



## North Carolina Do Not Resuscitate and MOST Form

### Policy:

Any patient presenting to any component of the EMS system with a completed **North Carolina Do Not Resuscitate (DNR)** form (yellow form) and/or **MOST (Medical Orders for Scope of Treatment)** form (bright pink form) shall have the form honored. Treatment will be limited as documented on the DNR or MOST form.

### Purpose:

- To honor the terminal wishes of the patient
- To prevent the initiation of unwanted resuscitation

### Procedure:

1. When confronted with a patient or situation involving the NC DNR and/or MOST form(s), the following form content must be verified before honoring the form(s) request.
  - The form(s) must be an original North Carolina DNR form (yellow form - not a copy) and/or North Carolina MOST form (bright pink – not a copy)
  - The effective date and expiration date must be completed and current
  - The DNR and/or MOST Form must be signed by a physician, physician's assistant, or nurse practitioner.
2. A valid DNR or MOST form may be overridden by the request of:
  - The patient
  - The guardian of the patient
  - An on-scene physician

If the patient or anyone associated with the patient requests that a NC DNR and/or MOST form not be honored, EMS personnel should contact **Medical Control** to obtain assistance and direction

3. A living will or other legal document that identifies the patient's desire to withhold CPR or other medical care may be honored with the approval of **Medical Control**. This should be done when possible in consultation with the patient's family and personal physician.