

# *Junior High Specifics...*



## School Supply List:

- 300 or more sheets of college ruled notebook filler paper
- 1/4 inch graph paper
- Pencil with erasers (mechanical or standard #2)
- Blue, black, and red ink pens
- 12 to 24 pack of colored pencils
- 12 to 24 pack of colored markers
- 3-ring notebook (2 inch)
- Eight-pack tab notebook dividers with folders
- Pencil pouch (needs to have 3 holes & fit in a 3-ring binder)
- Bible (NIV)
- Book bag or Back Pack
- 8GB zip drive

## Schedules:

You may view your Junior High student's schedule on RenWeb beginning August 25th. Please log on and look at your schedule as soon as possible. All electives are one semester long. Any questions or concerns regarding scheduling should be submitted to Mrs. Warren by email ([warrenk@cascadechristian.org](mailto:warrenk@cascadechristian.org)) It may take several days for these emails to be processed and we appreciate your patience. If you do not currently have a RenWeb account, please contact the school office to set up your account (253-445-9706). If asked, for a "District Code", enter CAS-WA.

## JH Performing Arts:

Creative Arts are an integral part of the Cascade Christian culture. We require all 7th Grade students to take a performing art: choir, band, drama, or dance. Students in band must provide their own instrument and students in dance must provide their own shoes. Both band and choir students are required to attend musicale/music festival and competitions. The approximate annual cost for these events is \$50-\$75.

## PE/Health:

Is a core class for all junior high students. For 7th grade students its required for a full year and for 8th grade students it is required for one semester. Students will need to have proper attire: t-shirts, shorts, and gym shoes.

## JH Impact Term:

Junior High IMPACT term is a dedicated time set aside to provide our students with opportunities to pursue the passions through servant leadership. This year, IMPACT term will be the week of March 30-April 3rd. Students will participate in service projects throughout the greater Western Washington area. More information will come later this spring regarding the Junior High IMPACT term's class offerings.

## Washington D.C.

All 8<sup>th</sup> grade students and their parents have an opportunity to go on our annual Washington D.C. trip that will take place March 29<sup>th</sup> to April 3<sup>rd</sup>. For more information please email Mr. Hinderer at [roy@cascadechristian.org](mailto:roy@cascadechristian.org).

## JH Athletics:

We have four sports seasons at Cascade Christian Junior High.

### **JH Fall Sports**

*Boys Football, Boys Soccer, Girls Volleyball, Boys and Girls Cross Country*

### **JH Early Winter Sports**

*Boys Basketball, Girls Soccer*

### **JH Late Winter Sports**

*Girls Basketball, Boys Wrestling*

### **JH Spring Sports**

*Boys & Girls Track, Boys Baseball, Girls Fast Pitch*

### **~ FALL SPORTS INFO ~**

<b>Sport</b>	<b>Practice Start Date</b>
JH Football	September 3
JH Volleyball	September 3
JH Boys Soccer	September 3
JH Cross Country	September 3

**JH Cheerleading spans from the previous spring through winter sports seasons.** Email Megan Tveter ([megan.antonio@hotmail.com](mailto:megan.antonio@hotmail.com)) if you would like additional information about JH cheer.

## Practices & Physicals:

In order for the athletic department to make sure all athletes meet WIAA and CCS eligibility standards, **all JH athletes must turn in paperwork on or before the first day of school, September 3rd for fall sports.** This paperwork may be found on the athletic website and includes a physical exam form, code of ethics form, medical insurance information, and a concussion form. Physicals are good for two calendar years from the date of the physical.

## Athletic Fees:

Athletic fees for football are \$175; all other JH sports are \$110. Athletic fees are assessed per season and do not include spirit pack fees, which vary by sport and become property of the athlete upon purchase.

## Athletic Eligibility:

Athletics are an important part of the curricular program. However, students choosing to participate in athletics should keep in mind that academic achievement should be their main priority. Please see attached sheet for eligibility dates and guidelines.

Please see eligibility requirements on the Athletics website.



## JH Connect Retreat:

On the second day of school we will take the entire JH to Miracle Ranch Camp\*\* for an overnight retreat, we call it CONNECT. The purpose for doing this is multi-faceted:

- to set the spiritual tone for the school year.
- to build relationships by providing 7th grade and new 8th grade students an opportunity to meet new people and make friends in a non-school setting.
- to address the unique personal/social aspect of Junior High in separate 7th and 8th grade meeting times and again in separate male/female meeting times.
- to build advisory teams and strongly connect the advisory teacher to his/her group of students through interactive team building and informal activities.
- to connect high school students as mentors and positive role models.

\*\* (<http://www.cristacamps.com/programs/summer/summer-camp/miracle-ranch/#miracle-ranch-overview>)

## Cougar Academy:

Cougar Academy is our JH Extended School Program and a variety of classes are offered to JH students who would like to participate in something after school other than athletics. More information will be following.

## JH Conferences:

JH Conferences will be held November 17th-22nd, during a half day schedule. Parents will meet with their student and his/her advisory teacher and review his/her academic, social and spiritual programs then set goals for growth and improvement. More specific information will follow.



# JH 2014-2015 Quick View Calendar

Please check the online district calendar for the most up-to-date information on CCHS events.

## Fall Semester

<b>New Parent Orientation</b> .....	<b>Aug. 28</b>
Preview & Picture Day .....	Sept. 2
First Day of School.....	Sept 3
JH Connect Retreat .....	Sept. 4-5
7th-12th grade Family Convocation.....	Sept. 9
Fair Day (early dismissal) .....	Sept 19
Teacher In-Service Day (early dismissal).....	Sept 26
Picture Retake Day.....	Oct. 23
Teacher In-Service (early dismissal) .....	Oct. 24
End of 1st Quarter (early dismissal).....	Nov. 7
Teacher In-Service Day (no school).....	Nov. 10
Veteran's Day (no school) .....	Nov. 11
Parent Conferences (early dismissal).....	Nov. 17-21
Mom and Me Pinterest..... Party	Nov. 22
Thanksgiving Vacation (early dismissal).....	Nov. 26
Thanksgiving Vacation.....	Nov. 27-28
Teacher In-Service (early dismissal) .....	Dec. 5
JH Winter Concert .....	Dec. 11
Fall Drama Production.....	TBD
Christmas Vacation.....	Dec. 19-Jan. 4
Classes Resume.....	Jan. 5
MLK Day (no school) .....	Jan. 19
End of 2nd Quarter (full day) .....	Jan. 29

## Spring Semester

Teacher In-Service Day (no school).....	Jan. 30
6th Grade Move-up.....	Feb. 13
President's Day (no school).....	Feb. 16
7th Grade Parent/Student Date Night.....	Mar 13
Teacher In-Service (no school).....	Mar. 20
CCS Formal Auction.....	March 28
Science Fair.....	TBD
Impact Term.....	Mar. 30– Apr. 2
8th Grade Washington DC Trip.....	Mar. 29-Apr. 3
End of 3 <sup>rd</sup> Quarter (full day).....	April 2
Teacher In-Service (no school).....	April 3
Easter Break (no school).....	April 6-10
Daffodil Parade.....	April 11
Spring Drama Production.....	TBD
8th Grade Move Up.....	May 16
JH/HS Choral Concert .....	May 20
Memorial Day (no school).....	May 25
JH/HS Spring Spirit Day.....	May 29
Teacher In-Service (early dismissal).....	May 29
JH/HS Instrumental Concert.....	June 5
JH Awards.....	June 9
Early Dismissal.....	June 15-17
Last Day of Classes (early dismissal).....	June 17

***Calendar dates are subject to change over the course of the school year.***

*JH Cougar Trax and the online district calendar will reflect changes.*

