

One Month Blood Sugar Log

5 Tests a Day

To submit your completed log to OptumRx:

Fax: 1-800-384-3416

Mail: P.O. Box 8621, Greenville, TX 75404-9912

E-mail: testinglogs@optumrx.com

Name _____

Date of birth _____ Zip code _____

Start date _____ End date _____

Prescribed frequency _____

This log sheet is courtesy of Diabetes ActiveCare.

		Check 1		Check 2		Check 3		Check 4		Check 5	
Week 1		Time	Result	Time	Result	Time	Result	Time	Result	Time	Result
Example	7/15	8 am	118	11 am	141	2 pm	236	-	-	-	-
DAY 1											
DAY 2											
DAY 3											
DAY 4											
DAY 5											
DAY 6											
DAY 7											
Week 2		Time	Result	Time	Result	Time	Result	Time	Result	Time	Result
DAY 1											
DAY 2											
DAY 3											
DAY 4											
DAY 5											
DAY 6											
DAY 7											
Week 3		Time	Result	Time	Result	Time	Result	Time	Result	Time	Result
DAY 1											
DAY 2											
DAY 3											
DAY 4											
DAY 5											
DAY 6											
DAY 7											
Week 4		Time	Result	Time	Result	Time	Result	Time	Result	Time	Result
DAY 1											
DAY 2											
DAY 3											
DAY 4											
DAY 5											
DAY 6											
DAY 7											



Medicare Part B patients: Call us and mention reference code **EDO6500** to order your diabetes testing supplies.

1-877-231-5199 | www.optumrx.com/diabetes

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