



International Baccalaureate Form CAS/AEF

CAS: activity/project self-evaluation form

SUBMIT TO: **ACTIVITY/PROJECT LEADER** SESSION:

SCHOOL NUMBER:

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SCHOOL NAME:

• The following questions should be addressed at the end of each activity/project. These are guiding questions. Candidates can either answer on this form or write a reflective, continuous text incorporating responses to these questions. Type the information or write legibly using black ink.

CANDIDATE SELF-EVALUATION

CANDIDATE NAME: _____

CANDIDATE SESSION NUMBER:

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NAME OF ACTIVITY/PROJECT: _____ NO OF HOURS (APPROX):

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1. Summarise what you did in this activity/project and how you interacted with others.

2. Explain what you hoped to accomplish through this activity/project.

3. How successful were you in achieving your goals? What difficulties did you encounter and how did you overcome them?

4. What did you learn about yourself and others through this activity/project? What abilities, attitudes and values have you developed?

International Baccalaureate

Form CAS/AEF (reverse)

SCHOOL NAME:

5. Did anyone help you to think about your learning during this activity/project? If so, who helped and how did they help?

6. How did this activity/project benefit others?

7. What might you do differently next time to improve?

8. How can you apply what you have learned in other life situations?

Candidate's signature: Date:.....

To be completed by the activity/project leader

Punctuality and attendance: _____

Effort and commitment: _____

Further comments: _____

The activity/project was (circle the desired response):

Satisfactorily completed

Not satisfactorily completed

Activity/project leader's name:

Activity/project leader's signature: Date:

Please give this form to the CAS coordinator when it has been completed.