



27th Annual Head Start Parent Conference

Dec. 10-14, 2010, in Virginia Beach, Virginia

Educational Sessions

Sunday, December 12, 2010

9:30-11 a.m.

Family Centered Approach for Promoting Infants' and Toddlers' Social and Emotional Development

This session will illustrate the benefits of using a family centered approach in designing and implementing programs to facilitate infants' and toddlers' social and emotional development in the home. Strategies for gaining parents' trust as well as simple ways of observing parent-child interactions will be shared.

Learn more: Meaningful Movement Activities for Children and Families

The First Lady says, "Let's Move." We must move to improve school success and major public health issues. Head Start/Early Head Start programs, families, and providers are key in raising awareness among families and communities about the importance of physical activity and meaningful movement. Participants will receive information about developmentally appropriate, meaningful movement and brain development and will remind them about the necessity for physical activity, spontaneous movement, and free play.

To Your Credit

In today's society, credit is one of the driving forces behind decisions involving employment, loans, insurance, renting/purchasing a home, and insurance. This session will teach participants the purpose of a credit report, how to read a credit report, how to order a copy of their credit report, and how to build and repair their credit history.

What does it take to Help Young Children without Homes and Their Parents

This educational session will help participants understand the overall effect of homelessness on young children and how a supportive environment that offers stability, consistency, and routine can help children. Participants will learn strength-based strategies for working with children and families who are affected by homelessness.

Math the Sesame Way

This interactive session will provide specific strategies to foster a love of math in children, empower participants with developmentally appropriate math language to use with children, and provide multiple-media tools to actively engage children. Current research, as well as attitudes toward preschool mathematics from focus groups, will also be discussed.

Signing to Basics with Time to Sign

This fun and unique educational session will teach you to use basic signs in games, stories, songs, activities, and scheduling to complement and enhance daily learning in your classroom.

Taking Care of Everybody... It's Not Always Easy!

Raising children is hard - very hard. And children who have a disability present another set of challenges. When one child is affected, everybody is affected. Participants will learn strategies to help themselves, their marriage, and siblings cope with the challenges that can arise when a child that has a serious medical condition or disability.

Sound Stars: A Parent- and Teacher-Friendly Speech Program for Children Ages Birth to 8 Years

Looking for a simple and engaging program for speech prevention and intervention in the classroom or for parents to use at home as a follow up on sound production? Come have fun as you learn the Sound Star Strategy and Sound Starters for 18 sounds and all of the /S/, /L/, and /R/ clusters!

Parents as First Teachers and Advocates

This session is designed to provide parents of children with and without disabilities with information and resources from the Early Childhood Learning and Knowledge Center (ECLKC). Discussions and activities will be based on real experiences from parents, and will help parents to increase their skills as teachers in the home, and advocates anywhere they go.

101 Transition Activities

Transition times provide an additional time for learning or a time for conflict and chaos. This session will introduce a collection of fun and engaging activities for teachers and families to share with children during times of transition.

What are the Strengths of Strong Fathers and Strong Mothers?

By seeing different parenting strengths of feminine and masculine parenting styles, parents and staff can begin to see how both parents are "right" in the way that they parent. This session will discuss how the strengths of fathers and mothers can work together to build stronger, healthier children. Participants will learn best practices for working effectively with both mothers and fathers.

Parent-Teacher Power... In an Hour! Taking Back Your Classroom

Is your child's behavior causing you to make those dreaded trips to "the principal's office"? Learn strategies for diffusing and amusing, not confusing and abusing! Alleviate up to 90 percent of household and classroom disciplinary problems and walk away with plenty of simple and effective techniques.

Are You Listening? Relationship Building to Support Family Engagement

Family engagement is built on relationships and intent. Collaborating with other agencies as part of intentional planning for family engagement can be a valuable tool for providing timely, relevant information and opportunities to further leadership skills beyond the Head Start experience. This session will showcase the possibilities of such collaboration and give participants the tools they need for successful collaboration.

How to Use Developmental Milestones to Track Your Child's Development

This session will give participants the tools to recognize social-emotional, cognitive, and language developmental milestones in young children and how to track them. Participants will become familiar with early warning signs of autism and other developmental delays and gain an understanding of the benefits of early action and intervention. Participants will also learn how to identify early action and intervention activities and resources that can help parents and Head Start professionals when a child isn't reaching developmental milestones.

Positive Discipline

In child rearing, discipline refers to a variety of parenting techniques designed to manage, direct, and reinforce positive behavior. However, managing a child's behavior is not an end in itself! Participants of this educational session will learn the stages of discipline, how to properly address discipline issues, workplace expectations, and the most common and costly disciplinary problems that occur in the workplace.

Childhood Obesity: Our Role as Parents in the Battle against our Nation's Biggest Health Threat

Head Start children are at a critical period for developing a healthy lifestyle and determining their lifelong weight status. And parents and other caregivers are key to fighting the obesity epidemic. Acting as teachers and role models, the decisions we make now will determine the well-being of our future generations. Join this session to learn about the importance of being a healthy lifestyle role model for children and how to determine if a child has a weight issue.

Parent/Family Engagement

This session is designed to give school officials and parents a framework for establishing successful relationships. Participants will learn how to communicate effectively with school personnel and how to become more involved with the decision-making processes within their child's school. Participants will also learn how to deliver effective methods for engaging parents and families and how to communicate

with parents more effectively on all levels.

Harnessing the Power of Local Media to Support Head Start

Learn how to get local media to cover your Head Start events. Learn from the successes of RESULTS volunteers, get sample materials you can tailor for your program, and be ready to draft a powerful letter to the editor that you can submit to the media when you return home.

Outdoor Play on a Shoestring Budget

Even with a shoestring budget, Head Start parents and staff can engage 3- to 5 year-old children in a variety of activities to promote the development of gross motor skills using inexpensive and teacher/parent made equipment. Participants will learn how to make and use developmentally appropriate equipment to help children develop muscular and cardiovascular strength and improve coordination, agility, body awareness, flexibility, endurance, and self-confidence.

Autism Spectrum Disorders and Developmental Delays: Red Flags and Resources

This session will help participants better understand autism spectrum disorders and how they differ from other developmental delays. Participants will learn how to identify early warning signs of autism and when a child should be referred for further evaluation and treatment.

(12/12/10 con't) 11:30 a.m.-1 p.m.

Hop, Skip, and Learn: How to Make Play Time Learning Time

Learning occurs in three main components: audio, visual, and kinetic. Yet many early childhood educators focus only on the audio and visual teaching methods and may not implement activities that involve learning through physical play. This session will look at how parents, staff, and community members can implement physical play into the development and growth of the preschooler.

Fostering Our Future

Have you ever thought about becoming a foster parent? Do you know someone who is a foster parent? If you are curious, please join us to experience what it's like to be a part of the foster care system. Through stories, poems, and dramatization, participants will engage in activities to help them envision what it's like for the children, parents, social workers, teachers, and foster parents. This session may contain sensitive material.

Family Centered Approach for Promoting Infants and Toddlers Social Emotional Development

This session will illustrate the benefits of using a family-centered approach in designing and implementing programs to facilitate infants' and toddlers' social and emotional development in the home. Strategies for gaining parents' trust as well as simple ways of observing parent-child interactions will be provided.

Building Family Relationships: A Successful Field-Tested Model for Strengthening School/Center Relationships

Research shows that when adults take time to explore the outdoors with their children, they build strong bonds with nature ... and with each other. This interactive session will focus on the benefits for both families and early childhood programs of building and maintaining strong home-school connections. The session will offer field-tested strategies for involving families with young children in nature-based activities that build relationships in a variety of ways and foster children's complete development.

Math the Sesame Way

This interactive session will provide specific strategies to foster a love of math in children, empower participants with developmentally appropriate math language to use with children, and provide multiple-media tools to actively engage children. Current research, as well as attitudes toward pre-school mathematics from focus groups, will also be discussed.

Parents in Denial (Children Suspected of Having a Disability)

"Denial is a defense mechanism in which a person is faced with a fact that is too uncomfortable to accept and rejects it instead, insisting that it is not true, despite what may be overwhelming evidence." Participants of this session will learn to recognize the stages of denial and grief. This educational session will help participants develop informal program supports that welcome children with disabilities and design community resource FYI boards addressing special needs.

I Can Read Songs: A Joyous Sing-Along, Dance-Along Boost in Early Literacy Skills

Learn how to use joyous songs to help children sing and dance their way to learning words that will then ease them into reading and writing. This research-based session will help participants accelerate the development of young children's literacy skills. Participants will receive copies of the songs that are used and information about a Web site that offers free resources.

Yes I Can! Understand and Encouraging Self-Esteem for Infants and Toddlers

Come explore the dynamics of self-esteem in infants and toddlers and the tremendous effect it can have on their lives. Participants will learn strategies to promote self-esteem in young children and deepen their understanding about the important impact that early relationships can have on them.

Sing, Play, and Learn! Handwriting Development for Early Learning Success

This session offers creative activities for developing writing readiness and early literacy skills in children with all types of abilities. Learn the developmental stages of writing readiness and letter formation. Acquire strategies to teach coloring, drawing shapes, pencil grasp, and letter/number formation.

Let's Go! 5-2-1-0: A Nutrition and Physical Activity Initiative in Head Start

Let's Go! 5-2-1-0 is a national initiative promoting at least five fruits and vegetables a day, fewer than two hours of screen time, at least one hour of physical activity, and 0 sugary sweetened beverages.

Participants will learn about this initiative and how to develop an implementation action plan for their own program or at home.

SOUND STARS: A Parent and Teacher Friendly Speech Program for Ages Birth - Age 8

Looking for a simple engaging program for speech prevention and intervention in the classroom or for parents to follow up on sound production at home? Come have fun as we learn the Sound Star Strategy and Sound Starters for 18 sounds and all of the /S/, /L/, and /R/ clusters!

Parents as First Teachers and Advocates

This session is designed to provide parents of children with and without disabilities with information and resources from the Early Childhood Learning and Knowledge Center (ECLKC). Discussions and activities will be based on real experiences from parents and will help parents increase their skills as teachers in the home and advocates anywhere they go.

Delegation 101

Come gain an understanding of how to organize delegating efforts, create an atmosphere of encouragement toward the task of delegation, and determine where, when, why, and to whom to begin delegating tasks. Participants will use the sub-team concept to begin the creation of a new delegation strategy.

What are the Strengths of Strong Fathers and Mothers?

By seeing different parenting strengths of feminine and masculine parenting styles, parents and staff can begin to see how both parents are "right" in the way that they parent. This session will discuss how the strengths of fathers and mothers can work together to build stronger children. Participants will learn the best practices of working with both mothers and fathers effectively.

Begin with the End in Mind: Using Outcomes for Planning and Evaluation

What is "Outcomes Based Planning and Evaluation"? Discover strategies for using baseline evaluation data as you partner with programs to develop improvement plans and intentionally track ongoing progress. Learn ways to help practitioners link their efforts to meet outcomes with positive results for children, families, staff, and the program.

Father Engagement and a Child's Brain Development

This is a capacity-building session focused on a father's parental practices associated with the development of a child's cognitive skills and designed to support father engagement initiatives. Through this educational session, participants will become familiar with research-based knowledge on father engagement and brain development.

Participate in this educational session to learn innovative strategies to overcome current father

engagement challenges.

Money Management: What They Didn't Teach Us

Money management education teaches families how to set financial goals and manage their income and expenses on a month-to-month basis, with consideration for the future. Participants will increase their confidence in their ability to develop a household spending plan and achieve short, intermediate, and long-term financial goals.

Monitoring Early Head Start Health Mandates

This session will provide participants with tools to enhance their monitoring systems for EHS health requirements and provide parents with tools to becoming self advocates around the health of their children. Participants will be able to identify health requirements, health needs that warrant a follow-up and review tracking tools that have proven results.

Grassroots Advocacy: How to Influence Policymakers to Support Head Start

This session will empower participants to speak about poverty issues to policymakers, the media, and peers by offering an easy-to-learn format called "laser talk." Participants will learn to communicate their expertise as parents and staff with politicians through practical training, and they'll walk away with a short presentation about the benefits of Head Start.

Outdoor Play on a Shoestring Budget

Even with a shoestring budget, Head Start parents and staff can engage 3- to 5 year-old children in a variety of activities to promote the development of gross motor skills using inexpensive and teacher/parent made equipment. Participants will learn how to make and use developmentally appropriate equipment to help children develop muscular and cardiovascular strength and improve coordination, agility, body awareness, flexibility, endurance, and self-confidence.

(12/12/10 con't) 2-3:30 p.m.

Families on the Move: Movement Activities for Brain Development and School Success

This session will focus on research and activities that directly relate to movement, social behavior, music, and actively engaging children and families in activity. Participants will participate in activities that have been shown to promote brain development and pro-social behavior, all of which can be replicated in the classroom, at home, or in the community.

To Your Credit

In today's society credit is one of the driven forces behind decisions regarding employment, loans, insurance, renting/purchasing a home and insurance. This session will teach participants the purpose of a

credit report, how to read a credit report, how to order a copy of their credit report and how to build and repair their credit history.

How to Construct a Welcoming Learning Environment for Young Homeless Children and Their Families

Learn the effect of homelessness on young children's motor, sensory, language, and cognitive development, as well as on their mental and physical health. This session will allow participants to gain a better understanding of the causes of child and family homelessness and the challenges of living in a shelter. Participants will also learn strength-based strategies for working with children and families who are homeless that can be useful in a number of settings.

Life Changing Benefits of Connecting Children with Nature

Spending time outdoors is a profoundly needed influence on children today. Come learn field-tested principles for creating age-appropriate, effective outdoor learning environments and multidisciplinary activities that help deepen visual-spatial learning, build valuable observation skills, link to science and to literacy, and help young children make closer connections to nature.

The Power of Play: How Children Play to Learn

Come play with us! This session will examine the importance of play and the stages of play as well as offer practice supporting children's development through play. Participants will receive hands-on experience in engaging in playful interactions that promote children's development.

Time to Sign: Let's Communicate with Signs

Participants of this session will learn how to use American Sign Language (ASL) to enhance language and literacy through the use of stories, songs, and games. Participants will learn over 125 words they can use to enhance reading skills, incorporate sign language into the children's daily routines, and enhance classroom behavior. Participants will also learn how to use sign language as a language bridge for infants and toddlers to communicate.

Move, Play, and Learn at Home

Parents, how can you include more into your already busy daily routine? Learn how you can engage your children in physical activities using the materials, space, and time that you have within your own home. Leave with helpful ideas that you can implement as soon as you return home!

Role of the Policy Council

Come gain a better understanding of the Head Start regulations and Revised Performance Standards to assist in reinforcing and supporting the role and responsibility of the policy council. Participants will learn how to develop an orientation program for Policy Council members to ensure their understanding and participation in the decision making process. This session will be geared to meet the needs of policy council members, administrators and board members.

Abriendo Puertas/ Opening Doors. Desarrollando un Futuro Mejor/ Building a Better Future

Come learn about an evidence based parenting, leadership, advocacy training program for the primarily Spanish speaking parents of children birth to five years of age. Participants of this session will be introduced to Abriendo Puertas/ Opening Doors Curriculum and will gain an understanding of the cultural and linguistic relevance of the curriculum. This session will introduce popular education techniques and ideas for parent outreach and ways to engage local partners.

Parent-Teacher Power...In an Hour! Taking Back Your Classroom (Classroom Management)

Is your child's behavior causing you to go into the principal's office! Learn strategies to diffuse and amuse not confuse and abuse! Alleviate up to 90% of household and classroom discipline problems and walk away with simple yet effective techniques. Parents and teachers start using these techniques on Monday!

Engaging Parents through "Parent University"

This session will explain why the Lee County School District Head Start/Early Head Start Policy Council created "Parent University" and how it grew to be a successful initiative. Participants of this session will learn specific steps to create activities that are responsive to the needs of parents and how to market these trainings successfully to parents. This session is designed to inspire others to bring this initiative to their policy council.

How to Use Developmental Milestones to Track Your Child's Development

This session will give participants the tools to recognize social-emotional, cognitive and language developmental milestones in young children and how to track them. Participants will become familiar with early warning signs of autism and other developmental delays and gain an understanding of the benefits of early action and intervention. Participants will also learn how to identify early action and intervention activities and resources that can help parents and Head Start professionals when a child isn't reaching developmental milestones.

Are You Listening? Relationship Building to Support Family Engagement

Family engagement is built on relationships and intent. Collaborating with other agencies as part of intentional planning for family engagement can be a valuable tool for providing timely and relevant information and opportunities to further leadership skills beyond the Head Start experience. This session will show a case the possibilities of such collaboration and give participants the tools they need to accomplish collaboration.

Core Beliefs for Effective Leadership: Inspiring Motivation and Commitment for Change

Who we are and what we believe about other people affects our relationships and interactions. Come explore both your beliefs about human nature and the Core Beliefs of Strengths-Based Coaching. Discover ideas for motivating adults by starting at their current level of experience and education and moving toward higher quality.

Exploring Strategies to Promote Parent Involvement from Both Parent and Teacher Perspectives

This session will allow both parents and teachers to explore proven strategies for promoting parent involvement in programs. During this session participants will develop an understanding of the barriers to parent involvement as well as be able to design strategies to positively affect parent involvement.

I Can Read: Environmental Print

This session will discuss research-based information on the benefits of environmental print and why it is the foundation for early reading skills in young children. Participants will examine the role adults play in providing environmental print awareness in the home and in the classroom.

Songs, Games, and Rhymes for the Multicultural Classroom

Music can be an exceptional learning tool because it allows children to learn as they sing and play. And when children are singing and moving, they are more apt to enjoy and remember what they learn. The universal language of music can also help children develop positive self-esteem and cultural appreciation. During this session participants will have the opportunity to learn traditional Latin American songs and original compositions to use in teaching the alphabet, vowels, numbers, colors, and body parts.

Childhood Obesity: Our Role as Parents in the Battle Against Our Nation's Biggest Health Threat

Head Start children are at a critical period for developing a healthy lifestyle and determining their lifelong weight status. Parents are the key component to fighting the obesity epidemic; acting as teachers and role models, our decisions now will determine the well-being of our future generations. Participants of this session will learn the importance of being a healthy lifestyle role model for their children and how to determine if their child has a weight issue.

Classroom Management: Strategies for Urban Educators

This session is a comprehensive seminar for teachers who work in urban/inner-city school settings. Participants will learn strategies and techniques that will help with the overall management, planning, and organization of classroom learning activities and student behaviors.

Using Parent-Child Interaction Games to Make Home Visits Even More Effective!

Head Start home visitors have a unique opportunity to affect the lives of families with young children. This session will discuss the home visitor's role in developing effective relationships with families and supporting children's relationships with families. Participants will be introduced to a highly successful approach to home visiting using a set of parent-child interactive games and will learn how to structure purposeful and effective home visits.

(12/12/10 con't) 4-5:30 p.m.

Fostering Our Future

Have you thought about becoming a foster parent? Do you know someone who is a foster parent? If you are curious, please join us to experience what it's like to be a part of the foster care system. Through stories, poems, and dramatization, participants will engage in activities to help them envision what it is like for the children, the parents, the social workers, teachers, and foster parents. This session may contain sensitive material.

The Power of Play - How Children Play to Learn

Come play with us! This session examines the importance of play, the stages of play and provides practice supporting children's development through play. We will provide hands-on experience to engage in playful interactions that promote children's development.

"Parents in Denial" (Children Suspected of Having a Disability)

"Denial is a defense mechanism in which a person is faced with a fact that is too uncomfortable to accept and rejects it instead, insisting that it is not true, despite what may be overwhelming evidence". Participants of this session will learn tools to recognize the stages of denial and grief. This session will help participants to develop informal program supports that welcome children with disabilities and design community resource FYI boards addressing special needs.

Infants Get Stressed Too!

Do infants get stressed? How do we know? Come learn what social-emotional development actually is and explore the three major elements of social-emotional wellness in infancy. Participants will be given the opportunity to look at the information and figure out what it means for them as the parent or care provider.

Hop, Skip, and Learn: How to Make Play Time Learning Time

Learning occurs in three main components, audio, visual, and kinetic. Many preschool teachers focus on the audio and visual teaching methods and may not implement activities on learning through physical play. This session will look at how parents, staff, and community members can implement physical play in to the development and growth of the preschooler.

Build Healthy Habits with Building Blocks

Building Blocks for a Healthy Future offers free tips and tools to parents, educators, and other caregivers to help children learn and practice healthful habits such as eating right and getting plenty of exercise. Participants will have access to activities and games that promote positive, healthy choices as children grow.

Role of the Policy Council

Come gain a better understanding of the Head Start regulations and Revised Performance Standards to assist in reinforcing and supporting the role and responsibility of the policy council. Participants will learn how to develop an orientation program for Policy Council members to ensure their understanding and

participation in the decision making process. This session will be geared to meet the needs of policy council members, administrators and board members.

Children's Names: Understanding Potential Name Bias within the Classroom Setting

Research has shown that creative naming practices have been found to be more prevalent throughout the United States today. This session will introduce participants to current U.S. naming practices and give participants the opportunity to learn about potential name bias that exists within the early childhood setting. A discussion of how first names are perceived by teaching staff and how this may influence teacher behavior within the classroom environment will be facilitated.

Abriendo Puertas/ Opening Doors, Desarrollando un Futuro Mejor/ Building a Better Future

Come learn about an evidence-based parenting, leadership, advocacy training program for the primarily Spanish-speaking parents of children ages birth to 5 years. Participants in this session will be introduced to the Abriendo Puertas/ Opening Doors curriculum and will gain an understanding of its cultural and linguistic relevance. This session will introduce popular education techniques and ideas for parent outreach and ways to engage local partners.

Dealing with Difficult People: Conflict and Negotiation Management

Do you sometimes have trouble dealing with conflict and negotiation? Participants of this session will learn how to increase their ability to navigate conflict and negotiate effectively in order to decrease stress and help minimize challenges with difficult people. Come acquire the tools you need to develop a support system for administrators and leaders that will aid in dealing with difficult or challenging individuals.

Why Won't They Change? How to Effectively Support Adults in a Strengths-Based Partnership

Change isn't easy — but it is unavoidable. Learn about conditions that lead to change, and discuss how to apply that information in your work. Come ready to think in a new way about effectively supporting others through change. You'll get the opportunity to try out a practical, strengths-based strategy that you'll be able to use right away!

Exploring Strategies to Promote Parent Involvement from Both Parent and Teachers Perspectives

This session will allow both parents and teachers to explore proven strategies to promote parent involvement in programs. During this session participants will develop an understanding of barriers to parent involvement as well as be able to design strategies to positively impact parent involvement.

I Can Read, Environmental Print

This session will discuss research information on the benefits of environmental print and how it is the foundation for early reading skills in young children. Participants will engage in discussions on the role adults play in providing environmental print awareness in the home, environment and the classroom.

Roll-Up-Your-Sleeves Play: Hosting Your Own Community Play Day

Celebrate play by hosting a Play Day! This educational session features strategies to help educators increase playful opportunities for children. Participants will discuss techniques to involve families in planning and facilitating Play Day activities, discover inclusive activities that support curriculum, and learn where they can obtain free resources to support their efforts.

Songs, Games and Rhymes for the Multicultural Classroom

Music can be an exceptional learning tool because it allows children to learn as they sing and play. When children are singing and moving, they are more apt to enjoy and remember what they learn. Children can develop positive self-esteem and cultural appreciation through the universal language of music. During this session participants will have the opportunity to learn traditional Latin American songs and original compositions to use in teaching the alphabet, vowels, numbers, colors, and body parts.

Successful Strategies to Reach and Teach Children in Poverty through Effective Family Engagement

Research shows that children living in poverty can learn as well as any other child if they are engaged. This session will teach teachers, administrators, and parents how to provide and participate in explicit family engagement initiatives that will measurably increase the learning outcomes of all disadvantaged children and children of poverty.

Father Engagement and Children's Brain Development

This capacity-building session on the parental practices of fathers associated with children's cognitive skills development is designed to support father engagement initiatives. Participants will explore research-based knowledge on father engagement and brain development. They will also be introduced to innovative strategies intended to address and overcome current father engagement challenges.

Empowering Families to Promote Literacy within Their Cultural Community

Literacy development starts at birth, in the home. It's important to set goals for your children's literacy. This session will explore a model for a Family Literacy seminar that taught families about the importance of literacy and how to incorporate literacy activities using family traditions, creativity, and daily activities.

Money Management: What They Didn't Teach Us

Money Management education teaches families how to set financial goals and manage their income and expenses on a month to month basis with consideration for the future. Participants will increase their confidence in their ability to develop a household spending plan and achieve short, intermediate, and long term financial goals.

Monitoring Early Head Start Health Mandates

This session will give participants tools to enhance their monitoring systems for EHS health requirements and help parents become advocates for the health of their children. Participants will learn to identify health requirements and health needs that warrant follow-up and will review tracking tools that have proven results.

Time Outs, Tantrums, and Tomados: How to Handle Problem Behaviors and Decide When a Problem

This session will help participants understand the difference between extreme typical behavior and behavior problems in toddlers and preschoolers. Participants will engage in discussions about different behavior disorders and how to help manage behavior problems. Participants will also learn when to refer a child for further evaluation and treatment.

Monday, December 13, 2010

9:30-11 a.m.

Parents' Perceptions of Childcare Quality: Toward a More Collaborative Understanding

This session will discuss quality early childhood programs that serve at-risk children by looking at significant themes of quality that were indicated by parents of children in Early Head Start and Head Start centers. These discussions will lay the foundation for stronger and more collaborative relationships among Head Start centers, children, and families.

Flip the Script: Communicating Powerfully with Your Child's Other Parent

Effective communication, both verbal and non-verbal, is essential in developing a solid parenting partnership and minimizing the negative effects of poorly managed conflict on children. This session will equip single parents with insights, strategies, and tools for transforming drama and conflict-laden interactions into powerful co-parenting conversations.

SOIAR SYSTEM: A 21st Century T/TA Planning Instrument

This educational session will teach participants how to use SOIAR web-based tools to analyze staff competencies and use data collected to design a profile of program talents (strengths) and forecast program talent needs. Additionally, participants will gain an understanding of how to use the program reports generated to identify specific goals and action steps to implement annual T/TA plans.

Sing Me a Story!

Explore the unique benefits of using song-based picture books to support a preschooler's growth in phonological awareness. Learn strategies for supporting emerging readers with song while gaining hands-

on experience with a variety of song-based texts. Return home with renewed energy and engaging ideas to use with children during shared reading time.

Laughter is the Best Medicine... Plus, No Co-Pays! (How Humor Helps Us Hang Tough in Hard Times)

Come experience how humor restores and reinforces a sense of hope and helps us to hang tough in hard times. Participants will be inspired to use laughter on a daily basis to pump oxygen to their brains and reduce stress. Walk away with two or more specific strategies for sharpening your sixth sense — your sense of humor!

You Don't Need a Lap to Tell a Story

Come join us as we explore how to bring literature alive in a child's world. This session will share how puppetry, song and dance, drama, props, and walking books can spice up your literacy bag of tricks!

Upgrading the Professional Development for Head Start Family Service Workers

This session will identify the needs for family service workers to successfully develop healthy attitudes, key skills, and useful knowledge to positively affect their working relationship with others. The presenters will identify skills that will result from education, consistent practices, humor in the agency, and effective communication with children, families, and co-workers. Participants will learn about training experiences that will help promote and reinforce effective social service policies, practices, and teamwork.

Enhance the Caregiver-Child Relationship by Understanding Temperament

The Head Start Program Performance Standards call for individualized care giving. Caregivers and parents can understand the individualized needs of children by learning about temperament and its influence on behavior. Participants in this session will identify temperament traits and use tools to reflect on their own and a child's temperament.

Head Start: Team Teaching with Parents to Put Children at the Head of the Class

Head Start has always recognized the critical role that parents play as their child's first teacher. This session will reinforce the value of parent-teacher partnerships in school readiness. With expectations of children higher than ever before, it is imperative that parents and teachers team up to share everyday observations of their children and plan activities that will extend the curriculum into the home.

The Many Sides of My Personality

This session will give participants an opportunity to identify and understand differences in personality styles and how these styles and differences affect their daily lives. Participants will learn how to turn irritation into appreciation and conflict into cooperation by opening up lines of communication, embracing differences, and bringing out the best in everyone! Come learn how to identify and explore your own personality style.

Assessing Organizational Health

When administrators are aware of the "health" of the organization, they can proactively work to improve it or maintain that health if it is already good. This session will teach participants strategies for determining the health of their own organization and how to implement systems to improve their working environment. Participants will gain a better understanding of the corporate culture, the power of morale, a vision statement vs. a statement of philosophy, and direction vs. vision.

Making Father Involvement Relevant: Working with Fathers to Improve Child Outcomes

Learn how to effectively work with fathers to improve outcomes for children by working with fathers to help them recognize their role as the child's primary teacher. Participants of this session will learn how to build programs and events that will help fathers learn how to teach their children, as well as how to appropriately discipline and lead their children. Examples of how to incorporate academic activities with fathers and their children will be shared.

Nutrition in the Garden

Participants of this session will learn the various methods of planting a children's garden and using the garden to engage children in learning. The Reach-Up Children's Garden is used as the model for planning, growing, and sustaining a community children's garden. The latest research on encouraging families to eat healthier and the role of children's gardens to accomplish the goal of preventing child obesity will be discussed.

Family Fun: Play Together, Stay Together

Discover the wonder of laughter, humor, and play. Experience the importance of having fun together and recognize that it's a vital function for promoting learning, meaning, and love in the family. Learn five potentially playful practical ways to lighten up and promote family unity. You'll truly realize that a family that plays and has fun together stays together.

Let's Move! To Connect Early Childhood Physical Activity with Appropriate Practices

Let's Move! to increase physical activity in young children in order to combat childhood obesity. Come be part of the excitement as you learn about developmentally appropriate teaching practices through hands-on participation, electrifying games, thrilling activities, and fun assessments that not only support the Let's Move! initiative presented by Michelle Obama but also the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Appropriate Practices in Movement Programs for Children Ages 3-5!

Engaging Families with Culturally Competent Home Visits

This session provides evidence-based research that illustrates how culturally competent services will result in family engagement. Participants of this session will learn the practical definition of culturally competent services and how to apply this practice in their home visits in order to engage hard-to-reach families.

Parents and Families Taking the Lead: A Solution Focused Approach to Family Partnerships

This session will describe and teach the Solution Focused Approach and will discuss how the approach increases family participation and improves results in the goal setting process. Participants will learn how to ask Solution Focused questions and why client-defined goals lead to better outcomes. Participants will also learn about scaling and how it helps organize thoughts.

The Vital Role of Fathers

This hands-on, interactive session will help generate greater awareness and appreciation for the role of positive fathers and male role models for children and families. Participants will gain a better understanding of the role fathers play and their importance in the lives of children and families. Participants will also explore challenges encountered in fatherhood and ways to use these challenges as learning experiences.

I AM, I CAN, I WILL

This session is designed to unlock and unleash the human potential through the exposition and exploration of principles of personal growth and self development. Participants will learn to value themselves, explore their latent talents and abilities, and identify the people, places, and practices that lead to personal growth.

Active Play! Infusing Physical Activities into Head Start and Early Head Start Classrooms and Family

Learn practical ways for Head Start/Early Head Start teachers and families to increase the physical activity levels of toddlers and preschoolers. These fun Active Play! physical activities use inexpensive equipment and can be done in the classrooms and at home. View videos of children participating in these activities and try a few yourself!

(12/13/10 con't) 11:30 a.m.-1 p.m.

Reclaim Your Co-Parenting Power

Co-parenting power is derived not from the courts or your custodial or financial relationship with your children but rather by your intentional approach to parenthood and response to co-parenting relationship drama. This session is designed to empower single parents with new tools, strategies, and inspiration to create less conflict and more child-centered relationships with their children's other parent.

Mireme/Take a Look at Me: Using a Strengths-Based Portfolio Process to Promote Family Engagement

The Mireme/Take a Look at Me portfolio provides a template for family members to share information about their child's strengths, interests, and learning opportunities. Learn how families and teachers have used the portfolio to enhance their involvement; open communication; and focus on the child's strengths and interests to enhance learning.

Management Buzz

Head Start and Early Head Start managers and other participants who attend this session will learn about sound management practices. All participants will benefit from the opportunity to network, build relationships, and - most important - share knowledge.

Bringing Literature to Life throughout Early Childhood Development and Education

Through modeling, read aloud, storytelling, sharing of literacy resources, and discussion, participants will experience strategies for bringing developmentally appropriate literature to life in homes and diverse classrooms that support developmental domains and educational goals of young children.

TIPS for Great Kids! A New Approach to Parent Education

Parenting demands skills, knowledge, and experience. TIPS is individualized to assist parents with what they want to know, when they want to know it. Rather than a traditional parenting class based on a curriculum, TIPS provides a tool for providing education in a proactive way.

Left Brainers, Right Brainers, and NO BRAINERS!

Multiple Intelligence theory boils down to the fact that there are a lot of different ways to be intelligent. Through fun group activities, participants will experience first-hand how to tap into their own preferred learning methods. Participants will gain fresh insights on how to discover a child's preferred learning style and how to use it to teach them in a way that takes advantage of their strengths.

Do You Slide or Decide? Planning for Children

An unplanned pregnancy can sidetrack even the most motivated Head Start parent. This interactive session will present information and tools to help parents - both mothers and fathers - take charge of pregnancy planning. Participants will learn how "sliding into parenthood" can affect family well-being and specific strategies to include men in pregnancy planning.

A Grand Stand for Literacy! Supporting Parents in Their Children's Learning

Come take a grand stand for literacy to ensure success for your child's early literacy learning. This session will offer innovative strategies and hands-on activities in oral language and vocabulary development. The research-based strategies that will be used are derived from the Alabama Reading Initiative Modules and Grand Stand for Literacy Modules.

Using College Students as Volunteers and Mentors with At-Risk Children

College students often have time and skills that can be used for one-on-one mentoring services to enhance the overall skills of young children. With appropriate collaboration between local colleges and universities, Head Start and early care programs can maximize and further augment high-quality programs for young children at a time when the staggering economy has limited program resources. This session will discuss strategies for recruiting men and women from colleges and universities.

Talking Race with Preschoolers: Developmentally Appropriate Ways to Increase Race Awareness

This session will focus on the importance of discussing racial differences and similarities with preschool children. Participants will have the opportunity for self-reflection, will learn developmentally appropriate methods for talking about racial differences and similarities with preschoolers, and will review activities and materials that can be used to increase racial awareness and decrease bias among preschool children.

Earning the Early Childhood Educator: A Mentoring Model for Self-Directed Adult Learners

Earning a college degree as a non-traditional adult student entering higher education for the first time or returning after several years can be a daunting experience. This session will share how the State University of New York at Empire State College developed a teaching and mentoring model geared toward the self-directed adult learner who is seeking a college degree in early care and education. Participants will have an opportunity during the session to discuss how they might develop their own degree program and seek college credit for prior learning through work and life experience.

How a Father's Parenting Style Benefits His Child's Development

This session will engage fathers and equip and encourage them to become more intimately involved in their child's education, both at home and in school. Participants will gain a deeper understanding of the strengths and contributions of a father's parenting style, and how it can significantly add to teaching and learning opportunities that benefit both father and child.

Launch Children's Healthy Habits for a Lifetime

Come learn how to engage pre-school aged children with simple food-related activities as a means to develop healthy eating habits. Participants will learn easy food activities appropriate for young children and how to interest and excite children in sampling what they help to prepare. A demonstration of a simple recipe that participants can take home to use with their children or in the classroom will be shared.

Fearless, Tearless Parent Involvement

This session will give participants a holistic approach to increasing the amount and quality of parent involvement in their programs. Participants will learn the meaning of parent involvement and its benefits, as well as the barriers and pitfalls.

6 Ways to Grow Self-Esteem: How to Become Your Own Unique Self!

Come discover what keeps individuals stuck and prevents them from being their best. This educational session will explore the six essential factors that promote self-esteem for people of all ages. Participants of this session will learn to realize their full potential so they can celebrate life.

1, 2, 3, Come Learn with Me

Parents, have you ever wondered if there is more you can do to ensure that your child develops pre-kindergarten math concepts? This session will explore how to turn daily routines and activities into learning

experiences to ensure that your child enters school with a strong foundation in math. Come participate in a lively discussion and hands-on activities related to math skills.

Language, Love, and Literacy Part 2: Using What You Have To Get What You Want

Teaching early literacy skills can be done successfully with what is available in any environment. This session will help participants discover the treasure in everyday items, places, and conversations that can facilitate a child's literacy development at little or no cost. Participants will learn how to model reading and writing behavior and how to foster children's interest in and enjoyment of reading and writing.

Digital Media in the Early Learning Environment

Public Broadcasting was founded on education, which continues to be its core value. This session will introduce participants to the wealth of resources on air, online, and in the community available through public broadcasting. The magic units, lesson plans, video clips, stories, interactive games, and activities all designed through scientifically-based research will be presented.

Parents and Families Taking the Lead: A Solution Focused Approach to Family Partnerships

This session will describe and teach the Solution Focused Approach and will discuss how this approach increases family participation and improves results in the goal-setting process. Participants will learn how to ask Solution Focused questions and why client-defined goals lead to better outcomes. Participants will also learn about scaling and how it can help organize thoughts.

The Vital Role of Fathers

This hands-on, interactive session will help to bring greater awareness and appreciation of the role of positive fathers and male role models for children and families. Participants will gain a better understanding of the role of fathers and their importance in children and family lives. Participants will also gain an understanding of the challenges encountered in fatherhood and the ways to use the challenges as learning experiences to change behaviors.

Responding to Emerging and Increasing Needs of Children and Families Exposed to Domestic Violence

The children and families we serve are living in one of the most difficult economic times ever. As a result, families often experience violence. Head Start staff must be prepared to respond and help by recognizing the warning signs of domestic violence and obtaining an increased confidence and preparedness when handling domestic violence disclosures.

(12/13/10 con't) 2-3:30 p.m.

Co-Parenting 101: Partnering with Your Ex for the Sake of Your Child

This session offers parents basic conflict resolution, communication, and practical strategies for parenting children cooperatively with the other parent after a break-up. Participants will learn how a civil parenting partnership benefits their children, and they will explore ways to support their children when the parenting partnership is plagued by conflict.

Teacher Education and Child Outcomes in Head Start Pre-K Programs

This research-based discussion examines the connection between educational degrees for teachers and child outcomes in Head Start Pre-K settings. Participate in this session to examine appropriate competencies for child development teachers and professional development strategies for Head Start administrators.

Creating a Successful Partnership between South Carolina's CDEPP Program and Head Start

The history of South Carolina First Steps will be discussed along with the origination of the state's funded Child Development Education Pilot Program. Historical and current collaborative services between First Steps and Head Start will be shared along with mandated comprehensive services and standards put in place by both agencies.

Strategic Planning: In Early Care and Education Programs

Strategic Planning has become an integral part of the child care industry. Child care centers all over the country, especially those in states with quality initiative programs, have begun to make charting the course of their business a priority. Participants of this session will learn about the Strategic Planning process including how to conduct a complete program/agency review. Participants will be given the tools needed to develop a Strategic Planning Team upon returning to their agency. Goals and possible barriers regarding a successful Strategic Plan will be discussed.

Sing Me a Story!

Explore the unique benefits of using song-based picture books to support preschooler's growth in phonological awareness. Learn strategies for supporting emerging readers with song while gaining hands on experience with a variety of song-based texts. Return home with renewed energy and engaging ideas to use with children during shared reading time.

Head Start/Heart Smart R-and-R: Recharge and Revitalize

Good health is vital for good morale and both bring out an individual's best in tough times. Through three easy-to-use activities, participants will experience first-hand the payoff for improved physical and emotional wellness. Taking care of our bodies and boosting our spirits with humor lifts energy levels, fuels positive interactions, and raises performance.

You Don't Need a Lap to Tell A Story

Come join us as we explore how to bring literature alive in your children's world. This session will share how

puppetry, song and dance, drama, props, and walking books can spice up your literacy bag of tricks!

Upgrading the Professional Development for Head Start Family Service Workers

This session will identify the needs for family service workers to develop successful growth in the areas of attitude, skills, and knowledge to positively affect the working relationship with people. Presenters will identify increased skills as a result of education through consistent practices, humor in the agency, and communication with children, families, and co-workers. Participants will learn about effective training experiences that will affect their programs which will help to promote and reinforce effective social service policies, practices, and teamwork.

Enhance the Caregiver/Child Relationship by Understanding Temperament

The Head Start Performance Standards call for individualized caregiving. Caregivers and parents can understand the individualized needs of children by learning about temperament and its influence on behavior. Participants in this session will identify temperament traits and use tools to reflect on temperament in themselves and in children.

Head Start: Team Teaching with Parents to Put Children at the Head of the Class

Head Start has always looked to parents' as the child's first teacher. This session reinforces the value of parent-teacher partnerships in school readiness. With expectations of children today higher than before, it is imperative that parents and teachers team up to share everyday observations of their children and plan activities to bring the curriculum into the home.

The Many Sides of My Personality

This session will provide participants with an opportunity to identify and understand the differences in personality styles and how these styles affect their daily lives. Participants will learn how to turn irritation into appreciation and conflict into cooperation by opening up lines of communication, embracing differences and bringing out the best in everyone. This session will also allow participants to identify and explore their own personality style.

Assessment Made Easy

Join us in learning about the importance of and need for early assessment and early intervention. Classroom observation strategies and child assessment formats will be discussed. Participants will gain an insight on the value of parent-teacher communication.

Making Strong Connections: Using Social Media to Work with Fathers and Families

Learn how to optimize content providers and other links to provide pertinent information to parents on an ongoing basis. This session will show participants how to effectively use social media sites such as Facebook and Twitter to instruct and inform parents while keeping content fresh and relevant to parents without making its use a full-time job. Techniques to reach all parents will be discussed with a specific

emphasis on using father-friendly techniques to reach out to fathers.

Let's Move! To Connect Early Childhood Physical Activity with Appropriate Practices

Let's Move! to increase physical activity in young children in order to combat childhood obesity. Come be part of the excitement as you learn about developmentally appropriate teaching practices through hands-on participation, electrifying games, thrilling activities and fun assessments that not only support the Let's Move! initiative presented by Michelle Obama but also the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) Appropriate Practices in Movement Programs for Children Ages 3-5!

Growing Your Own: Preparing Your Program for a Culturally Reflective Workforce

Prepare your program for a culturally reflective workforce by growing your own. In this session participants will hear how one program has developed a system of professional development that includes training, supporting staff to obtain required degrees, and tracking progress in ways that meet the individual needs of all staff members.

Engaging Families with Culturally Competent Home Visits

This session provides evidence based research which illustrates how culturally competent services will result in family engagement. Participants of this session will learn the practical definition of culturally competent services, and how to apply this practice in their home visits, to engage hard to reach families.

Best Practices for Parent Involvement

This session will focus on successful approaches to promoting parent involvement and how to share practical ideas that generate favorable results. Parent Involvement provides an avenue to build confidence, a feeling of self-worth and significance.

Inside, Outside: A Guide to Active Play

Come gain a better understanding of the importance of physical activity. Participants of this session will be given tools to fight childhood obesity and have the opportunity to design physical activities for children ages birth through 5 years. Participants will engage in a large-group presentation, small-group discussions, and active learning.

I AM, I CAN, I WILL

This session is designed to unlock and unleash the human potential through the exposition and exploration of principles related to personal growth and self development. Participants will learn to value themselves, explore their latent talents and abilities and identify the people, places, and practices that lead to personal growth.

Active Play! Infusing Physical Activities in Head Start and Early Head Start Classrooms and Family

Learn practical ways for Head Start / Early Head Start teachers and families to increase the physical activity levels of toddlers and preschoolers. These fun Active Play! physical activities use inexpensive equipment and can be led in classrooms and homes. View videos of children doing these activities and try a few yourself!

(12/13/10 con't) 4-5:30 p.m.

Strategies for Father Re-Engagement

This session is designed to offer guidance and encouragement to fathers seeking to re-engage and re-enter their children's lives and to mothers who are concerned about or interested in facilitating such re-engagement. Participants will learn strategies for facilitating re-engagement, managing expectations, and assessing the effects of re-engagement on their child.

Better Breastfeeding Experiences: How Staff and Parent Volunteers Contribute to Success

Explore the compelling reasons to support and encourage breastfeeding in EHS programs. Participants will explore the causes of historically low breastfeeding rates among low-income families, hear EHS moms tell their own stories, and identify common barriers to breastfeeding success. A cost-effective model that builds on existing program strengths to improve breastfeeding outcomes will be introduced.

Demystifying ERSEA

Learn about useful resources relating to ERSEA that are available from ECLKC for use by Head Start program staff. Through this educational session, participants will gain an understanding of ERSEA systems and applications and will be able to explain ERSEA processes to others. This session will explore how ERSEA responsibilities can be managed in order to meet and maintain enrollment.

A Guide to Crisis Management

When a crisis occurs we are often faced with incomprehensible uncertainty. The aftermath might include serious injury, loss of life, damaged property and reputation, litigation, and the loss of business. As such, the best time to think about how you should handle a crisis is well before it happens. Come learn how to establish and manage a Crisis Response Plan.

TIPS for Great Kids! A New Approach to Parent Education

Parenting demands skills, knowledge, and experience. TIPS is individualized to assist parents with WHAT they want to know, WHEN they want to know it. Rather than a traditional parenting class based on a curriculum, TIPS provides a tool to provide education in a proactive and reactive way.

Encouraging Professionalism

Come learn how to consciously think and act in all instances as the professionals this industry commands. This session's primary focus is to encourage the notion of professionalism and allow participants to be engaged in interactive discussions that define "profession" and reflect on how they can act personally to promote a professional air.

Controversial issues such as appearance, supervision, personal presentation and behavior outside the center will be discussed in relation to their impact on the quest for professional recognition.

Building Your Team through Effective Communication

Good team work is rarely accomplished without effective communication among team members.

Factoring in different personalities and cultural backgrounds, it's easy to see how we might misunderstand our colleagues or co-workers. This session will allow participants to enhance their ability to effectively communicate, listen, embrace cultural diversity, and strengthen their team.

A Grand Stand for Literacy! Supporting Parents in Their Children's Learning

Come take a "Grand Stand for Literacy" and ensure success for your child's early literacy learning. This session will offer innovative strategies and hands-on activities in oral language and vocabulary development. Research based strategies are derived from the Alabama Reading Initiative Modules, and Grand Stand for Literacy Modules.

The Symphony of Rhythms and Relationships: You as the Instrument and the Conductor

Building relationships with young children that incorporate the steady beat of rhythms is fundamental to the early development of healthy brain and motor function. This interactive session will help participants develop an awareness of internal and external life rhythms and gain an understanding of the process for tuning in to rhythms in order to nurture relationships. Participants will learn strategies for using rhythm to effect positive social interactions.

Children Have Personality Too!

Explore four personality types — sanguine, choleric, melancholy, and phlegmatic — in this humor-filled session that will relate these personality types to interpersonal relationships, including those within the classroom. Insights gained through this educational session will reveal that children have personality too -- and it affects their behavior.

Launch Children's Healthy Habits for a Lifetime

Come learn how to engage pre-school aged children with simple food-related activities as a means to develop healthy eating habits. Participants will learn easy food activities appropriate to young children and how to engage children so they are interested and excited to sample what they helped to prepare. A demonstration of a simple recipe that participants can take home to use with their children or in the classroom will be shared.

Fearless, Tearless Parent Involvement

This session will give participants a holistic approach to increasing the amount and quality of parent involvement in their programs. Participants will learn the meaning of parent involvement and its benefits as well as the barriers and pitfalls.

Grant Writing to Augment Early Care Programming

As a result of a challenging and stagnant economy Head Start and early care programs must seek additional means for providing quality care and for program expansion. Participate in this session to learn about the grant writing process and become familiar with foundations and federal agencies that fund early childhood and early care initiatives so your program can carry out its goals.

Parent Power: 6 Key Factors to Help Parents Connect the Dots and Succeed at Head Start

Strong, healthy, positive, educated families are key to our nation's success. Come learn the six factors that will empower parents to fulfill the mission of Head Start. Parents will learn to connect the six dots and lead the way as a positive model for their family.

1, 2, 3, Come Learn with Me

Parents, have you ever wondered if there is more you can do to ensure your child develops pre-kindergarten math concepts? This session will help you to learn how you can turn daily routines and activities into learning experiences that will ensure your child enters school with a strong math foundation. Come share in a lively discussion and hands on activities related to math skills.

Language, Love, & Literacy Part 2: Using What you Have to Get What You Want

Teaching early emergent literacy skills can be done successfully with what is available in any environment. This session will help participants discover the treasure in everyday items, places and conversations that can enhance a child's literacy development at little to no cost. Participants will learn how to model reading and writing behavior and how to foster children's interest in and enjoyment of reading and writing.

Piecing it All Together: The Family Vision

Vision is key to family success. It defines who they are and where they're going. In this interactive workshop, participants will experience rejuvenating family team building, fun word play, and engaging hands-on art collage. Participants will develop a family vision and a family dream box.

Best Practices for Parent Involvement

This session will focus on successful approaches for promoting parent involvement and how you can share practical ideas that generate favorable results. You'll learn to view parent involvement as an avenue for building confidence and feelings of self-worth and significance.

Inside, Outside: A Guide to Active Play

Come gain a better understanding of the importance of physical activity. Participants of this session will be given tools to fight childhood obesity and have the opportunity to design physical activities for children birth through five years old. Participants will engage in a large group presentation, small group discussions and active learning.

Responding to Emerging and Increasing Needs of Children and Families Exposed to Domestic Violence

The children and families we serve are living in truly difficult economic times. During times like these more families experience violence. Head Start staff must be prepared to respond and help by recognizing the warning signs of domestic violence and improving their confidence and preparedness in handling domestic violence disclosures.

Darkness to Light: Prevent Now! Child Sexual Abuse — It Doesn't Have to Happen

Learn how to build awareness in your organization and community about the emotional and economic impact of child sexual abuse. This session will help participants learn new strategies for empowering adults with the knowledge of how to prevent, recognize, and react responsibly to child sexual abuse. The session will include discussions on ways to train interested organizations in the implementation of community involvement practices and relevant fundraising techniques.

Tuesday, December 14, 2010

10:30 a.m.-Noon

People Empowering Tomorrow's Scientists

Come become a child again; it will be just as much fun as you remember. This session will teach participants that science is engaging, interesting, and exciting by building activities that anyone can implement for greater emphasis on science instruction. Participants will engage in various science-based activity centers that are designed to provide interactive, hands-on learning experiences.

Parents Partnering with Teachers to Support Success in Home Language and English Development

This session will provide research-based strategies for helping parents, leaders, and program staff share in planning and implementing effective ideas for supporting dual language learners. Share your ideas for involving parents who speak different languages and practice some hands-on language building activities anyone can use.

Including Family, Friend, and Neighbor (FFN) Caregivers in Home Visits: Current Models and Potential
Extending home visits to FFN caregivers can improve the quality and consistency of care for young children. Come learn about partnerships with national home visiting models and state/local initiatives doing this work, and then engage in a small-group activity to discuss implications for your program.

Program Performance Standards Require Linguistically and Age-Appropriate Developmental Screening
Would your eye chart pass a Head Start Program Performance Standard for performing or obtaining a linguistically and age-appropriate vision screen? Attendees will discuss national recommendations describing how eye charts should be designed and will see six eye charts that were recommended in a joint Policy Statement of the American Academy of Pediatrics, American Association of Certified Orthoptists, American Association for Pediatric Ophthalmology and Strabismus, and American Academy of Ophthalmology.

Parents and Staff Teaming Up for Positive Health Outcomes

Getting the best available health services for young children requires team work. This session will focus on effective strategies that promote collaboration and cooperation between staff and parents as they seek the best health services for children and families.

How Head Start Family Workers can Lead Parent Education Sessions that Engage and Inspire Parents

Using examples from the resilience-based Here, Now, and Down the Road program, this session will explore strengths-based approaches that engage parents. Participate in this educational session will learn techniques that promote positive interactions and motivate parents to nurture their children's self-control, creativity, problem-solving, and healthy decision-making.

Let's Go! 5-2-1-0 A Nutrition and Physical Activity Initiative in Head Start

Let's Go! 5-2-1-0 is a national initiative promoting at least 5 fruits and vegetables a day, less than 2 hours of screen time, at least 1 hour of physical activity and 0 sugar sweetened beverages. Participants will recognize this initiative and will learn how to develop an action plan for implementation in their program or at home.

Celebrating Diversity in the Workplace

A workplace is a diverse collection of individuals proud of whom they are: their gender, their sexual orientation, their religion, their ethnic background, and all of the other components that make an individual unique. In order for workplaces to succeed, employees must be able to appreciate and celebrate those differences. Participants in this session will learn techniques for dealing with inappropriate behavior and learn what to do if they ever feel discriminated against.

Father Involvement: Understanding the Benefits, Overcoming the Barriers

In light of the ever-changing composition of the American family, there exists an increased likelihood that today's children will spend time living away from their fathers. This session will explore the great benefits of father involvement as well as discuss the barriers which sometimes deter fathers from becoming involved. Strategies on how to involve dads in child care programs as well as ways to create a culture of inclusion

and make your program "father friendly" will be discussed.

How to Deal with Difficult People

This session focuses on communication skill building and the structured techniques of mediation designed to defuse areas of conflict and work towards creative solutions. Participants will engage in discussions about the different personality types and the best methods for handling them in order to achieve goals. Participants will be encouraged to present examples of difficult people they have encountered.

Cyberspace Identities: Keeping Up with Their New Frontier

Cyberspace is an exciting new frontier that allows people to recreate themselves in what seems to be a consequence free medium. This session will teach participants the importance for developing personnel policies related to "Cyberspace". Participants will also gain an understanding of the legal consequences that individuals can face related to cyberspace identities when posting certain information online. Discussions of how employer's can use the internet in the hiring process to screen potential employees will take place.

Keeping All the Balls in the Air!

Parents who know how to handle adversity with a sense of humor model an ability to step back and see the big picture. Through fun theater games and lively role plays, participants will learn new tools for fostering a we-can-do-it spirit in their children. Each participant will leave with the handy reference guide *Tips For Getting a Grip On Overload*.

Life in INK: Making it Permanent and Building a Strong and Stable Family

The presenter will share the story of her challenging childhood and the changes she made that resulted in stabilizing her family. Learn more about the importance of the commitment, communication, and love, and how they contribute to building strong and secure family relationships. This session is intended to empower families and provide insight to professionals.

A Safety Guide to Transporting Children Safely

Driving (and accompanying) children is a significant responsibility. We must not assume that all adults are knowledgeable about the many standards that apply when transporting a child or the many defensive driving strategies available to help avoid an accident. This session will provide an overview of applicable safety standards and offer the participants tips, tools, and driving techniques to prevent accidents.

How to Address the Needs of Your Child with Special Needs

This session will help parents understand the importance of collaboration and consistency when addressing the needs of children with special needs. Parents will learn why it is essential that they recognize their child's strengths, weaknesses, and temperament and how this will help them address behavioral challenges. Parents and caregivers will also learn strategies for fostering a child's independence.

An Introduction to the TABLE Project: An Office of Head Start Innovation and Improvement Grant

The TABLE Project will share the record keeping system created for any and all Head Start and Early Head Start programs intended to simplify the Child and Adult Food Program. Best practices for family style dining will be demonstrated and discussed.

Navigating the Systems to Meet the Needs of Your Child with Special Needs and Your Family

Learn how to look at a family of a child with special needs from an ecological perspective and how to determine what systems are available to offer assistance to the family and the child. Once such detailed information is available, a system of support information and services can be mapped and made available and an advocate can develop a practical plan to navigate the system. Join this session to learn more.

Kindergarten and Beyond: No Child Left Behind

Parents who send their children to Head Start are invited to participate in program governance, advocacy, and community outreach. Unfortunately, upon transitioning into public schools that are not always so welcoming, parents oftentimes feel overwhelmed. But with guidance to empower them, parents and children alike can enjoy the same success in K-12 as they did in Head Start. Join this discussion to learn how to successfully navigate the transition.

Dads of Great Students

WATCH D.O.G.S. is an innovative program that focuses on education and safety in schools using the positive influence of fathers and father-figures to provide an unobtrusive fathering presence, as well as a positive and active role-model for children. Participants in this session will learn the 7 Steps to Success for Launching the WATCH D.O.G.S. program in their local program and gain an understanding of the team structure that's needed to commit to the development of the program.

Literacy Learning for Boys: Bringing Up Men Who Read, Learn, and Achieve

Boys around the world are not achieving at their full potentials. Boys drop out of school, do not attend college, or obtain higher education degrees at the same rate as girls. Participants in this educational session will be given the opportunity to analyze a variety of strategies that will help in raising young boys who enjoy reading and learning. Join us to find out why early literacy intervention is an important key to unlocking a boy's potential.

For more information and updates about the conference, please visit www.nhsa.org.

We hope to see you in Virginia Beach!



27th Annual Head Start Parent Conference

Registration Form | December 10-14, 2010 | Virginia Beach, Virginia

- Head Start Parent NHTA Member Non-Member
- Ms. Mrs. Mr. Dr.

To register online using a credit card, go to www.nhsa.org.

Name _____

Professional Title/Position _____ NHTA Membership # _____

Program Name _____

Street Address _____ Business Home

City _____ State _____ Zip Code _____ Business Phone # _____

Fax # _____ E-mail Address _____

If you are a Head Start alumnus, please select the category that best applies to you: Former Student Parent Staff Member

Do you need Spanish interpretation*? Yes No

Do you require special assistance or have any meal/dietary restrictions? Yes No

Please provide a brief description of your needs: _____

* Note: NHTA will do its best to accommodate requests; however, interpretation may not be available at every special track and training seminar.

CONFERENCE REGISTRATION FEES

	Member	Non-member	Member	Non-member
Early Bird Registration (full payment must be received by Oct. 22, 2010).....	<input type="checkbox"/> \$300	<input type="checkbox"/> \$350	Parent Awards Banquet (12/12).....	<input type="checkbox"/> \$75 <input type="checkbox"/> \$75
Regular Registration (after Oct. 22, 2010).....	<input type="checkbox"/> \$400	<input type="checkbox"/> \$450	Dress for Success & Celebrate (12/13).....	<input type="checkbox"/> \$15 <input type="checkbox"/> \$15
Continuing Education Units (CEUs).....	<input type="checkbox"/> Free	<input type="checkbox"/> Free	Parent Engagement Breakfast (8-10 a.m. on 12/14; Open to all registered conference attendees).....	<input type="checkbox"/> Free <input type="checkbox"/> Free
			Parent Membership.....	<input type="checkbox"/> Free <input type="checkbox"/> \$5

SPECIAL TRACKS REGISTRATION FEES Note: You must register for the conference in order to participate in the special tracks.

Baby Signs Early Childhood Educator Training (Full-day training on 12/11).....	<input type="checkbox"/> \$125
If It Takes a Village — Let's Build One (Full-day training on 12/11).....	<input type="checkbox"/> \$125
Jump Start Children in Literacy (Full-day training on 12/11).....	<input type="checkbox"/> \$125
Strengths-Based Coaching for Family Service/Engagement Staff and Education Coordinators (2-day training on 12/10 & 12/11).....	<input type="checkbox"/> \$225

(More Special Tracks to come; check www.nhsa.org for updates.)

TRAINING SEMINARS Note: Free with conference registration. Space is limited and registration is required. Please note the day and time of each seminar in order to avoid any scheduling conflicts.

12/10/2010

- Brain States, Breathing, and Building a Family (1-5 p.m.)
- Building Your Foundation to Work with Males & Fathers (1-5 p.m.)
- CLASS: An Overview of the Classroom Assessment Scoring System (9 a.m.-4 p.m.)
- Conducting Effective Policy Council Meetings (9 a.m.-4 p.m.)
- Finding Funding for Father Involvement (1-5 p.m.)
- How Head Start can use PTA's National Standards for Family/School Partnerships (9 a.m.-4 p.m.)
- Parent Substitutes: An Entry Into the Early Childhood Profession (9 a.m.-4 p.m.)
- Preparing Start Safe Partnerships (9 a.m.-4 p.m.)
- Safe Environment: It's Not Just About the Classroom (9 a.m.-4 p.m.)
- Take It Outside! (8 a.m.-Noon)
- The More You Know, the More You Grow (9 a.m.-4 p.m.)
- The Vital Role of Women in Father Involvement (8 a.m.-Noon)

12/11/2010

- All Families Have Strengths: Using the Family Development Credential Program in Working with Families (9 a.m.-4 p.m.)
- Autism 101: A Child's Perspective (1-5 p.m.)
- Commit to Prevention and Health (8 a.m.-Noon)
- Conducting Effective Policy Council Meetings (Repeated Seminar; 9 a.m.-4 p.m.)
- Looking Inside Science (9 a.m.-4 p.m.)
- Program Governance for Challenging Economic Times (8 a.m.-Noon)
- Strength Training for Head Start Parents (9 a.m.-4 p.m.)
- Supporting Breastfeeding Families in Early Head Start (1-5 p.m.)
- Using Observation-Based Assessment to Promote Learning and Development (8 a.m.-Noon)
- Wild and Wacky Word Wizards: Everyday Things Parents and Teachers Can Do to Increase Vocabulary and Language in Preschoolers (9 a.m.-4 p.m.)

Total Due: \$ _____

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REFUND AND FEE POLICY: Cancellations will be accepted up to November 12, 2010. There will be no cancellations accepted or refunds given after November 12, 2010. Cancellations made before the cancellation deadline will be assessed a \$75 fee for one registration or \$150 for more than one. There will be a \$75 Returned Check Fee for all returned checks.