

PERINATAL NETWORK OF MONROE COUNTY
Networking Session

Date: 2/27/2014

MINUTES

The Networking session notes can be found on our Agency website www.perinatalnetwork.net, networking session left tab.

Attendees: Krysta Baccari; Jordan at Threshold; Fatima Banister, Anthony Jordan Health Center; Tricia Button, Fingerlakes CNPCC; Dora Christian, Cornell Cooperative Extension; Kathy Cummins, Crisis Nursery and Center for Youth; Nora Doebrich, SPCC & Yoga; Kimberly Ehrhart, U of R Strong Recovery; Melanie Francesco, UHS Pediatric Dept. SW; Kathy Gresko and Ericka Simmons, FRC Hillside PAT & PAA; Dia Haffar, Planned Parenthood Intern; Gregory Hassett, ABC EHS program; Caitlin Leskovics, CFC Families Take Time Program; Linda Nelson, NFP; Maria Panitsidis, Mercy Community Services; Diane Santos & Rachel Walker, Fidelis cares; Sarah Scorsone, Child & Family Resources Healthy Families Ontario Program; Janelle Snow, YWCA Teen Services and Regina James, BHEIRS/New Bethel CME; Paula Clark, ABC Focus program.

PNMC Staff: Ashley Bush, Health Educator; Yolanda Sayres, Outreach Coordinator; Sherita Bullock, MICHC Program Manager and Jacqueline Procope Isaacs.

Topic	Discussion	Follow-up/Action
1. Introductions/Welcome:	<ul style="list-style-type: none"> ❖ Welcome & Introductions were made by Sherita Bullock, MICHC Program Manager. ❖ PNMC Resource directories are available on-line at www.PerinatalNetwork.net. A link is available to add new listings or update your information. <u>PNMC upcoming events:</u> ❖ The PNMC Consortium meets quarterly (a group of individuals bringing a community perspective to perinatal issues) <ul style="list-style-type: none"> ❖ May 28th at Noon-2pm at UHS, West Auditorium 	<ul style="list-style-type: none"> ❖ Please check out our website: www.PerinatalNetwork.net ❖ Contact Diane Seely to update your organization information at Dseely@perinatalnetwork.net. ❖ Contact Jacqueline Isaacs for more information about the Consortium meetings at Jisaacs@perinatalnetwork.net.
2. New Programs	<ol style="list-style-type: none"> 1. The Wilson Foundation Academy - BHEIRS program Building Healthy Relationships for men, women and young adults. This 7 week program is for ages 12-14 years. 2. Flower City Yoga www.flowercityyoga.com Supports individuals and families in improving physical and emotional health. Offers prenatal yoga, kids yoga, gentle yoga, meditation and Baby and Me yoga. 	<ul style="list-style-type: none"> ❖ For more information call 585-502-8327 or email bheirs1@gmail.com. ❖ For more information call 264-1166.

<p>3. Community Resources and updates.</p>	<ol style="list-style-type: none"> 1. PNMC Outreach Coordinator educates women in the community about pregnancy and helps them to get into care as early as possible. 2. PNMC Health Educator is available to do presentations in the community. Currently promoting the 39 Weeks to a Healthy Baby program and the Healthy Life Plan curriculum for ages 14-21. The topics addressed are building your future, health history, nutrition and exercise, understanding emotions, healthy relationships and drugs and alcohol. 3. Healthy Start Center at Unity Health System, 89 Genesee St. Offers help to pregnant and parenting women with children up to age 2 that live in 14605, 14606, 14607, 14608, 14609, 14611, 14613, 14619, or 14621. Center provides pregnancy education classes, mental health counseling and wellness groups, Project Independence job training and school placement program. Moms participating in the above services can receive case management, free transportation, and on-site childcare. The Healthy Start Clothing closet is open to the public and tax receipts are provided with donations. 4. Comienzo Sano (Healthy Start) Clinton Family Health at Upper Falls Boulevard Offers prenatal education, childcare, centering pregnancy yoga classes, and parenting programs. A Refugee group meets at the Clinic on Fridays. Women must be pregnant, or have children under the age of 2 and live in zip codes 14605, 14606, 14607, 14608, 14609, 14611, 14613, 14619, or 14621. 5. Mercy Community Services Offers community resources for 16-21 year olds such as transitional housing, emergency housing and independent living for young moms to find a home, discover themselves and envision their future. The Outreach center serves the uninsured and underinsured adults. 6. Fidelis Care Outreach Specialists are available to assist with the Health Plan Marketplace for uninsured NYS residents between the ages of 18-64. The FE's or CHW's helps pregnant women get enrolled. 7. Jordan at Threshold Serves Adolescents and Youths from age 12-25. Offers primary healthcare and wellness 	<ul style="list-style-type: none"> ❖ To Volunteer and for more information contact Yolanda Sayres at Ysayres@perinatalnetwork.net. ❖ To schedule training or the Healthy Life Plan series contact Ashley Bush at Abush@perinatalnetwork.net or by phone 546-4930 x 221. ❖ For more information call 368-3490 or complete a referral form at www.UnityHealth.org (click on Services & Locations, Community Outreach Programs, Healthy Start) ❖ To donate to the clothing closet and for more information call 368-3490. ❖ For more information contact Carmen Lebron at 922-0228/922-0234. ❖ For more information contact Maria Panitsidis at 254-2175. ❖ For more information contact Diane Santos or Rachel Walker at 585-383-8104 or 1-888-343-3547. ❖ For more information and to schedule health education presentations
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	<p>services that include birth control, STI testing, and HIV testing. Offers health education presentations.</p> <p>8. The Center for Youth & The Crisis Nursery New Beginnings program where young men receive all the academic courses offered in traditional school setting. Support services like counseling, life skills training and mentoring are provided. The Nursery provides care for children ages newborn to ten, and families in times of crisis. It provides temporary housing for 6 children at any given time. The nursery will accept children to the age of 17 to keep siblings together. Situations such as medical emergencies, unexpected illness, accidents, unemployment, mental health, unexpected death, domestic violence, homelessness and legal issues. The nursery is opened 24 hours a day, 365 days a year. Accepts donations such as gift cards, paper goods, and diapers, cleaning supplies, printer paper and ink.</p> <p>9. Strong Recovery – U of R Provides chemical dependency support, replacement therapy and connect pregnant women with OB/GYN at the hospital.</p> <p>10. Nurse Family Partnership – MCDHS Provides support to women who are having their first baby. A nurse will visit weekly during the pregnancy and up until the baby is 2 years old. A pregnant woman must join before the 28th week of pregnancy and meet income requirements.</p> <p>11. ABC FOCUS Offers services such as the family self-sufficiency program, consultation, TASC (GED); Job readiness training, the CASH Program (provides free tax filing), Micrecycle, family development, job coaching and computer skills.</p> <p>12. YWCA Successful Futures for Youth Focus on pregnant and parenting youth who are out of school, and between the ages of 17-21 who want to obtain GED or enroll in college or trade program. Assist youth to enhance their job qualifications and connect them with internship and work experience opportunities.</p> <p>13. Family Takes Time Program – Catholic Family Works with families in Monroe County with children who have been diagnosed or at risk for</p>	<p>call Krysta Baccari at 423454-58007530 x 226.</p> <ul style="list-style-type: none"> ❖ For more information call Kathy Cummins 473-2464. ❖ For more information such as volunteering or to make a donation, call 235-5750 or the 24 hour help line 271-7670. ❖ For more information call Kim Ehrhart at 275-3074. ❖ For more information about this FREE program to all eligible women call Linda Nelson at 753-5437. ❖ For more information call Paula Clark 325-5116. ❖ For more information about this FREE program contact Janelle Snow at 386-2204. ❖ For more information call Caitlin Leskovic at 546-7220 x 4836.
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	<p>developing non organic failure to thrive syndrome. Families are seen in their homes on a weekly to biweekly basis and help parents identify strengths; enhance parenting skills and education around infant care and normal childhood development.</p> <p>14. Planned Parenthood of Central and WNY Offering 2014 Professional Training Series March – June for approximate \$5 each. Topics such as Birth control; Pregnancy options and STD . Free 1 hour workshops are available and topics such as Birth Control: food for Thought and Sex& Tech: Food for Thought. Will offer the basics about birth control methods and social networking. RESTORE is the 24-hour confidential Hotline for sexual assault services.</p> <p>15. Anthony Jordan Health Home Network Provides services for chronic conditions and social issues.</p> <p>16. ABC Early Head Start Home Based Program Now recruiting for 2014/15. Program goals are to enhance the growth and development of infants and toddlers. The Home visitors provide 90 minute weekly visits to families with children from 0-3 years old. Raising a Reader program at the Library helps to improve literacy.</p> <p>17. Family Resource Centers/Hillside Parents as Teachers program: Right from the Start is a free program to city residents that provides support and encouragement to parents to help their children develop during the early years of life. They offer personal visits, group connections, screening and information, referrals and Day Care Provider training. PAT: Caregivers program is a free personal visit program that prepares young children for school success and reading readiness. The Educator’s goal is to increase feelings of confidence, competence, and child development. Accepting referrals for the programs. PAA: Home visiting program is a free home visiting program for all families with children entering their first formal school experience. They focus on the child’s transition into school life so that it is a positive experience. Certified Parent Educators talk about school routines, parent/teach relationships, child rearing issues and parenting issues. To be eligible, families</p>	<ul style="list-style-type: none"> ❖ To register for the trainings visit: Bit.ly/ppcwnytrainings. ❖ Email ppcwny.rsvp@gmail.com for more information. ❖ The RESTORE hotline: 585-546-2777 (MC) and 800-527-1757 (Surrounding counties) ❖ For more information and referrals contact 737-7522 (Deb Peartree) ❖ For more information call Greg Hassett at 325-5116. ❖ For referrals call Ericka Simmons at 436-0370 x 315 or 319-6421. ❖ For more information call Kathy Gresko at 436-0370 x 307 or 354-3191.
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	<p>must live in the City of Rochester and have a child entering kindergarten through 3rd grade.</p> <p>18. Child and Family Resources – Healthy Families Ontario Offers home based services to expectant families and new parents in Ontario county. Planning a community baby shower.</p> <p>19. CARENET Pregnancy Care Center, Ontario Offers services to 18-24 year olds such as free pregnancy tests, parenting resources, information on STD's and STI's, prenatal and parenting care and classes, materials support, GED classes, Fathers program and adoption choices.</p> <p>20. Cornell University Cooperative Extension MC Eat Smart New York Program provides free assistance with stretching food dollars, planning and cooking tasty, low cost meals; tips for feeding kids, adding physical activity, sensible weight control information. The program is FREE to families on SNAP, WIC, Head Start, Medicaid and SSI.</p> <p>21. Unity Health System Pediatric Dept. Assist families with completing the NYS health insurance applications.</p>	<p>❖ For more information call Sarah Scorsone at 1-315-781-1491 x 211.</p> <p>❖ For more information call Patricia Button at 1-315-789-0708.</p> <p>❖ For more information call Dora Christian 461-1000 x 257.</p> <p>❖ For more information call Melanie Francesco at 368-6425.</p>
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Notes taken by: Jacqueline Procope-Isaacs