



## IL POLST Training Post-Presentation Quiz

Training Location: \_\_\_\_\_

Training Date: \_\_\_\_\_

Please answer True (T) or False (F) to the following questions:

Circle one	
T or F	1. A patient with decision-making capacity may change his/her POLST choices and complete a new POLST form.
T or F	2. In order for a form to be valid, the only signatures that are required on the form are those of the doctor and that of the patient or his/her decision-maker.
T or F	3. CPR is performed when a person is unconscious, and their heart and breathing have stopped.
T or F	4. POLST gives instructions for care that all health care providers are legally required to follow.
T or F	5. If a patient has an older "IDPH Uniform DNR Advance Directive" and then completes an "IDPH Uniform DNR Advance Directive/POLST form, instructions on both forms should be considered.
T or F	6. Every adult should have a POLST form.
T or F	7. A person who has chosen Do Not Attempt Resuscitation in Section A of the IDPH Uniform DNR Advance Directive/ POLST form may not select Full Treatment, such as intubation or mechanical ventilation, in Section B.
T or F	8. A person who has chosen CPR in Section A of IDPH Uniform DNR Advance Directive/POLST form will receive all medically indicated treatments in a pre-arrest emergency, i.e. Full Treatment in Section B, even if Comfort Care or Limited Additional Interventions are selected on the form.
T or F	9. CPR is equally effective in all people.
T or F	10. For ease of locating it, especially at home or in nursing homes, it is recommended that POLST forms be printed on "Ultra Pink" paper, but a POLST on any color paper is valid.
T or F	11. A patient has an old IDPH Uniform DNR Advance Directive dated 3/2/2006 indicating "I wish life prolonging measures" completed and signed IDPH Uniform DNR Advance Directive/ POLST form dated 6/11/2013 indicating DNR in section A. The IDPH DNR Advance Directive/ POLST form is the document you follow because it is more up to date.
T or F	12. The IDPH POLST form is best used for patients with advanced illness or with the frail elderly.
T or F	13. Selection of Do Not Attempt Resuscitation in section A implies that the patient also does not want aggressive treatments in case of a pre-arrest emergency, and would not want artificial nutrition by tube under any circumstances.
T or F	14. POLST does not replace a Power of Attorney for Health Care document.
T or F	15. POLST is an evidence-based model that is being enacted in almost every other state.