



## **Information for Student-Athletes**

Student-athletes planning on participating at the collegiate level will want to become familiar with the NCAA Eligibility Center's requirements, which are available at [https://web1.ncaa.org/eligibilitycenter/student/index\\_student.html](https://web1.ncaa.org/eligibilitycenter/student/index_student.html)

The Guide for the College-Bound Student-Athlete is located at <http://www.ncaapublications.com/Uploads/PDF/2008-09%20CBSA9c29e699-00f6-48ba-98a9-6456c9b98957.pdf>.

If you have additional questions, please contact Mr. Gillespie, Ms. Carson, or Ms. Lehn.

### **Guidelines for Juniors/Seniors:**

#### **Grade 11**

- Register with the eligibility center
- Make sure you are still on course to meet core-course requirements
- After your junior year, request an official copy of your transcript from the registrar's office to send to the Eligibility Center
- If you have attended any other high schools, make sure a transcript is sent to the Eligibility Center from each high school
- When taking the ACT or SAT, request test scores to be sent to the eligibility center (the code is "9999")
- Begin your amateurism questionnaire (All prospective student-athletes must complete the amateurism certification questionnaire)

#### **Grade 12**

- When taking the ACT or SAT, request test scores to be sent to the eligibility center (the code is "9999").
- Complete amateurism questionnaire and sign the final authorization signature online on or after April 1 if you are expecting to enroll in college in the fall semester. (If you are expecting to enroll for spring semester, sign the final authorization signature on or after October 1 of the year prior to enrollment.)
- Request an official copy of your final transcript with proof of graduation from the registrar's office to send to the Eligibility Center.

### **Contact Information for the NCAA Eligibility Center:**

P.O. Box 7136  
Indianapolis, IN 46207-7136  
317/223-0700 (phone)  
317/968-5101 (fax)  
877/262-1492 (toll free)  
[www.ncaa.org](http://www.ncaa.org)

If you plan to enter college in 2008 or after, you will need to present 16 core courses in the following breakdown:

- 4 years of English
  - 3 years of mathematics (Algebra I or higher)
  - 2 years of natural/physical science (one must be a lab science)
  - 1 year of additional English, math or science
  - 2 years of social studies
  - 4 years of additional core courses (from any area listed above, or from foreign language, non-doctrinal religion or philosophy)
- 
- ✓ Student-athletes wanting to participate at the Division I or II levels need to register with the NCAA Eligibility Center located at [https://web1.ncaa.org/eligibilitycenter/student/index\\_student.html](https://web1.ncaa.org/eligibilitycenter/student/index_student.html)
  - ✓ NCAA Eligibility Center recommends potential student-athletes beginning their junior year to register at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net) & complete the amateurism questionnaire
  - ✓ Potential student-athletes should take the ACT or SAT at least once during both their junior & senior years
  - ✓ Refer to the Division I Core GPA & Test Sliding Scale to see what ACT or SAT score should be your goal in regard to academic eligibility requirements
  - ✓ Official campus visit guidelines include:
    - Visits may be done after the first day of the senior year for all sports
    - School must have a copy of the high school transcript
    - School must have a copy of the ACT &/or SAT scores (Code 9999 is used for the NCAA)
    - Student-athletes must be registered with the NCAA Eligibility Center
    - Student-athlete's name must be on the institution's list
  - ✓ Student-athletes interested in attending a Division I or II school are allowed 5 visits for 1 school, but only 1 visit can be counted as an **OFFICIAL** visit
  - ✓ An **OFFICIAL** visit is any visit to a college campus by you & your parents paid for by the college. The college may pay all or some of the following expenses: 1) Transportation to & from college; 2) Rooms & meals (3 per day) while you are visiting the college; and 3) Reasonable entertainment expenses, including 3 complimentary admissions to a home athletics contest
  - ✓ An **UNOFFICIAL** visit is paid by you & your parents with the institution providing 3 complimentary admissions to a home athletics contest
  - ✓ A letter of intent can't be signed before 7 a.m. on the signing date by the student & his/her parent/guardian & it must be accompanied by a scholarship email
  - ✓ Prospects can't receive emails prior to the junior year
  - ✓ Prospects can't receive text messages from coaches or recruiters
  - ✓ Information packets sent by prospects & their parents/guardians may include a résumé, transcript, schedule of current season, statistics, highlight tape, & the high school coach's contact info
  - ✓ Beginning in 2013, Division II schools will require student-athletes to complete 16 core courses
  - ✓ Students with a diagnosed education-impacting disability need to contact the Eligibility Center about the disability if interested in using core courses after high school graduation when planning on attending a Division I college or university

# Factors in Making Your College Choice



1. Being recruited & receiving an athletic scholarship is based on:
  - a. Performance
  - b. Athletic ability—potential (speed, strength, etc.)
  - c. Academic record in high school (interest in earning a degree)
  - d. Attitude
    - 1) Work ethic (On/off the court/field; practice & games)
    - 2) Self-discipline (on & off court/field)
    - 3) Team player—cares about teammates vs. self (coaches will notice)
    - 4) Competitor
    - 5) Integrity
    - 6) Respect for others (teammates, coaches, opponents, refs)
    - 7) Personal appearance
    - 8) On court/field personality (jersey tucked in—not pulled out on purpose)
    - 9) Lifestyle (friends, alcohol, drugs, legal issues)
    - 10) You can destroy chances to be recruited by making only **ONE** wrong choice
  
2. Make college choice based on **WHAT** is important to **YOU**
  - a. Coach you will play for
  - b. Student-athletes you will play with
  - c. Your academic major is available
  - d. Academic support is available
  - e. Playing time—early in your career (if playing time is important, go where the coach really wants you)
  - f. Family & friends able to see you play
  - g. League/Competition
  - h. Division I, II, III, NAIA, Junior college
  
3. Make sure you will be happy & enjoy all areas of your college experience, including athletics, academics, & social aspects





# ncaa updates

**Contact the NCAA at 877-262-1492 (M-F 8 am to 6 pm ET) when you have questions such as the following...**

- What are the rules and regulations related to initial eligibility?
- What are the rules and regulations related to amateurism?
- What are the rules about transferring from one college to another?
- What are the rules about athletics scholarships and how can they be reduced or canceled?
- I have an education-impacting disability. Are there any other requirements for me?

## **Current NCAA membership includes:**

- 331 active Division I members
- 291 active Division II members
- 429 active Division III members

The main difference between the three divisions is that colleges/universities in Divisions I & II may offer athletic scholarships, while Division III schools may not.

## **Eligibility Center Registration**

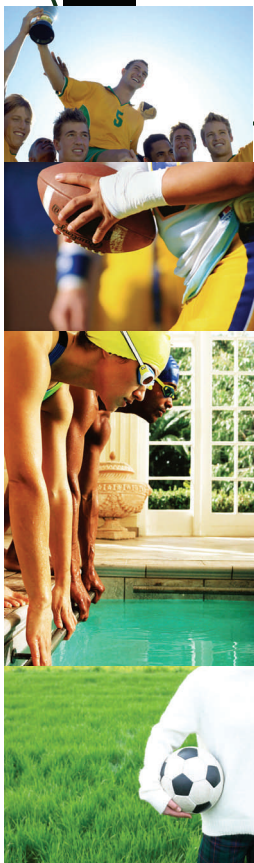
- Complete the Student Release Form  
To register with the Eligibility Center, you must complete the Student Release Form and amateurism questionnaire online at the beginning of your junior year and send the Eligibility Center the registration fee (\$60 for domestic and \$85 for international students).
- The only method is to register online  
Go online to [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net). Select **Prospective Student-Athletes** and then register as a U.S. student. Complete the Student Release Form online and include your credit or debit card information to pay the fee. Then follow instructions to complete the transaction. Print both Copy 1 and Copy 2 of the Transcript Release Form. Sign the Transcript Release Forms & give them to the Mrs. Carman, LSW's Registrar
- When completing the Student Release Form sections, please follow the step-by-step instructions found in the **2008-09 Guide for the College-Bound Student-Athlete** at <http://www.ncaapublications.com/Uploads/PDF/2008-09%20CBSA9c29e699-00f6-48ba-98a9-6456c9b98957.pdf>
- If you forget your PIN, log on to [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net) and go to **Prospective Student-Athletes** to request your PIN to be sent to you via e-mail

## **ACT/SAT Fee Waivers: Contact Ms. Tegeler for waiver forms**

- ACT eligibility for a fee waiver
  - Family receives public assistance
  - Student is a ward of the state
  - Student resides in foster home
  - Student participates in free or reduced-price lunch program at school
  - Student participates in federally funded TRIO Program such as Upward Bound
  - Family income is at or below the 2008-09 Bureau of Labor Statistics Low Standard Budget.
  - Additional eligibility guidelines available at <http://www.actstudent.org/faq/answers/feewaiver.html>
- SAT eligibility for a fee waiver
  - Student participates in free or reduced-price lunch program at school
  - Eligibility guidelines available at <http://www.collegeboard.com/student/testing/sat/calenefees/feewaivers.html>



# Academic-Eligibility Requirements



## Division 1 Requirements

If you want to participate in athletics or receive an athletics scholarship during your first year, you must:

- Graduate from high school
- Complete these 16 core courses:
  - 4 years of English
  - 3 years of math (algebra 1 or higher)
  - 2 years of natural or physical science (including one year of lab science if offered by your high school)
  - 1 extra year of English, math, or natural or physical science
  - 2 years of social science
  - 4 years of extra core courses (from any category above, or foreign language, non-doctrinal religion or philosophy)
- Earn a minimum required GPA in your core courses
- Earn a combined SAT or ACT sum score that matches your core-course GPA and test score sliding scale (for example, a 2.400 core-course GPA needs an 860 SAT or an ACT sum score of 71)
- **Requirement to graduate with your high school class**  
You must graduate from high school on schedule (in eight semesters) with your incoming ninth-grade class. If you graduate from high school in eight semesters with your class, you may use **one** core course completed in the year after graduation (summer or academic year) to meet NCAA Division I eligibility requirements. You may complete the core course at a location other than the high school from which you graduated and may initially enroll full time at a collegiate institution at any time after completion of the core course.

## Division 2 Requirements

### 2008 - 2013

If you enroll in a Division II college and want to participate in athletics or receive an athletics scholarship during your first year, you must:

- Graduate from high school
- Complete these 14 core courses:
  - 3 years of English
  - 2 years of math (algebra 1 or higher)
  - 2 years of natural or physical science (including one year of lab science if offered by your high school)
  - 2 additional years of English, math, or natural or physical science
  - 2 years of social science
  - 3 years of extra core courses (from any category above, or foreign language, non-doctrinal religion or philosophy)
- Earn a 2.000 GPA or better in your core courses
- Earn a combined SAT score of 820 or an ACT sum score of 68.

### 2013 and Later

If you enroll in a Division II college on or after August 1, 2013, and want to participate in athletics or receive an athletics scholarship during your first year, you must:

- Graduate from high school
- Complete these 16 core courses:
  - 3 years of English
  - 2 years of math (algebra 1 or higher)
  - 2 years of natural or physical science (including one year of lab science if offered by your high school)
  - 3 additional years of English, math, or natural or physical science
  - 2 years of social science
  - 4 years of additional core courses (from any category above, or foreign language, non-doctrinal religion or philosophy)
- Earn a 2.000 GOA or better in your core courses
- Earn a combined SAT score of 820 or an ACT sum score of 68.

## Division I Core GPA & Test Score Sliding Scale

| Core GPA      | SAT     | ACT |
|---------------|---------|-----|
| 3.550 & above | 400     | 37  |
| 3.525         | 410     | 38  |
| 3.500         | 420     | 39  |
| 3.475         | 430     | 40  |
| 3.450         | 440     | 41  |
| 3.425         | 450     | 41  |
| 3.400         | 460     | 42  |
| 3.375         | 470     | 42  |
| 3.350         | 480     | 43  |
| 3.325         | 490     | 44  |
| 3.300         | 500     | 44  |
| 3.275         | 510     | 45  |
| 3.250         | 520     | 46  |
| 3.225         | 530     | 46  |
| 3.200         | 540     | 47  |
| 3.175         | 550     | 47  |
| 3.150         | 560     | 48  |
| 3.125         | 570     | 49  |
| 3.100         | 580     | 49  |
| 3.075         | 590     | 50  |
| 3.050         | 600     | 50  |
| 3.025         | 610     | 51  |
| 3.000         | 620     | 52  |
| 2.975         | 630     | 52  |
| 2.950         | 640     | 53  |
| 2.925         | 650     | 53  |
| 2.900         | 660     | 54  |
| 2.875         | 670     | 55  |
| 2.850         | 680     | 56  |
| 2.825         | 690     | 56  |
| 2.800         | 700     | 57  |
| 2.775         | 710     | 58  |
| 2.750         | 720     | 59  |
| 2.725         | 730     | 59  |
| 2.700         | 730     | 60  |
| 2.675         | 740-750 | 61  |
| 2.650         | 760     | 62  |
| 2.625         | 770     | 63  |
| 2.600         | 780     | 64  |
| 2.575         | 790     | 65  |
| 2.550         | 800     | 66  |
| 2.525         | 810     | 67  |
| 2.500         | 820     | 68  |
| 2.475         | 830     | 69  |
| 2.450         | 840-850 | 70  |
| 2.425         | 860     | 70  |
| 2.400         | 860     | 71  |
| 2.375         | 870     | 72  |
| 2.350         | 880     | 73  |
| 2.325         | 890     | 74  |
| 2.300         | 900     | 75  |
| 2.275         | 910     | 76  |
| 2.250         | 920     | 77  |
| 2.225         | 930     | 78  |
| 2.200         | 940     | 79  |
| 2.175         | 950     | 80  |
| 2.150         | 960     | 80  |
| 2.125         | 960     | 81  |
| 2.100         | 970     | 82  |
| 2.075         | 980     | 83  |
| 2.050         | 990     | 84  |
| 2.025         | 1000    | 85  |
| 2.000         | 1010    | 86  |

## ACT/SAT Test-Score Requirements

You must achieve the required score on the SAT or ACT before your full-time collegiate enrollment. You must do this whether you are a citizen of the United States or of a foreign country. You must take the national test given on one or more of the dates shown below.

### IMPORTANT CHANGE:

All SAT and ACT scores **must** be reported to the Eligibility Center **directly** from the testing agency. Test scores will **not** be accepted if reported on a high school transcript.

When registering for the SAT or ACT, input the Eligibility Center code of **9999** to make sure the score is reported directly to the Eligibility Center.

### National Testing Dates

#### SAT

October 4, 2008  
 November 1, 2008  
 December 6, 2008  
 January 24, 2009  
 March 14, 2009  
 May 2, 2009  
 June 6, 2009

#### ACT

September 13, 2008  
 October 25, 2008  
 December 13, 2008  
 February 7, 2009  
 April 4, 2009  
 June 13, 2009

### Taking Tests More than Once

You may take the SAT or the ACT more than one time. If you take either test more than once, you may use your best subscore from different tests to meet the minimum test-score requirements.

#### Here is an example:

Math Verbal/Critical Reading Total Score

SAT (10/08) 350 **470** 820

SAT (12/08) **420** 440 860

Scores used **420 470 890**

Your test score will continue to be calculated using the math and verbal/critical reading subsections of the SAT and the math, science, English and reading subsections of the ACT. **The writing component of the ACT or SAT will not be used to determine your qualifier status.**



# NCAA Core Course Worksheet - UNOFFICIAL

|                            |  |                 |  |               |                          |                 |         |
|----------------------------|--|-----------------|--|---------------|--------------------------|-----------------|---------|
| <b>NCAA I.E.C. Status:</b> |  | <b>LSW Info</b> |  | <b>Name</b>   |                          | <b>ACT/SUM:</b> |         |
| SRF                        |  | ACT Composite:  |  | ID #          |                          | SAT/SUM:        |         |
| Transcript                 |  | Weighted GPA:   |  | Sport         |                          | ACT/GPA         |         |
| Test score                 |  | Class Rank:     |  | HS/City/State | Southwest HS Lincoln, NE | SAT/GPA         | #N/A    |
| Approved                   |  | Class Size:     |  | Birthdate     |                          | Core Units      | 0       |
| Initial Eval               |  | Date of Grad:   |  | Review Date:  | 10/15/2008               | Core GPA        | #DIV/0! |

| <b>A. English: 4 Core units</b> |       |       |        |         |   |          | <b>Core English Complete?</b> |  |
|---------------------------------|-------|-------|--------|---------|---|----------|-------------------------------|--|
| Course                          | Grade | Units | Points | A. Core | 0 | Comments |                               |  |
|                                 |       |       | 0      | A. Pts  | 0 |          |                               |  |
|                                 |       |       | 0      |         |   |          |                               |  |
|                                 |       |       | 0      |         |   |          |                               |  |
|                                 |       |       | 0      |         |   |          |                               |  |
|                                 |       |       | 0      |         |   |          |                               |  |
|                                 |       |       | 0      |         |   |          |                               |  |
|                                 |       |       | 0      |         |   |          |                               |  |
|                                 |       |       | 0      |         |   |          |                               |  |
|                                 |       |       | 0      |         |   |          |                               |  |

| <b>B. Math: 3 Core units</b> |       |       |        |         |   |          | <b>Core Math Complete?</b> |  |
|------------------------------|-------|-------|--------|---------|---|----------|----------------------------|--|
| Course                       | Grade | Units | Points | B. Core | 0 | Comments |                            |  |
|                              |       |       | 0      | B. Pts  | 0 |          |                            |  |
|                              |       |       | 0      |         |   |          |                            |  |
|                              |       |       | 0      |         |   |          |                            |  |
|                              |       |       | 0      |         |   |          |                            |  |
|                              |       |       | 0      |         |   |          |                            |  |
|                              |       |       | 0      |         |   |          |                            |  |
|                              |       |       | 0      |         |   |          |                            |  |
|                              |       |       | 0      |         |   |          |                            |  |

| <b>C. Natural &amp; Physical Sciences: 2 Core units, one lab</b> |       |       |        |         |   |          | <b>Core Science Complete?</b> |  |
|--|-------|-------|--------|---------|---|----------|-------------------------------|--|
| Course   | Grade | Units | Points | C. Core | 0 | Comments |                               |  |
|  |       |       | 0      | C. Pts  | 0 |          |                               |  |
|  |       |       | 0      |         |   |          |                               |  |
|  |       |       | 0      |         |   |          |                               |  |
|  |       |       | 0      |         |   |          |                               |  |
|  |       |       | 0      |         |   |          |                               |  |

| <b>D. Social Sciences: 2 Core units</b> |       |       |        |         |   |          | <b>Core Social Science Complete?</b> |  |
|---|-------|-------|--------|---------|---|----------|--------------------------------------|--|
| Course                                  | Grade | Units | Points | D. Core | 0 | Comments |                                      |  |
|   |       |       | 0      | D. Pts  | 0 |          |                                      |  |
|   |       |       | 0      |         |   |          |                                      |  |
|   |       |       | 0      |         |   |          |                                      |  |
|   |       |       | 0      |         |   |          |                                      |  |

| <b>E. Additional: 4 Core units * 1 from A, B or C</b> |       |       |        |         |   |          | <b>Additional Core Complete?</b> |  |
|---|-------|-------|--------|---------|---|----------|----------------------------------|--|
| Course  | Grade | Units | Points | E. Core | 0 | Comments |                                  |  |
|   |       |       | 0      | E. Pts  | 0 |          |                                  |  |
|   |       |       | 0      |         |   |          |                                  |  |
|   |       |       | 0      |         |   |          |                                  |  |
|   |       |       | 0      |         |   |          |                                  |  |
|   |       |       | 0      |         |   |          |                                  |  |
|   |       |       | 0      |         |   |          |                                  |  |
|   |       |       | 0      |         |   |          |                                  |  |
|   |       |       | 0      |         |   |          |                                  |  |
|   |       |       | 0      |         |   |          |                                  |  |

|                |              |   |                |   |             |       |                   |  |                |  |
|----------------|--------------|---|----------------|---|-------------|-------|-------------------|--|----------------|--|
| <b>Totals:</b> | <b>Units</b> | 0 | <b>Points:</b> | 0 | <b>GPA:</b> | ##### | <b>Evaluator:</b> |  | <b># Sem :</b> |  |
|----------------|--------------|---|----------------|---|-------------|-------|-------------------|--|----------------|--|

## Amateurism Eligibility

If you want to participate in NCAA Division I or II athletics, you must also be certified as an amateur student-athlete. The Eligibility Center will determine the amateurism eligibility of all freshman and transfer college-bound student-athletes for initial participation at an NCAA Division I or II member institution. In Division III, certification of an individual's amateurism status is completed by each institution, not the Eligibility Center.

When you register with the Eligibility Center, you will be asked questions about your athletics participation. The information you will provide will be reviewed and a determination will be made as to whether your amateurism status should be certified or if a penalty should be assessed before certification. If a penalty is assessed, you will have an opportunity to appeal the decision.

The following pre-collegiate enrollment activities will be reviewed:

1. Contracts with a professional team.
2. Salary for participating in athletics.
3. Prize money.
4. Play with professionals.
5. Tryouts, practice or competition with a professional team.
6. Benefits from an agent or prospective agent.
7. Agreement to be represented by an agent.
8. Delayed initial full-time collegiate enrollment to participate in organized sports competition.



Additional information regarding NCAA amateurism rules is available on the Eligibility Center's Web site by logging on to [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net), then clicking on "General Information" and then "Information and Resources for Prospective Student-Athletes."

|   | <b>Permissible in Division I?<br/>Student-athletes first enrolling on or<br/>after 8/1/02</b>   | <b>Permissible in Division II?<br/>Student-athletes first enrolling on<br/>or after 8/1/01</b>  |
|---|---|---|
| <b>Enters into a contract with a professional team</b>  | No  | Yes   |
| <b>Accepts prize money</b>  | Yes. If it's an open event, & does not exceed actual & necessary expenses.  | Yes   |
| <b>Enters draft</b>   | Yes   | Yes   |
| <b>Accepts salary</b>   | No  | Yes   |
| <b>Receives expenses from a professional team</b>   | No  | Yes   |
| <b>Competes on a team with professionals</b>  | No  | Yes   |
| <b>Tryouts with a professional team before initial collegiate enrollment</b>  | Yes. May receive actual & necessary expenses for one visit (up to 48 hours from each professional team. Self-financed tryouts may be for more than 48 hours.  | Yes   |
| <b>Receives benefits from an agent</b>  | No  | No  |
| <b>Enters into agreement with an agent (oral or written)</b>  | No  | No  |
| <b>Delays full-time collegiate enrollment &amp; participates in organized competition</b><br><br><b>If you are charged with season(s) of completion under this rule, you will also have to serve an academic year in residence at the NCAA institution.</b> | <p style="text-align: center;"><b>Tennis, Swimming &amp; Diving:</b><br/>Have one year after high school graduation to enroll full-time in a collegiate institution or will lose one season of intercollegiate competition for each calendar year during which you continue to participate in organized completion.</p> <p style="text-align: center;"><b>All Other Sports:</b><br/>Any participation in organized sports competition during each 12-month period after your 21st birthday &amp; before initial full-time enrollment in a collegiate institution shall count as one year of varsity completion.</p> | <p style="text-align: center;"><b>All Sports:</b><br/>Must enroll at the next opportunity (excluding summer) immediately after the date that your high school class normally graduates (or the international equivalent) or you will use a season of intercollegiate competition for each calendar year or sports season (subsequent to that date) in which you have participated in organized competition.</p> |



# NATIONAL LETTER OF INTENT

## For Prospective Student-Athletes Enrolling in the 2009-10 Academic Year

**Do not sign prior to 7am (local time) on the following dates  
or after the final signing date for each sport.**



### National Letter of Intent Signing Dates

| Sport(s)  | Initial Signing Date | Final Signing Date |
|---|----------------------|--------------------|
| Basketball (Early Period)   | November 12, 2008    | November 19, 2008  |
| Basketball (Regular Period)   | April 15, 2008       | May 20, 2008       |
| Football (Midyear JC Transfer)                                      | December 17, 2008    | January 15, 2009   |
| Football (Regular Period)   | February 4, 2009     | April 1, 2009      |
| Field Hockey, Soccer, Track & Field/Cross Country, Men's Water Polo | February 4, 2009     | August 1, 2009     |
| All Other Sports (Early Period)                                     | November 12, 2008    | November 19, 2008  |
| All Other Sports (Regular Period)                                   | April 8, 2008        | August 1, 2009     |

The National Letter of Intent (NLI) is a voluntary program with regard to both institutions & student-athletes. No prospective student-athlete or parent is required to sign the National Letter of Intent, & no institution is required to join the program.

By signing a National Letter of Intent, a prospective student-athlete agrees to attend the designated college or university for one academic year. Pursuant to the terms of the National Letter of Intent program, participating institutions agree to provide athletics financial aid for one academic year to the student-athlete, provided he/she is admitted to the institution and is eligible for financial aid under NCAA rules. An important provision of the National Letter of Intent program is a Recruiting prohibition applied after a prospective student-athlete signs a Letter of Intent. This prohibition requires participating institutions to cease recruitment of a prospective student-athlete once a National Letter of Intent is signed with another institution.

The National Letter of Intent has many advantages to both prospective student-athletes & participating educational Institutions:

- Once a National Letter of Intent is signed, prospective student-athletes are no longer subject to further recruiting contacts & calls
- Student-athletes are assured of an athletics scholarship for one full-academic year
- By emphasizing a commitment to an educational institution, not particular coaches or teams, the program focuses on a prospective student-athlete's educational objectives

PO Box 7132 \* Indianapolis, IN \* 46207-7132  
Phone 317-223-0706 \* Fax 317-968-5105  
[www.national-letter.org](http://www.national-letter.org)

# NCAA RECRUITING CHART

|                                 | DIVISION I MEN'S BASKETBALL  | DIVISION I WOMEN'S BASKETBALL   | DIVISION I FOOTBALL   | DIVISION I OTHER SPORTS  | DIVISION II  | DIVISION III   |  |  |
|---------------------------------|--|---|---|--|--|--|--|--|
| <b>Sophomore</b>                | <p><b>Recruiting materials</b> –</p> <ul style="list-style-type: none"> <li>June 15 following sophomore year</li> </ul> <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>Once per month beginning June 15 following sophomore year</li> </ul>  | <p><b>Recruiting materials</b> –</p> <ul style="list-style-type: none"> <li>September 1</li> </ul> <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>April call permissible on or after Thursday following Women's Final Four</li> <li>One call in May</li> <li>One call June 1 - 20</li> <li>One call June 21 - 30</li> <li>Three during month of July following junior year</li> </ul>   | <p><b>Recruiting materials</b> –</p> <ul style="list-style-type: none"> <li>September 1</li> </ul> <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>One between April 15 and May 31</li> </ul>  | <p><b>Women's Ice Hockey:</b></p> <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>One call to international prospect during the month of July following her sophomore year</li> </ul> <p><b>Men's Ice Hockey:</b></p> <p><b>Recruiting materials</b> –</p> <ul style="list-style-type: none"> <li>June 15 following sophomore year</li> </ul> <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>Once per month beginning June 15 following his sophomore year</li> </ul> | <p><b>Recruiting materials</b> –</p> <ul style="list-style-type: none"> <li>Permissible</li> </ul> <p><b>Telephone Calls</b> –</p> <ul style="list-style-type: none"> <li>No limitations</li> <li>Permissible freshman and sophomore years</li> </ul>  |  |  |  |
| <b>Junior</b>                   | <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>One per month through July 31</li> </ul>  | <p><b>Recruiting materials</b> –</p> <ul style="list-style-type: none"> <li>September 1</li> </ul> <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>Once per week July 1 following junior year for all sports except men's ice hockey</li> </ul> <p><b>Men's Ice Hockey:</b></p> <p><b>Telephone calls</b> – one per month through July 31</p> <p><b>Off-campus contact</b> –</p> <ul style="list-style-type: none"> <li>July 1 following junior year</li> <li>Gymnastics – off-campus contact - July 15 following junior year</li> </ul> | <p><b>Recruiting materials</b> –</p> <ul style="list-style-type: none"> <li>September 1</li> </ul> <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>Once per week July 1 following junior year for all sports except men's ice hockey</li> </ul> <p><b>Men's Ice Hockey:</b></p> <p><b>Telephone calls</b> – one per month through July 31</p> <p><b>Off-campus contact</b> –</p> <ul style="list-style-type: none"> <li>July 1 following junior year</li> <li>Gymnastics – off-campus contact - July 15 following junior year</li> </ul> | <p><b>Recruiting materials</b> –</p> <ul style="list-style-type: none"> <li>September 1</li> </ul> <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>June 15 – No more than three off-campus contacts</li> </ul>  | <p><b>Recruiting materials</b> –</p> <ul style="list-style-type: none"> <li>Permissible</li> </ul> <p><b>Telephone Calls</b> –</p> <ul style="list-style-type: none"> <li>No limitations</li> </ul> <p><b>Off-campus contact</b> –</p> <ul style="list-style-type: none"> <li>Conclusion of junior year</li> </ul> |  |  |  |
| <b>Senior</b>                   | <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>Twice per week</li> </ul> <p><b>Off-campus contact</b> –</p> <ul style="list-style-type: none"> <li>September 9</li> </ul> <p><b>Official Visit</b> –</p> <ul style="list-style-type: none"> <li>Opening day of classes</li> </ul>  | <p><b>Telephone Calls</b> –</p> <ul style="list-style-type: none"> <li>Once per week</li> </ul> <p><b>Off-campus contact</b> –</p> <ul style="list-style-type: none"> <li>September 16</li> </ul> <p><b>Official Visit</b> –</p> <ul style="list-style-type: none"> <li>Opening day of classes</li> </ul>   | <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>September 1 – Once per week*</li> </ul> <p><b>Off-campus contact</b> –</p> <ul style="list-style-type: none"> <li>Last Sunday following the last Saturday in November</li> </ul> <p><b>Official Visit</b> –</p> <ul style="list-style-type: none"> <li>Opening day of classes</li> </ul> <p>* Unlimited during contact period</p>  | <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>Once per week</li> </ul> <p><b>Men's Ice Hockey:</b> telephone calls once per week beginning August 1</p> <p><b>Off-campus contact</b> –</p> <ul style="list-style-type: none"> <li>No more than three off-campus contacts</li> </ul> <p><b>Official Visit</b> –</p> <ul style="list-style-type: none"> <li>Opening day of classes</li> </ul>   | <p><b>Telephone calls</b> –</p> <ul style="list-style-type: none"> <li>June 15 – Once per week</li> </ul> <p><b>Official Visit</b> –</p> <ul style="list-style-type: none"> <li>Opening day of classes</li> </ul>  | <p><b>Recruiting materials</b> –</p> <ul style="list-style-type: none"> <li>Permissible</li> </ul> <p><b>Telephone Calls</b> –</p> <ul style="list-style-type: none"> <li>No limitations</li> </ul> <p><b>Off-campus contact</b> –</p> <ul style="list-style-type: none"> <li>Permissible</li> </ul> <p><b>Official Visit</b> –</p> <ul style="list-style-type: none"> <li>Opening day of classes</li> </ul> |  |  |
| <b>Evaluations and Contacts</b> | <p>130 recruiting-person days during academic year</p> <p>~Not more than seven recruiting opportunities (contacts and evaluations combined) during the academic year per prospect</p> <p>~Not more than three off-campus contacts during prospect's senior year</p> <p>~No off-campus contacts during junior year</p> <p>~Practice/competition site restrictions</p> | <p>100 recruiting-person days during academic year</p> <p>~Not more than five recruiting opportunities (contacts and evaluations combined) during the academic year per prospect and not more than three of the five opportunities may be contacts</p> <p>~Practice/competition site restrictions</p>   | <p>42 evaluation days during fall evaluation period (FCS and FBS)</p> <p>~Limit of three evaluations during academic year</p> <ul style="list-style-type: none"> <li>One evaluation during fall through May 31 (one evaluation to assess athletics ability and one evaluation to assess academic qualifications)</li> </ul> <p>~Not more than six off-campus contacts per prospect at any site</p> <p>~No off campus recruiting by head coach during April 15 through May 31 evaluation period (FBS)</p> <p>~Practice/competition site restrictions</p>         | <p>50 evaluation days – Softball between August 1 – July 31</p> <p>80 evaluation days – Women's Volleyball between August 1 – July 31</p> <p>~Seven recruiting opportunities (contacts and evaluations combined) per prospect and not more than three of the seven opportunities may be contacts</p> <p>~Practice/competition site restrictions</p>  | <p>~No restriction on the number of evaluations</p> <p>~Contacts restricted at the site until such time as the competition has concluded and the prospect has been released by the appropriate authority</p>   | <p>~No restriction on the number of contacts and evaluations</p> <p>~Contracts restricted at prospect's practice/competition site until such time as the competition has concluded and the prospect has been released by the appropriate authority</p>   |  |  |

# Recruiting Regulations

## Introduction

College coaches must follow the rules outlined in this section. You are expected to follow these rules as well.

## Recruiting Terms

**Contact.** A contact occurs any time a coach has any face-to-face contact with you or your parents off the college's campus and says more than hello. A contact also occurs if a coach has any contact with you or your parents at your high school or any location where you are competing or practicing.

**Contact period.** During this time, a college coach may have in-person contact with you and/or your parents on or off the college's campus. The coach may also watch you play or visit your high school. You and your parents may visit a college campus and the coach may write and telephone you during this period.

**Dead period.** A college coach may not have any in-person contact with you or your parents on or off campus at any time during a dead period. The coach may write and telephone you or your parents during this time.

**Evaluation.** An evaluation is an activity by a coach to evaluate your academic or athletics ability. This would include visiting your high school or watching you practice or compete.

**Evaluation period.** During this time, a college coach may watch you play or visit your high school, but cannot have any in-person conversations with you or your parents off the college's campus. You and your parents can visit a college campus during this period. A coach may write and telephone you or your parents during this time.

**Official visit.** Any visit to a college campus by you and your parents paid for by the college. The college may pay all or some of the following expenses:

- Your transportation to and from the college;
- Room and meals (three per day) while you are visiting the college; and
- Reasonable entertainment expenses, including three complimentary admissions to a home athletics contest.

Before a college may invite you on an official visit, you will have to provide the college with a copy of your high school transcript (Division I only) and SAT, ACT or PLAN score and register with the Eligibility Center.

**Prospective student-athlete.** You become a "prospective student-athlete" when:

- You start ninth-grade classes; or
- Before your ninth-grade year, a college gives you, your relatives or your friends any financial aid or other benefits that the college does not provide to students generally.

**Quiet period.** During this time, a college coach may not have any in-person contact with you or your parents off the college's campus. The coach may not watch you play or visit your high school during this period. You and your parents may visit a college campus during this time. A coach may write or telephone you or your parents during this time.

**Unofficial visit.** Any visit by you and your parents to a college campus paid for by you or your parents. The only expense you may receive from the college is three complimentary admissions to a home athletics contest. You may make as many unofficial visits as you like and may take those visits at any time. The only time you cannot talk with a coach during an unofficial visit is during a dead period.

**Verbal commitment.** This phrase is used to describe a college-bound student-athlete's commitment to a school before he or she signs (or is able to sign) a National Letter of Intent. A college-bound student-athlete can announce a verbal commitment at any time. While verbal commitments have become very popular for both college-bound student-athletes and coaches, this "commitment" is NOT binding on either the college-bound student-athlete or the institution. Only the signing of the National Letter of Intent accompanied by a financial aid agreement is binding on both parties.

## Recruiting Calendars

To see recruiting calendars for all sports, go to [NCAA.org](http://NCAA.org).

## National Letter of Intent

The National Letter of Intent (NLI) is a voluntary program administered by the Eligibility Center. By signing an NLI, your son or daughter agrees to attend the institution for one academic year. In exchange, that institution must provide athletics financial aid for one academic year.

Restrictions are contained in the NLI itself. Read them carefully. These restrictions may affect your son's or daughter's eligibility.

If you have questions about the National Letter of Intent, visit the Web site at [www.national-letter.org](http://www.national-letter.org) or call 877/262-1492.

## Summary of Recruiting Rules for Each Sport—Division I

|                         | RECRUITING METHOD  | MEN'S BASKETBALL   | WOMEN'S BASKETBALL   | FOOTBALL  | OTHER SPORTS  |
|-------------------------|--|--|--|---|---|
| SOPHOMORE YEAR          | <b>Recruiting materials</b>  | <ul style="list-style-type: none"> <li>You may receive brochures for camps and questionnaires.</li> <li>You may begin receiving recruiting materials June 15 after your sophomore year.</li> </ul>                       | <ul style="list-style-type: none"> <li>You may receive brochures for camps and questionnaires.</li> </ul>  | <ul style="list-style-type: none"> <li>You may receive brochures for camps and questionnaires.</li> </ul>                                   | <ul style="list-style-type: none"> <li>You may receive brochures for camps and questionnaires.</li> </ul>   |
|                         | <b>Telephone calls</b>   | <ul style="list-style-type: none"> <li>You may make calls to coach at your expense.</li> <li>College may accept collect calls from you at end of your sophomore year.</li> <li>College coach cannot call you.</li> </ul> | <ul style="list-style-type: none"> <li>You may make calls to coach at your expense only.</li> <li>College coach cannot call you.</li> </ul>  | <ul style="list-style-type: none"> <li>You may make calls to coach at your expense only.</li> <li>College coach cannot call you.</li> </ul> | <ul style="list-style-type: none"> <li>You may make calls to coach at your expense only.</li> <li>College coach cannot call you.</li> <li>Women's Ice Hockey—If you are an international prospect, a college coach may call you once in July after sophomore year.</li> </ul> |
|                         | <b>Off-campus contact</b>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>   | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>   |
|                         | <b>Official visit</b>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>   | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>   |
|                         | <b>Unofficial visit</b>  | <ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>   | <ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>   | <ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>                                    | <ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>  |
|                         | RECRUITING METHOD  | MEN'S BASKETBALL   | WOMEN'S BASKETBALL   | FOOTBALL  | OTHER SPORTS  |
| JUNIOR YEAR             | <b>Recruiting materials</b>  | <ul style="list-style-type: none"> <li>Allowed.</li> <li>You may begin receiving recruiting materials June 15 after your sophomore year.</li> </ul>  | <ul style="list-style-type: none"> <li>You may begin receiving September 1 of junior year.</li> </ul>  | <ul style="list-style-type: none"> <li>You may begin receiving September 1 of junior year.</li> </ul>                                       | <ul style="list-style-type: none"> <li>You may begin receiving September 1 of junior year.</li> <li>Men's Ice Hockey—You may begin receiving recruiting materials June 15 after your sophomore year.</li> </ul>   |
|                         | <b>Telephone calls</b>   | <ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>   | <ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>   | <ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>  | <ul style="list-style-type: none"> <li>You may make calls to the coach at your expense.</li> </ul>  |
|                         | <b>College coaches may call you</b>  | <ul style="list-style-type: none"> <li>Once per month beginning June 15, before your junior year, through July 31 after your junior year.</li> </ul>   | <ul style="list-style-type: none"> <li>Once per month in April, May and June 1-20.</li> <li>Once between June 21 and June 30 after your junior year.</li> <li>Three times in July after your junior year (max. of one call per week).</li> </ul> | <ul style="list-style-type: none"> <li>Once from April 15 to May 31 of your junior year.</li> </ul>   | <ul style="list-style-type: none"> <li>Once per week starting July 1 after your junior year.</li> <li>Men's Ice Hockey—Once per month beginning June 15, before your junior year, through July 31 after your junior year.</li> </ul>  |
|                         | <b>Off-campus contact</b>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>   | <ul style="list-style-type: none"> <li>Allowed starting July 1 after your junior year.</li> <li>For gymnastics—allowed after July 15 after your junior year.</li> </ul>   |
|                         | <b>Official visit</b>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>  | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>   | <ul style="list-style-type: none"> <li>None allowed.</li> </ul>   |
| <b>Unofficial visit</b> | <ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul> | <ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>   | <ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>   | <ul style="list-style-type: none"> <li>You may make an unlimited number of unofficial visits.</li> </ul>                                    |   |

|   | RECRUITING METHOD  | MEN'S BASKETBALL  | WOMEN'S BASKETBALL  | FOOTBALL  | OTHER SPORTS  |
|---|--|---|---|---|---|
| SENIOR YEAR   | <b>Recruiting materials</b>  | • Allowed.  | • Allowed.  | • Allowed.  | • Allowed.  |
|   | <b>Telephone calls</b>   | • You may make calls to the coach at your expense.  | • You may make calls to the coach at your expense.  | • You may make calls to the coach at your expense.  | • You may make calls to the coach at your expense.  |
|   | <b>College coaches may call you</b>  | • Twice per week beginning August 1.  | • Once per week beginning August 1.   | • Once per week beginning September 1.  | • Once per week beginning July 1.<br>• Men's Ice Hockey—Once per week beginning August 1.   |
|   | <b>Off-campus contact</b>  | • Allowed beginning September 9.  | • Allowed beginning September 16.   | • Allowed beginning November 30.  | • Allowed.  |
|   | <b>Official visit</b>  | • Allowed beginning opening day of classes your senior year.<br>• You are limited to one official visit per college up to a maximum of five official visits to Divisions I and II colleges. | • Allowed beginning opening day of classes your senior year.<br>• You are limited to one official visit per college up to a maximum of five official visits to Divisions I and II colleges.   | • Allowed beginning opening day of classes your senior year.<br>• You are limited to one official visit per college up to a maximum of five official visits to Divisions I and II colleges. | • Allowed beginning opening day of classes your senior year.<br>• You are limited to one official visit per college up to a maximum of five official visits to Divisions I and II colleges. |
|   | <b>Unofficial visit</b>  | • You may make an unlimited number of unofficial visits.  | • You may make an unlimited number of unofficial visits.  | • You may make an unlimited number of unofficial visits.  | • You may make an unlimited number of unofficial visits.  |
|   | <b>Evaluation and contacts</b>   | • Up to seven times during your senior year.  | • Up to five times during your senior year.   | • Up to six times during your senior year.  | • Up to seven times during your senior year.  |
| <b>How often can a coach see me or talk to me off the college's campus?</b> | • A college coach may contact you or your parents/legal guardians not more than three times during your senior year. | • A college coach may contact you or your parents/legal guardians not more than three times during your senior year.  | • A college coach may contact you or your parents/legal guardians (including evaluating you off the college's campus), six times.<br>• One evaluation during September, October and November. | • A college coach may contact you or your parents/legal guardians not more than three times during your senior year.  |   |

### Summary of Recruiting Rules—Divisions II and III

|                             | DIVISION II  | DIVISION III  |
|-----------------------------|--|---|
| <b>Recruiting materials</b> | • A coach may begin sending you printed recruiting materials September 1 of your junior year in high school.   | • You may receive printed materials any time.   |
| <b>Telephone calls</b>      | • A college coach may call you once per week beginning June 15 between your junior and senior year.<br>• You may make calls to the coach at your expense.  | • No limit on number of calls or when they can be made by the college coach.<br>• You may make calls to the coach at your expense.          |
| <b>Off-campus contact</b>   | • A college coach can have contact with you or your parents/legal guardians off the college's campus beginning June 15 after your junior year.<br>• A college coach is limited to three in-person contacts off campus. | • A college coach may begin to have contact with you and your parents/legal guardians off the college's campus after your junior year.      |
| <b>Unofficial visits</b>    | • You may make an unlimited number of unofficial visits any time.  | • You may make an unlimited number of unofficial visits any time.   |
| <b>Official visits</b>      | • You may make official visits starting the opening day of classes your senior year.<br>• You may make only one official visit per college and up to a maximum of five official visits to Divisions I and II colleges. | • You may make official visits starting the opening day of classes your senior year.<br>• You may make only one official visit per college. |





## Academic Eligibility Frequently Asked Questions

### ***When should a student register with the NCAA Eligibility Center?***

Students should register with the Eligibility Center at the beginning of their junior year in high school. At the end of the student's junior year, a transcript, which includes six semesters of grades, should be sent to the Eligibility Center from the high school. Additionally, students should have their SAT or ACT scores forwarded directly to the Eligibility Center (by using code "9999") whenever they take the exam.

### ***What requirements do I need to be able to practice, play and get a scholarship at an NCAA Division I or II college or university?***

You need to complete the following:

1. Graduate from high school;
2. Complete a minimum of 16 (for Division I) or 14 (for Division II) core courses;
3. Present the required grade-point average (GPA) (see the sliding scale in the [Guide for the College-Bound Student-Athlete](#) for Division I or a minimum 2.0 GPA for Division II);
4. Present a qualifying test score on either the ACT or SAT (see the sliding scale in the [Guide for the College-Bound Student-Athlete](#)); and
5. Complete the amateurism questionnaire and request final amateurism certification.

### ***How do I know if the courses I am taking will count as core courses?***

You need to look at your high school's NCAA List of Approved Core Courses. Follow these steps:

1. Go to the NCAA Eligibility Center Web site at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net);
2. Click on "General Information";
3. Click on "List of Approved Core Courses";
4. Input your high school's CEEB code (if you know it) or search by your high school's name and state; and
5. Review the list.

**\*Very important:** If a core course you took is not on the list, it will not be used in your eligibility determination. Courses that appear on your transcript must exactly match what is on the list.

### ***What do I do if a core course I took is not on the list?***

See your high school counselor immediately. Someone at your high school is responsible for keeping your high school's list updated. It is important your high school does this each year to make sure the core courses you are taking appear on the list.

### ***What is the lowest grade that will be used for a course to count as a core course?***

Follow your high school's policy regarding its lowest passing grade. If the Eligibility Center does not have this policy, the lowest passing grade that will be used is D.

***Will credit-by-exam courses meet core-course requirements?***

No. Courses completed through credit-by-exam will not be used.

***Are vocational courses acceptable?***

No. Traditional vocational courses (e.g., typing, auto mechanics, driver's education and health) are not acceptable.

***Do pass/fail grades count?***

Yes, these grades may satisfy your core-course requirements. The Eligibility Center will assign your high school's lowest passing grade for a pass/fail class.

***May courses taken in the eighth grade that are high school core courses (e.g., Algebra I, Spanish 1, Freshman Composition) be used to meet the core-course requirement?***

A high school course taken in the eighth grade may be used if the course is on the high school transcript with a grade and credit and if the course is on the high school's NCAA List of Approved Core Courses.

***May independent-study, Internet and correspondence courses count as core courses?***

Yes, if the following four conditions are met:

1. The course meets core-course requirements;
2. You and the instructor have access to each other during the course so that the instructor can teach, evaluate and provide assistance to you;
3. Appropriate academic authorities evaluate your work according to the high school's academic policies; and
4. The course is acceptable for any student to take and is placed on your high school transcript.

***May college courses count as core courses?***

College courses may be used to satisfy core-curriculum requirements if the courses are accepted and awarded credit by the high school for any student and meet all other requirements for core courses. For NCAA Division I only, such courses must be placed on the student's high school transcript. Courses taken at a college will NOT appear on the high school's NCAA List of Approved Core Courses. The high school's NCAA List of Approved Core Courses will include only those courses taught/offered by the high school.

***How are courses taken over two years counted?***

A one-year course that is spread over a longer period of time is considered one course and will receive a maximum of one core-course credit. (Example: Algebra 1, spread over two years, would receive one unit of credit.)

***May my study in a foreign country help me meet core-course requirements?***

If you attended a secondary school outside the United States for all or part of grades nine through 12, different evaluation procedures will be applied to your international education documents. You must submit original-language documents with certified translations for Eligibility Center evaluation.

***How is my core-course GPA calculated?***

Your core-course GPA is the average of your best grades achieved for all required core courses. If you have taken extra core courses, those courses will be used in your GPA, only if they improve your GPA.

***Can weighted grades for honors or advanced-placement courses be factored into the calculation of the student's core GPA?***

A school's normal practice of weighting honors or advanced courses may be used, as long as the weighting is used for computing GPAs. Weighting cannot be used if the high school weights grades for the purpose of determining class rank. Additionally, in no instance may the student receive greater than 1.000 additional quality points for purposes of calculating the GPA for initial eligibility.

***How is the NCAA core GPA different from a student's overall GPA?***

The NCAA core-course GPA is calculated using only NCAA-approved core courses in the required number of core units. High school GPAs generally include the grades from most or all courses attempted in grades nine through 12.

***Will courses taken after my senior year meet core-course requirements?***

**For Division I, maybe.** Only courses completed in grades nine through 12 will qualify as core courses for Division I. If you graduate from high school on schedule (in eight semesters) with your incoming ninth grade class, you may use **one** core course completed in the year after graduation (summer or academic year). You may complete the core course at a location other than the high school from which you graduated and may initially enroll full time at a collegiate institution at any time after completion of the core course.

**For Division II, yes.** All core courses completed before your full-time enrollment at any college may be used by the Eligibility Center.

**For Division I students with diagnosed disabilities, yes.** If you have a properly diagnosed and documented disability, you may use one or more core courses completed after high school but before full-time enrollment in college.

***How does the NCAA treat courses similar in content?***

Some approved core courses might be considered duplicates. That is, the content of one course is the same as that of another, even though the classes might have different titles. If you have taken two classes considered to be duplicates, you will receive only one core-course

credit (typically for the course with the higher grade). Please ask your high school counselor if you have questions about duplicate courses.

***May courses taken at high school "A" be accepted if they appear on high school "B's" transcript?***

No. High school "A" may provide the Eligibility Center with an official copy of high school "B's" transcript, but grades from one high school cannot be accepted on another high school's transcript.

***Does the prohibition against special education, remedial or compensatory courses apply to students with education-impacted disabilities?***

No. In order for courses designated for students with education-impacted disabilities to be approved, the course must be substantially comparable, qualitatively and quantitatively, as a regular core course offered in that academic area.

***Can students with a diagnosed education-impacted disability use courses that are designated for students with an education-impacted disability to meet NCAA core-course requirements?***

Students with appropriately diagnosed education-impacted disabilities may use courses for students with education-impacted disabilities for the purpose of meeting NCAA core-course requirements. Courses for students with education-impacted disabilities must appear on the high school's NCAA List of Approved Core Courses in order for a student to receive NCAA credit for the course.

***May a nonstandard ACT/SAT exam be used for initial eligibility?***

Yes. Students with diagnosed education-impacted disabilities may take a nonstandard ACT or SAT exam. The test score must be provided to the Eligibility Center from the testing agency, just as any other test score.

***How are students prioritized for processing at the Eligibility Center?***

Students who have their status requested by an NCAA institution are prioritized by the Eligibility Center for processing. If a student's eligibility status is never requested by a member institution, the Eligibility Center may not process such a student's status.

\*If you have additional questions or need further assistance, please contact the Eligibility Center's customer service staff at 877/262-1492.



# NCAA FRESHMAN-ELIGIBILITY STANDARDS QUICK REFERENCE SHEET

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## KNOW THE RULES:

### Core Courses

- **NCAA Division I requires 16 core courses as of August 1, 2008.** This rule applies to any student first entering any Division I college or university on or after August 1, 2008. See the chart below for the breakdown of this 16 core-course requirement.
- **NCAA Division II requires 14 core courses.** See the breakdown of core-course requirements below. Please note, Division II will require 16 core courses beginning August 1, 2013.

### Test Scores

- **Division I** has a sliding scale for test score and grade-point average. The sliding scale for those requirements is shown on page two of this sheet.
- **Division II** has a minimum SAT score requirement of 820 or an ACT sum score of 68.
- The SAT score used for NCAA purposes includes **only** the critical reading and math sections. The writing section of the SAT is not used.
- The ACT score used for NCAA purposes is a **sum** of the four sections on the ACT: English, mathematics, reading and science.
- **All SAT and ACT scores must be reported directly to the NCAA Eligibility Center by the testing agency. Test scores that appear on transcripts will not be used. When registering for the SAT or ACT, use the Eligibility Center code of 9999 to make sure the score is reported to the Eligibility Center.**

### Grade-Point Average

- Only core courses are used in the calculation of the grade-point average.
- **Be sure** to look at your high school's list of NCAA-approved core courses on the Eligibility Center's Web site to make certain that courses being taken have been approved as core courses. The Web site is [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net).
- **Division I** grade-point-average requirements are listed on page two of this sheet.
- **The Division II** grade-point-average requirement is a minimum of 2.000.

#### **DIVISION I 16 Core-Course Rule**

##### **16 Core Courses:**

- 4 years of English.
- 3 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 1 year of additional English, mathematics or natural/physical science.
- 2 years of social science.
- 4 years of additional courses (from any area above, foreign language or nondoctrinal religion/philosophy).

#### **DIVISION II 14 Core-Course Rule**

##### **14 Core Courses:**

- 3 years of English.
- 2 years of mathematics (Algebra I or higher).
- 2 years of natural/physical science (1 year of lab if offered by high school).
- 2 years of additional English, mathematics or natural/physical science.
- 2 years of social science.
- 3 years of additional courses (from any area above, foreign language or nondoctrinal religion/philosophy).

**PLEASE NOTE:** Beginning August 1, 2013, students planning to attend an NCAA Division II institution will be required to complete 16 core courses.



## OTHER IMPORTANT INFORMATION

- Division II has no sliding scale. The minimum core grade-point average is 2.000. The minimum SAT score is 820 (verbal and math sections only) and the minimum ACT sum score is 68.
- 14 core courses are currently required for Division II. However, beginning 2013, students will be required to complete 16 core courses.
- 16 core courses are required for Division I.
- The SAT combined score is based on the verbal and math sections only. The writing section will not be used.
- SAT and ACT scores must be reported directly to the Eligibility Center from the testing agency. Scores on transcripts will not be used.
- Students enrolling at an NCAA Division I or II institution for the first time need to also complete the amateurism questionnaire through the Eligibility Center Web site. Students need to request final amateurism certification prior to enrollment.

For more information regarding the rules, please go to [www.ncaa.org](http://www.ncaa.org). Click on "Academics and Athletes" then "Eligibility and Recruiting." Or visit the Eligibility Center Web site at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net).

Please call the NCAA Eligibility Center if you have questions:

Toll-free number: 877/262-1492.

| <b>NCAA DIVISION I SLIDING SCALE<br/>CORE GRADE-POINT AVERAGE/<br/>TEST-SCORE<br/>New Core GPA / Test Score Index</b> |                                    |            |
|---|------------------------------------|------------|
| <b>Core GPA</b>   | <b>SAT</b><br>Verbal and Math ONLY | <b>ACT</b> |
| 3.550 & above   | 400                                | 37         |
| 3.525   | 410                                | 38         |
| 3.500   | 420                                | 39         |
| 3.475   | 430                                | 40         |
| 3.450   | 440                                | 41         |
| 3.425   | 450                                | 41         |
| 3.400   | 460                                | 42         |
| 3.375   | 470                                | 42         |
| 3.350   | 480                                | 43         |
| 3.325   | 490                                | 44         |
| 3.300   | 500                                | 44         |
| 3.275   | 510                                | 45         |
| 3.250   | 520                                | 46         |
| 3.225   | 530                                | 46         |
| 3.200   | 540                                | 47         |
| 3.175   | 550                                | 47         |
| 3.150   | 560                                | 48         |
| 3.125   | 570                                | 49         |
| 3.100   | 580                                | 49         |
| 3.075   | 590                                | 50         |
| 3.050   | 600                                | 50         |
| 3.025   | 610                                | 51         |
| 3.000   | 620                                | 52         |
| 2.975   | 630                                | 52         |
| 2.950   | 640                                | 53         |
| 2.925   | 650                                | 53         |
| 2.900   | 660                                | 54         |
| 2.875   | 670                                | 55         |
| 2.850   | 680                                | 56         |
| 2.825   | 690                                | 56         |
| 2.800   | 700                                | 57         |
| 2.775   | 710                                | 58         |
| 2.750   | 720                                | 59         |
| 2.725   | 730                                | 59         |
| 2.700   | 730                                | 60         |
| 2.675   | 740-750                            | 61         |
| 2.650   | 760                                | 62         |
| 2.625   | 770                                | 63         |
| 2.600   | 780                                | 64         |
| 2.575   | 790                                | 65         |
| 2.550   | 800                                | 66         |
| 2.525   | 810                                | 67         |
| 2.500   | 820                                | 68         |
| 2.475   | 830                                | 69         |
| 2.450   | 840-850                            | 70         |
| 2.425   | 860                                | 70         |
| 2.400   | 860                                | 71         |
| 2.375   | 870                                | 72         |
| 2.350   | 880                                | 73         |
| 2.325   | 890                                | 74         |
| 2.300   | 900                                | 75         |
| 2.275   | 910                                | 76         |
| 2.250   | 920                                | 77         |
| 2.225   | 930                                | 78         |
| 2.200   | 940                                | 79         |
| 2.175   | 950                                | 80         |
| 2.150   | 960                                | 80         |
| 2.125   | 960                                | 81         |
| 2.100   | 970                                | 82         |
| 2.075   | 980                                | 83         |
| 2.050   | 990                                | 84         |
| 2.025   | 1000                               | 85         |
| 2.000   | 1010                               | 86         |