

# NORTHERN TIER HIGH ADVENTURE BASES SWIM CLASSIFICATION RECORD

This form indicates the individual's swim classification as of the date listed below. The date the swim test was conducted must be within 12 months of the starting date of your expedition.

Crew Number \_\_\_\_\_ Date of Swim Test \_\_\_\_\_

The following crew members (including adults) have all passed the test indicated on the next page and are classified as "Swimmers"

	Full Name (print)
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	

Name of Person Conducting Test (print) \_\_\_\_\_

Signature of Person Conducting Test \_\_\_\_\_

Qualification of Person Conducting Test:

- |  |  |
|--|--|
| <input type="checkbox"/> Aquatics Instructor, BSA  | <input type="checkbox"/> Cub Scout Aquatics Supervisor |
| <input type="checkbox"/> BSA Lifeguard   | <input type="checkbox"/> Certified Lifeguard           |
| <input type="checkbox"/> Swimming Instructor   | <input type="checkbox"/> Swim Coach                    |
| <input type="checkbox"/> Adult supervisor who is familiar with the basic swimming strokes and abides by the guidelines in the <i>Aquatics Supervision</i> manual |  |

Unit Leader or Contingent Leader Name (print) \_\_\_\_\_

Unit Leader or Contingent Leader Signature \_\_\_\_\_

This record is to be presented at check-in at Northern Tier. It must be filled out and signed at the time of the swim classification testing.

# Swim Classification Procedures

The swim classification of individuals participating in a Boy Scouts of America aquatic activity is a key element in both *Safe Swim Defense* and *Safety Afloat* plans. The swim classification test should be renewed annually, preferably at the beginning of each outdoor season. Traditionally, swim classification tests have only been conducted upon arrival at a summer camp. However, there is no restriction that this is the only place the test can be conducted.

Northern Tier requires this classification be completed prior to arrival.

As indicated in the *Safety Afloat Plan*, all persons participating in BSA canoeing activities are required to be "swimmers."

## **SWIMMER'S TEST:**

- Jump feet first into water over the head in depth, level off, and begin swimming.
- Swim 75 yards in a strong manner using one or more of the following strokes: Sidestroke, breaststroke, trdgen, or crawl.
- Swim 25 yards using an easy, resting backstroke.
- The 100 yards must be completed in one swim without stops and must include at least one sharp turn.
- After completing the swim, rest by floating.

This swim classification test can be done at the unit level by one of the following resource people: Aquatics Instructor, BSA; Cub Scout Aquatics Supervisor; BSA Lifeguard; certified lifeguard; swimming instructor; swim coach; or Adult supervisor who is familiar with the basic swimming strokes and abides by the guidelines in *Aquatics Supervision* manual.

**NOTE:** You may use a council approved swim classification list other than this form. Please make sure to copy it for each crew, write the crew number on each sheet, and circle the youth on the record that are in that particular crew. The minimum standards listed above for the person doing the swim classification must be met.