

EASTERN KENTUCKY UNIVERSITY Serving Kentuckians Since 1906

## Welcome to EKU Adventure Programs

"Only those who risk going too far can possibly find out how far they can go." – T. S. Eliot

Welcome to EKU Adventure Programs. Please take the time to read over this information. It is our goal to make sure you are prepared for the upcoming training, and so this packet of information and forms is your first step on your journey. We define adventure as an activity where the outcome is uncertain. There are inherent risks involved in our programs and this paperwork is vital to lessening those risks and serve as a resource to you for your training needs.

Program Title:WMI of NOLS Wilderness First ResponderDates:January 9th – 17th, 2015Accommodations:EKU's Maywood's Lodge

**Cost:** EKU: \$700 (Tuition & Lodging) General Public: \$775 (Tuition & Lodging)

#### **Included in this Packet:** □ Registration form

- $\Box$  Expectations
- □ Gear list
- □ Policies
- □ Lodging recommendation list
- □ Directions to Maywoods

In order to confirm your spot in the course, please read and fill out the required paperwork that is included in this packet and attached to the email that was sent and get those forms back to us A 50% deposit and the required. Thank you for choosing EKU Adventure Programs, Landmark Learning and WMI of NOLS. Please let us know how we can help you further as you prepare for your adventure!

We look forward to welcoming you at Maywoods!

Brian Clark Assistant Director, Campus Recreation - Adventure Programs

105 SRC Eastern Kentucky University 521 Lancaster Avenue Richmond, KY 40475-3102 (859) 622-6867 (voice) (859) 622-6754 (fax) brian.clark@eku.edu www.campusrec.eku.edu

Eastern Kentucky University Campus Recreation, 859-622-1244





### Course Title: WMI of NOLS Wilderness First Responder Course Dates: January 9 -17, 2015

<u>IMPORTANT</u>: Please return this completed form along with your Health Form and Release at least 30 days prior to your course. This information is confidential and will be used in the even that we need to contact you with question, course changes or cancellations, and other related information.

Name:	_ Cell #:
Mailing Address:	Eve #:
	_ Day #:
Email Address:	
Arrival: Between 4PM and 9PM night b By 7:45AM the first day of clas Other Arrangements (Contact 1	SOther:
	& Lodging) *Deposit- \$350.00 es Tuition & Lodging) *Deposit- \$387.50 le 30 days prior to course start date (December 9, 2014)
	(Provide Information Below opt call in credit
Visa AmEx MC Disc Exp	piration (MM/YY):/
#	
Signature: Billing Address <i>(if different from abou</i>	Date:

Student Agreement:

I have read, understand, and agree to abide by all EKU Adventure Programs, Landmark Learning, and WMI of NOLS policies while I am enrolled in this Wilderness First Responder Course.

Signature:\_

Date:\_

Eastern Kentucky University Campus Recreation, 859-622-1244



EASTERN KENTUCKY UNIVERSITY

Serving Kentuckians Since 1906



The WFR course is rapidly becoming the industry standard certification for guides and trip leaders. Over a 9-10 day period students will receive more than 80 hours of contact time, in order to learn techniques for aiding injuries in remote settings. Teaching methods include an emphasis on instructive lectures and hands-on, experiential workshops and scenarios. The night mock rescue is one of the highlights of the course, pulling it all together in a backcountry setting, and illustrating what it truly takes to evacuate an injured or ill person.

Throughout the course, your rescue gear needs to be packed and ready for use at any moment. Please included **at minimum** the items listed in the required Gear Checklist, and contact us if you have any questions or concerns.

Also included in this course is the WMI's own CPR certification. The certification incorporates the American Heart Association's curriculum guidelines with wilderness protocols to deliver a set of skills that is essential to a wilderness setting. If you require, for your job description, an AHA training certificate we can discuss this with you prior to the course.

When bad things happen outdoors, the weather doesn't stop! Therefore, you need to be prepared to train outdoors regardless of the weather. **Dress in layers** that can be shed indoors or in warmer weather and added outside or when the weather gets colder and wetter. Full rain protection, including rain tops and pants, are necessary for this course. Feel free to bring drinks and snacks to keep you hydrated and energized throughout the day. The more comfortable you are, the easier it will be to pay attention and retain the information from this course.

The course ends with a written exam and a scenario-based practical exam. To receive a WFR certification, you must pass this exam. Therefore, we hope you let us know of any areas where you are experiencing challenges and needing additional help. As educators, we will help you to know where you are succeeding and where you need extra effort, so that you can be successful at the end of the course, and in any situations you face in the future.

### Additional Resources:

If you would like to read ahead, you can visit the NOLS bookstore on-line at <u>www.nols.edu/wmi</u>. Other resources will be provided during your course.

Eastern Kentucky University Campus Recreation, 859-622-1244



In order to simulate real wilderness emergencies, we will be working and learning outdoors as must as possible, regardless of the weather. Therefore, remember to bring appropriate layers to accommodate for the weather (think about staying dry and warm), and to be comfortable both in and outdoors at any time during your course.

Rescue Gear Checklist

You can check the local weather forecast at <u>www.weather.com</u> -Crab Orchard, KY

**<u>Required</u>**: (*These items should be packed and ready to go for mock rescues throughout class times, and at any moment.*)

\_\_\_\_ Day Pack or similar sized pack, lined and waterproof, filled with:

- \_A watch, preferably with a sweeping second hand
- \_2 water bottles
- \_\_Backcountry clothing appropriate to season and climate
- \_\_1 set of clothing (shirt and pants) to be completely destroyed with stage makeup and shears.
- \_1 warm hat/toboggan
- \_\_Gloves
- \_\_Rain Gear, including rain pants
- \_\_\_\_\_Synthetic tops and bottoms Long underwear
- \_\_Hiking boots / hiking socks
- \_\_\_\_\_Synthetic jacket/top (Polartec or comparable, wool OK)
- \_\_Head lamp/flashlight
- \_\_Notebook and writing utensils
- \_\_Camp Chair, ensolite pad, therma-rest, or similar
- \_\_Bandanas, p-cord, ties, straps, or anything else that can be used for attachment (The more the better)

**In addition:** If you participate in gear intensive activities (paddling, climbing, etc.) feel free to bring your gear/ what you would normally have during your activity. The more you practice with what you would normally have on hand, the better your patient care in an actual emergency.

**Optional:** (Consider acquiring these items gradually)

- \_ Bivy kit
- \_\_\_\_ Stuff sack containing:
  - \_\_Warm hat, additional
  - \_\_2 garbage bags

  - \_\_Plumbers candles/candle lantern
  - \_Lighters/waterproof matches
  - \_\_Metal water cup
  - \_\_60' p-cord/nylon cordage
  - \_10'x10' plastic sheeting
  - \_Compass
  - \_\_Extra wool socks



## Eastern Kentucky University Adventure Programs/Maywood's Policies:

### Release/Assumption of Risk

All participants will be asked to read and sign a release acknowledging the inherent risks that are involved in outdoor adventure activities. Minors must have a parent or guardian sign on their behalf.

## **Eligibility**

Participants must be of sound health and able to walk 6-8 miles a day and/or display adequate swimming skills in water-based courses. Although our trips are designed to travel at a leisurely pace and much of the day occupied with classroom and practical time, this request serves to mark an appropriate level of physical fitness.

## Deposits and Refunds

- 50% of the total course payment deposit is required to hold a spot in a course.
- Full course payment is due 30 days before course start date (Wednesday, December 9, 2014).
- Registration within 30 days of course start requires full payment at registration.
- If participant cancels within 30 days of course start, 50% tuition minus \$35 admin fee is transferable within one calendar year.
- If course cancels due to low enrollment, entire deposit is transferable or refundable.

## Community Living

Much of the instruction will be led as a participatory and hands-on activity, accompanied with mini-lectures for specific topics and workshops. During courses each person is expected to participate fully within the class context, as well as in the living community during non-class times. This includes participating in general chores like classroom cleanup, collecting and maintaining classroom gear and equipment, but also includes managing personal living needs within the context of the group, and assisting others with their needs as they become apparent. In a backcountry classroom setting, each person will be responsible for helping out as an active part in the group's everyday camping tasks including: cooking, cleaning, equipment set up and break down, water purification, etc. Living with other people in close conditions requires practice in understanding and tolerance. All participants should be prepared to work within the group's dynamics.

## Drugs and Alcohol – This is a ZERO TOLERANCE policy.

No controlled substances or alcoholic beverages are permitted on EKU property or during courses. *Violation of this policy will result in immediate expulsion from the program with no fee or tuition reimbursement.* All participants under the influence of a prescription medication must inform the administration on their health forms, and the course instructors will have access to that information. Medications and health issues should not disqualify you from a program; instructors need to know how to help you in the event that you may need it. We encourage participants to bring all medications needed during the trip/course hours. Your instructor will help make travel accommodations for needed items. (Ex. Bee sting kits, inhalers, etc.)

## **Policies Continued:**

## <u>Tobacco</u>

Class times are inappropriate for tobacco product use (chew, cigarettes, etc.). During 10 minute breaks, lunch, and after class there will be a designated area in which you may use tobacco. *Violation of this request can result in immediate expulsion from the course with no fee or tuition reimbursement*. Please field dress your butts and dispose of them in appropriate receptacles – the nicotine in the filters is not only dangerous to you, but highly toxic to the wildlife in our forest. If your nicotine needs interfere with class attendance, you should investigate other nicotine alternatives (the patch, gum, or other).

## <u>Safety</u>

It is our primary mission to provide a safe and challenging wilderness first responder course through effective risk management. The outdoors and outdoor activities are inherently dangerous. We have chosen equipment and program sites carefully. Our instructors are outdoor professionals that hold current certification in Wilderness First Responder, Wilderness EMT, and professional level CPR.

## Pets

Please leave your animal companion at home. Due to allergies and preferences of other people in your course and neighbor relations, it is inappropriate to bring them. *No animal will be tied outside a vehicle or kept inside a vehicle during our courses*. If you do arrive with an animal we will direct you toward a kennel for the duration of the course. If this is unacceptable, then we will ask you to remove yourself from the course. Cancellation policies will be in effect.

## Phones/Computers

Our courses are designed with outdoor recreationists and professionals in mind. There is no phone or computer available for personal use. There is a phone available for an emergency. We do request that cell phones be turned off during class hours.

## Facility:

**Maywoods** - Environmental and Educational Laboratory of Eastern Kentucky University. The lodge has a large, central meeting and dining room with a field stone fireplace. Lodging in dorm-style rooms is available for up to 40 people at the lodge. A deck off the front of the lodge, facing the lake, provides an excellent setting to observe wildlife. Full commercial kitchen facilities are available. <u>You will be</u> responsible for your own food. You will be able to leave in the evening to go to the grocery in a surrounding

town via your own method of transportation.

Please see next page for a detailed list of what to bring for lodging.

## Maywoods Environmental and Educational Laboratory Eastern Kentucky University

## WHAT TO BRING LIST FOR OVERNIGHT VISITS

Bedding*	Sleeping bag Pillow Extra blankets
Suggested Clothing	Waterproof raincoat or poncho with hood Waterproof boots Pajamas Tennis shoes Daily change of socks and underwear Heavy and light shirts Warm jacket and sweater (fall through spring) Long pants Shorts (in warm weather) Hats and gloves (in cool weather) Water bottle Backpack
Toiletries	Toothbrush and toothpaste Soap and shampoo Washcloth and towel Hair Dryer Brush and comb
Kitchen Items	Dish detergent (regular and automatic) Dish cloth and towels Coffee and coffee filters (regular size) Salt, pepper and other condiments Aluminum foil and plastic wrap Napkins and paper towel Charcoal, lighter fluid and lighter (Grill available on site) Soft drinks and/or bottled water (No soft drink machine on
Optional	site) Bug Repellant, Sunscreen Camera Binoculars Folding chair (To use on lodge deck)

## <u>\*Required – Bed linens are not provided</u>

Please check out their website for more information <u>www.naturalareas.eku.edu/maywoods.php</u>



## **EKU's Environmental and Educational Laboratory**

## **DIRECTIONS**

## From Richmond, KY:

Travel Rte. 52 W (Lancaster Road), through Paint Lick, KY, Turn Left onto Rte. 954; approximately 3.6 miles beyond Paint Lick, KY, Travel approximately 2.8 miles, Turn Right onto Rte. 3246 (Fall Lick Road), Travel approximately 5.2 miles, Turn Left onto Maywoods Road, Pass through the gate and continue up the gravel drive to the lodge, Park in lot in front of the lodge.

## From Berea, KY:

Travel West on Rte. 21, Travel approximately 2.4 miles from the I-75 exit, Turn Left onto Rte. 954 (Cartersville Road) Travel approximately 5.0 miles, Turn Left onto Rte. 3246 (Fall Lick Road), Travel approximately 5.2 miles, Turn Left onto Maywoods Road, Pass through the gate and continue up the gravel drive to the lodge, Park in lot in front of the lodge.

## From Lancaster, KY:

Travel on Rte. 52 E, Travel approximately 8.2 miles, Turn Right onto Rte. 954, Travel approximately 2.8 miles, Turn Right onto Rte. 3246 (Fall Lick Road), Travel approximately 5.2 miles, Turn Left onto Maywoods Road, Pass through the gate and continue up the gravel drive to the lodge, Park in lot in front of the lodge.

> Maywoods - EKU Environmental and Education Laboratory 447 Maywoods Rd Crab Orchard, KY 40419 859-925-2274

Please drive carefully on Rte. 3246; it is a curvy road **IMPORTANT**: GPS units' directions are incorrect for Maywoods and should not be relied upon. Please use the directions above to insure direct arrival.



# Health Form

### **Disclosure**

Landmark programs involve a variety of activities including warm-ups, games, group initiative problems, low ropes elements and hands on application of CPR/first aid training. Some programs may also include other rigorous physical adventure activities such as backpacking, climbing, caving, paddling, swiftwater rescue, swimming, or hiking. These activities are designed to be within the limits of a person who is in reasonable good health. The level of participation in all programs and activities is at all times completely up to the individual.

Safety is a high priority in all programs. In addition, each participant must assume the risk that he or she may suffer an emotional or physical injury and disability. Each participant must have health/accident insurance coverage. The information requested on this form is intended to help alert staff to pre-existing medical conditions. This information will be held in confidence. Please complete the form below and bring it with you on the day of your scheduled program.

#### General & Medical Information

Name	DOB	
Do you have health/medical insurance? Name & Address of Company:	O No	⊖ Yes
Do you have any limiting physical or health disabilities - temporary or permanent - that y limit your participation in a Landmark activity?	ou or your doc	tor feel would Yes
Do you have any chronic or recurring injuries?	O No	OYes
Are you currently taking any medication?	O No	Yes
Do you have any allergies or reactions to any medications, plants, or insects?	O No	Yes
Have you had surgery in the past year for any condition which may limit your participation	on? ONo	Yes
Do you have asthma?	O No	Yes
Do you have diabetes?	O No	OYes
Are you pregnant?	O No	OYes
If yes to any of the above, please explain/describe:		

Page 1 of 2

P.O. Box 1888 • Cullowhee, NC 28723 • Telephone: 828.293.5384 • Facsimile: 828.293.8600 Main E-mail: main@landmarklearning.org • WWW.LANDMARKLEARNING.ORG

LANDMARK LEARNING The Learning Specialists for the Outdoor Community.			
Do you have or do you have a	history of:		
high blood pressure	currently on medication for	r high blood pressure	
heart palpitations	chest pain or pressure	stroke	
heart attack	heart disease	heart murmur	

If yes to any of the above, please explain/describe:

Please list any other concerns or conditions that may affect your participation:

We strongly recommend that you consult your physician or midwife if you are pregnant or have checked off any of the conditions above before participation in Landmark activities .

Emergency Contact Information	
Person:	Relationship to you:
Address:	
Phone Numbers:	
Email:	

Page 2 of 2

### PARTICIPANT AGREEMENT, RELEASE, AND ASSUMPTION OF RISK

In consideration of the services of Landmark Learning, Inc., their agents, owners, officers, volunteers, participants, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "LL"), I hereby agree to release, indemnify, and discharge LL, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

1. I acknowledge that my participation in hiking, camping, backpacking, caving, swimming, trailbuilding and/or individual and group initiatives, problem solving exercises and personal or professional growth and development training, including clinical and field experiences for EMT students, entails known and unanticipated risks that could result in physical or emotional injury or death. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity.

The risks may include, among other things: Strenuous physical activity; slipping and falling; pinches, scrapes, twists and jolts; sprains, strains, broken bones; collision with fixed or movable objects; weather conditions; falling objects; water hazards; exhaustion; exposure to temperature and weather extremes which could cause hypothermia, hyperthermia (heat related illnesses), heat exhaustion, sunburn, dehydration; and exposure to potentially dangerous wild animals, insect bites, and hazardous plant life; rope burns; being struck by rock fall or other objects dislodged or thrown from above; equipment failure; and improper lifting or carrying; my own physical condition, and the physical exertion associated with this activity; the condition of roads, terrain, or highways and accidents connected with their use; other participants' and/or my own negligence; and emotional stress.

Furthermore, LL facilitators have difficult jobs to perform. They seek safety, but they are not infallible. They might be unaware of a participant's fitness or abilities. They may give inadequate warnings or instructions, and the equipment being used might malfunction.

2. I expressly agree and promise to accept and assume all of the risks existing in this activity. My participation in this activity is purely voluntary, and I elect to participate in spite of the risks.

CHALLENGE BY CHOICE: LL programs are composed of activities that may be unfamiliar to participants. To insure participants' control over their own personal safety, we have adopted the philosophy of "Challenge by Choice". At all times, participants in activities are completely in control of their own level of participation. During our programs participants need only to do or attempt to do those things that they choose. I (the "Participant")must:

- i) Listen carefully to all instructions and briefing;
- ii) Set my own goals in relation to the group's goals;
- iii) Make a decision as to my level of participation; and
- iv) Inform others of my choice.

No one will force me to do anything – the choice is clearly my own. During the program, LL facilitators will provide a challenging setting in which I may expand my limits while supporting my personal boundaries.

\*Note: Because nationally standard certification programs require a baseline involvement and skill competency, choosing not to participate during such programs may affect your end certification status. However, your participation is recognized as voluntary and will be upheld by LL facilitators at all times.

3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless LL from any and all claims, demands, or causes of action, which are in any way connected with my participation in this activity or my use of LL's equipment or facilities.

4. Should LL or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.

5. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I understand that LL does not provide health insurance for students of their courses. I further certify that I am willing to assume the risk of any medical or physical condition I may have.

SIGNATURE (PAGE 1):\_\_\_\_\_

6. In the event that I file a lawsuit against LL, I agree to do so solely in the state of North Carolina, and I further agree that the substantive law of that state shall apply in that action without regard to the conflict of law rules of that state. I further agree that the place of this release, its situs and forum, will be Jackson County, North Carolina, and it is said county and state for all matters whether sounding contract or tort relating to the validity, construction interpretation, and enforcement of this release be determined. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this activity, I may be found by a court of law to have waived my right to maintain a lawsuit against LL on the basis of any claim from which I have released them herein. I also acknowledge that I have fully satisfied myself as to the nature of the activity or activities in which I will be participating, the risks associated with each such activity, the concept of "Challenge by Choice", and my responsibility to know my own limits. In the event of illness or injury, consent is hereby given to provide emergency medical care, hospitalization, or other treatment that may become necessary.

I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant	Print Name
Address	
Phone	Date

#### PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION (Must be completed for participants under the age of 18)

In consideration of \_\_\_\_\_\_ (print minor's name) ("Minor") being permitted by LL to participate in its activities and to use its equipment and facilities, I further agree to indemnify and hold harmless LL from any and all Claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Parent or Guardian:	Print Name:	Date:

### **Photo / Media Release**

I grant Landmark Learning, Inc., the right to use, reproduce, assign and/or distribute photographs, films, video tapes, and sound recordings of me for use in materials they may create.

Signature:

Parent/Guardian's Signature\_\_\_\_\_

Release - Page 2 of 2

### National Outdoor Leadership School Wilderness Medicine Institute Student Agreement

#### (Including Acknowledgement and Assumption Of Risks And Agreements Of Release And Indemnity)

Please read this document carefully. It must be signed by all students and a parent or guardian if the student is a minor. "Student" includes adult and minor students, unless indicated otherwise. In consideration of the services provided by the National Outdoor Leadership School (NOLS) Wilderness Medicine Institute (WMI), I agree, for myself (and for the minor student if I am signing as a parent or guardian), to the following:

### **Activities And Risks**

I understand that WMI courses teach wilderness first aid, also known as wilderness medicine, and are taught in classroom and outdoor settings. The outdoor portions will occur during the day or at night in various types of environments from grass lawns to rugged wilderness-like terrain and in weather conditions that include heat, cold, wind, snow or rain or other conditions. I acknowledge that the activities of the course have risks, including certain risks, which are inherent. Inherent risks are those which cannot be eliminated without destroying the unique character of the activities. The same elements that contribute to the unique character of these activities can cause loss or damage to equipment, accidental injury, illness, or in extreme cases, permanent trauma, disability or death. I understand that WMI considers it important for me to know in advance what to expect and to be informed of the activities' inherent risks. The following describes some, but not all, of those risks.

- WMI activities may be strenuous, physically and emotionally.
- WMI courses may occur in remote places. They may occur on lands open to the public, and exposed to the acts of persons not associated with WMI. Communication and transportation may be difficult and evacuations and medical care may be significantly delayed.
- Physical activities include, but are not limited to, walking, running, hiking, repetitive lifting, and carrying. Certain activities will require travel by foot and other means, over unimproved roads, hiking trails and rugged off-trail terrain including downed timber, river crossings, snow, ice, steep slopes, slippery rocks, and other features. These travel risks include falling, drowning, becoming lost, and others usually associated with such travel, including environmental risks.
- Environmental risks and hazards include, but are not limited to, flowing, deep and cold water; insects, snakes, animals; falling and rolling rock; lightning, falling timber, and unpredictable forces of nature, including weather which may change to extreme conditions without notice. Possible injuries and illnesses include wounds or bruises; bites or stings; sunburn, hypothermia, frostbite, heatstroke, dehydration, and other mild or serious conditions.
- Equipment may fail or malfunction.
- Students will participate in realistic simulated injury and illness scenarios and will at times act the role of patient, being handled, carried, and otherwise treated as patients of a simulated medical emergency. Students will also use and practice with various medical equipment. Training, under close staff supervision, may include the option of injecting, and being injected, by fellow students. Risks associated with this training include being inadvertently stuck by a needle, being dropped or otherwise mishandled while being carried; unwelcome touching while acting the role of patient in a scenario; and emotional distress in response to training scenarios. Emergency Medical Technician (EMT) course students will spend time at regional hospitals. Risks include those associated with contact with sick or injured patients.
- WMI may require students to arrange their own transportation to locations away from the primary classroom from which further activities will be conducted. This travel is not supervised by WMI and includes the use of personal vehicles and/or carpooling in vehicles not owned or controlled in any way by WMI.
- Decisions made by the instructors, other staff (including volunteers), contractors, and students will be based on a variety of perceptions and evaluations, which by their nature are imprecise and subject to errors in judgment. Misjudgments may pertain to, among other things, a student's capabilities, environment, terrain, water and weather conditions, natural hazards, travel routes, and medical conditions.
- WMI is not responsible for students, including minors, before the start and after end dates of their course. Between the start and end date of the course students are not supervised before or after the established class time. Students may have homework assigned for after class, but this is not supervised by WMI. WMI has no responsibility for students and students accept the risks that arise from this unsupervised time. WMI staff may from time to time provide assistance or even accompany students during unsupervised time, but in doing so, they are acting as private individuals, and WMI is not responsible for their conduct.
- During the established class time students are considered to be "participating" in their WMI course. Participation includes, but is not limited to, involvement with activities, time spent studying or practicing techniques, and formal classes.
- WMI programs in foreign countries may be exposed to laws, legal systems, customs and behaviors, animals, diseases and infections not common to the United States; in addition, these courses may be subject to dangerous road travel, political unrest, riots, demonstrations, banditry, terrorism, and other criminal conduct, including drug related activities.

• WMI courses are instructional in nature. Students accept the risks of instructional activities, which are intended to challenge students to expand their skills and judgment.

I have read and understand the general information about WMI and its courses including WMI's Admission Policies made available to me through the NOLS website. I acknowledge that the staff of WMI has been available to more fully explain to me the nature and physical demands of my WMI course and the inherent risks, hazards, and dangers associated with this course.

### Acknowledgement And Assumption Of Inherent And Other Risks

I understand and acknowledge that the description above ("Activities and Risks") of the inherent risks of WMI courses is not complete and that other, including unknown or unanticipated, risks, inherent or otherwise, may result in injury, illness, death or property loss. I acknowledge that my (or the minor student's) participation in this WMI course is purely voluntary, and I wish to (or have the minor student) participate in spite of and with knowledge of the inherent and other risks involved. I acknowledge and assume the inherent risks described above and all other inherent risks of my (or the minor student's) WMI course as well as any other risks of enrolling, participating in, or being present on a NOLS course or during free time. For activities that occur on National Park Service land and to the extent required by law, the above acknowledgement and assumption of risks is limited to assuming only the inherent risks.

### **Agreements Of Release And Indemnity**

I hereby forever release, hold harmless and agree not to sue NOLS, its officers, trustees, agents, and staff including employees, volunteers, and interns ("Released Parties"), with respect to any and all claims of loss or damage to person or property by reason of injury, disability, death, or otherwise, suffered by me (or by a minor student for whom I sign), arising in whole or part from my (or the minor student's) enrollment, participation, or presence on a WMI course. I agree further to indemnify ("indemnify" meaning to defend, and to pay or reimburse including costs and attorneys fees) Released Parties against any claim by a member of my (or the minor student's) family, a rescuer, another student, or any other person, arising in whole or part from an injury or other loss suffered by me (or by the minor student) in connection with my (or the minor student's) enrollment, participation in, or presence on a WMI course. These agreements of Release and Indemnity are intended to be enforced to the fullest extent permitted by law and include claims of negligence, but not claims of gross negligence or intentionally wrongful conduct. For activities that occur on National Park Service land and to the extent required by law, the above release and indemnity provisions are limited to claims arising from my (or the minor student's) acts or omissions.

### **Other Provisions**

WMI is authorized to obtain or provide emergency hospitalization, surgical or other medical care for me or for the minor student. I understand that situations may arise in which third party medical care is not available and which require WMI staff to provide first aid and possibly more advanced procedures, employing wilderness first responder training. Such care will be provided under the guidance of the NOLS Physician Advisor by way of WMI's written Medical Protocols. Any such third-party medical care provider is authorized to exchange pertinent medical information with WMI. Costs associated with medical services, including evacuation shall be born by me.

WMI may from time to time use the services of private contractors for certain tasks, including, for example, transportation and food service. WMI is not responsible for the acts or omissions of such contractors.

I agree to be responsible for any damage I (or the minor student) may cause to the property of NOLS, WMI, or others. NOLS is not responsible for loss, theft, or damage to a student's personal belongings at any time during the course, including storage by WMI or others.

Any dispute between me (or the minor student) and WMI will be governed by the substantive laws (not including the laws which might apply the laws of another jurisdiction) of the State of Wyoming and I consent to jurisdiction in Wyoming. Any mediation or suit shall occur or be filed only in the State of Wyoming.

If any part of this agreement is found by a court or other appropriate authority to be invalid, the remainder of the agreement nevertheless will be in full force and effect.

THE STUDENT AND THE PARENT(S) OR GUARDIAN OF A MINOR STUDENT HAVE READ THIS PAGE AND THE PREVIOUS PAGE AND UNDERSTAND AND VOLUNTARILY AGREE TO ITS TERMS, WHICH SHALL BE BINDING UPON THEM, THEIR HEIRS, ESTATE, EXECUTORS, AND ADMINISTRATORS. ANY MODIFICATIONS OF THIS AGREEMENT MUST BE APPROVED BY NOLS IN WRITING

Student Signature

Age /////

Print Name

If the student is under 18 years of age (or if the student is a resident of Alabama and is under 19 years of age) (or if the student is a resident of Mississippi and is under 21 years of age), at least one parent or guardian must also sign. I agree for myself, and on behalf of the minor student, to all of the terms in this agreement. I have legal authority to act on behalf of the minor student.

Parent or Guardian	Signature
2014	

Print Name