#### **USA Football Assistant Master Trainer Application**

## **About Heads Up Football<sup>SM</sup>:**

Developed by USA Football (USAFB) and supported by stakeholders from every level of the sport, Heads Up Football is an education-based program that promotes proper equipment fitting, concussion recognition and response and fundamental tackling, strengthening player safety at the youth and high school levels. Each youth league or high school team is required to certify all of its coaches, nominate a Player Safety Coach (PSC) who enhances the standard of coaching within his or her organization and educated and inform parents.

To prepare for this role, every PSC will be required to attend a clinic conducted by one of USA Football's Master Trainers. The information learned there will be supported by the coach certification course. The PSC will then implement the Heads Up Football program within his or her local organization/team.

Organizations that support USA Football and its Heads Up Football program include the NFL and NFL Foundation; the American Football Coaches Association (AFCA); the Atlantic Coast Conference; the Big 12, Big Ten and Pac-12 conferences; National Federation of State High School Associations (NFHS); the American College of Sports Medicine; the Korey Stringer Institute; the National Athletic Trainers Association; AAU Football; the Boys and Girls Clubs of America; the National Police Athletic League (P.A.L.); National PTA; Pop Warner Little Scholars; and the Sports and Fitness Industry Association.

## **Job Description:**

USA Football seeks qualified coaches to serve as USAFB Assistant Master Trainers. Trainers will help conduct Player Safety Coach Clinics and other auxiliary events for USA Football's Heads Up Football program in effort to build a better, safer game.

## Assistant Master Trainer Responsibilities include:

- At the direction of a Master Trainers, assist in the training of PSCs: teach USA Football's Heads
   Up Tackling and Heads Up Blocking Training System; educate coaches and parents on CDC
   Concussion Awareness and Management, Heat Emergency Preparedness, and Sudden Cardiac
   awareness; and, assess PSC's ability to execute the Heads Up Coaches Clinic and Heads Up Safety
   Clinic
- Work with USA Football staff to identify a local facility to conduct Player Safety Coach Clinics. This
  requires a classroom, audio visual equipment, and a football field. Assist with facility logistics
  before and during the clinic
- Check-in all PSCs who attend the clinic and provide a final roster back to USA Football along with a written assessment that includes any person who left early or you were not confident they could do the job as a PSC
- Serve as a clinician at other Heads Up Football events such as Clinics at NFL/college sites and private Heads Up Football tackling clinics
- Conduct league visits to observe how the program is being implemented

#### **Assistant Master Trainer Requirements:**

- Complete and pass USA Football background check
- Register for complimentary USA Football coach membership and complete Level 1 Coach Certification/Recertification or High School Coach Certification/Recertification
- Attend annual USA Football Trainer workshop conducted by USA Football.
- With advance notice, be available to help run Player Safety Coach clinics (usually in your region)
- Commit to 10 to 15 days of work, mostly weekend clinics between January and August

#### **Requirements:**

- Complete and pass USA Football background check
- Register for complimentary USA Football coach membership and complete High School Certification
- Participate in USA Football Assistant Master Trainer continuing education opportunities conducted by USA Football.
- With advance notice, available to participate in Player Safety Coach Clinics (usually in your region)

## **Additional Opportunities for Assistant Master Trainers:**

- Conduct Heads Up Football practice observations
- Conduct additional Heads Up Football Private Tackling clinics
- Conduct NFL/USA Football Mom's Clinic
- Conduct USA Football Informational Session.

#### **Compensation:**

Assistant Master Trainers are independent contractors and will be compensated as follows:

- Trainers will be compensated on a sliding scale for based on the length and type of event.
- NFL and NFL Team events will be contracted on an hourly rate plus travel
- USA Football will reimburse travel expenses in accordance with its company travel policy.
- All compensation is taxable to the Trainer (who is an independent contractor) a Form 1099 will be sent in January to each Trainer. Trainers are responsible for paying any federal, state or local income, unemployment or other employment-related taxes in connection with the performance of any services for USAFB

#### **Restrictions on Assistant Master Trainers:**

Cell phone number:

- All HUF and HUT trainings will be scheduled through USAFB. For liability reasons, Trainers may
  not teach at clinics or events that are advertised or marketed as HUF or HUT that are not
  sanctioned by USAFB.
- Nothing herein shall prohibit USAFB Trainers from teaching HUT techniques as part of the Trainers coaching responsibilities, but may only call it HUF or HUT (and wear HUF gear) when USAFB has sanctioned the activity.

Reporting: USAFB Assistant Master Trainers will report to USA Football's Football Development Manager

Personal: First Name:	Last Name:
Preferred to be called:	Skype ID:
Address:	
City, State, Zip:	
Email:	

<b>Coaching Experience</b>	e			
Level	Team	City/State	Position	Years
Coaching Awards				ı
Please list coaching	awards or accomplish	ments that highlight	your work as a sports	coach.
Heads Up Football F	Player Safety Coach E	xperience		
Level	Team	City/State	Position	Years
		1		
Safety and Certifica	tion			
Do you currently ho				
	II Youth Coaching Cert	tification: Yes	No	
If yes, please list:				
-	II –NFHS High School (	Coach Certification:	Yes No	
	_			o Daws:t).
Other Certif	ications (i.e. State Tea	acher Certification, P	upil Activity Supervisor	s Permit):
If yes, please list:				
First aid: Yes No				
CPR certifica	ation: Yes	No		
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USA Football Experience
Please check the USA Football events you have participated in as a coach.
USA Football National Team
USA Football Development Week
USA Football Development Camp
Protection Tour
FUNdamentals
USA Football Coaching Schools
Other Football Events
Please list non-USA Football camps and clinics worked. Preference given to national level programming.
Current employment
Company:
Title:
Job responsibilities:
Will your current employment prevent you from fully engaging as a Trainer (attend
training; lend required days to Trainer activities between February and August)?

# **Relevant work experiences**

Please list previous jobs containing skills that would help you as a Trainer: Examples include teacher, education administrator, high level football player, workshop presenter, sales or leadership training.

Company:
Title:
Job responsibilities:
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300 responsibilities.
Additional Information:
Do you have video of yourself working a clinic?
If yes, please upload video via YouTube and provide url here: