

U.S. FIGURE SKATING FREE DANCE JUDGING FORM GOLD



Candidate's Name _____ Member # _____

Candidate's Club _____

Partner or 2nd Candidate's Name _____ Member # _____

Partner or 2nd Candidate's Club _____

Host Club _____ Date _____

Test is (circle one): Adult (AGFD) or Masters (MGFD)

	MARK	COMMENTS	
Technical Merit: Difficulty and variety of steps, turns & movements in accordance with the rules. Cleanness and sureness, skating on edges with depth and flow, predominance of dance movements and holds which do not include pair skating moves.			
Presentation: Appropriate music, timing, expression of the chosen Rhythm, style & unison, choreography.			
Total		Pass	Retry

Duration: Not to exceed 3:10 Vocal Music is permitted.

The couple must demonstrate good to excellent knowledge of the following 6 required elements:

- **Spins:** One (1) dance spin selected from the following types:
Spin: Minimum three (3) revolutions on one foot for each partner
Spin Combination: Minimum three (3) revolutions on one foot for each partner for each part of the spin. There is allowed up to one-half (1/2) rotation on two (2) feet while changing to the other foot simultaneously by each partner.
 - **Step Sequence:** Circular step sequence in dance hold(s). Must be a complete circle utilizing the full width of the ice surface (short axis of rink). Sequence should include a variety of steps and turns and must include three-turns, mohawks and brackets executed by both partners.
 - **Synchronized Twizzles:** Either synchronized twizzles or a series of synchronized twizzles, minimum one (1) revolution by both partners simultaneously for each twizzle.
- Three (3) additional required elements are to be chosen from the following:**
- **Lifts:** One (1) to three (3) different types of lifts, but no more. Max of one (1) combination lift (not to exceed 12 seconds), is allowed and can be chosen from any combination lift. Remaining lifts to be selected from short lifts (not to exceed six (6) seconds): stationary lift, straight line lift, curve lift or rotational lift. It is allowable to execute three (3) short lifts only as long as they are of different types.
 - **Spin:** One (1) additional dance spin, different type from the first performed, i.e. if the first was a combination spin, the second must not change feet or vice versa.
 - **Diagonal step sequence,** in dance hold(s), fully utilizing the ice surface as much as possible from corner to corner.
 - **Twizzle:** One (1) additional twizzle element; synchronized twizzles or a series of synchronized twizzles minimum one (1) revolution by both partners simultaneously. Must differ either in the number or direction of rotations and/or in the entry edge from the required twizzle element performed.

Extra elements may be added without penalty.

	Passing Average	Passing Total		Passing Average	Passing Total
Adult	4.2	8.4		3.7	7.4
			Masters		

Judge's Signature _____ Member# _____

Judging panel required: Three (3) silver or higher rank dance judges.