MOOSE, GOSHAWK, BUCK

DU NORD VILLAGE

DEER \$620/WK

RUSTIC CABINS

All cabins are scenically located with spectacular lake views and easy access to all program activities. All cabins have electricity and kitchens with running water. The cabins are near a centrally located shower house with modern bathroom conveniences. Nearby biffies are also available.

SALT LICK: sleeps 6, 2 bedrooms, kitchen, fireplace, lake view, screened porch. Beds: 1 full and 2 bunk. \$2165/wk

NUGGET: sleeps 4, 2 sleeping alcoves, kitchen, fireplace, lake view. Beds: 1 full and 1 bunk. \$1855/wk

TOTEM: sleeps 4, 2 bedrooms, kitchen, lake view. Beds: 1 full and 1 bunk. \$1855/wk

SIAM: sleeps 4, 1 bedroom, kitchen, deck, lake view. Beds: 1 full and 1 bunk. \$1855/wk

SANS SOUCI: sleeps 4 total, 2 in cabin and 2 in nearby platform tent; kitchen, fireplace, lake view. Beds: 1 full in cabin and 2 twins in platform tent. \$1585/wk

PILOT HOUSE: sleeps 2, 1 room with fireplace and kitchen. The porch extends over the lake offering great views. Beds: 1 full. \$1345/wk

MCKENZIE: sleeps 5, 2 bedrooms, kitchen, screened porch. Beds: 1 queen, 1 bunk, and 1 twin. \$895/wk

“Camp du Nord is a family centered camp where being silly is encouraged, where connections to family and nature are fostered, and experiences form memories that last a lifetime.”

— 2014 Family

FULL FACILITY CABINS

The full facility cabins have bathrooms, full kitchens and are scenically located. Cabins are convenient to all program activities and waterfront areas.

DU NORD VILLAGE

THOR’S LODGE: sleeps 16, woodburning stove, spacious kitchen, 6 bedrooms, 2 bathrooms, deck. Beds: 6 full and 4 twin. **\$3995/wk**

LYNX LODGE: sleeps 14, hand-hewn log cabin with kitchen, 5 bedrooms, fireplace, 2 bathrooms, Beds: 2 queen, 10 twin in bunk and stand alone configurations. **\$3875/wk**

DANE LODGE: sleeps 10, hand-hewn log cabin with large kitchen, 3 bedrooms upstairs, stone fireplace in great room, half bath. Beds: 2 full, 2 twin and 2 bunk. **\$3025/wk**

LUNTA LOFT: sleeps 10, large kitchen, 2 bedrooms, 2 alcove bedrooms, fireplace in great room, 2 bathrooms. Beds: 2 queen and 3 bunk. **\$3105/wk**

THE WINDS: sleeps 9, 4 bedrooms, kitchen, woodburning stove, bathroom, lake view, screened porch. Beds: 2 queen, 2 long bunk beds, 1 roll-out twin. **\$2695/wk**

JACK’S II: sleeps 7, great room with woodburning stove, kitchen, 2 bedrooms and sleeping loft, bathroom. Beds: 1 queen, 3 twin (1 is a roll out), and 1 bunk. **\$2450/wk**

NORTH COVE: sleeps 5, 2 bedrooms, bathroom, kitchen, fireplace, lake view. Beds: 1 full, 1 twin and 1 bunk. **\$2345/wk**

NORTHLAND VILLAGE

TWILIGHT, SUNSHINE, WHITE PINE & NORTH STAR: Cabins sleep 7, bathroom and a full kitchen, gas fireplace, 2 bedrooms and a loft, in-floor heat, central vacuum, and a screened porch. Beds: 1 queen, 5 long twins. **\$2500/wk**

DIRECTOR’S CABIN: sleeps 5, 2 bedrooms, woodburning stove, screened porch, kitchen, deck, bathroom. Beds: 1 queen, 1 bunk and 1 twin. **\$2345/wk**

PINE POINTE VILLAGE

GREENSTONE: sleeps 11, fireplace, full kitchen, 4 bedrooms and sleeping loft, screened porch, deck, 2 bathrooms. Beds: 2 queen and 7 long twin. **\$3020/wk**

NORTHERN LIGHTS: sleeps 11, fireplace, full kitchen, 4 bedrooms and sleeping loft, 2 decks, 2 bathrooms. Beds: 2 queen, 7 long twin. **\$2960/wk**

BALD EAGLE, OSPREY, TIMBER WOLF : Cabins sleep 7, screened porch, 2 decks, 2 bedrooms and sleeping loft, fireplace, full kitchen, bathroom. **BALD EAGLE & OSPREY** Beds: 1 queen and 5 long twin. **TIMBER WOLF** Beds: 2 queen and 3 long twin. **\$2405/wk**

CHICKADEE, * SPLIT ROCK, * RAVEN:* Cabins sleep 5, screened porch, 2 decks, 2 bedrooms, full kitchen, bathroom, fireplace. Beds: 1 queen, 1 long twin and 1 bunk (2 twin). **\$2255/wk**

WINTERGREEN: sleeps 4, screened porch, 2 decks, 2 bedrooms, fireplace, full kitchen, bathroom. Beds: 1 queen and 2 long twin. **\$2110/wk**

*ADA accessible cabins



FINANCIAL ASSISTANCE – PERSONAL PRICING PLAN

The YMCA welcomes all who wish to participate in our programs. The YMCA annually raises funds through our Annual Campaign to help make that possible. Financial Assistance is granted on a first-come, first-served basis.

Please visit dunord.org or call for an application at 612-822-2267.

DU TRIPS

“Our Du Trip made it possible to reconnect as a family in a wilderness environment”
– Du Trip Participant

DESCRIPTION

The purpose of du Trips is to provide opportunities for families to expand their outdoor experience in the north woods. Trained staff provides guidance and leadership for a whole family adventure, where your family will develop leadership skills, enjoy wilderness immersion, and have fun and meaningful family time!

REGISTRATION

In its 3rd year as a program, du Trips will be run as a week-long experience from Saturday to Saturday, beginning and ending at du Nord, with a 2-4 night canoe trip into the Boundary Waters Canoe Area Wilderness during your week. Arrive on Saturday night, take in a few nights of family camp while you prepare for your adventure, enjoy a quality canoe experience with a trained staff member, and return on time for closing celebration on Friday night! Du Trips families will be provided housing at the Platform Tent, Grosbeak, in Pine Pointe Village.

LOTTERY

There will be a du Trips Lottery on December 6, 2014. This Lottery will be independent of du Nord’s summer camp Lottery. You may register for both a du Trip and a family camping experience! Indicate on your registration whether you would like to receive a phone call on Lottery Day 2014 for the chance to register for a du Trip.

OPEN ENROLLMENT

Beginning December 19, 2014 all available remaining trips will be open for enrollment on a first come, first served basis. At this point there will be additional flexibility regarding specific dates for du Trips experiences.

COST

\$55 per adult per night, \$45 per child under 12 per night.



2015 SUMMER REGISTRATION

LOTTERY REGISTRATION

On summer program fills fast. Your best chance to get the cabin/site and dates you want is to participate in the Lottery. **The Lottery Day is Saturday, December 6, 2014.** Staff will contact you after 8 a.m. to place your reservation. **You must be available by phone this day!**

In order to participate in the Lottery, submit a Lottery registration and \$150 deposit, due to the YMCA Customer Service Center located at 2125 East Hennepin Avenue, Suite 100, Minneapolis, MN 55413, by **midnight on Wednesday, November 26, 2014.** Online Lottery registration is also available at dunord.org.

There is a \$150 deposit per site or cabin and must be paid via credit or debit card. CHECKS WILL NOT be accepted during the Lottery process. Once a reservation has been made, the deposit is non-refundable. **The deposit will not be processed until a reservation has been made on Lottery Day.**

Half of the remaining balance for your reservation is due to the YMCA Customer Service Center by February 13, 2015. Your credit/debit card will be charged on this date if indicated on the registration form.

If you are new to the Lottery process, please indicate this on the registration. A staff member or volunteer will contact you prior to the Lottery to assist you and answer any questions.

PROCEDURES FOR MULTIPLE FAMILIES WANTING MULTIPLE CABINS/SITES

During the Lottery process, up to three families may be linked together by writing each other's family name on the bottom of the registration forms. Families must attend the same week and all family names must match.

When a registration form is pulled on Lottery Day, that family may reserve up to three cabins/sites and the remaining families will not be called. You may put the same phone number that is to be called on all forms so only one person will be called. Camp will bill one cabin/site to each family unless otherwise noted.

PROCEDURES FOR MULTIPLE FAMILIES SHARING ONE CABIN/SITE

Families wanting to share a cabin or site, please designate one family as the party responsible for all payments. The other families sharing, should in turn, make their payments to the designated family. If no family is designated to handle the payments, the payment responsibility will default to the family name under which the reservation was made. Each family may submit a Lottery form.

OPEN ENROLLMENT

Beginning **December 19, 2014**, all available cabins/sites remaining after Lottery Day will be open for enrollment on a first-come, first-served basis. During Open Enrollment, reservations can be made by mail, fax or at dunord.org. Please visit dunord.org for a weekly availability chart.

A deposit equal to 50% of your total lodging fee must accompany your reservation. Checks and money orders are accepted during Open Enrollment. **Reservations will not be made without payment.** The remaining balance is due one month before your visit to camp. If you have indicated on your registration form to charge your credit/debit card, it will be charged on this date.

CONFIRMATION & BILLING

Lottery Enrollment: Once your reservation has been made and deposit posted to your account, a confirmation/billing for 50% of the reservation fee balance will be sent in January.

All Enrollment: An invoice for the remaining amount due on your reservation will be sent approximately 6 to 8 weeks before you attend camp. The invoice will include the balance for the reservation, meal service fees, and any other additional fees incurred. This final payment is due at the YMCA Customer Service Center 1 month prior to your visit to camp.

CANCELLATION POLICY

Cancellations made one month or less before your camp session start date are non-refundable and non-transferable. Changes in site reservation made within one month of camp will be charged a \$25 change fee.

FALL/WINTER/SPRING PROGRAMS

Fall, winter and spring are times of change in the north woods! Fall brings vibrant colors and active wildlife. Winter hosts the bright sun and fresh snow. Spring brings refreshing streams of water, budding trees and flowers. All are beautiful seasons to visit du Nord to relax and enjoy a variety of outdoor activities. Call or email us for a detailed brochure of our fall, winter, and spring programs.

FAMILY CAMPS

Our Family Camp programs are an opportunity for you and your family to enjoy a fun and relaxing weekend while playing in the north woods. These weekends are designed for all ages with opportunities for guided hikes and paddles, arts and crafts, family saunas, campfires, skiing and snowshoeing and much more.

2015 FAMILY CAMPS SCHEDULED:

- Winter Wonderland – February 26-March 1
- Cabin Fever Camp – March 19-22
- Family Fishing Adventure – May 14-17
- Fest du Nord Labor Day Family Camp – August 4-7
- Fall Colors Family Camp – October 8-11
- Autumn Adventures Family Camp – October 15-18
- du Thanks – November 26-29

2015 ADULT RETREATS

Join us for one of our Women's, Men's or Couple Retreats.

Guy's Ski & Snowshoe Weekend – January 22-25

Couples Getaway – February 5-8

Women's Ski & Snowshoe Weekend – Jan. 29-Feb. 1 & Feb. 19-22

Women's Spring Retreat – April 30-May 3

Women's Fall Retreat – October 1-4

CAMPING & CONFERENCE FACILITIES FOR ALL SEASONS

YMCA Camp du Nord also offers cabins for families to use for their personal getaway during the fall, winter and spring seasons. Cabins with modern conveniences in a wilderness atmosphere offer cozy surroundings, comfort and cherished memories. Camp du Nord is the perfect setting to relax, reflect and play outside.

OPPORTUNITIES FOR ORGANIZED GROUPS

Looking for an ideal meeting space or location for your next retreat? Camp du Nord is the perfect choice. Many organizations and groups regularly make use of du Nord as a site for their conferences, retreats or wilderness outdoor adventures. The program staff at YMCA Camp du Nord are available to assist with planning a conference or retreat for your group. Program speakers, activities and meal service may also be arranged.

WEDDINGS, RECEPTIONS AND REUNIONS

What could be better than saying "I do" with Burntside Lake as the backdrop? Camp du Nord has become a favorite location for weddings, receptions and reunions. The camp has banquet capabilities for up to 180 people. The camp's friendly and professional cooking staff can design an event to fit the needs and requests of almost any group. Weddings at du Nord have been performed in a variety of natural settings on the camp property.

VOLUNTEER OPPORTUNITIES

Many YMCA Camp du Nord supporters work behind the scenes all year long! We couldn't create the kind of du Nord experience that brings so many families back to camp without the dedication and support of our volunteers. A variety of opportunities are available for you and your family to enjoy fun volunteer events both at camp and in the Twin Cities. These volunteer projects help support the staff, help camp make necessary improvements, and help keep YMCA Camp du Nord affordable for all.



RELEASE, INDEMNIFICATION AND HOLD HARMLESS AGREEMENT

EFFECTIVE 8/01/13

Please complete and return with registration. Please submit one waiver per family.

PARTICIPANT INFORMATION Please attach a separate page if needed.

ADULTS

Name	Age	Any medical condition or medications that may impact program participation
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Name	Age	Any medical condition or medications that may impact program participation
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Name	Age	Any medical condition or medications that may impact program participation
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MINORS STAYING WITH THE ABOVE ADULT(S)

Name	Age	Any medical condition or medications that may impact program participation
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Name	Age	Any medical condition or medications that may impact program participation
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Name	Age	Any medical condition or medications that may impact program participation
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Name	Age	Any medical condition or medications that may impact program participation
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Name	Age	Any medical condition or medications that may impact program participation
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In consideration of participating in YMCA activities, and for other good and valuable consideration, I hereby agree to release and discharge from liability arising from negligence the YMCA of the Greater Twin Cities (hereinafter referred to as YMCA) and its owners, directors, officers, employees, agents, volunteers, participants, and all other persons or entities acting for them (hereinafter collectively referred to as "Releasees"), on behalf of myself and my children, parents, heirs, assigns, personal representative and estate, and also agree as follows:

- I acknowledge that participating in YMCA activities involves known and unanticipated risks which could result in physical or emotional injury, paralysis or permanent disability, death, and property damage. Risks include, but are not limited to, broken bones, torn ligaments or other injuries as a result of falls or contact with other participants; death as a result of drowning or brain damage caused by near drowning in pools or other bodies of water; medical conditions resulting from physical activity; and damaged clothing or other property. I understand such risks simply cannot be eliminated, despite the use of safety equipment, without jeopardizing the essential qualities of the activity.
- I expressly accept and assume all of the risks inherent in this activity or that might have been caused by the negligence of the Releasees. My/My child's participation in these activities is purely voluntary and we elect to participate despite the risks. In addition, if at any time I believe that event conditions are unsafe or that I or my child are unable to participate due to physical or medical conditions, then I will immediately discontinue participation.
- I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless Releasees from any and all claims, demands, or causes of action which are in any way connected with my/my child's participation in these activities, or our use of their equipment or facilities, arising from negligence. This release does not apply to claims arising from intentional conduct or conduct that constitutes greater than ordinary negligence. Should Releasees or anyone acting on their behalf be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
- I represent that I have adequate insurance to cover any injury or damage I or my child may suffer or cause while participating in this activity, or else I agree to bear the costs of such injury or damage myself. I further represent that I/my child have no medical or physical conditions which could interfere with our safety in these activities, or else I am willing to assume – and bear the costs of – all risks that may be created, directly or indirectly, by any such condition.
- In the event that I file a lawsuit, I agree to do so in the state where Releasees' facility is located, and I further agree that the substantive law of that state shall apply.
- I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

PARENT/GUARDIAN AUTHORIZATION SECTION — TRANSPORTATION/MEDICAL

- In the event that I/my child need immediate medical attention for injuries received while participating in a YMCA program, I authorize the YMCA staff to give me or my child reasonable first aid, and to arrange transport of myself or my child to a health care facility for emergency services as needed.
- I give permission for myself and/or my child to be transported by the YMCA as needed for field trips, inclement weather, or late pick up. I also give my permission to participate in walking field trips.
- I also give permission for myself or my child to enter Canada with the YMCA. I also understand that I/my child will need to bring our passport to camp if the trip involves such travel to Canada.
- I hereby acknowledge that the YMCA will assume that either parent of the child may pick up the child at any time during the program unless there is pertinent court documentation on file at the YMCA that indicates otherwise.
- I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. The YMCA receives medical information on campers/ participants that may need to be shared with medical providers.
- If I or my child requires use and administration of an epi-pen, prescription or over the counter medication, it is my responsibility to ensure that the epi-pen and/or medication are on me or my child or within our personal belongings every day of the program. If YMCA staff is required to administer and use the epi-pen and/or medication, I agree to forever release and discharge the YMCA and its directors, officers, and employees from any and all liability arising out of or resulting from use or administration of the epi-pen and/or medication.

GENERAL

- I hereby release all pictures of myself or my child taken by the YMCA for promotional purposes and programming materials including the YMCA website.
- I give my permission for the YMCA to administer sunscreen as needed and to change my child's diaper while my child is in their care.
- I acknowledge that certain sections of this waiver may not apply to me and/ or my child and the programs or activities that we have chosen but agree to be bound by any applicable language.

By signing this document, I agree that if I or my child is hurt or our property is damaged during participation in these activities, then I or my child may be found by a court of law to have waived our right to maintain a lawsuit against the parties being released on the basis of any claim for negligence.

I have had sufficient time to read this entire document and, should I choose to do so, consult with legal counsel prior to signing. Also, I understand that this activity might not be made available to me or that the cost to engage in this activity would be significantly greater if the YMCA did not utilize waivers as a method to lower insurance and administrative costs. I have read and understood this document and I agree to be bound by its terms.

Date	Signature Parent/Guardian	Date	Signature
Date	Signature Parent/Guardian Not Attending	Date	Signature
Date	Signature	Date	Signature

2015 REGISTRATION FORM

Online registration is available at dunord.org

Return this completed form with deposit to: YMCA Customer Service Center, 2125 E Hennepin Ave. Suite 100, Mpls, MN 55413 Phone 612-822-2267 Fax 612-223-6322

LOTTERY REGISTRATION: This form must be received by **midnight, November 26, 2014** to participate in the Lottery. **Please provide a \$150 non-refundable credit/debit card deposit.**

OPEN ENROLLMENT REGISTRATION: Beginning December 19, 2014, all available cabins/sites remaining after Lottery Day will be open for enrollment on a first-come, first-served basis. **Please provide a deposit equal to 50% of the total lodging fee. One registration form per address.**

Office Use Only

Date(s) _____
 1. Cabin _____
 2. Cabin Tent _____
 3. Tent Site _____
 Total Fee \$ _____

First name	M.I.	Last name	Birthdate
_____	_____	_____	_____
First name	M.I.	Last name	Birthdate
_____	_____	_____	_____
First name	M.I.	Last name	Birthdate
_____	_____	_____	_____
First name	M.I.	Last name	Birthdate
_____	_____	_____	_____
First name	M.I.	Last name	Birthdate
_____	_____	_____	_____
First name	M.I.	Last name	Birthdate
_____	_____	_____	_____

()
 Phone number to reach you on Dec. 6, Lottery Day:
 (one number please)

DU TRIP

Please indicate if your family is interested in participating in a du Trip. Yes No
 See page 11 for du Trip description.

Street _____ City _____ State _____ Zip _____
 ()

Home phone number (include area code) _____ E-mail Address _____

Is this your first year in the Lottery? Yes No **New Families:** You will receive a call prior to the Lottery.
 ()

Daytime phone number (include area code) _____

EMERGENCY CONTACT name (not attending camp) _____ Relationship _____

Address _____

()

Primary phone number (include area code) _____

()

Other phone contact _____

Please return a separate registration form for each family participating in the Lottery with valid credit/debit card information for the initial Lottery deposit of \$150.

FAMILY GROUPS whose forms are to be included in the Lottery.

Please check family responsible for payments (indicate one family only) if sharing a cabin/sites.

1. Last name(s) _____ First names(s) of adult(s) _____ No. in family _____

2. Last name(s) _____ First names(s) of adult(s) _____ No. in family _____

3. Family listed on this registration form

*Maximum number of families allowed for group Lottery participation is **THREE**. Families NOT part of the Lottery, but who will be attending with another family, must submit a registration form after the Lottery.

Although we can not guarantee placement please indicate your preference below.

Preferred Week:

Preferred Cabin:

1. _____ 1. _____
 2. _____ 2. _____
 3. _____ 3. _____

My Priority is: Week or Cabin

Signature _____

METHODS OF PAYMENT

Lottery Registration: \$150 deposit
 (only charged if you reserve a site on Lottery Day)

Open Enrollment Registration: 50% deposit

which is \$ _____

Total Fee \$ _____

Visa MasterCard Discover Am Exp

Name on card _____

Card number _____

Expiration date _____

Permission is given to process upcoming payments as due: Yes No

Signature _____

There is a \$25 service fee for declined credit/debit card payments.

Financial Assistance Requested: No Yes
 Please visit dunord.org or call for an application at 612-822-2267

Cancellations made month or less before your camp session start date are non-refundable and non-transferable. Changes in site reservation made within one month of camp will be charged a \$25 change fee.

2015 FOOD SERVICE REGISTRATION FORM

Meal service for all campers is available on a pre-registered basis in Lodge du Nord, the dining hall, located between du Nord and Northland Villages.

The meal service options are as follows:

PLAN B (Breakfast only-6 meals)	PLAN L (Lunch only-6 meals)	PLAN D (Dinner only-6 meals)
\$52 — 13 years & older	\$67 — 13 years & older	\$97 — 13 years & older
\$42 — 8-12 year olds	\$52 — 8-12 year olds	\$72 — 8-12 year olds
\$25 — 4-7 year olds	\$35 — 4-7 year olds	\$47 — 4-7 year olds

MINI-WEEK
Meal Prices
30% DISCOUNT

PLAN BL (Breakfast & Lunch only)	PLAN BD (Breakfast & Dinner only)	PLAN LD (Lunch & Dinner only)	PLAN BLD (Breakfast, Lunch & Dinner)
\$119 — 13 years & older	\$149 — 13 years & older	\$164 — 13 years & older	\$216 — 13 years & older
\$94 — 8-12 year olds	\$114 — 8-12 year olds	\$124 — 8-12 year olds	\$166 — 8-12 year olds
\$60 — 4-7 year olds	\$72 — 4-7 year olds	\$82 — 4-7 year olds	\$107 — 4-7 year olds

For all meal plans there is no charge for children three years of age and younger.

- Plans B, BL, BD & BLD begins with Sunday brunch and ends with Saturday breakfast.
- Plan L begins with Sunday brunch and ends with Friday lunch.
- Plan LD begins with Sunday brunch and ends with Friday dinner
- Plan D begins with Sunday dinner and ends with Friday dinner.

Please submit this form as soon as possible whether or not you require food service. Please remember that **dining space is limited**. All meal service reservations will be accepted on a first-come, first-served basis. Early registration is recommended.

Payment for meal service is due one month before your visit to camp. Please indicate your method of payment on the bottom of the form. Fees must be paid prior to attending camp. A credit card number must be submitted with this form if checking the payment one month before camp option. **There are no refunds on paid food service within three weeks of your visit to camp.**

Please return this completed form as soon as possible to: YMCA Customer Service Center, 2125 E Hennepin Ave, Suite 100, Mpls, MN 55413

If you have any questions, please contact the YMCA Customer Service Center at 612-822-2267.

Separate forms required for each family or individuals at different addresses.

Please fill out one form per address and return to the camp office as soon as possible due to limited space.

Family Name: _____

Cabin/Site: _____ Dates: _____

Address: _____

Does anyone in your group have any food allergies or dietary needs/concerns? Yes No If 'yes' you are required to fill out a reverse side.

We would like to sign up for:

Plan B for _____ campers

Plan L for _____ campers

Plan D for _____ campers

Plan BL for _____ campers

Plan BD for _____ campers

Plan LD for _____ campers

Plan BLD for _____ campers

Full Name of Camper:	Dietary Needs & Restrictions	Age at time of camp:	Meal Plan Option: (B, L, D, BL, BD, LD, BLD or None)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

METHOD OF PAYMENT:

- Please charge the following credit card now for the full payment.
- Please charge the following credit card one month prior to my visit to camp.
- Please charge the following credit card 50% now and 50% one month prior to my visit to camp.
- Check enclosed Please initial: _____
- Visa MasterCard American Express Discover

Card Number: _____ Expiration Date: _____

Name on card: _____

Signature: _____

There is a \$20 service fee for all returned checks and declined credit card payments. There are no refunds on paid food service within three weeks of your visit to camp.

DISCOVER YMCA YOUTH OVERNIGHT CAMPS

Y Camps provide opportunities for personal growth and outstanding group experiences. In addition to **Family Camp** at du Nord, we've designed our overnight camps to fulfill all stages of camping in a clear progression of skill development.

Our four **Traditional Overnight Camps** focus on kids **ages 7-17** and provide campers with a solid foundation of camping and leadership skills. Each has their own unique flavor and special activities. Magical places like tree houses and island campsites coupled with specialty activities like horses, pottery, theatre, sailing and canoeing give campers an unparalleled experience.

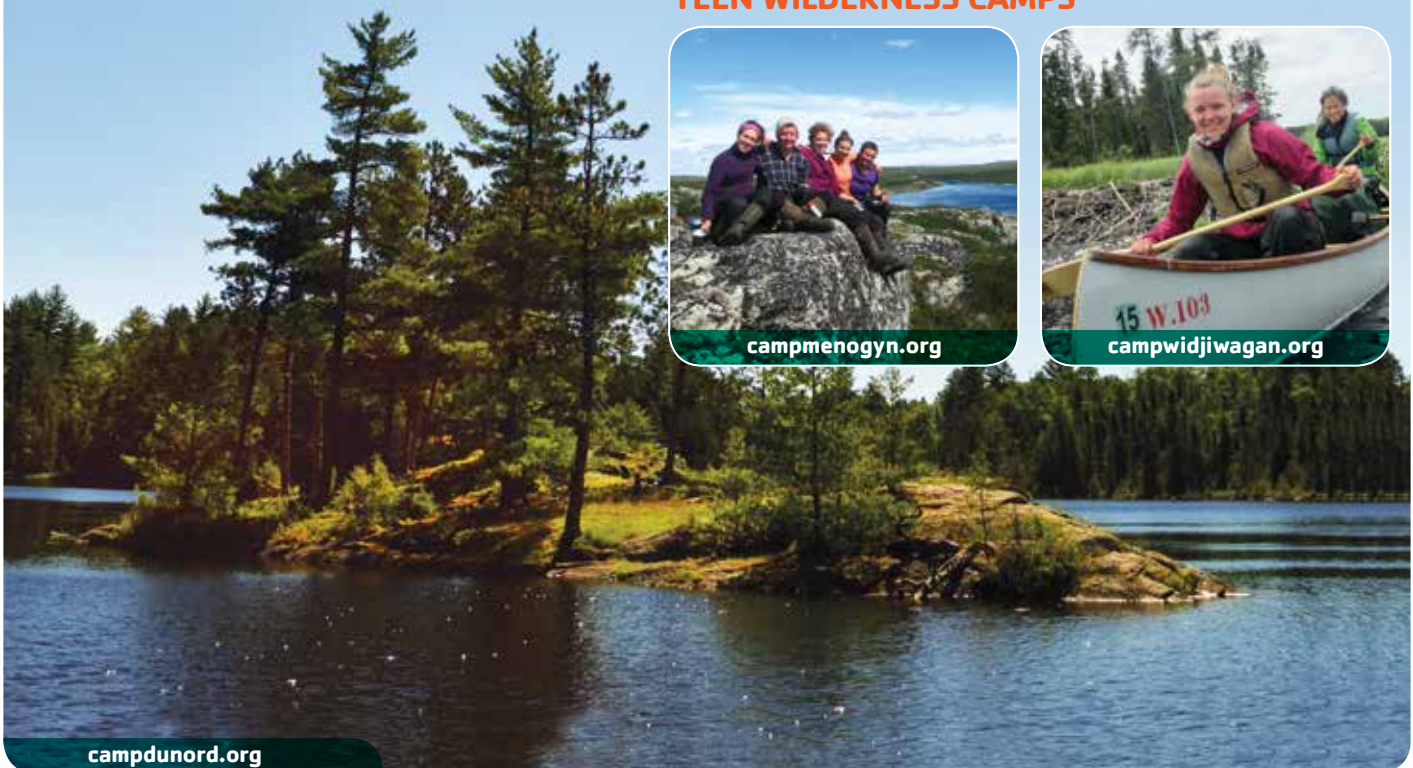
When campers are craving further challenges, our two **Teen Wilderness Camps** are the next step. At these adventure camps, kids **ages 11-18** grow their camping expertise as they enjoy spectacular wilderness expeditions with solid camaraderie and confidence.

Discover, achieve and connect through a Y camping experience.

TRADITIONAL OVERNIGHT CAMPS



TEEN WILDERNESS CAMPS





YMCA CAMP du NORD

Spring-Summer-Fall Map

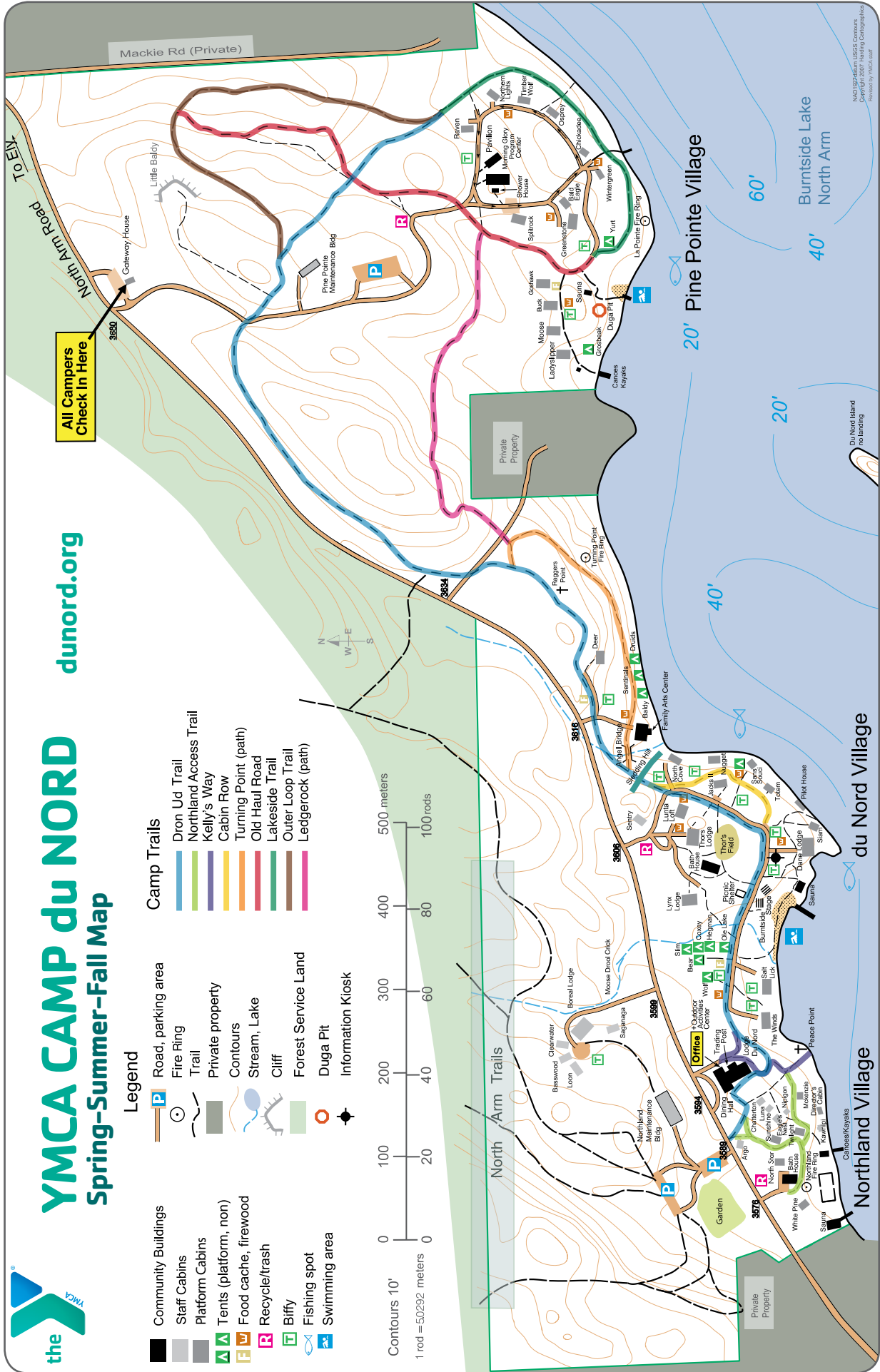
dunord.org

Legend

- | | | | |
|--|-----------------------|--|---------------------|
| | Community Buildings | | Road, parking area |
| | Staff Cabins | | Fire Ring |
| | Platform Cabins | | Trail |
| | Tents (platform, non) | | Private property |
| | Food cache, firewood | | Contours, Lake |
| | Recycle/trash | | Stream, Lake |
| | Biffy | | Cliff |
| | Fishing spot | | Forest Service Land |
| | Swimming area | | Duga Pit |
| | | | Information Kiosk |

Camp Trails

- | | |
|--|------------------------|
| | Dron Ud Trail |
| | Northland Access Trail |
| | Kelly's Way |
| | Cabin Row |
| | Turning Point (path) |
| | Old Haul Road |
| | Lakeside Trail |
| | Outer Loop Trail |
| | Ledgerock (path) |



NAD 83 datum USGS Contours
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Map by YMCAs of Canada



YMCA CUSTOMER SERVICE CENTER
2125 East Hennepin Avenue
Minneapolis, MN 55413

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
YMCA
TWIN CITIES, MN

IMPORTANT! LOTTERY FORM DUE BY WEDNESDAY, NOVEMBER 26, 2014

SUMMER 2015 LOTTERY
Saturday, December 6, 2014



Like us on facebook
Follow us on twitter
View photos on flickr.com/ymcacampdunord
Visit us at dunord.org

Have a question?
Contact us at 612-822-2267
Email us at: info@dunord.org

