

Market Rasen

10K

#MR10K



Sunday 23rd November 2014

Market Rasen Racecourse | 10am

£12 (UKA affiliated runners) | £14 (UKA non-affiliated)
£15 (Race day entry)

Free t-shirts for all race entrants!



Cash Prizes • Trophies • Team entries encouraged • Raise money for charity

Entry form overleaf or sign up online:

www.lincolnshiresport.com/marketrasen10k

Entry Form

Personal Information

Male / Female (*delete as appropriate*)
 Title:.....
 First Name:.....
 Surname:.....
 Address:.....

 Postcode:.....
 Contact Number:.....
 Email:.....
 Date of Birth:.....
 (*Minimum age for 10k - 15 years*)
 Are you a member of a UKA Affiliated club?
 Yes / No
 Name of club:.....

Entry Information

Are you running as part of a company or club team? Yes / No
 Club/company

Team name:.....

Race numbers will be given out at the event. If you would like your race pack delivered to your home address, please enclose a stamped envelope or add an extra £1 to your race entry fee.

Runners who enter in advance will receive a free t-shirt. Please indicate which size you would like:

Small Medium Large XL



Cardiac Risk in the Young

In association with Cardiac Risk in the Young
 Charity number 1050845

Declaration

All fees are non-refundable. You need to be physically fit to enter the races. If in doubt, consult your doctor. Do not run if you are feeling unwell.

I understand that by agreeing to this disclaimer, I enter the race at my own risk, and that the organisers and officials of this race will not be held responsible in any manner for any accident, injury, illness, death or any loss or damage consequential or otherwise as a consequence of my participation in the Market Rasen 10K.

If the races are cancelled due to circumstances beyond Lincolnshire Sport's control, applicants will not be eligible for a refund.

Signed:.....Date:.....

Please enclose your entry fee - cheque/postal order - payable to: Lincolnshire Sport (*Return application form to: Market Rasen 10k, Lincolnshire Sport, Unit 9, Allenby Business Village, Crofton Road, Lincoln LN3 4NL*)

If you do not want to receive information about upcoming events and news through our e-newsletter, please tick here

Contact us: 01522 585 580 | office@lincolnshiresport.com