



# PACIFIC COAST AMATEUR HOCKEY ASSOCIATION

CENTRAL OFFICE: #114 - 3993 HENNING DRIVE, BURNABY, B.C. V5C 6P7  
TELEPHONE 604-205-9011. FAX 604-205-9016. WEB SITE <http://www.pcaha.bc.ca>

SERVING AMATEUR HOCKEY IN THE LOWER MAINLAND SINCE 1941

## **P.C.A.H.A. FRASER VALLEY WEST "C" LEAGUE**

### **SUMMARY OF IMPORTANT RULES AND REGULATIONS** **HOCKEY 2, HOCKEY 3, AND HOCKEY 4 - 2009-2010 SEASON**

#### **1. Introduction:**

Fraser Valley West "C" League is one of the PCAHA's five regional "C" leagues. It includes all "C" teams (Hockey 1 through Midget) from the following Minor Hockey Associations: Aldergrove MHA, Cloverdale MHA, Langley MHA, North Delta MHA, Semiahmoo MHA, South Delta MHA, Surrey MHA, and Whatcom County AHA.

The following is a summary of the important provisions of the rules and regulations of Minor Hockey as they apply to Hockey 2, Hockey 3, and Hockey 4 (Tyke and Novice divisions). These notes are not intended as a comprehensive statement of all the rules and regulations that may apply. Team officials should also make reference to the PCAHA Rulebook and the Hockey Canada Official Hockey Rules, and should consult their Association Division Manager, PCAHA League Manager, or PCAHA Managing Director should any questions arise.

#### **PCAHA Managing Director:** **(Hockey 1-2):**

Donna Cusmano  
24263 Robertson Crescent  
Langley, B.C.  
V2Z 2L5  
Phone: 778-277-3735  
Fax: 778-277-3765  
E-mail: [dcusmano@pcaha.bc.ca](mailto:dcusmano@pcaha.bc.ca)

#### **PCAHA Managing Director:** **(Hockey 3-4):**

De Zaurrini  
11825 Cowley Drive North  
Delta, B.C.  
V4E 1W5  
Phone: 604-591-2334  
Fax: 604-591-2372  
E-mail: [dzaurrini@pcaha.bc.ca](mailto:dzaurrini@pcaha.bc.ca)

#### **PCAHA League Manager** **(Hockey 1-2):**

Kelli Elmer  
4601 Savoy Street  
Delta, B.C.  
V4K 1P4  
Phone: 604 952-5244  
Fax: n/a  
E-mail: [kelmer@pcaha.bc.ca](mailto:kelmer@pcaha.bc.ca)

#### **PCAHA League Manager:** **(Hockey 3):**

Gabriella Lessard  
7921 - 110 Street  
Delta, B.C.  
V4C 4H6  
Phone: 604-502-5032  
Fax: n/a  
E-mail: [glessard@pcaha.bc.ca](mailto:glessard@pcaha.bc.ca)

#### **PCAHA League Manager:** **(Hockey 4):**

Katerina Tickner  
11401 - 89A Avenue [Nov. 1st]  
Delta, B.C.  
V4C 3G7  
Phone: 604-598-8715  
Fax: n/a  
E-mail: [ktickner@pcaha.bc.ca](mailto:ktickner@pcaha.bc.ca)

#### **2. Hockey 2, 3, and 4 Overview:**

The structure for Hockey 1-4 was adopted by the PCAHA's member Associations at the 2002 PCAHA Annual General Meeting. The 2002 amendments took into account the Hockey Canada age change and the fact that the Hockey Canada Initiation Program and the old A, B, C, and D skill modules had been replaced by a new program, Introduction to Coaching.

PCAHA Hockey 1-4 Program	
Hockey 1	5 year olds; first time registrants
Hockey 2	6 year olds
Hockey 3	7 year olds
Hockey 4	8 year olds

Any player assignments outside a player's normal age level must be justified by the Association and approved by the Managing Director. Players must play in their age-appropriate level of Hockey 2, 3, and 4 unless approval has been received from the Managing Director to move down or up a level.

The principal provisions of Hockey 2, 3, and 4 are as follows:

- Emphasis on teaching players the basic skills.
- No all-star or select teams of any kind.
- Non-competitive introduction to team play.
- Teams formed within each level must be balanced.
- No standings and no playoffs.
- Limited numbers of games.
- Equal icetime to all players regardless of ability in each game.
- 2-min. buzzer system to be used in all games (Hockey 4 at discretion of the "C" League).
- Team rosters to be filed by October 31st.
- May not combine teams or draw players from other teams.

These are the beginning levels of hockey. Players should be able to learn the basic skills of the game in a friendly, fun, and non-competitive atmosphere.

### **3. Hockey Canada Introduction to Coaching Program:**

The Hockey Canada Introduction to Coaching is an instructional program designed to teach the basic skills of the game of hockey (skating, balance, puck handling, etc.) to young players. A series of lesson plans teaches a progression of skills. Program elements lead into Skills Development Coaching Manuals which are published by Hockey Canada for each age division. It should be stressed that the Introduction to Coaching Program is intended to teach the basic skills of the game, not to facilitate competitive team play. All coaches in Hockey 1, 2, 3, and 4 are required to have completed the Introduction to Coaching Program, which is delivered by BC Hockey as the **Hybrid Clinic**.

### **4. Rosters:**

An Association forming teams for house league play, scheduled play within the "C" League, or inter-Association exhibition and tournaments/jamboree games is required to divide all players within each of Hockey 2, Hockey 3, and Hockey 4 into equally balanced teams. "Balanced teams" means teams of equal strength. All-star, rep, or select teams of any kind are strictly prohibited.

Team rosters must be filed with the PCAHA Office and the "C" Managing Director prior to beginning inter-Association scheduled play or by October 31st, whichever comes first. This is done by your Association Registrar using the on-line Hockey Canada Registry (HCR). A copy of your team roster should also be provided to your PCAHA League Manager.

Any roster change (player addition or deletion) must be reported to your League Manager by e-mail or telephone prior to the first game in which the change takes effect. For roster additions, please provide the player's name and date of birth. Your Association Registrar must also file roster changes with the PCAHA Office via HCR **prior to** the game in which the change takes effect.

Please note that roster changes are not permitted after **January 10th** with the exception of new players registering with your Association. Rosters are frozen as of **February 10th**.

Any team officials (including Coaches, Manager, and Safety Person) who will be on the bench during games must also be registered on the team roster. The January 10th and February 10th deadlines do not apply to registration of team officials.

### **5. Player Eligibility:**

The only players that may be used in any game (league, exhibition, or tournament/jamboree) are those registered on the team roster. **Players may not be picked up from other teams.** Team officials responsible for playing ineligible players will be subject to disciplinary action.

The only exception to this rule is the use of Affiliate Players, as discussed below.

## **6. Affiliate Player Rule:**

A team that is short of players for a particular game (12 or fewer players) may apply to the PCAHA League Manager for permission to borrow a player registered on a team in a lower level within the same Association, as follows:

- Hockey 4 teams may apply to draw Affiliate Players from Hockey 3 teams within the Association.
- Hockey 3 teams may apply to draw Affiliate Players from Hockey 2 teams within the Association.
- Hockey 2 teams may apply to draw Affiliate Players from the Hockey 1 group within the Association or from among *first year players* on other Hockey 2 teams within the Association. (A *first year player* is a player registered on a Hockey 2 team who is playing hockey for the first time this season).

This rule is intended to assist a team which is short players for a particular game, not to permit a player to play for more than one team or to allow a team to strengthen itself. **Permission to use an Affiliate Player must be obtained from your League Manager prior to the game in which he/she is to play.**

An Affiliate Player is permitted to play either:

- A **total of three (3)** games (including all exhibition, league, and tournament/jamboree) as an Affiliate Player with higher level teams, **OR**
- If a player has not played any league, exhibition, or tournament/jamboree games as an Affiliate Player, **one (1)** complete sanctioned tournament/jamboree with a higher level team.

Please note that the game limit is a total for each individual player. Once the limit has been reached, the player becomes ineligible to participate further as an Affiliate Player with any higher level teams.

Some Associations have additional restrictions governing use of Affiliate Players. Team officials should check with their Association Divisional Manager regarding additional internal procedures.

## **7. Equal Icetime:**

Equal icetime shall be given to all players, regardless of playing ability, in each game. In Hockey 2, 3, and 4 no distinction is made between forwards and defencemen and all players are expected to receive the same icetime in each and every game. The Two-Minute Buzzer Rule (see #15, below) is mandatory in Hockey 2 and 3 to assist Coaches to ensure all players receive equal icetime in every game.

## **8. Game Record/Scoresheet:**

The 4-part PCAHA Official Game Report form (scoresheet) is to be used for any games played.

In Hockey 2 and Hockey 3 **no record of the score is to be kept**, so only the game information and team roster sections of the scoresheet are to be completed. Please cross out the "Scoring" section and instruct the Timekeeper not to record any information in this section.

In Hockey 4, the score may be recorded, but no standings are kept or published for any league arrangements, tournaments, or jamborees.

For games between two FVW teams, the home team is responsible for forwarding the white and yellow copies of the scoresheet to the League Manager **within 24 hours** of the completion of the game. For exhibition games between a FVW team and a team from outside FVW, the FVW team is responsible for forwarding a copy of the scoresheet to the League Manager **within 24 hours** whether the game is at home or away (white for home games, yellow for away games). It is recommended that the Team Manager prepare an addressed, stamped envelope prior to leaving for the game so that the scoresheet can be mailed on the way home from the game.

## **9. Score of Game:**

As noted above, the score of a Hockey 2 or Hockey 3 game is not to be recorded or posted on the arena scoreboard. The arena scoreboard should be used solely for keeping track of the time left in the period and for regulating the 2-minute buzzer.

In Hockey 4 the score of a game may be recorded and posted, but if the goal spread exceeds **5 goals** no more than a 5 goal spread may be posted on the scoreboard.

## **10. Goal Limitation Rule:**

The other four "C" Leagues within PCAHA utilize the Goal Limitation Rule (sometimes referred to as the

"Gretzky Rule") in Hockey 2, 3, and 4, as follows:

In order to encourage team play and provide an incentive for stronger players to play cooperatively with other players on their line, each player will be limited to scoring a maximum of **three goals** in any game. Any player scoring 3 goals in a game may no longer score and must pass the puck to team mates to create further goals. Should a player score a 4th or subsequent goal in a game, the goal will be disallowed and a face-off will occur at one of the end zone face-off circles where the disallowed goal occurred. Referees and coaches are mutually responsible for enforcing this rule. Teams may not "mutually agree" to waive this rule.

Away exhibition games against teams from the other "C" Leagues will be played according to this rule.

#### **11. Travel Restriction:**

Hockey 2 and Hockey 3 teams are not eligible to participate outside the geographic area of the PCAHA, with the following exceptions:

- Sunshine Coast MHA teams are permitted to play games versus Powell River MHA.
- The 3 U.S.-based members of the PCAHA (Seattle Junior Hockey Association, Sno King Amateur Hockey Association, and Whatcom County Amateur Hockey Association) are considered within the geographic area of the PCAHA. However, other Washington State teams are not (Everett, Tacoma, Puget Sound, etc.).

Hockey 2 and Hockey 3 are intended to be a strictly non-competitive levels of hockey, and out-of-District travel beyond the two exceptions indicated is considered by the PCAHA's membership to be unnecessary.

Although travel is not encouraged, Hockey 4 teams are permitted to apply for exhibition game numbers or tournament permission to play outside the geographic area of the PCAHA.

#### **12. Exhibition Games:**

Permission to play any exhibition game must be obtained from your League Manager by way of an exhibition game number, as follows:

- (a) **Games with other FVW Teams** - When playing another team from within FVW, including another team from your Association, the **home team** is responsible for acquiring the game number. The home team is also responsible for forwarding the scoresheet (top 2 copies) to the League Manager.
- (b) **Games against any team from outside FVW** - When playing a team from outside FVW, a game number must be acquired whether the game is played at home or away. The FVW team is also responsible for turning in the white copy of the scoresheet (home games) or the yellow copy (away games) to the League Manager.
- (c) **Games against teams from outside B.C.** - For a game against a team based in the United States or out-of-province (subject to #11 Travel Limitation, above), a special procedure applies. A game number must first be obtained from the League Manager. The team must then contact **Neil McNabb, BC Hockey District Director (phone: 778-389-9045; fax: 1-866-544-0765; e-mail: [nmcnabb@bchockey.net](mailto:nmcnabb@bchockey.net))** to obtain BC Hockey sanction.

#### **13. Tournament/Jamboree Permission:**

Permission must be obtained from your League Manager to play in any tournament or jamboree. This permission will be issued in the form of a tournament permission number and a PCAHA permission form. (Game numbers are not required, since the tournament host Association will be issued tournament game numbers directly by the PCAHA Tournament Officer).

Your team must return a complete set of scoresheets for all games played in the tournament/jamboree to the League Manager immediately after the conclusion of the event.

For tournaments outside of British Columbia (if permitted - see #11 Travel Limitation, above), permission from BC Hockey is also required. The team must obtain tournament permission from the League Manager and then contact **Neil McNabb, BCH District Director** (as above) to obtain BC Hockey sanction.

#### **14. Game Limitation:**

Each team is limited to a maximum number of games over the course of the season including all league, exhibition and tournament/jamboree games. This limitation applies as follows:

**Hockey 2:**

- No inter-Association games permitted before November 1st.
- Maximum 30 games, including a maximum of 2 tournaments.

**Hockey 3:**

- No inter-Association games permitted before October 15th.
- Maximum 35 games.

**Hockey 4:**

- No inter-Association games permitted before October 15th.
- Maximum 40 games.

No tournaments will be sanctioned prior to November 1st.

Teams may not arrange "joint practices" or "scrimmages" in lieu of games. It is recommended that each team plan its season so that it does not run out of games before the end of the season.

**15. Buzzer System:**

The 2-Minute Buzzer Rule is mandatory for all games in Hockey 2 and Hockey 3. Teams may not "mutually agree" to play without the 2-min. buzzer.

In "Hockey 4" utilization of the 2-Minute Buzzer Rule shall be determined by the "C" league responsible. For 2009-2010 all 5 PCAHA "C" leagues have waived use of the 2-Minute Buzzer Rule for Hockey 4, but reserve the right to reinstate it if application of the equal icetime rule (see #8) becomes a problem.

At the expiration of each 2-minute shift, the timekeeper will sound the buzzer to signal the end of the shift and the referee will stop play immediately. The face-off to begin the next shift will be at centre ice. Please refer to PCAHA Section R(4)(b) for a detailed description of the Two Minute Buzzer Rule.

**16. Game Times:**

All games are to be **stop time**. Period times under the 2-Minute Buzzer Rule are as follows [PCAHA Section R(4)(b)(iv)]:

<b>Icetime</b>	<b>Warm-up</b>	<b>First</b>	<b>Second</b>	<b>Third</b>
1 hour	5	12	12	16 (or ½ of time left)
1¼ hour	5	14	14	16 (or ½ of time left)

Period times in Hockey 4 if the 2-Minute Buzzer Rule is not being used are as follows [PCAHA Section G(7)]:

<b>Icetime</b>	<b>Warm-up</b>	<b>First</b>	<b>Second</b>	<b>Third</b>
1 hour	5	10	15	15 (or ½ of time left)
1¼ hour	5	15	15	15 (or ½ of time left)

If there is insufficient time to play a full third period, the referees (or participating coaches if there are no referees) are responsible for deciding the length of the third period, based upon the above guideline. Running time may not be used.

**17. Disciplinary Situations:**

If serious penalties or disciplinary situations occur, please contact the League Manager immediately for information on the consequences.

**18. Referees:**

Teams should agree beforehand whether they will use referees or have coaches officiate the game. If referees are used (two-man system) they are to be paid the Novice division rate - \$13.00 for each official.

**19. Fan Control:**

Team officials are responsible for ensuring proper control of spectators at all games. Team parents and other spectators should be informed that the objective of Minor Hockey is sportsmanship and fair play, and that negative comments and criticism directed toward referees, players, team officials, and other spectators is not appropriate. Should any spectator engage in unsportsmanlike behaviour, verbal abuse, taunts, slurs, etc., the referees have full authority to have such spectator removed from the arena. If nec-

essary, the referees will suspend the game until the individual(s) involved are removed from the rink area. At Hockey 1-4, please be proactive in educating your parent group so that a fun, positive atmosphere is maintained.

## **20. Coaching Seminars:**

All coaches in Hockey 1, 2, 3, and 4 are required to have completed the Hockey Canada Introduction to Coaching Program by January 1st of the current season. Introduction to Coaching is delivered by BC Hockey as the **Hybrid Clinic**, which combines Intro Coach and Coach Stream. For a list of the coaching clinics scheduled by BC Hockey and for on-line registration, please visit the Clinics page on the BC Hockey web site. Due to space limitations, it is recommended that coaches register well in advance of the clinic dates.

## **21. Hockey Canada Safety Program (HCSP):**

The Hockey Canada Safety Program (HCSP) provides training in risk management and injury response. All teams (including Hockey 1-4) are required to have at least one HCSP-certified team official (Safety Person) registered on the team. It is recommended that team officials complete the 6 hour HCSP seminar as soon as possible. HCSP qualification taken after August 1, 2007, is valid for six years.

## **22. Speak Out Program/Respect in Sport:**

The Speak Out Program was developed by Hockey Canada to combat abuse and harassment in amateur hockey. Since September, 2002, completion of the 3½ hour Speak Out seminar has been mandatory for **all** team officials. **NEW** Beginning with the 2009-2010 season, Speak Out has been replaced with the on-line Respect in Sport course. Any team official who did not complete Speak Out prior to 2009 must complete Respect in Sport. Registration for Respect in Sport is done on-line on the BC Hockey web site.

## **23. Team Managers:**

A BC Hockey rule adopted in 2008 limits each Minor Hockey team to one (1) Manager.

## **24. Other Important Rules and Regulations:**

All team officials should have a copy of the green PCAHA 2009-2010 Rulebook and be thoroughly familiar with the following sections:

- Section A(4)(y) - Team Officials' Responsibilities.
- Section B(5)(d) - Coaching certification requirements.
- Section B(6)(c) - Safety Program requirements.
- Section C(16-20) - Player registration and eligibility.
- Section C(23) - Ineligible Players.
- Section C(35)(a) and (d) - Affiliate Players.
- Section E - Playing Rules.
- Section F - Game Reports (Scoresheets).
- Section I(8) - Referee/Linesmen Expense Allowances.
- Section L(1-5) and L(10) - Exhibition Games and Tournaments.
- Section R - Tyke and Novice Hockey.
- Hockey 1-4 (Tyke and Novice) Summary Table.

Please refer also to:

- *Hockey Canada Referee's Case Book/Rule Combination* (\$10.50 - order from the BC Hockey or Hockey Canada web sites) or download the free PDF version from the Hockey Canada web site.

## **25. Other Sources of Information:**

HC, BC Hockey, PCAHA, and many Minor Hockey Associations maintain web sites and post event and program information, bulletins, etc. Please check these web sites from time to time.

- Pacific Coast Amateur Hockey Association - <http://www.pcaha.bc.ca>
- BC Hockey - <http://www.bchockey.net>
- Hockey Canada - <http://www.hockeycanada.ca>



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## **PCAHA 2009-2010 COACH/MANAGERS MEETINGS**

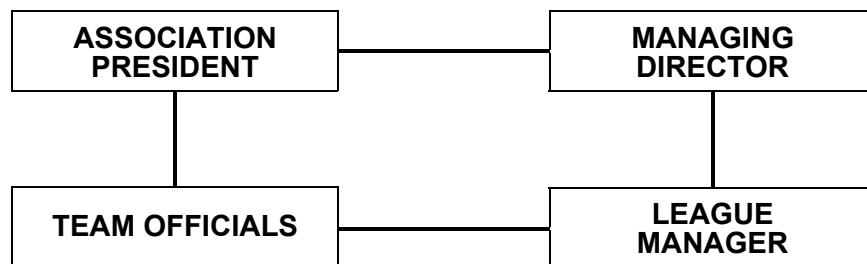
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(Rev. Oct. 17, 2009)

### **GENERALIZED COMMUNICATIONS MODEL**







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## **P.C.A.H.A. 2009-2010 BULLETIN #10**

**DATE:** October 9, 2009.

**TO:** The Presidents  
PCAHA Member Associations/Leagues

**FROM:** David Buck  
PCAHA President

**SUBJECT:** **Hockey 1, 2, 3, and 4 (Tyke and Novice) Structure.**

=====

This bulletin is intended to provide clarification regarding the structure of the Tyke and Novice divisions (Hockey 1-4), as set out in the PCAHA Rules and Regulations, Section R.

The current Hockey 1, 2, 3, and 4 structure was adopted at the 2002 PCAHA Annual General Meeting, taking into account that (i) Hockey Canada had adopted new age divisions and (ii) the Hockey Canada Initiation Program had been substantially restructured and no longer followed the old A, B, C, and D skill modules. The intent of the new structure was to ensure that the competitive practices of the old age levels did not carry over to the new, younger age levels and that the primary focus at these levels was on development of basic skills rather than competition.

The structure adopted in 2002 can be summarized as follows:

Category	Hockey Canada Age Division	PCAHA Age Division	Players' Ages
Hockey 1	Initiation	Tyke	primarily 5 year olds
Hockey 2	Initiation	Tyke	6 year olds
Hockey 3	Novice	Novice	7 year olds
Hockey 4	Novice	Novice	8 year olds

Assignment of a player outside his/her normal age level must be justified by the Association and approved by the respective PCAHA Managing Director. Players must play in their age-appropriate level of Hockey 2, 3, and 4 unless approval has been received from the Managing Director to move them down or up a level. The attached Hockey 2-4 Age Exemption Request Form is used for purpose of applying for age exceptions.

The following is a summary of the key provisions of Hockey 1, 2, 3, and 4:

### **Hockey 1:**

- Follows the Introduction to Hockey Program - PCAHA Section Q.
- Age - 5 year olds. Associations may structure the Introduction to Hockey Program to include players registering for the first time in Minor Hockey (players without prior Minor Hockey experience) who are aged 9 and under.
- Skill development using the Hockey Canada Introduction to Coaching Program.
- If skills develop sufficiently, players may be assigned to Hockey 2-4 teams up to January 10th.
- No games and no structured teams of any kind. One Friendship Jamboree format event is permitted at the end of the season.



**Hockey 2:**

- 6 year olds. (Exceptions - see Section R(2)(b)).
- Inter-Association games permitted beginning November 1st.
- Maximum 30 games, including a maximum of 2 tournaments.
- Can have a league schedule run by the "C" League - max. 6 games/team after Christmas Break (2009-2010 - earlier start permitted - December 10th).
- No travel outside the PCAHA.
- 2-min. buzzer required for all games.
- No scores recorded or posted on scoreboard.
- Referees not required - penalties for instructional purposes only.

**Hockey 3:**

- 7 year olds. (Exceptions - see Section R(2)(b)).
- Inter-Association games permitted beginning October 15th.
- Maximum 35 games.
- Can have a league schedule run by the "C" League - max. 13 games/team beginning not earlier than the weekend following Remembrance Day (2009-2010 - earlier start permitted - Oct. 31).
- No travel outside the PCAHA.
- 2-min. buzzer required for all games.
- No scores recorded or posted on scoreboard.

**Hockey 4:**

- 8 year olds. (Exceptions - see Section R(2)(b)).
- Inter-Association games permitted beginning October 15th.
- Maximum 40 games.
- Can have a league schedule run by the "C" League - max. 13 games/team beginning not earlier than the weekend following Remembrance Day (2009-2010 - earlier start permitted - Oct. 31).
- Travel outside the PCAHA permitted but not encouraged.
- 2-min. buzzer optional at discretion of "C" League.
- Scores may be posted, but no more than a 5 goal spread may be shown on scoreboard.

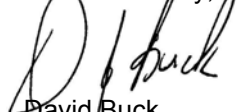
**All Hockey 2, 3, and 4:**

- Equal ice time regardless of playing ability in each game.
- No standings or playoffs.
- No all-star or select teams.
- Teams formed within each level must be balanced.
- Normal team roster and player eligibility rules apply.
- Exhibition game numbers and tournament permission must be obtained from "C" League Mgr.
- "C" Leagues can adopt Goal Limitation Rule.
- "C" Leagues may adopt additional game limitations.

In the past some individuals have attempted to use the old HC Initiation Program to justify creation of skill-based teams. The structure of Hockey 2, 3, and 4 is intended to allow Associations some flexibility to move very strong players up a level and very weak players down a level with the Managing Director's approval, but it is not intended to allow the culling of age levels by skill to form homogeneous skill groups. Age should be the primary determinant of placement (8 year olds in Hockey 4, 7 year olds in Hockey 3, and 6 year olds in Hockey 2) with only very strong or very weak players moved.

At the Hockey 1-4 levels the emphasis is on skill development and fun, rather than on competition and games. If you or your division officials have any questions, please contact the Managing Director for your "C" League.

Yours sincerely,



David Buck  
PCAHA President

cc. Executive Committee, League Managers



## Pacific Coast Amateur Hockey Association Hockey 2-4 Age Exemption Request

Form140  
(Rev: Aug/07)

**Association:**

**Season:**

The above-named Association hereby applies for age exemptions for the following players in Hockey 2, 3, and 4. Exemptions are subject to approval of the respective Managing Director. **Note:** Atom-aged players moved to Hockey 4 require an Overage Exemption (Form123).

	Player's Name	Date of Birth	From (H1-H4)	To (H2-H4)	2008-09 Team	Reason(s) Justifying Move
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						

**Submitted By:**

, Association President

**Date:**

**Approved By:**

, PCAHA Managing Director

**Date:**



# HOCKEY CANADA RULE CHANGES 2008-2010

The following is a brief summary of the playing rule changes adopted by Hockey Canada for the 2008-2009 and 2009-2010 seasons. For the actual wording of the rule changes, please refer to the Hockey Canada Referee's Case Book/Rule Combination.

## **Rule Numbering:**

Rather than numbering the playing rules from 1 to 86, the rule book is now grouped into 10 rules roughly corresponding to the Sections in the old rulebook. Old Section 6 - Playing Rules has been subdivided into four rules, #6 - Physical Fouls, #7 - Restraining Fouls, #8 - Stick Fouls, #9 - Other Fouls, and #10 - Game Flow.

It is recommended that each team purchase a copy of the Referee's Case Book/Rule Combination (\$10.00 + GST) **or** download the PDF format version from the Hockey Canada web site (<http://www.hockeycanada.ca/> - go to Minor Hockey, then Officials: Officiating Program).

## **Rule Changes for 2008-2009 and 2009-2010:**

1. **Rule 2.5(f) Note 3 - Change of Players**  
Clarifies where the face-off is taken when a team prematurely substitutes a player for the goaltender (e.g., on a delayed penalty).
- 2- **Rule 3.6(d) - Protective Equipment (Helmet/Facial Protector)**  
New wording (change underlined): Where a player wears a helmet and/or facial protector in an offset position during play, the team shall receive one warning and any subsequent infractions by the same team will result in a Misconduct penalty assessed to that player.
3. **Rule 3.6(f) - Protective Equipment (Throat Protector)**  
New wording (change underlined): The wearing of a BNQ approved throat protector is compulsory for players registered in Minor and Female hockey. When a player fails to wear or properly wear a throat protector at any time on the ice during the game, the team shall receive one warning and any subsequent infractions by the same team will result in a Misconduct penalty. Referees are encouraged to deliver this warning directly to the Coach.
4. **Rule 3.6(g) - Protective Equipment (Half Visor)**  
Applies to Junior and Senior hockey.
5. **Rule 9.3 - Diving NEW**  
New wording: A Minor Penalty for Unsportsmanlike Conduct shall be imposed on a player who attempts to draw a penalty by his/her actions (diving). This penalty may be assessed with or without a foul to the opposing team at the discretion of the Referee.
6. **Rule 10.2(g) - Face-Offs**  
Clarifies the rules dealing with face-offs in the neutral zone. New wording (change underlined):  
All face-offs in the neutral zone shall be conducted at the designated face-off spots as dictated by reason for the stoppage of play.  
The face-off location will be determined by the offending team losing the most territorial advantage.  
When a stoppage of play occurs between the end zone face-off spots and the nearest end of the rink, the face-off shall be the nearest end zone face-off spot, unless otherwise stated in the rules.  
Centre ice face-offs will be only conducted at the start of each period, following the scoring of a goal, premature substitution of the goaltender or in accordance with Rule 65 (f).  
Any other stoppage of play in any zone not caused by either team, the ensuing face-off shall be at the nearest face-off spot excluding the centre face-off spot.
7. **Rule 10.2(h) - Face-Offs**  
New wording (change underlined): When any stoppage of play in the end zone is caused by a defending player or the goaltender, the ensuing face-off shall take place at the nearest defending zone face-off spot based on the cause of the stoppage of play and not related to the location of the puck when play was stopped.
8. **Rule 10.10(a) - Puck Must Be Kept in Motion**  
Housecleaning change - deletes some obsolete wording.

Also please note that the **Goaltender Equipment** rule change adopted in 2006 comes into effect for 2009-2010.



# BC HOCKEY INFO BULLETIN

**ISSUE #:**     **2009-21-I**

August 14, 2009

**TO:**            **BC Hockey Membership**

**FROM:**       **Rob Fryer**  
                  **Referee in Chief**

**COPY:**        **Al Berg**  
                  **Chair of the Referee Committee**

**SUBJECT:**    **2009-2010 Playing Rules Emphasis**

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Please ensure that this Bulletin is given the widest possible distribution, especially at all development clinics. The 2009 – 2010 Rules Emphasis has been approved by the Hockey Canada Board of Directors, and mandates that all Hockey Canada participants are to adhere to these guidelines.

The enforcement of this rules standard in our game will continue to allow for improved skill development and positive hockey experiences.

The mission of Hockey Canada is clear; the game will be enhanced through the application of the standard of enforcement and rules emphasis.

## **RULES EMPHASIS**

- **CHECKING TO THE HEAD** – (contact physically or with a stick to another players' head area).

Deliberate checks to the head remain to be a major problem in today's game. Concussions not only deprive players of playing time, they end players' careers and can have long term effects.

Checks to the Head demonstrate a lack of respect and fair play and must be penalized. Any moderate or severe blow to the head must be penalized with a Minor Penalty and Misconduct or a Major penalty and a Game Misconduct. Checking to the Head incidents result in our and players suffering concussions and other more severe head injuries which is having a major impact on our game. A Match penalty could also be assessed under this rule.

The appropriate Checking to the Head penalty must be assessed in all situations where players deliberately target the head of their opponent.

Aggressive fouls that have severe consequences for players who are on the receiving end of these undisciplined fouls. These types of infractions cannot and must not be tolerated at anytime throughout the game, no exceptions.



# *BC HOCKEY INFO BULLETIN*

Whether it is elbowing, high sticking, roughing or cross-checking, hits to the head are an intentional act of violence and must be treated with zero tolerance on the part of the official at all times.

**We ALL play a role in supporting the improvement of our game.**

All partners must demonstrate awareness and support for the application, spirit and the respect of the rules.

If you have any questions regarding the standard of play or rules emphasis for this season, please contact your Referee Committee Member for further clarification.



# SUMMARY OF CHANGES TO PCAHA RULES & REGULATIONS

The PCAHA Annual General Meeting was held on May 31, 2009, at the East Delta Community Hall, Delta, B.C. The PCAHA's member Associations made decisions on a number of issues, including dealing with 18 resolutions to amend the PCAHA By-Laws, Rules and Regulations. Notable changes adopted were as follows:

1. **Terminology Changes for Competitive Levels:**

Various amendments were made to the Rules and Regulations to reflect the 2008 BC Hockey changes to the Association classification system and the fact that the word "Tier" now refers to competition levels at the BC Hockey PeeWee, Bantam, and Midget Championships, including:

- Changing "tier" to "Flight".
- Changing "tiering" to "placement".
- Changing "AAA", "AA", "A", and "B" to Tier 1, Tier 2, Tier 3, and Tier 4, where necessary.
- Changing "A" and "B", "A" or "B", or "A"/"B" to "A".

HC-carded teams are referred to as "A1", "A2", etc., for competition within PCAHA.

2. **Team Officials Duties - Teamlink Requirement - Section A(4)(z):**

A cross-reference to Section F(7) (responsibility to enter game data in Teamlink) was added to the general team official duties in Section A(4)(z).

3. **Olympic Year Deadlines - Section B(1)(a) and elsewhere:**

PCAHA deadlines such as the team declaration deadline and the "C" team balancing deadline were updated to reflect the earlier season start in 2009-2010 due to the Winter Olympics. Deadlines such as the December 1st deadline for team official qualifications and the January 10th date for player releases are BC Hockey or Hockey Canada dates and remain unaltered.

4. **Player Movement Administration Fees - Section D(14)(k):**

Player Movement administration fees were increased for the first time since 1986.

5. **Referee/Linesmen Expense Allowances - Section I(8):**

Referee/Linesmen Expense Allowances were increased to help offset increased transportation and registration/carding costs. In addition, the differences between Female and male/integrated were eliminated except in Juvenile. Please refer to PCAHA 2009-2010 Bulletin #5 for the details.

6. **Referee Complaint Procedure - Section K(6):**

Wording was added elaborating on the procedure for handling referee complaints and emphasizing that complaint letters must be factual.

7. **"A" Playoff Format (PeeWee, Bantam, and Midget) - Section N(3):**

A single playoff grouping will determine the teams advancing to BC Hockey Championships in Pee-Wee, Bantam, and Midget Tier 1, Tier 2, Tier 3, and Tier 4. Previously, teams in Tier 1, Tier 2, and Tier 3 were seeded into Blue and Gold groups for playdowns. Juvenile "A" retains the two-group format.

8. **Overtime Format - Section N(14):**

In an extended overtime, the referee can order an ice clean if ice conditions become a safety issue.

9. **Joint Team Signature Requirement - Section P(5)(a):**

The approval process for "C" and non-HC-carded Female Joint Teams now requires one signature rather than two per participating Association.

10. **PCAHA Special Awards - By-Law 89:**

A Safety and Risk Management Award was created.



# **HOCKEY CANADA**

## **INFORMATION BULLETIN D'INFORMATION**

**Bulletin No.: I10-03**

<b>To:</b>	Officers	Minor Council Rep (10/01/)
	Branch Presidents	Junior Council Rep (10/03)
	Branch Executive Directors	Senior Council Rep (10/01)
	Council Representatives	Female Council Rep (10/02)
	Directors	HDC Rep (10/02))
	Life Members	Hockey Canada Staff

**Date: September 9, 2009**

**From: Dr. Mark Aubry, Chief Medical Officer**

**SUBJECT: H1N1 Virus – Recommended Steps for all Associations and Teams**

Ladies and Gentlemen:

There is presently much speculation as to the impact that the H1N1 virus will have on Canadians over the next few months. Organizations have been urged to stress to their members steps that should be taken to prevent the spread of the virus, and to have plans in place to alleviate any hardships that may come of the spread of H1N1.

Hockey Canada has for many years had specific steps in place to reduce the spread of any infection in the hockey environment and we urge you to remind your teams of the following.

Team staff need to emphasize to players and parents the need for total cooperation in all aspects concerning hygiene, but specifically to the prevention of the transmission of the H1N1 virus. The following are recommended steps within the team environment:

1. Players should be urged to report all illnesses to their parents and the Safety Person/Trainer. **Parents are urged to keep their children away from the hockey environment if they are showing any signs of infectious disease or virus. Sick players are encouraged to see their physician if showing signs or symptoms of the H1N1 virus, and to be fully recovered prior to returning to play.**



2. Players should be encouraged to wash hands routinely and always after handling hockey equipment. Frequent hand washing with soap and water is one of the best preventions we can recommend. Teams are encouraged to carry extra hand soap or hand sanitizer as not all arenas have this readily available.
3. Talk to your players about covering their mouths and nose when coughing or sneezing using their arm as opposed to their hands.
4. Advise players to try and not touch their own mouths or nose when in the hockey environment to reduce the chance of them passing an infection on to themselves.
5. Ensure all players and staff have **their own water bottles labeled with names and players numbers.** Sport drink bottles should be avoided as direct lip contact is possible when drinking.
6. Officials and coaches should avoid drinking from other players water bottles and have water readily available to them on their perspective benches.
7. Towels should be removed from all benches. Players should not share towels, clothing, bar soap or other personal items such as razors.
8. Assist athletes in protecting their immune system by stressing they get sufficient sleep, that they do not over train and that they get proper nutrition.

Attached to this Bulletin you will find important information on the H1N1 virus and we suggest distributing this to your team's staff and parents for their information. You may find additional information on the Health Canada website at <http://www.hc-sc.gc.ca/index-eng.php>, or on your applicable Provincial/Territorial sites.

If you have any questions or concerns please contact Todd Jackson, Senior Manager Safety and Insurance at [tjackson@hockeycanada.ca](mailto:tjackson@hockeycanada.ca).

Sincerely,

Dr. Mark Aubry  
CMO, Hockey Canada

# What you need to know about Influenza A (swine flu)

No doubt you've heard about the swine flu (recently renamed *Influenza A*) outbreak that is currently spreading around the world. There is a lot of information and potential for misinformation across the different forms of media. Here are some facts about Influenza A to give you some peace of mind and help you develop a plan for you and your family.

**What is Influenza A?** The swine influenza (H1N1) is a respiratory disease caused by type A influenza that affects pigs but does not normally infect humans. However, sporadic human infections with Influenza A have occurred, most commonly with persons in direct exposure to pigs. With this recent outbreak, it appears human-to-human spread is occurring. Just like other types of influenzas the virus can spread through liquid droplets that get airborne from coughing or sneezing. You can also contract it by touching something with the live virus on it and then touching your mouth, eyes, or nose. With most influenza strains, the virus can live for up to 8 hours on most surfaces.

**What does a Level 5 alert from the World Health Organization really mean?** On April 29th the W.H.O. raised their alert from a 4 to a 5 indicating that the virus is known to have mutated from animal to human and it believes a global outbreak of the disease or pandemic is imminent. W.H.O. says the phase 5 alert means there is sustained human-to-human spread in at least two countries. It also signals that efforts to produce a vaccine will be ramped up.

**What is a pandemic?** A pandemic flu is not your average flu – it's an outbreak of a highly infectious illness on a large scale that is spread person to person. Historically there have been several outbreaks of pandemic flu during each century. During the last century, three flu pandemics occurred, the largest one in 1918.

In the current case of Influenza A, more investigation and information is needed to determine how easily the virus spreads and whether it will become a full-blown pandemic.

**What are the symptoms?** Influenza A symptoms are similar to those of regular human seasonal influenza. They include:

- Fever
- Lethargy
- Lack of appetite
- Coughing
- Headaches
- In some cases, people have reported a runny nose, sore throat, nausea, vomiting, and diarrhea.

**Does your seasonal flu vaccination protect you?** This year's annual influenza immunization, or flu shot, protects against the human strain of H1N1 influenza. The human swine influenza H1N1 strain is different than the human strain. It is unlikely that the seasonal flu shot will provide protection against human swine influenza.

**What should I do if I have flu symptoms?** Stay home and avoid public places. Before going to see a doctor or medical clinic, call first and let them know what your symptoms are and ask what they recommend you do.



**How is Influenza A diagnosed?** In order to diagnose it, a respiratory specimen would generally need to be collected within the first 4 or 5 days of illness (when an infected person is most likely to be shedding the virus). However, some persons, especially children, may shed the virus for 10 days or longer.

**How can I protect myself?** The Public Health Agency advises Canadians to:

- Wash hands thoroughly with soap and warm water, or use hand sanitizer
- Cough and sneeze in your arm or sleeve
- Get your annual flu shot
- Keep doing what you normally do, but stay home if sick
- Check [www.fightflu.ca](http://www.fightflu.ca) for more information
- Check [www.voyage.gc.ca](http://www.voyage.gc.ca) for travel notices and advisories
- Talk to a health professional if you experience severe flu-like symptoms

**Should I wear a mask for protection?** The Public Health Agency of Canada does not recommend that members of the general public wear surgical masks to protect against contracting Influenza A. Evidence shows that this is not effective in preventing transmission of influenza in the general public. People often use masks incorrectly, or contaminate them when putting them on and taking them off, which could actually increase the risk of infection. Instead, we should continue to take normal precautions including washing hands frequently, covering coughs and sneezes, and staying home when ill.

**Can I get it from eating pork?** No. It's safe to eat pork if it has been properly handled and cooked to an internal temperature of 160°F which kills off most bacteria and viruses, including the virus that causes Influenza A.

**Are antiviral drugs available and do they work in this case?** Antivirals are drugs used for the prevention and early treatment of influenza. If taken shortly after getting sick (within 48 hours), they can reduce influenza symptoms, shorten the length of illness and potentially reduce the serious complications of influenza.

Antivirals work by reducing the ability of the virus to reproduce but do not provide immunity against the virus. The human swine influenza H1N1 can be treated with two different antivirals: *oseltamavir* (Tamiflu) and *zanamivir* (Relenza).

Antiviral medications are prescription drugs. Initially, they may be obtained from a pharmacy with a regular prescription. There is a national stockpile of antiviral medication, and some provinces and territories also have their own stockpiles.

The good news is that it appears most people who have contracted Influenza A are able to recover on their own, just like with most seasonal influenzas.

**Should I cancel an upcoming trip to Mexico or the Southern US?** The Public Health Agency of Canada recently issued travel warnings so be sure to check out the latest information (<http://www.phac-aspc.gc.ca/tmp-pmv/pub-eng.php>). If travelling to affected areas, do the same things you would normally do to protect yourself and others during normal flu season. Wash your hands, cover coughs and sneezes, stay in if you are sick and get an annual influenza immunization (flu shot).

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For more information, to book a counselling session, or to access any of your EFAP services our Client Services Representatives are ready to speak with you 24 hours a day, seven days a week, in English or French. All calls are completely confidential.

1.800.663.1142 | 1.866.398.9505 (en français) | 1.888.384.1152 Hearing assistance (TTY)

18 1.889.1717 International (Call Collect) | [www.humansolutions.ca](http://www.humansolutions.ca)

Human  
Solutions  
Humaines



## FACTSHEET

August 21, 2009

Ministry of Healthy Living and Sport  
Ministry of Health Services

### PROTECTING YOURSELF AND OTHERS FROM THE H1N1 FLU VIRUS

Influenza is caused by viruses, and is generally spread when an infected person coughs or sneezes. Here are six simple, common sense precautions that can help safeguard everyone's health:

1. **Stay home when you're sick or have influenza symptoms.** Get plenty of rest and check with a health care provider as needed.
2. **Avoid close contact with people who are sick.** If you are sick, keep your distance from others to protect them from getting sick.
3. **Cover your mouth and nose with a tissue when coughing or sneezing and throw the tissue away immediately.** It may prevent those around you from getting sick.
4. **Wash your hands.** Washing your hands often will help protect you from getting sick. When soap and water are not available, use alcohol-based disposable hand wipes or gel sanitizers.
5. **Avoid touching your eyes, nose or mouth.** You can become ill by touching a surface contaminated with germs and then touching your eyes, nose or mouth.
6. **Practice other good health habits.** Get plenty of sleep, be physically active, manage stress, drink plenty of fluids, eat nutritious foods, and avoid smoking, which may increase the risk of serious consequences if you do contract the flu.

You can call [HealthLink BC](#) at 8-1-1, 24 hours a day/seven days a week to speak to a nurse if you have more questions or are concerned about any illness/symptoms experienced by you or your children.

For the latest facts on the H1N1 flu virus, including back-to-school information, visit [www.gov.bc.ca/h1n1](http://www.gov.bc.ca/h1n1).





**CANADIAN HOCKEY  
ASSOCIATION  
CANADIENNE DE HOCKEY**

**Information Bulletin d'information**

Bulletin No: 02/05

**TO:** Officers  
Council Representatives  
Branch Presidents  
Branch Executive Directors

**INFO:** Referee in Chiefs  
Junior Council Members  
Minor Council Members  
Senior Council Members  
HDC Members  
Life Members

**DATE:** September 7, 2001

**FILE:** i02-05.doc

**FROM:** Todd Jackson, Manager - Safety and Risk Management

**SUBJECT:** Sharing of Water Bottles

Over the past year there has been concern shown over the potential health risks related to the sharing of water bottles by players, officials, coaches and other participants. The Canadian Hockey Safety Program recommends the following protocol as it relates to the use of water bottles:

“Good team hygiene includes ensuring all players and staff have their own water bottles to prevent the transmission of viruses and bacteria. Bottles should be labeled and washed after each practice or game.”

It is further recommended that officials avoid the practice of drinking from the goaltenders water bottle. If officials require water during a game, we suggest they have their own water bottle at the penalty bench.

Good hygienic practices will help to maintain a healthy team atmosphere and ultimately assist in keeping all participants healthy throughout the season.

If you have any questions please feel free to contact me at 613-562-5677 extension 2323.

Sincerely

Todd Jackson  
Manager, Safety and Risk Management



# BC HOCKEY ACTION BULLETIN

**ISSUE #:**     **2009-25-A**

July 2009

**TO:**            **BC Hockey Membership**

**FROM:**       **Barry Petrachenko**  
                  **Executive Director**

**SUBJECT:**    **Participant Injury Reports**

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As we begin another new season, the following procedures should be noted and reviewed with the appropriate person(s) in your association.

1. All Claims must be submitted to the BC Hockey office within 90 days of the injury on a [Hockey Canada Injury Report Form](#). If this form is not received, the claim will NOT be processed.
2. Please note invoices and / or receipts can follow the original claim later – payment on the claim may be affected if the claim is received after the above mentioned 90-day period. Receipts can be submitted up to 52 weeks after the date of the injury.
3. Coverage is not in effect for services or treatments that are insured services (BC Medical Services Plan, Extended Benefits, Dental Plans, etc.).
4. Hockey Canada is a secondary insurer. As such, if a member has Extended Benefits or other insurance, request for payment must be filed with the Extended Benefits or other insurance **prior** to any reimbursement being made from Hockey Canada. However, the injury claim form must still be submitted to the BC Hockey office within 90 days of the injury. Any coverage statements from the member's Extended Benefits or other insurance should be forwarded to the BC Hockey office along with the invoices and / or receipts.
5. If the family does not have Extended Benefits or other insurance coverage, and the member is a resident of Canada with provincial coverage, then coverage is in place for services such as ambulance transportation, prescriptions, crutches, collars, and physiotherapy treatments after the provincial medical have paid their maximum. Out of country players must purchase a separate primary insurance coverage plan in order for the Hockey Canada Insurance Program to be in effect.
6. As with other insurance carriers, the Hockey Canada Insurance Programs has coverage limits. For further information regarding coverage limits, please refer to the [Safety Requires Teamwork](#) booklet.



# BC HOCKEY ACTION BULLETIN

7. Regardless of the seriousness of injury, an Injury Report Form must be submitted. This applies to all situations, including those where no corresponding monetary claim will be submitted.

8. Please note that the form can also be downloaded from the forms page of the BC Hockey website, [www.bchockey.net](http://www.bchockey.net).

9. Please keep copies of all documentation you forward to BC Hockey.

10. Forms **MUST** be completed **in full** with the following information. Incomplete forms will NOT be processed. They will be sent back for additional information only if documentation is received seeking payment. Some of the information that will be collected includes:

- Name and address including postal code and telephone number
- Date of birth
- Date of injury
- Type of injury and nature of condition
- Whether the injury took place at a Hockey Canada sanctioned activity
- Name of Association and team
- Description of accident
- Signature of team official
- Signature of parent / guardian (if under 18 years of age), signature of member (if over 18)
- Insurance information

11. Please attach additional physician's and / or dentist's statement and / or letter to the form if more space is required, or more details of the injury need to be provided.

12. All invoices and / or receipts attached or following the original claim must be itemized, so please check invoices and receipts carefully before sending them to the BC Hockey office. Please also make sure the injured individual's name is on all correspondence.

If you have any questions or require assistance completing this form, please contact the BC Hockey office.





# HOCKEY CANADA INJURY REPORT



CLAIMS MUST BE PRESENTED WITHIN 90 DAYS OF THE INJURY DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Mo. Day Yr.

INJURED PARTICIPANT: ☐ Player ☐ Team Official ☐ Game Official ☐ Spectator  
Name: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: (M) (F)  
Mo. Day Yr.

Address: \_\_\_\_\_ City / Town: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Parent / Guardian: \_\_\_\_\_

See reverse for mailing address

*Forms must be filled out in full or form will be returned. This form must be completed for each case where an injury is sustained by a player, spectator or any other person at a sanctioned hockey activity*

## DIVISION:

☐ Initiation ☐ Novice ☐ Atom ☐ PeeWee  
☐ Bantam ☐ Midget ☐ Juvenile

## CATEGORY:

☐ AAA ☐ AA ☐ A ☐ B ☐ BB ☐ C ☐ CC  
☐ D ☐ DD ☐ E ☐ House ☐ Major Junior ☐ Minor Junior  
☐ Senior ☐ Adult Rec ☐ Other

## BODY PART INJURED: \* visit the Hockey Canada web-site for an optional questionnaire \*

**Head** **Back** **Trunk** **Arm** ☐ Left ☐ Right **Pelvis** **Leg** ☐ Left ☐ Right  
☐ Eye Area ☐ Face ☐ Neck ☐ Ribs ☐ Shoulder ☐ Hand/Finger ☐ Hip ☐ Thigh ☐ Foot  
☐ Throat ☐ Dental ☐ Upper ☐ Chest ☐ Upperarm ☐ Forearm/Wrist ☐ Groin ☐ Knee ☐ Toe  
☐ Skull ☐ Lower ☐ Abdomen ☐ Elbow ☐ Collarbone ☐ Shin ☐ Other

## NATURE OF CONDITION:

☐ Concussion ☐ Laceration ☐ Fracture ☐ Sprain ☐ Strain  
☐ Contusion ☐ Dislocation ☐ Separation ☐ Internal Organ Injury

## ON-SITE CARE: ☐ On-Site Care Only ☐ Refused Care

☐ Sent to Hospital by: ☐ Ambulance ☐ Car

## INJURY CONDITIONS: Name of arena / location: \_\_\_\_\_

☐ **Exhibition / Regular Season** ☐ **Playoffs / Tournament** ☐ **Practice** ☐ **Try-outs** ☐ **Other**  
☐ Warm-up ☐ Period #1 ☐ Period #2 ☐ Period #3 ☐ Overtime # \_\_\_\_\_  
☐ Dry Land Training ☐ Gradual Onset ☐ Other Sport ☐ Other: \_\_\_\_\_

Was the injured player in the correct league and level for their age group? ☐ Yes ☐ No

Was this a sanctioned Hockey Canada activity? ☐ Yes ☐ No

## CAUSE OF INJURY:

☐ Hit by Puck ☐ Collision with Boards ☐ Non-Contact Injury  
☐ Hit by Stick ☐ Collision on Open Ice ☐ Collision with Opponent  
☐ Fall on Ice ☐ Checked From Behind ☐ Collision with Net  
☐ Fight ☐ Blindsiding

## LOCATION:

☐ Defensive Zone ☐ Offensive Zone ☐ Neutral Zone  
☐ Behind the Net ☐ 3 ft. from Boards ☐ Spectator Area  
☐ Parking Lot ☐ Dressing Room ☐ Bench  
☐ Other: \_\_\_\_\_

## WEARING WHEN INJURED:

☐ Full Face Mask ☐ Intra-Oral Mouth Guard  
☐ Half Face Shield/Visor ☐ Throat Protector  
☐ Helmet/No Face Shield ☐ No Helmet/No Face Shield  
☐ Short Gloves ☐ Long Gloves

## ADDITIONAL INFORMATION:

Has the player sustained this injury before? ☐ Yes ☐ No  
If "Yes" how long ago \_\_\_\_\_  
Was a penalty called as a result of the incident? ☐ Yes ☐ No  
Estimated Absence from hockey? ☐ 1 week ☐ 1-3 weeks ☐ 3+ weeks

## DESCRIBE HOW ACCIDENT HAPPENED: (Attach page if necessary)

I hereby authorize any Health Care Facility, Physician, Dentist or other person who has attended or examined me/my child, to furnish Hockey Canada any and all information with respect to any illness or injury, medical history, consultation, prescriptions or treatment and copies of all dental, hospital, and medical records. A photostatic/electronic copy of this authorization shall be considered as effective and valid as the original.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent/Guardian if under 18 years of age)

## TEAM INFORMATION: (To be completed by a Team Official)

Association: \_\_\_\_\_ Team Name: \_\_\_\_\_  
Team Official (Print) \_\_\_\_\_ Team Official Position: \_\_\_\_\_  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## HEALTH INSURANCE INFORMATION:

### THIS MUST BE FILLED OUT IN FULL OR FORM PROCESSING WILL BE DELAYED

Occupation: ☐ Employed Full-time ☐ Employed Part-time ☐ Unemployed ☐ Full-Time Student  
Employer (If minor, list parent's employer): \_\_\_\_\_

1. Do you have provincial health coverage? ☐ Yes ☐ No Province: \_\_\_\_\_

2. Do you have other insurance? ☐ Yes ☐ No (If "YES", PLEASE SUBMIT CLAIM TO YOUR PRIMARY HEALTH INSURER.)

3. Has a claim been submitted? ☐ Yes ☐ No (If "YES", PLEASE FORWARD PRIMARY INSURER EXPLANATIONS OF BENEFITS.)

Make Claim Payable To: ☐ Injured Person ☐ Parent ☐ Team ☐ Other: \_\_\_\_\_

## Branch APPROVAL

## Physician: \_\_\_\_\_ Address: \_\_\_\_\_ Tel: (\_\_\_\_) \_\_\_\_\_

Nature of Injury: \_\_\_\_\_ Date of First Attendance: \_\_\_\_\_

From: \_\_\_\_\_ To: \_\_\_\_\_

Give the details of injury (degree): \_\_\_\_\_

Prognosis for recovery: \_\_\_\_\_

Did any disease or previous injury contribute to the current injury? ☐ No ☐ Yes (describe): \_\_\_\_\_

Was the claimant hospitalized? ☐ No ☐ Yes (give hospital name, address and date admitted):

Names and addresses of other physicians or surgeons, if any, who attended claimant: \_\_\_\_\_

I certify that the above information is correct and the best of my knowledge.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Limits of coverage: \$1,000 per tooth, \$2,000 per accident  
Treatment must be completed within 52 weeks of accident

				Treatment must be completed within 92 weeks of accident			
				UNIQUE NO. SPEC. PATIENT'S OFFICIAL ACCOUNT NO.		I HEREBY ASSIGN MY BENEFITS PAYABLE FROM THIS CLAIM DIRECTLY TO THE NAMED DENTIST AND AUTHORIZE PAYMENT DIRECTLY TO HIM / HER	
P LAST NAME GIVEN NAME				D			
A				E		SIGNATURE OF SUBSCRIBER	
T				N			
I ADDRESS APT.				T			
E				I			
N				S			
T CITY PROV. POSTAL CODE				T			
				PHONE NO.			

FOR DENTIST USE ONLY – FOR ADDITIONAL  
INFORMATION, DIANOGNIS OR SPECIAL  
CONSIDERATION

I UNDERSTAND THAT THE FEES LISTED IN THIS CLAIM MAY NOT BE COVERED BY OR MAY EXCEED MY PLAN BENEFITS. I UNDERSTAND THAT I AM FINANCIALLY RESPONSIBLE TO MY DENTIST FOR THE ENTIRE TREATMENT.  
I ACKNOWLEDGE THAT THE TOTAL FEE OF \$ \_\_\_\_\_ IS ACCURATE AND HAS BEEN CHARGED TO ME FOR THE SERVICES RENDERED.  
I AUTHORIZE RELEASE OF THE INFORMATION CONTAINED IN THIS CLAIM FORM TO MY INSURING COMPANY/PLAN ADMINISTRATOR.

DUPLICATE FORM ☐

SIGNATURE OF (PATIENT/GUARDIAN)

## OFFICE VERIFICATION

<b>PATIENT INFORMATION</b>						
<b>DATE OF SERVICE DAY / MO. / YR.</b>	<b>PROCEDURE</b>	<b>INITIAL TOOTH CHARGE</b>	<b>TOOTH SURFACE</b>	<b>DENTIST'S FEE</b>	<b>LAB CHARGE</b>	<b>TOTAL CHARGE</b>

THIS IS AN ACCURATE STATEMENT OF SERVICES PERFORMED AND THE TOTAL FEE DUE AND PAYABLE & OE.

**TOTAL FEE SUBMITTED**

**NOTE: All benefits subject to insurer payor status, provisions of the policy, Hockey Canada sanctioned events.**

**Mail completed form to:**

## BC Hockey

**6671 Oldfield Rd. Saanichton, B.C. V8M 2A1**

**Phone: (250) 652-2978 Fax: (250) 652-4536**



# BC HOCKEY ACTION BULLETIN

**ISSUE #:**      **2009-31-A**

August 2009

**TO:**              **BC Hockey Membership**

**FROM:**        **Barry Petrachenko**  
                 **Executive Director**

**SUBJECT:**    **Special Events Process**

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We ask that you please note the following procedures regarding Special Event Sanctioning and suggest that this information be reviewed with the appropriate person(s) in your association.

As a reminder, Special Events are events that fall outside of "regular hockey programming." For each of these events, teams must ensure that a [Special Event Sanction Request Form](#) is **submitted to the BC Hockey office at least 7 to 10 days prior to the start of the event** in order to request to have Hockey Canada Insurance Program coverage extended to the event.

For all event sanction applications:

1. Please ensure that only the current form is used. It can be found on the forms page BC Hockey website, [www.bchockey.net/Administration/Forms.aspx](http://www.bchockey.net/Administration/Forms.aspx). This form can be typed in on your computer and then either emailed or printed and faxed or mailed.
2. Completed forms should be sent to the BC Hockey office for review.
3. Once a form has been reviewed by BC Hockey, it will be emailed to the MHA President, Junior or Senior Team President, or Major Midget League Team Manager for review and appropriate distribution.

A separate Special Event Sanction Request Form should be submitted for each different activity. However, if the same activity will occur multiple times, such as dry land training, one request can be submitted for all the dates that activity will occur.

If a form is submitted incomplete or lacks appropriate descriptive detail, it will be returned for completion before any approval or denial can be made.

If you are using a private or entrepreneurial instructor for your special event (such as dry land training, goaltender coaching or specialized skating training), the instructor must be registered as a BC Hockey Associate Member if the instructor is not already registered as a member of the team. You may contact your local registrar to find out whether or not the instructor is a BC Hockey Associate Member. If the instructor is not already a member, he or she should complete the



# BC HOCKEY ACTION BULLETIN

Associate Membership Application form located on the applications page of the BC Hockey website, <http://www.bchockey.net/Administration/Applications.aspx>. Please note that Associate Members also need to complete Respect in Sport (Speak Out!) and a Criminal Record Check for BC Hockey. Private Instructors will not be approved for participation until all requirements are met.

Please remember that not all activities are eligible for sanctioning. Please visit the Special Events page of the BC Hockey website, [www.bchockey.net/RiskManagement/SpecialEvents.aspx](http://www.bchockey.net/RiskManagement/SpecialEvents.aspx), for additional information regarding Special Event Sanctioning.

If you require further information regarding the above process, please contact your District / Divisional Director.



## SPECIAL EVENT SANCTION REQUEST FORM

### Completing This Form

1. This form must be completed **in full** and submitted to the BC Hockey office at least **7 to 10 business days** prior to the start of the scheduled event.
2. Type into the fields on the form.
3. To prevent delays in processing, please make sure to complete all fields and include a **full description** of the event.
4. Submit the form to the BC Hockey office by email, fax or regular mail.
5. The processed form will be returned to your MHA President, Junior / Senior Team President or MML Manager who will review it and return it to the contact person listed on this form.

#### PART 1 MEMBER INFORMATION

TEAM NAME		ASSOCIATION	
ADDRESS: NUMBER AND STREET		TOWN / CITY	POSTAL CODE
CONTACT PERSON	EMAIL		PHONE NUMBER
POSITION WITHIN MHA OR TEAM			

#### PART 2 EVENT INFORMATION

TYPE OF EVENT	IF OTHER, PLEASE LIST HERE
DATE(S) AND TIME(S) OF EVENT	
LOCATION OF EVENT	
ADDRESS OF EVENT	
DESCRIPTION OF EVENT (PLEASE INCLUDE DETAIL)	

### Submitting this request:

1. If you have an email service installed on your desktop, such as Microsoft Outlook or Outlook Express, please click the submit button. An email will open with the completed form included as an attachment.
2. If the above does not work or you use a web-based email service provider such as Yahoo or Gmail, please save the completed request form to your desktop, attach it to an email, and send the email to: [specialevents@bchockey.net](mailto:specialevents@bchockey.net).
3. You may also print the completed form and fax or mail it to the BC Hockey office.

#### BC HOCKEY USE ONLY

**SUBMIT BY EMAIL**

**PRINT**

☐ Unable to Process    ☐ Approved    ☐ Denied    Date: \_\_\_\_\_

Explanation:

Reference Number:



## P.C.A.H.A. SUPPLEMENTAL INSURANCE

### 1. Enhanced Catastrophic Injury Insurance:

The PCAHA carries an enhanced catastrophic injury insurance policy for players and volunteers (under age 69) participating with the PCAHA's member Associations to offset some of the unique and substantial expenses incurred if an individual suffers a "catastrophic injury". "Catastrophic injury" is defined as quadriplegia (complete and permanent paralysis of both upper and lower limbs), paraplegia (complete and permanent paralysis of both lower limbs), or hemiplegia (complete and permanent paralysis of upper and lower limbs of one side of the body). The principal sum under this policy (\$400,000) is over and above the coverage provided under the Hockey Canada Accidental Death and Dismemberment Policy (\$1,000,000).

### 2. Out-of-Province Travel Medical Insurance:

The PCAHA carries excess hospital/medical insurance to ensure that individuals travelling with a Canadian-based PCAHA team for sanctioned league/playoff, exhibition, or tournament games in the United States and in Canada outside B.C. are covered for costs over and above B.C. government medical should they require emergency medical attention or hospitalization during the trip. All Canadian players, team officials, volunteers, and parents/siblings under age 69 of players travelling with the team are covered for travel and activities directly connected with the game(s). All insured persons must have Canadian government medical coverage in force to qualify.

To activate this policy, teams must have obtained proper sanction for the game(s) in question, including exhibition game number(s) or tournament permission from the team's League Manager as well as permission from the BC Hockey District Director [see PCAHA Sections L(2), L(3), L(4), and L(5)]. **Failure to obtain proper sanction for games in the United States or in Canada outside B.C. will result in all insurance coverage being void.**

**Highlights of coverage** are: \$2,000,000 sum insured for emergency excess hospital/medical expenses; licensed local ambulance to the nearest medical facility; x-rays; out-patient services; prescription medication; dental injury \$3,500; return of vehicle up to \$3,000; subsistence allowance \$250 per day; family transportation benefit up to \$5,000; and child care benefit up to \$2,500.

**Exclusions:** Coverage does not include extra days prior to or after the scheduled game(s); does not include persons over 68 years of age or less than 15 days old; and does not cover pregnancy, childbirth, or related complications. Other exclusions, deductions, and limitations may also apply. Additional insurance to cover extra days or excluded persons can be purchased through Whyte Insurance Services Ltd. (604-293-1561) or other insurance agents.

**Claims Procedure:** Notification of insurance claims must be provided. Please note that some medical service providers (e.g. ambulance companies) may not bill for a considerable period of after the incident.

For claim procedures, please refer to the PCAHA web site at <a href="http://www.pcaha.bc.ca">www.pcaha.bc.ca</a>
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This summary is intended only as an outline of the key features of the program, which is governed by the terms of the Group Insurance Policy. The wording of the Policy shall govern in all situations. If there are any questions about coverage, please contact Lynn Whyte or Laurie Kay of Whyte Insurance Services Ltd., at 604-293-1561.



**FOR IMMEDIATE RELEASE:** October 27, 2008  
Media Contact: Sean Orr 250.544.3231

## Helmet Requirement for Coaches Set for December 1

BC Hockey announced today that steps will be taken to increase the level of safety for coaches taking part in on-ice activities.

At meetings held this past weekend in Richmond, the BC Hockey Executive Committee passed a motion which will effectively require all coaches to wear a helmet during team practices. A directive was issued today to all member minor hockey associations in BC and the Yukon notifying them of the requirement, which will take effect on December 1, 2008.

"The decision is viewed as a necessary step in the evolution of safety requirements for hockey participants, and has been in development over the past couple of years" noted BC Hockey Risk Manager Randy Henderson. "We had put our plans on hold in anticipation of a national directive on the subject, but when we received word last week from the Hockey Canada Safety and Risk Management Committee that the release of a national policy was not imminent our Board decided it was time to take action here in BC."

The decision sets out that failure to wear a helmet by a coach at practice will result in the pulling of BC Hockey's sanction of the practice. Unsanctioned activities are not covered by the association's insurance policy. The new policy will mean that all coaches who participant on-ice with their players will be required to wear a CSA approved helmet. "This policy is being introduced with the coach's safety in mind" added Henderson.

For more information about BC Hockey, please visit the BC Hockey website at [www.bchockey.net](http://www.bchockey.net) or email [info@bchockey.net](mailto:info@bchockey.net).





## SUMMARY - TEAM OFFICIAL QUALIFICATIONS

TEAM TYPE	HEAD COACH	ASSISTANT COACH	SAFETY PERSON	MANAGER
<b>HC-Carded Teams</b> (all "A" teams in PeeWee and above; all HC-carded Female teams)	<b>Coaching Levels -</b> Developmental 1 <b>Speak Out - Yes</b>	<b>Coaching Levels -</b> Developmental 1 <b>Speak Out - Yes</b>	<b>Safety Program - Yes</b> <b>Speak Out - Yes</b>	<b>Speak Out - Yes</b>
<b>Atom Rep Teams</b> (PCAHA-carded)	<b>Coaching Levels -</b> Coach Stream <i>(included in Hybrid clinic)</i> <b>Speak Out - Yes</b>	<b>Coaching Levels -</b> Coach Stream <i>(included in Hybrid clinic)</i> <b>Speak Out - Yes</b>	<b>Safety Program - Yes</b> <b>Speak Out - Yes</b>	<b>Speak Out - Yes</b>
<b>"C" and non-HC- carded Female teams, Atom and above</b> (PCAHA-rostered)	<b>Coaching Levels -</b> Coach Stream <i>(included in Hybrid clinic)</i> <b>Speak Out - Yes</b>	<b>Coaching Levels -</b> Coach Stream <i>(included in Hybrid clinic)</i> <b>Speak Out - Yes</b>	<b>Safety Program - Yes</b> <b>Speak Out - Yes</b>	<b>Speak Out - Yes</b>
<b>Hockey 1-4</b> (PCAHA-rostered)	<b>Coaching Levels -</b> Introduction to Coaching <i>(included in Hybrid clinic)</i> <b>Speak Out - Yes</b>	<b>Coaching Levels -</b> Introduction to Coaching <i>(included in Hybrid clinic)</i> <b>Speak Out - Yes</b>	<b>Safety Program - Yes</b> <b>Speak Out - Yes</b>	<b>Speak Out - Yes</b>

**Note 1:** All Coaches and Assistant Coaches must have attained the required level by December 1st. For Hockey Canada-carded teams, failure to have at least one qualified Coach registered by December 1st may result in the team being ineligible for playoffs.

**Note 2:** Each team must have at least one Hockey Canada Safety Program-qualified official registered. Failure to have a Safety Person registered with the team on or before **December 1st** may result in the team being ineligible for playoffs. Where there are no playoffs (Hockey 1-4), fines or other disciplinary action may result.



# PACIFIC COAST AMATEUR HOCKEY ASSOCIATION

CENTRAL OFFICE: #114 - 3993 HENNING DRIVE, BURNABY, B.C. V5C 6P7  
TELEPHONE 604-205-9011. FAX 604-205-9016. WEB SITE <http://www.pcaha.bc.ca>

SERVING AMATEUR HOCKEY IN THE LOWER MAINLAND SINCE 1941

## **P.C.A.H.A. 2009-2010 BULLETIN #7**

**DATE:** August 22, 2009.

**TO:** The Presidents  
PCAHA Member Associations/Leagues

**FROM:** David Buck  
PCAHA President

**SUBJECT:** **Game Numbers for Exhibition Games.**

=====

I would like to remind teams of their obligation to obtain exhibition game numbers for exhibition games.

Section L(2) states as follows:

- (a) Any team wishing to play an exhibition game shall first obtain permission from its League Manager by way of an exhibition game number. Under no circumstances will an exhibition game be played without a game number. Failure to obtain a game number may result in suspension or other disciplinary action against the team official(s) responsible.
- (b) If both teams report to the same League Manager, only the home team is required to obtain an exhibition game number.
- (c) If the two teams do not report to the same League Manager both teams shall obtain an exhibition game number.
- (d) If the exhibition game is against a non-PCAHA team, an exhibition game number shall be obtained whether the game is at home or away.
- (e) Please refer to Section F(6) regarding responsibility to submit game reports.

The game number rule applies both to games between teams from different Associations and to games between teams of the same Association.

The Hockey Canada playing rules define a game as, "A meeting of two teams playing for a specific length of time, for the purpose of declaring a winner through the scoring of goals. The game consists of regular playing time and overtime, if such is required." This definition has only limited usefulness. Obviously, "declaring a winner" is not a distinguishing factor for Hockey 2 and Hockey 3 games, where no score is kept, for Hockey 4 games, where there are no standings or competitive play, and for exhibition games at other levels.

The intent of the game number rule is not to prevent teams that regularly practice together from using the last 15 minutes or half hour of their practice for a controlled scrimmage. However, in the past some teams have attempt to expand the "scrimmage" to play what is really a game. In one documented case, two teams held a 10 minute "practice" (really a warm-up), followed by a 1 hour "scrimmage", with score clock, uniforms, and a referee. This event was, in fact, a game. Fundamentally, I am asking that all teams be honest about their activities, both to their Association officials and to their PCAHA League Manager, and not attempt to hide behind euphemisms.

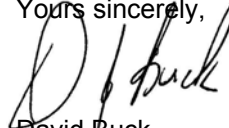
In discussion with Managing Directors and others about this problem, two related problems have been identified. First, many team officials seem unaware of part (c) of the rule which requires a game number to be obtained whether home or away when playing a game against a team which reports to a different PCAHA League Manager (for example, teams from different "C" leagues or in different Flights of "A" or

Female). In the case of such cross-league games, the game will have 2 game numbers.

Second, persons involved in referee development at the local level have complained that opportunities for beginner referees to gain game experience may be limited because some teams seem to prefer to have their exhibition games officiated by the coaches of the participating teams rather than by carded referees. This seems to be especially true in Hockey 3, Hockey 4, and in some cases Atom "C". Games at Hockey 4 and above should be officiated by carded referees.

I would appreciate your assistance in ensuring distribution of this bulletin to teams within your Association.

Yours sincerely,



David Buck  
PCAHA President

cc. PCAHA Executive Committee  
PCAHA League Managers  
files



# INSTRUCTIONS TO OFF-ICE OFFICIALS:

## **Introduction:**

Under the Hockey Canada (HC) Official Hockey Rules, the Off-Ice Officials include the Official Scorer (scorekeeper), Game Timekeeper, Penalty Timekeeper, and two Goal Judges. For Minor Hockey games, there are generally two Off-Ice Officials - the Scorekeeper and the Timekeeper. The Off-Ice Officials are officials of the game and are entitled to be treated with courtesy by the participating teams, spectators, and their fellow officials. By the same token, Off-Ice Officials should conduct themselves in a professional manner and refrain from criticizing the work of any of their fellow officials, including the On-Ice Officials.

Off-Ice Officials are under the supervision of the Referee, who is in charge of the game. The Referee shall have full authority and the final decision in all matters under dispute.

## **General Duties:**

### **SCOREKEEPER:**

1. Ensure the "Official Game Report" (scoresheet) is properly filled out by the participating teams, including (i) the date, location, game number, names of participating teams, and other information at the top of the scoresheet; (ii) the names and numbers for all participating players; and (iii) the names of team officials for the participating teams.
2. Enter on the "Official Game Report" (scoresheet) an accurate record of the **goals scored**, including (i) the time of the goal, (ii) the number of the player who scored the goal, and (iii) the numbers of the players to whom assists are to be credited (if any).
3. Keep an accurate record of all **penalties** assessed, including (i) the number of the penalized player, (ii) the infraction, (iii) the duration of the penalty, and (iv) the time the penalty was assessed.
4. Advise the Referee when the same player has received his/her second 10-min. Misconduct of the game or third stick infraction penalty of the game.
5. Record goaltender's saves (actual shots stopped).
6. At the end of the game, summarize the scoresheet information, sign the scoresheet, and present it to the Referee for verification and signature.
7. If possible, learn the standard referee signals for the different penalty types.

**Equipment** - 2 ball point pens (do not use felt pens or pencils), a notepad, and a clipboard or other hard backing on which to place the scoresheet.

### **TIMEKEEPER:**

1. Be familiar with operation of the arena score clock.
2. Ensure the time of the game is accurately kept. Ensure that the clock starts each time play commences and stops each time the referee or linesmen blow the whistle to stop play.
3. Ensure penalized players serve their correct penalty time and return to play when entitled to do so after the expiration of their penalty. Report to the referee if a player leaves the penalty box before he/she is entitled to do so.
4. Ensure the score of the game and penalties are accurately displayed on the score board.
5. Keep the penalty bench and the immediate area free of spectators.

**Equipment** - ball point pen, notepad, and wrist watch (in case of clock failure).

## **Scoresheet Language:**

- Clarity and brevity are important.
- Print clearly and firmly - you are making 3 carbon or NCR copies.
- Utilize a standard code for penalty types (see abbreviations below).
- Record player numbers only (not names) for goals, assists, and penalties.

## Instructions to Off-Ice Officials (cont.)

### SCORING:

SCORING				
NO	PER	TIME	SC	ASST
1	1	12:17	9	18
2	1	10:31	3	15, 11
3	2	13:49	7	9, 18
4	3	2:12	14	-----
5				

NO = Sequential number of goal.

PER = Period in which goal was scored (1, 2, 3, or OT).

TIME = Time of goal (on score clock).

SC = # of player scoring the goal.

ASST = #(s) of player(s) awarded assist(s) on the goal.

### PENALTIES:

PER	NO	SERV	OFFENCE	MIN	OFF	START	ON
1	7		ROUGH	2	10:24	10:24	8:24
1	30	14	SLASH	2	2:09	2:09	0:09
2	2		INTER	2	3:37	3:37	1:37
3	3	12	CFB	5	9:55	9:55	4:55
3	3		GAME	10	9:55	-----	-----
3	BEN	11	TMM	2	0:12	0:12	-----

PER = Period.

NO = # of player incurring penalty.

SERV = # of player serving penalty (if not player who incurred penalty)

OFFENCE = Penalty infraction.

MIN = Duration of penalty in minutes.

OFF = Time player was sent off.

START = Time penalty commenced (may be different from "OFF" in the case of a delayed penalty or multiple overlapping penalties).

ON = Time player returned to the ice.

### PENALTIES - SUGGESTED ABBREVIATIONS:

AGGR	Aggressor (in a Fight)
BENCH	Bench Minor
BOARD	Boarding
B/CHK	Body Checking
BUTT	Butt-Ending (double minor)
CHG	Charging
CFB	Checking From Behind
CHK. HEAD	Checking to the Head
XCHK	Cross-Checking
DELAY	Delay of Game
ELBOW	Elbowing
F.O. VIOL	Face-off Violation
FIGHT	Fighting
G.E.	Game Ejection
GAME	Game Misconduct
GROSS	Gross Misconduct
HIGH STK	High Sticking
HOLD	Holding
HOLD STK	Holding the Stick
HOOK	Hooking
ILL. EQU.	Illegal Equipment
INSTIG	Instigator (in a Fight)
INTER	Interference

INT G/K	Interference on the Goalie
KNEE	Kneeing
MATCH	Match Penalty
MISC	10-minute Misconduct
PEN SHOT	Penalty Shot
ROUGH	Roughing
ROUGH A/W	Roughing After the Whistle
SLASH	Slashing
SLEW	Slew Footing
SPEAR	Spearing (double minor)
THROW STK	Throwing Stick
TMM	Too Many Men
TRIP	Tripping
UNSPORT	Unsportsmanlike Conduct

When recording a Match Penalty, enter "MATCH" on one line and the specific infraction (e.g., "Checking From Behind", "Attempt to Injure") on the next line.

A Game Ejection may only be assessed for three stick infractions in the same game or the Female "3 penalty" rule.

### Further Information:

For further information and greater detail on the above, please refer to:

- Hockey Canada Official Hockey Rules, Section 5 - Officials.
- Hockey Canada Official Hockey Rules, Appendix E - Instructions to Off-Ice Officials.
- BC Hockey Guide for Hockey Administration (6th ed.) - Minor Officials.

## RESPONSIBILITY FOR SENDING IN SCORESHEETS (PCAHA 4-part Scoresheet)

	GAME TYPE	ORDINARY CASE	REFEREE TAKES WHITE COPY
1.	Teams reporting to same League Manager, including: <ul style="list-style-type: none"> <li>• League games.</li> <li>• Playoff games.</li> <li>• Exhibition games between teams in the same league.</li> </ul>	<b>White</b> - League Manager. <b>Yellow</b> - League Manager. <b>Blue</b> - Visiting team. <b>Pink</b> - Home team. (Home team sends top <u>two</u> copies to League Manager)	<b>White</b> - Referee. <b>Yellow</b> - League Manager. <b>Blue</b> - Visiting team. <b>Pink</b> - Home team. (Home team sends Yellow copy to League Manager)
2.	<u>Home</u> exhibition game against a team from outside the Flight or league.	<b>White</b> - League Manager. <b>Yellow</b> - Other team (for its League Mgr.). <b>Blue</b> - Visiting team. <b>Pink</b> - Home team. (Send White copy to your League Manager)	<b>White</b> - Referee. <b>Yellow</b> - League Manager. <b>Blue</b> - Visiting team. <b>Pink</b> - Home team. (Send Yellow copy to your League Manager)
3.	<u>Away</u> exhibition game against a team from outside the Flight or league (including out-of- district games)	<b>White</b> - Other Team (for its League Mgr.). <b>Yellow</b> - League Manager <b>Blue</b> - Visiting team. <b>Pink</b> - Home team. (Send Yellow copy to your League Manager)	<b>White</b> - Referee. <b>Yellow</b> - Other Team (for its League Mgr.). <b>Blue</b> - Visiting team. <b>Pink</b> - Home team. (Send <u>Blue copy</u> to your League Mgr.; retain photocopy)
4.	Tournaments/Jamborees (for all games played)	<b>White</b> - Tournament. <b>Yellow</b> - Tournament. <b>Blue</b> - Visiting team. <b>Pink</b> - Home team. (Send <u>your copy</u> or a photocopy to your League Manager)	<b>White</b> - Referee. <b>Yellow</b> - Tournament. <b>Blue</b> - Visiting team. <b>Pink</b> - Home team. (Send <u>your copy</u> or a photocopy to your League Manager)