

1. ID

Name: _____

Marital status: _____

Sex: _____

Occupation: _____

DOB: _____ Age: _____

Financial situation: _____

2. HPI ONSET, DURATION, COURSE

(Why present now/precipitants/stressors? When it started? How long it lasts/frequency? What is it like? Impact on life)

For episodic illnesses describe first episode:

1. Onset:

2. Precipitants:

3. Duration:

4. Rx response:

DEPRESSION ("Sigecaps")

Low mood for >2 weeks

Sleep

Interest

Guilt/worthlessness

Energy

Concentration

Appetite/weight Δ

Psychomotor slowing

Suicide:

Hopelessness/Plan/Access

MANIA ("Giddiness")

Grandiose

Increased activity

goal-directed/high risk

Decreased judgment

Distractible

Irritability

Need less sleep

Elevated mood

Speedy talking

Speedy thoughts

PSYCHOSIS

Hallucinations/illusions

Delusions

Self-reference:

people watching you

talking about you

messages from media

Thought blocking/insertion

Disorganization:

speech/behavior

PANIC ATTACKS

Trembling

Palpitations

Nausea/chills

Choking/chest pain

Sweating

Fear:

dying/going crazy

Anticipatory anxiety

Avoidance

Agoraphobia

GENERALIZED ANXIETY

Excess worry

Restless/edgy

Easily fatigued

Muscle tension

↓ sleep

↓ concentration

OBSESSIVE-COMPULSIVE DISORDER

Intrusive/persistent thoughts

Recognized as excessive/irrational

Repetitive behaviors:

Washing/cleaning

Counting/checking

Organizing/praying

PTSD

Experienced/witness event

Persistent re-experiencing

Dreams/flashbacks

Avoidance behavior

Hyper-arousal:

↑ vigilance/ ↑ startle

SOCIAL PHOBIA

Performance situations:

Fear of embarrassment

Fear of humiliation

Criticism

BORDERLINE PERSONALITY

Fear abandonment/rejection

Unstable relationships

Chronic emptiness

↓ self esteem

Intense anger/outbursts

Self-damaging behavior

Labile mood and impulsivity

ANTISOCIAL PERSONALITY

Forensic history:

arrests/imprisonment

Aggressiveness/violence

Lack of empathy/remorse

Lack of concern for safety:

self or others

Childhood conduct disorder

BODY DYSMORPHIC DISORDER

Excess concern with appearance

or certain part of body

Avoidance behavior

EATING DISORDERS

Binging/purging/restriction/amenorrhea

Perception of body image or weight

3. PSYCHIATRIC HX

Previous psychiatric Hx/Counseling/Suicide attempts/Violence:

Previous diagnoses:

Medications/Tx:

4. FAM PSYCHIATRIC HX

Psychiatric Dx/Visits/Counseling/Suicide attempts:

Substance use:

Suicide:

5. MEDICAL HX

Previous illnesses & treatment:

Surgeries/hospitalizations:

Head injury (+/- LOC) and workup/imaging:

Medications:

Alcohol use:

Substance use: (caffeine, nicotine, over-counter/illicit med/drugs)

6. SYSTEMS REVIEW

CNS:

H & N:

CVS:

RESP:

GI:

GU:

MSK:

DERM:

7. PERSONAL HX

Place of birth:

As a child: (family structure, parents' occupations, relationship with parents, siblings, friends, abuse)

As a teen: (friends, relationships, school, activities, sex, trouble, relationship with parents)

As an adult: (work, finances, education, relationships, family, goals for future, trends in functioning)

As a teen: (friends, relationships, school, activities, sex, trouble, relationship with parents)

As an adult: (work, finances, education, relationships, family, goals for future, trends in functioning)

8. MSE

9. FOLSTEIN MMSE

Appearance:

Behavior:	
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Speech:

Emotion: Affect and mood

Perception:

Thought process:

Thought content:

Concentration: _____

Memory:

Insight:

Judgment:

Suicide:

Orientation:	/10
Time:	year

season
month

date
day

Place: floor
building
citycity
province
country

Immediate recall: /3

Attention:	/5
Delay recall:	/3

Naming:	/2
Repetition:	/1

3-stage command:	/3
Reading:	/1
Copying:	/1

Copying:	/1
Writing:	/1

Total:	/30
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Attention:	/5
Delay recall:	/3

Naming:	/2
Repetition:	/1

3-stage command:	/3
Reading:	/1
Copying:	/1

Copying:	/1
Writing:	/1

Total:	/30
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10. IMPRESSION/FORMULATION BIOPSYCHOSOCIAL

11. MULTIAXIAL DIAGNOSIS

Axis I: Psychiatric disorder:

Axis II: Personality:

Axis III: Medical conditions:

Axis IV: Social factors:

12. PLAN

Investigations:

Treatment:

Biological:

Psychological: