

Canadian Association of Foot Care Nurses

CAFNC / ACIISP

Association canadienne des infirmières et infirmiers en soins de pieds



5th AGM & Conference

Westin Nova Scotian, Halifax, Nova Scotia

1181 Hollis Street, Halifax, Nova Scotia

May 23-25, 2014

Friday Evening May 23, 2014

7:00 - 9:00 AGM

9:00 - 10:00 Wine & Cheese – Networking time & Conference Registration

Saturday May 24, 2014

7:15 – 8:00 **Breakfast & Registration**

Vendor shopping time/Networking with Colleagues

8:00 – 8:30 **Welcome**

Opening remarks – Pat MacDonald, CAFCN President

Vendors Introductions

8:30 – 9:15 **Peripheral Artery Disease: Barbie Ross-Murray RN, BScN**

This session will focus on arterial and vascular disease. A review of the assessment and recognition of vascular components, when to refer, treatment options and what investigations (including ABI's) are indicated.

Barbie will also review the risks of providing care without proper knowledge and training.

9:15 – 10:00 **Revascularization: Dr. Min Lee MD, Vascular Surgeon**

This session will focus on the assessment, decision to perform revascularization, what is done in revascularization and what care should be provided after patients are discharged from the hospital to the care of community and foot care nurses.

Following both presentations, Dr. Lee and Barbie will answer questions concerning their presentations.

10:00 – 10:30 **Nutrition break:**

Vendor shopping time/Networking with Colleagues

10:30 -11:15 **Venous Insufficiency: Barbie Ross-Murray RN, BScN**

This session will focus on the pathology and physiology of venous insufficiency; stasis will be reviewed with an emphasis on compression therapy and what treatments work best.

Questions on Peripheral Vascular Disease and Treatment

11:15 – 12:00 TBA

12:00 – 1:30 Vendor shopping time/Networking with Colleagues

Lunch & Learn Sessions: (no registration necessary)

- 12:15 – 12:45
1. **ABI's** – Review of proper techniques for ankle brachial index.
 2. **Compression Therapy** – Review of how to use proper devices to aid your client in wearing compression stockings.
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1:30 – 2:30 **Reprocessing of Critical Medical Devices:**
Linda Kingsbury BScN

This session will provide current information to foot care providers on the importance of safe handling of foot care instruments. The session will include why foot care instruments are considered critical medical devices, and approved methods of managing foot care instruments including, cleaning, sterilizing, transporting and documenting procedures.

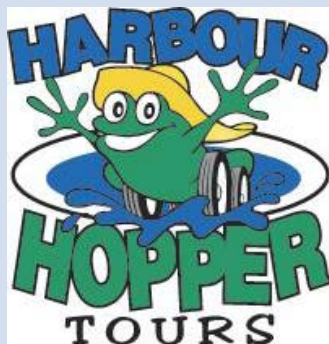
2:30 – 2:45 **Nutrition break:**
Vendor shopping time/Networking with Colleagues

2:45 – 3:45 **Group 1: Vendor Shopping Time**
Group 2: Workshop on Instrument Care – A step by step review of reprocessing from soiled (used) instruments through sterilization.

3:45 - 4:45 **Group 1: Workshop on Instrument care** – A step by step review of reprocessing from soiled (used) instruments through sterilization.
Group 2: Vendor Shopping Time

Saturday Evening (Participants on own for dinner)

[Harbour Hopper & Keith's Brewery Tour](#): Seats limited available on a first come first serve basis. Pick up at the hotel at 5:30, guests responsible for own ride back to hotel after tour of brewery. See attached flyer for more info. \$45.00 + tax.



Sunday May 25, 2014

8:15 – 9:00 **Breakfast:**
Vendor shopping time/Networking with Colleagues

9:00 – 9:15 **Opening remarks**

9:15 – 10:15 **Saving A Limb : Prevention & Management of Diabetic Foot Ulcers: Miriam Botros CDE, D.Ch, IWCCC, Janet Kuhnke ET, BN**

85% of non-traumatic lower limb amputations in people with diabetes begin with a foot ulcer. 80% of those amputations are avoidable. This interactive session will help participant's develop a systematic approach to the diagnosis, classification and treatment of diabetic foot ulcers by treating the cause, addressing the patient-centered concerns, providing local wound care, and ensuring organizational support of evidence based care through interdisciplinary intervention. By attending this session the participant will gain insight into prevention and management of diabetic foot ulcers to prevent limb loss.

10:15 –10:45 **Nutrition break:**
Vendor shopping time/Networking with Colleagues

10:45 –11:30 **Ergonomics: Ruth Duggan MScOT (C) OT Reg (NS)**

This session will discuss common issues of workplace injuries such as carpal tunnel syndrome, shoulder and neck discomfort. Ruth will review the principles of body mechanics to help prevent injuries and use a problem solving approach to apply these principles to the home care workplace. This session will also touch on additional strategies to promote wellness and prevent injuries.

11:30 –12:00 **AGM Highlights**

12:00 – 1:30 **Lunch:**
Vendor shopping time/Networking with Colleagues

1:30 – 2:30 **Setting Up Your Business: Isabel Napier RN, BScN**

This session will explore how to “take off the nursing cap and put on your business hat”, keeping in mind that all nurses want to care

effectively for their clients. Isabel will share some of her own failures and successes striving to be an independent nurse entrepreneur with the hope you will feel encouraged to step out of your comfort zone, grow your own business and reach your potential.

2:30 – 3:00 Nutrition break:
Last chance to shop/Networking with Colleagues

3:00 – 4:00 **Insurance and Liability: Robyn Kuzell, BA, RIBO Level 1 and Level 2, CIAB (IBAC) President of MacDonald Insurance, Ottawa**

This session will discuss in detail the package of coverage ideally suited to your small business exposures. She will answer all your questions pertaining to the proper classifications of your vehicle use and describe a comprehensive list of coverage available for your computers and equipment while in transit to your workplace, at your home or in a leased premise. Robyn will identify the coverage that offers proper protection anywhere you operate in the event that a client is injured as a result of negligence. Whether your work involves personal visits, or working in a clinic /retirement residence or long term care facility she will explore the key coverage pertaining to the temporary lease of space.

4:00 – 4:30 Wrap up/evaluations

4:30 2015 AGM & Conference Announcement!



Registration Form

Registration fee includes 2 breakfasts, 2 lunches and all breaks

Members: Early Bird May 2nd: \$370.00 After May 2nd: \$395.00

Non-Members: Early Bird May 2nd: \$470.00 After May 2nd: \$495.00

One day attendance is half the registration fee; please indicate which day you will be attending

_____ Sunday _____ Monday

_____ Harbour Hopper & Brewery Tour (registration cut-off for tour May 2) \$51.74 (taxes included) Payment must accompany registration form. Make cheque payable to CAFCN.

All registrations received by the Early Bird deadline (May 2) will have their name entered in a draw for an iPad.

Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Email: _____

_____ 2014 Member _____ Non-Member

_____ Yes, I will be attending the AGM (Friday May 23 @ 7:00PM)

_____ Please identify any dietary restrictions _____

_____ Please include my contact information on a participant list

Refund Policy: Refund requests will be honoured, less \$50.00 processing fee, if received in writing prior to May 9th, 2014. After this date refunds will not be issued, substitutions are permitted.

Hotel Information: 1-902-421-1000 or toll free: 1-888-679-3784

A block of rooms has been reserved for conference participants. When making hotel reservations, be sure to identify yourself as a participant in the CAFCN conference for the special conference rate (single or double \$139.00). This rate will be honoured 3 days pre and post conference. The block of rooms will be released **April 23, 2014**. There is a transit service going to and from the Airport that delivers customers to the Railway Station next to the Hotel. To arrange this service go to www.maritimebus.com.

For more information please email Mary MacKay at conference@cafcn.ca

Register online at www.cafcn.ca or mail completed registration form with payment to:

CAF CN Conference Registration

74 Burgundy Crescent

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