

Tripp Umbach completed an inventory of community resources that were available in the study area. The resources identified fell within the prioritized regional community health needs of Healthy Lifestyles, Health Education, and Access to Affordable Healthcare. The following study area zip codes that were used were: 17013, 17257, 17011, 17025, 17043, 17065, 17241, 17266, 17055, 17070, 17015, 17050, 17240, 17007, 17104, 17101, 17102, 17103, 17113, 17034, 17110, 17061, 17109, 17023, 17057, 17098, 17048, 17111, 17030, 17032, 17033, 17036, 17097, 17005, 17028, 17080, 17112, 17018, 17046, 17026, 17042, 17038, 17067, 17003, 17087, 17073, 17078, 17006, 17071, 17045, 17047, 17020, 17074, 17037, 17068, 17024, 17053, 17040, 17090, 17062, 17019, 17315, 17370, 17365, 17339, and 17319.

An inventory of the resources in Holy Spirit Health System's, Penn State Hershey Medical Center's, and PinnacleHealth System's community found that there are often multiple resources available to meet each identified community health need. The following table meets the CHNA's community inventory requirements set forth in IRS Notice 2011-52 (See Table). The columns in green denote the identified prioritized regional community health needs. The columns after the identified prioritized regional health needs are subcategories that were important to the overarching identified health needs.

INVENTORY OF COMMUNITY RESOURCES AVAILABLE TO ADDRESS COMMUNITY HEALTH NEEDS IDENTIFIED IN HOLY SPIRIT HEALTH SYSTEM'S, PENN STATE HERSHEY MEDICAL CENTER'S, AND PINNACLE HEALTH SYSTEM'S COMMUNITY																
Organization/ Provider	Counties Served	Contact Information	Internet Information	Population Served	Services Provided	ACCESS TO AFFORDABLE HEALTH CARE	Primary Care	Specialty Care	Mental Health Care	Dental Care	HEALTHY LIFESTYLES	Diet and Nutrition	Physical Activity	HEALTH EDUCATION	School-Age Children	Cultural Appropriate to High- Need Populations
Adams-Hanover Counseling Services, Inc	Cumberland	272 South Main St., Chambersburg, PA 17201 ~ (717) 264-5125	More information	No restriction	Behavioral and mental health services.	*			x							
Adams-Hanover Counseling Services, Inc	Dauphin	5351 C Jaycee Ave., Suite 1, Harrisburg, PA 17112 ~ (717) 657-2080	More information	No restriction	Behavioral and mental health services.	*			x							
Adams-Hanover Counseling Services, Inc	York	1195 Roosevelt Ave., York, PA 17404 ~ (717) 843-0800	More information	No restriction	Behavioral and mental health services.	*			x							
AIDS Community Alliance	Cumberland, Dauphin, Lebanon, Perry, York	100 North Cameron St., Ste. 301 , Harrisburg, PA 17101 ~ (717) 233-7190	More information	No restriction	HIV/AIDS outreach and prevention.	*	x		x					*		x
Annville-Cleona School District	Lebanon	520 South White Oak St., Annville, PA 17003 ~ (717) 867-7600	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Area Agency on Aging of Lebanon County	Lebanon	710 Maple St., Senior Center, 2nd Fl., Lebanon, PA 17046 ~ (717) 273-9262		Individuals 60 and older	Medical service referral; Counseling services; Nutrition services.	*	x	x	x		*	x				
Art in Motion Fitness, LLC	Cumberland	829 State St., Lemoyne, PA 17043 ~ (717) 398-1549	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes.						*		x			
Athletic Club of Hershey, The	Dauphin	3003 Elizabethtown Rd., Hershey, PA 17033 ~ (717) 534-2340	More information	Ages 13 and up	Fitness equipment, individual fitness training, group fitness classes; Silver Sneakers participant; Health education services.						*		x	*		x
Atkins House	York	307 East King St., York, Pennsylvania 17403 ~ (717) 848-5454	More information	Female offenders and ex-offenders	HIV/AIDS outreach and prevention.	*			X					*		X
Barefootball Yoga and Wellness Studio	Cumberland	130 Gettysburg Pike, Suite A, Mechanicsburg, PA 17055 ~ (717) 610-1200	More information	Not specified	Yoga classes.						*	x	x			
Be Fit Yoga	Cumberland	2201 Market St., 2nd Fl., Camp Hill, PA 17011 ~ (717) 443-1119	More information	Not specified	Yoga classes.						*		x			
Bethesda Mission	Dauphin	Administration Offices, 2101 N. Front St., Building 1, Suite 301, Harrisburg, PA 17110 ~ (717) 257-4442	More information	Low income, uninsured individuals and families	Provides medical and dental services.	*	x			x						
Big Spring School District	Cumberland	45 Mount Rock Rd., Newville, PA 17241 ~ (717) 776-2000	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Bob Hoffman YMCA Program Center	York	1705 Palomino Rd, Dover, PA 17315 ~ (717) 292-5622	More information	No restriction	Fitness equipment, individual fitness training, group fitness classes, youth programs available.						*		x			
Boys & Girls Club of Central PA	Dauphin	Angino Boys & Girls Club, 1227 Berryhill St., Harrisburg, PA 17104 ~ (717)234-3286	More information	Ages 6-13	Offer activities that promote a healthy lifestyle.						*		x	*	x	x

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Organization/ Provider	Counties Served	Contact Information	Internet Information	Population Served	Services Provided											
Boys & Girls Club of Central PA	Dauphin	John N. Hall Boys & Girls Club, 1700 Hanover St., Harrisburg, PA 17104 ~ (717) 232-1700	More information	Ages 6-13	Offer activities that promote a healthy lifestyle.						*		x	*	x	x
Boys & Girls Club of Central PA	Dauphin	Downey School, 1313 Monroe St., Harrisburg, PA 17103 ~ (717) 514-2580	More information	Ages 6-13	Offer activities that promote a healthy lifestyle.						*		x	*	x	x
Burn 30 Personal Fitness	Cumberland	2014 Market St., Camp Hill, PA 17011 ~ (717) 737-5772	More information	Not specified	Fitness equipment, individual fitness training .						*		x			
Camp Curtin Branch YMCA	Dauphin	2135 N 6th St., Harrisburg, PA 17110 ~ (717) 238-9622	More information	No restriction	Fitness equipment, individual fitness training, group fitness classes, youth programs available, nutritional services.						*	x	x			
Camp Hill School District	Cumberland	2627 Chestnut St., Camp Hill, PA 17011 ~ (717)901-2400	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Carlisle Area School District	Cumberland	623 W. Penn St., Carlisle, PA 17013 ~(717) 240-6800	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Carlisle Family YMCA	Cumberland	311 South West St., Carlisle PA 17013 ~ (717) 243-2525	More information	No restriction	Fitness equipment, individual fitness training, group fitness classes, youth programs available, nutritional services.						*	x	x			
Carlisle Hatha Yoga Center	Cumberland	14 West Louther St., Carlisle, PA 17013 ~ (717) 243-2548	More information	No restriction	Yoga and tai chi classes offered.						*		x			
Cathoilic Charities of the Diocese of Harrisburg, PA, Inc.	Cumberland, Dauphin, Lebanon,	4800 Union Deposit Rd., Harrisburg, PA 17111 ~ (717) 657-4804	More information	No restriction	Counseling services available on a sliding fee scale.	*			x							
Central Allison Hill Community Center	Dauphin	1524 Walnut St., Harrisburg, PA 17103 ~ (717) 232-3246/(717) 232-9332/(717) 236-8107	More information	African American	HIV/AIDS outreach and prevention.									*		x
Central Penn Fitness	Dauphin	450 Powers Ave #103, Harrisburg, PA 17109 ~ (717) 564-4171	More information	No restriction	Fitness equipment, individual fitness training, group fitness classes, youth programs available, nutritional services, women-only fitness area, aquatics classes.						*	x	x			
Christian Services Counseling Center	Cumberland	309 Allen Rd., Carlisle, PA 17013 ~ (717) 249-7410	More information	No restriction	Counseling services available on a sliding fee scale.	*			x							
Central Dauphin School District	Dauphin	600 Rutherford Rd., Harrisburg, PA 17109 ~ (717) 921-8951	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Climbnasium Inc.	Cumberland	339 North Locust Point Rd., Mechanicsburg, PA 17050 ~ (717) 795-9580	More information	ages 6 and up	Bouldering and climbing areas.						*		x			
Community Check-Up Center	Dauphin	38C Hall Manor, Harrisburg, PA 17104 ~ (717) 233-1700	More information	Low income women and children	Women's health care services; Pediatric care for patients from newborn to 21 years of age.	*	*	x								
Cornwall-Lebanon School District	Lebanon	105 East Evergreen Rd., Lebanon, PA 17042 ~ (717) 272-2031	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Contact Helpline	Cumberland, Dauphin, Perry	PO Box 90035, Harrisburg, PA 17109 ~ (717) 652-4987	More information	No restriction	Offers 24-hour telephone information about health and human services in Cumberland, Dauphin and Perry Counties.	*	x	x	x	x						
County Assistance Office	Cumberland	33 Westminster Rd., Carlisle, PA 17013 ~ (717) 240-2700/(800) 543-7101	More information	No restriction	Offers referral services for mental or physical health needs.	*	x	x	x	x						
Crisis Intervention	Cumberland, Perry	(866) 350-HELP	More information	No restriction	Mental health crisis services mobile outreach service available 24 hours a day.	*			x							
Crisis Intervention	Cumberland	Holy Spirit Hospital Emergency Room, 503 N. 21st St., Camp Hill, PA 17011 ~ (717) 763-2222	More information	No restriction	Walk-in mental health crisis service available 24 hours a day.	*			x							
Crisis Intervention	Cumberland	Carlisle Regional Hospital Emergency Room, 45 Spring Dr., Carlisle, PA 17013 ~ (717) 243-6005	More information	No restriction	Walk-in mental health crisis service available 24 hours a day.	*			x							
Crisis Intervention and Information Center	Lebanon	Good Samaritan Hospital, 4th & Walnut St. Lebanon, Pa. 17042 ~ (717) 274-3363	More information	No restriction	Mental health services.	*			x							
Crossfit 717	Cumberland	803 State St., Lemoyne, PA 17043 ~ (717) 635-8806	More information	Not specified	Crossfit fitness classes.						*		x			
Cumberland Co. Community Services	Cumberland	16 W. High St., Suite 100, Carlisle 17013 ~ (717) 240-6172/(888) 697-0371 ext. 6172		Persons ages 18 or older having long-term physical disabilities	Provides personal care services on a sliding fee scale.	*		x								

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Organization/ Provider	Counties Served	Contact Information	Internet Information	Population Served	Services Provided											
Cumberland Co. Aging & Community Services	Cumberland	1 Courthouse Square, Carlisle, PA 17013 ~ (717) 240-6100	More information	No restriction	Provides immunizations and health care coverage for newborns.	*	x	x	x							
Cumberland Co. Mental Health Services	Cumberland, Perry	16 W. High St. 3rd Fl., Carlisle, PA 17013 ~ (717) 240-6325/(717) 697-0371 ext. 6325/(717) 532-7286 ext. 6325	More information	Persons with intellectual or development disabilities	Mental health services; services for those with intellectual or developmental disabilities.	*			x							
Cumberland-Perry Drug & Alcohol Commission	Cumberland, Perry	16 W. High St. 3rd Fl., Carlisle, PA 17013 ~ (717) 240-6300/(888) 697-0371 ext. 6300	More information	No restriction	Counseling services available on a sliding fee scale.	*			x							
Cumberland-Perry Nurse-Family Partnership	Cumberland, Perry	Sadler Health Center Corporation, 100 N. Hanover St., Carlisle, PA 17013 ~ (717) 960-4323.	More information	First time pregnant, low income women	Registered Nurses are partnered with first-time pregnant, low-income women during pregnancy and until the baby turns two years old. Home visits provide education, support and advocacy.Free service.	*		x						*		x
Cumberland-Perry Tapestry of Health	Cumberland, Perry	401 E Louther St. #104, Carlisle, PA 17013 ~ (717) 243-0523	More information	Pregnant, postpartum, and breastfeeding women, infants, toddlers, children up to age five	Health education and referral services.	*	x	x			*	x		*		x
Cumberland Valley School District	Cumberland	6746 Carlisle Pike, Mechanicsburg, PA 17050 ~ (717) 697-8261	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Curves	Perry	15 S. Market St., Duncannon, PA 17020 ~ (717) 834-6650	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Curves	Dauphin	1654 E. Chocolate Ave., Hershey, PA 17033 ~ (717) 312-1155	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Curves	Lebanon	201 E. Penn Ave., Cleona, PA 17042 ~ (717) 389-0062	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Curves	Perry	2150 White Street, York, PA 17404 ~ (717) 812-1700	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Curves	Cumberland	290 East Pomfret Street #4, Carlisle, PA 17013 ~ (717) 258-1886	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Curves	Dauphin	3835 Union Deposit Rd., Harrisburg, PA 17109 ~ (717) 901-8700	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Curves	Dauphin	5000 Lingelstown Rd, Unit 9 & 10, Harrisburg, PA 17112 ~ (717) 920-2202	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Curves	Perry	5263 Spring Rd, Shermans Dale, PA 17090 ~ (717) 582-3500	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Curves	Cumberland	6 Skyport Rd, Mechanicsburg, PA 17050 ~ (717) 506-0910	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Curves	York	80 Newberry Commons, Etters, PA 17319 ~ (717) 938-5170	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Curves	Cumberland	829 State St., Lemoyne, PA 17043 ~ (717) 920-5616	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Dauphin County State Health Center	Dauphin, Lebanon, Perry, York	30 Kline Plaza, Harrisburg, Pennsylvania 17104 ~ (717) 787-8093			Health referral services; Men and women's sexual health services.	*	x	x								
Diakon Family Life Services	Cumberland, Dauphin, Lebanon, Perry, York	960 Century Dr., Mechanicsburg, PA 17055 ~ (717) 795-0330	More information	No restriction	Counseling services available on a sliding fee scale.	*			x							
Derry Township School District	Dauphin	550 Homestead Road Hershey, PA 17033 ~ (717) 531-2244	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x

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Organization/ Provider	Counties Served	Contact Information	Internet Information	Population Served	Services Provided											
Donated Dental Services - Southeastern PA	Cumberland, Dauphin, Lebanon, Perry, York	P.O. Box 5025, Harrisburg, PA 17110 ~ (717) 238-8721	More information	Low income elderly individuals, low income disable adults and children	Dental services.	*				x						
Dover Area School District	York	2 School Ln., Dover, PA 17315 ~ (717) 292-3671	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
East Pennsboro Area School District	Cumberland	529 North Enola Dr., Enola, PA 17025 ~ (717) 732-3601	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x			
East Shore Branch YMCA	Dauphin	701 N Front St, Harrisburg, PA 17101 ~ (717) 232-9622	More information	No restriction	Fitness equipment, individual fitness training, group fitness classes, youth programs available; Tobacco Prevention Programs.						*	x	x	*	x	x
Eastern Lebanon County School District	Lebanon	180 Elco Dr.,Myerstown, PA 17067 ~ (717) 866-7117	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Epic Fitness Studio, LLC	Dauphin	79 North Progress Ave., Harrisburg, PA 17109 ~ (717) 545-0075	More information	Adults	Group fitness studio.						*		x			
Family First Health	York	308 Market St., Lewisberry, PA 17339 ~ (717) 938-6695	More information	No restriction	Provides medical and sexual health services; Spanish interpreters on staff; Sliding scale fee.	*	x	x								
Family Focus	Lebanon	1431 Walnut St., Lebanon, Pa. 17042 ~ (717) 273-3011		Children and adolescents	Behavioral and mental health services.	*			x							
First Class Fitness	Cumberland	902 Market St., Lemoyne, PA 17043 ~ (717) 901-4929	More information	Not specified	Individual fitness training, group fitness classes, nutritional services.						*	x	x			
Fitness Fusion Personal Training Studio	Dauphin	4085 Linglestown Rd., Harrisburg, PA 17112 ~ (717) 545-5400	More information	Not specified	Fitness and nutrition services.						*	x	x			
Fitness Fusion Personal Training Studio	Dauphin	1136 Mae St., Hummelstown, PA 17036 ~ (717) 298-6119	More information	Not specified	Fitness and nutrition services.						*	x	x			
Fitness U	Dauphin	201 Strawberry Sq., Harrisburg, PA 17101 ~ (717) 236-3476	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes, swimming pool.						*	x				
Freedom Fitness PA	Cumberland	405 N East St #320, Carlisle, PA 17013 ~ (717) 440-4118	More information	Not specified	Fitness and nutrition services.						*	x	x			
Fun Fitness	Cumberland, Dauphin	3909 Gettysburg Rd., Camp Hill, PA 17011 ~ (717) 421-2197	More information	Females, ages 5-17	Group fitness classes.						*	x				
Girl Scouts in the Heart of PA	Cumberland, Dauphin, Lebanon, Perry, York	Harrisburg Area Service Center, Corporate Headquarters, 350 Hale Ave., Harrisburg, PA 17104 ~ (717) 233-1656	More information	Females, ages 5-17	Offer activities that promote a healthy lifestyle.						*		x	*	x	x
Gold's Gym	Cumberland	1225 Ritner Highway, Carlisle, PA 17013 ~ (717) 218-0282	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes, Silver Sneakers participant participant.						*		x			
Gold's Gym	York	2340 North George St., York , PA 17406 ~ (717) 846-4700	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes, Silver Sneakers participant participant.						*		x			
Gold's Gym	York	298 Pauline Dr., York , PA 17403 ~ (717) 741-9529	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes, Silver Sneakers participant participant.						*		x			
Gold's Gym	Cumberland	3401 Hartzdale Dr, Suite 101, Camp Hill , PA 17011 ~ (717) 303- 2070	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes, Silver Sneakers participant.						*		x			
Gold's Gym	Dauphin	4251 Chambers Hill Rd., Harrisburg , PA 17111 ~ (717) 564- 1829	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes, Silver Sneakers participant.						*		x			

Organization/	Provider	Counties Served	Contact Information	Internet Information	Population Served	Services Provided	ACCESS TO AFFORDABLE HEALTH CARE	Primary Care	Specialty Care	Mental Health Care	Dental Care	HEALTHY LIFESTYLES	Diet and Nutrition	Physical Activity	HEALTH EDUCATION	School-Age Children	Cultural Appropriate to High- Need Populations
Gold's Gym		Dauphin	4456 Oakhurst Blvd, Harrisburg , PA 17110 ~ (717) 412-0507	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes, Silver Sneakers participant.						*		x			
Gold's Gym		Dauphin	583 E. Main St., Hummelstown , PA 17036 ~ (717) 566-9331	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes, Silver Sneakers participant.						*		x			
Gracie Barra Brazilian Jiu Jitsu School		Cumberland, Dauphin	229 Petersburg Road, Carlisle, PA 17013 ~ (717) 448-3644	More information	No restriction	Brazilian Jiu-Jitsu fitness classes.						*		x			
Greenwood School District		Perry	405 East Sunbury St., Millerstown, PA 17062 ~ (717) 589-3117	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Halifax Area School District		Dauphin	3940 Peters Mountain Rd. Halifax, PA 17032 ~ (717) 896-3416	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Hamilton Health Clinic		Cumberland, Dauphin	1821 Fulton St. Harrisburg 17102 ~ (717) 230-3979/(800) 442-9421	More information	No restriction	Medical services.	*	x			x						
Harrisburg Area Community College		Dauphin	HACC Harrisburg Campus, Cooper 206, One HACC Dr., Harrisburg, PA 17110 ~ (717) 780-2414	More information	Not specified	Aquatic fitness classes.						*		x			
Harrisburg Area Community College Dental Hygiene Clinic		Dauphin	Select Medical Health Education Pavilion Room 102, HACC Harrisburg Campus, One HACC Dr. Harrisburg, PA 17110 ~ (717) 780-2441	More information	Low income, uninsured individuals and families	Dental services.	*				x						
Harrisburg Area School District		Dauphin	2101 N Front St. # 2, Harrisburg, PA 17110 ~ (717) 703-4000	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Harrisburg Area YMCA		Dauphin	123 Forster St., 2nd Floor, Harrisburg , PA 17102 ~ (717) 232-2068	More information	No restriction	Fitness equipment, individual fitness training, group fitness classes, youth programs available, nutritional services.						*		x			
Health Share		Cumberland	New Hope Ministries, 15 State Rd., Mechanicsburg, PA 17055 ~ (717) 766-7333		Low to middle income persons	Provides medical and dental services.	*	x			x						
Healthy Babies Helpline		Cumberland, Dauphin, Lebanon, Perry, York	(800) 986-2229	More information	No restriction	Provides information about affordable pre/post-natal care to mothers	*		x								
Help in PA Health and Human Services Portal		Cumberland, Dauphin, Lebanon, Perry, York		More information	No restriction	Provides information and resources for health care.	*	x	x	x	x						
Hetrick Center, The		Dauphin	845 Sir Thomas Ct., Harrisburg, PA 17109 ~ (717) 652-4002	More information	No restriction	Nutrition services; Health education services.						*	x		*		x
Hetrick Center, The		Cumberland	1300 Bent Creek Blvd., Mechanicsburg, PA 17050 ~ (717) 796-2225	More information	No restriction	Nutrition services; Health education services.						*	x		*		x
Hetrick Center, The		Dauphin	500 North Union St., Middletown, PA 17057 ~ (717) 944-2225	More information	No restriction	Nutrition services; Health education services.						*	x		*		x
Holy Spirit Hospital		Dauphin	503 N. 21st St. Camp Hill 17011 ~ (717) 763-2100	More information	No restriction	Provides medical, surgical, and behavioral health services ; Health education services.	*	x	x	x					*	x	x
Hope Within Community Center		Dauphin	748 E. Harrisburg Pike, Elizabethtown, PA 17022 ~ (717) 367-9797	More information	Low income, uninsured individuals and families	Medical services.	*	x									
Iron Haven Gym & Chiropractic		Cumberland	290 E Pomfret St. # 3, Carlisle, PA 17013 ~ (717) 243-6396	More information	No restriction	Fitness equipment.						*		x			
Jewish Family Service of Greater Harrisburg, Inc.		Dauphin	3301 North Front St., Harrisburg, PA 17110 ~ (717) 236-9555	More information	No restriction	Counseling and mental health services.	*			x							

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Organization/ Provider	Counties Served	Contact Information	Internet Information	Population Served	Services Provided											
Jewish Federation of Greater Harrisburg	Dauphin	3301 North Front St., Harrisburg, PA 17110 ~ (717) 236-9555	More information	No restriction	Fitness equipment, individual fitness training, group fitness classes, swimming pool, youth programs available, Silver Sneakers participant.						*		x			
Keystone Children and Family Services	Dauphin	3700 Vartan Way, Harrisburg, PA 17110 ~ (717) 541-9620	More information	No restriction	Mental and behavioral health services.	*			x							
King's Fitness for Life	Dauphin	1299 Armstrong Valley Rd., Halifax, PA 17032 ~ (717) 896-8990	More information	No restriction	Individual fitness training, group fitness classes, Silver Sneakers participant						*					
King's Fitness for Life	Perry	235 Walnut St., Newport, PA ~ (717) 567-2123	More information	No restriction	Individual fitness training, group fitness classes, Silver Sneakers participant						*		x			
LA Fitness	Dauphin	3321 Trindle Rd., Camp Hill, PA 17011 ~ (717) 731-1015	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes, swimming pool.						*		x			
LA Fitness	Dauphin	5070 Jonestown Rd., Harrisburg, PA 17112 ~ (717) 652-2955	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes.						*		x			
Lebanon County Assistance Office	Lebanon	625 S 8th St., P.O. Box 870, Lebanon, Pa. 17042 ~ (717) 270-3600	More information	Low income individuals and families	Medical assistance services.	*	x	x								
Lebanon County Mental Health/Mental Retardation Program	Lebanon	220 East Lehman St., Lebanon, PA 17046 ~ (717) 274-3415	More information	Individuals diagnosed with a mental illness	Mental health services.	*			x							
Lebanon Family Health	Lebanon	Jeanne Donlevy Arnold Center, 615 Cumberland St., Lebanon, PA 17042 ~ (717) 273-6741	More information	Low income, uninsured individuals and families	Reproductive health, men and women's sexual health services, health education classes.	*		x						*		x
Lebanon School District	Lebanon	1000 S. 8th St., Lebanon, PA 17042 ~ (717) 273-9391	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Lebanon State Health Center	Lebanon	9 North 9th St., Lebanon, PA 17046 ~ (717) 272-2044	More information	No restriction	Immunizations and STD testing.	*		x								
Lebanon Valley Family YMCA	Lebanon	201 N 7th St., Lebanon, PA 17042 ~ (717) 273-2691	More information	No restriction	Fitness equipment, individual fitness training, group fitness classes, youth programs available.						*		x			
LionCare Clinic - PennState Hershey College of Medicine - Harrisburg	Cumberland, Dauphin	611 Reily St., Harrisburg, PA 17102 ~ (717) 257-4440, ext. 312	More information	Low income, uninsured individuals and families	Medical health services; some specialized health services available.	*	x	x								
Lower Dauphin School District	Dauphin	291 East Main St., Hummelstown, PA 17036 ~ (717) 566-5300	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Mechanicsburg Area School District	Cumberland	100 East Elmwood Ave., Mechanicsburg, PA 17055 ~ (717) 691-4500	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Memorial Hospital	York	325 South Belmont St., York, PA 17403 ~ (717) 843-8623	More information	No restriction	Medical and specialty care services; Nutrition services; Health education services; Financial hardshipprogram available.	*	x	x			*	x		*	x	x
Mental Health America of York & Adams Counties	York	36 South Queen St., York, PA 17403 (717) 843-6973	More information	No restriction	Mental health referral service.	*			x							
Millersburg Area School District	Dauphin	799 Center Street, Millersburg, PA ~ (717) 692-2108	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x			
Mission of Mercy Clinic Harrisburg - Harrisburg	Cumberland, Dauphin	Christ Lutheran Church, 124 South 13th St., Harrisburg, PA 17104 ~ (717) 972-4993	More information	Low income, uninsured individuals and families	Medical and dental services;	*	x			x						
Momentum Fitness Center	Cumberland	5103 Carlisle Pike, Mechanicsburg, PA 17050 ~ (717) 737-6362	More information	Females	Fitness center specifically for females. Offers nutritional support.						*	x	x			
Morning Star Pregnancy Services	Dauphin	35 South Union St., Middletown, PA 17057 ~ (717) 944-3888	More information	No restriction	Offers low/no cost STD and pregnancy testing.	*		x								
Morning Star Pregnancy Services	Dauphin	3837 Walnut St., Harrisburg, PA 17109 ~ (717) 901-2799	More information	No restriction	Offers low/no cost STD and pregnancy testing.	*		x								

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Organization/ Provider	Counties Served	Contact Information	Internet Information	Population Served	Services Provided											
Morning Star Pregnancy Services	Cumberland	503 Bridge St., New Cumberland, PA 17070 ~ (717) 901-5433	More information	No restriction	Offers low/no cost STD and pregnancy testing.	*		x								
Movement Center	Dauphin	2134 North 2nd St., Harrisburg, PA 17110 ~ (717) 238-0357	More information	Not specified	Group and invididual fitness classes.						*		x			
My Gym Children's Fitness Center	Cumberland	5103 Carlisle Pike, Mechanicsburg, PA 17050 ~ (717) 737-1936	More information	Children 6 weeks to 13 years old	Children and youth fitness classes.						*		x			
New York Fitness Clubs	Lebanon	North Londonderry Square, Route 422, Lebanon, PA 17042 ~ (717) 832-3232	More information	Adult	Fitness equipment, individual fitness training.						*		x			
New York Fitness Clubs	Lebanon	1593 Mt. Joy Street, Lebanon, PA 17042~ (717) 689-5440	More information	Adult	Fitness equipment, individual fitness training.						*		x			
New York Fitness Clubs	Cumberland	5260 Simpson Ferry Rd., Mechanicsburg, PA 17050 ~ (717) 620-8954	More information	Adult	Fitness equipment, individual fitness training.						*		x			
New York Fitness Clubs	Lebanon	Lebanon Plaza, 1139 Quentin Road, Lebanon, PA 17042 ~ (717) 270-7220	More information	Adult	Fitness equipment, individual fitness training.						*		x			
Newport School District	Perry	559 North 5th St., Newport, PA 17074 ~ (717) 567-3806	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
NHS Human Services	Cumberland	33 State Ave., Carlisle, PA ~ (717) 243-6033	More information	Youth and adults with behavioral and mental health needs	Provides mental and behaviorial health services to youth and adults.	*			*							
NHS Human Services	Dauphin	1801 North Front St., Harrisburg, PA 17102 ~ (717) 236-3406	More information	Youth and adults with behavioral and mental health needs	Provides mental and behaviorial health services to youth and adults.	*			x							
NHS Human Services	Lebanon	1801 North Front St., Harrisburg, PA 17102 ~ (717) 236-3406	More information	Youth and adults with behavioral and mental health needs	Provides mental and behaviorial health services to youth and adults.	*			x							
NHS Human Services	Perry	1801 North Front St., Harrisburg, PA 17102 ~ (717) 236-3406	More information	Youth and adults with behavioral and mental health needs	Provides mental and behaviorial health services to youth and adults.	*			x							
NHS Human Services	York	651 Albright Ave., York, PA 17404 ~ (717) 843-0064	More information	Youth and adults with behavioral and mental health needs	Provides mental and behaviorial health services to youth and adults.	*			x							
Northeastern School District	York	41 Harding St., Manchester, PA 17345 ~ (717) 266-3667	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Northern Dauphin County Branch YMCA	Dauphin	500 N Church St., Elizabethville, PA 17023 ~ (717) 362-9494	More information	Youth and adults with behavioral and mental health needs	Fitness equipment, individual fitness training, group fitness classes, youth programs available, nutritional services.						*	x	x			
Northern Lebanon School District	Lebanon	345 School Dr., Fredericksburg, PA 17026 ~ (717) 865-0541	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
Northern York County School District	York	653 South Baltimore St., Dillsburg, PA 17019 ~ (717) 432-8691	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
PA Counseling Services	Cumberland	1 Greystone Rd., Carlisle, PA 17013 ~ (717) 245-9255	More information	Youth and adults with behavioral and mental health needs	Provides mental and behaviorial health services to youth and adults.	*			x							
PA Counseling Services	Cumberland	445 Gettysburg Pike, Mechanicsburg, PA 17055 ~ (717) 795-8363	More information	Youth and adults with behavioral and mental health needs	Provides mental and behaviorial health services to youth and adults.	*			x							
PA Counseling Services	Dauphin	4918 Locust Ln., Harrisburg, PA 17109 ~ (717) 671-9610	More information	Youth and adults with behavioral and mental health needs	Provides mental and behaviorial health services to youth and adults.	*			x							

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Organization/	Provider	Counties Served	Contact Information	Internet Information	Population Served	Services Provided										
PA Counseling Services	Dauphin	200 South Progress Ave., Harrisburg, PA 17109 ~ (717) 526-4889	More information	Youth with behavioral and mental health needs	Provides mental and behavioral health services to youth.	*			x							
PA Counseling Services	Lebanon	350 North 6th Ave., Lebanon, PA 17046 ~ (717) 274-9682	More information	Youth and adults with behavioral and mental health needs	Provides mental and behavioral health services to youth and adults.	*			x							
PA Counseling Services	Lebanon	VA Medical Center, Lebanon, PA 17042 ~ (717) 274-8301	More information	Youth with behavioral and mental health needs	Provides mental and behavioral health services to youth.	*			x							
PA Counseling Services	Lebanon	200 North 7th St., Lebanon, PA 17046 ~ (717) 272-1653	More information	Youth and adults with behavioral and mental health needs	Provides mental and behavioral health services to youth and adults.	*			x							
PA Counseling Services	Lebanon	618 Cumberland St., Lebanon, PA 17042 ~ (717) 274-2741	More information	Youth and adults with behavioral and mental health needs	Provides mental and behavioral health services to youth and adults.	*			x							
PA Counseling Services	York	128-130 North George St., York, PA 17401 ~ (717) 848-6116	More information	Youth and adults with behavioral and mental health needs	Provides mental and behavioral health services to youth and adults.	*			x							
PA Counseling Services	York	26 Mt. Zion Rd., York, PA 17402 ~ (717) 840-0984	More information	Youth and adults with behavioral and mental health needs	Provides mental and behavioral health services to youth and adults.	*			x							
Palmyra Area School District	Lebanon	1125 Park Dr., Palmyra, PA 17078 ~ (717) 838-3144	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.	*			x							
Pediatric Comprehensive Care Clinic	Cumberland, Dauphin, Lebanon, Perry, York	Milton Hershey Medical Center, PO Box 850, Hershey, PA 17033 ~ (717) 531-8882, (717)531-7531, (717) 531-8521	More information	Infants, children, and adolescents with HIV or AIDS	Pediatric care for children with HIV/AIDS; mental health services; sexual health education programs.	*	x	x						*	x	x
Pennsylvania Department of Health	Cumberland, Dauphin, Lebanon, Perry, York		More information	No restriction	Provides information and resources for health care and health education.	*	x	x	x	x				*	x	x
Performance Fitness Training	Dauphin	7015 Jonestown Rd., Harrisburg, PA 17112 ~ located inside Platinum Health and Fitness ~ (717) 635-8677	More information	Not specified	Individual fitness training; nutrition counseling.						*	x	x			
Personal Fitness	Cumberland	3508 Trindle Rd., Camp Hill, PA 17011 ~ (717) 730-9594	More information	Not specified	Individual fitness training.						*		x			
Philhaven	Dauphin, Lebanon, York	283 Butler Rd., Lebanon, PA 17042 ~ (717) 273-8871	More information	Individuals diagnosed with a mental illness	Behavioral and mental health services.											
Pilates Experience	Dauphin	7921 Grayson Rd., Harrisburg, PA 17111 ~ (717) 564-4141	More information	Not specified	Group and individual pilates classes.						*		x			
Pinnacle Health System	Cumberland, Dauphin, Lebanon, Perry, York	PO Box 8700, Harrisburg, PA 17105 ~ (717) 231-8900	More information	No restriction	Provides medical, surgical, and behavioral health services; Health education services; Charity care and financial assistance available.	*	x	x	x		*	x		*	x	x
Planet Fitness	Cumberland	1 Gettysburg Pike, Mechanicsburg, PA 17055 ~ (717) 591-2332	More information	Not specified	Fitness equipment, group fitness classes.						*		x			
Planet Fitness	Cumberland	1186 Walnut Bottom Rd., Carlisle, PA 17015 ~ 701-8581	More information	Not specified	Fitness equipment, group fitness classes.						*		x			
Planet Fitness	Cumberland	28 Shippensburg Shopping Center, Shippensburg, PA 17257 ~ (717) 530-1435	More information	Not specified	Fitness equipment, group fitness classes.						*		x			
Planet Fitness	Dauphin	3460 Paxton St., Harrisburg Paxton St., PA 17111 ~ (717) 558-9821	More information	Not specified	Fitness equipment, group fitness classes.						*		x			
Planet Fitness	Cumberland	4850 Carlisle Pike, Mechanicsburg, PA 17050 ~ (717) 761-1202	More information	Not specified	Fitness equipment, group fitness classes.						*		x			
Planet Fitness	Dauphin	6041 Allentown Blvd., Harrisburg, PA 17112 ~ (717) 526-6932	More information	Not specified	Fitness equipment, group fitness classes.						*		x			
Planned Parenthood	Dauphin	1514 North Second St., Harrisburg, PA 17102 ~ (717) 234-2468	More information	No restriction	Reproductive health and men and women's sexual health services.	*		x								

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Organization/	Provider	Counties Served	Contact Information	Internet Information	Population Served	Services Provided										
Planned Parenthood		York	728 South Beaver St., York, PA 17401 ~ (717) 845-9681	More information	No restriction	Reproductive health and men and women's sexual health services.	*		x							
Planned Parenthood		Cumberland	850 Walnut Bottom Road, Suite 302, Carlisle, PA 17013 ~ (717) 243-0515	More information	No restriction	Reproductive health and men and women's sexual health services.	*		x							
Platinum Fitness		Dauphin	7015 Jonestown Rd., Harrisburg, PA 17112 ~ (717) 652-7490	More information	Not specified	Fitness equipment, group fitness classes, individual fitness training; Silver Sneakers participant; female only fitness area.	*		x							
Premier Fitness Inc.		Cumberland	401 S. Front St., Wormleysburg, PA, 17043 ~ (717) 737-4413	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes.					*		x			
PROGRAM for Female Offenders		Cumberland, Dauphin	1515 Derry St., Harrisburg, PA 17104 ~ (717) 238-9950	More information	Aults 18 years old and older	HIV/AIDS outreach and prevention.								*		x
Puerto Rican Organizing Committee		Dauphin	Mount Pleasant Hispanic American Center, 301 South 13th St., Harrisburg, PA 17104 ~ (717) 232-7691	More information	No restriction	HIV/AIDS outreach and prevention.	*	X		X				*	X	X
RedCedar Family Wellness & Fitness Center		York	689 Yorktown Road, Lewisberry, PA 17339 ~ (717) 938-9496	More information	No restriction	Fitness equipment, individual fitness training, group fitness classes.					*		x			
Sadler Health Center Corporation		Cumberland	100 N. Hanover St. Carlisle 17013 ~ (717) 218-6670/1-866-SADLER	More information	No restriction	Medical, mental health and dental services; Health education services.	*	x		x	x			*	x	x
Sarge's Athletic Performance		Cumberland	Twin Ponds West Building, 101 Salem Church Rd., Mechanicsburg PA, 17055	More information	Student and professional athletes	Fitness training for athletes.					*		x			
Shippensburg Area School District		Cumberland	301 Lurgan Ave., Shippensburg, PA 17257 ~ (717) 530-2770	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.					*	x	x	*	x	x
Shippensburg Community Nurse		Cumberland	126 E. King St., Shippensburg, PA 17257 ~ (717) 530-7900	More information	Uninsured individuals	Medical services administered by a Registered Nurse.	*	x	x							
Shippensburg Fitness Center Inc		Cumberland	117 West Burd St., Shippensburg, PA 17257 ~ (717) 530-166	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes,nutrition counseling, Silver Sneaker participant.					*	x	x			
Snap Fitness		Dauphin	2308 Patton Rd., Harrisburg, PA 17112 ~ (717) 540-5414	More information	Not specified	Fitness equipment, individual fitness training, group fitness classes, Silver Sneaker participant.					*		x			
South Middleton School District		Cumberland	Academy St., Boiling Springs, PA 17007 ~ (717) 258-6484	More information		Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.					*	x	x	*	x	x
Special Pharmaceutical Benefits Program		Cumberland, Dauphin, Lebanon, Perry, York	P.O. Box 8021, Harrisburg, PA 17105 ~ (800) 922-9384/(717) 772-6450/(717) 772-6180	More information	No restriction	HIV/AIDS outreach and prevention.	*		X					*	X	X
Steelton Highspire School District		Dauphin	250 Reynders St., Steelton, PA 17113 ~ (717) 704-3803	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.					*	X	X	*	X	X
Susan P. Byrnes Health Education Center		York	515 South George St., York, PA 17401 ~ (717) 848-3064	More information	No restriction	Health education services.								*	x	x
Susquehanna Valley Pregnancy Services		Lebanon	132 S 8th St., Lebanon, PA 17042 ~ (717) 274-0600	More information	No restriction	Pregnancy and STD testing referral services; Counseling services.	*		x	x						
Synergy Fitness		Cumberland	2151 Fisher Rd., Mechanicsburg, PA 17055 ~ (717) 458-8144	More information	Youth age 6-18	Fitness equipment, individual fitness training, group fitness classes,nutrition counseling, Silver Sneaker participant.					*	X	X			
TM Fitness		Cumberland	2151 Fisher Rd., Mechanicsburg, Pennsylvania 17055 ~ (717) 315-8118	More information	Kindergarten - 12th grade students in district	Fitness equipment, individual fitness training.					*		X			
Train Yard Gym & Fitness		Dauphin	1079 2nd St., Enola, PA 17025 ~ (717) 728-1902	More information	Not specified	Fitness equipment, individual fitness training.					*		X			
Transformation Training and Fitness		Cumberland	469 East North St., Carlisle, PA 17013 ~ (717) 609-0799	More information	Not specified	Group fitness classes, personal training					*		X			
Transformations Fitness Train		Cumberland	124 College Hill Rd., Enola, PA 17025 ~ (717) 329-7480	More information	Not specified	Group fitness classes, personal training					*		X			

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Organization/ Provider	Counties Served	Contact Information	Internet Information	Population Served	Services Provided											
Upper Dauphin School District	Dauphin	5668 State Route 209, Lykens, PA 17048 ~ (717) 362-8134	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.	*					*	X	X	*	X	X
Veteran's Affairs Outpatient Clinic	Cumberland	25 N. 32nd St. Camp Hill 17011 ~ (717) 730-9782	More information	Veterans	Provides medical services to veterans.	*	X	X								
Vereran's Affairs Medical Center	Lebanon	1700 S Lincoln Ave., Lebanon, Pa. 17042 ~ (717) 272-6621	More information	Veterans	Provides medical services to veterans.	*	x	x	x	x						
Visiting Nurse Association	Cumberland, Dauphin, Lebanon, Perry, York	3315 Derry St., Harrisburg, PA ~ (717) 233-1035 800-995-8207	More information	No restriction	Provides home health care services.	*		x								
Volunteers in Medicine Free Health Clinic		711 South 8th St., Lebanon, PA 17042 ~ (717) 272-2252	More information	Working, uninsured individuals and their family	Medical and dental services.	*	x			x						
Water Street Health Clinic	Lebanon	135 South Ninth St., Lebanon, PA 17046 ~ (717) 273-2715	More information	Low income, uninsured individuals and families	Medical Services, Health Education Services, Dental Services.	*	x			x				*	x	x
WellSpan Hayshire Health Clinic/Hayshire Family Medicine	York	2775 North George St. York, PA 17402 ~ (717) 812-7300	More information	Low income, uninsured individuals and families	Medical and spcialty health services; Health education services; Charity care available.	*	x	x						*	x	x
WellSpan Women's Center	York	35 Monument Rd. 201, York, PA 17403 ~ (717) 812-3702	More information	Uninsured/underinsured women	Women's health services.	*		x								
West Perry School District	Perry	2606 Shermans Valley Rd., Elliottsburg, PA 17024 ~ (717) 789-3934	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
West Shore Branch YMCA	Cumberland	410 Fallowfield Rd., Camp Hill, PA 17011 ~ (717) 737-9622	More information	No restriction	Fitness equipment, individual fitness training, group fitness classes, youth programs available, nutritional services.						*	x	x			
West Shore School District	Cumberland	507 Fishing Creek Rd., Lewisberry, PA 17339 ~ (717) 932-1811	More information	Kindergarten - 12th grade students in district	Curriculum and programs for grades K-12 that are designed to educate students about nutrition and physical activity.						*	x	x	*	x	x
You & Fitness	Cumberland	17 School Ave # 100, Carlisle, PA 17013 ~ (717) 243-5367	More information	Not specified	Fitness equipment, individual fitness training, nutrition counseling.						*	x	x			
York/Adams Mental Health Program	York	100 W. Market St., Suite 301, York, PA 17401 ~ (717) 771-9618	More information	Individuals diagnosed with a mental illness	Mental health services.	*			x							
YWCA Carlisle	Cumberland	301 G St., Carlisle, PA 17013 ~ (717) 243-3818	More information	No restriction	Counseling services available on a sliding fee scale.	*			x							

