

NIHS CAS Project Plan & Approval

Student Name: _____

Project Activity _____ CAS Category _____

Project Location _____ Project Dates _____

Number of Hours Planned to Complete This Project _____

Name of Project Mentor _____

Phone number of Project Mentor _____

Email Address of Project Mentor _____

IB's Desired Learning Outcomes for CAS Projects:

- Increase your awareness of your own strengths and areas for growth
- Undertake new challenges
- Plan and initiate activities
- Work collaboratively with others
- Show perseverance and commitment in your activities
- Engage in issues of global importance
- Consider the ethical implications of your actions
- Develop new skills

Keeping in mind that not every CAS project addresses every “desired learning outcome” listed above, describe your project in the space below, explaining how it satisfies CAS requirements and respects the spirit of CAS.

- How will this project include “real purposeful activities with significant outcomes”?
- How will this project provide a “personal challenge” that encourages you to stretch outside your comfort zone?
- What are your *specific* goals in completing this project?
- How do you expect to grow from attaining (or attempting to attain) those goals?

NIHS Advisor Signature (indicating approval of this CAS project, and to be obtained *before* beginning the project):

Date _____