


# This is Canada

Cities + Culture + Cuisine + Canada

## There’s too much Canada to keep to ourselves

When most people consider a visit to Canada, their first question is “Where to begin?” A natural inquiry, given Canada’s endless to-do list of breathtaking destinations, thriving cities and unique cultural experiences. We hope this guide helps you discover Canada’s brilliant architecture, artistic spaces, and natural beauty you won’t find anywhere else. Use the [links](#) and [QR codes](#) to take your journey beyond these pages, and discover the secret that will make your next vacation to Canada an experience to remember. We’ve also included some [great deals](#) to get you here.

 Like us on Facebook.



Québec | Alberta | VIA Rail | Ontario

[www.bonjourquebec.com/us](http://www.bonjourquebec.com/us)

## Can you say “Joie de vivre?”

Posted July 01 (permalink)

★★★★★ 312 ratings



Enjoy a taste of Montréal’s legendary cuisine, arts scene and nightlife that doesn’t shut down ‘til the sun comes up. Indulgence is the rule here. Sure, the place oozes Old World charm. But it’s the delicious decadence of the second largest francophone city on Earth that will leave you shouting “J’adore!”

### Image Share (12)



## Take an architectural tour de Montréal

Posted July 27 (permalink)

★★★★★ 629 ratings



The first accessory you’ll need in Montréal is a [BIXI bike](#). It’ll help you cover more of the sites along the banks of the historic Lachine Canal. Be sure to visit Habitat 67 and the Biosphere, stunning symbols of architecture dedicated to sustainable living and environmental awareness.

### Travel Deals (7)


» Fly to Montréal

from only

**\$170\***

Fare is one way from New York. Offer ends June 10, 2010.

Air Canada offers nonstop service from LaGuardia Airport and Newark Airport to Montréal, with convenient connections to the rest of its extensive network.

**aircanada.com** 

\*Conditions apply. Please refer to terms and conditions.



Scan this QR code to view a digital version of this guide. Online you will find more exclusive offers, videos and photo galleries. For instructions on how to use a QR code, see page 3.

[www.thisiscanada.com](http://www.thisiscanada.com)





# Pâtisserie hop till you drop in Québec City

☆ ADD TO FAVES    📖 BLOG THIS



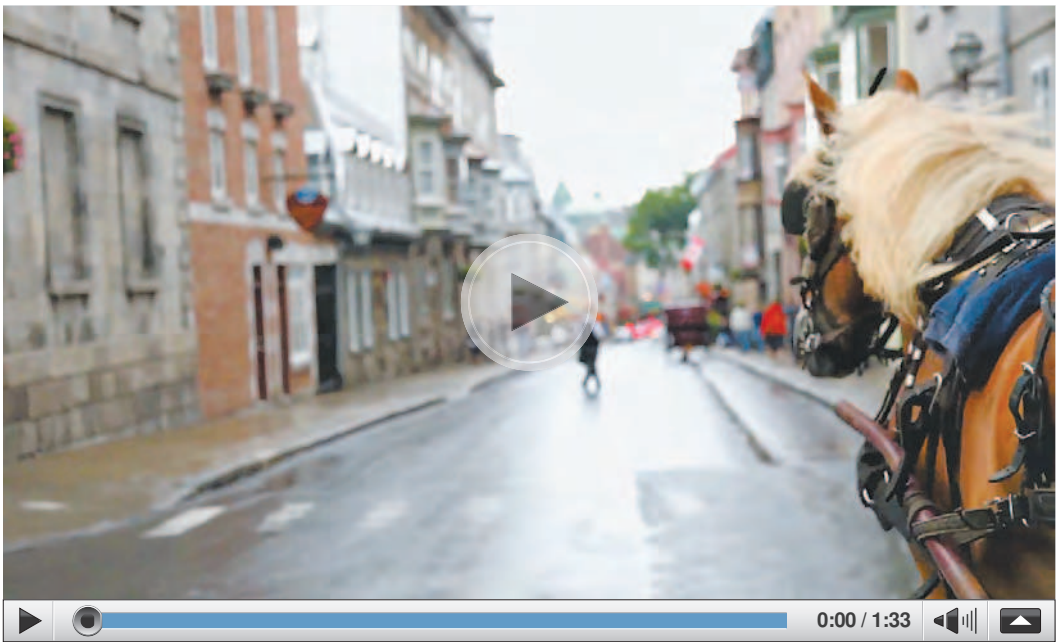
★★★★★ 274 ratings 738 views

While you’re in Québec City, meander from Basse-Ville to Haute-Ville, stopping by every pâtisserie joint you see and order something sinfully sweet. Afterward, take a romantic walk up to the [Château Frontenac](#). The view from the Château over the Plains of Abraham will take your breath away.



## Let over 400 years of unique history and culture seduce you

Posted August 28 (permalink) ★★★★★ 642 ratings



Scan here to see video



Riding in a horse-drawn carriage through the cobblestone streets of the province’s photogenic capital, you can’t help falling in love. Romance is everywhere as you pass colorful boutiques, hip cafes, tempting bistros and stately heritage homes, toward the cliff-side ramparts of North America’s only fortress city – a UNESCO World Heritage Site overlooking the mighty St. Lawrence River.

Québec | Alberta | VIA Rail | Ontario



[www.travelalberta.com](http://www.travelalberta.com)

## Good times, Badlands

☆ ADD TO FAVES    📖 BLOG THIS



★★★★★ 112 ratings 489 views

It’s like the set of Jurrassic Park V. Alberta’s Badlands have some of the world’s richest deposits of fossils and dinosaur bones. See T-Rex and his toothy pals at the [Royal Tyrrell Museum](#). Then cross 14 bridges for a lonesome pint at the Last Chance Saloon in the ghost town of Wayne.

### ▼ Comments (5)

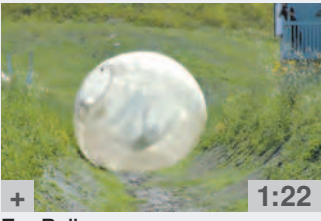
**James Turlington** The Tyrrell Museum houses 150,000 fossils. It was fantastic.

June 29 at 6:16am

## Go for gold in the jump of your life



Zip Line



Zor Ball



Check out the video from Canada Olympic Park in Calgary.

Thrill seeker? Try soaring off the 300 foot Ski Jump on a zipline that allows you to reach 90 mph at Canada Olympic Park. Or try Zorbing in a cushy inflatable globe.



## Saddle up and ride the range

☆ ADD TO FAVES

📖 BLOG THIS




★★★★★ 498 ratings

713 views

Learn the ropes of becoming a ranch hand on a real working ranch in Alberta's breathtaking Kananaskis country. Let your inner cowboy loose on a real cattle drive. Then relax in the wood-fired hot tub of your handcrafted log cabin. Yee haw! It's Bonanza for beginners.

### ▼ Comments (5)



**The Dorfmundsons** So refreshing seeing nature at its best.

August 18 at 11:16am

### ▼ Travel Deals (7)



» **Rockies Explorer Tour**

**\$1,125**

Per person.  
Some conditions apply.

Explore the scenic vistas between Banff and Jasper on a 6-day vacation through the Rockies. Experience a land of glaciers along the Continental Divide or a canyon with its narrow gorge and limestone walls dropping 150 feet below – this is the explorer's vacation.

**BREWSTER**  
*Sharing the best of Canada*

**since 1998**

[www.travelalberta.com/Explorer](http://www.travelalberta.com/Explorer)

Québec | Alberta | **VIA Rail** | Ontario



[www.viarail.ca](http://www.viarail.ca)

## Bears, belugas & the Borealis

☆ ADD TO FAVES

📖 BLOG THIS



Take the **VIA** train from Winnipeg over a thousand miles north to Churchill on the arctic shores of Hudson Bay. Depending on your timing, you can either hang with huge polar bears or swim with friendly pods of belugas. At night, kick back and watch the Aurora Borealis bathe the sky with celestial curtains of color.

### ▼ Image Share (13)



### ▼ Travel Deals (4)



» **Journey Across Canada**

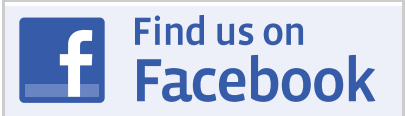
**\$1,596** <sup>CAD</sup>

Per person. This price includes on-board sleeper accommodations (for an upper or lower berth), all on-board meals, activities and hotel stays (in double occupancy). Some conditions apply.

Embark on a journey across Canada aboard the *Canadian* and rediscover the country like you've never experienced it before.

Create your own vacation package just the way you want it. Because you shouldn't have it any other way.

Visit [www.trainpackages.ca](http://www.trainpackages.ca)



[facebook.com/KeepExploring](https://facebook.com/KeepExploring)

### Explore more at:

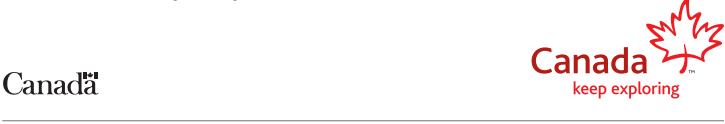


[twitter.com/Keep\\_exploring](https://twitter.com/Keep_exploring)  
[flickr.com/canadiantourism](https://flickr.com/canadiantourism)  
[youtube.com/canadiantourism](https://youtube.com/canadiantourism)


Connect to any one of our social media channels and stay up-to-date with news, pics, movies, insider tips, and exclusive offers.

[www.canada.travel](http://www.canada.travel)

Reproduced with permission of Yahoo! Inc. ©2010 Yahoo! Inc. FLICKR and the FLICKR logo are registered trademarks of Yahoo! Inc.



### How to use a QR code.



Scanning a QR code with your camera phone will directly link you to mobile content. To get a QR Code reader application for your phone, text "1606" to short code 70734, or check your App Store.

Give it a try with this QR code, which will link you to a digital version of [This is Canada](#).


» Fly to Calgary from only

**\$285**\*

» Fly to Edmonton from only

**\$300**\*

Fares are one way from New York. Offer ends June 10, 2010. Travel must be completed by December 30, 2010.

**aircanada.com** 


**Air Canada** offers nonstop service from Newark to Calgary.


**Air Canada** also offers service from the New York area to Alberta, with convenient connections via Toronto, Montréal and Ottawa.

\*Conditions apply. Please refer to terms and conditions.

### Mobile uploads

18 uploads






Browse Album


▼ **Album Description**

A few of the amazing views from aboard a VIA car. Saw Mt. Robson BC, Canada's tallest peak; Québec's unforgettable Chaleur Bay, and much more.

### Top VIA Theme Excursions

12 uploads





Browse Album

▼ **Album Description**

**1 Spa vacation**

**2 Golf holiday**

**3 Fishing trip**

**4 Musical extravaganza**

Plan your themed getaway with [viarail.ca/en/packages](http://viarail.ca/en/packages)

**AIR CANADA'S TERMS AND CONDITIONS – \*Baggage policy:** A fee of up to \$30 (USD) is charged for the second checked bag on flights between the U.S. and Canada. See complete details on baggage allowance at [aircanada.com/baggage](http://aircanada.com/baggage). A different fee may be charged for checked bags by Air Canada partners on the flights they operate. **Hearing-impaired (TTY): 1-800-361-8071.** Tickets must be purchased online at [aircanada.com/getawaytocanada](http://aircanada.com/getawaytocanada) by June 10, 2010. Fares shown above are valid at time of printing and apply to new bookings only. Tickets are non-refundable. Travel must be completed by December 30, 2010. A 21-day advance purchase may apply. Fares shown are per person including base fare, navigational surcharge and U.S. Transportation Tax. Fares exclude September 11th Security Fee of \$13 (USD) per enplanement up to \$26 (USD) for a round trip, U.S. Immigration User Fee of \$7 (USD) and airport Passenger Facility Charges (PFCs) of up to \$35 (USD) for a round trip. Fares are subject to other government taxes and fees of up to \$185 (USD) based on itinerary. Total price may vary slightly based upon currency exchange at time of purchase. Seats are limited and subject to availability. Ticketing is required at time of reservation. Day-of-week, time-of-day restrictions may apply. Other conditions: Unless otherwise specified, flights will be operated by Air Canada, Jazz or Star Alliance® member United Airlines or United Express carriers (SkyWest Airlines, Chautauqua Airlines, Shuttle America, Trans States Airlines, GoJet Airlines or Mesa Airlines) or member Continental Airlines or Continental Express carrier ExpressJet. This offer may not be combined with, applied to, or used in conjunction with any other discounts. Other conditions may apply. Canadian Tourism Commission expressly disclaims any and all liability for any loss, claim or damage in any way related to the above or carriage of passengers generally. @Star Alliance is a registered trademark. †Touch-screen TVs at every seat are available on all Air Canada-operated aircraft, except on certain Boeing 767's, and on select aircraft operated by Jazz. \*\*As voted by the readers of *Global Traveler* magazine in 2009.



Catch the night train to the edge of the world

☆ ADD TO FAVES

📖 BLOG THIS



Take a “très romantique” overnight journey aboard VIA Rail from cosmopolitan Montréal along the mighty St. Lawrence River to the tip of the breathtaking Gaspé Peninsula. En route, get ready to snapshot yourself silly as you pass Chaleur Bay, one of the world’s most beautiful bays.



Take the train from Montréal to Toronto



Find this map at [www.thisiscanada.com](http://www.thisiscanada.com)

- Not far from the Toronto train station:
- 1 Laugh Sabbath @ the Rivoli – weekly live comedy
  - 2 Ontario Place – a waterfront amusement park, IMAX & more
  - 3 St. Lawrence Market – One of the best public markets in the world

Québec | Alberta | VIA Rail | Ontario

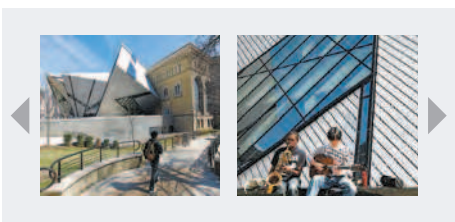
ONTARIO CANADA

[www.ontariotravel.net](http://www.ontariotravel.net)

A fresh angle on Toronto’s ‘starchitecture’

Posted July 27 (permalink)

★★★★★ 691 ratings



In recent years, the Toronto skyline has become a canvas for some of the world’s elite architects. The Michael Lee-Chin Crystal is a dazzling addition to the [Royal Ontario Museum](#) designed by superstar architect Daniel Libeskind. Native son Frank Gehry added his renowned vision to the [Art Gallery of Ontario](#). And just a quick walk down the street had me staring up at the [Ontario College of Art and Design’s](#) “Tabletop” stilted structure conceived by wonder Brit Will Asop. Those students won’t have any problem with daily inspiration.

▼ Comments (8)

**GoZizzy** The ROM rocks! Love the bat cave.

August 18 at 11:16am

Capitalize on Ottawa’s beauty

Posted October 14 (permalink)

★★★★★ 531 ratings



Scan here for exclusive Ottawa packages



[aircanada.com](http://aircanada.com)

[Air Canada](#) offers the most nonstop flights between the New York area and Toronto and Ottawa. [Air Canada](#) also offers convenient connections to the rest of its extensive network via Toronto and Ottawa.

\*Conditions apply. Please refer to terms and conditions.

Ottawa Near Parliament

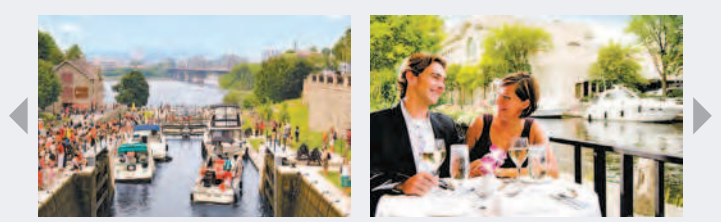


Find this map at [www.thisiscanada.com](http://www.thisiscanada.com)

- Stone’s throw from Parliament Hill
- 1 Zaphod Beeblebrox – live music and cocktails
  - 2 ByWard Market – Canada’s oldest marketplace
  - 3 Fairmont Château Laurier – One of Canada’s most historic hotels

Rideau Canal

38 uploads



Browse Album

▼ Album Description

Ottawa’s historic Rideau Canal is a UNESCO World Heritage Site and has some great scenic jogging paths leading all the way into downtown Ottawa.

▼ Comments (5)

**Monkeyman** Lots to do with tons of cool museums and galleries.

October 12 at 8:43am