American Student Assistance

## Budget Worksheet

## Know exactly where your money is going each month.

See how much you're saving—or losing—then adjust your expenses so you're in even better financial shape next month. All you have to do is complete this form. Get started today!

| vour             | Income                             | Monthly Total |
|------------------|------------------------------------|---------------|
| your<br>n month. | Salary (after taxes/benefits)      | \$            |
|                  | Other income (after taxes)         | \$            |
|                  | Total monthly income               | \$            |
|                  | Expenses                           | Monthly Total |
| Home             | Rent/mortgage                      | \$            |
|                  | Utilities (electricity, gas, etc.) | \$            |
|                  | Internet/cable/home phone          | \$            |
|                  | Home repairs and maintenance       | \$            |
|                  | Groceries                          | \$            |
|                  | Laundry/dry cleaning               | \$            |
| Bills            | Student loans                      | \$            |
|                  | Credit cards                       | \$            |
|                  | Car payments                       | \$            |
|                  | Insurance (car, homeowner's, etc.) | \$            |
|                  | Cell phone                         | \$            |
| Transportation   | Public transportation/taxis        | \$            |
|                  | Gas                                | \$            |
|                  | Parking/tolls                      | \$            |
|                  | Car repairs and maintenance        | \$            |
| Health           | Prescriptions                      | \$            |
|                  | Doctor appointments                | \$            |
|                  | Gym membership                     | \$            |
| Personal         | Entertainment                      | \$            |
|                  | Gifts/special occasions            | \$            |
|                  | Travel                             | \$            |
|                  | Dining out                         | \$            |
|                  | Clothing                           | \$            |
| Misc.            |                                    | \$            |
|                  | Total monthly expenses             | \$            |
|                  | Total monthly income               | \$            |
|                  | - Total monthly expenses           | \$            |
|                  | = Total savings                    | \$            |

Find out more tips for ensuring your financial wellness at **www.asa.org**.

## Successfully Manage Your Student Loans

From application through repayment, you and your family can expect neutral, honest federal student loan solutions from American Student Assistance<sup>®</sup> (ASA). As a nonprofit working with the U.S. Department of Education, ASA's focus is not on selling you anything. Our focus is on your financial wellness, and it always will be.



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