

WESTERN COLORADO

BEACON

SENIOR GAMES

REGISTRATION DEADLINE: FRIDAY, AUGUST 8, 2014



Aug. 23-29



REGISTER for free swim clinics at Orchard Mesa Pool:

Starts, turns, and wall touches.
7/21 & 8/1 at 8:30 am

970-254-3866 or
gjparksandrec.org



Produced by the BEACON's Advertising Team

Your Guide to the Western Colorado Senior Games

Now on the web at
www.BeaconSeniorNews.com



GENERAL INFORMATION

★ Recruit A New Athlete Promotion ★

• Participants are encouraged to get new athletes involved in the Western Colorado Senior Games. As a reward, the recruiting athletes will receive \$5 off their registration cost.

• The new athlete's registration form and the recruiting athlete's registration form must be turned in together.

• \$5 is the maximum athletes may take off their registration fees.

AGE:

• Participants should register according to their age as of 8/23/14.

• The age groups are: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+.

• Events will be conducted by age group except when it is necessary to combine for competition.

• All team members must submit an individual entry form and entry fee. A partner/teammate(s) MUST be indicated on the entry form where required.

HOTEL INFORMATION:

• Hotels offering special event rates are posted on our website at www.gjcity.org/senior_games.aspx. You may also call the Grand Junction Visitor and Convention Bureau at

1-800-962-2547 or visit their website at www.visitgrandjunction.com for more information.

• To ensure availability, we suggest you make your reservations early.

CHECK-IN TIMES & EVENT SCHEDULING:

• Participants can check in at the Grand Junction Parks and Recreation office (1340 Gunnison)

prior to participation. This can be done **August 22 – 29, weekdays only from 8 a.m. – 5 p.m.**

• A T-shirt, goodie bag, schedule, map, and other important information will be provided at check-in.

• Participants should be at the event venue at least 15 minutes prior to the starting time listed on the schedule.

• Participants are allowed and encouraged to enter more than one event, but do so at their own risk, as schedule changes cannot be made to accommodate sports that occur simultaneously. *Please plan accordingly.*

CANCELLATIONS/ POSTPONEMENTS/REFUNDS:

• In the event of inclement weather or unusual/extenuating circumstances, Senior Games officials reserve the right to change the format of the competition, postpone events, or cancel. Refunds will not be given due to weather.

• Refunds will only be granted if requested prior to August 8, 2014.

AWARDS INFORMATION:

• Medals will be presented to the first, second and third place finishers in each age category at the event venue.

• The Western Colorado Senior Games are OPEN to out-of-state residents.

• Competition must take place to determine an award winner. If there is only one individual entered in an age group, that athlete must enter and complete the event in order to receive a medal. That athlete will be placed in the closest age category with, but not against, those athletes.

★ SATURDAY/SUNDAY ★

PICKLEBALL

DATE/TIME:

Saturday, August 23

Men's & Women's Doubles:

8:30 a.m.: 3.5 - below

12:30 p.m.: 4.0 + above

Sunday, August 24

Mixed Doubles:

8:30 a.m.: 3.5 - below

12:30 p.m.: 4.0 + above

LOCATION: Lincoln Park Courts, 1340 Gunnison Avenue

★ MONDAY ★

BOCCE BALL:

DATE/TIME: August 25, 9 a.m.

LOCATION: Hawthorne Park, 400 Gunnison Ave.

BILLIARDS 8 Ball

(Jack & Jill, Men's, Women's):

DATE/TIME: August 25, 9 a.m.

LOCATION: Senior Recreation Center, 550 Ouray Ave.

★ TUESDAY ★

5K RUN/WALK:

DATE/TIME: August 26, 8:30 a.m.

LOCATION: Canyon View Park, 730 24 Rd.

COURSE: Trail, meet at tennis shelter on east side

DANCE COMPETITION:

DATE/TIME: August 26, 2 p.m.

LOCATION: Lincoln Park Barn, 1340 Gunnison Avenue

GOLF: 2-PERSON SCRAMBLE CO-ED

DATE/TIME: August 26, tee times begin at 3 p.m.

LOCATION: Lincoln Park Golf Course, 1340 Gunnison Avenue

FEE: \$9 per person (Clubs are provided if needed.) Carts are available for \$9 per person

★ WEDNESDAY ★

GOLF: LONGEST DRIVE

DATE/TIME: August 27, 7:30 a.m.

LOCATION: Lincoln Park Driving Range, 1340 Gunnison Avenue

GOLF: CHIP/PUTT

DATE/TIME: August 27, 9 a.m.

LOCATION: Lincoln Park Golf Course, 1340 Gunnison Avenue

BASKETBALL FREE-THROW/HOT SHOT/ 3 POINT:

DATE/TIME: August 27, 1:30 p.m.

LOCATION: Bookcliff Activity Center, 540-1/2 29-1/4 Rd.

CARDS: CRIBBAGE

DATE/TIME: August 27, 2 p.m.

LOCATION: Senior Recreation Center, 550 Ouray Ave.

CARDS: BLACK JACK

DATE/TIME: August 27, 6 p.m.

LOCATION: Senior Recreation Center, 550 Ouray Ave.

★ THURSDAY ★

SWIMMING:

DATE: August 28

WARM UP: 8:30 a.m. - 9:30 a.m.

RACE TIME: 8:45 a.m. - event starts with 500-yard swim

LOCATION: Orchard Mesa Pool, 2736 Unaweep Ave.

BILLIARDS: 9 Ball

(Jack & Jill, Men's, Women's)

DATE/TIME: August 28, 9 a.m.

LOCATION: Senior Recreation Center, 550 Ouray Ave.

HORSESHOES:

DATE/TIME: August 28, 9 a.m.

LOCATION: Canyon View Horseshoe Pits, 730 24 Road

BOWLING (Singles):

DATE/TIME: August 28, 1 p.m.
 LOCATION: Orchard Mesa Lanes,
 295 27 Rd.
 FEE: \$5

BANQUET:

DATE/TIME: August 28, 4:30 p.m.
 LOCATION: Ale House, 2531 North 12th St.
 FEE: \$6 for banquet, \$11 per guest

★ **FRIDAY** ★

TRACK & FIELD:

DATE: August 29
 FIELD EVENTS: 7:30 a.m.
 TRACK EVENTS: 9 a.m.
 LOCATION: Lincoln Park Track,
 1340 Gunnison Ave.

CARDS: PINOCHLE:

DATE/TIME: August 29, 1 p.m.
 LOCATION: Senior Recreation Center,
 550 Ouray Ave.

RECRUIT
A NEW ATHLETE!

Turn your
 registration forms
 in together and
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 a \$5 discount.



HEALTH FAIR

Friday, Aug 29 - 9am - 12pm
Lincoln Park Barn

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Coming in 2015

All competitors will receive a participation medal, and pins will be awarded for 1st, 2nd, and 3rd place! Wear your medal and collect your pins!

For more information call:

970 254-3866

Online information:

www.gjcity.org/senior_games.aspx

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MONDAY - THURSDAY UNTIL 6 PM

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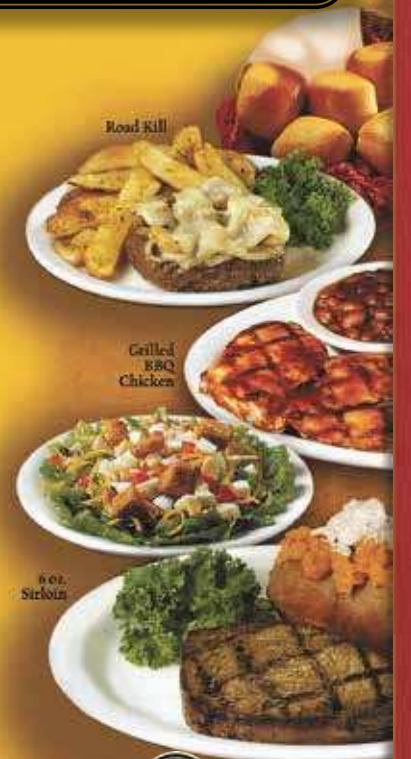
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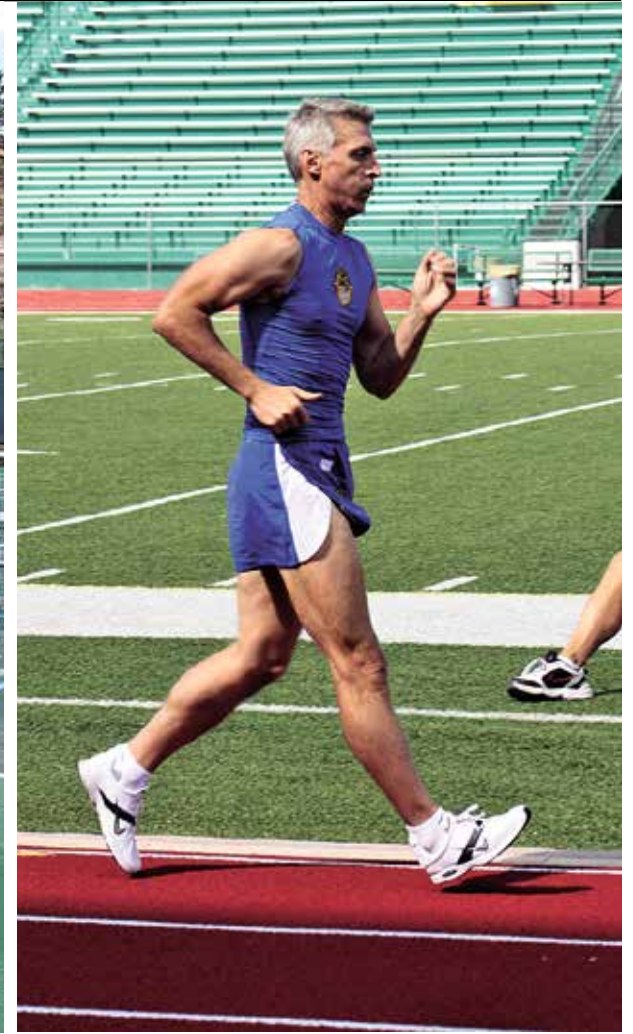
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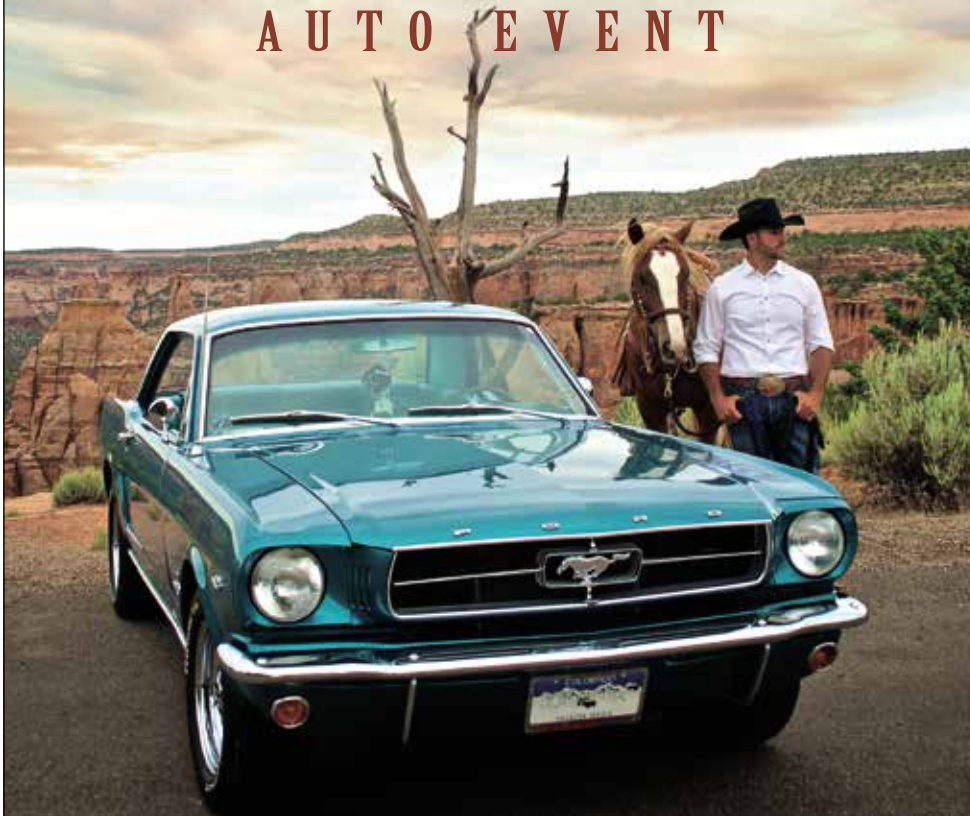
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LABOR DAY WEEKEND 2014

August 30 - 9 am to 4 pm ★ August 31 - 9 am to 2pm
Canyon View Park (I-70 & 24 Road) ★ Grand Junction, CO

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Join us for a Celebration!
**Thursday Evening
 Banquet**



4:30 p.m. social
 (CASH BAR)

◆ 5:00 p.m. Banquet ◆
 \$6.00 per registered athlete
 \$11.00 per guest

August 28, 2014

Remember to register on entry form!!



ALE HOUSE ◆ 2531 NORTH 12TH



How did you hear about the Western Colorado Senior Games?
 (please mark all that apply)

- Received entry form directly
- From a past participant
- Activity Guide
- BEACON
- Misc. Promotion (website, Promo cards, poster, etc.)
- Other: _____

ENTRY FORM—2014 Western Colorado Senior Games

Complete all information on the front and back of this form. Please print in ink or type.

LAST NAME _____ FIRST NAME _____

STREET ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ DATE OF BIRTH _____

EMAIL ADDRESS (IF APPLICABLE): _____

EMERGENCY CONTACT: _____ PHONE _____

EVENT AND SOCIAL REGISTRATION FEES

Registration is closed on August 15th, 5:00 p.m.

★ Registration fee includes all events and a T-shirt (except where listed below)★

Early Registration Fee: \$24.00 (If registered on or before August 8, 2014, T-Shirt guaranteed)\$ _____

Late Registration Fee: \$29.00 (If registered after August 8, 2014, no T-Shirt).....\$ _____

Banquet Fee: \$6.00.....\$ _____

Bring a Guest(s) for Thursday Evening Dinner & Social: (# of Guests _____ @ \$11.00 per Guest).....\$ _____

Bowling Fee: \$5.00.....\$ _____

Golf Fee: 2 Person Scramble: \$9.00.....\$ _____

Golf Cart: \$9.00.....\$ _____

Become a "FRIEND OF THE WESTERN COLORADO SENIOR GAMES"

by contributing an extra amount that will help enhance this year's games!.....\$ _____

Recruited a New Athlete Discount: (\$5 Discount Maximum).....-(_____)

New Athlete Name: _____

The new athlete's registration form and the recruiting athlete's registration form must be turned in together.

Checks Payable To: Grand Junction Parks and Recreation Total Amount Enclosed: \$ _____

LIABILITY AND PRESS RELEASE WAIVER

Affidavit: I will not hold the City of Grand Junction Parks and Recreation Department or any cosponsoring agency responsible for injury incurred while participating in any program. I understand that I will indemnify the City and its officers and employees from any injury claims. I am aware that participating in any sport/activity can be a dangerous activity involving many risks of injury, including crippling injury or death. I AUTHORIZE, ALLOW AND RELEASE the unlimited publication, broadcast, transmission, re-transmission and or other form of reproduction of any and all audio, video and photographic images without payment of compensation or royalties.

SIGNATURE: _____ DATE: _____

Each participant should consult his/her doctor in regard to practice, preparation and competition in this event or any similar physical activity.

Please review your entry form to make sure you did the following:

- ▶ Completed the general information entirely and marked all the events in which you are planning to participate. For doubles events, a partner was included if necessary.
- ▶ Signed and dated the liability and press release waiver.
- ▶ Enclosed the total payment including additional event fees, banquet fees, and discounts.
- ▶ Reminded team partners, as applicable, to submit their entry form and fee.
- ▶ Check made payable to Grand Junction Parks and Recreation.
- ▶ Mailed your entry form and payment prior to Friday, August 8, 2014 to:

Grand Junction Parks and Recreation
1340 Gunnison Ave.
Grand Junction, CO 81501
970-254-3866

TRACK EVENTS (Starting at 9:00 a.m.)

- 50 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 100 Meter Run
- 800 Meter Run
- 1600 Meter Run
- 400 Meter Walk
- 800 Meter Walk
- 1600 Meter Walk

EVENTS NOT COMPETED BY AGE DIVISION:

BILLIARDS

- Jack & Jill 8 Ball (Partners will be drawn)
- Jack & Jill 9 Ball (Partners will be drawn)
- Men's 8 Ball
- Men's 9 Ball
- Women's 8 Ball
- Women's 9 Ball

BOCCE BALL (Partners will be drawn at the event)

- Bocce Ball

BOWLING (\$5 extra fee)

- Singles (Average: _____)

CARDS

- Black Jack
- Cribbage
- Pinochle

DANCE COMPETITION

- Couple Team Name (2): _____

Partner's Name: _____

- Large Team Name (9-18): _____

Captain's Name: _____

- Small Team Name (3-8): _____

Captain's Name: _____

GOLF: 2-person scramble (\$9 extra fee)

- Doubles Partner: _____
- Individual (Partner will be drawn at the event)
- Golf cart (\$9 extra fee)

PICKLEBALL (The highest level partner determines play level for team)

- Men's Doubles 2.5-
- Men's Doubles 3.0-3.5
- Men's Doubles 4.0+
- Women's Doubles 2.5-
- Women's Doubles 3.0-3.5
- Women's Doubles 4.0+
- Mixed Doubles 2.5-
- Mixed Doubles 3.0-3.5
- Mixed Doubles 4.0+

DOUBLES PARTNER NAME: _____

MIXED DOUBLES PARTNER NAME: _____

Gender

- Male
- Female

T-Shirt Size

- Small
- Medium
- Large
- X-Large
- XX-Large
- XXX-Large
- None

Age Group (as of 8/23/2014)

- 50-54
- 70-74
- 90-94
- 55-59
- 75-79
- 95-99
- 60-64
- 80-84
- 100+ _____
- 65-69
- 85-89

AGE DIVISION EVENTS:

5K RUN/WALK

- Walk
- Run

BASKETBALL SHOOTING

- Free Throw
- Hot Shot
- 3 Point

FIELD EVENTS (Starting at 7:30 a.m.)

- Discus
- Football Throw (Men's)
- Shotput
- Softball Slugfest
- Softball Throw (Women's)
- Standing Long Jump

GOLF

- Chip
- Putt
- Longest Drive (Competed in 10 year age groups)

HORSESHOES

- Horseshoes (Competed in 10 year age groups)

SWIMMING

- 25 Meter Backstroke
- 25 Meter Breaststroke
- 25 Meter Freestyle
- 50 Meter Backstroke
- 50 Meter Breaststroke
- 50 Meter Freestyle
- 100 Meter Freestyle
- 100 Meter Individual Medley
- 500 Meter Freestyle