

# Ecole LeMarchant St. Thomas School

*Home and School Association*  
6141 Watt Street, Halifax, N.S. Canada B3H 2B7  
Phone 421-6769/Fax 421-3036

October 14, 2012

Dear Parents/Guardians:

Greetings from your new Noon-Hour Program Committee! The Home and School Association organizes a number of noon-hour programs for our children. Due to high demand for these programs, registration is limited and will be done on a draw basis.

Please note that no child will be refused because of inability to pay. Please contact one of the program coordinators listed below for details.

Due to the short lunch period and limited classroom space, the children who attend primary and grade one in the Annex will be offered programs in the Annex Building. Please apply **only** for those programs indicated **Annex** in the program listings.

Students taking part in the activities described on the following page are expected to follow the same school guidelines for behavior as in regular classes. Please bring your lunch and gym clothes where necessary.

The **registration** and **release form** are included in this email. Please note that the release form will remain in effect for the entire 2012/2013 school year. Please print and complete both forms and send them with payment in a sealed envelope to the attention of Noon-Hour Programs. Hard copies of these forms are also available in the main office.

**Check here to make sure your forms are complete before sending in.**

**( ) Please note that payment is made directly to instructor, not the school. For payment information (amount and payee) please see the attached payment schedule.**

**( ) Please send a separate cheque for each program and/or each child - one check per child per program**

**( ) Both forms (registration sheet and waiver) must be received by Wednesday, October 17, 2012. Otherwise your child may not be able to participate.**

Please note that these programs will begin the week of **October 22, 2012**.

Do not hesitate to contact one of the program coordinators below if you have questions. Thank you!

Sincerely,  
Program Coordinators:

Robyn Berman	<a href="mailto:robyn@halifaxdoula.com">robyn@halifaxdoula.com</a>
Tracy Green	<a href="mailto:dwolfca@yahoo.ca">dwolfca@yahoo.ca</a>
Jen LeBlanc	<a href="mailto:jenanddre@gmail.com">jenanddre@gmail.com</a>
Piia Lintunen	<a href="mailto:piialintu@hotmail.com">piialintu@hotmail.com</a>
Tetjana Ross	<a href="mailto:Tetjana@dal.ca">Tetjana@dal.ca</a>
April Stroink	<a href="mailto:astroink@eastlink.ca">astroink@eastlink.ca</a>

# Noon-Hour Programs 2012-2013 School Year Release Form

Dear Parents:

The Nova Scotia School Board Association has suggested that Ecole LeMarchant-St. Thomas Home & School Association distribute risk awareness notices for all those participating in lunch time/after school programs. Please read and understand the forms and return them with the registration form. Release forms must be signed in order for your child to participate in these programs.

The Ecole LeMarchant-St. Thomas Home & School Association has arranged for lunch time and after school programs to be held from September to December. Obviously participation in any activity has inherent risk and some of these activities due to their nature may have more elements of risk than others.

The form must be read and signed by every student age 12 or older or by a parent/guardian of the participating student

## ELEMENTS OF RISK

Educational activity programs, such as described above, involve certain elements of risk. Accidents may occur while participating in or travelling to and from such activities. These accidents may cause injury and can occur without fault on the part of the School Board, its employees, agents or the facility where the activity or event is taking place. By choosing to participate in the activity, the student and/or his/her parent/guardian assumes the risk associated with the activity.

The Nova Scotia School Board Association has a program covering student insurance. The Gold Plan is available if you would like to add to your coverage. We strongly urge parents/guardians to review this policy. The chance that an accident will occur will be reduced by following instructions and guidance provided, as well as using appropriate protective equipment needed for the activity noted.

## PERMISSION RELEASE AND INDEMNIFICATION

I/We have read the above and recognize that a potential for injury or property damage exists by allowing

\_\_\_\_\_

to participate/attend. In consideration of the School Board allowing students to participate in the activity described above, I/We agree to release and hold harmless the School Board, the School, its employees, volunteers, agents, servants, representatives, heirs, executors and administrators from actions, causes of action, claims, suits and demands of whatever nature. I/We understand that this release applies to any injury, loss or damages sustained while participating in or being transported to or from said activity.

Student Name \_\_\_\_\_ Grade \_\_\_\_\_

Student Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

<b>Annex</b>			
<b>Group</b>	<b>Description/Details</b>	<b>Days/Dates</b>	<b>Location</b>
Grade P - 1	<b>Creative Arts</b> Explore music, theatrical arts and fine arts. The class will include games, storytelling, exploration of percussion, clowning and mime. Instructor – Katherine MacGillivray Class limit 12, Price \$40 (incl. materials)	<b>Tuesdays</b> Oct 23, 30 Nov 6, 13, 20, 27 Dec 4	Annex, hallway between Universite St. Anne
<b>Main Building</b>			
<b>Group</b>	<b>Description/Details</b>	<b>Days/Dates</b>	<b>Location</b>
Grade 1 - 2	<b>Soccer</b> Development of soccer skills and game knowledge Instructor- Dalhousie Varsity Soccer (Patrick Nearing) Class limit 20, Price \$30	<b>Tuesdays</b> Oct 23, 30 Nov 6, 13, 20, 27	Gym
Grade 1 - 3	<b>Arts Expression</b> An exploration of art, music, painting, theatre, narrative mural, etc. with a focus on different activities each week Instructor – Katherine MacGillivray Class limit 15, Price \$35 (incl. materials)	<b>Wednesdays</b> Oct 24, 31 Nov 7, 21, 28 Dec 5 <b>NB. No class Nov 14</b>	Multi-purpose room
Grade 1 - 3	<b>Zumbatomic®</b> These classes are high-energy fitness-parties packed with specially choreographed routines and the latest music. Classes are fun, increase focus and improve coordination. Instructor – Elana Liberman. Class limit 20, Price \$30	<b>Thursdays</b> Oct 25 Nov 1, 8, 15, 22	Gym
Grade 4 - 6	<b>Skipping</b> These classes have an emphasis on fun and physical activity and focus on expanding skipping skill to include tricks, speed, agility, double dutch, games and choreography. It will be done as a circuit training program with music. Possible Jump Rope for Heart Event later in year! Instructor – Melissa MacKinnon Class limit 15, Price \$20	<b>Mondays</b> Oct 22, 29 Nov 5, 19, 26 <b>NB. No class Nov 5, 12</b>	Gym
Grade 5 - 6	<b>Babysitting Course</b> St. John Ambulance babysitting program Instructor- Gary & Jeff (Safe Choice) Class limit 12, Price \$40 Please contact a committee member if you require more information.	<b>Wednesdays</b> Oct 24, 31 Nov 7, 21, 28 <b>NB. No class Nov 14</b>	Library

**Please keep for future reference**

# Noon-Hour Programs – October 2012

## Payment Schedule

We require one cheque per student per program.

Please complete the registration form on the following page and make your cheque payable as follows:

### Annex

**1. Creative Arts:**

Payee: Katherine MacGillivray  
Amount: \$40.00

### Main Building

**2. Soccer:**

Payee: Patrick Nearing  
Amount: \$30.00

**3. Arts Expression:**

Payee: Katherine MacGillivray  
Amount: \$35.00

**4. Zumbatomic®:**

Payee: Elana Liberman  
Amount: \$30.00

**5. Skipping:**

Payee: Melissa MacKinnon  
Amount: \$20.00

**6. Babysitting Course:**

Payee: Safe Choice Safety  
Amount: \$40.00

## REGISTRATION FORM

NAME	GRADE & CLASS	EMAIL	PHONE # (If no email possible)

First Child: I give permission for my child _____  In Grade _____ to participate in:	Second Child: I give permission for my child _____  In Grade _____ to participate in:	Third Child: I give permission for my child _____  In Grade _____ to participate in:
<b>Annex</b>	<b>Annex</b>	<b>Annex</b>
1. Creative Arts (P-1 Annex) Tues, 12:00-1:00 _____ \$40.00 _____	1. Creative Arts (P-1 Annex) Tues, 12:00-1:00 _____ \$40.00 _____	1. Creative Arts (P-1 Annex) Tues, 12:00-1:00 _____ \$40.00 _____
<b>Main School</b>	<b>Main School</b>	<b>Main School</b>
2. Soccer (Gr 1-2) Tues, 12:00-1:00 \$30.00 _____	2. Soccer (Gr 1-2) Tues, 12:00-1:00 \$30.00 _____	2. Soccer (Gr 1-2) Tues, 12:00-1:00 \$30.00 _____
3. Art Expression (Gr 1-3) Weds, 12:00-1:00 \$35.00 _____	3. Art Expression (Gr 1-3) Weds, 12:00-1:00 \$35.00 _____	3. Art Expression (Gr 1-3) Weds, 12:00-1:00 \$35.00 _____
4. Zumbatomic® (Gr 1-3) Thurs, 12:00-1:00 \$30.00 _____	4. Zumbatomic® (Gr 1-3) Thurs, 12:00-1:00 \$30.00 _____	4. Zumbatomic® (Gr 1-3) Thurs, 12:00-1:00 \$30.00 _____
5. Skipping (Gr 4-6) Mon, 12:00-1:00 \$20.00 _____	5. Skipping (Gr 4-6) Mon, 12:00-1:00 \$20.00 _____	5. Skipping (Gr 4-6) Mon, 12:00-1:00 \$20.00 _____
6. Babysitting (Gr 5-6) Weds, 12:00 – 1:00 \$40.00 _____	6. Babysitting (Gr 5-6) Weds, 12:00 – 1:00 \$40.00 _____	6. Babysitting (Gr 5-6) Weds, 12:00 – 1:00 \$40.00 _____
Parent signature _____	Parent signature _____	Parent signature _____

**Please ensure that you have included a signed release form for every child.**