

Client Biopsychosocial Assessment Update

Name of Assessor: _____ Date of this Assessment Update: _____

SECTION I: Relevant Client Updates

Please describe any changes to the following areas since the most recent

Client Assessment dated: _____ (**required**)

Type of Assessment Update (**must** check one): ☐ Annual ☐ Periodic

Resources (Interests, family, community, school and peers, etc.): ☐ Continued on Addendum Page

Mental Status Exam: ☐ Continued on Addendum Page

Significant Events: ☐ Continued on Addendum Page

Substance Use: ☐ Continued on Addendum Page

Relevant Physical Health Conditions: ☐ Continued on Addendum Page

Cultural Factors: ☐ Continued on Addendum Page

Social Factors: ☐ Continued on Addendum Page

Developmental Status: ☐ Continued on Addendum Page

Medications: ☐ Continued on Addendum Page

Coordinated Services/Agencies: ☐ Continued on Addendum Page

Client Name: _____ Date of Birth: _____

Section II: Medical Necessity Criteria and Justification

Diagnostic Criteria (List included Title 9 diagnosis): _____

Impairment Criteria (must have ONE of the following impairments as a result of the included Title 9 diagnosis):

- | | | |
|---|------------------------------|-----------------------------|
| 1. A significant impairment in an important area of life functioning, <u>OR</u> | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. A probability of significant deterioration in an important area of life functioning, <u>OR</u> | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. A probability that the child/youth will not progress developmentally as individually appropriate, OR | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. For full-scope Medi-Cal beneficiaries under the age of 21 years, a condition as a result of the mental disorder that specialty mental health services can correct or ameliorate. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Intervention Criteria (must meet 5,6, & 7 OR 7 & 8):

- | | | |
|---|------------------------------|-----------------------------|
| 5. The focus of treatment is to address the condition identified in the Impairment Criteria. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. It is expected the client will benefit from treatment by diminishing the impairment or preventing significant deterioration in an important area of life functioning. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. The condition would not be responsive solely to physical health care based treatment. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. For full-scope Medi-Cal beneficiaries under the age of 21 years, a condition as a result of the mental disorder that specialty mental health services can correct or ameliorate. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Provide brief description of impairments/presenting problems in activities of daily living, social, occupational/academic or other important area(s) of life functioning:

Section III: Symptoms to Support Diagnosis (include DSM diagnostic criteria and functional impairment):

☐ Continued on Addendum Page

Section IV: Current Diagnosis (check only one Primary Diagnosis)

Axis I	<input type="checkbox"/> Pri	<input type="checkbox"/> Sec	DSM Code: _____	Name: _____
Axis II	<input type="checkbox"/> Pri	<input type="checkbox"/> Sec	DSM Code: _____	Name: _____
Axis III	General Medical Condition		ICD Code: _____	Name: _____

Axis IV Psychosocial and Environmental Problems

Check all that apply:

- | | | |
|---|---|--|
| <input type="checkbox"/> A. primary support group | <input type="checkbox"/> E. housing | <input type="checkbox"/> I. other psychosocial/environmental |
| <input type="checkbox"/> B. social environment | <input type="checkbox"/> F. economics | <input type="checkbox"/> J. inadequate information |
| <input type="checkbox"/> C. education | <input type="checkbox"/> G. access to health care | |
| <input type="checkbox"/> D. occupational | <input type="checkbox"/> H. interaction with legal system | |

Axis V Current **GAF**: _____ Highest **GAF** (in past 12 months): _____

Section V: Individual &/or Family Strengths Relevant to Achieving Treatment Goals

Client Name: _____

Date of Birth: _____

Section VI: Treatment Plan

Treatment goals must be specific observable and/or specific quantifiable. You should be able to tell when the client has reached their goal, e.g. "as evidenced by..."

Goal #1: _____

Proposed Method for Achieving Goal/Interventions: _____

Proposed Duration: _____

Progress Since Last Report: ☐ New Goal ☐ Much Worse ☐ Slight Improvement
☐ Somewhat Worse ☐ Significant Improvement
☐ No Change ☐ Resolved

Goal #2: _____

Proposed Method for Achieving Goal/Interventions: _____

Proposed Duration: _____

Progress Since Last Report: ☐ New Goal ☐ Much Worse ☐ Slight Improvement
☐ Somewhat Worse ☐ Significant Improvement
☐ No Change ☐ Resolved

Section VII: Re-Authorization of Services Request

<u>Service Type</u>	<u>Frequency</u>			<u>Totals</u>
Individual Therapy:	<input type="checkbox"/> Monthly	<input type="checkbox"/> Every other week	<input type="checkbox"/> Weekly	Total Sessions Requested _____
Group Therapy:	<input type="checkbox"/> Monthly	<input type="checkbox"/> Every other week	<input type="checkbox"/> Weekly	Total Sessions Requested _____
Family Therapy:	<input type="checkbox"/> Monthly	<input type="checkbox"/> Every other week	<input type="checkbox"/> Weekly	Total Sessions Requested _____

Section VIII: Signatures

The signatures below indicate that the client and provider have agreed to this plan and that the client was offered a copy of this plan.

Check one: ☐ Client *accepted* a copy of this plan ☐ Client *declined* a copy of this plan

Client Signature _____ Date _____

Provider Signature and Licensure/Degree _____ Date _____

Parent/Caregiver/Guardian _____ Date _____

Print Provider Name and Licensure/Degree _____

If no client signature, document why and describe how the client/caregiver was involved in the development of this plan and how they have indicated agreement with the plan: _____

Client Name: _____ Date of Birth: _____

Addendum Page
Additional Clinical Information (Reference Section #)

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Additional Clinical Information (Reference Section #)

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Signature & License

Print Name

Date

Client Name: _____ **Date of Birth:** _____

Date of Birth: