



IL POLST Training Post-Test CODING SHEET (For Trainer Use Only)

- T 1. A patient with decision-making capacity may change his/her POLST choices and complete a new POLST form.
- F 2. In order for a POLST form to be valid, the signatures that are required on the form are those of the doctor and that of the patient or his/her legal representative.
- T 3. CPR is performed when a person is unconscious, and their heart and breathing have stopped.
- T 4. POLST gives instructions for care that all health care providers are legally required to follow.
- F 5. If a patient has an older “IDPH Uniform DNR Advance Directive” and then completes an “IDPH Uniform DNR Advance Directive/POLST form, instructions on both forms should be considered.
- F 6. Every adult should have a POLST form.
- T 7. A person who has chosen Do Not Attempt Resuscitation in Section A of the IDPH Uniform DNR Advance Directive/ POLST form may also select Full Treatment, such as intubation or mechanical ventilation, in Section B.
- T 8. A person who has chosen CPR in Section A of IDPH Uniform DNR Advance Directive/POLST form will receive all medically indicated treatments in a pre-arrest emergency, i.e. Full Treatment in Section B, even if Comfort Care or Limited Additional Interventions are selected on the form.
- F 9. CPR is equally effective in all people.
- T 10. For ease of locating it, especially at home or in nursing homes, it is recommended that POLST forms be printed on “Ultra Pink” paper, but a POLST on any color paper is valid.
- T 11. A patient presents in cardiac arrest and his wife provides the EMTs with two forms, one earlier IDPH DNR Advance Directive form, dated 3/16/10 and one revised IDPH DNR Advanced Directive/POLST form dated 3/27/ 2013. The options chosen on the two forms conflict. The EMT should honor the more recent form.
- T 12. The IDPH Uniform DNR Advance Directive/POLST form is best used for patients with advanced illness or with the frail elderly.
- F 13. Selection of Do Not Attempt Resuscitation in section A implies that the patient also does not want aggressive treatments in case of a pre-arrest emergency, and would not want artificial nutrition by tube under any circumstances.
- T 14. POLST does not replace a Power of Attorney for Health Care document.
- T 15. POLST is an evidence-based model that is being enacted in almost every other state.

FOR TRAINER USE ONLY:

SCORE: _____correct out of 15 possible questions

PLEASE COMPLETE THE OTHER SIDE