# RSVP-VP

**FALL 2005** 

### **RSVP 2005**

RSVP volunteers demonstrated their commitment to community with 195,273 hours of service provided to 104 non-profit organizations, government departments and proprietary health care facilities. A conservative estimate of the value of these services is \$1,952,730.79 new volunteers and 12 new stations joined our efforts. This record number of hours along with our new recruits and the new stations have helped us to continue the work of helping Peninsula communities serve citizens. Service data and those individuals, organizations and businesses which donated to us are included inside this newsletter.

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Some highlights of the year were:

- \* A grant was received to publish our Senior Safety Tips Booklet for distribution in the coming months.
- \* A new Barnes & Noble Book Fair fund-raiser and another successful Luncheon and Silent Auction.
- \* The start of a RSVP cookbook, which needs a recipe from you!!!
- \* Three delightful recognition events for RSVP volunteers.
- \* Volunteer Coordinator Willie Edwards was elected President of the Virginia S.A.L.T. Council.
- \* The RSVP Advisory Council was very active in helping with program advice, program evaluation and assistance with the three volunteer recognition events. Regina Morris served as Chairperson.

### RSVP Staff

#### Director -

John Mc Crimmon

#### Bus. Manager -

Frances Frame

#### Volunteer

### Coordinators -

Willie Edwards

Paula Ogiba

Jean Skorupa

### 20% OFF ON CHARITY DAY AT NEW BELK

A new Belk department store is opening next to Monticello Marketplace in Williamsburg. Save 20% on all purchases on Monday, October 10, Noon-8:00 p.m. by purchasing a \$5 Charity Day ticket from us. Ticket stub enters a drawing for a 42" Panasonic plasma TV. ALL PROCEEDS GO TO RSVP-VP. Send us a \$5 check and we'll send you a ticket. RSVP\_VP 12388 Warwick Blvd., Suite 201, NN 23606. Try out a new store, save money and support the Retired & Senior Volunteer Program.

Don't forget to check

www.rsvpvapeninsula.org

Frequently

### DIRECTOR'S MESSAGE

Thanks to all of you reading this newsletter for a good year in 2004-2005. Providing the greatest number of volunteer hours in our history is a very good feeling. Thanks to all the volunteers, volunteer station personnel, Board members, RSVP Advisory Council members, donors, our staff and to all who helped to make it happen. We recently held an Outstanding Service Recognition for volunteers with 400 or more hours last year. Thanks to Old Point National Bank and to President/Chairman/CEO Robert Shuford for sponsoring the event and helping with the presentations. We wish every volunteer could give 400 hours per year, but the important benefit to the community comes from all the hours served rather than the number of individuals involved. We are always amazed at how dedicated RSVP volunteers are about their service, often even at times of ill health or other life distractions. Together we can have another great year in 2005-2006.

If the cost of gas is making volunteering at your present station(s) a problem, keep in mind that we may have a wonderful opportunity closer to your home.

**SPECIAL THANKS** to the Staff of Newport News Dept of Parks, Recreation & Tourism and to the RSVP volunteers who worked diligently to put on the Hawaiian Festival and Craft Fair on August 13th. This was collaboration at its best.

John McCrimmon

### **RSVP Volunteer Recruitment Prizes**

RSVP volunteers are often the best recruiters of other persons to become volunteers. We have decided to add a small incentive to encourage our volunteers to spread the word. Any RSVP volunteer who recruits 3 or more new volunteers with documented hours served before May 1, 2006 will receive a gift certificate for a dinner for two at a restaurant near your home and will be recognized at the RSVP Appreciation Luncheon next May 17th. This is a small way to thank volunteers providing more benefit to the community through new recruits as well as through hours served.

### Advance Directive Assistance Online

The American Hospital Association provides easy-to-use information on advance directives, with a glossary of terms, a brochure on directives and wallet card. Visit www.putitinwriting.org (available in England and Spanish). Virginia Laws on advance medical directives is available at www.vhha.com under the Quick Link to Data & Other Info.

## Community Emergency Response Team (CERT) Training

York County: Sept 14-Nov. 5, Wednesdays. Free. Call 890-3600 to enroll. Williamsburg: Sept. 13—Oct. 1, Tuesdays & Thursdays. Free. Call Felisha 220-6198.

Hampton: Oct.11– Nov. 5, Tuesday & Thursdays. Free. Call Tammy 726-6968.

# RSVP-VP VOLUNTEER ACTIVITY 2004 - 2005

| Area Served    | Volunteers | Hours   | Value*      |
|----------------|------------|---------|-------------|
| Newport News   | 338        | 78,459  | \$784,590   |
| Hampton        | 204        | 64,172  | \$641,720   |
| York County    | 112        | 23,378  | \$233,780   |
| Williamsburg   | 14         | 3,490   | \$ 34,900   |
| James City Co. | 68         | 2,911   | \$129,110   |
| Poquoson       | 32         | 4,906   | \$ 49,060   |
| Other          | <u>29</u>  | 7,957   | \$ 79,570   |
| TOTALS         | 797        | 195,273 | \$1,952,730 |

<sup>\*</sup> Value of \$10.00 per hour is ½ the average hourly value of volunteer time (\$20.02) as computed by Independent Sector and the Virginia Employment Commission.

## United Way Designations

Please contribute to the United Way of the Virginia Peninsula and designate your contribution to RSVP-VP at number 7055.

## Lion Shop and Share

Register or reregister your Food Lion MVP Card with the Shop and Share program. Reregistration must be done every year in the fall. We can receive up to \$1,400 per year from Food Lion. Register/reregister in three ways:

- Fill out and mail forms in the "Customer Sign Up" section of the Lion Shop and Share brochure available at Food Lion stores.
- Visit www.FoodLion.com and click "Link Your MVP Card" under "Funding" at the top right side of the home page.
- Register by phone **1-800-210-9569**.

We are listed under Newport News organizations, so look for us there.

## **Donations to RSVP-VP: 2004-2005**

Thanks to the following persons and organizations:

Corporation for National and Community Service

United Way of the Virginia Peninsula

City of Newport News City of Hampton City of Williamsburg City of Poquoson County of York

Rotary Club of the VA Peninsula

Denbigh Kiwanis Club Virginia Musical Theater

Williamsburg Country Club

Virginia Stage Company
Mariner's Museum
Virginia Living Museum
Holiday Inn Hampton
Jeff's Flowers, Of Course
A Special Design Florist
VA Marine Science Museum
Museum of the Confederacy
Science Museum of Virginia
Hillwood Museum & Gardens

Richmond History Center
Ramada Inn 1776
Holiday Inn Patriot
Virginia Symphony Orchestra
York County Lions Club
Old Point National Bank

Anderson's Home & Garden Center

Michelob Ultra Open

Virginia Air & Space Center Victory Family YMCA Goodman & Sons Jewelers Peninsula Metropolitan YMCA

NN Parks & Rec Mature Adult Program Langley Federal Credit Union

Newport News/ Wmsbg. Airport Jeff's Flowers of Course Kiln Creek Golf Club & Resort Newport News Golf Club Battleground Restaurants Second Street Restaurant Witt Mares & Co. PLL Mayor Ross Kearney
Gregory Merritts
Willie Edwards
Paula Ogiba
Jean Skorupa
Frances Frame
Darrell Harris
Kimberly Holmes
Marshall Matteson
Patricia Vanderheyden
Livingston Whiting III
Peninsula Agency on Aging

Wal-Mart

Riverside Health System Kiwanis of Warwick Kiwanis of Denbigh Kiwanis of Poquoson Hampton Senior Center

MotoPhoto & Portrait Studio Cracker Barrel Old Country Store Uno Chicago Bar & Grill

Galaxy of Gifts Movie Scene

American Red Cross- Ft. Eustis

**Chaffin Interiors** 

Langley Federal Credit Union

Virginia Opera Ute's Gift Shop

Morningside of Williamsburg Suttle Motor Corporation Jonhston's Chimney Sweep Foster Grandparents Program

Exchange Club of Wythe

Silverman Furs

Ace Peninsula Hardware Peninsula Fine Arts Center

The Fresh Market

Nauticus Basketville

Ann's Fashions Norfolk Tides Colonial Charm Johnnie Noles
Robert Blount
John Green
M.J. Hoskins
Felicia Barnett
Anna Whalen
Elizabeth Tai
Marie Collins
Sandra Williams
Clarence Hilling
Swansea Heape
Carl Hinkle

Anna Kearns

Dana Atkins

Food Lion

### YOU ARE INVITED

# To Celebrate 10 Years of Preventing Crime Against Seniors and other similar topics

at the

# **Autumn Senior Safety Summit**

presented by

The Peninsula S.A.L.T. Council

'Seniors And Law Enforcement Together' &

The Retired & Senior Volunteer Program

Tuesday, October 18, 2005

Immaculate Conception Church 2150 Cunningham Drive, Hampton VA 23666

8:45 a.m. to 1 p.m.

Registration is \$5, includes Continental Breakfast (provided by the Peninsula Foster Grandparent Program) & **lunch**Program will begin at 9 a.m.

Send this lower portion with **your check made payable to RSVP-VP** by October 3<sup>th</sup>. Mail to 12388 Warwick Blvd., Suite 201 Newport News VA 23606

| Name:   |      |          |  |
|---------|------|----------|--|
|         |      |          |  |
| Address | City | Zip Code |  |

NO Money will be accepted on the day of the seminar

# **ADVERTISING**

The RSVP-VP Newsletter is now accepting advertising for services enhancing the quality of life for mature adults Our rates are: \$25 for 4" x 3"; \$50 for 8" x 5"; \$100 for 8" x 10" Discounts are available for a full year (3 issues). We thank the services below for initiating this feature.



# Senior Independence

### We Build Friendships With Families



Call 258-8558 Williamsburg

Call 599-4145 Newport News

Licensed, Bonded, & Insured

You Select Your Caregiver!

We know it isn't easy to invite someone into your home to provide homecare.
You'll interview and select any caregiver we refer to you.
At Visiting Angels, character matters in caregivers!

Up to 24 hour care, hygiene assistance, meal preparation, light housework, companionship. Our caregivers are thoroughly sceened.

FREE In-Home Consultation!



### **Come Drive With Us!**

MEDTRAN is looking for compassionate, caring individuals to help keep area seniors healthy and independent.

In the comfort of their own vehicles, volunteers provide seniors transportation to vital, non-emergency medical appointments on the peninsula. Hours are flexible. Contact the Peninsula Agency on Aging (757) 873-0541

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# SPREAD THE WORD! NEW RSVP VOLUNTEER OPPORTUNITIES

### Peninsula Reads (NN & H)

**Tutors** 

Computer lab

Office

Special Events

### **Eden Pines (H)**

Program assistant

### Mennowood(NN)

Program assistant

### Peninsula Christian Free Clinic (NN)

Website

Write Newsletters

Receptionists

Clerks

### The Governor's Inn (NN)

Program Assistants

Entertainment

Congratulations to Jeanne Kinnamon, a Williamsburg volunteer who has donated 21 gallons of blood. This is a local record. Our area is currently having a blood shortage. Please contact the American Red Cross for a Blood Drive convenient for you to donate.

LINK of Hampton Roads has a new housing program in which homeless, disabled persons/families are placed in apartments of their own. LINK is in need of any good used or new household items such as all types of furniture, kitchen equipment, bedding, small appliances, etc. If you have any items, call Lisa or Christy at (757) 595-1953.

### WELCOME

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To Our New Stations

Governors Inn Asst. Living
NN Family YMCA
Peninsula Christian Free Clinic
The Chesapeake
VPSAC, Inc.

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### Tributes....

We hope that you will consider a gift in memory of a loved one or to honor a special person or occasion. An acknowledgement is sent. All gifts are tax deductible.

### Leaving a Legacy....

If you would like to remember RSVP-VP, Inc. in your estate planning, please feel free to call the office for more information or visit our website-

www.rsvpvapeninsula.org

RSVP of the Virginia Peninsula, Inc.

12388 Warwick Blvd. Suite 201

Newport News, VA 23606

Phone: 595-9037 Fax: 595-9047 E-mail: rsvpvp@tni.net www.rsvpvapeninsula.org Non Profit Organization
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**RSVP** of the Virginia Peninsula, Inc.



### n M emoriam

| Ella Beasley                     | Welcome New Members |                       |  |
|----------------------------------|---------------------|-----------------------|--|
| спа веаыеу                       | Amparado, "Leo"     | Lovett, Thelma        |  |
| Lucille, Briggs                  | Banks, Lillie Mae   | Miller, Jean          |  |
| Campbell, Helen<br>Pearl Carter  | Berkley, Elizabeth  | Millington, Priscilla |  |
|                                  | Blount, Sarah       | Mundy, Barbara        |  |
|                                  | Brown, Clara        | Pastel, Marvin        |  |
| Cleo Cutler                      | Carpenter, Olga     | Powers, Caroline      |  |
| Elizabeth Flibotte               | Coleman, Jayne      | Riley, Pauline        |  |
|                                  | Crumpler, John      | Roane, Crystal        |  |
| Ther esa Kimbel                  | Flockhart, Mark     | Sanborn, Paul         |  |
| Jovneitta Moul                   | Hill, James         | Scott, Vincent        |  |
|                                  | Horrell, Ella       | Snidow, Nancy         |  |
| Jack Siro                        | Jones, Lorrene      | Steffens, Martin      |  |
| Annie Springer<br>Vid a Sterling | Joubert, Ty         | Tennille, Geoffrey    |  |
|                                  | Lindler, Albert     | Victor, Georges       |  |
|                                  | Lockhart, Patricia  | Walker, Bill          |  |
| Verna Vance                      | Loomis, Marie       |                       |  |

Thanks to Johnnie N oles and to Clarence Hilling for their donations to RSVP-VP in the memory of our Volunteer, Jack Siro.