



NJ

2014



Senior Olympics

On Fields & Facilities in and around
Woodbridge Township
SEPTEMBER 5, 6, 7

Presented by the New Jersey
Senior Olympic Committee in
partnership with the Township
of Woodbridge.



Register by August 22 • njseiorolympics.com



You all deserve medals for your winning spirit.

Johnson & Johnson is proudly cheering on
all the participants and their families at this year's
New Jersey Senior Olympic Games.

Johnson & Johnson

2014 New Jersey

Senior Olympics

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Greetings To New Jersey Senior Athletes:

Woodbridge Township is proud to host the New Jersey Senior Olympic Games for the Eighth consecutive year. On September 5, 6 and 7, more than 1,000 Senior Olympians from around the state will again visit Woodbridge Township to participate in the three-day Olympic competition.

New Jersey's Senior Olympians will find world-class competition venues, sport and athletic facilities – including the Woodbridge Community Center (WCC), The Club at Woodbridge, and newly upgraded Woodbridge High School running track and event fields – all of which make Woodbridge Township the ideal location for the senior games.

The Woodbridge Community Center stands as a multi-purpose recreational and sporting facility with a full-size gymnasium, Olympic-size swimming pool, roller skating rink, NHL-size ice skating and hockey rink, wellness center, walking track, meeting rooms, and recreational and lounge areas. Senior athletes will also make use of county and municipal parks and private sports venue facilities, including the Woodbridge Bowling Center and Colonia Country Club.

After the daily competition, I would encourage our Senior athletes, spectators, families and friends to enjoy an evening in Woodbridge... Explore Main Street and our other downtown districts where you will find the best "Buy Local" shopping and dining in the region.

On behalf of Woodbridge Township... the Municipal Council... the 2014 New Jersey Senior Olympic Committee...and the many Woodbridge Township volunteers and sponsors, I offer a most sincere welcome to each and every Senior athlete and extend best wishes for much success as you compete for the "Gold," "Silver" and "Bronze" in the 2014 New Jersey Senior Olympics. Let the games begin...

Best Regards,

A handwritten signature in blue ink that reads "John E. McCormac".

John E. McCormac
Mayor
Woodbridge Township



2014 New Jersey Senior Olympics

Sports Schedule



Michael Garamella, Director of the New Jersey Senior Olympics and Kelly Irizarry, Operations Director announce the Opening Ceremonies of the 2013 New Jersey Senior Olympics



Frank St. Marie, Co-Chairman, Woodbridge Senior Olympic Committee announces the line-up for the 2013 Olympic games.

Friday, September 5

Check In (Woodbridge CC).....	10 am- Noon
Billiards (Woodbridge CC Age Groups 70+).....	10 am
Bowling (Woodbridge Bowling Center).....	Squad times are at 10 am Noon, & 2 pm
Miniature Golf (Woodbridge CC).....	9am - Noon
Tennis (Club at Woodbridge) participants will be called with draw times after 9/2.....	9 am
Bocce (Woodbridge CC, Age Groups 65+ Singles, Doubles Competition).....	11 am
Pickleball (Warren Park).....	8:30 am



Saturday, September 6

Check In (Woodbridge CC).....	8 am-5 pm
Opening Ceremonies (Woodbridge CC).....	10 am
Fencing (Woodbridge HS).....	8:30 am
Basketball Accuracy & Foul Shooting (Woodbridge CC).....	11 am
Billiards (Woodbridge CC, Age Groups 50-69).....	11 am
Bocce (Woodbridge CC, Age Group 50-64 Singles, Doubles).....	11 am
Bowling (Woodbridge Bowling Center).....	Squad times at 10 am, Noon & 2 pm
Horseshoes (Woodbridge CC).....	11 am
Pickleball (Warren Park).....	8:30 am
Racquetball (Club at Woodbridge).....	11 am-5pm
Swimming (Woodbridge CC).....	Warm-up: 1pm, Meet: 2pm
Table Tennis (Woodbridge HS).....	11 am
Tennis (Club at Woodbridge).....	9am-5pm
Team Softball (Warren Park).....	10 am
Track & Field (Woodbridge HS).....	11 am

Claim Your **FREE 2014 NJSO SHIRT** at the Community Center when you register.

Sunday, September 7

Check In (Woodbridge CC).....	8 am-11 am
Basketball 3 on 3 (Woodbridge CC).....	9 am
Bocce (Woodbridge CC, 50-64 Singles, Doubles, If Needed).....	10 am
Cycling (Woodbridge Center Mall, Boscov's Lot).....	8 am- 11 am
Darts (Woodbridge CC).....	10 am
Miniature Golf (Woodbridge CC).....	9 am - Noon
Pickleball (Warren Park).....	8:30 am
Swimming (Woodbridge CC).....	Warm-up: Noon, Meet: 1 pm
Team Softball (Warren Park).....	10 am
Tennis (Club at Woodbridge).....	9 am - 5 pm

Other Event Dates

Archery.....	Sunday, 8/24, 10 am, Brookdale Park, Bloomfield
Golf ages 50+.....	Monday, 10/6, Colonia Country Club, Colonia



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Senior Olympics**



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2014 New Jersey Senior Olympics

Eligibility:

NJ residents and out-of-state athletes who are age 50 and over as of 12/31/14.

Competitive Categories:

Male & female competition groups in all events. The age divisions: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, & 90+.

Equipment:

All participants must supply their own equipment unless otherwise specified in event description.

Registration/Deadline:

Enter by Aug. 22, 2014

New Jersey Senior Olympics/GSG

P.O. Box 271

Caldwell, NJ 07006

973-618-1111 or njseiorolympics.com

Athletes may enter as many events as they like but it is the athlete's responsibility to enter events that do not overlap in time. It is not the responsibility of the NJSO to wait for athletes who are late for their competition. Participants must check in at the Registration Area sometime throughout the weekend.



General Information

No alcoholic beverages in any venue.

Rain: In the event of rain, events will proceed as scheduled, unless it becomes necessary to move or cancel them.

Costs: Some events have fees additional to the general registration fee of \$30. Your initial registration fee covers entry to 3 events. **If participants of Golf or Softball Teams wish to enter any other event, they must pay the \$30 general registration fee.**

Awards: Gold, Silver, and Bronze medals awarded in each age/ sex category.

General Registration: \$30 (For 3 events)

Special Events: (No general registration fee required) Each additional event: \$10 (after first 3 events.) Golf: \$70 (Includes cart) Softball Team Entry: \$175.

WE ENCOURAGE YOU TO REGISTER ONLINE:
www.njseiorolympics.com

SEE THE RESULTS FROM THE 2013 NJSO at
www.njseiorolympics.com.





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2014 New Jersey Senior Olympics

Sports Chairs

Archery

Ralph Eckel

Basketball Foul

Shooting/Accuracy
Lisa & Courtney Dyer

Basketball 3 on 3

Bob Carrozza
John Szpyhulsky

Bocce

Dan Harris
Frank Cummings

Billiards

Barbara Kolodziej
Steve Sharkey
Helen Haycock

Bowling

Jeff Volker
Lillian Holmes

Cycling

Vince Menci

Darts

Dan Irizarry

Fencing

Gladys Barardi



Golf

Michael Garamella
Pat Trombetta
Frank St. Marie

Horseshoes

Dan Irizarry
Emmanuel Tenorio

Miniature Golf

Frank Sidoti

Pickleball

Frank Nobile
Ed Nadelman
John Delmasto

Racquetball

John Panno

Swimming

Ellen Mace

Table Tennis

Barry Datell

Team Softball

Brian Molnar

Tennis

Irma DeMarzo

Track & Field

Tears Smith

Operations Director

Kelly Irizarry

Volunteer Coordinator.....Sheila Carrozza



Special thanks to our Volunteer Coordinators

Without the efforts of these individuals, these games would not be possible

Pat Trombetta • Frank St. Marie



NEW JERSEY
Ryan Tola, Principal
 90 Woodbridge Center Drive #150
 Woodbridge, PA 07095
 855.228.7510



PENNSYLVANIA
Rob Cola, Principal
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 Philadelphia, PA 19109
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Archery:

Recurve and compound division. Both divisions shoot a single 900 round on August 24, 2014 at Brookdale Park in Bloomfield. 10 am Start.

Basketball:

Balls are provided for all Basketball events.

Accuracy Shooting:

Most baskets made from (5) specified locations.

Foul Shooting:

Best of 20 free throw shots.



3-on-3 Basketball:

Half court competition, NCAA tournament rules. Two periods of 10 minutes running time divided by 5-minute intermission. ENTER AS TEAMS - NO INDIVIDUAL APPLICATIONS ACCEPTED. Uniforms with numbers required. Single sex teams with max 9 members. Age divisions determined by age of youngest member. Send applications with a team roster and name of team representative. NO ROSTER CHANGES AFTER SEPT. 1.



Billiards:

An eight ball tournament will be held in each age/sex division. Tournament directors may combine divisions if necessary. Five 8-foot tables will be used. Personal use sticks must be used. Tournament will follow Woodbridge Senior Club rules. For a set of rules, contact Barbara Kolodziej at 732-634-8294. Woodbridge Community Center.

**WE ENCOURAGE YOU
TO REGISTER ONLINE:
www.njseniorolympics.com**



Bocce:

A team can consist of a single player and or a team of two called Doubles. Doubles can be two men, two women or one of each. The first team to reach 10 points will be declared the winner. This is a single elimination tournament. There will be competition in each age division. Equipment will be provided.



Track & Field:

A variety of events are staged on Sept. 6, starting at 11 am. All events are held on the track at Woodbridge High School on Amboy Ave. Events include 1500M Race walk, 100M Dash, 800M Dash, 200M Dash, 400M Run, 1500M Run, Long Jump, Triple Jump, Discuss, Javelin and Shot Put. Runners must provide starting blocks, if desired.



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2014 New Jersey Senior Olympics



Bowling:

At Woodbridge Bowling Center, squads are on 9/5 and 9/6 at 10 AM, Noon, or 2 PM. An entrant may bowl once in singles and multiple times in doubles with a different eligible partner. For the doubles, age classification shall be of the youngest partner.



Contestants previously entered in the bowling event may re-enter on site in another squad based on lane availability. Bowlers must pay the bowling center a \$6 lineage fee prior to each squad in which they participate. Certified with the US Bowling Congress (USBC) each contestant must have a current membership card or receipt for the 2014-2015 season. Bowlers without a card may purchase a membership card on site. Men's fee is \$20, women's \$21. This will entitle the purchaser for full membership in USBC for other leagues, tournaments

and any awards that are earned. You may also purchase a USBC participation fee for \$5. This only entitles the purchaser to use this card for this tournament only and the individual would not be entitled to any awards issued by USBC.

Cycling:

Staged on September 7 with an 8am start, this is a USCF Permit Event on a flat paved course located in Woodbridge Center Mall, with a start near Boscov's. Pick up number at 7:15 am. Riders must have USA Cycling racing license and sign entry form/release. One day license is \$10 in addition to registration. Registration on race day add \$10. Mandatory helmets.

Criterion events:

40K	24.8 Miles	41 Laps
20 K	12.4 Miles	21 Laps
10K	6.2 Miles	11 Laps
5K	3.1 Miles	4 Laps

Age Groups: • 50-54 • 55-59 • 60-64 • 65-69 • 70-74 • 75-79 • 80+

Call Vince Menci: 908-393-9384.

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2014 New Jersey Senior Olympics

Sports Info



From Woodbridge... across the Garden State: The Club at Woodbridge and the Senior Racquetball Travel Team formed after the 2007 Games. They represent Woodbridge as they compete against other teams across the Garden State.

Darts:

Players will play baseball, nine innings, single elimination tournament. Woodbridge CC.

For fencing info write to: fencingfam@aol.com.

Fencing:

Fencing is at Woodbridge HS Gym. Each year brings more competitors as current 50+ USA Team members have attended as they warm up for world championships. This is a NJUSFA Sanctioned Tournament. Close of check in times:

Men's & Women's Foil	Sat. 9/6	8:30AM
Men's & Women's Sabre	Sat. 9/6	10:30AM
Men's & Women's Epee	Sat. 9/6	12:30PM

Horseshoes:

Single elimination for each age/sex division in tournament style at Woodbridge Community Center.

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www.njwcc.com



Please contact Martina Shubak, Event Coordinator for details, pricing and available dates.
email: martina.shubak@twp.woodbridge.nj.us
phone: 732.596.4108



WOODBRIDGE COMMUNITY CENTER

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WOODBRIDGE COMMUNITY CENTER

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Contact the WCC today to discover all the benefits of membership.

WCC Membership: 732-596-4196... Visit: www.njwcc.com... or stop-by the WCC at 600 Main Street, Woodbridge.



Roller & Ice Skating



2014 New Jersey Senior Olympics

Miniature Golf:

18-hole stroke-play tournament on the Skyline Mini-Golf Course at The Arenas at Woodbridge CC. This is a singles competition with lowest cumulative stroke. Posted course rules will apply.

Racquetball:

Doubles & Singles competition. A single tournament will be held in each age / sex division.

Location: Club at Woodbridge. MANDATORY PROTECTIVE EYEWEAR.



Swimming:

25-yard pool. Diving starts permissible. Bathing cap required. Four (4) events per day limit.

*Please contact Ellen Mace at 609-558-0988 with questions. See application on page 31 for day to day schedule of events.

Location: Woodbridge Community Center.

Table Tennis

Singles, doubles and mixed doubles are held at 11 am on September 6 at Woodbridge HS. Participants may only enter 2 out of 3 events offered. Age divisions for doubles and mixed doubles will be determined by the age of the youngest player.

Sports Info



Tennis:

Singles, doubles and mixed doubles at The Club at Woodbridge on Sept. 5-7. Participants may only enter 2 out of 3 events offered. Age divisions for doubles and mixed doubles will be determined by the age of the youngest player. Preliminary rounds of eight (8) game pro-set, no-ad scoring. Finals are best of three sets, with regular scoring) or at discretion of tournament director). List doubles partners in Special Remarks of application. Participants must supply new tennis balls for each game. Participants must have a partner for doubles/mixed doubles and list names.



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Catherine Russell



June 25
Karikatura



July 02
Jann Klose Band



July 09
La Santa Cecilia



July 16
Kenny White



July 23
Socks in the Frying Pan



July 30
Stephane Wrembel



Aug 06
Bobtown and Lera Lynn



Aug 13
The Kennedys



Aug 20
El Caribefunk and Ryan Tennis



Aug 27
VooDUDES

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John E. McCormac
Mayor

Vito Cimilluca
Recreation Director

Brian Molnar
Assistant Recreation Director



2014 New Jersey Senior Olympics

Sports Info



THE PICKLEBALL TOURNAMENT, 2014 NEW JERSEY SENIOR OLYMPICS

Men's Doubles, Women's Doubles, Mixed Doubles and Singles at Warren Park on Sept. 5th, 6th and 7th.

(Sunday September 7 will primarily be a rain date in the event of delays, etc.)

Age Groups: 50-54; 55-59; 60-64, etc., determined by player's age as of 12/31/2014.

All age groups play on Friday, Saturday (and Sunday as a rain date)

Men's and Women's Doubles played on Friday, Sept. 5th (5-7 hours), 8:30 am Start. Mixed Doubles will be played on Saturday, Sept. 6th. (5-7 hours) 8:30 am Start). The starting times for Singles matches are approximately 2 to 3 pm. Men's Singles and Women's Singles matches for both days will start on Friday and conclude on Saturday if needed. These start times are approximate and contingent upon weather conditions.

Age bracket grouping will be determined by the tournament director. Brackets with 5 or less will play round robin; those brackets with 6 or more will play double elimination. All matches will be 1 game with first to reach 15 the winner, (except for round robin matches with only 2 or 3 teams, who will play 2 out of 3 games with first to reach 11. The number of

games in round robin matches with 4 or 5 competitors and will be determined by the tournament director.

Players that have the NJ 2014 Senior Olympics booklet may submit the REGISTRATION APPLICATION and Release/Waiver & Fee via mail.

Otherwise Registration can be done on-line at <http://www.njseniorolympics.com/>

All pickleball players **must also register** at the USAPA website after they register for the New Jersey Senior Olympics. You do not have to be a USAPA member to register. To register on the USAPA Tournament site go to <http://www.usapa.org>, then click on Registration.

Participants must have a partner for doubles/mixed doubles. List your partners' name in the ***special remarks** of the application.

Pickleball paddles will be available for those who don't have them.

Rules and scoring may change at Director's discretion.

If anyone is interested in officiating, or if you have any questions, call; Pickleball Chairs: Frank Nobile at 609-409-0043, Ed Nadelman at 917-650-4053,

Pickleball Committee; John Del Mastro at 609-235-9009, Mel Nudelman at 609-371-0166, John Neglia at 908-687-1684

Golf:

Low score wins. Foursomes will be assigned. Golfers must supply clubs. Carts must be used. Cost of \$70 includes cart on October 6 at the Colonia Country Club, 300 Colonia Boulevard Colonia, N.J. 07067 or call 732-381-9500. Registration and Breakfast is at 8 am with a shot gun start at 9 am. Lunch will be served after golf. A Dress Code is enforced at the Colonia Country Club. Prohibited are tank tops, halter tops, tee shirts, cutoffs, sweat pants, denim jeans of any color, athletic shorts or tops, metal spikes. Cargo pants are not permitted. Collared shirts must be tucked in at all times. (Registration for golf is first come first serve. Max: 100 players.)

**Softball:**

Team Competition at Warren Park on Saturday / Sunday. Captains will be called with draws after Sept. 1. Tournament held in the following age division: 50+, 55+, 60+, 65+. ENTER AS TEAMS ONLY. NO INDIVIDUAL APPLICATIONS ACCEPTED. Seven inning games. Single sex teams with max of 18 players. Age division will be determined by the age of the youngest team member. For info: Brian Molnar at 732-596-4045.

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All Roads Lead to Woodbridge

To Woodbridge Community Center

GSP North: Exit 127 to Rt. 9 North. Bear right at the Hess Gas Station to take the Rt. 514 exit and make a left onto Main St. (Rt. 514 West). Third light, right into CC.

GSP South: Take exit 130 to Rt. 1 North, take Rt. 1 for a half mile. Take a right onto Woodbridge Center Dr. Fourth light, right onto Main St. (Rt. 514 West). Right at next light into CC.

NJ Turnpike: Take exit 10. Bear left and follow signs for Rt. 287 North, but do not take Rt. 287. Take exit on the right for Rt. 514 East (Woodbridge/Fords). Go 7 traffic lights, then take left at Antares Dr. to enter the CC.

Rt. 287: Take 287 South, past the Turnpike. Take exit on right for Rt. 514 East (Woodbridge/Fords). Go through seven traffic lights, then turn left at Antares Dr.

To Woodbridge Center Mall

GSP South: Take Exit 130 to Routh 1 North. Proceed on Route 1 North to entrance ahead on right.

GSP North: Take Exit 130 to Route 1 North. Proceed on Route 1 North to entrance on right.

NJ Turnpike: Exit 11, Route 9 North. First left past steakhouse, then a left to Route 9 South and then to Center.

To Woodbridge Bowling Center

GSP North: Exit 127 to Route 9 North to Main St. (514 W), right after overpass into bowling center.

GSP South: Exit 129 to Route 9 North, follow above.

The Club @ Woodbridge

Directly across from Woodbridge CC.

To Woodbridge HS

GSP North: Exit 127 to Rt. 9 North to Rt. 35 South left third light.

To Warren Park from Community Center

From the Community Center make onto Main St. Continue on Main St. to Amboy Ave. and that is Route 35 South. Fourth traffic light make right and stay on Route 35 South to Florida Grove Rd. Take fourth light and turn right and Warren Park is on right.

From NJTP Exit 10: Route 287 East toward Outerbridge Crossing to Rt. 35 North. Left on Florida Grove Rd. Park in on right.

Colonia Country Club, Colonia

Colonia Country Club is at 300 Colonia Boulevard, Colonia, N.J. 07067. The Main phone number is 732-381-9500.

GSP North or South: Exit 131, left at light onto Rt. 27N. Continue to New Dover Road. Turn left onto service road immediately adjacent to overpass. At stop sign, turn right onto New Dover. Take second right onto Colonia Blvd, Follow to Club entrance.

NJ TPK North - Exit 11. After toll take GSP North to Exit 131. (Follow directions from above).

NJ TPK South - Exit 13. Follow signs for Linden onto Rt. 1 south. At 3rd traffic signal turn right onto Milton Ave. Turn left onto St. George's Avenue and follow to Colonia Blvd at railroad overpass.

- Welcome -

New Jersey Senior Olympians

Good luck to all participants in all
the events you entered and have a
great time bowling in our establishment.



Woodbridge Bowling Center

346 Main Street • Woodbridge, NJ 07095
732-634-4520 • www.woodbridgebowling.com

BARRON ARTS CENTER

SUMMER 2014



May

35th Annual Woodbridge Township

Senior Citizen Art Show

Exhibit Dates: May 8-15, 2014

Closing Reception: May 15, 6-8pm

For more information on registering your art work, or information regarding the exhibit and reception call Evergreen Senior Center at (732)726-6261 or The Barron Arts Center at (732)634-0413



"By the Sea" by Eva Hoefle

June



"Birds in a Tree," Acrylic, Ray Skibinski

In Bloom: Flowers & Gardens in Art

On View June 7-22, 2014

Artist Reception: June 17 7-9pm

Local artists celebrate the garden as subject inspiration.

For more information Please call The Barron Arts Center at (732)634-0413

The Barron Arts Center & The Middlesex County Cultural & Heritage Commission Present
New Jersey On Shuffle Concert Series
Palisades Virtuosi
June 27th, 2014 7:30pm
Reservation Required
Call (732)634-0413



July



The Barron Arts Center Annual Outdoor Flea Market

July 12, 2014 8am-2:30pm Rain or Shine!

Benefits The Woodbridge Township Cultural Arts Commission & future programming at The Barron Arts Center. For vendor information call (732)634-0413.

Art Exhibit: Contemporary Art Group

On View July 11-25, 2014

Artist Reception: July 16 7-9pm

CAG has redefined "contemporary" to mean "alive & currently producing art." See works from select members of this visual arts group.

For more information Please call The Barron Arts Center at (732)634-0413



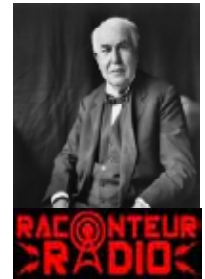
Raconteur Radio presents

"The Wizard of Menlo Park"

July 29, 2014- 7:30pm

Raconteur Radio returns to the BAC this July to commemorate the 350th anniversary of the state of New Jersey by celebrating one of it's most notable residents. A staged radio drama that details the life of Thomas Alva Edison, complete with costumes, lighting & sound effects.

Reservations Essential (732)634-0413



August



The Barron Arts Center & The Middlesex County Cultural & Heritage Commission Present
New Jersey On Shuffle Concert Series
Rumba con Son
August 14th, 2014 7:30pm
OUTDOOR CONCERT
No Reservation Required
Call (732)634-0413 for more information

"Opening Our Doors: An Exhibit of the Barron Arts Center Drawing & Painting Students' Works"

On View August 9-17, 2014

Students from Instructor Jeff Cohen's Saturday Art Class at the BAC exhibit their work.

For more information Please call The Barron Arts Center at (732)634-0413



Be on the look out for lots of summertime art activities for kids including workshops, summer camps & other kid friendly art events in July & August! Call The BAC for more information. Tel. (732)634-0413.

POETSWEDNESDAY

POETSWEDNESDAY: FEATURING DEBORAH GERRISH
WEDNESDAY, MAY 14, 2014 * 8-10PM ~ WORKSHOP 7PM

POETSWEDNESDAY: FEATURING ROBERT HAMBLING DAVIS
WEDNESDAY, JUNE 11, 2014 * 8-10PM ~ WORKSHOP 7PM

POETSWEDNESDAY: FEATURING GREGG G. BROWN & CARRIE PEDERSEN HUDAK
WEDNESDAY, JULY 9, 2014 * 8-10PM ~ WORKSHOP 7PM

POETSWEDNESDAY: FEATURING JOE WEIL & EMILY VOGEL
WEDNESDAY, AUGUST 13, 2014 * 8-10PM ~ WORKSHOP 7PM

FOR MORE INFORMATION PLEASE CONTACT
POETRY DIRECTOR DEBORAH C. LAVEGLIA
TEL. (908) 272-3141

EMAIL: POETRED@AOL.COM

WEBSITE: WWW.POETSWEDNESDAY.COM

582 RAHWAY AVENUE • WOODBRIDGE, NJ 07095 • PHONE (732) 634-0413 • FAX (732) 634-8633

EXHIBIT GALLERY HOURS: MONDAY - FRIDAY 11AM - 4PM; SATURDAY & SUNDAY 2PM - 4PM

Woodbridge Center

(Sponsor of the Cycling event)

is proud to salute the

2014 New Jersey Senior Olympics

Good Luck & Best Wishes to all participants!

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to our community



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Woodbridge Township Presents

2014 ~ Mayor's Summer Concert Series ~ 2014

Enjoy great music "Under the Stars" and "On the Lawn" at Woodbridge High School. Every Monday night in July and August. FREE ADMISSION WITH NON-PERISHABLE FOOD ITEMS FOR "WE FEED WOODBRIDGE" FOOD BANKS. Bring your lawn chair or blanket... Relax and enjoy the Mayor's Summer Concerts.
SHOW TIME 7:30 PM



June 30
Broadway
at your Door Step



August 04
NY Rat Pack



July 07
Bronx Wanderers



August 11
Emil Stucchio
& The Classics



July 14
Duprees



August 18
The Fabulous
Greaseband



July 21
Jersey Sound



August 25
The Infernos



July 23
Cameos

Inclement Weather Hotline (732) 602-6045



John E. McCormac
Mayor

Vito Cimilluca
Recreation Director

Brian Molnar
Assistant Recreation Director

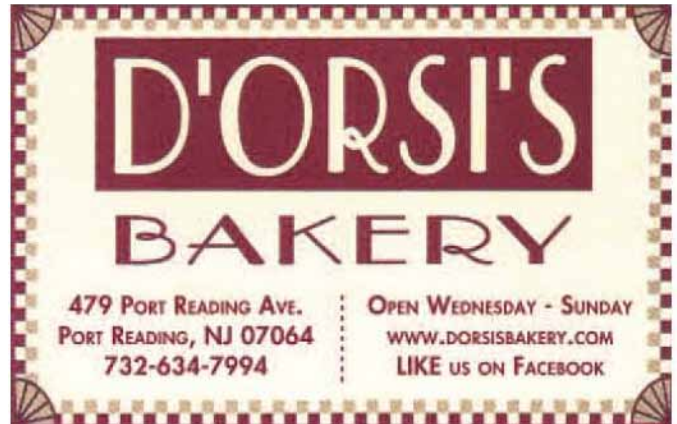
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Early Bird Special

\$10.95

Excluding Holidays
Serving Monday thru Sunday
12:00PM - 5:30 PM

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**2014 New Jersey
Senior Olympics**

National Games



N A T I O N A L

SENIOR GAMES

St. Paul/Minneapolis, Minnesota * 2015

Presented by **Humana.**

This year's New Jersey Senior Olympics in Woodbridge are a part of the National Senior Games Association, the governing body of the Senior Games across the nation.

Established in 1985, the NSGA organized the first National Senior Games in 1987 in St. Louis, M.O., with just 2,500 athletes. Since then, the games have grown as participation numbers ballooned to over 12,500 competitors. The National Senior Olympics are held every two years, with off-years being qualifying years on the state levels.

That means athletes who competed in the 2014 New Jersey Senior Olympics here in Woodbridge may have already qualified to compete in the 2015 national competition.

The 2015 Summer National Senior Games will be staged July 3 -July 16 in St. Paul/Minneapolis, Minnesota. Competition will take place in Archery, Badminton, Basketball, Bowling, Cycling, Golf, Horseshoes, Pickleball, Race Walk, Racquetball, Road Race, Shuffleboard, Softball, Swimming, Table Tennis, Tennis, Track & Field, Triathlon, and Volleyball.

Demonstration sports offered (which require no qualifying) are 6 on 6 Soccer and Power Walking (1500M & 5000M). To compete in the 2015 National Games you must have been 50 years old during the qualifying year (2014).

The New Jersey Senior Olympics are proud to be part of this national organization.

The National Senior Games Association...

- A non-profit member of the US Olympic Committee dedicated to motivating senior men and women to lead a healthy lifestyle through the senior games movement.
- The organization that sets standards for the Summer National Senior Games.
- An umbrella for member state organizations across the United States that host State Senior Games or Senior Olympics. The NSGA supports and sanctions these member state organizations so that adults can participate in their state in events year-round that will keep them motivated to achieve greater value and quality in their lives by staying healthy, active and fit.
- A national association that works with state and municipalities like Woodbridge to support healthy aging initiatives for seniors and partners with leaders from throughout the nation who are committed to senior health, wellness and quality of life.

**For details, contact the NSGA
at 225-766-6800 or visit www.nsga.com.**



2015 National Senior Games
 Presented by Humana
 Bloomington/Minneapolis/St. Paul Minnesota
 July 3 - 16, 2015

The Games are calling.

Minnesota is proud to host the 2015 National Senior Games. The land of 10,000 lakes is also home to nationally-acclaimed arts and theater, fine dining, dazzling shopping and spectacular summers. And soon, 12,000 inspirational athletes.



www.NSGA.com

For more information: 952-278-8513 seniorgames@2015goldengamesmn.org



CareOne wants you to feel at home—safe, secure and well cared for.

Whether you or your loved one is with us for post-hospital rehabilitation, long-term care or respite care, the expert staffs at CareOne at The Highlands and CareOne at East Brunswick will guide you every step of the way.

Services and programs include:

- Seven days a week rehabilitation
- Licensed nursing 24 hours a day, seven days a week
- Assistance with bathing, dressing and medication
- Kosher dining available upon request
- Natural and holistic therapies
- Long-term care and respite care
- Weekly religious and spiritual programs



Trust in our care.

CareOne at The Highlands

1350 Inman Avenue
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 908-754-7100

CareOne



A Senior Care Company

CareOne at East Brunswick

599 Cranbury Road
 East Brunswick, NJ 08816
 732-967-0100

004230

RESERVE EARLY,



RESERVE NOW!

Ask for the NJ Senior Olympics Rate.

Group block rate is \$99 per room per night plus tax.



- Spacious suites with full kitchen and separate areas for sleeping, working, eating and relaxing.
- A hot breakfast buffet served complimentary every day. High-speed Internet access is also complimentary.
- Warm, inviting staff, available 24/7, that will make you feel right at home.

The logo for Residence Inn by Marriott, featuring a stylized sun icon above the text 'Residence Inn® Marriott®'.

Residence Inn Marriott
Woodbridge/Edison/Raritan Center
2 Regency Place
Woodbridge NJ 07095
(732) 510-7100
www.marriott.com



Registration Application

Online registration recommended: www.njseniorolympics.com

2014 *NEW JERSEY* Senior Olympics

Last Name: _____ First Name: _____ M
 Street Address: _____
 City or Town: _____ State: _____ Zip Code: _____
 Area Code and Phone Number: _____ County: _____ Sex: _____
 Age: _____ Birthdate: _____ (month, date, year)

List any special medical needs or any medication you are taking on a separate piece of paper & attach to this form.

Below, check the appropriate lines for the sports and events you would like to enter. Make sure events do not present scheduling conflicts!

Emergency Contact Name & Phone Number: _____
 Your E-Mail Address: _____

- Archery, 8/24**
- Basketball:**
 - Accuracy Shooting 9/6
 - Foul Shooting 9/6
 - Three-on-Three 9/7
- Billiards 9/5 & 9/6** ___ Singles
- Bocce 9/5, 9/6 & 9/7** ___ Singles ___ Doubles
- Bowling 9/5 & 9/6 (Check Time)**
 - ___ Singles 10am 12noon 2pm
 - ___ Doubles 10am 12noon 2pm
 - ___ Mx'd D'bls 10am 12noon 2pm
- Cycling, 9/7**
- Darts, 9/7**
- Fencing, 9/6**
 - Foil Epee Sabre
- Golf, 10/6**
- Horseshoes, 9/6**
- Miniature Golf, 9/5 & 9/7 (circle day)**
- *Pickleball, 9/5, 9/6 & 9/7**
 - Singles Doubles Mixed Doubles
- *Must also register at www.usapa.org website
- Racquetball 9/6**
 - Womens Singles Women's Doubles
 - Mens Singles Men's Doubles
 - Mix Doubles

- Soffball, 9/6, 9/7** ___ Team Competition
- Swimming, Day 1, 9/6 Entry Time & Yards**
- Warm up is 1 pm, Meet starts at 2**
 - 1. 100 Freestyle _____
 - 2. 200 Breaststroke _____
 - 3. 100 Butterfly _____
 - 4. 50 Backstroke _____
 - 5. 50 Breaststroke _____
 - 6. 200 Backstroke _____
 - 7. 100 Individual Medley _____
 - 8. 500 Freestyle _____
- Swimming, Day 2, 9/7 Entry Time & Yards**
- Warm up is Noon, Meet starts at 1**
 - 9. 50 Freestyle _____
 - 10. 200 Butterfly _____
 - 11. 100 Backstroke _____
 - 12. 50 Butterfly _____
 - 13. 200 Freestyle _____
 - 14. 100 Breaststroke _____
 - 15. 200 Individual Medley _____
- Table Tennis, 9/6**
 - ___ Singles
 - ___ Doubles
 - ___ Mixed Doubles

- Tennis, 9/5, 9/6, 9/7**
 - ___ Singles
 - ___ Doubles
 - ___ Mixed Doubles
 - Track and Field 9/6**
 - ___ 11:00am 1500M Racewalk
 - ___ 11:30am 100M Dash
 - ___ 12:10pm 800M Run
 - ___ 12:50pm 200M Dash
 - ___ 1:30pm 400M Run
 - ___ 2:10pm 1500M Run
 - ___ 11:00am Discus, Long Jump, Triple Jump, Shot Put, Javelin
- (Flights being set to youngest to oldest)
(Flights set at discretion of judges)

*** Please print your doubles & or mixed doubles partners below in special remarks**

Special Remarks

1. _____

2. _____

3. _____

Shirt Size _____

*** Please print your doubles & or mixed doubles partners at right**

Deadline: August 22, 2014

Registration Fee \$30 (for three (3) events) \$ _____
 Additional Events @ \$10.00 each \$ _____
 Bowling \$6.00 lineage fee, to be paid at lanes
Special Events:**
 Golf \$70.00 \$ _____
 Softball Team Entry \$175.00 \$ _____
Total Amount Enclosed \$ _____

**Complete both sides of this application and send with check or money order to: NJSO/GSG
(cash will not be accepted)**
P.O. Box 271
Caldwell, NJ 07006
 Make checks payable to **NJSO/GSG. NO REFUNDS WILL BE GIVEN**

For Official Use Only:
 Amount \$ _____ Check # _____

**** No general registration fee required. If participants of special events wish to enter any other, they must pay the \$30.00 registration fee. Be sure to read and sign form on other side.**



2014 New Jersey Senior Olympics

Release Form

In consideration of being permitted to enter for any **RESTRICTED AREA** (herein defined as the areas to which admission by general public spectators is prohibited and in addition, consisting of the planned route, or any other area which the participant chooses to access by any mode of transportation), or being permitted to compete, officiate, observe, work for, or for any purpose participate in any way in the event, EACH OF THE UNDERSIGNED, from himself, his personal representatives, heirs, next of kin, acknowledges, agrees and represents that he has or will immediately upon entering any of such restricted areas, and will continuously thereafter, inspect such restricted or areas and all portions thereof which he enters and with which he comes in contact, and he does further warrant that his entry upon such restricted area or areas and his participation, if any, in the event constitutes an acknowledgement that he has inspected such restricted area and that he finds and accepts the same as being safe and reasonably suited for the purposes of his use, and he further agrees and warrants that if, at any time, he is in or about restricted areas and he feels anything to be unsafe, he will immediately advise the officials of such and will leave the restricted area (s).

1. HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the New Jersey Senior Olympics/ Township of Woodbridge, the promoters, other participants, operators, officials, any persons in a restricted area, sponsors, advertisers, owners, and lessees of premises used to conduct the event and each of them, their officers and employees, all of the purposes herein referred to as "releases," from all liability to the undersigned, his personal representatives, assigns, heirs and next of kin for any and all damage, and any claim or demands therefor on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in or upon the restricted area, and/or, competing, officiating in, observing, or

working for, or for any purpose participating in the event;

2. HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or upon the restricted area or in any way competing, officiating, observing, or working for, or for any purpose participating in the event and whether caused by the negligence of the releases or otherwise.

3. HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE due to the negligence of releases or otherwise while in or upon the restricted area and/or while competing, officiating, observing or working for or for any purpose participating in the event.

4. EACH OF THE UNDERSIGNED expressly acknowledges and agrees that the activities at the event and in the restricted areas are dangerous and involve the risk of serious injury and/ or death and/ or property damage.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made. This waiver, release and indemnification agreement specifically embraces each and every sanctioned, authorized or promoted by said releases during the entire season and applies to each and every event, or activity here and above mentioned, and has the same effect as if executed after each and every activity or event in which the undersigned participates so that the parties herein intended to be released and indemnified shall be fully and effectively released and indemnified as to each and every event here and above described.

Signed: _____

Witness: _____

Date: _____



We salute you!

AmeriHealth New Jersey is a proud sponsor of the 2014 NJ Senior Olympics. We salute you as you go for gold.

www.amerihealthmedicare.com



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