REGISTRATION FORM

Circle Session: 1 / 2 / 3 / 4   Class: _____   Time: _____

Name:_____ Date of Birth:_____ Age: _____

Home Phone: _____   e-mail: _____   Sex: M / F

Address: _____   City:_____   Zip: _____

Parent/Guardian Name (if applicable) : _____
Work Phone (if applicable) : _____

I understand and am aware that by participating in physical activities, the potential for accidents does exist. In consideration for being allowed to participate in this YMCA program, I agree to defend and hold harmless the Monett Area YMCA/Ozarks Regional YMCA, its staff members and volunteers conducting the YMCA program from any and all claims, suits, losses, or related causes of action for damages, including but not limited to, such claims that may result from injury or death, accidental or otherwise, during, or arising in any way from the YMCA program. I also understand that the Monett Area YMCA/Ozarks Regional YMCA may use, for publicity and/or promotional purposes, my child's name or pictures of him/her participating in this program, without obligation or liability to me or my family.

Participant's (or parent's) Signature:_____   Date: _____

Return completed form
and payment to
Cassville YMCA
408 State Hwy 248,
Cassville, MO 65625
(417) 846-1535

Office Use Only:
Rec #_____   Date Pd._____
Rec'd by_____   Amount_____

FOR YOUTH DEVELOPMENT ®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DIVE INTO SUMMER

SWIM, SPORTS & PLAY
Cassville Pool
Summer 2014

**Pool Opens:
Saturday, May 24th!**

CASSVILLE YMCA

CASSVILLE POOL HOURS

Open Swim: Mon.-Fri.   1:00 - 6:00
Saturday   1:00 - 8:00
Sunday   1:00 - 6:00
Lap Swim: Mon.-Fri.   12:00 - 1:00
Mon.-Thur.   6:00 - 7:00
(Lanes Reserved)

POOL RATES

(General Public)
Daily Rate: Age 3 & over $4
Individual Season Pass: $70
(Only valid at Cassville Aquatic Park)
Family Season Pass: $175
(Only valid at Cassville Aquatic Park)
Family Night (Saturday 6-8 PM)
Free with family pass or $5 per family.
Lap Swim: $1 per visit

YMCA MEMBERS ARE FREE ALL SUMMER LONG!

Cassville Y Members also have free access to the Monett pool. Must present the new style membership card with barcode at the front gates!

POOL RENTAL INFORMATION

$125 for the first hour of rental, $100 for each additional hour. Pool rental includes lifeguards & 1 additional staff for general supervision for up to 150 guests. Slide is included. If group is larger than 150 one additional guard per 25 swimmers will be required.
$25/hr. for each additional guard.
(Required: 1 guard per 25 swimmers)

YMCA SWIMMING LESSONS

The YMCA swim lesson programs are designed to give every participant the chance to learn and succeed. Participants are grouped together based on their age and ability level, and the Y's core values of caring, honesty, respect and responsibility are incorporated into every lesson.

The Cassville YMCA Learn-to-Swim Program offers seven levels of instruction to develop and refine skills. Safety is top priority! All swim lessons are available to children ages 3 and over and level descriptions are listed to the right. Classes are held at Cassville Aquatic Park and last approximately 45 minutes.

Session I. June 2 – June 12
Dates: 6/2 6/3 6/4 6/5 6/6 6/10 6/11 6/12
12:00pm Levels: 1-3, 1-4
6:00pm Levels: 1-3, 1-4, Aquababies & Guard Start

Session II. June 16– June 26
Dates: 6/16 6/17 6/18 6/19 6/20 6/24 6/25 6/26
12:00pm Levels: 1-3, 1-4,
6:00pm Levels: 1-3, 1-4, Aquababies & Guard Start

Session III. July 7 – July 17
Dates: 7/7 7/8 7/9 7/10 7/11 7/15 7/16 7/17
12:00pm Levels: 1-3, 1-4,
6:00pm Levels: 1-3, 1-4, Aquababies & Guard Start

Session IV. July 21 – July 31
Dates: 7/ 21 7/22 7/23 7/24 7/25 7/29 7/30 7/31
12:00pm Levels: 1-3, 1-4,
6:00pm Levels: 1-3, 1-4, Aquababies & Guard Start

Aquasize: (8 classes per session)
Monday-Thursday at 12:00pm and 6:00 pm
Session 1: June 2—June 12
Session 2: June 16—June 26
Session 3: July 7—July 17
Session 4: July 21—July 31

Private Swim Lessons
$90 / Six Lessons
*By appointment only.
(45 minutes each)
Students of all ages work at their individual level of skill to improve techniques and endurance.

AGES 3–5
Level 1: Pike
$25/family member $50/non-member
Develop safe pool behavior, adjust to the water and develop independent movement in the water.

Level 2: Eel
$25/family member $50/non-member
Basic elements of breathing, floating, treading and crawl stroke are taught.

Level 3: Ray
$25/family member $50/non-member
Previous skills are perfected while swimmers are introduced to more personal, safety, and rescue skills. Progressive diving skills are also introduced.

AGES 6 AND ABOVE
Level 1: Polliwog
$25/family member $50/non-member
Introduction to deep water safety, backstroke and front crawl 25 yards with a flotation device.

Level 2: Guppy
$25/family member $50/non-member
Introduction to diving, backstroke and front crawl 25 yards. Breaststroke and elementary backstroke are introduced.

Level 3: Minnow
$25/family member $50/non-member
Diving, backstroke and breaststroke are perfected while endurance is built and new strokes are introduced.

Level 4: Fish
$25/family member $50/non-member
Swimmers practice safety skills, perfect strokes and gain endurance.

ADDITIONAL CLASSES
Aquasize
Free/members $25/non-member
This energetic class for adults will increase cardiovascular endurance and strengthen and tone muscles using the resistance of the water. A variety of equipment including noodles, flotation belts, and kickboards are also used.

Aqua Babies
$15/member $30/non-member
The American Red Cross Infant and Preschool Aquatics Program (IPAP) helps young children become comfortable in and around the water. This program gives parents information and techniques to help orient their children to the water. Available for children ages 6 months to 3 years.

GuardStart
$25/member $50 non-member
Get a jump start into lifeguarding! Designed for youth ages 11–16, GuardStart provides a foundation of lifeguarding skills. For youth with swimming skills, this program is an ideal transition between Learn-to-Swim classes and the American Red Cross Lifeguard training course.