

2012

Caerphilly County Borough Community Guide and Directory  
Cyngor Bwrdeistref Sirol Caerffili Cyfeirlyfr Cymunedol



Voluntary Sector Achievement Award Winners 2011

Who to contact



# CONTENTS

	page		page		page
<b>Forewords</b>	<b>ii</b>	<b>A11</b> Health care and support	<b>33</b>	<b>Section B</b>	<b>73</b>
		- Disabled groups	<b>33</b>	<b>B1</b> List of Councillors and respective Wards	<b>73</b>
<b>Section A</b>	<b>1</b>	- Drug and alcohol abuse groups	<b>36</b>	- Council Cabinet Members	<b>78</b>
<b>A1</b> Chambers of Commerce	<b>1</b>	- Health groups	<b>36</b>	- Services/contacting your council	<b>78</b>
<b>A2</b> Children's pre-school groups	<b>1</b>	- Hospital support groups	<b>41</b>	- Libraries	<b>80</b>
- English medium	<b>1</b>	- Mental Health groups	<b>42</b>	<b>B2</b> Political Organisations	<b>83</b>
- Welsh Medium	<b>2</b>	- St John Ambulance	<b>44</b>	- Community Councils	<b>83</b>
- Parent Support & Childminding	<b>5</b>	- Special needs groups	<b>44</b>	- Local AM's & MP's	<b>84</b>
		- Other	<b>45</b>	- Political Parties	<b>85</b>
<b>A3</b> Churches & Religion	<b>9</b>	<b>A12</b> Music and Performing Arts	<b>46</b>	<b>B3</b> Police/Crime	<b>87</b>
- Church groups	<b>9</b>	- Musical groups	<b>46</b>	- Police	<b>87</b>
- Churches	<b>9</b>	- Performing arts	<b>49</b>	- Crime Reduction	<b>87</b>
		- Other	<b>49</b>	- Victim Support	<b>87</b>
<b>A4</b> Citizens' advice bureaux and Community Legal Service	<b>15</b>	<b>A13</b> Special Interest Clubs & Societies	<b>50</b>	<b>Community Partnerships</b>	<b>87</b>
		- Crafts	<b>50</b>	<b>Community Plan Areas</b>	<b>92</b>
<b>A5</b> Community	<b>15</b>	- Historical	<b>51</b>	<b>GAVO</b>	<b>93</b>
- Community centres	<b>15</b>	- Hobbies	<b>52</b>	<b>Application Form</b>	<b>94</b>
- Residents groups	<b>21</b>	<b>A14</b> Sports	<b>54</b>	<b>Index</b>	<b>95</b>
- Other community groups	<b>23</b>	- Clubs & Association	<b>54</b>		
<b>A6</b> Educational Organisations	<b>25</b>	- Leisure Lifestyle Centres	<b>59</b>		
		<b>A15</b> Women's Groups	<b>60</b>	Published by Caerphilly county borough council in conjunction with GAVO.	
<b>A7</b> Environment	<b>27</b>	<b>A16</b> Youth Groups	<b>61</b>	Compiled by the Communications Unit.	
- Conservation Groups	<b>27</b>	- Help & Advice Groups	<b>61</b>	Every effort has been made to ensure the accuracy of the contents. The publishers cannot accept any responsibility for errors or omissions, or for any matters in any way arising from the publication of this material	
- Environmental groups/ societies	<b>27</b>	- Organisations	<b>63</b>		
<b>A8</b> Ex-servicemen's/women's groups	<b>27</b>	- Youth Centres in CCBC	<b>67</b>		
		<b>A17</b> Voluntary /Community Groups & Associations	<b>68</b>		
<b>A9</b> 50+ Groups and Services	<b>28</b>				
<b>A10</b> Fundraising Groups	<b>32</b>				



**Cllr Vera Jenkins**  
Mayor of Caerphilly county  
borough council

**Cyng. Vera Jenkins**  
Maer Cyngor Bwrdeistref Sirol  
Caerffili

A handwritten signature in black ink, appearing to read 'Vera Jenkins', written in a cursive style.

Welcome to the latest edition of the Community Guide and Directory. We hope you find this publication useful as it contains a wealth of information about local groups and organisations across the borough of Caerphilly.

The guide has been produced as a result of the continuing successful partnership between Caerphilly Borough Council and GAVO and I'd like to thank all those involved in the production.

I hope you find the publication useful and long may this close partnership work continue so that we can serve the needs of all residents of the county borough in the future.

In addition to being produced in paper format, the Community Guide and Directory can also be found online by visiting Caerphilly County Borough Council's website ([www.caerphilly.gov.uk](http://www.caerphilly.gov.uk)).

Croeso i'r rhifyn diweddaraf o'r Canllaw a'r Cyfeirlyfr Cymunedol. Gobeithio byddwch yn credu bod y cyhoeddiad yn ddefnyddiol gan ei fod yn cynnwys cyfoeth o wybodaeth am grwpiau a sefydliadau lleol ar draws bwrdeistref Caerffili.

Mae'r canllaw wedi caei ei gyhoeddi fel canlyniad i lwyddiant parhaol y bartneriaeth rhwng Cyngor Bwrdeistref Caerffili a CMGG a hoffwn ddiolch i bawb a gymerodd rhan yn y cynhyrchiad.

Gobeithiaf byddwch yn ffeindio'r cyhoeddiad yn ddefnyddiol a gobeithio bydd y bartneriaeth agos hon yn parhau am amser i ddod, fel y gallwn wasanaethu anghenion holl drigolion y fwrdeistref sirol yn y dyfodol.

Yn ogystal â chael ei gyhoeddi mewn fformat papur, bydd y Canllaw a'r Cyfeirlyfr Cymunedol hefyd ar gael drwy fynd at wefan Cyngor Bwrdeistref Sirol Caerffili ([www.caerffili.gov.uk](http://www.caerffili.gov.uk)).



**Cllr Allen Williams**

Chairman GAVO (Caerphilly Management Committee)

**Cyng. Allen Williams**

Cadeirydd CMGG (Pwyllgor Rheolaeth Caerffili)

*A Williams*

Caerphilly County Borough Council together with Gwent Association of Voluntary Organisations are once again publishing this Community Guide which in past years has been an invaluable guide in informing communities what voluntary bodies are in their area and the excellent services they provide.

This guide is a shining example of how the Voluntary Sector and Caerphilly County Borough Council work together for the good of all the residents in the county borough.

I wish to take this opportunity on behalf of myself and Mike Harbinson, Chairman of GAVO Gwent Wide in commending this directory and thank all those staff at GAVO and the Council's Communication Team for their involvement in its production and publication

Mae Cyngor Bwrdeistref Sirol Caerffili, ynghyd â Chymdeithas Mudiadau Gwirfoddol Gwent, unwaith eto'n cyhoeddi'r Canllaw Cymunedol, sydd wedi bod yn ganllaw gwerthfawr mewn hysbysu cymunedau pa gyrff gwirfoddol sydd yn eu hardal a pha wasanaethau gwyich maent yn eu darparu.

Mae'r canllaw'n esiampl wych o sut mae'r Sector Gwirfoddol a Chyngor Bwrdeistref Sirol Caerffili yn gweithio gyda'i gilydd er les holl drigolion y fwrdeistref sirol.

Hoffwn gymryd y cyfle hwn ar ran fy hunan a Mike Harbinson, Cadeirydd CMGG Gwent Gyfan, i gymeradwyo'r cyfeirlyfr hwn a diolch i holl staff CMGG a Thîm Cyfathrebu'r Cyngor am eu hymglymiad wrth gynhyrchu a chyhoeddi'r canllaw.



## **A1 CHAMBERS OF COMMERCE**

### **Bargoed Chamber of Trade**

Mr Dave Collins (Secretary)  
Messrs Fooks & Co., 14 High Street, Bargoed, CF81 8RA.  
01443 834047  
chamber@fooks.co.uk  
www.bargoed.org  
Aims: To represent the business community of the Greater Bargoed area for the benefit of businesses and the local community.  
Meetings: 2nd Monday of the month at 6.30pm.  
Venue: The Capel Hotel, Bargoed.

### **Newbridge & District Chamber of Trade**

Mr Jimmy Heel  
Llwyncelyn, Old Pant Road, Newbridge, NP11 5FT.  
01495 244557  
hheelmarilyn@aol.com  
Aims: To promote good business relationships within the Newbridge area.  
Meetings: 2nd Tuesday of the month at 7.00pm.  
Venue: Top Hat Club, Tynewydd Terrace, Newbridge.

### **Risca Chamber of Trade**

Mr Howard Powell (Chairman)

Howards Butchers,  
57 Commercial Street,  
Risca, Newport, NP11 6AW.  
01633 601829  
chrisspowell696@btinternet.com  
Aims: To promote the interests of shopkeepers and small businesses in the Risca area.  
Meetings: Monday at 7.30pm.  
Venue: Risca Top Club or Risca Rugby Club.

## **A2 CHILDREN'S PRE-SCHOOL GROUPS** **English Medium**

### **Cefn Hengoed Mother and Toddler Group**

Mrs R Williams  
9 Forest Avenue, Cefn Hengoed, Hengoed, CF82 7HY.  
01443 815987  
Aims: To provide a safe, stimulating environment for children from 0 - 3 years to learn and play.  
Meetings: Tues and Thur 9.30am - 11.30am  
Venue: Cefn Hengoed Community Centre.

### **Cwmfelinfach Parents and Toddlers**

Carol Bradley  
40 Islwyn Street, Cwmfelinfach, NP11 7HA.  
01495 200231  
Aims: To encourage children ( up

to 4 years) to interact with each other in preparation for nursery school and to offer friendship and support to parents.  
Meetings: Monday and Thursday 9.30am to 11.30am.  
Venue: Cwmfelinfach Community Centre.

### **Little Peeps Playgroup**

Chris Mann  
Oakdale Community Centre, Penrhiw Avenue, Oakdale, NP12 OJB.  
07977 056836 / 01495 226875  
chrismannpeeps@hotmail.co.uk  
Aims: We aim to provide a loving and caring environment in which the children are encouraged to become more confident and to develop their social and communication skills in readiness for the step up to Nursery School. We also offer a wrap around service for those children attending nursery.  
Meetings: 9.00am - 2.00pm Mon - Fri. Session times are 2 hours to 4 hours then extended time for wrap.  
Venue: Oakdale Community Centre, Penrhiw Avenue, Oakdale.

### **New Tredegar Adventure Play Project (GAVO)**

Lisa Williams (Nicci Davies Williams (Senior Playworker)  
GAVO, Unit 1a, First Floor, Withey



Dyffryn Court, Dyffryn Business Park, Ystrad Mynach, Hengoed, CF82 7RJ.

01443 863540

nicola.davies-williams@gavowales.org.uk

www.gavowales.org.uk

Aims: To provide open access staffed adventure play provision within the New Tredegar community area as a core element of the Integrated Children's Centre. Free play sessions are available within Tanlan, Phillipstown, Greenfield and Tirphil locally and are accessible to all children and young people aged 8-14 years. Sessions run term time after school and through the holiday periods. For a full adventure play timetable, please contact the project.

Meetings:

Venue:

### **Wesley Toddlers**

Mrs S Wilkes

25 Maes Watford, Caerphilly, CF83 1LP.

029 2088 9267

Aims: A toddler group for pre-school children to play and learn to mix with other children ready for school. Parents/Minders can enjoy a friendly atmosphere.

Meetings: Tues, Wed, Thurs  
10.00am - 12.00pm.

Venue: Wesley Church, Crescent Road, Caerphilly.

### **Welsh Medium**

#### **Cylch Meithrin**

Rhian Williams

Ysgol Ifor Bach, Windsor Way, Abertridwr, Caerfilli, CF83 48B.  
07586902792

Aims: To promote the Welsh language through play, activities etc

Meetings: Mon - Fri 9.00am

- 11.30am age 2 - 4 years.

1.00pm - 3.30pm age 3 -4 years

Venue: Ysgol Ifor Bach, Abertridwr

#### **Cylch Meithrin Coed Duon**

Alison Davies

Coleg Cymunedol Coed Duon, Ffordd Cefn, Coed Duon, Caerfilli, NP12 1ER.

01495 230210

Aims: We are a Welsh Medium pre-school group offering childcare for children aged 2 to school age. We welcome all children and provide them with an opportunity to learn through play whilst learning Welsh.

We can offer your child a free nursery place.

Meetings: Mon - Fri 9.30am -

11.45am

Venue: Cefn Fforest, Blackwood

### **Cylch Meithrin Cwm Derwen**

Alison Davies

Rhiw Syr Dafydd, Oakdale, Coed Duon, Caerfilli, NP12 0JJ.

01495 230210

Aims: We are a Welsh Medium pre-school group offering childcare for children aged 2 to school age. We welcome all children and provide them with an opportunity to learn through play whilst learning Welsh.

We can offer your child a free nursery place.

Meetings: Mon - Fri 12.45pm - 3.00pm

Venue: Oakdale

### **Cylch Meithrin Cwm Gwyddon**

Sarah Baker

Ysgol Gymraeg Cwm Gwyddon, Gwyddon Road, Abercarn, Caerfilli, NP11 5GX.

07528 930422

Aims: We are a Welsh Medium pre-school group offering childcare for children aged 2 to school age. We welcome all children and provide them with an opportunity to learn through play whilst learning Welsh. We are unable to offer free nursery places except the term after the child's third birthday in the spring and summer term only as a part of being Early Years providers



with Caerphilly County Borough Council.

Meetings: Mon - Fri 9.10am - 11.40am

Venue: Ysgol Gymraeg Cwm Gwyddon

### **Cylch Meithrin Nelson**

Mrs Margaret Angell  
21a Commercial Street,  
Nelson, Treharris, Caerffili, CF46 6NF  
01443 451179

Aims: We are a Welsh medium pre-school group offering childcare for children aged 2 to school age. We welcome all children and provide them with an opportunity to learn through play whilst learning Welsh. Ten hour free funding for the term after the child reaches 3 years of age.

Meetings: Mon - Fri 9.00am - 12.30pm

Venue: 21a Commercial Street, Nelson.

### **Cylch Meithrin Tedi Twt Gilfach Fargoed**

07772 598047

Aims: We are a Welsh Medium pre-school group offering childcare for children aged 2 to school age. We welcome all children and provide them with an opportunity to learn through play whilst learning

Welsh. We can offer your child a free nursery place as part of the Flying Start programme.

Meetings: Mon - Fri 9.00am - 11.15am

Venue: Ysgol Gymraeg Gilfach

### **Cylch Ti a Fi Coed Duon**

Alison Davies  
Coleg Cymunedol Coed Duon,  
Ffordd Cefn, Coed Duon,  
Caerfilli, NP12 1ER.  
01495 230210

Aims: We offer children from birth through to compulsory school age and their parents an excellent opportunity to meet once a week to socialise, share experiences and to play together in an informal Welsh atmosphere. Parents are given the opportunity to gain access to information on issues relating to parenting skills, children's health and language development.

Meetings: Wed: 1.00pm - 3.00pm

Venue: Cefn Fforest, Blackwood

### **Cylch Ti a Fi Cwm Derwen**

Alison Davies  
Rhiw Syr Dafydd, Oakdale, Coed Duon, Caerfilli, NP12 0JJ.  
01495 230210

Aims: We offer children from birth through to compulsory school age and their parents an excellent opportunity to

meet once a week to socialise, share experiences and to play together in an informal Welsh atmosphere. Parents are given the opportunity to gain access to information on issues relating to parenting skills, children's health and language development.

Meetings: Tues: 9.45am - 11.45am

Venue: Oakdale

### **Cylch Ti a Fi Deri**

Claire Roberts Lloyd  
9 Riverside Walk, Deri, Bargoed,  
Caerfilli, CF81 9HZ.  
07762 932301

Aims: We offer children from birth through to compulsory school age and their parents an excellent opportunity to meet once a week to socialise, share experiences and to play together in an informal Welsh atmosphere. Parents are given the opportunity to gain access to information on issues relating to parenting skills, children's health and language development.

Meetings: Thurs: 10.00am - 12.00  
Venue:

### **Cylch Ti a Fi Nelson**

Margaret Angell  
21a Commercial Street, Nelson,  
Treharris, Caerfilli, CF46 6NF.  
01443 451179

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Aims: We offer children from birth through to compulsory school age and their parents an excellent opportunity to meet once a week to socialise, share experiences and to play together in an informal Welsh atmosphere. Parents are given the opportunity to gain access to information on issues relating to parenting skills, children's health and language development.  
Meetings: Mon: 1.00pm - 3.00pm  
Venue: 21a Commercial Street, Nelson, Treharris

### **Cylch Ti a Fi Siloh**

Ffion Williams  
Canolfan Gristnogol Siloh,  
Stryd Oakdale, Ystrad Mynach,  
Hengoed, CF82 7AF.  
01443 813617  
Aims: We offer children from birth through to compulsory school age and their parents an excellent opportunity to meet once a week to socialise, share experiences and to play together in an informal Welsh atmosphere. Parents are given the opportunity to gain access to information on issues relating to parenting skills, children's health and language development.  
Meetings: Tues: 10.30am - 12 noon.  
Venue: Siloh Christian Centre

### **Cylch Tia Fi Funtastic**

Nerys Todd  
Funtastic, Forward House,  
Caerfilli, CF83 1BQ.  
02920 850 286  
nerys.todd@meithrin.co.uk  
Aims: We offer children from birth through to compulsory school age and their parents an excellent opportunity to meet once a week to socialise, share experiences and to play together in an informal Welsh/bilingual atmosphere. Parents are given the opportunity to gain access to information on issues relating to parenting skills, children's health and language development.  
Meetings: Thurs: 10.00am - 11.30am  
Venue: Funtastic

### **Cynllun Super Shell-by Project**

Nia Parsons  
Penallta House, Tredomen Park,  
Tredomen, Ystrad Mynach,  
Hengoed, CF82 7PG.  
01443 866601  
Aims: To support pre-school children's ability to learn and communicate effectively on entry to primary schools, maximising the benefit of educational provision.  
Meetings:  
Venue: Nursery settings within primary schools.

### **Mudiad Meithrin**

Nia Parker  
Ty Cymru, Greenwood Close,  
Parc Business Porth, (Cardiff Gate  
Business Park), CF23 8RD.  
Nia Parker - 07792948882;  
South East Wales Area Office  
post@mym.co.uk  
www.mym.co.uk  
Aims: To give every pre-school child in Wales the opportunity to benefit from early years experiences through the medium of Welsh. Everyone is welcomed in the Cylchoedd.  
Meetings:  
Venue: Various - please contact us for information on Cylchoedd Meithrin (playgroups), Cylchoedd Ti a Fi (Parent/Carer and toddler groups) and day nurseries.

### **Ysgol Feithrin Abertridwr**

H S Brindley or Mrs L. Carlick  
Neuadd-y-Meithrin, King Street,  
Abertridwr, CF83 4BE.  
029 2083 1492  
nursery@tesco.net  
Aims: Provide bi-lingual pre-school education for 2-4yr olds.  
Meetings: 8.00am - 5.20pm Mon - Friday.  
Venue: Ysgol Feithrin Abertridwr, Neuadd-y-Meithrin, King Street, Abertridwr.

## **Parent Support & Childminding**

### **Barnardo's Family Support Service**

Pamela Tart

Risca Family Centre, Brooklands Road, Risca, NP11 6BH.

01633 615859

pam.tart@barnardos.org.uk

Aims: To provide a range of services to support families in need in Caerphilly County. Services include both group work programmes and direct work with parents and children and include areas such as parenting, domestic violence, and emotional wellbeing.

There is also access to specialist Barnardo's services, TAITH and SERAF.

Meetings: Service available: 8.30am - 5.00pm.

Venue:

### **Barnardo's Supervised Contact Service**

Steve Cluer

Variety Club Family Centre, Caledfryn Way, Penyrheol, Caerphilly, CF83 2BW.

029 2085 2550

steve.cluer@barnardos.org.uk

Aims: Provides supervised contact sessions for children in the care of the local authority.

Meetings: Service available

8.30am - 5.00pm.

Venue:

### **Caerphilly Bookstart/Early Years Literacy**

Ruth Pinney - Co-ordinator  
C/o Rhymney Library, Victoria Road, Rhymney, NP22 5NU.  
01685 843065

pinner@caerphilly.gov.uk

www.bookstart.co.uk

Aims: To increase early language, literacy and school readiness.

To increase use of local libraries.

To support children and parents with specific learning difficulties.

To increase parental confidence and promote parent partnership.

Meetings: Term time only -

Libraries - Ystrad Mynach - Mon - 10.00am - 11.00am. Caerphilly - Tues - 10.00am - 11.00am.

Risca - Tues - 2.00pm - 3.00pm.

Bargoed - Wed. - 10.30am - 11.30am.

Venue: All libraries and training at agreed venues.

### **Caerphilly Children and Young People's Partnership**

Lynne Bosanko-Williams and James Watkins

Ty Penallta, 3rd Floor, Tredomen Park, Ystrad Mynach, Hengoed, CF82 7PG.

01443 884151

CYPP@caerphilly.gov.uk

www.caerphilly.gov.uk/CYPP

Aims: The Children and Young People's Partnership supports the co-ordination and partnership working between all the organisations involved in the delivery of services to children, young people and families in the borough. Key responsibilities include the delivery of the Children and Young People's Plan 2011 - 2014, which incorporates the local Child Poverty Strategy, the implementation of the Caerphilly Families First Programme and supporting the self assessment of Youth Support Services within the borough, which will be extended to all children and young people's services in the near future.

Meetings: The Children & Young People's Partnership Board, the 7 Core Aim Groups and the Youth Support Services Group meet monthly.

Venue: Ty Penallta, Hengoed.

### **Caerphilly Children's Centre**

Carolyn Jones Information and Advice Service

Cwrt Llanfabon, Heol Las, Energlyn, Caerphilly, CF83 2WP.  
029 2086 7447

carolyn.jones@actionforchildren.org.uk

www.cccinfo.net

Aims: To offer high quality

support, play, respite, information, medical and therapy services to disabled children, young people and their families.  
Meetings:  
Venue: Caerphilly Children's Centre.

### **Children and Young People's Partnership Central Support Team**

James Watkins  
Ty Penallta, 2nd Floor, Tredomen Park, Ystrad Mynach, Hengoed, CF82 7PG.  
01443 866695  
CYPP@caerphilly.gov.uk  
Aims: Support and provide advice to all organisations who deliver services for children and young people aged 0-25. Support the Children and Young People's Partnership Board (CYPP Board). Support the deliverance of the priorities of the Children and Young People's Plan 2011-2014 (see [www.caerphilly.gov.uk/CYPP](http://www.caerphilly.gov.uk/CYPP))  
Meetings:  
Venue:

### **Clybiau Plant Cymru Kids' Clubs**

Carol Charles  
Bridge House, Station Road, Llanishen, Cardiff, CF14 5UW.  
029 2074 1000  
[carolc@clybiauplantcymru.org](mailto:carolc@clybiauplantcymru.org)

[www.clybiauplantcymru.org.uk](http://www.clybiauplantcymru.org.uk)  
Aims: Clybiau Plant Cymru Kids Clubs exists to help communities in Wales by promoting, developing and supporting quality affordable, accessible out of school childcare clubs.  
Meetings:  
Venue:

### **GAVO Creative Play Project**

Alyson Carey (Senior Playworker)  
Unit 1a, First Floor, Withey Dyffryn Court, Ystrad Mynach, Hengoed, CF82 7RJ.  
01443 863540  
[alyson.carey@gavowales.org.uk](mailto:alyson.carey@gavowales.org.uk)  
[www.gavowales.org.uk](http://www.gavowales.org.uk)  
Aims: Creative Play in partnership with Homestart facilitate PEEP, Pop in Play sessions for parents and children under 3 in all Flying Start areas. Sessions are free to attend and offer fun and interaction through play. For more information and a full list of the sessions available, please contact Alyson Carey.  
Meetings:  
Venue:

### **Family Information Service**

Ruth Lee (ISCYP Manager)  
Duffryn House, Duffryn Business Park, Ystrad Mynach, Hengoed, CF82 7RJ.  
01443 863232. Fax:01443 863471

[fis@caerphilly.gov.uk](mailto:fis@caerphilly.gov.uk)  
[www.caerphilly.gov.uk/fis](http://www.caerphilly.gov.uk/fis)  
Aims: Are you looking for information, help or advice on children's leisure activities or childcare in Caerphilly County Borough, but don't know where to start? Then you've come to the right place. The Family Information Service (FIS) provides free advice and information on a wide range of childcare options and activities for children aged 0-19, their families and their carers. This includes information on nurseries, childminders, out of school clubs, playgroups, parent and toddler groups and much more.  
Meetings:  
Venue:

### **Flying Start Outreach Team**

Andrea Bevan  
Trethomas H.C., William Street, Trethomas, Caerphilly.  
029 20886860  
Aims:  
Meetings:  
Venue:

### **GAVO Tri County Play Outreach Team**

Lucy Hill  
GAVO, Unit 1a, First Floor, Withey Dyffryn Court, Dyffryn Industrial Estate, Ystrad Mynach,

Hengoed, CF82 7TT.

01443 864540

lucy.hill@gavowales.org.uk

www.gavowales.org.uk

Aims: To provide outdoor staffed open access play opportunities for children and young people 8-14 years in their own communities.

Meetings: Afterschool and Holidays.

Venue: Bargoed and Tiry-berth.

### **GAVO Tri County Play Outreach Team**

Nicola Thomas

GAVO, Unit 1a, First Floor, Withey Dyffryn Court, Dyffryn Industrial Estate, Ystrad Mynach, Hengoed, CF82 7TT.

01443 863540

nicola.thomas@gavowales.org.uk

www.gavowales.org.uk

Aims: To provide outdoor staffed open access play opportunities for children and young people 8 - 14 years in their own communities.

Meetings: Afterschool and holidays.

Venue: Newbridge and Pontllanfraith.

### **Great and Small**

Ffion Williams

Canolfan Gristnogol Siloh,

Stryd Oakdale, Ystrad Mynach,

Hengoed, CF82 7AF.

01443 813617

Aims: Caters for under 5's.

Activities include singing time, bible stories, crafts and toys. Tea, coffee and cakes for adults.

Meetings: Thursday 1.30pm - 2.45pm during term time

Venue: Siloh Christian Centre.

### **Gwent Association Voluntary Organisations**

Rachael Maflin

(Play Development Officer)

Unit 1a, First Floor, Withey Dyffryn Court, Dyffryn Business Park, Ystrad Mynach, Hengoed, CF82 7RJ.

01443 863540

rachel.mafin@gavowales.org.uk

Aims: To increase the awareness, value and importance of play and play opportunities for children and young people across the county borough.

To help develop and support Play provision across the County Borough. To monitor and implement the Caerphilly County Borough Play Strategy. To advocate the freedom that children and young people have to play. To raise awareness and the importance of play.

Meetings:

Venue: GAVO Office.

### **Home Start Caerphilly Borough**

Melanie Snowden

The Settlement, 35 Cardiff Road, Bargoed, CF81 8NZ.

01443 875220

info@homestartcaerphilly.org.uk

www.homestartcaerphilly.co.uk

Aims: Home Visiting Volunteers offer regular support, friendship and practical help to families suffering difficulties or stress.

Home Start has a number of parent and toddler groups running daily throughout the borough where children and parents are encouraged to play/ socialise and meet friends.

Meetings: Please contact us for details

Venue:

### **Law Yn Llaw**

Meinir Williams

Ty Cymru, Greenwood Close, Cardiff Gate Business Park, Pontprennau, Cardiff, CF23 8RD. 029 2073 9211

post@lawynllaw.co.uk

Aims: To enable pre-school children with a disability or learning difficulties, the opportunity of inclusion within their local pre-school playgroup. Meetings: Office Hours: 9.30am - 3.00pm (Academic Term).

Venue: Local provision Cylch Meithrin.



## Right from the Start

Joann Greening (Administrative Officer)

86 Lewis Street, Aberbargoed, Bargoed, CF81 9EA.

01443 879426

info@rfts.org.uk

www.rfts.org.uk

Aims: To support parents and children under 13 yrs, empowering families to reach their full potential through gaining self esteem enabling a flying start in life. To work in partnership throughout the Caerphilly borough to develop skills with parents to enhance family life through home support, group support and advice and information.

Meetings: Monday to Friday 9.00am - 5.00pm.

Venue: Aberbargoed Community House.

## Wales Pre-school Providers Association

Julia Baker (Regional Executive Officer)

Unit 1, The Lofts, 9 Hunter Street, Cardiff Bay, Cardiff, CF10 5GX.

029 2045 1242; Fax: 029 2045 1704

marye@walesppa.org

www.walesppa.org

Aims: To enhance the development, care and education of pre-school children

in Wales by encouraging parents to understand and provide for their child's needs through high quality pre-school groups and provide appropriate training.

Meetings:

Venue:

## Young Mums Project

Melanie Davies

Community Education Centre, Unit 6, Institute Buildings, Crumlin Square, Crumlin, NP11 4QD.

01495 244064 / 07788148952

daviem12@caerphilly.gov.uk

www.caerphilly.gov.uk/youth

Aims: Providing support and information to young mums under the age of 19, we offer advice on issues such as housing, benefits and childcare. We provide fun activities for the mums and babies as well as various educational workshops. The project also provides GCSE education tuition to young mums still attending school as well as teen pregnancy antenatal classes. In addition, the project also offers a free creche. Please feel free to contact Mel for more information.

Meetings: Daily - 10.00am - 2.00pm

Venue: Crumlin Youth Centre. Crumlin Institute.

## Young Parents Project

Becky James and Lyn Evans  
Rear of Elim Community Church,  
Waterloo Terrace, Pontlottyn,  
Bargoed, CF81 9RG.

01685 844230

Aims: To promote social inclusion by tackling disadvantage.

We support young families to establish a stable and independent lifestyle and secure home. We work towards the safe and healthy development of young children within these families.

Meetings: Monday - Friday - Ring for details.

Venue:

## GAVO Inclusive Play Project

Jackie Prosser

Unit 1A, First Floor, Withey Dyffryn Court, Dyffryn Business Park, Ystrad Mynach, Hengoed, CF82 7RJ.

01443 863540

jackie.prosser@gavowales.org.uk

Aims: To enable disabled children to attend play settings by providing Support Workers and working with voluntary organisations to develop practice that is more inclusive.

Meetings:

Venue: Various venues throughout the borough to meet the needs of children and young people.



## **GAVO, Holiday Scheme Co-ordinator (Children and Young People)**

Catherine Davies  
Unit 1A, First Floor, Withey  
Dyffryn Court, Dyffryn Business  
Park, Ystrad Mynach, Hengoed,  
CF82 7TT.  
01443 863540  
catherine.davies@gavowales.org.uk  
Aims: To develop, co-ordinate  
and monitor holiday activity  
provision for children and young  
people. To liaise and support the  
voluntary and statutory sector.  
To encourage the delivery of  
'quality' holiday opportunities for  
children and young people, and  
the adoption of good working  
practice in holiday provision.  
Meetings: N/A  
Venue: N/A

## **A3 CHURCHES & RELIGION Church Groups**

### **Blackwood Methodist Church**

Rev Dr Gareth J Edwards  
Wesley Manse, Pentwyn Road,  
Blackwood, NP12 1HN.  
01495 225296  
gareth.edwards@methodist.org.uk  
www.gwenthillsandvales.org.uk  
Aims: To provide a community  
centre with facilities for all ages in a  
Christian environment. The Centre

is available for community use.  
Meetings: Sunday Worship  
Service 11.00am. Various  
activities throughout the week,  
please phone for details.  
Venue: Cefn Road, Blackwood.

### **Churches in Action (Gigabites Youth Project)**

Mrs Diane Thomas  
Gigabites Youth Project, Shops  
1-3, 41 High Street, Bargoed,  
CF81 8RD.  
01443 837792  
office@gigabitesproject.co.uk  
www.gigabitesproject.co.uk  
Aims:  
Meetings: 6.00pm - 9.00pm  
Wednesday - Friday for 11  
- 18yrs. 2.30pm - 4.30pm  
Thursday & Friday for 16 - 25 yrs  
Venue:

### **Risca & Crosskeys Christian Aid Committee**

Mr D M Gray  
19 Fields Park Terrace, Crosskeys,  
NP11 7DA.  
01495 270253  
graydm@caerphilly.gov.uk  
Aims: To organise and arrange  
fund raising events in order to  
help deprived and third world  
countries.  
Meetings: Held at local churches  
in Risca and Crosskeys.  
Venue:

## **Risca & Crosskeys Churches Together**

Mrs I A Scowcroft  
24 Vale View, Risca, Newport,  
NP11 6HS.  
01633 619788  
Aims: Activities include Lent Study  
Groups, Ecumenical Services,  
Remembrance Sunday, One  
World Week, Sports Day, Acts of  
Witness, Christian Aid, Traidcraft  
Goods.  
Meetings: Varies.  
Venue: Various churches.

## **Churches**

### **Bargoed Methodist Church**

Miss P M Davies (Church  
Secretary)  
67 John Street, Bargoed, CF81  
8PG.  
01443 832488  
Aims: Christian Worship,  
fellowship and service.  
Meetings: Sunday 11.00am.  
Bargoed Christian Fellowship  
6.00pm.  
Venue: Park Drive, Bargoed.

### **Bethany Apostolic Church**

Pastor Selwyn Tiley  
8 Islwyn Close, Pengam,  
Blackwood, NP12 3SH.  
01443 835377  
Aims: To promote the gospel of  
the Lord Jesus Christ and to live  
practical Christian lives.

Meetings: Sunday: 11.00am  
Communion. 6.00pm Gospel  
Ministry. Tuesday: 7.00pm  
Prayer and Ministry.  
Venue: Brynglas Avenue,  
Pontllanfraith.

### **Bethel Baptist Church**

Pastor Michael Edwards  
Church Street, Bedwas, CF83 8ED.  
029 2086 2074

bethelbedwas@btconnect.com  
www.bethelbaptistbedwas.org.uk

Aims: The promotion of Christ's  
Gospel & Worship. Serving God  
in the community.

Meetings: Sunday Services:  
Family Church - 11.00am,  
Sunday Celebrations - 6.00pm.  
Tues. Prayer - 7.00pm. Wed.  
Ladies - 2.30pm (except 2nd  
Wed each month, then 7.00pm)  
Fri. Whizzkids (3-7yrs) - 4.30pm;  
Rock Solid (8-11yrs) - 6.00pm;  
The Zone (11yrs+) - 8.00pm.  
Other meetings as announced.  
Venue: Church Street, Bedwas.

### **Beulah Baptist Chapel (Newbridge)**

J Butts (Secretary)  
Tredegar Fach, Main Road,  
Newbridge,  
NP11 5FP.  
01495 243705

Aims: To worship God and share  
the Gospel with our neighbours

and the community.  
Meetings: Sunday 10.30am and  
6.00pm. Thursday evening Prayer  
meeting 7.00pm. Mums and  
Toddlers Monday and Thursday  
mornings 9.30am - 12 noon.  
Coffee and Crafts Morning - 2nd  
and 4th Tuesdays in the month  
10.00am - 12 noon.  
Venue: Newbridge

### **Cascade Methodist Church**

Mrs Yvonne Thomas  
20 Royce Close, Penpedairheol,  
Hengoed,  
01443 833100

yvonnethomas891@btinternet.com  
Aims: Christian worship and  
witness.

Meetings: Activities include Credit  
Union, Parent & Toddler Group,  
Crafters, Scrabble, Adult Education  
Classes and Wood Carving  
Club. Sunday: 11.00am Sunday  
Worship. Monday: 1.30pm  
- 3.30pm Cascade Crafters.  
7.00pm - 9.00pm Melody Makers  
(Choir). Tuesday: 10.00am  
- 12.00noon Woodcarving.  
1.00pm - 3.00pm County Craft.  
5.00pm - 9.00pm Slimming World.  
Wednesday: 2.00pm - 4.00pm  
Scrabble. Thursday: 11.15am -  
12.15pm Credit Union. 12.30pm  
Luncheon Club. Friday: 9.30am -  
11.30am TiaFi (Mother & Toddler).  
Venue: Pengam Road,  
Penpedairheol.

### **Chapel-of-Ease Baptist Church**

Rev Susan Bray  
01495 320022  
Aims: Usual Chapel activities for  
all.  
Meetings: Sunday 11.00am  
Venue:

### **Congregational Church**

Pastor H Mitchell  
24 Syr Dafydd Avenue, Oakdale,  
Blackwood, NP12 0LA.  
01495 224943

Aims: Christian Worship showing  
Christian friendships and  
practical care in the community.  
Meetings: Sunday 6.00pm.  
Wednesday 7.15pm; Friday  
7.30pm.  
Venue: Horeb Chapel, Trinant.

### **Crosskeys Methodist Church**

Mrs R Gray  
19 Fields Park Terrace, Crosskeys,  
NP11 7DA.  
01495 270253

Aims: Christian worship,  
developing Christian  
understanding and friendship,  
and community service for all  
ages.  
Meetings: Monday: The Wesley  
Guild Meeting - 7.00pm; Tuesday  
& Thursday: Carer & Toddler  
Playgroup - 10.00am - 12 noon;

Thursday: Ladies Group Meeting  
- 7.30pm; Sunday: Worship  
- 11.00am; Sunday School -  
11.00am.  
Venue: High Street, Crosskeys.

### **English Baptist Church**

Rev Susan Bray  
01495 320022  
Aims: Usual Chapel activities for  
all.  
Meetings: Sunday 11.00am.  
Venue: Commercial Road,  
Abercarn.

### **Hengoed Chapel**

Katherine Miller  
Chapel Terrace, Hengoed,  
CF82 7JU.  
07505555409  
hengoedchapel@yahoo.co.uk  
www.hengoedchapel@pweb.  
co.uk  
Aims: To serve the communities  
of Hengoed and Cefn Hengoed  
with the love of Jesus.  
Meetings: Sunday: 11.00am  
Family Service. 6.00pm Youth  
Service. Weddings and Baptisms  
on arrangement  
Venue: Chapel Terrace,  
Hengoed.

### **Markham Congregational Church**

Mrs Hilary Rowlands  
39 Bryn Road, Markham,

Blackwood, NP12 0QB.  
01495 225278  
Aims: To witness and enjoy  
friendship and fellowship with  
the community.  
Meetings: Sun: Evening Service  
6.00pm. Tue: Cross Stitch/Craft  
6.00pm - 8.00pm. Wed: J Cs  
(children) 5.30pm - 6.30pm.  
Thurs: Knit 'n Natter 1.00pm -  
3.00pm.  
Venue: Abernant Road,  
Markham, Caerphilly.

### **Mount Pleasant Baptist Church (Blackwood)**

Rev Mark Thomas  
Mount Pleasant Baptist Church,  
Cefn Road, Blackwood.  
07530055440  
markinblackwood@gmail.com  
www.baptistchurchblackwood.  
co.uk  
Aims: To love God and love one  
another - in the church, in the  
community and in the world.  
Meetings: Sunday: 10.30am and  
6.00pm. Mon: Girls Brigade.  
Tues: luncheon Club. Wed: Boys  
Brigade. Fri: Coffee Morning.  
More information on our  
website.  
Venue: Mount Pleasant Baptist  
Church, Cefn Road, Blackwood  
and Libanus Christian Centre,  
Blackwood.

### **Mount Zion Church**

Pastor Roger Bevan  
19 Church Road, Gelligaer,  
Hengoed, CF82 8FW.  
01443 833952  
Aims: To promote the gospel of  
the Lord Jesus.  
Meetings: Sun: 11.00am  
Communion Service; 6.00pm  
Gospel Service: Tues: 7.00pm.  
Ministry/Prayer. Wed: 10.30am  
- 12 noon Coffee morning.  
Alternative Friday - Art and Craft  
class 6.30pm - 8.30pm.  
Venue: Dan y Pentre Lane, Gelligaer.

### **Mount Zion Methodist Church**

Mrs D G Jones  
5 Graig Road, Hengoed, CF82 7JJ.  
01443 813285  
Aims: Christian Worship,  
developing Christian  
understanding and fellowship/  
friendship.  
Meetings: Sunday Service  
6.00pm: Allsorts Club and Ladies  
Circle alternate Mondays: Allsorts  
2.00pm - 3.00pm and Ladies  
Circle 2.00pm - 3.30pm. Mon:  
Bridge Club 7.00pm - 9.30pm;  
1st Tues of each month Women's  
Institute 7.00pm - 9.00pm;  
Alternate Tues: Bible Study  
11.00am. Thurs: Craft Class  
6.30pm - 8.30pm; 2nd Thurs.  
of each month: Julian meeting  
11.00am - 12 noon 1st Monday  
of the month - Fleur-de-lis History

Society 10.00am - 11.00am.  
Venue: Gellihaf Road, Fleur-de-lis,  
Blackwood.

### **Newbridge Methodist Church**

Rev Dr Gareth J Edwards  
Wesley Manse, Pentwyn Road,  
Blackwood, NP12 1HN.  
01495 225296  
gareth.edwards@methodist.org.uk  
www.gwenthillsandvales.org.uk  
Aims: Christian worship for  
all ages. Aiming to develop  
Christian understanding and  
friendship as well as community  
service.  
Meetings: Sunday Morning  
Worship Service 11.00am. Other  
meetings as announced, hall  
available for community use.  
Venue: The Newbridge  
Methodist Church, Bridge Street,  
Newbridge.

### **Penuel Congregational Chapel, High Street, Nelson**

Miss R. Price OPM. DL. MBE  
(Treasurer) Mrs J Smallwood  
(Organist & Deacon)  
Cyncoed, 92 High Street, Nelson,  
CF46 6PG.  
01443 453158  
Aims: To run the building as a  
haven, ensure viability and to  
keep its doors open. To involve  
the community in events, project

the gospel in everyday life and  
perform weddings, funerals and  
christenings as a service to the  
community.

Meetings: 11.00am Sunday  
School. Services: 6.00pm during  
summer months and 3.00pm  
during winter months.  
Venue: High Street, Nelson.

### **Presbyterian Church of Wales Pentwynmawr**

Mrs R Stone  
Touchwood, Pennar Lane,  
Newbridge, NP11 4GY.  
01495 245325  
Aims: To maintain a Christian  
witness in Pentwynmawr and to  
seek to extend the Kingdom of  
God in the area.  
Meetings: Sunday: 10.15am  
Family Service. Monday: 4.00pm  
- 5.00pm Children's Club;  
7.00pm - 9.00pm Pentwynmawr  
Ladies Choir. Wednesday:  
10.30am Prayer meeting and  
Bible study. Thursday: 9.30am  
Toddler group. 1.00pm: Craft  
class.  
Venue:

### **Rectorial Benefice of Mynyddislwyn**

Rev John Humphries  
The Rectory, Vicarage Lane,  
Pontllanfraith, Blackwood, NP12  
2DP.

01495 224240  
frjohn13@aol.com  
Aims: To promote the Christian  
Gospel, to provide Christian  
Fellowship and to serve the  
community. Also Mothers'  
Union, Bible Study, Craft Class,  
social activities, after school clubs  
and counselling.  
Meetings: Sunday 9.30am  
St Mary's, Penllwyn. Sunday  
11.00am & 4.30pm St  
Augustine's, Pontllanfraith.  
Sunday 9.00am & 4.30pm  
St.Theodore's, Ynysddu. First  
Sunday of the month - 11.00am  
St Tudor's Mynyddislwyn. Sunday  
Clubs 11.00am St Augustine's,  
Pontllanfraith. St David's,  
Oakdale 9.30am and 4.30pm.  
Sunday School 9.30am.  
Venue:

### **St Andrews Church, Caerphilly**

Canon Robert Donkin  
029 2088 2992  
robert.donkin@sky.com  
www.parishofcaerphilly.org.uk  
Aims: Christian Worship,  
fellowship and service.  
Meetings: 11.00am Sung Mass &  
Sunday School.  
Venue: Troed-y-bryn, Penyrheol

### **St Barrwgs Church**

Mr John Jenkins  
29 Three Oaks, Bedwas,

Caerphilly, CF83 8HF.  
029 2088 4561  
www.parishbmr.org.uk  
Aims: Christian Worship and fellowship both in Church and in the Community.  
Meetings: Sunday: 1st, 3rd and 5th of month 11.15am, 2nd and 4th of month 5.00pm. Wed: 7.00pm. Fri: 10.00am.  
Venue:

### **St Catherines Church, Caerphilly**

Canon Robert Donkin  
029 2088 8442  
robert.donkin@sky.com  
www.parishofcaerphilly.org.uk  
Aims: Christian Worship, fellowship and service.  
Meetings: 9.30am Sung Mass & Junior Church.  
Venue:

### **St David's Methodist Church, (Shared with Church in Wales)**

Mrs V Gardner  
15 Rosemont Avenue, Gelli Park, Risca, Newport, NP11 6HT.  
01633 613041  
Aims: Christian worship, developing Christian understanding and friendship in the community with services for all ages through various organisations. Reaching out to

all ages and abilities.  
Meetings: In Church: Sunday Service and Sunday School 11.00am - 12 noon and 2nd Sunday of month Evening Service 6.00pm - 7.00pm.  
Thursday: School Room 10.30am - 11.30am - coffee morning.  
Friday: 10.00am - Morning Eucharist with refreshments afterwards. Playgroup to recommence shortly.  
Venue: Thistle Way, Ty-sign

### **St Martins Church, Caerphilly**

Canon Robert Donkin  
2 Clos Caer Wern, Castle View, Caerphilly.  
029 2088 8442  
robert.donkin@sky.com  
www.parishofcaerphilly.org.uk  
Aims: Christian Worship, fellowship and service.  
Meetings: Sundays 8.30am Said Mass. 10.30am Sung Mass with Funky Church 6.00pm Evensong.  
Venue:

### **St Thomas Church Centre**

Mr John Jenkins  
29 Three Oaks, Bedwas, Caerphilly, CF83 8HF.  
029 2088 4561  
www.parishbmr.org.uk  
Aims: To promote the teaching

of Christ by working to improve the social recreational and environmental aspects of life in Trethomas and surrounding district. Large Hall, fully fitted kitchen, conference/meeting room, full able bodied and disabled facilities, groups - private parties, birthdays, discos, day bookings, barbecues in grounds, fetes. Weddings by arrangement with Rector.  
Meetings: Services: Sunday: 2nd and 4th of month 11.15am, 1st, 3rd and 5th of month 5.00pm.  
Thursday: 10.00am  
Venue: St Thomas New Church, Trethomas adjacent to Tyn-y-wern school.

### **Tabernacle Baptist Church**

Mrs Marjorie Palmer (Secretary)  
20 Windsor Avenue, Newbridge, NP11 4 LX.  
01495 245077  
www.tabernacle-newbridge.org.uk  
Aims: To share the gospel of our Lord Jesus Christ with our neighbours and community.  
Meetings: Bible Study: 9.30am.  
Sunday Services 11.00am & 6.00pm. Sunday School 10.45am. Monday 7.00pm Prayer Meeting: Wednesday 1.30pm Handicraft Class, 6.30pm Women's League; Thursday and Friday Coffee Mornings 10.00am - 12.30pm.



Friday 6.00pm - 7.30pm Youth Club for children 6 - 11 years of age

Venue: High Street, Newbridge.

### **The Church of Jesus Christ of Latter Day Saints (Blackwood/Caerphilly)**

Mrs J M Morgan

59 John Street, Bargoed, CF81 8PH.

01443 875701

Aims: Christian Worship, strengthening the family and bringing all unto Christ - thereby building bridges of faith and unity in the community for the good of all.

Meetings: Sunday 10.00am - 1.00pm. Incorporates a variety of meetings that are held on a weekly basis.

Venue: Highfields, Bryn Road, Blackwood.

### **The Parish of Eglwysilan (The Parish of the Aber Valley)**

The Rectory, Brynhafod Road, Abertridwr, Caerphilly, CF83 4BH.

029 2083 0220

[www.eglwysilanparish.btck.co.uk](http://www.eglwysilanparish.btck.co.uk)

Aims: This Church in Wales Parish seeks to be the church for the community making known the good news of the Gospel in our worship, lives and actions. Provide

a warm welcome to all ages, families and individuals. Family friendly services and events.

Meetings: Sunday 9.30am

St Peter and St Cenydd.

11.00am St Ilan's Parish Church.

Wednesday 9.30am St Peter and St Cenydd.

Venue: Parish Church of St Ilan, Eglwysilan. Church of St Peter and St Cenydd, Senghenydd.

### **The Parishes of Bedwellty and New Tredegar**

Reverend Rosie Dymond,

Reverend Jen Evans and

Reverend Heidi Ve Gruchy

St Sannan's Church Bedwellty,

St Peter's Church, Aberbargoed,

St Dingat's, New Tredegar.

Parish Office 01443 829555

Bedwellty Churchyard 01443 820441

Aims: Christian worship and witness; to be an asset to our communities.

Meetings: Sunday 9.00am St Peter's;

10.30am St Sannan's;

10.30am St Dingat's

Venue:

### **Trinant Methodist Church**

Mr C Holyfield (Steward)

25 Woodland Drive, Trinant,

Crumlin, NP11 3LP.

01495 214516

Aims: To promote Christian virtues

and living for all.

Meetings: Sunday: Sunday School 11.00am, Evening Worship

6.00pm. Monday: United Prayer

Meeting 7.30pm. Tuesday: Guild

Fellowship 7.00pm. Thursday:

United Prayer Meeting 7.00am.

Friday: Prayer Meeting 7.00am.

Venue: Trinant Methodist Church.

### **Trinity Congregational Church**

Mr L W R Jenkins

22 Carlton Terrace, Crosskeys,

NP11 7BU.

01495 270669

Aims: Christian worship, education and community service.

Meetings: Sunday 11.00am

every week, 6.00pm as

advertised. Friday 6.30pm

Youth Club every week. Other

midweek events as advertised.

School room now available for

community activities. Thurs:

10.00am - 12 noon - Mother and

Toddler Group

Venue: Trinity Congregational

Church and School Room.

School room now available for

community activities.

### **Van Road United Reformed Church Caerphilly**

Revd Malcolm Shapland

Van Road Church, Caerphilly,



CF83 1JZ.

02920 849066

Aims: Christian Worship and Learning, Group Fellowship meetings and service to the community.

Meetings: Sunday 11.00am, Childrens Junior Church 11.00am

Venue: The United Reformed Church, Van Road, Caerphilly.

### **Ysgwyddgwyn C M Church, Bailey Street, Deri**

Mrs J Jones

Bargoed House, 70 Bailey Street, Deri, Bargoed, CF81 9HW.

01443 832372

Aims: To further God's work in the community and to help in any way we can to keep the Chapel in good repair, available for hire.

Meetings: Sunday School:

Summer months Wednesday evening 4.45pm - 6.00pm.

Winter Sunday 11.30am -

12.30pm. 3.00pm for service.

Venue: Ysgwyddgwyn Chapel and Vestry, Bailey Street, Deri.

## **A4 CITIZENS' ADVICE BUREAUX AND COMMUNITY LEGAL SERVICE**

### **Bargoed Citizens' Advice Bureau**

Ann Matthews (Operations Manager)

41B Hanbury Road, Bargoed, CF81 8QU.

Office - 01443 835363. Advice Line Cymru 08444 77 20 20

Aims: To ensure individuals do not suffer through lack of knowledge of their rights and responsibilities or the services available to them or through an inability to express their needs effectively.

Meetings: Bargoed Bureau open Door Tues, Wed and Fri:

10.00am - 1.00pm. Thurs:

5.00pm - 7.00pm.

Venue: Bargoed Bureau

### **Citizens' Advice Bureau Risca**

Maria Crook

Park Road, Risca, NP11 6BJ.

Office: 01633 615780. Fax: 01633 615780

[www.adviceguide.org.uk](http://www.adviceguide.org.uk)

Aims: To ensure that individuals do not suffer through lack of knowledge of their rights and responsibilities, or of the service available to them or through an ability to express their needs

effectively. Our service is available to everyone and is confidential, impartial, independent and free. Meetings: Monday, Wednesday & Thursday - 10.00am - 1.00pm on a "first come first served" basis  
Venue:

### **Community Legal Service Direct**

0845 345 4345 - advice, information & signposting  
tynetalk calls welcome. Minicom: 0845 609 6677

[www.clsdirect.org.uk](http://www.clsdirect.org.uk)

Aims: Provide advice on legal problems.

Meetings:

Venue:

## **A5 COMMUNITY Community Centres**

### **Abertridwr Community Centre**

Mrs B Prendergast

67 Thomas Street, Abertridwr, Caerphilly, CF83 4AX.

029 2083 0530

Aims: Community activities, private parties, exhibitions, shows and plays

Meetings: Last Thursday in month at 4.00pm.

Venue: Abertridwr Nazareth Community Centre

### **Abertysswg Community Centre**

Cllr John Bevan  
5 Arthur Street, Abertysswg,  
Rhyrnney, NP22 5AN.  
01685 843578  
bevanj@caerphilly.gov.uk  
Aims: To further the use of  
Abertysswg Community Centre.  
Meetings: Last Tuesday of the  
month.  
Venue: Abertysswg Community  
Centre.

### **Ael-y-bryn Rhyrnney Community Centre**

Mrs E Williams  
8 Aneurin Terrace, Rhyrnney,  
NP22 5DR.  
01685 841990  
Aims: To provide facilities for recreation  
and leisure, with the aim to improve  
the quality of life for community.  
Meetings: Every first Tuesday of  
the month (Committee).  
Venue: Ael-y-bryn Centre.

### **Argoed Community Centre**

Mrs B Gore  
Montpellier House, New Road,  
Argoed.  
01495 226419  
Aims:  
Meetings:  
Venue:

### **Bargoed Community Centre**

Mrs F May  
30 Oaklands, Bargoed,  
01443 833577  
Aims: To support the community.  
Meetings: As booked.  
Venue: Gilfach, Bargoed.

### **Bedwas & Trethomas Community Association**

Mrs Sian Rees (Secretary)  
The Bryn Field, Newport Road,  
Bedwas, Caerphilly. CF83 8BJ.  
029 20 881678/ 07905534060  
sianrees522@btinternet.com  
Aims: Providing a multi-functional  
community facility which  
encourages a diverse range  
of activities embracing all age  
groups.  
Meetings: Available for hire.  
Venue: Community Hall with  
changing facilities (home and  
away teams)

### **Britannia Community House**

Lynne John,  
1 Farm View, Britannia,  
NP12 3TW

### **Cascade Community Centre**

Mr M Griffiths  
7 Maes y Dderwen,  
Penpedairheol, Hengoed.  
01443 821685

mallows@hotmail.co.uk  
Aims: To provide a place  
of recreational educational  
and social events within the  
community for all age groups.  
Meetings: Mon - Fri 9.00am -  
12.30pm - Meithrin Playgroup.  
Mon: 2.00pm - 4.30pm - Senior  
Citizens. Brownies - 4.45pm.  
Tues: 1.00pm - 3.00pm - Sewing  
Class; Dance class - 5.00pm  
- 8.00pm (big hall); Young  
Archaeology Club - 6.30pm -  
8.00pm age 8-16 years. Wed:  
1.30pm - 3.30pm - Baby Clinic;  
6.30pm - 8.15pm - Bingo; Thurs:  
1.30pm - 3.30pm - Concorde  
Club (O.A.P.). Sat: 9.00am -  
11.00am - Shotokan Karate.  
Sat/Sun - weddings, childrens  
parties.  
Venue: Cascade Community  
Centre, Llwyn Onn,  
Penpedairheol, CF82 8BX.

### **Cefn Fforest Community Centre**

Mrs M Edwards  
28 Waunborfa Road,  
Cefn Fforest,  
Blackwood.  
01443 833212  
marian17@sky.com  
Aims: To provide activities,  
courses and anything that would  
benefit the community in a  
warm and friendly atmosphere.  
Meetings:

Venue: Cefn Fforest Community Centre.

### **Cefn Hengoed Community Centre**

Mrs G Bruford  
Carn Gethin House, Cefn Hengoed, Hengoed.  
01443 812330

Aims: Provide accessible, affordable, pleasant community facilities for meetings.

Meetings: Mon: Arthritis Club and Infant / Welfare Clinic. Tues & Thurs: OAP Club, Mother & Toddler Group, Friendship Club and Bingo. Thurs: Computer Classes. Parties on weekend.

Venue: Cefn Hengoed Community Centre.

### **Channel View Community Centre**

Mr L Horler  
38 New Park Road, Risca, Newport.  
01495 270798

Aims:  
Meetings:  
Venue:

### **Cwmfelinfach Community Centre**

Debbie Mellor (Secretary)  
5 Penllwyn Terrace,  
Cwmfelinfach, Newport.  
01495 201475

scottlovesey3005@btinternet.com  
Aims: To provide a meeting place with suitable facilities for social, recreational and educational pursuits for the benefit of all age groups and abilities in the locality.

Meetings: Mon: Parents & Toddlers, Youth arts and crafts. Tues and Wed: Cheerleader Group. Thurs: Parents & Toddlers. Fri: Cwm Islwyn Art Club, Line Dancing (Residents Association Meeting last Friday of the month 7.00pm and coffee morning two weeks prior). Sat: Junior & Senior Youth Clubs. Sun: Cheerleader Group.  
Venue: Cwmfelinfach Community Centre, Stanley Street, Cwmfelinfach.

### **Deri Community Centre**

Gill Francis Williams (Secretary)  
26 Bailey Street, Deri, Bargoed, CF81 9HT.

01443 820208  
rlfw@tesco.net

Aims: To bring recreational, social and educational facilities to the public in Deri and surrounding areas.

Meetings: Last Thursday of the month at 6.30pm - dates variable.

Venue:

### **Fleur-de-lis Community Centre**

Mrs Clare Hatherill  
70 Pengam Street, Glan-y-nant, Pengam, Bargoed.  
01443 836558. 01443 839946

Aims:  
Meetings:  
Venue:

### **Fochriw Community Centre**

Mrs Stacey Eynon  
5 Rhoddfa Ganol, Fochriw, Rhymney.  
01685 841705

Aims:  
Meetings:  
Venue:

### **Gelligaer Community Centre**

Ms J Davies, Susan James  
18 Aneurin Bevan Avenue, Gelligaer, Hengoed.  
Ms J Davies: 01443 831601.  
Susan James 01443 837076

Aims:  
Meetings: Sunday 4.30pm - 5.30pm.  
Venue:

### **Glan-y-Nant Memorial Hall**

Mrs L Mason  
18 Hanbury Street, Glan-y-nant, Pengam, NP12 3XW.  
01443 837300

Aims: Creche - age 9 months - 5yrs (weekdays 8.30am - 13.00pm). Evenings - Bingo, Salsa, Line Dancing. Quarterly surgeries (health forum) with guest speakers.  
Meetings: Ring for information.  
Venue:

### **Graig-y-Rhacca Community Centre**

Mrs R Otter  
1 Burns Close, Graig-y-rhacca, Machen.  
029 2088 7165  
rhianotter@aol.com  
Aims: To provide facilities for recreation and leisure time to improve the quality of life for local residents.  
Meetings:  
Venue: Graig-y-rhacca Community Centre.

### **Hafodyrynys Community Centre**

Andrew Lewis  
01495 244698  
Aims: Providing community facilities for bookings.  
Meetings: Please phone above  
Venue: Hafodyrynys Community Centre.

### **Hengoed Community Centre**

Alma Johns  
12 Alexandra Road, Hengoed,

CF82 7NE.  
01443 815312  
Aims: To provide a warm and attractive venue for a range of activities for the local community.  
Meetings: For Management Committee meetings, bookings and list of activities, contact Alma Johns.

Venue: Hengoed Community Centre, Park Road, Hengoed.

### **Hollybush Community Centre**

Kim Peacock (Secretary)  
Banalog Terrace, Hollybush, Blackwood, NP12 0SG.  
01495 227464  
kimpiranha@aol.com  
Aims: To provide suitable venue for community activities.  
Meetings: Contact secretary for information.  
Venue:

### **Llanbradach Community Centre**

Mrs Ann Reed (Booking Secretary)  
20 Glyneiddew, Cwm Las Estate, Llanbradach, Caerphilly, CF83 3PJ.  
029 2086 2406  
Aims: To provide facilities for recreation and leisure, with the objects of improving the quality of life for residents of

Llanbrandach. To maintain and manage the Llanbradach Community Centre.  
Meetings: Every 2nd Monday of each month at 8.15 pm.  
Venue: Morgan Street, Llanbradach.

### **Llanfach Village Hall**

Susan Beach (Secretary)  
75 Llanfach Road, Abercarn, NP11 5LA.  
01495 247907  
Aims: To provide a village hall facility for the inhabitants of Llanfach regardless of political, religious or any other distinction.  
Meetings: Hall opens day and evening.  
Venue: Llanfach Village Hall, Penrhiw Terrace, Llanfach, Abercarn.

### **Lower Rhymney Community Centre**

Mrs D Bradley  
The Nook, Garden City, Rhymney.  
01685 843212  
Aims: Provide a suitable venue for community activities.  
Meetings: Ring for information.  
Venue: Community Centre

### **Machen Village Hall & Social Centre**

Mrs Lillie Whittingham

Coed-y-cefn Bungalow, Rhyd-y-gwern Lane, Machen, Caerphilly, CF83 8NX.

01633 440410

Aims: To provide a venue to improve the quality of social and educational facilities in the local community.

Meetings:

Venue: The Crescent, Machen, Caerphilly, CF83 8ND.

### **Maesycwmmmer Community Centre**

Mrs S Griffin

12 Vale View, Maesycwmmmer, Maesycwmmmer, Hengoed.

01443 813382

eddie.griffin@tesco.net

Aims:

Meetings: 2nd Tuesday on alternate months

Venue:

### **Markham Community House**

Mrs Ceirwen James

King George Fields, Pantycefn Road, Markham, NP12 0QX.

01495 226370: Fax: 01495

226290

anwill@tiscali.co.uk

Aims: Social Recreation and education.

Meetings: Opening times:

9.00am - 4.00pm. Evenings - 4.30pm - 8.30pm

Venue: Markham Leisure Centre.

### **Nelson Community Centre**

Clr Mrs Ann Blackman

127 Shingrig Road, Nelson, CF46 6DU.

01443 451834

Aims:

Meetings:

Venue:

### **Neuadd St Catwg Community Hall**

Miss Heulwen Fowler (Centre Manager)

C/o The Rectory, Church Road, Gelligaer, CF82 8FW.

01443 834022

neuaddstcattwg@gmail.com

www.neuaddstcatwg.com

Aims: To provide a venue for use by all the community. Facilities include Cyber Café and a hall with stage. Many activities taking place and also available for hire.

Meetings: Please contact the hall for details.

Venue: Neuadd St Cattwg Community Hall, Gelligaer

### **Oakdale Community Centre**

Mr G Hale,

Community Centre, Penrhiw Avenue, Oakdale, NP12 0NH.

01495 227046

granville\_hale2@hotmail.co.uk

Aims: To provide an ideal venue for community activities, business training events and family parties.

Meetings:

Venue: Community Centre, Penrhiw Avenue, Oakdale.

### **Pentwynmawr Community Centre**

A & M Sanders

67 High Street, Pentwynmawr, Newbridge.

01495 220920; 07896337247

Aims: The hall is used by many organisations including Aikido, Tai Chi, Handicrafts, Bowls and for Community Dances.

Meetings:

Venue:

### **Penybryn Village Hall**

Mrs J Moore

67 Trosnant Crescent, Penybryn, Hengoed, CF82 7FX.

01443 815626

Aims:

Meetings:

Venue:

### **Penyrheol Community Centre**

Bill Allen, G Harris

16 Gelli Deg, Penyrheol, Caerphilly, CF83 2PR.

Bill:029 2085 2043. G Harris: 029 2086 3372

Aims:



Meetings:

Venue:

### **Phillipstown Community Centre**

Mrs S Stenner

7 Fernhill Terrace, Phillipstown,  
New Tredegar.

07967653073

Aims:

Meetings:

Venue:

### **Plas Mawr Community Centre**

Mrs T Williams

8 Morrison Street, Blackwood,  
NP12 1QG.

01495 226248

Aims:

Meetings:

Venue:

### **Rhymney Community and Day Centre**

Mrs B Middleton

16 Moriah Street, Rhymney.

01685 840064

Aims:

Meetings:

Venue:

### **Rudry Village Hall**

Vitti Allander (Secretary), Jeanette  
Rees (Bookings)>.

Rudry Parish Hall, Rudry,

CF83 3DF.

029 20861596 (Secretary),

07891 309295 (Bookings).

www.rudryparishhall.org

Aims: Rudry Parish Hall is owned  
and run by the community of  
the St James Parish for social,  
recreational and educational  
purposes. It is a beautiful hall in  
a fantastic rural setting available  
for hire for family parties,  
weddings, conference or staff  
training days.

Meetings: For regular meetings

### **Senghenydd Community Centre**

G H Jones (Secretary)

School House, Senghenydd,  
Caerphilly.

029 2083 0620

gilljones620@aol.com

Aims: To provide a meeting  
place and facilities for social,  
recreational and educational  
purposes.

Meetings: 1st Monday of month  
(except Aug and Dec).

Venue: Community Centre.

### **Tirphil Community Centre**

Mr E J White

30 Railway Terrace, Tirphil,

New Tredegar,

Bargoed.

07791784227

Aims:

Meetings:

Venue:

### **Tir-y-berth Village Hall**

Susan Harper

11 Duffryn Street, Tir-y-berth,  
Hengoed, CF82 8AN.

01443 837289 / 07883010173

Aims: A resource for the local  
community.

Meetings: To be agreed by the  
Committee. (open 7 days a  
week)

Venue: Tir-y-berth Village Hall,  
Horner Street, Tir-y-berth,  
Hengoed.

### **Trecenydd Community Centre**

Amana Nash

40 The Crescent, Trecenydd,  
Caerphilly, CF83 2SW.

029 2088 9925

Aims:

Meetings

Venue:

### **Twyn Community Centre**

Mrs J Hibbert, (Secretary and  
Booking).

255 Nantgarw Road, Caerffili,  
CF83 1BU.

J Hibbert:029 2086 9395.

Aims: A charitable organisation  
which maintains and manages  
the Twyn Community Centre,  
therefore providing a venue for



community based activities and events.

Meetings:

Venue: Twyn Community Centre,  
The Twyn, Caerfili, CF83 1JL

### **Van Community Centre**

Elaine Griffiths

8 Coed Maen, Porset Park,  
Caerphilly, CF83 1RS.

029 2086 8244

Aims: Computer classes;

Exercise classes; Bingo; Youth

Club. Mother and Toddler -

Tues 9.00am - 12.30pm, Thurs

10.00am - 12 noon and Fri

10.00am - 12 noon. Thurs 12

noon - exercise. Thurs and Fri

9.00am - 12 noon - Hive.

Meetings: Partnership Meeting

all welcome: Usually held 2nd

Monday morning of month.

Venue:

### **Residents Groups**

#### **Britannia Community House**

Lynne John

6 Farm View, Britannia, NP12  
3TW.

01443 829158

Aims: Improvement of the  
communities for the benefit of  
the inhabitants.

Meetings: 6.00pm 3rd Thursday  
each month

Venue: Fleur-de-lis Rugby Club

#### **Bryn Road Tenants and Community Association**

Ian Bishop

20 Gibbs Close, Blackwood,  
NP12 1WL.

01495 230182

Aims: To encourage people to  
socialise.

Meetings: Thurs pm: Bingo.

Wed pm: Coffee

Venue: Bryn Road Communal  
Lounge, (off Gibbs Close and  
Palmer Place)

#### **Caerphilly Town Centre Residents' Association**

Trevor Bond (Secretary)

19 Windsor Street, Caerphilly.

029 2085 2564

[jdavies@toucansurf.com](mailto:jdavies@toucansurf.com)

Aims: To benefit Caerphilly  
town residents and to work in  
partnership with other town  
stakeholders.

Meetings: Executive Committee -  
weekly: Street Reps - Bi-monthly:

Membership as and when  
proposed.

Venue: Windsor Street, Church Hall.

#### **Cwmcarn Residents' & Community Association**

Mr Graham Gardiner (Chairman),

Mrs Tina Price (Secretary)

1 Glenroy Graig Bungalow,  
Cwmcarn, NP11 7EZ.

Mr Graham Gardiner 01495

270148: Tina Price 01495 271903  
[d.price856@btinternet.com](mailto:d.price856@btinternet.com)

Aims: To provide funding for the  
people of the community for  
recreational pursuits. We also try  
to help resolve any community  
problems.

Meetings: 7.00pm Cwmcarn  
Institute, 2nd Monday of every  
month. Drop-in with a police  
liaison officer - Thursday 10.00am -  
12 noon

Venue: Cwmcarn Miner's Institute,  
Newport Road Cwmcarn,  
Newport.

#### **Cwmfelinfach Residents' Association**

Grosevnor Williams

45 King Street, Cwmfelinfach,  
Ynysddu, Newport, NP11 7HL..

01495 200509

[shelaghwilliams@talktalk.net](mailto:shelaghwilliams@talktalk.net)

Aims: To retain and nurture the  
community spirit of our village  
for the benefit of all.

Meetings: The last Friday of the  
month at 7.00pm and a coffee  
morning on the Friday two  
weeks prior at 10.30am.

Venue: Cwmfelinfach  
Community Centre, Stanley  
Street, Cwmfelinfach.

#### **Gelli Haf Residents' Association**

Brian Curtis

Oaklands, Gelli Haf, Blackwood, NP12 2QE.

01443 879007

Aims: To improve the quality of life, environment, health and welfare of the inhabitants of Gelli Haf.

Social occasions are arranged.

Meetings: Meet regularly on Sundays throughout the year

Venue:

### **Groesfaen Residents' Association**

John Vincent (Secretary)  
21 Groesfaen Terrace, Deri,  
Bargoed, CF81 9GH.

01443 820601

[jrvincent@live.co.uk](mailto:jrvincent@live.co.uk)

Aims: To improve quality of life and environment for the inhabitants of Groesfaen.

Meetings: Quarterly at 7.00pm on the second Thursday of April, July, October and January with other meetings held as required.

Venue: Deri Community Centre.

### **Hafodyrynys Community Association**

Andrew Lewis

Morningside, Hafodyrynys,  
Crumlin, Newport, NP11 5BE.

01495 244698

Aims: To provide a community facility for the inhabitants of Hafodyrynys and the neighbourhood. To improve

the quality of life within the community without any political distinction being made.

Meetings: Monthly.

Venue: Hafodyrynys Village Hall.

### **Pentricwn Community Association**

Mrs J Williams (Secretary)

17 Pentwyn Terrace, Trinant, Nr  
Crumlin, NP1 4JE.

01495 216584

Aims: To represent all tenants and residents rights and the maintenance and improvement of their housing conditions, amenities and environment in the areas of Pentwyn, Cwm-nant-gwynt and Trinant.

Meetings: One Monday every month at 6.00pm.

Venue: Trinant Welfare Hall.

### **Phillipstown Residents' and Community Association**

Gerald Jones (Secretary)

71 Derlwyn Street,  
Phillipstown, New Tredegar,  
NP24 6AZ.

01443 834354/837813

[phillipstownresidents@btopenworld.com](mailto:phillipstownresidents@btopenworld.com)

Aims: To improve the quality of life for the community of Phillipstown.

Meetings: Every other Sunday at 5.00pm.

Venue: Phillipstown Community House.

### **SARDIS (Ynysddu) Community Association**

Mrs Wendy Roberts

Glyn House, Commercial Street,  
Ynysddu, NP11 7JN.

01495 200345

Aims: To encourage development of skills / learn new things / enjoy each others company.

Meetings: Mon: 10.30am Jewellery Making. 1.30pm Art Class (oils and watercolours). 5.30pm Children-over 10's club. Puppets 6.45pm. Tues: 10.30am Ladies Tea & Chat. 11.45am Luncheon Club. 1.30pm Mother and Toddler. 5.00pm Tuesday Nighters (children 4-8yrs). 6.00pm Prayer Meeting. 7.00pm Bible Study. Wednesday 2.00pm Ladies Fellowship. Last Wednesday of each month, 'Teapot Club' 2.00pm - 4.30pm. Girls Craft Club 5.00pm. Choir practice to be confirmed. Thurs: 2.00pm Line Dancing Class. Beginners Computing to be confirmed. Sun: 11.00am Sunday School. 3.00pm Afternoon Service.

Venue: Sardis Hall, Ynysddu.

## **Senghenydd - Abertridwr - Linking - Together (SALT)**

Mrs Gill Jones, (Secretary)  
School House, School Street,  
Senghenydd, CF83 4GJ.  
029 2083 0620  
gilljones620@aol.com  
Aims: To work with the inhabitants of the Aber Valley and other bodies to bring much needed services and activities to the valley. To promote good citizenship and greater public participation in order to improve the environment and undertake charitable activities to improve the quality of life for all our residents.

Meetings: Phone for details.  
Venue: Community Centre,  
Gwern Avenue, Senghenydd.

## **The VAN-guard Centre Caerphilly**

Mair Wade (Management  
Committee Secretary)  
11 Clos-y-Cedr, Pwll y Pant,  
Caerphilly, CF83 3RL.  
029 2086 6578  
mairjohn@jmwade.fsnet.co.uk  
Aims: To provide facilities for community activities and to respond to the suggestions/needs of the local residents. Current activities include: adult education classes; life style groups; babies and toddlers activities; music and drama

groups; arts workshops are regularly arranged for young people. Open days, seasonal fairs, concerts and drama presentations are arranged. Training courses, workshops, seminars and presentation occasions, birthday and family celebrations are also accommodated.  
Meetings: For enquiries and bookings, contact the Secretary  
Venue: Ground floor of the Van Road United Reformed Church building, Caerphilly, entrance in Goodrich Street.

## **Other Community Groups**

### **Bargoed, Aberbargoed and Gilfach Credit Union**

Pam Farrant  
47 Commercial Street,  
Aberbargoed, CF81 9BT.  
01443 838605  
bagcreditunion@aol.com  
Aims: Member based co-operative helping members to save and borrow at lower rates of interest. Financial co-operative.  
Meetings: Opening times:  
Mon, Tues and Thurs 10.00am - 12.30pm. Fri 12.00pm - 2.30pm., 47 Commercial Street, Aberbargoed (Reg office).  
Mon 10.00am - 11.30am  
C.A.B., Bargoed. Tues 10am - 11am Cartref Community

Hall, Bargoed. Thurs 6.00pm - 7.00pm YMCA, Gilfach.  
Venue:

### **Canolfan Siloh Centre (Community Centre)**

Ffion Williams  
Oakfield Street, Ystrad Mynach,  
Hengoed, CF82 7AF.  
01443 813617  
www.siloh.co.uk  
Aims: To develop a programme of activities for the community, including christian activities. Events throughout the year, contact the centre to find out more.  
Meetings: Mon: Welsh Conversational Classes 9.30am - 10am. Weight Watchers 9.00am - 11.30am and 5.00pm - 7.00pm. Tues: Cylch Ti Fi (Welsh Language Toddlers) 10.30am - 12 noon. Wed: Slimming World 9.00am - 11.30am and 6.00pm - 8.00pm. Thurs: Great and Small Toddlers 1.30pm - 2.45pm. Yoga 7.00pm - 8.00pm. Parkinson's Society Meeting - last Thursday of every month 2.00pm - 4.30pm. Fri: Music Mayhem 10.00am - 12 noon. Hire charges: Hall £10ph, upstairs room £7ph, quiet room £5ph.  
Venue: Siloh Centre.

### **Coal Industry Social Welfare Organisation (CISWO)**

Andrew Morse (Regional Manager)

Woodland Terrace, Maesycloed, Pontypridd, CF37 1DZ.

01443 485233

andrew.morse@ciswo.org.uk

Aims: CISWO is a UK wide charity which has a focus on delivering community and personal welfare services within mining and former mining communities.

Meetings: CISWO facilitates three regular social groups which meet fortnightly in the community of Fleur-de-Lis, Newbridge and Pontlottyn.

Please contact CISWO for further details.

Venue:

### **Crumlin Navigation Colliery Project**

Mr & Mrs Robert & Vera Jenkins  
Albany House, Gladstone Road,  
Crumlin, Gwent, NP11 5EN.

01495 243729

daffy63@sky.com

Aims: To facilitate community engagement between the project and the locality.

Meetings: Monthly.

Venue: Crumlin Institute.

### **Deri Regeneration Group**

Gillian Francis - Williams  
(Secretary)

c/o 26 Bailey Street, Deri,  
Bargoed, CF81 9HT.

01443 820208 / 07946298183

rlfw@tesco.net

www.deriregeneration.co.uk

Aims: To bring recreational, social and educational facilities to the people in Deri and surrounding areas.

Meetings: Meeting times vary but are usually last Thursday in the month at 6.30pm at Deri Community Centre.

Venue: Deri Community Centre

### **Islwyn Community Credit Union**

Dennis English

Credit Union Building, Wesley  
Road, Blackwood, NP12 1PP.

01495 222832

info@islwyncu.co.uk

www.islwyncu.co.uk

Aims: Credit Unions are financial co-operatives that offer members an easy and convenient place to save, and access low cost loans when required.

Meetings: Opening times: Mon  
and Fri: 10.00am - 12.30pm., Sat

9.30am - 11.30am. Markham,  
Penllwyn, Risca and Trinant  
collection point opening

hours - contact office or visit  
website. Payment facilities also  
at CCBC Customer First Centre,  
Blackwood also CCBC Payment  
Offices Risca and Newbridge.

Venue:

### **Lower Sirhowy Valley Community Partnership**

Cllr Jan Jones

16 The Avenue, Wyllie,  
Blackwood, NP12 2HJ.

01495 201171

Aims: To promote the benefit of  
the inhabitants of the valley.

Meetings: Six week cycle on  
Mondays at 6.00pm.

Venue: Varies.

### **Newbridge Memo Ltd**

Mr Howard Stone

Holly House, Holly Terrace,  
Newbridge, NP11 4NB.

01495 243691

newbridgememo1@aol.com

www.newbridge-memo.com

Aims: To regenerate the Celynen  
Collieries Institute and Memorial  
Hall and Cinema for proper  
community usage.

Meetings: 7.15pm 2nd Thursday  
monthly.

Venue: Celynen Collieries  
Institute, High Street, Newbridge.

### **Smart Money Credit Union Ltd**

Mrs Andrina Davies

Abacus House, Windsor Street,  
Caerphilly, CF83 1FW.

029 2088 3751

info@smartmoneycreditunion.  
co.uk

www.smartmoneycreditunion.  
co.uk

Aims: Credit Unions are not for profit financial co-operatives that offer members an easy and convenient way to save and access low cost loans.  
Meetings: Meetings and venues throughout the county borough. Please call for details.  
Venue:

### **Taraggan Educational Gardens**

Ron Cooper (Chairman)  
Bargoed Community Centre,  
Gilfach Estate, Bargoed,  
07592 454232  
Aims: To encourage people living in Greater Bargoed and surrounding areas to get involved in allotmenting by using the Taraggan green space for exercise and outdoor recreation. All groups involvement welcomed  
Meetings: Monthly - 2nd Wednesday of every month 4.00pm - 5.30pm.  
Venue: Bargoed Community Centre/Taraggan Educational Centre (seasonal - summer)

### **Ty Sign & Local Communities Partnership (TLC)**

Marilyn Nicholls (Secretary)  
Shirley Hobbs (Chair)  
76 Elm Drive, Ty-sign, Risca,

NP11 6HJ.  
01633 601199  
Aims: To promote community activities, education, community development.  
Meetings: Bi monthly - 3rd Tuesday of the month 7.00pm  
Venue: T.L.C. shop.

### **United Welsh Housing Association**

Steve Cranston (Head of Community Investment)  
Y Borth, 13 Beddau Way,  
Caerphilly CF83 2AX.  
029 2085 8191  
scranston@uwha.co.uk  
www.uwha.co.uk and www.investuwha.blogspot.com  
Aims: United Welsh is a housing association. We are seeking to understand the crunch issues facing our tenants and communities we serve. The Community Investment Team is working to better appreciate the unique assets we have as an organisation and to help create more opportunities by harnessing the potential of 1) The money we spend – To make our spend work harder to create new jobs and training for tenants and support social enterprise to flourish. 2) Land and buildings - To support the creation of community owned assets, like Caerphilly Miners Hospital, that

will kick start sustainable change.  
2) Our people – To find new ways of putting the skills, energy and commitment of our tenants, staff and partners to work on community building projects.  
Meetings:  
Venue:

### **Woodfieldside Playing Fields Association**

Mrs C George (Secretary)  
5 Woodfield Street,  
Woodfieldside, Blackwood,  
NP12 0BT.  
01495 223828  
Aims: To improve the conditions of life for the inhabitants of Woodfieldside through the provision of a playing field.  
Meetings: Every six months.  
Venue: Senior Citizens Hall, Woodfieldside, Blackwood.

## **A6 EDUCATIONAL ORGANISATIONS**

### **Careers Wales Gwent**

Margaret Griffiths  
Ty Glyn, Unit 1, Brecon Court,  
William Brown Close, Llantarnam  
Park, NP44 3AB.  
01633 487600. Fax: 01633 487601  
margaret.griffiths@careerswalesgwent.org.uk  
www.careerswales.com  
Aims: Provide information and



advice about caring, influence policy through research based on carers' real life experiences, campaign to make life better for carers.

Meetings: Careers Wales Centres: Blackwood Careers Centre 01495 227650, Abertillery 01495 322000. Learning & Careers Advice 0800 100 900. Careers Advice Line: 0800 0289212

Venue:

### **Careers Wales Mid Glamorgan & Powys**

Richard Jones

Careers Centre, The Twyn, Caerphilly, CF83 1JL.  
029 2085 2505

richard.jones@cwmgp.co.uk

Aims: All age careers information, advice and guidance services. Our Youth Gateway Project offers additional support to young people both in and out of education.

Meetings: Opening hours:  
8.30am - 5.00pm Mon - Thur .  
8.30am - 4.30pm Fri.

Venue: Careers Centre, The Twyn. Appointments for Bargoed sub office via Caerphilly please.

### **GAVO Training and Development**

Jan Billinghamurst/Daryl Harries (Learning and Development Officers)

GAVO, Ty Derwen, Church Road, Newport, NP19 7EJ.  
01633 241571/241575 (direct lines) or 01633 241550 (switchboard)

janet.billinghurst@gavowales.org.uk

www.gavowales.org.uk

Aims: To develop, promote and deliver community based and work based training for the voluntary public and private sector organisations.

Meetings: Please see GAVO training programme on GAVO website.

Venue: Delivered at Community based venues across Caerphilly, Blaenau Gwent, Newport and Monmouthshire.

### **Nacro Cymru**

Andy Bartlett

1 Godfrey Road, Newport, NP20 4NX.  
01633 213434

andy.bartlett@nacro.org.uk

Aims: To provide training, education, employment and social opportunities for ages 18year plus.

Meetings: Mon - Fri. 8.30am - 4.30pm.

Venue: 1 Godfrey Road, Newport.

### **New Deal for Lone Parents/ Department for Work and Pensions**

Bev Hughes

Job Centre Plus, Castle Street, Caerphilly, CF83 1UA.

029 20 424202, 424277

beverly.hughes@jobcentreplus.gsi.gov.uk

Aims: Help unemployed lone parents with children under 16 to find work, training, childcare and information on benefits/tax credits.

Meetings: Weekdays 9.00am - 5.00pm

Venue: Job Centre Plus, Caerphilly.

### **Risca Community Education Centre (Oxford House)**

Mrs G Edmunds

Oxford House, Grove Road, Risca, NP11 6GN.

01633 612245

oxfordhouse@caerphilly.gov.uk

Aims: Adult education.

Meetings:

Venue:

### **SPARKS**

Terri Carpenter - Co-ordinator,  
Dave Brunton - Centre Manager  
Caretakers House, Community

Centre, Gwern Avenue,  
Senghenydd, Caerphilly, CF83  
4HA.  
029 2083 2712 / 008248. Fax:  
029 2083 2712  
terridcarpenter@googlemail.com  
Aims: The SPARKS project offers  
an alternative to exclusion of  
educational programme. In  
partnership with local schools we  
deliver an appropriate curriculum  
to school pupils identified as at risk  
of exclusion. At present, we have  
a large number of activities and  
qualification available through the  
curriculum including Entry Level  
and Foundation GCSEs and OCNs.  
For more information, please give  
us a call for an informal chat.  
Meetings: Opening hours:  
10.00am - 3.00pm  
Venue: SYDIC

## **A7 ENVIRONMENTAL Conservation Groups**

### **Ruperra Conservation Trust**

Sue Price (Trustee)  
The Council Offices, Newport Road,  
Bedwas, Caerphilly, CF83 3YB.  
07984 665958  
ruperra@googlemail.com  
www.ruperra.org.uk  
Aims: To establish a self-  
sustaining woodland which  
supports the native wildlife and  
provides enjoyment for walkers,  
riders and the public generally.  
To interpret the natural and

historic heritage of the site.  
Meetings: Various times and  
dates. Programmes of events  
included in members newsletter  
and also on website. Volunteer  
days on the woodland every 1st  
and 3rd Sunday.  
Venue: On site in Coed Craig  
Ruperra.

## **Environmental Groups/ Societies**

### **Groundwork Caerphilly**

Tara Jenkins  
Mynyddislwyn Offices, Bryn  
Road, Pontllanfraith, Blackwood,  
NP12 2BH.  
01495 222605  
caerphilly@groundwork.org.uk  
www.groundwork.org.uk  
Aims: To promote the  
conservation, protection and  
improvement of the physical  
and natural environment. To  
provide facilities in the interests  
of social welfare for recreation  
and leisure time occupation with  
the objective of improving the  
conditions of life for those living,  
working and visiting in the area.  
To advance public education in  
environmental matters and in  
the ways of better conserving,  
protecting and improving the  
environment.  
Meetings: Monday to Thursday  
9.00am - 5.00pm; Friday  
9.00am - 4.30pm. (Evening and

weekend upon request)  
Venue: Within the Caerphilly  
County Borough and  
surrounding areas.

## **A8 EX-SERVICEMEN'S & WOMEN'S GROUP**

### **Royal British Legion - Bargoed & District**

Mr David M Williams  
9 Orchid Close, Tir-y-berth,  
Hengoed, CF82 8BD.  
01443 839925  
dwilliams004@btinternet.com  
Aims: To offer support and  
fellowship to ex-service personnel  
and their dependents.  
Meetings: 1st Tuesday of every  
month at 7.15pm.  
Venue: R.A.F.A. Club, Bargoed.

### **Royal British Legion - Newbridge Branch**

Mr Alan Parker  
Monabri, Llangynidr Road,  
Beaufort, Ebbw Vale, NP23 5DG.  
01495 303495  
parks1942@talktalk.net  
Aims: Help and support ex-  
service personnel and their  
families.  
Meetings: Second Tuesday of  
each month at 7.30pm.  
Venue: Newbridge Memorial  
Hall.

## **Royal British Legion Crosskeys Branch.**

The Secretary - Mr D Michael Gray.

19 Fields Park Terrace, Crosskeys, Newport, NP11 7DA.

01495 270253

Aims: To care for, and look after the needs of Ex-Service persons, (Armed Forces). Present service persons welcome, to socialise.

Meetings: Held monthly, on the last Wednesday of each month, commencing at 7-00pm.

Venue: The Crosskeys Hotel, High Street, Crosskeys. NP11 7BY.

## **Soldiers, Sailors, Air Force Association Forces Help (SSAFA Forces Help) Caerphilly Division**

G H Jones (Secretary)  
School House, Senghenydd,  
Caerphilly, CF83 4GJ.

029 2083 0620

Aims: To assist and support service and ex-service personnel and their dependents.

Meetings: Visits by arrangement  
Venue:

## **The Royal British Legion, (Blackwood & District)**

David Morgan (Secretary/  
Treasurer)

23 Underwood Road, Oakdale,  
Blackwood, NP12 0DR.

01495 221691

blackwoodrbl@aol.com

Aims: To help ex-service personnel and widows and advise on pensions.

Meetings: 7.30pm on the third Tuesday of each month.

Venue: Moose Hall, Pentwyn Road, Blackwood

## **The S.E. Wales Branch of The Suez Canal Zoners**

D.G. Davies

22 Woodfield Terrace, Tir-y-berth,  
Hengoed, CF82 8AH.

01443 822101

Aims: To promote the comradeship of the old comrades who served in the Suez Canal zone.

Meetings: 1.00pm every six weeks, please phone for details.

Venue: Glan-y-nant  
Constitutional Club, Pengam.

## **A9 50+ GROUPS & SERVICES**

### **Abbeyfield (Caerphilly) Soc Ltd**

Mrs C Jones

'Llyswen', 90 St Martin's Road,  
Caerphilly, CF83 1EN.

029 2088 2245

www.abbeyfield.com

Aims: The provision of supported, sheltered accommodation for the elderly.

Meetings: Every 2 months at

7.00pm. Call for details.

Venue: 75 St Martin's Road,  
Caerphilly / Winston Osborne  
House, St Christopher's Drive,  
Nantddu, Caerphilly.

## **Abertysswg OAP Association**

Neville Shepherd

10 The Green, Abertysswg,  
Rhydney, NP22 5AH.

01685 840121

Aims: Recreation for the elderly (Bingo, Tea & Biscuits, good conversation) relieve loneliness.

Meetings: Tuesday 2.00pm -  
3.00pm. Wednesday 2.00pm  
- 3.00pm.

Venue: Abertysswg OAP  
Association Hall, 13 The Green,  
Abertysswg.

## **Age Concern Gwent - Caerphilly County Borough Advocacy Service**

Gail Gordon

Beaumont House, Bloomfield  
Road, Blackwood, NP12 1QB.

01495 231052

caerphillyadvocacy@

ageconcerngwent.org

www.ageconcerngwent.org

Aims: Provides free independent advocacy for older people living in, or considering a move to a Care Home within the County Borough.

Meetings:

Venue:

### **Age Concern Gwent Hospital Discharge Service**

Sandra Brown (Team Leader) or  
Clare Radford (Admin Assistant)  
Beaumont House, Bloomfield  
Road, Blackwood, NP12 1QB.  
01495 227039

hdscaperhilly@

ageconcerngwent.org

Aims: To provide short term help  
and support for older people  
from all ethnic backgrounds,  
suffering from physical and/  
or mental health problems on  
their return home from hospital.  
This service is free of charge and  
applies to anyone over 50 years  
of age.

Meetings: Mon - Fri 9.00am -  
5.00pm (4.30pm Fridays)

Venue:

### **Age Concern Gwent Information Service**

Jeff Hayward

12 Baneswell Road, Newport,  
NP20 4BP.

01633 240190

Aims: Information and advice on  
many subjects to the over 50s.

Meetings: Mon - Fri 9.00am -  
4.30pm.

Venue: N/A

### **Brithdir 55 Club**

Sheila Williams

16 Milton Terrace, Brithdir, New  
Tredegar, NP24 6HU.

01443 833732

Aims: Social recreation and  
education.

Meetings: Weds 2.00pm -  
4.00pm

Venue: Old Age Club

### **Caerphilly North Ward Aged Persons Welfare Committee**

Mr W D Morgan (Secretary)

62 Mill Road, Caerphilly,  
CF83 3FH.

029 2088 3469

Aims: To promote fellowship  
amongst the aged persons in the  
Caerphilly area.

Meetings: Wed. 1.30pm -  
3.30pm. If the Club is on a trip,  
then the meeting may be held  
on Tuesday the day before.

Venue: Caerphilly Workmen's  
Hall, Castle Street, Caerphilly.

### **Care and Repair Caerphilly**

Pat Jones

Ty Pontllan-fraith, Blackwood  
Road, Pontllanfraith, Blackwood,  
NP12 2YW.

01495 235393

pat.jones@caerphillycr.co.uk

www.caerphillycr.co.uk

Aims: To provide advice and

support to older people on  
repairs and improvements to  
their homes that will allow them  
to remain living in their own  
home for as long as they wish.

Meetings: Mon - Thurs 9.00am -  
5.00pm. Fri; 9.00am - 4.30pm.

Venue: Pontllanfraith

### **Civil Service Retirement Fellowship**

Mrs Barbara Caddy (Secretary)

67 St David's Way, Watford Farm  
Estate, Caerphilly, CF83 1EZ.

029 2086 2091

barbaracaddy@sky.com

www.csrf.org.uk

Aims: To relieve old age, suffering,  
hardship & distress amongst retired  
civil servants, and to provide a  
social gathering each month.

Meetings: 2nd Tuesday of the  
month at 10.15am.

Venue: Windsor Road Church,  
Windsor Street, Caerphilly. CF83 1FW.

### **Cwmcarn O.A.P. Hall and Welfare Association**

Mrs Carol Pruddah

19 Bernard Street, Cwmcarn,  
NP11 7EE.

01495 270167

roy.pruddah@tesco.net

Aims: Various activities are held  
for young and old. Outings this  
year have been to Gloucester,  
Ebbw Vale shopping outlet and

Weston. Later in the year we are visiting Torquay and Stratford on Avon. Christmas dinner will be at the popular Cwmbran Parkway. New members always welcome. The hall is available to hire for childrens' parties, meetings etc. Please call for details. Brownies, Rainbows and Guides meet on Wednesdays. Meetings: Coffee Mornings - Thursday 10.00am - 12.30pm. Friday Lunch Club is followed at 2.15pm by a bingo session, tea and chat. Venue: Cwmcarn O.A.P. Hall, Newport Road.

### **Early Retirement Group**

Mrs Barbara Saunders (Secretary)  
9 William Harris Bungalows,  
Abertridwr, Caerphilly,  
CF83 4DJ.  
029 2083 1408  
Aims: To bring together lonely people for quizzes, skittles, chat, holidays, day trips, etc.  
Meetings: Friday 2.00pm - 4.00pm.  
Venue: The R.A.O.B. Club, Abertridwr.

### **Fochriw Over 55's Club**

Mrs E Lewis  
Iscoed, 2 The Villas, Fochriw,  
Bargoed, CF81 9JL.  
01685 841503

Aims: Enhancement of life for all over 55's in the form of meetings, trips and self help groups.  
Meetings: Tues 1.00pm - 3.00pm.  
Venue: Community Centre, Fochriw.

### **Gilfach Old Peoples Welfare Committee**

D Marsh, Hon. Treasurer  
2 Vere Place, Gilfach, Bargoed,  
CF81 8LA.  
01443 831508  
Aims: To provide welfare, social and recreational activities for the aged.  
Meetings: Last Thursday of each month.  
Venue: Welfare Hall.

### **Glan-y-Nant & Tir-y-berth Young at Heart Club**

Mrs Janice Mason (Club Secretary)  
25 Ty Bedwelty, Bryn Road, Cefn Fforest, Blackwood, NP12 3JJ.  
01443 835817  
glanynanttirberth  
youngatheart@googlemail.com  
Aims: Enjoy a chat over a cup of tea and biscuit in a friendly atmosphere.  
Meetings: Tuesdays 1.30pm.  
Venue: Ebenezer Chapel, River Terrace, Pengam.

### **Hengoed Branch OAP's**

Mrs Nesta Rowlands (Secretary)  
Penrhiwfelin Farm, Cefn Hengoed, Hengoed, CF82 8FL.  
01443 813162  
Aims: To provide an enjoyable time, with good company for ladies and gentlemen over 50.  
Meetings: Monday 3.30pm - 4.45pm.  
Venue: Hengoed Community Centre.

### **Machen Good Companions Group**

Mrs Donna Gough  
The Beeches, White Hart, Machen, CF83 8QL.  
01633 440237  
Aims: A group where the older generation can meet and socialise, go on outings and listen to speakers on a variety of topics.  
Meetings: The second and fourth Thursday of each month 2.30pm.  
Venue: Machen Village Hall, The Crescent, Machen, CF83 8ND.

### **Rhymney Valley Young at Hearts**

Jenna Finn (Manager)  
27 High Street, Bargoed, CF81 8RB.  
01443 838626  
bargoedyoungatheart@hotmail.co.uk



Aims: Primarily a drop in centre and provider of services to the over 50's, we also offer services to the wider community. We run a community cafe, and numerous activities and events. Membership with benefits is also available.

Meetings: Mon - Fri. 9.45am - 2.30pm.

Venue: 27 High Street, Bargoed.

### **Risca Senior Citizens Association**

Mr B P Morgan

22 Hillside, Risca, NP11 6OD.

01633 601636

Aims: Fellowship to combat loneliness. Senior Citizens and those nearing retirement are welcome.

Enjoy live entertainment, raffles, teas, outings, Christmas dinner.

Yearly subscription £12.00.

Meetings: Wednesday: April

- October 6.00pm - 8.00pm.

November - March 2.30pm -

4.30pm.

### **Sunshine Club over 50's**

Mr N Erwin

13 East Avenue, Trecenydd, Caerphilly, CF83 2SQ.

029 2086 0314

Aims: To meet people, coach trips, theatre and a little religion.

Meetings: Thursday 2.30pm - 4.00pm.

Venue: St Helens Church Hall, Nantgarw Road, Caerphilly.

### **The Pension Service**

PO Box 8, Swansea, SA80 8AH.

0845 6060275 (Welsh) 0845

6060265 (English)

Please see links on web address

[www.direct.gov.uk](http://www.direct.gov.uk)

Aims: Combat poverty and promote security for today's and future pensioners.

Meetings: Telephone calls only.

8.00am - 8.00pm Monday -

Friday.

Venue:

### **Trethomas Old Age Pensioners Association**

C Wilkins

6 Trap Well, Rudry Road, Caerphilly, CF83 3DU.

029 2088 3570

Aims: To improve the quality of life of all the aged persons in the community of Trethomas with social meetings, trips and talks.

Meetings: Wednesday 1.30pm - 4pm.

Venue: Bryn Hall, Trethomas.

### **Upper Rhymney Valley NOAP**

Mrs Amy Holifield

Rose Villa, 11 New Road, Deri, Bargoed, CF81 9GI.

01443 520172

[amyholifield@talktalk.net](mailto:amyholifield@talktalk.net)

Aims: To promote the welfare of the aged.

Meetings: 1st Thursday in every month at 2.00pm.

Venue: Gilfach OAP Hall.

### **Van over 50's**

Shirley Llewellyn

16 Gwaun Newydd, Caerphilly, CF83 1RW.

029 2086 5455

Aims: To provide a social life for over 50's of Van area. Also, day outings during summer months.

Meetings: Wednesdays at 12.30pm for dinner; 1.30pm for social afternoon.

Venue: Weds: 12.30pm -

4.30pm for social afternoon.

Fish and chips every month.

Free to members.

### **Woodfieldside OAP**

Vera Holley (Secretary)

6 Coed Duon View, Pentwynmawr, Newbridge,

Gwent, NP11 4EN.

01495 245542

Aims: To provide our 60 members with good company and plenty of entertainment. We have speakers, choirs, etc., every week.

Meetings: Thursday 2.00pm - 4.00pm.

Venue: Woodfieldside OAP Hall

## **Workers Educational Association (WEA)**

Mr G Thomas (Secretary)  
25 Lillian Road, Blackwood,  
NP12 1DN.

01495 226063

gordonthomas04@aol.com

Aims: To enhance the quality of peoples lives with interesting activities.

Meetings: Monday 2.00pm - 4.00pm - Music appreciation.

Tuesday 2.00pm - 4.00pm -

Politics. Wednesday 10.00am

- 11.30am - French. Friday

10.00am - 12.00noon - Water

Colour Painting. 2.00pm -

4.00pm - Digital Photography.

Venue: Oakdale Comprehensive Centre (ample parking).

## **Ystrad Mynach Old Age Pensioners**

M Perring

18 Griffiths Street, Ystrad Mynach, Hengoed, CF82 7AW.  
01443 814784

Aims: To enable people to have an afternoon where they can meet friends to have a chat, listen to speakers and go on outings in summer.

Meetings: Monday 2.00pm - 4.00pm.

Venue: Scout Hall, Central Street, Ystrad Mynach.

## **A10 FUNDRAISING GROUPS**

### **Caerffili Lions Club**

Alan Trevers

12 Llyn Close, Lakeside, Cardiff,  
CF23 6LG.

02920 756521

president@caerffilions.org.uk

www.caerffilions.org.uk

Aims: Charity - to help others less fortunate than ourselves.

Meetings: 1st and 3rd

Wednesday Monthly 8.00pm.

Venue: Goodrich Hotel, Van Road, Caerphilly.

### **Caerphilly Round Table**

Jonathan Jones

53 Heol Ynys Ddu, Castle View, Caerphilly, CF83 1SD.

029 2086 6236

join@caerphillyroundtable.org

www.caerphillyroundtable.org

Aims: To promote friendship and help the local community through fundraising and other activities.

Meetings: 1st Thursday of each month at 8.00pm.

Venue: The White Hart, Machen.

### **Hafal**

Nyree George

Unit 10, St Margarets Park, Pengam Road, Aberbargoed, CF81 9FW.

01443 879725

hyderus@hafal.org

www.hafal.org

Aims:

Meetings:

Venue:

### **Moose International (Islwyn (58) Lodge**

Mr C. Browning, (Secretary)

20 Isaf Road,

Pontymister, Risca,

NP11 6EG.

01633 613546

con@risca0.fsnet.co.uk

Aims: Family fraternity.

Meetings: 4th Wednesday of the month at 7.30pm.

Venue: Ambulance Hall Risca.

### **Moose International Blackwood Lodge 11**

David Morgan

23 Underwood Road, Oakdale, Blackwood, NP12 0DR.

01495 221691

moosesec.lodge11@talktalk.net

www.BlackwoodMoose.

WelshNomads.co.uk

Aims: To promote family values and provide help and care

for those less fortunate than ourselves in our communities

by way of social and cultural

activities. "Universally known as a Family Fraternity, in existence for over 100 years".

Meetings: 2nd and 3rd  
Wednesday each month  
commencing 7.15pm.  
Venue: Moose Hall, Pentwyn  
Road, Blackwood.

### **PROBUS Machen & District**

A Whittingham  
Coed-y-cefn Bungalow, Machen,  
CF83 8NX.

01633 440410

Aims: A club for retired or semi-  
retired professional and business  
men who meet for social  
activities.

Meetings: 3rd Wednesday of  
every month

Venue: The White Hart Public  
House, Machen

### **Rotary Club of Bargoed**

Mr Hugh Thomas (Secretary)  
C/o Messrs T S Edwards Solicitors,  
Ystrad Mynach, CF82 7DV.

01443 814161

bargoedrotary@btinternet.com

Aims: To encourage and  
foster the ideal of fellowship  
and service through a world  
fellowship of business and  
professional persons and practice  
'service above self'.

Meetings: Wednesday evenings  
6.30pm for 7.00pm. Tel: 01495  
220011.

Venue: Maes Manor Hotel,  
Blackwood.

### **Rotary Club of Blackwood**

Phillip Lane (Secretary)  
2 Pentwyn Court, Blackwood,  
NP12 1HL.

01495 224185

Aims: Service above self.

Meetings: 1.00pm Tuesday  
(except first and third Tuesday  
each month 6.30pm).

Venue: Maes Manor Hotel,  
Blackwood.

### **Rotary Club of Caerphilly**

Adrian Cornelius (Secretary)  
21 Harlech Court, Hendredenny,  
Caerphilly, CF83 2TR.

029 2086 6922

adrian@educon58.freemove.  
co.uk

Aims: "Rotary" - an organisation  
of business and professional  
leaders - providing support and  
humanitarian service locally and  
internationally. 'We are not a  
men only club'

Meetings: Mondays 7.00pm  
(except Bank Holidays).

Venue: Goodrich Hotel, Van  
Road, Caerphilly.

### **Rotary Club of Machen**

Hugh Clatworthy  
3 Springfield Close, Rhiwderin,  
Newport, NP10 8RZ.

01633 893919

Aims: To encourage and  
foster the ideal of fellowship

and service through a world  
fellowship of business and  
professional persons and practice  
'service above self'.

Meetings: Tuesdays 6.30pm for  
7.00pm.

Venue: Machen RFC H.O.,  
Commercial Street, Machen.

### **Rotary Club of Pontllanfraith**

Hon. Sec Mr Haydn Welch  
4 Chapel Close, Pontllanfraith,  
Blackwood, NP12 2AD.

01495 225404

haydn.g.welch@btinternet.com  
Search for 'Rotary Club of  
Pontllanfraith'

Aims: Worldwide fellowship and  
aid for the less fortunate.

Meetings: Monday 7.30pm for  
7.45pm (except Bank Holidays).

Venue: The Monnington Lodge,  
Gordon Road, Blackwood. Tel:  
01495 230240

## **A11 HEALTH CARE AND SUPPORT Disabled Groups**

### **Blackwood VIP Club (Vision Impaired)**

Bernadette Williams  
14 Clos Coed Duon, Queens  
Gardens, Blackwood.

01495 230105

Aims: To improve life and social  
activities of visually impaired people.

Meetings: Alternate Mondays  
11.00am - 1.00pm.  
Venue: Community Centre, Fleur-de-lis.

### **Caerphilly Borough Parent & Carers Forum for Learning Disabilities**

Mrs Brenda Helps (Chairwoman)  
43 Llancayo Street, Bargoed,  
CF81 8TE.

01443 837009

Aims: To provide a means for the dissemination of information and the exchange of ideas between parent and carer of people with a learning disability.

Meetings: Every second Tuesday of the month.

Venue: Lessor Hall, Holy Trinity Church Hall, Ystrad Mynach.

### **Caerphilly County Borough Access Group**

Sandie Cooper

5 Pen-y-cae, Mornington  
Meadows, Caerphilly, CF83 3BS.  
029 2086 5657

Aims: The relief of people with disabilities by improving the accessibility of public buildings, areas and facilities in the County Borough of Caerphilly by raising public awareness of the needs of disabled people. The provision of safe and convenient passage through the area and ensuring

that statutory responsibilities with regard to disabled people are observed.

Meetings: 3rd Thursday of the month 11.00am - 1.00pm.

Venue: Penallta House Ystrad Mynach

### **Centre for Help and Advice for Disabled (CHAD)**

Mr Steve Griffiths (General  
Manager)

Independent Living Centre, Heol Fargoed, Bargoed, Caerphilly, CF81 8PP.

01443 822262 / 01443 822235

/ Fax: 01443 822286

info@chad-ict.co.uk

www.chad-ict.co.uk

Aims: To staff and manage an independent living centre for adults or children with physical or sensory impairments, providing information and aids for daily living, aiming to improve quality of life. We also provide training for ICT hardware and software for people with disabilities and non disabled with additional emphasis on specialised equipment for inclusion in all aspects of I.T. usage.

Meetings: Mon - Thurs 9.00am - 5.00pm / Fri: 9.00am - 4.30pm.

Venue:

### **Cross Roads Care Ltd, South East Wales**

Mrs Sherry McGeehan (Chief Executive Officer).

County Hospital, Griffithstown, Pontypool, NP4 5YA.

01495 769996.

southeastwales@crossroads.org.uk

www.crossroads.ork.uk/

southeastwales

Aims: Crossroads Care is Britain's leading provider of support for carers and people they care for. We work with over 35,000 individuals and their families, helping carers to make a life of their own outside caring.

Meetings:

Venue:

### **Disability CAN DO**

Kate Howell

The Disability CAN DO

Organisation, Penllwyn

Millennium Centre, Penllwyn

Lane, Blackwood, NP12 2BZ.

01495 220584

info@disabilitycando.org.uk

www.disabilitycando.org.uk

Aims: The Disability CAN DO

Organisation offer services to

improve the lives of adults with

a physical and/or a sensory

impairment and their carers.

They run a free independent

information line and community

advocacy service. They were

established to improve the lives

of carers and to give people

with a disability the voice they deserve. They increase awareness and understanding among the wider population of the constraints that society currently imposes on this client group and lobby for necessary changes. They also assist with form filling and run outreach clinics.

Meetings:

Venue: Advocacy and information services available on 01495 220584 9.00am - 4.00pm

### **Disability Can Do Organisation**

Aimee Williams  
Penllwyn Millennium Centre,  
Penllwyn Lane, Pontllanfraith,  
Blackwood, NP12 2EQ.  
01495 220584  
info@disabilitycando.org.uk  
Aims: To provide a community advocacy service for physically disabled/sensory impaired adults and carers.

Meetings:

Venue:

### **GAVO Community Transport Heads of the Valley Service Dial-a-Ride**

Amanda Phillips  
GAVO, 16a Market Square,  
Brynmawr, Ebbw Vale, NP23 4AJ.  
01495 315534

dial.a.ride@gavowales.org.uk  
www.gavowales.org.uk

Aims: Provides Community Transport for the elderly and disabled in the Heads of the Valleys areas.

Meetings: For further information and bookings, please contact Amanda Phillips, GAVO, Brynmawr Office 01495 315534. Transport provided Monday - Friday and some weekends.

Venue:

### **Heart of Wales Bus and Coach Co Ltd**

Clayton Jones (Manager)  
C.A.T.S House, Old Newport  
Road, Bedwas, CF83 8YB.  
029 2088 6117  
catswales@btclick.com  
www.topcat-travel.co.uk

Aims: Provides a transport service for people with various disabilities, using specialised vehicles throughout the Caerphilly county borough and beyond. From 1 seat to 51 seats.

Meetings: Opening times: 9.00am - 5.00pm.

Venue:

### **Phoenix Community Transport**

Don Jones  
Unit 2 & 3, Penmaen Industrial

Estate, Penmaen Road,  
Penmaen, Pontllanfraith, NP12 2DQ.

01495 222187

don@phoenixct.co.uk  
www.phoenixct.co.uk

Aims: To provide a specialised transport service for the elderly, infirm and disabled. 1 to 17 seat wheelchair accessible vehicles available.

Meetings: Open 8.30am - 5.00pm.

Venue:

### **Promoting Independence**

Angela Kenvyn  
Trinity Fields School and Resource  
Centre, Caerphilly Road, Ystrad  
Mynach, Caerphilly, CF82 7XW.  
01443 814447

kenvya@caerphilly.gov.uk  
Aims: To increase the work, leisure and social opportunities available to young people aged 14-25 who have severe and complex needs including those with a learning disability, those with an autistic spectrum disorder, their families / carers.

Meetings:

Venue:

### **Sight Support**

Sharon Beckett (CEO). Andrew Hillier (Supporting People Manager)



SECTIAI  
Bradbury House, Park Buildings,  
Pontypool, NP4 6JH.  
01495 763650  
postman@sightsupport.org.uk  
www.gwentblind.org  
Aims: To help people with a  
severe vision impairment with  
aids, grants, club activities,  
domiciliary services, training,  
quarterly newsletter, counselling,  
rehabilitation services and more.  
Meetings: Open 9.30am -  
3.30pm Mon - Fri except Bank  
Holidays. Phone service 9.00 -  
5.00pm Mon - Fri  
Venue: Clubs at a variety of  
locations including Blackwood  
and Risca. Call for more details.

### **Tuesday Club for the Deaf Bargoed**

Mr R J Lewington  
51 Dan-y-coed Road, Cyncoed,  
Cardiff, CF23 6ND.  
029 2068 9283  
Fax: 029 20756 113  
patlewington@hotmail.co.uk  
Aims: To provide a social get  
together for deaf people in the  
community.  
Meetings: Tues. 10.30am -  
1.30pm.  
Venue: St. Margarets Scout Hall,  
Rear of Victoria Place, Gilfach.

### **Drug and Alcohol Abuse Groups**

#### **Drugaid**

1st Floor, St Fagan's House, St  
Fagans Street, Caerphilly, CF83  
1FZ.

0870 060 0310

www.drugaidcymru.com

Aims: Provide support,  
information and advocacy to  
those who are vulnerable and  
marginalised as the result of  
their own or someone else's  
drug and/or alcohol misuse, in  
order to improve their physical,  
social and emotional well-  
being. Improve individuals',  
communities' and society's  
understanding and awareness  
of the relationship between  
drug/alcohol use, misuse,  
vulnerability and exclusion, in  
order to overcome barriers which  
perpetuate the cycle.

Meetings: N/A

Venue: N/A

#### **Strengthening Families Programme 10-14**

Louise Bajeda

1st Floor, St Fagans House,  
Caerphilly, CF83 1FZ.

07824 596 991

Aims: Preventative tool -  
helps young (10-14yrs) to  
avoid problems with drugs,  
alcohol, resist peer pressure

and communicate better with  
parents/caregivers

Meetings:

Venue: Varies - schools in  
Caerphilly. Telephone for  
information

### **Health Groups**

#### **Aneurin Bevan Community Health Council**

Mrs Catherine O'Sullivan (Chief  
Officer)

Aneurin Bevan CHC., Raglan  
House, 6-8 William Brown  
Close, Llantarnam Business Park,  
Cwmbran, NP44 3AB.

01633 838516. Fax: 01633  
484623

abchc@abchc.org.uk

www.communityhealthcouncils.  
org.uk/aneurinbevan/

Aims: We act as the patient's  
voice in the NHS, working  
in partnership with all those  
responsible for planning and  
delivering local healthcare.

Our Area Committee of local  
members meets regularly within  
the Caerphilly County Borough.

The views and experiences of  
local people using NHS services  
are always welcome – and  
indeed essential to our work.

We also provide a complaints  
advocacy service for patients  
who would like support in  
making a complaint about NHS  
services.

Meetings: Please phone for details.

Venue:

### **Arthritis Care - Ystrad Mynach Branch**

Marion Jones

28 Penybryn Terrace, Penybryn, Hengoed, CF82 7GG.

01443 814644

Aims: To work with and for people in the Gelligaer, Ystrad Mynach and Cefn Hengoed areas who suffer from arthritis, primarily to enhance their social life.

Meetings: 3rd Monday of the month at 7.00pm

Venue: Cefn Hengoed Community Centre, Cefn Hengoed.

### **Arthritis Care in Wales**

Lorraine Fletcher

1 Caspian Point, Cardiff Waterside, Pierhead Street, Cardiff Bay, CF10 4DQ.

029 2044 4155

lorrainef@arthritiscare.org.uk  
www.arthritiscare.org.uk

Aims: Arthritis care in Wales is committed to improving the lives of all people living with arthritis by offering needs led services, access to accurate information, peer support, self management and personal development

training and by campaigning for improved services.

Meetings:

Venue:

### **British Red Cross Society**

Nicola Wannell (Community Equipment Services Manager)

Lisa Kenny (Senior Services Manager)

Bradbury House, Mission Court, Newport, NP20 2DW.

01633 245750; 01633 245753

(Community Equipment)

samclark@redcross.org.uk

www.redcross.org.uk

Aims: To provide a range of community services to assist vulnerable people in crisis.

Services: Community Equipment, Mobile Community Equipment, Pals (Practical Aids to Living), Skin Camouflage, Therapeutic Care, Carers Emergency Card Support, Fire and Emergency Support, Event First Aid and Community Training.

Meetings: Mon - Fri 9.30am - 12.30pm; 1.30pm - 4.30pm.

Saturday opening 9.00am - 1.00pm.

Venue:

### **British Red Cross Treforest Community Equipment Services**

Samantha Clark (Community Equipment Co-ordinator)

Unit 14B Taff Business Centre, Tonteg Road, Treforest, Pontypridd, CF37 5UA.  
01443 844129

Aims: To loan equipment on a short-term crisis basis, e.g. wheelchairs and commodes. There is no charge for loan of equipment however, donations are gratefully received. We offer sales of new and second hand equipment. Unwanted equipment excluding battery operated or electrical equipment can also be donated.

Meetings: Pontypridd, Treforest Mon - Fri 9.00am - 4.00pm

(closed 1.00pm - 2.00pm)

Venue:

### **Caerphilly Asperger Support Group**

Sandra Dean

Oak Tree House, High Street, Newbridge, NP11 4FX.

01495 247771

casg.0123@yahoo.co.uk

Under construction

Aims: To offer support and advice to families with children who have Asperger Syndrome.

Meetings: 4th Thursday each month at 7.30pm.

Venue: Sacred Heart Church Hall, Blackwood Road, , Pontllanfraith, NP12 2BR.

## **Cancer Research U.K.**

Philippa Jones (Chairperson)  
39 The Avenue, Ystrad Mynach,  
Hengoed, CF82 8BA.  
01443 812053

philippajones2001@yahoo.co.uk

Aims: To raise funds to be used for research into cures for cancer. If anyone wishes to make a donation in memoriam, or any suggestions for fundraising, please contact the committee.  
Meetings: Committee meets monthly.  
Venue:

## **Cancercareline**

Kay Reed (Resource Centre Manager)  
15 Woodbine Road, Blackwood, NP12 1QF.  
01495 221660 24 hour staffed helpline. Fax: 01495 230603  
cancercareline15@aol.com  
www.cancercareline.co.uk  
Aims: To support anyone affected by cancer, including patient, family, carer, children and adolescents. Offering counselling, advocacy, information sharing, workshops, complementary therapy, beauty therapy, assistance with forms, health promotion, pantomime group, internet café and IT training.

Meetings: Drop in centre open daily Mon-Fri 9.00am - 1.00pm.  
Various support groups. Every

Tuesday: Tuesday Friends;  
Friday's Craft Group: C-red  
Men's Group and many others including relaxation/visualisation, internet café group.  
Venue: Cancercareline House

## **Cleft Lip and Palate Association (CLAPA)**

Tracy Vaughan  
01443 822084  
Aims: To give support and advice to new parents of babies born with cleft lip/palate.  
Meetings:  
Venue:

## **Crumlin Bravehearts (Cardiac Rehabilitation)**

Ann Wyatt  
The Institute, The Square, Crumlin.  
01495 223337  
Aims: To improve the health of members and give emotional support  
Meetings: Tuesdays 2.00pm  
Venue: Crumlin Institute

## **Deafblind Cymru**

Nerys Probert  
Trident Court, Eastmoors Road, Cardiff, CF24 5TD.  
02920 601472  
nerys.probert@deafblind.org.uk  
Aims: To offer support and companionship to anyone with

combined sight and hearing loss and their carers.

Meetings: 2nd Thurs of the month 12.00 - 2.00pm  
Venue: Twyn Community Centre, Twyn Square, Caerphilly

## **Gwent Public Health Team**

Tracey Deacon  
Llanarth House, Unit 1,  
Newbridge Gateway, Bridge Street, Newbridge, NP11 5GH.  
01495 241218  
tracey.deacon@nhs.wales.uk  
Aims:  
Meetings:  
Venue:

## **Health Sub-Group of Aber Valley Communities First Partnership**

Mrs L Morris  
10 King Street, Abertridwr, Caerphilly, CF83 4BE.  
029 2083 0053  
pollygarter10@aol.com  
Aims: To monitor health matters in Aber Valley and promote healthy living.  
Meetings: Varies, please contact secretary for details.  
Venue: Alternative venue  
Senghenydd Community Centre, Abertridwr Community Centre.  
Billed information posted at centres.

## **Helping Hands (Rhydney Cancer Self-Help Group)**

Mr Derwyn Evans  
Drop-in-Centre, 92 High Street,  
Rhydney, NP22 5NB.  
01685 844888  
hh92base@btinternet.com  
www.helpinghandsrhydney.org.uk  
Aims: Helping Hands are an independent, non profit organisation which exists to fulfill and exceed the expectations of the serious ill residents of the Upper Rhydney Valley, by providing necessary support, services and free loan of medical equipment.

Meetings:

Venue:

## **Macmillan Cancer Support**

Janie Hughes (Secretary)  
137 Bedwellty Road, Cefn  
Fforest, Blackwood, NP12 3HA.  
01443 831245  
janiehughes@bedwellty.  
freeserve.co.uk

Aims: To raise funds to support the Charity. MCS is a UK-wide charity which supports people living with cancer to ensure that they get the best information, treatment and care. It helps people living with cancer by providing life-changing support, both physical and emotional.  
Meetings: Bi-monthly in Ystrad Mynach Hospital to organise

fund-raising events in the borough.

Venue

## **Multiple Sclerosis Society (Newport & District Branch Caerphilly Region)**

Brian Williams (Support Officer),  
Jim Cole (Support Officer)  
4 Trinity Close, Church View,  
Ystrad Mynach, CF82 7DT.  
01443 812599 / 07597 503436  
msnewport01@hotmail.com  
www.mssociety.org.uk/newport  
Aims: To provide support for sufferers and their families. To raise awareness through information and publicity and provide regular activities and social gatherings for members and volunteers.

Meetings: 2nd Tuesday every month 12.30pm - 2.30pm (Bargoed). 3rd Thursday every month 2.00 - 4.00pm Penyrheol Community Centre.

Venue: 'Young at heart' Café, High Street, Bargoed and Penyrheol Community Centre, Caerphilly.

## **Muscular Dystrophy Campaign**

Margaret Ware  
23 Denbigh Court,  
Hendredenny, Caerphilly,  
029 2086 9277

Aims: Information and verbal help.

Meetings:

Venue:

## **New CLURV**

Cllr Allan Higgs  
47 Cardiff Road, Bargoed, CF81 8PA.  
01443 839326 / 0795 0956550  
alanhiggs007@yahoo.com  
Aims: Transport service on a personal basis for people attending hospital appointments and treatment. We give priority to cancer patients, as they tend to require longer periods of treatment at a reduced cost. We will transport patients with a relative or friend. We have extended our service to non-cancer patients whose treatment, may result in them not being able to drive.  
Meetings: 10.00am - 1.00pm  
Monday - Friday.

Venue: CLURV Office 3 Under Cardiff Road, Bargoed CF81 8NZ

## **Parkinson's Disease Society Caerphilly County Borough Branch**

Mrs Christine Spillards  
23 Cherry Tree Road,  
Pontllanfraith, Blackwood, NP12 2PY.  
01495 223255  
Aims: Promote awareness and support to those with Parkinson's, their carers, families and friends.  
Meetings: Last Thursday of month 2.30pm - 4.30pm.

Venue: Siloh Community Centre, Oakfield Street, Ystrad Mynach (April - Sept). Methodist Church, Pontllanfraith (October - March)

### **Risca Friends of the Heart Cardiac Rehabilitation Classes**

James Watson (Chairman) Ray Savigar (Secretary)

C/o Risca Leisure Centre, Pontymason Lane, Risca. 01633 891846 / 664299

I.r.savigar@ntlworld.com

Aims: To improve the health and fitness of those with Coronary Heart Disease and to provide relaxation sessions and talks on health topics by health professionals. Option of cardiovascular fitness training available. Meetings: Tuesdays 1.15pm - 2.05pm. Membership by referral by Cardiac Rehab Clinic.

Venue: Risca Leisure Centre, Pontymason Lane, Risca.

### **The Family Intervention Team and Project Action for Children**

Elaine Simpson (Project Manager) The Mount, 3a Mountain Road, Caerphilly, CF83 1HG. 02920 849230

Aims: Provides a service to children and families where there is evidence of recently emerging emotional or behavioural

difficulties. We also provide a counselling service to the parents/carers of the children who may have mental health difficulties.

Meetings: Mon - Fri

Venue: The Mount, 3a Mountain Road, Caerphilly

### **The Stroke Association**

Mrs Jacqui Moore, Family and Carer Support Organisation The Stroke Association, Ystrad Mynach Hospital, Caerphilly Road, Hengoed, CF82 7XU. 01443 862108

jacquelyn.moore@stroke.org.uk

Aims: Family support is a visiting service which provides practical information and emotional support for the families and carers of people who have had a stroke and stroke victims themselves.

Meetings:

Venue:

### **The Stroke Association**

Margaret Turner (Communication Support Co-ordinator) Greenmeadow Springs Business Park, Unit 8, Cae Gwyrdd, Tongwynlais, Cardiff, CF15 7AB. 029 2052 4422 / mob: 07903 405107

margaret.turner@stroke.org.uk

Aims: Communication Support

Co-ordinators and trained volunteers work with people who have had a stroke and their families on aspects of communication. The aim is to build up confidence and achieve the best possible level of recovery and independence.

Meetings: Blackwood Group:

Thurs: 10.00am - 12 noon.

Caerphilly Group: 1.00pm - 3.00pm.

Venue: Blackwood Group meet at Cefn Glas, sheltered Care, Highfields. Caerphilly Group meets at Wesley Methodist Church, Crescent Road, Caerphilly.

### **The Welsh Sleep Apnoea Society**

Mrs Angela Parry M.B.E. (Secretary). Local contact: Ken Merriott 01443 858584 44 Richards Terrace, Roath, Cardiff, CF24 1RX. 02920 252993

info@welshsas.org

angelaparry@sky.com

www.welshsas.org

Aims: To promote the understanding of breathing and sleep disorders. To give support and inform patients and their families.

Meetings: Contact secretary for details.

Venue: Board Room, St Woolos Hospital.



## Hospital Support Groups

### Gwent Cancer Support

Jenny Matcham

Room 9, Block B, County Hospital, Panteg, Pontypool, NP4 5YA.

01495 768735

Aims: To provide emotional support and complimentary therapy for clients/and or families experiencing psychological trauma as a direct result of being diagnosed with cancer.

Meetings: Client led, venues arranged throughout gwent.

Venue: Based at County Hospital but arrange appropriate venues throughout Gwent.

### Gwent Cancer Support - Young Person's Project (CHYPS)

Jean Edmunds (Project Manager)  
Block B, County Hospital,  
Griffithstown, Pontypool, NP4 5YA.

01495 760066

Aims: To provide psychological support and complimentary therapy to young persons aged between 11 and 21 who have a significant person in their life either diagnosed with cancer or bereaved.

Meetings: Client led venues arranged throughout Gwent.

Venue: Based at County Hospital but arrange appropriate visits through Gwent.

### Latch - Welsh Children's Cancer Charity

Mrs Kerry Edwards

"Waunfawr School House", 9  
Waunfawr Road, Crosskeys,  
NP11 7PG.

01495 270751

latchcharity@aol.com

Aims: To treat children with cancer and leukaemia with hope. To raise money to provide the best in facilities, medical care and research to help the young cancer patients get better as painlessly as possible.

Meetings: Whenever required.

Venue: Chairman's address.

### Llanfrechfa Grange Hospital L/F

N Young MBE

65 Brynglas, Hollybush,  
Cwmbran, NP44 7LH.

01633 869978

Aims: To help with care of patients within the hospital and around Gwent where the ex-residents are based.

Meetings:

Venue: Llanfrechfa Grange,  
c/o 65 Brynglas, Hollybush,  
Cwmbran, NP44 7LH.

### Redwood Hospital League of Friends

Mrs Ann Darlington

2 Gladstone Terrace, Rhymney,  
NP22 5EL.

01685 840579

a.darlington@aol.com

Aims: To raise funds for residents at the hospital and community.

Meetings: 4th Thursday of month.

Venue: Redwood Hospital.

### St Anne's Charity Shop

Janet Reynolds

153-155 High Street, Blackwood,  
NP12 1AA.

01495 238823

Aims: Awareness and revenue for hospice. Promote opportunities for volunteers within shops, community and the hospice.

Meetings: 9.30am - 4.00pm.

Venue:

### St Anne's Hospice

Terry Woodsford and Vicky Williams

Harding Avenue, Malpas Road,  
Newport, NP20 6ZE.

01633 820285

twoodsford@stanneshospice.org.uk  
www.stanneshospice.org.uk

Aims: Gwent's only in-patient, specialist palliative care hospice, providing free 24 hour care to patients with life limiting illness

who live in Caerphilly Borough and throughout the County. St Anne's provide the patient and their families care with dignity, and support them with physical, psychological, emotional, social and spiritual needs. A totally holistic service not always available within the community. Meetings: Fundraising Monday - Friday 9.00am - 5.00pm. Hospice 24hrs 365 days Venue:

### **St David's Foundation Hospice Care**

Mrs E Saysell (Chief Executive/ Director of Nursing)  
Cambrian House, St John's Road, Newport, NP19 8GR.  
01633 271364  
enquiries@stdavidsfoundation.co.uk  
www.stdavidsfoundation.co.uk  
Aims: St David's Foundation provides free community-based hospice care in Gwent for people with a life-threatening illness. Clinical Nurse Specialists work with other health professionals in supporting patients. Referrals must be supported by the GPs consent. Other services: 24-hour Hospice at Home, Family Support Team, 2 in-patient Units, Information Centres and three Day Hospices. On-call service available out-of-hours. 7 days a week bedside assessment by a

clinical nurse specialist.  
Meetings:  
Venue:

### **St David's Foundation, Risca & District Support Group**

Mrs Chris Browning  
20 Isaf Road, Pontymister, Risca, Newport, NP11 6EG.  
01633 613546  
www.stdavidsfoundation.co.uk  
Aims: Fund raising events throughout the year to provide a home care nursing service to the terminally ill. Volunteers always welcome.  
Meetings: Last Monday in each month 7.00pm.  
Venue: Waunfawr Complex, Crosskeys.

### **Ysbyty Ystrad Fawr League of Friends**

Mrs Dee Cokeley  
87 St Martins Road, Caerphilly, CF83 1EH.  
029 2088 6807  
www.cdmhlof.co.uk  
Aims: Extra benefits for patients of the Miners Hospital.  
Meetings: Third Thursday of each month 7.00pm excluding the month of December, but check with contact.  
Venue: Boardroom at the hospital.

### **Ystrad Mynach Hospital & Community League of Friends**

Mr N Young MBE.  
C/o Ystrad Mynach Hospital, Caerphilly Road, Ystrad Mynach, Hengoed, CF82 7XU.  
01633 869978  
Aims: To raise funds for residents at the hospital plus community.  
Meetings: Second Thursday of each month 2.30pm.  
Venue: Day Hospital.

### **Mental Health**

#### **Caerphilly Borough Mind**

01443 816945  
36 Penallta Road, Ystrad Mynach, Hengoed, CF82 7AN.  
01443 816945  
rvmind@btinternet.com  
www.caerphillymind.co.uk  
Aims: To offer support to mental health service users, carers and to campaign for better services.  
Meetings: Mon - Thurs: Shop open 10.30am - 2.30pm.  
Activities and Step in - please contact for a timetable.  
Volunteering opportunities.  
Venue: Centre at Penallta Road.

#### **Gofal Cymru**

Marie Read  
1st Floor Offices, Pier Head Buildings, Bedwylwyn Road,

Ystrad Mynach, CF82 7AA.  
01443 865060  
marieread@gofal.org.uk  
www.gofalcymru.org.uk www.  
notjustnuts.co.uk  
Aims: To enable adults with  
serious mental health problems  
to live as independently as  
possible within their community.  
Meetings:  
Venue: Central Office, Gofal  
Cymru, 26 Dunraven Place,  
Bridgend.

### **Growing Space**

William Upham (Director), Chris  
Perry (Woodwork Workshop  
Supervisor)  
Tredegar House and Park,  
Newport, NP10 8YW.  
William Upham - 01633 810718.  
Fax: 01633 810718. Chris Perry  
- 01633 243900. Fax: 01633  
243900  
growingspacehq@aol.com  
growingspacecris@aol.com  
Aims: To relieve sickness by the  
provision of therapeutic training  
and work experience for people  
who have suffered or are  
suffering from mental illness. We  
provide two training routes, an  
NVO 1 in Horticulture and an  
OCN in Woodwork occupations.  
We also operate a work based  
learning programme which  
includes I.T. training, confidence  
building and key skills. Growing

Space has become one of  
Newport's new network of RISE  
Learning Centres. Growing  
Space has also won the Queen's  
Award for voluntary services.  
Meetings: 9.00am - 4.00pm Mon  
- Fri.  
Venue: Tredegar House (  
Horticulture) and Units in  
Coomassie Street (Woodwork).

### **Islwyn League of Friends & Gardening Club**

Noel Young  
65 Brynglas, Hollybush,  
Cwmbran, NP44 7LH.  
01633 869978  
Aims: To help ex residents of  
Llanfrechfa Grange. To help  
those with mental health  
problems learn more about  
gardening, the environment,  
wild life and education.  
Meetings: Weekdays.  
Venue: Windy Ridge Allotments,  
Pontllanfraith, Blackwood.

### **SHADE - Self Help Against Depression**

Mrs S Twiddy  
146 Elm Drive, Ty-sign, Risca,  
NP11 6PA.  
01633 619770  
www.shade.org.uk  
Aims: Self help group. All  
welcome, we offer company/  
support to both men and

women.  
Meetings: Tues. 7.00pm  
- 9.00pm. Thurs. 1.00pm -  
3.00pm.  
Venue: Dan-y-graig Church Hall,  
Risca.

### **Caerphilly Health & Social Care Alliance**

Susanne Maddax Health and Social  
Care Facilitator  
GAVO, Unit 1A, Withey Dyffryn  
Court, Dyffryn Business Park, Ystrad  
Mynach, Hengoed, CF82 7RJ.  
01443 863540  
susanne.maddax@gavowales.  
org.uk  
Aims: This voluntary sector  
alliance provides its members  
with support, advice, information  
about funding and training.  
Members receive regular mailings  
and an opportunity to get  
together to exchange ideas,  
create new working partnerships  
and ensure the voluntary sector  
voice is heard. Close links are  
made with partners in the health  
and social care world - Local  
Authority, The Aneurin Bevan  
Local Health Board.  
Meetings: The network currently  
meets 4 times a year.  
Venue: Meetings held in County  
Borough.

## **St Johns Ambulance**

### **St John Ambulance, Pontllanfraith**

Mrs Wendy Westwood  
8 Alder Rise, Pontllanfraith,  
Blackwood, NP12 2NB.  
01495 229892 /07807247840  
wendywestwood@hotmail.co.uk  
Aims: To teach first aid and serve  
the community.

Meetings: Monday: Cadets and  
Badgers - 5.45pm - 7.00pm.  
Adult - 7.15pm - 8.45pm  
Venue: Pontllanfraith Ambulance  
Hall.

## **Special Needs Groups**

### **Bedwas Gateway Club**

Brian Jones  
Bedwas Centre, Newport Road,  
Bedwas, CF83 8BJ.  
Day: 029 2085 2537; Evening:  
029 2085 2537

Aims: Social/educational  
experiences for teenagers and  
young adults with learning  
difficulties/disabilities.

Meetings: Tuesday 6.30pm -  
9.00pm.

Venue: Bedwas Youth Centre,  
Newport Road, Bedwas.

### **Caerphilly People First**

Cyril Luke (Adviser) Sharon Blow  
(Chair)  
Bargoed YMCA, Aeron Place,  
Gilfach, Bargoed, CF81 8JA.

01443 834444 / 07970748277  
caerphillypf@hotmail.co.uk  
www.caerphillypeoplefirst.co.uk  
Aims: Working to protect the  
rights of people with Learning  
Disabilities. To provide  
self advocacy through an  
organisation run by and for  
people with learning disabilities.  
Giving people with learning  
disabilities a chance to express  
their views and to speak up for  
themselves.

Meetings: Bargoed YMCA, Aeron  
Place, Gilfach, Bargoed.  
Venue: Bargoed YMCA.

### **Friends of Trinity Fields School & Resource Centre**

The Secretary  
Trinity Fields, Caerphilly Road,  
Hengoed, Ystrad Mynach, CF82 7XX.  
01443 866000  
friends4tfs@aol.com

Aims: To organise activities and  
events to raise money for Trinity  
Fields School and Resource  
Centre.

Meetings: Most Fridays during  
term time at Trinity Fields School  
from around 10am until 2.30pm  
Venue: Trinity Fields School

### **Lylac Ridge**

Stacey Blunt  
Dan y Graig Stables, Dan y Graig  
Road, Risca, NP11 6DR.

07886 886433  
Aims: To provide opportunities  
for children, young people and  
adults with specific learning  
difficulties using animal assisted  
activities.  
Meetings:  
Venue: Dan-y-graig Stables,  
Risca.

### **Rhymney Valley Autistic Society**

Ann Fowler  
1 Coed-y-Pandy, Bedwas,  
Caerphilly, CF83 8DS.  
029 2086 5851  
flowerandchild@aol.com  
Aims: To support families whose  
children have autistic spectrum  
disorders and to provide them  
with information about the  
disorder and their rights as  
parents.  
Meetings:  
Venue: Trinity Fields.

### **SNAP Cymru**

Juliette Tobin and Teresa Bradley  
Unit 19, Cambrian Industrial  
Estate, Coed Cae Lane,  
Pontyclun, CF72 9EW.  
01443 220150 Fax: 01443  
220151  
vikki.hooley@snapcymru.org  
www.snapcymru.org  
Aims: Offers information,  
advice and support to families

of children and young people who have, or may have, special educational needs/disabilities/exclusions. This service is independent, confidential and free. Experienced SNAP Cymru staff and trained volunteers provide: Information about the law as it affects children with special educational needs. Help to understand your rights and responsibilities. Help to understand the rights and responsibilities of the authorities. Help to explore the various choices open to you regarding your child's education. Help to find your way through the maze of paperwork. Support in discussing your child's needs with professionals. SNAP Cymru encourages partnership between families and professionals. Meetings: By appointment. Venue:

## Other

### Expert Patients Programme

Susan Sroczynska  
Aneurin Bevan Local Health Board, Llanarth House, Unit 1, Newbridge Gateway, Bridge Street, Newport, NP11 5GH.  
01495 241211  
susan.sroczynska.wales.nhs.uk  
www.eppwales.org  
Aims: FREE non-medical self help skills programme for adults, to

help manage living with any long term health condition. Groups of 8-16 participants meet for 2 1/2 hours per week for 6 weeks. Two courses now run: Community Course – EPP - for those with long term health conditions. Caring Course – Looking After Me – LAM – for informal carers of those with long term health conditions. Meetings: On-going courses in local communities throughout the borough. Venue:

### Healthy Living Centres

Gerwyn Harris  
Pontllanfraith House, Blackwood, NP12 2YW.  
01495 235313  
harrig1@caerphilly.gov.uk  
www.healthchallengecaerphilly.org.uk  
Aims: To establish healthy living centres and provide a range of complimentary and accessible health and leisure activity centres in Rhymney, Fochriw, Pontlottyn, Abertysswg, Deri, New Tredegar and Lansbury Park, Caerphilly. Meetings: Venue:

### Healthy Living Centres In Upper Rhymney Valley

Gerwyn Harris

White Rose Information Resource Centre, Cross Street, Elliots Town, New Tredegar, NP24 6ES.  
01443 878092  
harrig1@caerphilly.gov.uk  
Aims: To provide physical activity and weight management sessions in a relaxed and informal atmosphere which takes into account personal health problems. Meetings: Call for information. Venue: Call for information.

### Supporting People

Malcolm Topping  
Caerphilly County Borough Council, Penallta House, Tredomen Park, Ystrad Mynach, Hengoed, CF82 7PJ.  
01443 864591  
supportingpeople@caerphilly.gov.uk  
www.caerphilly.gov.uk/supportingpeople  
Aims: To identify, promote and fund quality housing-related support services to vulnerable people enabling them to live independently at home. Meetings: Venue:

### Valleys Fibromyalgia Support Group

Doug  
110 High Street, Rhymney, NP22 5NG.



01685 844768 / 843551  
douglas.mcmahon@btinternet.  
com

Aims: Help and support  
Fibromyalgia sufferers and carers.  
Meetings: 1st Wednesday of  
every month at 11.00am -  
1.00pm  
Venue: Rhymney Library

### **Social Services Community Learning Disability Team Volunteer/Befriender Scheme**

Sharon Savory (VBS Manager)  
Adult Services, Tredomen House,  
Tredomen Park, Ystrad Mynach,  
Hengoed, CF82 7WF.  
01443 864482

savors@caerphilly.gov.uk  
Aims: To volunteer to befriend  
an adult with a learning disability  
who has similar interests or  
hobbies to your own. This  
scheme enables people with  
learning disabilities to take part  
in social and leisure activities in  
their communities. All out of  
pocket expenses are paid and no  
previous experience needed.  
Meetings: Phone for details  
Venue: Community Based  
Project.

## **A12 MUSIC AND PERFORMING ARTS Musical Groups**

### **Caerphilly Songstarts**

Helen Pursey  
Caerphilly Music Service, Coed  
Cae Ddu Road, Pontllanfraith,  
Blackwood, NP12 2DA.  
01495 228948  
Aims: To provide singing  
opportunities for learners in years  
4, 5 & 6 of primary school.  
Meetings: Monday during school  
terms 4.30pm - 5.15pm.  
Venue: Twyn School, Caerphilly

### **Aber Valley Male Voice Choir**

Brian Corcoran  
17 St Helen's Court, St Martin's  
Estate, Caerphilly, CF83 1DL.  
029 20861963  
brian.j.corcoran@btinternet.com  
www.aber-valleymvc.co.uk  
Aims: To promote male voice  
choral activities locally and  
abroad, to raise funds for  
charities local or distant, new  
members welcome.  
Meetings: Wednesday 7.15pm  
- 9.30pm. Sunday 11.00am -  
1.00pm.  
Venue: Ex Servicemens Club,  
Senghenydd.

### **Aberbargoed Ladies Choir**

Sheila Burridge  
21 Pantycesn, Markham, NP12  
00D.  
01495 224519  
Aims: To enjoy singing and help  
charities.  
Meetings: Monday 7.00pm.  
Venue: St Peter's Hall,  
Aberbargoed.

### **Bargoed Male Voice Choir**

Mr Barrie Jones  
39 The Avenue, Ystrad Mynach,  
Hengoed, CF82 8BA.  
01443 812053  
Aims: Development of choral  
music.  
Meetings: Tuesdays and Fridays:  
7.00pm - 9.00pm.  
Venue: Gilfach Fargoed Welsh  
School.

### **Bedwas, Trethomas and Machen (BTM) Band Society**

Carolyn Jones (Band Secretary)  
19 Celyn Avenue, Caerphilly,  
CF83 3FL.  
029 2088 9948  
secretary@btmband.co.uk  
www.btmband.co.uk  
Aims: To increase the  
appreciation of brass music  
in the general public by the  
presentation of concerts and  
other appearances. Also, to

encourage young people to take up the art of brass and percussion playing.

Meetings: 1st Thursday monthly  
Venue: BTM Bandroom, Old Newport Road, Bedwas, CF83 8AA.

### **Blackwood Musical Theatre Society**

May Jones (Secretary)  
The Newlands, Pentwyn Road, Blackwood, NP12 1HW.  
01495 223614  
www.blackwoodmusicaltheatresociety.org

Aims: To encourage and engage the community in live musical theatre, performing modern and classic musicals for the enjoyment of audiences and performers alike.

Meetings: Thursday 7.30pm.  
Venue: Blackwood Miners Institute.

### **Caerphilly Community Chorus**

Nigel Jones, Director of Music (via website)  
caerphillycommunitychorus.org.uk

Aims: To promote choral singing in the community using a broad and varied repertoire. No audition required.

Meetings: Friday 7.30pm - 9.00pm  
Venue: Van-Guard Centre, Van Road, Caerphilly. CF83 1JZ.

### **Caerphilly Ladies Choir**

Mrs Marjorie Gray (Publicity Officer); Marion Watts (Concert Secretary)  
31 Gwaun Hyfryd, Mornington Meadows, Caerphilly, CF83 3BR.  
Mrs Marjorie Gray: 029 2088 3722 or Marion Watts: (029 2088 5612)  
maigray@btinternet.com  
www.caerphillyladies.choir.org.uk

Aims: To enjoy singing together. To give pleasure to others (all concerts given for worthwhile causes). To raise funds for charities etc., visitors are welcome to attend practices. New members welcome.  
Meetings: Tuesday, 7.15pm - 9.15pm.  
Venue: Lower Hall, Twyn School, Caerphilly (during term time).

### **Cascade Royales Jazz Band**

Mrs Cheryl Picton  
Huntersmoon, Dynevor Terrace, Nelson, CF46 6PD.  
01443 450252  
Aims: To train and educate children/young adults in musical education and marching.  
Meetings: Mondays & Thursdays

7.00pm - 9.00pm  
Venue: Cascade Community Centre

### **Crosskeys Silver Band**

Mr. D Michael Gray (Contest Secretary)  
19 Fields Park Terrace, Crosskeys, NP11 7DA.  
01495 270253  
graydm@caerphilly.gov.uk  
Aims: To encourage people of all ages to be taught music to a high standard and enable the organisation to provide music at concerts, fetes and competitions arranged by the South East Wales Brass Band Association. Players are always welcome.  
Meetings: Tuesdays and Fridays 7.30pm - 9.30pm. Learners Section Tuesday 6.00pm - 7.00pm.  
Venue: The Bandroom, Pandy Park, Crosskeys.

### **Friends of Caerphilly Music (Registered Charity No: 1042393)**

Mrs FJ. Carmichael (Hon. Sec.)  
17 Cae Llwyd, Caerphilly, CF83 3HB.  
029 2088 7381  
joan.carmichael@talktalk.net  
Aims: To fund and arrange for live music performances for schools, (mainly in the Caerphilly basin).  
Meetings: Committee meets approximately six times a year at

17 Cae Llwyd, Caerphilly.

Venue:

### **Mynyddislwyn Male Choir**

R Crowley

Well Cottage, Cwm Gelli,

Blackwood, NP12 1BN.

01495 229430

rrobcat007@aol.com

Aims: To create and sing music for the public and enjoy the art of music.

Meetings: Monday & Thursday, 7.00pm - 9.00pm.

Venue: Choirs Practice Rooms, Penmaen Chapel, Oakdale.

### **Newbridge and District Ladies Choir**

Isabella Owen

83 Fflorens Road, Treowen, Newbridge, NP11 3DW.

01495 243950

Aims: Making music together with other groups. Giving concerts for worthy causes, affiliated with W.A.L.C. for massed concerts. New members welcome.

Meetings: Wednesday 7.00pm - 9.00pm.

Venue: Newbridge Memo, High Street, Newbridge.

### **Newbridge Celynyn Band**

Colin Price M.B.E.

40 Gwyddon Road, Abercarn,

NP11 5GY.

01495 247105

[www.newbridgeband.co.uk](http://www.newbridgeband.co.uk)

Aims: To teach and enhance music in the area. To entertain the public in concerts and fetes and also to enter contests.

Meetings: Monday 7.30pm - 9.30pm. Thursday 7.30pm - 9.30pm. Learners section

Monday 6.00pm - 7.00pm.

Venue: School Room Lower Baptist Chapel, Abercarn

### **Oakdale Silver Band**

Jeffrey Jones

Silverdale, Woodfieldside, Blackwood, NP12 0PJ.

01495 224470

[www.oakdalesilverband.co.uk](http://www.oakdalesilverband.co.uk)

Aims: To teach and enhance music in the area, also to entertain the public in concert and enter contests.

Meetings: Monday 7.00pm - 9.00pm. Friday 7.00pm - 9.00pm.

Venue: Oakdale Presbyterian Church

### **Rhymney Silurian Male Choir**

Mr Bernard Jenkins (Secretary)

14 Cefn Parc, Tredegar,

NP22 3PH.

01495 723612 or 07836631192

[fbernardjenkins@btinternet.com](mailto:fbernardjenkins@btinternet.com)

[www.rhymney-silurian-male-](http://www.rhymney-silurian-male-)

[choir.org](http://choir.org)

Aims: To revive and cultivate tradition of choral singing in the Rhymney area. To encourage appreciation of the Arts among younger performers. To give and to establish national and local charities.

Meetings: Tuesdays and Fridays 7.30pm - 9.00pm.

Venue: Rhymney Comprehensive School, Abertysswg Road, Rhymney.

### **Rhymney Valley Music Club**

Dr Mary Jorro

'Birchwood', Park Lane, Ystrad Mynach, Hengoed, CF82 7BX.

01443 813237

[maryjorro@doctors.org.uk](mailto:maryjorro@doctors.org.uk)

[www.rhymneyvalleymusicclub.org.uk](http://www.rhymneyvalleymusicclub.org.uk)

Aims: To promote the advancement of music, both by members' activities and by the promotion of professional concerts.

Meetings: Concerts are held 8 times a year, either on Thursdays at 7.15pm or Saturdays at 2.30pm or 7.15pm from Oct - May.

Venue: Lewis Girls' School or Siloh Christian Centre, Oakfield Street, Ystrad Mynach.

## **South East Wales Brass Band Association**

Mr D M Gray

19 Fields Park Terrace, Crosskeys,  
NP11 7DA.

01495 270253

graydm@caerphilly.gov.uk

Aims: To look after the interests of Brass & Silver Bands in the South East Wales area. Organising competitions for the bands in fourth, third, second, first and Championship sections. Also assist in presenting Solo Quartet competitions for Brass instrumentalists and groups.

Meetings:

Venue:

## **Ystrad Mynach Male Choir**

Mr John Knight (Chairman)

10 Ffos Close, Nelson, CF46 6EL.

01443 451233

contact@ystradmynachchoir.co.uk

www.ystradmynachchoir.co.uk

Aims: To give support to charitable, religious and non profit making organisations established to care for the health, welfare, leisure and cultural needs of people through the learning, presentation and creation of interest in male voice choral singing.

Meetings: Mondays & Thursdays  
7.15pm - 9.15pm.

Venue: Bryn Seion Chapel,  
Lisburn Road, Ystrad Mynach.

## **Performing Arts**

### **Caerphilly County Youth Theatre**

Tony Gallagher (Director)

Blackwood Miners Institute, High  
Street, Blackwood, NP12 1BB.

01495 224425 extension 231

gallaa@caerphilly.gov.uk

www.blackwoodminersinstitute.  
com

Aims: Performing Arts for 14-20  
years £15 subscription per term.

Meetings: Youth Theatre

Production Company -

Blackwood Miners' Institute

6.00pm - 8.00pm on a Monday.

Venue: Blackwood Miners  
Institute.

### **Caerphilly Players**

Louise (Secretary)

029 20889805

info@caerphillyplayers.org

Aims: To produce live drama in  
Caerphilly town. Regrettably,  
over 16s only admitted.

Meetings: Weds. 7.30pm. Phone first.

Venue: 47 Nantgarw Road,  
Caerphilly.

### **Hip Hop Explosion**

Rhian Hollister

5 Swn-yr-nant, Penpedairheol,  
Cascade, CF82 8HA.

07890721242

Aims: To promote healthy, active,  
stimulating dance classes to all

children, all ages, any ability.

Meetings: Monday 5.00pm -

6.00pm at Caerphilly RFC. Wed:

6.30pm - 9.30pm at Beechgrove

Social Club, Penpedairheol.

Thurs: 5.00pm - 6.00pm at

Millennium Centre, Penllwyn.

Venue: Caerphilly RFC,

Beechgrove Social Club, Cascade

and Millennium Centre, Penllwyn

### **Star Struck Productions (SSP)**

Jean/Mike Edmunds

C/o 10 Pentwyn Terrace,

Pentwyn, Crumlin, Newport,

NP11 3JD.

01495 215248

Aims: To motivate the young and  
young at heart to entertain the  
community, ie. acting, singing,  
dancing, back stage, front of  
house, etc.

Meetings: Rehearsals September -  
February. Pantomime Production  
- February. Meetings March -  
September for other shows.

Venue: Rehearsals - Trinant  
Community Centre. Production -  
Cwmcarn High School Theatre.

### **Other**

#### **Audiences Wales**

Nick Beasley (Chief Executive)

Chapter, 2 Market Road, Cardiff,

CF5 1QE.

029 2037 3736

nick@audienceswales.co.uk  
www.audienceswales.co.uk  
Aims: To provide strategic and tactical marketing support, services and expertise to enable arts organisations to build beneficial relationships with current and future audiences.  
Meetings:  
Venue:

### **Blackwood Miners' Institute**

General Manager  
Blackwood Miners' Institute, High Street, Blackwood, NP12 1BB.  
01495 227206 / 01495 224425  
bmi@caerphilly.gov.uk  
www.blackwoodminersinstitute.com

Aims: The provision of a full programme of theatre and cinema, bar and café, in addition to organising events and activities for the local community. Rehearsal space and meeting rooms available.

Meetings: Open Monday - Saturday 8.00am - 11.00pm.  
Venue:

### **Caerphilly Workman's Hall**

Ian Macdonald  
029 20862559  
supermac@btinternet.com  
Aims: Caerphilly Workman's Hall is a historic building in the

centre of Caerphilly, currently used for live performances and also available for hire. It is a venue for entertainment and is available to all. We are actively supporting the preservation of the Workman's Hall and welcome support from other local groups who may wish to participate in the preservation of such a historic building. Please contact Ian Macdonald for details.  
Meetings: Please contact Ian Macdonald for details  
Venue: Castle Street, Caerphilly.

### **Undercurrents**

John Turton  
Garth Hall, Abertridwr, Caerphilly, CF83 4DS.  
029 2083 0261  
abervalleyarts@aol.com  
www.abervalleyarts.co.uk

Aims: To promote and encourage participation in all art forms in the Aber Valley, including providing a week long Arts Festival in October, with Art and Literary competitions, Arts Exhibition and daily events in venues across the Valley.

Meetings:  
Venue: Nazareth Community Centre, Abertridwr. Festival in locations through whole of Aber Valley.

### **Voluntary Arts Wales**

Sioned Best / Gwenan Davies  
Unit 15, Severn Business Centre, Severn Farm Enterprise Park, Welshpool, Powys, SY21 7DF.  
01938556455  
info@vaw.org.uk  
www.vaw.org.uk  
Aims: Development agency for the participatory Arts in Wales.  
Meetings:  
Venue:

### **A13 SPECIAL INTEREST CLUBS AND SOCIETIES** **Crafts**

#### **Caerphilly County Borough Model Railway Society (CCBMRS)**

Mr Brian Price (Treasurer)  
30 Bryn Coed Terrace, Cascade, Penpedairheol, Hengoed, CF82 8DE.

01443 821543  
Aims: To operate a permanent Model Railway layout, encourage adults and children to model railway related items and generate an interest in all railway related matters.

Meetings: Wednesdays 7.00pm - 9.00pm  
Venue: The Lower Basement, 24/25 High Street, Bargoed, CF81 8RA.



## **Crafts for Everyone**

Margaret Betty  
Unit 1, The Institute, Hillside  
Road, Crumlin.  
01495 244494  
info@craftsforeveryone.org  
www.craftsforeveryone.org  
Aims: Production of ceramics.  
Provision of stimulating,  
worthwhile, integrated day  
opportunities for people with  
learning disabilities/or physical  
impairments. Provision of  
training, work experience and  
voluntary placements.  
Meetings: Bi-monthly.  
Venue: Craft Shop and Workshop.

## **Cwmfelinfach Youth Arts and Craft Club**

Geoff Cox  
Tyn-y-graig, New Road,  
Cwmfelinfach, NP11 7GU.  
01495 201238 / Mob:  
07976962906  
Aims: To provide a good range  
of interesting craft activities  
to all youngsters of school  
age, in a safe and pleasant  
environment and encouraging  
independence and confidence  
whilst developing the necessary  
social skills.  
Meetings: Mon: 4.00pm -  
6.00pm  
Venue: Cwmfelinfach  
Community Centre, Stanley  
Street, Cwmfelinfach.

## **Sirhowy Valley Lacemakers**

Mrs Betty R Bridge  
6 Julian Heights, Fleur-de-lis,  
Blackwood, NP12 3TT.  
01443 821445  
Aims: Teach wide spectrum  
of bobbin laces, beginners  
or experienced lacemakers  
welcome.  
Meetings: Tuesday 7.00pm -  
9.00pm  
Venue: Oakdale Community  
Centre.

## **Historical**

### **Aber Valley Heritage Centre**

Mrs Pat Bull, Jack Humphreys  
(Chairman)  
Senghenydd Community Centre,  
Gwern Avenue, Senghenydd,  
Caerphilly, CF83 4HA.  
029 2083 0444 / 5  
Aims: Promote the heritage  
of the Aber Valley, encourage  
visitors, commemorate the local  
mining disasters (Universal /  
Windsor Collieries).  
Meetings: Heritage room  
opening times: Mon - Sat  
between 11.00am - 2.00pm.  
Closed on Sundays and Bank  
Holidays  
Venue: Aber Valley Heritage  
room, Senghenydd Community  
Centre.

## **Bedwas & Trethomas Local History Group**

Gordon Maslen (Secretary)  
Old School House, Mountain  
Road, Bedwas, Caerphilly, CF83  
8ES.  
029 2086 3275  
ga.maslen@btinternet.com  
Aims: History of the communities  
of Bedwas, Trethomas and South  
East Wales.  
Meetings: 3rd Monday  
September - November, January  
- March 2.30pm discussion,  
7.30pm lecture.  
Venue: Bryn Hall, Trethomas  
(Sept, Nov, Feb) Methodist  
Church, Bedwas (Oct, Jan,  
March)

## **Caerphilly County Borough Family History Society**

Beth Ann Walters  
7 Woodside, Tir-y-berth,  
Hengoed, CF82 8BE.  
01443 831921  
bethannwalters@googlemail.  
com  
Aims: To promote and  
encourage the study of family  
history, genealogy, and heraldry  
etc.  
Meetings: 7.00pm - 9.00pm, 1st  
and 3rd Tuesday of each month.  
Venue: The Village Hall, Tir-y-  
berth, Hengoed.

## **Caerphilly Local History Society**

Mrs Elaine Edmonds  
32 Glyn Derwen, Llanbradach,  
Caerphilly, CF83 3PQ.  
029 2086 4761

Aims: To foster interest in the history and archaeology of Caerphilly Town and District by means of lectures, publications, visits and other activities.  
Meetings: 2nd Monday in October - March at 7.30pm.  
Venue: Wesley Church Hall, Crescent Road, Caerphilly.

## **Gelligaer Historical Society**

Annie Owen (Chairman)  
27 Heathlands, Ystrad Mynach,  
Hengoed, CF82 7AZ.  
01443 813122

chairman@  
gelligaerhistoricalsociety.co.uk  
www.gelligaerhistoricalsociety.co.uk

Aims: To study local history and associated objects - promoted through lectures, journal etc.  
Meetings: Last Wednesday in month (most months) at 7.00pm.  
Venue: Llancaiach Fawr Manor.

## **Oxford House Industrial History Society (Risca)**

Stephen Rowson (Chairman)  
Oxford House Adult Education

Centre, Grove Road, Risca,  
NP11 6GN.  
029 2063 3184  
www.riscamuseum.org.uk

Aims: To encourage, promote and engage in public education and in preservation and conservation of records, structures and object relating to Industrial Archaeology and History of W.E. Wales.  
Meetings: Fri: 7.00pm. Sept - May - Indoor Talks. May - Sept - Evening walks. Museum open Sat mornings (summer) and by appointment at other times.  
Venue: Risca Industrial Museum, Grove Road.

## **Winding House Friends and Volunteers**

Sam Williams (Secretary)  
Winding House, New Tredegar,  
NP24 6EG.  
01443 822666

windinghouse@caerphilly.gov.uk  
www.windinghouse.co.uk  
Aims: To encourage people to participate in their heritage and the life of the county museum and make available volunteering opportunities from aged 16 upwards.  
Meetings: Committee meetings monthly and as required - contact Winding House for details  
Venue: Winding House, New Tredegar.

## **Hobbies**

### **Aber Valley Gardening Society**

Barbara Turton (Secretary)  
Garth Hall, Abertridwr, Caerphilly,  
CF83 4DS.

029 2083 0261

Aims: To encourage and inform on all aspects of gardening in the Aber Valley. Also, organise competitions and Annual Show in conjunction with Community Council.

Meetings: Occasional lectures on a variety of gardening topics and annual show in September.  
Venue: Nazareth Community Centre.

### **Aber Valley Olde Tyme Dance Club**

Mr W Tudor  
68 High Street, Abertridwr,  
Caerphilly, CF83 4FD.

029 2083 1343

Aims: To provide recreational activities for local community. Modern sequence dancing.

Meetings: Monday 2.00pm - 4.00pm

Venue: Abertridwr Community Centre (Nazareth) Thomas Street, Abertridwr.

### **Bedwas, Trethomas & Machen Camera Club**

E K Penhallurick (Treasurer)  
7 Plasturtwyn Terrace,  
Llanbradach, Caerphilly, CF83  
3NW.

029 2088 6950

Aims: To promote photography to all ages through lectures, demonstration and practical nights.

Meetings: Wed. 7.00pm Sept - July.

Venue: Bedwas Art Centre, Newport Road, Bedwas.

### **Caerphilly & District Art Society**

Anne Burnell  
10 Vanfield Close, Castle Park,  
Caerphilly, CF83 1PS.

029 2088 3124

anneandnigel@talktalk.net

Aims: Workshops and demonstrations for art lovers and artists alike.

Meetings: 2nd and 4th Tuesday of month at 7.30pm - 9.30pm.

Venue: Twyn Community Centre

### **Caerphilly & District Horticultural Society**

Mrs C Stone  
3 Heol y Gors, Virginia Gardens,  
Caerphilly, CF83 3EW.

029 2088 4909

claudettestone@tiscali.co.uk

Aims: To encourage and share an interest and knowledge of gardening for all ages, abilities and size of garden.

Meetings: 2nd Monday of the month at 7.00pm

Venue: Twyn Community Centre, Caerphilly.

### **Caerphilly & District Ramblers**

Peter Brice (Chairman) 029 2086 9898; Brenda Brice (Treasurer) 029 2086 9898; Caroline Williams (Walks Secretary) 01443 404364

64 St David's Way, Caerphilly, CF83 1EZ.

[www.brecon-beacons.com/ramblers-caerphilly.htm](http://www.brecon-beacons.com/ramblers-caerphilly.htm)

Aims: To walk 7-10 miles - Sun., 5-6 miles - Thurs. a.m., 4-5 miles - Thurs. p.m.

Meetings: Sun. - Asda car park at 9.30am; Thurs. - Asda Car Park 10.00am; Thurs. - Twyn Car Park 6.30pm (May - August).

Venue:

### **Caerphilly and District Floral Society**

Anne Burnell (Secretary); Mrs N Williams. Mrs D Mock (Treasurer) 029 2088 3124 (Anne Burnell); 01443 831009 (N Williams) 029 2086 6734 (D Mock)

Aims: To learn the art of flower

arranging

Meetings: 1st Tuesday evening every month 7.00pm - 9.00pm.

1st Wednesday 2.00pm - 4.00pm.

Venue: Twyn Community Centre, Caerphilly.

### **Crosskeys Allotment**

Sarah Williams

01495 270129/07900 432544

Aims: To encourage people in the Crosskeys area to get involved in Allotmentteering by using green space for exercise and outdoor recreation.

Meetings: Wednesday a.m. once a month

Venue: Crosskeys, Tredegar Street.

### **Cwm Islwyn Art Club**

David Hutchings  
11 Stanley Street, Cwmfelinfach,  
NP11 7HF.

01495 201133

Aims: to develop an art club forexperienced artists and beginners with help on hand to improve skills in drawing and painting of any subject in oils, acrylic, watercolour etc.

Meetings: Fri: 9.30am - 12.30pm

Venue: Cwmfelinfach Community Centre, Stanley Street, Cwmfelinfach.

### **Cwmcarn Angling Association**

Chris Horswill

40 Mill Road, Pontllanfraith,  
Blackwood, NP12 1GF.

07854622301

ozzie.55@hotmail.co.uk

Aims: To promote the sport of fishing and provide coaching when required.

Meetings: 1st Wednesday of every month.

Venue: Cwmcarn Forest Drive Lake, Cwmcarn.

### **Glynderi Bonsai Club**

Keith Wilson or Ray Moore

4 Rock Villas, Blackwood.

Keith Wilson: 01495 224301.

Ray Moore: 01495 222534

keithnwilson@aol.com

www.glynderibonsaiclub.

yolasite.com

Aims: To encourage the art of Bonsai growing in the wider community.

Meetings: Every alternate Friday 7.00pm - 9.00pm.

Venue: Oakdale Community Centre.

### **Islwyn Camcorder Club**

James Jackson (Secretary)

25 Old Pant Road, Newbridge,  
NP11 5BZ.

01495 246234

Aims: To promote the welfare

of the inhabitants of the area and provide an opportunity for creative work and film-making.  
Meetings: Monday 6.30pm - 9.00pm

Venue: Chapel of Ease Baptist Church, Chapel Street, Abercarn.

### **Nelson Chess Club**

Keith Forward or Brenda Miles

5 Thomas Street, Nelson,

Treharris, CF46 6NG.

Keith Forward 01443 450289.

Brenda Miles: 01443 453435.

keith@keithforward.wannado.co.uk

www.nelsonchessclub.co.uk

Aims: To provide a venue for a social game of chess with the opportunity to play competitively.

Meetings: Thursday 7.45pm.

Venue: Community Council Chambers, 39 Commercial Street, Nelson.

### **Oakdale Wine Circle**

Elaine Roberts

77 Markham Crescent, Oakdale,  
Blackwood, NP12 0LZ.

01495 225389

Aims: The appreciation of fine wines, wine making and its social aspects.

Meetings: Thursday 7.30pm - 9.30pm

Venue: Oakdale Community Centre.

### **The Tommy Cooper Society**

Jonathan Jones

53 Heol Ynys Ddu, Castle View,  
Caerphilly, CF83 1HSD.

029 2086 6236

tommycoopersociety@tiscali.co.uk

www.thetommycoopersociety.org

Aims: To promote an appreciation of the work of Tommy Cooper, to widen the recognition of his birth place as Caerphilly and to encourage the involvement of local people, particularly youngsters in the Performing Arts.  
Meetings: As required (contact the secretary for details)  
Venue: The Tourist Centre Caerphilly.

## **A14 SPORTS Clubs and Associations**

### **Aber Valley YMCA**

Elwyn Evans

YMCA, Brynhafod Road,

Abertridwr,

Caerphilly,

CF83 4BG.

029 2083 0732

patevans1000@hotmail.com

Aims: To provide or assist in the provision in the interest of social welfare of facilities for recreation or other leisure time occupation for men and women with the object of improving their conditions of life by providing a comprehensive programme.  
Meetings: Mon - Fri 5.00pm -

10.00pm. Sat. 9.30am - 1.00pm.  
Venue: YMCA Abertridwr.

### **Abertridwr Ladies Bowling Club**

Mrs Iris Lawrence (Secretary)  
28 Coronation Street, Trethomas,  
Caerphilly, CF83 8DL.  
029 2088 2594

Aims: New players welcome.  
Meetings: Tuesday & Thursday  
1.30pm during summer months.  
Venue: Abertridwr Bowling Club.

### **Abertysswg Aces**

Andrew Lobodzinski (Secretary)  
10 Station Road, Abertysswg,  
Bargoed, NP22 5AX.  
01685 843224 / mob:  
07957251063

garchinksypow@aol.com  
Aims: Football teams for girls.  
Meetings: Wed: 5.45pm -  
7.15pm under 10's, 12's and  
14's. Subject to change, please  
contact Andrew.  
Venue: Rhymney Comprehensive  
School

### **B.T.M. Junior Football Club**

Mrs Nicola Johns (Secretary)  
C/o 32 Williams Street,  
Trethomas, Caerphilly, CF83  
8DQ.  
02920 881683. 07734662570  
nicpauljohns@btinternet.com  
www.btmunited.co.uk

Aims: To provide football  
opportunities for boys & girls in  
the community. Mini football  
7-11yrs. Junior football 12-16yrs.  
Meetings: Training: Mon & Wed.  
6.00pm - 7.00pm. Matches: Sat  
& Sun.  
Venue: Bryn Field, Bedwas,  
Caerphilly.

### **B.T.M. Youth Club**

Mrs Nicola Johns  
C/o 32 Williams Street,  
Trethomas, Caerphilly, CF83  
8DQ.  
02920 881683 / 07734662570  
nicpauljohns@btinternet.com  
Aims: To provide young people  
of the area with a safe, secure,  
fun environment in which to  
meet, hang out with friends or  
take part in numerous activities.  
Meetings: Friday: 7.00pm –  
9.30pm. (Term Time only).  
Venue: Workmans Hall, Bedwas,  
Caerphilly.

### **Blackwood Golf Club**

Clem Davies (Secretary)  
Blackwood Golf Club, Cwmgelli,  
Blackwood, NP12 1EL.  
Clubhouse 01495 223152;  
Secretary's Office: 01495 222121  
blackwoodgolf@btconnect.com  
Aims:  
Meetings:  
Venue:

### **Blackwood Mini & Junior Rugby Club**

Bruce Penfold  
Blackwood RFC HQ, Hall Street,  
Blackwood, NP12 1NY.  
01495 221784  
blackwoodrfc@btconnect.com  
Aims: To promote and develop  
Junior Rugby.  
Meetings: Tuesday 7.30pm.  
Venue: Blackwood RFC  
Clubhouse.

### **Blackwood R.F.C.**

Bruce Penfold  
4 Skenfrith Close, Grove Park,  
Blackwood, NP12 1GD.  
01495 221784  
blackwoodrfc@btconnect.com  
www.blackwoodrfc.com  
Aims: To provide and develop  
the game of rugby football.  
Meetings: Tuesday 7.30pm.  
Venue: Clubhouse, Hall Street,  
Blackwood, NP12 1NY.

### **Blackwood Town Boys & Girls F.C.**

Jonathan Powell  
20 Montclair Avenue,  
Blackwood, NP12 1EE.  
01495 224667, 07805 265708  
Aims: Provide football skills in the  
Community  
Meetings: 1st Thursday every  
month at 8.00pm  
Venue: Caerphilly County



Borough Council Social Club,  
Civic Centre, Pontllanfraith

### **Caerphilly (Bargoed) Ladies Netball Club**

Mary Wilcox

The Hawthorns, New Row,  
Machen, CF83 8NS.

01633 440119 07875 137816  
wilcox279@btinternet

Aims: To promote netball for  
ladies on a social basis

Meetings: Wednesday 8.00pm. -  
9.00pm.

Venue: St Cenydd Leisure Centre

### **Caerphilly Junior Netball Club**

Mrs Karen Williams

12 Hendre Road, Abertridwr,  
Caerphilly, CF83 4DT.

07557 854739 02920 832048

Aims: To promote netball,

Meetings: Sunday: 3.00pm -  
5.00pm - Under 13s 3.00pm -  
4.00pm. Under 15s 4.00pm -  
5.00pm.

Venue: St Cenydd Leisure Centre

### **Caerphilly Ladies Bowling Club**

Mrs M E Peasley

4 Maes-yr-afon, Old Bedwas  
Road, Caerphilly, CF83 3EX.

029 2088 4096

Aims:

Meetings: Tuesday and Thursday

afternoons. New members very  
welcome.

Venue: Morgan Jones Park,  
Caerphilly

### **Crosskeys Welfare Bowls Club**

Mr T Green

Waunfawr Park, Waunfawr Park  
Road, Crosskeys, Newport.

01495 246520

Aims:

Meetings: April - September.

Venue:

### **Cwmcarn Gymnastics/ Sports Acrobatics Club**

Mary Penny MBE

8 Forest View, The Graig,  
Cwmcarn, Crosskeys, NP11 7EX.

01495 272010

Aims: To develop gymnastics,  
sports and acrobatics in our area,  
and East Wales.

Meetings: Monday 6.00pm  
- 9.00pm. Thursday & Friday  
6.00pm - 9.00pm. Sunday  
(gym joeys 3-5 year olds) classes  
between 9.30am and 1.30pm.

Venue: Cwmcarn Leisure Centre.

### **Gelligaer Bowling Club**

Keith Dalton

105 Aneurin Bevan Avenue,  
Gelligaer, Hengoed, CF82 8ET.

Daytime 01443 834047

Evening 01443 837202

Aims: To faster promote and  
safeguard the game of level  
green bowls.

Meetings: Monthly.

Venue: Pavilion.

### **Gwent Triathlon Club**

John Pedder-Roberts

7 Hafod Tudor Terrace, Wattsville,  
Risca, NP11 7QQ.

01495 270165

pedderroberts@talktalk.net

Aims: To help people with their  
general fitness.

Meetings: Sunday 7.00pm -  
8.00pm.

Venue: Risca Leisure Centre.

### **Llantrisant & Llantwit Ladies Hockey Club**

Jan Thomas

47 Gareth Close, Thornhill,  
Cardiff, CF14 9AF.

029 2061 0137

llanandllanhockey@talk21.com

www.llanandllanladieshockey.  
btik.com

Aims: To encourage participation  
in hockey by all ages.

Meetings: Monday 8.30pm -  
9.30pm. 7-13 year olds girls and  
boys on Thursdays 6.30pm -  
7.30pm

Venue: Maritime Recreation  
Ground, Pontypridd. Tel: 01443  
403786

### **Machen Bowls Club**

Mr J W Gough

The Beeches, White Heart,  
Machen, CF83 8QL.

01633 440237

Aims:

Meetings: Monday - Sunday:

2.00pm - 9.00pm from

September to April.

Venue: Machen Welfare Ground.

### **New Tredegar Nomads Cycling Club**

Alan Elliott (Secretary)

20 St Maelog Close, Libanus  
Fields, Blackwood, NP12 2FD.

01495 224705

Aims: Offers all aspects of cycling.

Meetings:

Venue: Ring for details.

### **New Tredegar Rugby Club**

Ray Davies (Secretary)

40 Queens Road, New Tredegar,  
Gwent, NP24 6DY.

01443 837794 (Home) 01443

878090 (Business)

rdaviesntcentre@hotmail.co.uk

www.newtregarfc.co.uk

Aims: To provide rugby and  
football for the local community  
covering ages from under 10 to  
seniors.

Meetings: Tue & Thurs 6.30pm.-  
training nights

Venue: Welfare Ground, Grove  
Park, New Tredegar.

### **Newbridge Raiders Basketball Club**

Ed Perry or Rhys James

Newbridge Leisure Centre,  
Bridge Street, Newbridge, NP11  
5FE.

Ed Perry 07792 904041. Rhys

James: 07886 453127

Aims: To promote basketball in  
the South Wales Valleys.

Meetings: Thursday evening:

Seniors (over 16) 8.00pm -

10.00pm. Saturday mornings:

Juniors (under 16) 10.00am -

11.00am

Venue:

### **Oakdale Rugby Club**

David Higgins

12 The Square, Oakdale,  
Blackwood, NP12 0LR.

Club: 01495 223261 Home:

01495 225991

david.higgins1@talktalk.net

Aims: To promote rugby within  
the community.

Meetings: Seniors: Tuesday  
& Thursday 7.00pm. Under

12s Training: Thursday's U13's  
6.00pm.

Venue: Oakdale Recreation  
Ground.

### **P.D Badminton Club**

Mrs Ann Murphy

24 Stryd Hywel Harris, Coed-  
y-Mynach, Ystrad Mynach,

Hengoed, CF82 7DN.

01443 812922

Aims: To encourage badminton.

Meetings: Monday 7.00pm -  
9.00pm.

Venue: Ystrad Mynach Sports  
Centre.

### **Pengam Boys & Girls Club**

Andrea Angel

1 Beech Avenue, Penllwyn,  
Blackwood, NP12 1DB.

01495 224720

Ddavebeechem@aol.com

Aims: Providing netball and  
football for young people.

Meetings: 2nd Monday of the  
month 7.00pm

Venue: Harlequin

### **Pontllanfraith Karate Club**

Mrs C Perry

Pontllanfraith Leisure Centre,  
01633 896971

claireperry80@btopenworld.com  
www.ikowales.co.uk

Aims: To promote martial arts &  
self defence and keep children  
off the streets.

Meetings: Seniors: Tues. 8.00pm  
- 9.30pm. Thurs. 7.30pm -  
9.00pm. Juniors: Thurs. 6.00pm  
- 7.30pm. Sat. 10.00am -  
11.30am.

Venue: Pontllanfraith Leisure  
Centre.

### **Pontymister Athletic Bowls Club**

Andrew Elias

28 Newport Road, Pontymister,  
Risca, NP11 6LW.

01633 612 858 Mobile

07866483674

andrew.elias@mirtzone.com

Aims: To foster and promote the amateur game of bowls in the local community.

Meetings: Weekdays 5.00pm - 9.00pm, May - September.

Venue: Fields Road, Pontymister.

### **Pontymister Youth Football Club**

Matthew Friend (Secretary)

01633 601597

Aims: Boys and girls football 5-16 years.

Meetings: Friday 6.00pm - Risca Rugby Gym 5-7yrs. Wednesday & Thursday 5.00pm - 6.00pm; and 6.00pm - 7.00pm.

Venue: Tanybryn playing fields fixtures and Risca Leisure Centre training.

### **RGK**

Tony Andrews

Ystrad Mynach Sports Centre,  
Ystrad Mynach, Hengoed,

01443 820691

Aims: To provide learn, tried and tested methods of self defence for ages over 16.

Meetings: Friday 6.00pm - 8.00pm.

Venue:

### **Senghenydd Cricket Club**

Elwyn Evans

78 King Street, Abertridwr, CF83 4BG.

029 2083 0732

paterans1000@hotmail.com  
www.senghenyddcricketclub.co.uk

Aims: To enjoy and promote the game of cricket especially amongst young people.

Meetings: Tuesday evening. Saturday afternoon.

Venue: Cricket ground, Senghenydd - summer. YMCA, Abertridwr - winter.

### **Shinto Kai Brotherhood: Karate**

David Watkins

Croespenmaen, Crumlin, NP11 3DD.

01495 246836

karatedai@googlemail.com

Aims: To teach the art of karate and weapons instruction.

Meetings: Shinto Kai

Brotherhood - Sunday 10.00am - 11.30am. Karate - Wednesday 5.00pm - 7.00pm. Monday 5.30pm - 7.00pm.

Venue: Croespenmaen Community Hall.

### **South East Warriors Cheerleading Squad**

Amanda Lovesey

11 Islwyn Street, Cwmfelinfach,  
NP11 7HY.

01495 200132 /

Mob:07538014282

Aims: To encourage the participation and teamwork required in developing all the associated skills of cheerleading. All ages welcome.

Meetings: Sun: 3.00pm - 6.00pm. Tues and Weds: 6.00pm - 8.00pm

Venue: Ynysddu School.

### **Tridwr Ladies Bowling Club**

Ms Maggie Smith

Cwrt Y Celyn Farm, Upper Boat,  
Pontypridd, CF37 5BJ.

029 2083 0283

maggiemsmith@aol.com

www.tridwrladiesbowlingclub.co.uk

Aims: To promote the game of bowls.

Meetings: Monthly 6.30pm - 8.00pm

Venue: Abertridwr Park.

### **Trinant Association Football Club**

Gerald Cartwright

Trinant Football Field, The Pavillion, Off Wesley Terrace,  
Crumlin, NP11 4LG.

01495 246721

carty5@tiscali.co.uk

Aims: To promote, foster and encourage the game of football.

Meetings: Tues. & Thurs.

6.00pm.

Venue: Trinant Recreation Ground.

### **Ynysddu Bowls Club**

Bernard Howls (Club Secretary)

18 Glan Islwyn, Pontllanfraith,

Blackwood, NP12 2DF.

01495 221893

Aims: Lawn green bowls.

Meetings: Tuesday & Thursday.

Venue: Ynysddu Welfare Bowling Green.

### **Ystrad Mynach Netball Club**

Catherine Lewis

1 Troedyrhiw, Ystrad Mynach.

01443 813989

jane.gant@ons.gov.uk

Aims: To promote and foster netball in Ystrad Mynach and Caerphilly county borough.

Meetings: Youth: Sunday

2.00pm - 4.00pm u 8-12 years.

Wednesday 6.00pm - 9.00pm

Adult Squad over 12 years.

Venue: Ystrad Mynach Sports Centre.

### **Leisure Lifestyle Centres**

#### **Bedwas Leisure Centre**

Bryan Reynolds (The Manager)

Newport Road, Bedwas, CF83 8BJ.

029 2085 2538

[www.caerphilly.gov.uk/leisurelifestyle](http://www.caerphilly.gov.uk/leisurelifestyle)

Aims:

Meetings:

Venue:

#### **Caerphilly Leisure Centre**

The Manager,

Virginia Park, Caerphilly,

CF83 3SW.

029 2085 1845

Aims:

Meetings:

Venue:

#### **Cefn Fforest Leisure Centre**

The Manager

Waunborfa Road, Cefn Fforest,

Blackwood, NP12 3JR.

01443 830567

[lccefn@caerphilly.gov.uk](mailto:lccefn@caerphilly.gov.uk)

[www.caerphillyleisure.gov.uk](http://www.caerphillyleisure.gov.uk)

Aims: The centre provides a variety of sports and activities, including swimming, fitness suite, health suite which includes both sauna and steam room and a full selection of fitness classes for all ages and abilities.

Meetings:

Venue:

#### **Cwmcarn Leisure Centre**

The Manager

Chapel Farm, Cwmcarn,

Newport, NP11 7NG.

01495 272010

[www.caerphilly.gov.uk/leisurelifestyle](http://www.caerphilly.gov.uk/leisurelifestyle)

Aims: To provide a wide variety of sporting facilities and activities for the local community.

Meetings:

Venue:

#### **Hanger Youth and Community Centre**

The Manager

Bedwellty Road, Aberbargoed,

Bargoed, CF81 9DN.

01443 875886

[woodm@caerphilly.gov.uk](mailto:woodm@caerphilly.gov.uk)

Aims: To reach all young people and cover Adult Education Classes/Activities

Meetings:

Venue:

#### **Heolddu Leisure Centre**

Sian Jones (Manager)

Mountain Road, Bargoed, CF81 9GF.

01443 828950 fax 01443

828959

[jones@caerphilly.gov.uk](mailto:jones@caerphilly.gov.uk)

Aims: Sports and leisure participation for all.

Meetings:

Venue:

## **Markham Community House and Centre**

Mrs Caerwyn James (Project Manager)

King Georges Field, Pantycefn Road, Markham, NP12 0QX.

01495 226370

anwill@tiscali.co.uk

Aims: To encourage and provide quality sporting activities. Hire of facilities to community and businesses. Café and meeting facilities are also available.

Catering for meetings and functions. Educational classes.

Meetings: 9.00am - 10.00pm.

Venue:

## **New Tredegar Leisure Centre**

Sian Jones

New Tredegar Leisure Centre, Grove Park, New Tredegar, NP24 6XF.

01443 875586

[www.caerphilly.gov.uk/leisure](http://www.caerphilly.gov.uk/leisure)

Aims: To provide a wide variety of sport and health related activities that cater for all sectors of the community.

Meetings:

Venue:

## **Newbridge Leisure Centre**

Mr S H Spooner (Manager)

Bridge Street, Newbridge,

NP11 5FE.

01495 248100. Fax: 01495

241170

lcnewb@caerphilly.gov.uk

[www.caerphilly.gov.uk/leisurelifestyle](http://www.caerphilly.gov.uk/leisurelifestyle)

leisurelifestyle

Aims: To meet the educational leisure and cultural needs of the community.

Meetings: Mon. - Fri. 7.30am

- 10.30pm. Sat. - 9.00am

- 8.00pm. Sun. - 9.00am -

10.00pm.

Venue:

## **Pontllanfraith Leisure Centre**

The Manager Mr. Sean Spooner

Coed Cae Ddu Road,

Pontllanfraith, Blackwood, NP12 2DA.

01495 224562. Fax: 01495

223195

pontllanfraith@caerphilly.gov.uk

[www.caerphilly.gov.uk/leisurelifestyle](http://www.caerphilly.gov.uk/leisurelifestyle)

leisurelifestyle

Aims: Sports Leisure and Fitness

Meetings:

Venue:

## **Risca Leisure Centre**

The Manager

Risca Leisure Centre, Pontymason

Lane, Risca, NP11 6YY.

01633 600940 Fax: 01633

600949

lcrisca@caerphilly.gov.uk

[www.caerphilly.gov.uk/](http://www.caerphilly.gov.uk/)

leisurelifestyle

Aims: To provide sports, social and community activities for adults and children within the community.

Meetings:

Venue:

## **Sue Noake Leisure Centre**

The Manager

Pengam Road, Ystrad Mynach,

Hengoed, CF82 8AA.

01443 813982 Fax: 01443

815511

Aims: To provide sporting activities to all ages and levels.

Meetings:

Venue:

## **A15 CAERPHILLY WOMEN'S GROUPS**

### **Caerphilly Womens Aid**

Nicola Pamplin

Lion House, 2 North View

Terrace, Caerphilly, CF83 1PE.

029 2086 0255

caerphillyws@llamau.org.uk

[www.llamau.org](http://www.llamau.org)

Aims: To support women and children suffering domestic abuse. To provide refuge, advice and help. Floating support also available.

Meetings: Please contact group for volunteer information.

Venue:



### **Caerphilly Womens Institute (W.I.)**

Val Evans (Secretary)  
Glyn Hir, 54 Mill Road, Caerphilly,  
CF83 3FH.

029 2088 4543  
babstonner@msn.com

Aims: For women of all ages to promote friendship, learning and working together in the Community.

Meetings: Formal meeting 4th Wednesday in each month 7.30pm. Informal meeting 2nd Wednesday in each month 7.30pm.

Venue: The Community Hall, St. Helens Parish Centre, Nantgarw Road, Caerphilly CF83 3FB

### **Machen Women's Institute**

Mrs C Jones  
5 The Oaks, Machen, Caerphilly,  
CF83 8RZ.

01633 440328

Aims: To promote the aims of the national WI at a local level. For women of all ages enabling them to develop their skills and talents.

Meetings: Second and fourth Thursday of every month 7.30pm.

Venue: Machen Village Hall, The Crescent, Machen, CF83 8ND.

### **New Tredegar Ladies Guild**

Mrs Kathleen Thomas  
25 Fothergills Road, New  
Tredegar, NP24 6AW.  
01443 838275

Aims: Social evening and charity work.

Meetings: Wednesday 7.00pm - 9.00pm

Venue: New Tredegar Resource Centre

### **Women's Institute, Pengam & Fleur-de-lis**

Mrs W K Jones  
2 Clos Carolyn, Parkhill,  
Blackwood, NP12 3QT.  
01443 833846

Aims: For women of all ages, to promote friendship, learning and work together in the community and develop their own individual skills and talents.

Meetings: First Tuesday in month 7.00pm.

Venue: Mount Zion Chapel, Gellihaf Road, Fleur-de-lis.

### **Women's Institute, Pontllanfraith**

Mrs Elaine Thomas (Secretary)  
2 Ebbw Street, Risca, Newport,  
NP11 6DJ.  
01633 614193

Aims: To socialise, to learn and to promote women and their work in the community.

Meetings: Second Tuesday of month at 7.00pm.

Venue: St Augustine's Church Hall, Pontllanfraith.

### **A16 YOUTH GROUPS Help and Advice Groups**

#### **Barnardo's Caerphilly Services**

Christine Short,  
59 Commercial Street, Risca,  
Newport, NP11 6AW.

01633 612712

christine.short@barnardos.org.uk

www.barnardos.org.uk

Aims: Young Carers - To reduce the impact of caring by providing support to the young carer and their family. Monthly group meetings, school holiday trips and activities, one-to-one support.

Meetings: Office hours Mon - Fri 9.00am - 5.00pm. Evening groups.

Venue: Various venues throughout the Caerphilly borough.

#### **Basement Youth Information Network**

InfoQuest - Youth Project and  
Cyber Café

InfoQuest, Sr Ivors Road,  
Pontllanfraith, Blackwood, NP12 2JH.

01495 230067

thebasement@caerphilly.gov.uk

Aims: InfoQuest (a Basement Youth Information Network Project) aims to provide young people aged 11-25 with free information, support and advocacy services as well as generic youth work opportunities.

Meetings: Mon: 5.30pm - 8.30pm; Wed: 5.30pm - 8.30pm.  
Venue: InfoQuest - Youth Project and Cyber Café

### **Basement Youth Information Network**

The Basement Mobile Service  
c/o InfoQuest, Sir Ivors Road,  
Pontllanfraith, Blackwood, NP12 2JH.  
07733 102083

thebasement@caerphilly.gov.uk  
Aims: The Basement Youth Information Network aims to provide young people aged 11-25 within the county borough of Caerphilly with free information, support and advocacy services.  
Meetings: Mon - Thur, times vary according to work undertaken and communities visited, please phone for details.

Venue: The Basement Mobile Service (a purpose built, mobile youth provision)

### **Basement Youth Information Network**

Blackwood Basement

192 High Street, Blackwood,  
NP12 1AJ.

01495 233007

thebasement@caerphilly.gov.uk

Aims: The Basement Youth Information Network aims to provide young people aged 11-25 within the county borough of Caerphilly with free information, support and advocacy services.

Meetings: Tue: 12.00 - 8.00pm;  
Thur: 12.00 - 8.00pm; Fri:  
10.00am - 5.00pm; Sat:  
11.00am - 3.00pm

Venue: Blackwood Basement  
(situated underneath Blackwood Library)

### **Caerphilly County Borough Council Youth Service**

Paul O'Neill

Floor 3, Penallta House,  
Tredomen Park, Ystrad Mynach,  
Hengoed, CF82 7PG.

01443 863197

oneilp@caerphilly.gov.uk  
youth4u

Aims: The Youth Service aims to informally educate young people between the ages of 11-25, by a variety of means and in a variety of settings. The Service encourages young people to participate in every aspect of its work and to help young people to have a say in their lives.

Meetings: All year round  
education service covering

9.00am - 10.00pm. Please  
contact for specific details.

Venue: See Youth4u website for  
full details.

### **Churches in Action**

Diane Thomas

Gigabites Youth Project, Shops  
1-3, 41 High Street, Bargoed,  
CF81 8RD.

01443 837792

office@gigabitesproject.co.uk  
www.gigabitesproject.co.uk

Aims: To create a safe and  
welcome atmosphere for young  
people in which they are listened  
to and respected. To provide  
recreational and educational  
facilities which would help  
alleviate boredom and provide a  
positive social environment. To  
help young people develop their  
full potential as individuals and  
members of our society through  
our activities and facilities.

Meetings: The Drop in Café/  
Centre is available for young  
people aged 11-25 yrs.

Venue: Gigabites Youth Project.

### **CRAI District Scout Council**

Mr Darren Ganderton

24 Clos Afon Llwyd, Pontypool,  
Torfaen, NP4 6DA.

07967120086

craidc@btinternet.com

Aims: To promote the development

of young people in achieving their full physical, intellectual, social and spiritual potential, as individuals, as citizens and as members of their local, national and international communities.

Meetings:

Venue: See individual groups

### **Llamau Ltd - Risca Safe**

Cath Gallivan

Risca Safe House, 23 Church Road, Risca, NP11 6FG.

01633 615807

riscasafe@llamau.org.uk

www.llamau.co.uk

Aims: Providing temporary accommodation and support to 16 & 17 year olds who are homeless and in priority need.

Meetings: Thurs: (fortnightly) 10.00am onwards

Venue: Risca Safe House.

### **The Basement Youth Information Network**

Crumlin Institute

Unit 6, Crumlin Institute, The Square, Crumlin, NP11 4QD.

01495 244064

thebasement@caerphilly.gov.uk

Aims: To provide support and information for 11-25 year olds.

Meetings: Various.

Venue: Blackwood Basement, Infoquest Pontllanfraith, Basement Mobile.

### **Well of Hope Christian Books & Gifts with Coffee Shop**

Helen Berrill/Lynda Taylor

11 Bedwlyn Road, Ystrad Mynach, Hengoed, CF82 7AA.

01443 816516

thewellofhope@aol.com

Aims: A one stop resource and christian information centre, with the hope of meeting individuals' needs or connecting them with someone who can.

Meetings: Mon - Fri 9.00am - 3.00pm.

Venue: As address, incorporating a small Christian Gift and Book Shop plus teas and coffee.

### **Young People's Information Service**

Ruth Lee (ISCYP Manager)

Duffryn House, Duffryn Business Park, Ystrad Mynach, Hengoed, CF82 7RJ.

01443 863232. Fax: 01443 863471

Aims: Are you looking for information about young people's leisure activities or help and advice about services in Caerphilly County Borough, but don't know where to start? Then you've come to the right place. The Service provides free information for young people looking for leisure activities like youth clubs and fitness classes.

We also have contact details for support services throughout the borough. Our website is currently being developed but you can e-mail us at [yis@caerphilly.gov.uk](mailto:yis@caerphilly.gov.uk) with any questions.

Meetings:

Venue:

### **Your Way' Project - YMCA**

Lorraine Davies

Aeron Place, Gilfach, Bargoed, CF81 8JA.

01443 831116

[www.daviel14@caerphilly.gov.uk](mailto:www.daviel14@caerphilly.gov.uk)

Aims: Work with children aged 4 upwards whose lives are affected by someone else's misuse of drugs/alcohol/ prescription drugs (family member etc).

Meetings: Various times - weekly group support play sessions on Tuesday 4.00pm - 5.30pm. Activity days - play, craft, team building etc., throughout school holiday times.

Venue: Bargoed YMCA.

### **Organisations**

#### **1st Aber Valley Scout Group**

Mrs Barbara Turner

21 Tyla Glas, Caerphilly, CF83 1NJ.

029 2086 6866

Aims: To promote the

development of young people in achieving their full physical, intellectual, social and spiritual potential as individuals, as citizens and members of their local, national and international communities.

Meetings: Wed: Cubs 6.30pm - 8.00pm. Beavers 6.00pm - 7.00pm. Scouts (10 and a half to 14yrs) 7.15pm - 8.30pm  
Venue: Nazareth Community Centre, Abertridwr, Caerphilly

### **1st Aberbargoed Rainbows**

Mrs Sue Richards, Mrs Gill Thorburn  
56 Bedwellty Road,  
Aberbargoed, Bargoed, CF81 9BA.  
01443 821950  
Aims: To promote guiding and rainbow jig saw. Look, Learn, Laugh, Love.  
Meetings: Fri: after school closes.  
Venue: Aberbargoed Primary School

### **1st Abercarn Scout Group**

Linda Terrell  
21 Mount Pleasant Terrace,  
Pontywaun, Crosskeys, NP11 7GH.  
01495 270717  
Aims: To promote the development of young people in achieving their full physical,

intellectual, social and spiritual potential, as individuals, citizens and members of their local, national and international communities.

Meetings: Wed: Beavers 5.30pm - 6.30pm. Scouts 7.00pm - 9.00pm. Thurs: Cubs 6.30pm - 8.00pm.  
Venue: Abercarn Scout Hall.

### **1st Blackwood Boys Brigade Company**

Mrs Linda Smith  
1 Rose Cottages, Cwmgelli,  
Blackwood, NP12 1BT.  
01495 222769 / 07801446635  
boysbrigade@btconnect.com  
Aims: The advancement of Christ's Kingdom amongst boys and the promotion of habits of obedience, reverence, discipline, self-respect and all that tends towards a true Christian manliness.  
Meetings: Wed: 6-8yrs 6.30pm - 7.30pm. 8-11yrs 6.30pm - 8.00pm. 11-18yrs 6.30pm - 8.30pm.  
Venue: Mount Pleasant Baptist Church, Cefn Road, Blackwood.

### **1st Blackwood Brownies**

Mrs Wendy Meredith  
5 Grange Hill, Blackwood,  
NP12 3PE.  
01443 830177

Aims: To provide stimulating and interesting activities for girls aged 7 -10 yrs and to have fun.  
Meetings: Wed: 6.00pm - 7.15pm.

Venue: Blackwood Brownie Hall.

### **1st Fleur-de-lis Brownies**

Elizabeth Wilson  
10 Leonard Street, Fleur de Lis,  
Blackwood,  
07971 029262  
Aims: Fun for 7-10yr old girls with crafts, games and activities to help develop their own personal interests and appreciation of the environment.  
Meetings: Wed: 5.45pm - 7.15pm.  
Venue: Pengam Primary School.

### **1st Gilfach (St Margarets) Scout Group**

Terry Payne  
59 Gilfach Street, Bargoed,  
CF81 8LS.  
01443 837509  
Aims: To promote the development of young people in achieving their full physical, intellectual, social and spiritual potential, as individuals, as citizens and as members of their local, national and international communities.  
Meetings: Wed: Beavers - 6.00pm - 7.00pm. Scouts

7.00pm - 9.00pm (age 9 - 14 yrs)

Venue: The Scout Hall, Rear of Victoria Place, Gilfach.

### **1st Pontllanfraith Brownies**

Miss Sarah Jayne Williams

"Brentwood", Bryn Road,

Pontllanfraith, Blackwood, NP12 2EX.

01495 221576

Aims: Emphasis on fun and working to gain various types of badges. Members of Guide Association.

Meetings: Tues: 5.30pm - 7.00pm

Venue: Pontllanfraith Methodist Church.

### **1st Ystrad Mynach Scout Group**

Mrs Elizabeth Davies

71 Bedwlwyn Road, Ystrad

Mynach, Hengoed, CF82 7AB.

01443 814640

davies.elizabeth@sky.com

Aims: To promote the development of young people in achieving their full physical, intellectual, social and spiritual potential, as individuals, as citizens and as members of their local, national and international communities.

Meetings: Tues: Cubs 4.30pm - 6.00pm. Thur: Beavers - 5.00pm - 6.30pm. Cubs - 6.30pm - 7.45pm. Scouts - 8.00pm -

9.30pm

Venue: The Scout Hall, Central Street, Ystrad Mynach.

### **277 (Blackwood) Squadron Air Training Corps**

Flight Lieutenant RC Beech,  
Commanding Officer

11 Nant-y-Ffyddlon, Duffryn Park, Penpedairheol, Hengoed, CF82 8DQ.

01443 833220 Daytime,  
Monday - Friday. 01495 228408

Evening

rcbeech@277sqn.org.uk

Aims: Youth organisation to promote interest in aviation, sports, flying, gliding, shooting, adventure-training, D of E Scheme, camps etc.

Meetings: Parade nights, Monday & Friday, 6.30pm - 9.30pm.

Sport nights, Wednesday 7.00pm - 9.00pm (at Blackwood Community College).

Venue: Squadron Headquarters, Lewis Avenue, Blackwood, NP12 1JG.

### **2nd Blackwood Boys' Brigade**

Mrs Marjorie Holding

15 Derwen Close, Blackwood,  
NP12 1JD.

01495 224914

Aims: The advancement of Christ's Kingdom amongst

boys and the promotion of habits of obedience, reverence, discipline, self-respect and all that tends towards a true Christian manliness.

Meetings: Mon: 6.00pm - 7.00pm anchor. Junior 7.00pm - 8.00pm. Company Section 8.15pm - 9.30pm.

Venue: Central Methodist Church, Blackwood (on the Square) by Argos.

### **2nd Caerphilly Scout Group**

Miss Marilyn Humphreys

10 First Avenue, Trecenydd,  
CF83 2SA.

029 2086 6978

m.hump@hotmail.co.uk

Aims: To promote development of young people in achieving their full potentials via an enjoyable and attractive progressive training scheme.

Meetings: Cubs 8-10.5yrs Mon.

6.30pm - 8pm. Beavers 6-8yrs

Tues. 6.00pm - 7.15pm. Scouts 10.5 - 14yrs Thurs. 7.30pm - 9.00pm.

Venue: Scout Hall near Aber Halt railway station behind Nantgarw Road, Caerphilly.

### **2nd Pontllanfraith Brownie Pack**

Mrs Angela Williams

Brentwood, Bryn Road,



Pontllanfraith, Blackwood,  
NP12 2EX.

01495 221576

Aims: Emphasis on fun and working to gain various types of badges. Members of Guide Association.

Meetings: Thurs: 5.30pm - 7.00pm

Venue: Bryn Junior School, Pontllanfraith.

### **Bargoed YMCA**

Joanne Price

Aeron Place, Gilfach, Bargoed,  
CF81 8JA.

01443 831116

bargoedymca@caerphilly.gov.uk

Aims: Youth, sporting and educational programmes including IT suite. Credit Union collection point. Meeting and training facilities available for booking.

Meetings: Youth Clubs - Mon., Tues. and Wed. Football - Tues - Thurs including weekends.

Karate - Sat. Education classes - various.

Venue: Bargoed YMCA.

### **Cefn Hengoed Youth Club**

Donna Cushing

88 Gelligaer Road, Cefn Hengoed, Hengoed, CF82 7HL.  
07974 796515

Aims: To provide facilities for

children and young people to receive a social education to enable them to become full contributing members of the community.

Meetings: Youth Club Wed 6.30pm - 8.30pm. Friday Night Youth Project 7.00pm - 9.00pm

Venue: The Youth Centre, Cefn Hengoed, Gelligaer Road, Cefn Hengoed, Hengoed.

### **Clubs for Young People - Wales (Gwent Group)**

Mr David Powe

69 Park Place, Pontymister, Risca,  
NP11 6BN.

01633 613025

davidapowe@aol.com

www.cypwales.org.uk

Aims: To educate boys and girls through their leisure time, so as to develop their physical, mental and spiritual capacities that they may grow to full maturity as individuals.

Meetings: Monthly 7.00pm - 9.00pm

Venue: Various clubs in Gwent.

### **Clubs for Young People Wales**

Joff Carroll (Chief Executive)

Western Business Centre,  
Riverside Terrace, Ely Bridge, Ely,  
Cardiff, CF5 5AS.

029 2057 5705 Evenings.

Answerphone/ 029 2057 5705  
office@cypwales.org.uk

www.cypwales.org.uk

Aims: To support and assist young people to mature as individuals and to acquire the skills which will empower them to become active and responsible members of their communities.

Meetings: Various days and times.

Venue: Pengam Boys' & Girls' Club, Pontlottyn Boys' & Girls' Club, Ystrad Mynach Boys' & Girls' Club. Ring to confirm venues.

### **Cwmfelinfach Youth Group**

Geoff Cox

Tyn-y-graig, New Road,  
Cwmfelinfach, NP11 7GU.

01495 201238. Mobile:  
07976962906

Aims: To provide a well equipped youth club offering a good range of activities in a safe and pleasant environment, to all youngsters of school age. Enabling them to mix, relax and meet friends, where they can gain independence and confidence whilst encouraging the development of the necessary social skills.

Meetings: All year as follows:

Mon: 4.00pm - 6.00pm Youth Arts & Crafts Session for all ages.

Sat. 3.00pm - 6.00pm Youth Club  
Venue: Cwmfelinfach Community Centre, Stanley Street, Cwmfelinfach NP11 7HF.

### **Green Club**

Mr John Jenkins,  
29 Three Oaks Close, Bedwas, Caerphilly, CF83 8HF.  
029 2088 4561  
tandmdunscombe@fsmail.net  
Aims: For children 5-10 yrs old to play, learn crafts and games.  
Meetings: Tues: 5.30pm - 7.00pm.  
Venue: St Thomas' Church, Trethomas.

### **Islwyn District Scouts**

Mr Clive Harrison (District Commissioner & Campsite Commissioner)  
10 Addison Street, Cefn Fforest, Blackwood, NP12 1ES.  
01443 839458: park no. 01495 237800 07814 557837  
islwynscoutparc.org.uk  
Aims: To promote the development of young people in achieving their full physical, intellectual, social and spiritual potential, as individuals, as citizens and as members of their local, national and international communities. Large nine acre campsite with modern toilet and shower blocks. Chalet with

dormitories, large activity centre with climbing and abseiling wall. Indoor sleeping accommodation. Meetings:  
Venue: Islwyn Scout Parc, Treowen, Newbridge.

### **SYDIC (Senghenydd Youth Drop In Centre)**

Dave Brunton (Centre Manager), Paul Mitchell (Senior Youth Worker) Caretakers House, Community Centre, Gwern Avenue, Senghenydd, Caerphilly, CF83 4HA.  
029 2083 2712  
Fax: 029 2083 2712  
dbrunton@sydic.org.uk  
www.sydic.org.uk  
Aims: The Senghenydd Youth Drop in Centre is a charitable status company limited by guarantee set up in 1997 to listen to, engage with, encourage and help the young people of the Aber Valley to make positive contributions to their community. The centre offers a wide range of services and activities for young people 12 hours a day most days of the week.  
Meetings: Opening Time 10.00am - 10.00pm. Youth Club: Mon - Thurs 6.30am - 9.30pm.  
Venue: SYDIC, Senghenydd.

### **Youth Centres in CCBC**

Crumlin Institute  
Community Education Centre,  
Unit 6 Institute Buildings, Crumlin Square, Crumlin, Newport, NP11 4QD.  
Tel: 01495 244064. Fax: 01495 249881  
Aims: For youth work to be educational, participative, expressive and empowering.  
Meetings: Term time only.  
Contact Crumlin for details.  
Venue: Various venues throughout Caerphilly county borough.

### **Ystrad Mynach Boys' & Girls' Club**

Mr K Pritchard  
Lisburn Road, Ystrad Mynach, CF82 7AS.  
01443 816334: Boys Club  
01443 815766  
www.ystradmynachboysandgirlsclub.co.uk  
Aims: To provide all indoor sports and interaction with other organisations. Computers - 2 evenings per week, Gardening Club, full size snooker table and pool table.  
Meetings: Mon - Thurs 5.30pm - 9.00pm. Now also Boxing on Mon/Wed/Fri: 5.30pm - 7.00pm.  
Venue:

## **A17 VOLUNTARY/ COMMUNITY GROUPS AND ASSOCIATIONS**

### **Barnardo's**

Judith Voyle

59 Hanbury Road, Bargoed,  
CF81 8QX.

01443 837136

[www.barnardos.org.uk](http://www.barnardos.org.uk)

Aims: Charity shop - to raise  
funds for children in Wales.

Meetings: Opening hours Mon -  
Sat 10.00am - 4.00pm.

Venue:

### **Business in the Community**

Anne Williams

2nd Floor, Riverside House, 31  
Cathedral Road, Cardiff, CF11 9HB

029 2078 0050 Fax: 029 2023  
5116

[anne.williams@bitc.org.uk](mailto:anne.williams@bitc.org.uk)  
[www.bitc.org.uk/wales](http://www.bitc.org.uk/wales)

Aims: We bring business support,  
skills and expertise to voluntary  
organisations to meet their  
needs. We link the business and  
community together for mutual  
benefit.

Meetings: Flexible, generally  
Mon - Fri between 9.00am -  
5.00pm

Venue: Will meet with  
voluntary/community groups  
at their premises or wherever is  
convenient.

### **Caerffili and District Twinning Association**

John Reardon (Chairman), Jayne  
Bowen (Secretary)

9 Herons Way, Castle View,  
Caerffili, CF83 1SW.

029 2085 1479 Cllr Mann. 029  
2085 1479 Jayne Bowen

[john.reardon1@hotmail.co.uk](mailto:john.reardon1@hotmail.co.uk)

[www.Caerphillytwinning.org.uk](http://www.Caerphillytwinning.org.uk)

Aims: To promote cultural,  
sporting, education links with twin

towns Lannion and Ploubezre

Meetings: 2nd Thursday every  
month at 7.30pm.

Venue: Caerphilly Fire Station.

### **Caerphilly Basin and Aber Valley Voluntary Sector Forum**

Rob Gough - Senior C/F Officer;  
Steve Thomas - Abervalley, Graig-  
y-rhacca and Lansbury Park.

G.A.V.O., Unit 1A, First  
Floor, Withey Duffryn Court,  
Duffryn Business Park, Ystrad  
Mynach, CF82 7RJ.

01443 863540

[rob.gough@gavowales.org.uk](mailto:rob.gough@gavowales.org.uk)

Aims: To provide a forum for  
voluntary sector to meet,  
exchange information & ideas,  
receive advice etc. Guest  
speakers.

Meetings: Meet 3 times a year.  
For more information, contact  
the Ystrad Mynach Office.

Venue: Various Locations.

### **Caerphilly Care For Carers**

Caroline Gledhill (General  
Manager)

Ty Energlyn, Cwrt Llanfabon,  
Energlyn, Caerphilly, CF83 2TP.  
029 2088 2663

[c.gledhill@btconnect.com](mailto:c.gledhill@btconnect.com)

[www.caerphillycareforcarers.org](http://www.caerphillycareforcarers.org)

Aims: The aim of C.C.F.C. is to  
provide quality care and support  
services in the local community  
for carers.

Meetings: Office hours, Mon -  
Thurs 9.00am - 4.00pm; Friday:  
9.00am - 3.30pm.

Venue: Community based.

### **Caerphilly County Borough Council Youth Forum (Youth Service)**

Clare Jones

Floor 3, Penallta House,  
Tredomen Park, Ystrad Mynach,  
Hengoed, CF82 7PG.

01443 863292

[email-youthforum@caerphilly.gov.uk](mailto:email-youthforum@caerphilly.gov.uk)

[www.caerphilly.gov.uk/youth](http://www.caerphilly.gov.uk/youth)

Aims: To promote opportunities  
for young people in Caerphilly  
Borough to have a voice on  
issues that affect them and to  
become actively involved in local  
decision making.

Meetings:

Venue:

## **Caerphilly Voluntary Sector Representatives Committee**

Mike Bridgman (Secretariat)

G.A.V.O.

G.A.V.O., Unit 1A, 1st Floor,  
Withey Duffryn Court, Duffryn  
Business Park, Ystrad Mynach,  
Hengoed, CF82 7RJ.

01443 863540.

mikebridgeman@gavowales.org.uk

Joanne Price

Cyril Luke

David Morgan

Melaine Snowdon

Brenda Helps

Christine Williams

R H Cooke

Allen Williams

Chris White

Jenny Render

Noel Young

Dave Brunton

Rev John Blackburn

Mrs Mair Gwyne

John Dilworth

Joyce Morgan

Jill Lawton

Sandra Brown

Mr John Wade

Mr Peter Jones

Mr Paul Mitchell

Mr Laurence Clay

Mrs Mair Wade

Mr Istvan Racz

Aims: To foster a good working  
relationship with Caerphilly  
County Borough Council and  
Partners named in the Caerphilly

County Borough Compact  
Document. To strengthen  
the partnership between the  
Voluntary Sector and the Partners  
for the benefit of the local  
Community in the Caerphilly  
County Borough area.

Meetings: Every quarter, Feb/  
May/Aug/Nov.

Venue: Caerphilly County  
Borough Council Offices - Dyffryn  
House.

## **Carers Wales**

Beth Evans (Information Officer)  
River House, Ynysbridge Court,  
Gwaelod-y-garth, Cardiff, CF15 9SS.  
029 2081 1370.

Fax: 029 2081 1575

info@carerswales.org

www.carerswales.org

Aims: To make carers aware of  
their role and status in society,  
provide information to carers,  
encourage the setting up of  
support for carers and bring the  
needs of carers to the attention  
of policy makers and service  
providers.

Meetings: Mon - Fri: 9.00am -  
4.00pm. 24hr answerphone.

Carersline - 0808 8087777. Wed  
and Thurs 10.00am - 12noon,  
2.00pm - 4.00pm

Venue:

## **Charter Housing Association**

Various

Exchange House, High Street,  
Newport, NP20 1AA.

01633 212375

Aims: Providing housing and  
services that make a real  
difference to peoples lives.

Meetings: N/A

Venue: Various (including a  
Community House at Fairview,  
Blackwood)

## **Community Furniture Enterprise**

General enquiries

Lawn Industrial Estate, Rhymney,  
Caerphilly, NP22 5PW.

01685 846830. Fax: 01685  
846831

www.community-furniture.co.uk  
info@community-furniture.co.uk

Aims: To provide families and  
individuals on means tested  
benefits or low income within  
Caerphilly and Heads of the  
Valleys with good quality, re-  
usable furniture and electrical  
appliances at a low cost. There  
is a free collection service for  
those making donations of  
furniture within Caerphilly and  
electrical appliances. Also, to  
provide support to community  
groups with office and other  
equipment. Training and  
volunteering opportunities

provided, particularly those who are unemployed.

Meetings: Warehouse opening times Mon - Thurs: 8.30am - 4.30pm. Fri: 8.30am - 4.00pm. Sat: 9.30am - 1.00pm  
Venue:

### **Croeso Christian Bookshop and Coffee Shop Ltd.**

Mrs Nanette Timothy  
8 High Street, Fleur-de-lis, Blackwood, NP12 3UB.  
07773874863

Aims: To promote the Christian religion and provide a calm, pleasant atmosphere for physical and spiritual refreshment.

Meetings: Mon - Fri: 10.00am - 2.00pm

Venue: 25 High Street, Fleur-de-lis, Blackwood.

### **Cruse in Gwent**

Carol Evans  
'Graig Wen', 4 Pant Road, Newbridge NP11 5FL.  
01495 243526

Aims: The promotion of friendship and cultural and sporting exchanges between the communities of Caerphilly county borough and Pisek in the Czech Republic.

Meetings: Bi monthly Thursdays 7.00pm - 8.30pm.

Venue: Islwyn House, Pontllanfraith.

### **Friends of Pisek Twinning Association**

Carol Evans  
'Graig Wen', 4 Pant Road, Newbridge, NP11 5FL.  
01495 243526

Aims: The promotion of friendship and cultural and sporting exchanges between the communities of Caerphilly county borough and Pisek in the Czech Republic.

Meetings: Bi monthly Thursdays 7.00pm - 8.30pm.

Venue: Islwyn House, Pontllanfraith.

### **GAVO Gateway**

Val Jackson (Engagement Gateway Local Advisor)  
Unit 1A, First Floor, Withey Dyffryn Court, Dyffryn Business Park, Ystrad Mynach, Hengoed, CF82 7TT.  
01443 863540

Aims: To invest in local groups and organisations that help people make progress towards employment - by building their skills and confidence. The investment will be in the form of a contract worth up to a maximum of £150,000.

Meetings:

Venue:

### **GAVO Voluntary Sector Crime Reduction**

Steve Keenan  
Crime Reduction Development Officer  
GAVO, Unit 1a, First Floor, Withey Dyffryn Court, Dyffryn Industrial Estate, Ystrad Mynach, Hengoed, CF82 7TT.  
01443 863540

Aims: Promote OWL (Online Watch Link) and Neighbourhood Watch. Advise on current crime problems/trends and provide solutions. Prevent crime reduction techniques to communities.

Meetings: N/A

Venue:

### **GAVO Volunteer Centre**

Helen Heath/Keri Williams (Volunteer Information Officers)  
Beverley Boulton (Volunteer Information Officer)  
Unit 1A, First Floor, Withey Dyffryn Court, Dyffryn Business Park, Ystrad Mynach, Hengoed, CF82 7TT.  
01443 863540

Aims: Promote, support and develop the participation of volunteers as appropriate to local needs. Recruit organisations that provide a meaningful placement to volunteers. Advise voluntary groups on all aspects of volunteering and



provide ongoing support for our volunteers. We also offer opportunities targeted at the 16-25 age category with the option to gain recognition through the Millennium Volunteer Programme.

Meetings:

Venue:

### **Gwent Association of Voluntary Organisations**

Sandra Davies

GAVO Grants Co-ordinator,  
Unit 1A, First Floor, Withey  
Dyffryn Court, Dyffryn  
Business Park, Ystrad Mynach,  
Hengoed, CF82 7TT.

01443 863540

sandra.davies@gavowales.org.uk

www.gavowales.org.uk

Aims: To administer a number of grant schemes available for community organisations in Caerphilly County Borough.

Meetings:

Venue: As address

### **Islwyn Voluntary Sector Forum**

G.A.V.O. - C/F Officer Neil Jones  
Unit 1A, First Floor, Withey  
Duffryn Court, Duffryn  
Business Park, Ystrad Mynach,  
Hengoed, CF82 7TT.

01443 863540: Fax: 01443  
812292

neil.jones@gavowales.org.uk

Aims: To bring voluntary sector organisations together with local authority social services, health and all other agencies. To encourage networking, information sharing and joint working.

Meetings: Four throughout the year.

Venue: 4 different venues per year within the Islwyn Valley

### **Machen & Sautron Twinning Association**

Mr W Hall

Springhill, Ty Canol Lane,  
Machen, Caerphilly, CF83 8QE.

01633 440389

p925hall@btinternet.com

http://wilf.50webs.com/

machensautron

Aims: To foster understanding and goodwill between communities through twinning.

Meetings: Contact the association for details.

Venue:

### **Menter Iaith Sir Caerffili**

Lowri Jones (Development  
Officer)  
YMCA Bargoed, Aeron Place,  
Gilfach, Bargoed, CF81 8JA.

01443 820913

menter@caerffili.org

www.mentercaerffili.org

Aims: To promote and increase the opportunities for all to use the Welsh language within their communities. Our services include out of school childcare, family support, translations, support and advice to businesses, opportunities for young people and adult Welsh learners.

Meetings:

Venue: Throughout Caerphilly Borough.

### **R.S.P.C.A.**

Headquarters

Wilberforce Way RSPCA H.Q.,

South Water, West Sussex,

RH13 9RF.

03001234999

Aims: To protect animals and to prevent cruelty to animals

Meetings: Contact RSPCA  
Headquarters

Venue: Contact RSPCA  
Headquarters

### **Rhymney Valley Voluntary Sector Forum**

Gill Rogers, Zoe Williams, C/F  
Development Officers  
G.A.V.O., Unit 1A, First Floor,  
Withey Duffryn Court, Duffryn  
Business Park, Ystrad Mynach,  
Hengoed, CF82 7TT.

01443 863540

www.gavowales.org.uk

Aims: To bring voluntary organisations together with local authorities and other statutory agencies to encourage networking, information sharing and joint working.

Guest speakers attend meetings regularly. Forum meets 4 times a year.

Meetings: Meets quarterly on a Thursday.

Venue: Rotates between Bargoed Community Centre, Ael-y-bryn Centre Rhymney and other community centres within the Rhymney Valley.

### **Shelter Cymru Housing Advice Services**

Peter Claridge, Siani Morgan  
PO Box 5002, Cardiff, CF5 3YY.  
029 2055 6120

cardiff@sheltercymru.org.uk  
www.sheltercymru.org.uk

Aims: To provide direct help, advice and support to people in housing need or who are homeless.

Meetings: Bargoed CAB:

Monday 1.00pm - 3.00pm and  
Thursday 10.00am - 12 noon.

Risca CAB: Thursday 1.00pm - 3.00pm.  
Twyn Community Centre: Monday 10.00am - 12 noon.  
Blackwood Customer First Centre: Tuesday 1.00pm - 3.00pm.

Venue: Various outreach

locations throughout Caerphilly County Borough.

### **Shelter Cymru Valleys Inclusion Project**

Andrew Jones

Po Box 5002, Cardiff, CF5 3YY.  
02920 556120

Cardiff@sheltercymru.org.uk  
www.sheltercymru.org.uk

Aims: To provide support to households accused of anti social behaviour in order to tackle ASB and prevent homelessness.

We offer advice, assistance and support for people at risk of homelessness due to their alleged anti social behaviour.

Meetings: At the client's home.

Venue: Offices in Cardiff and Ystrad Mynach

### **Valley's Regional Equality Council**

Cathy Monk (Office Manager)  
VALREC, Ty Menter, Navigation Park, Abercynon, CF45 4SN.

01443 742704

info@valrec.org  
www.valrec.org

Aims: To eliminate discrimination within the areas we cover to promote diversity and to campaign for equality and human rights for all. Deal with all equalities strands now.

Meetings: January - full council:

May - Exec 1: June/July - AGM:  
September/October - Exec 2.

Venue: Venture House,  
Navigation Park.

### **Village Domestic Services**

Tracey White

Unit 9, Penmaen Small

Business Centre, Pontllanfraith,  
Blackwood, NP12 2DZ.

01495 222378

tracey-white@btconnect.com

Aims: Provides domestic services.

Meetings: Office hours 9.30am - 4.00pm, Mon - Fri, excluding Bank Holidays.

Venue:

### **VOLUME**

Ross Thomas (Children and Young People Voluntary Sector Involvement Officer)

G.A.V.O., Unit 1A, Withey

Duffryn Court, Duffryn  
Business Park, Ystrad Mynach,  
Hengoed, CF82 7RJ.

01443 863540

Aims: This network provides its members with support, advice, information and training.

Members receive regular mailings with the opportunity to get together to exchange ideas, create new working partnerships and ensure the voluntary sector voice is heard. Close links are made with the children and

young peoples partnership.  
Meetings: Various times  
throughout the year.  
Venue: Throughout the  
borough.

## **B1 LIST OF COUNCILLORS AND RESPECTIVE WARDS**

### **ABERBARGOED**

Alan Alan Gerald Higgs  
(Labour)  
29 Duffryn Street,  
Aberbargoed,  
Bargoed, CF81 9ET.  
01443 829670  
alanhiggs@caerphilly.gov.uk

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CF81 9DA.  
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### **ABERCARN**

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Denver W.R. Preece  
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### **ABER VALLEY**

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### **ARGOED**

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01443 839744  
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D. Tudor Davies  
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01443 832169  
tudordavies@caerphilly.gov.uk

Mrs Diane Price  
(Labour)  
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01443 837291  
dianneprice@caerphilly.gov.uk

### **BEDWAS, TRETTHOMAS AND MACHEN**

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Ron Davies  
(Independent)

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Ddu, Caerphilly, CF83 3DA.  
0797 7400950  
rondavies@caerphilly.gov.uk

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(Independent)  
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### **BLACKWOOD**

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01495 227908

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01495 230109  
kaypresley@caerphilly.gov.uk

Keith Smallman  
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### **CEFN FFOREST**

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01443 838504

Tom J. Williams  
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Fforest, Blackwood, NP12 3JY.  
01443 830731  
tomwilliams@caerphilly.gov.uk

### **CROSSKEYS**

D. Michael Gray  
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### **CRUMLIN**

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### **DARREN VALLEY**

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### **GILFACH**

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### **HENGOED**

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engoed, CF82 8HJ.  
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### **LLANBRADACH**

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### **MORGAN JONES**

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## **COUNCIL CABINET MEMBERS**

### **LEADER**

Councillor Allan Pritchard

### **DEPUTY LEADER**

Councillor Colin Mann

### **PERFORMANCE, PROPERTY AND ASSET MANAGEMENT**

Councillor Colin Hobbs

### **REGENERATION & PLANNING**

Councillor Ron Davies

### **EDUCATION LIFELONG LEARNING & LEISURE**

Councillor Phil Bevan

### **PUBLIC SERVICES AND HOUSING**

Councillor Lyn Ackerman

## **CONSTITUTIONAL AFFAIRS**

Councillor Allan Pritchard

## **CORPORATE FINANCE, PROCUREMENT AND SUSTAINABILITY**

Councillor Colin Mann

## **SOCIAL SERVICES**

Councillor Judith Pritchard

## **PUBLIC PROTECTION, ENGINEERING AND TRANSPORT**

Councillor Rob Gough

## **HUMAN RESOURCES**

James Fussell

## **SERVICES & CONTACTING YOUR COUNCIL**

### **Main Switchboard Numbers**

01443 815588

01495 226622

Switchboard 8.30am – 5.00pm

Monday - Thursday

8.30am – 4.30pm Friday.

### **Council Headquarters**

Caerphilly County Borough Council, Penallta House, Tredomen Park, Nelson Road, Ystrad Mynach, Hengoed

CF82 7PG

Emergencies (out of hours only)

01443 875500

info@caerphilly.gov.uk

www.caerphilly.gov.uk

## **CHIEF EXECUTIVE'S DEPARTMENT**

Chief Executive,  
Mr. Anthony O'Sullivan

Main areas of activity: European affairs, Community Regeneration, Tourism, Chief Executive Support Office, Committee services, Members services, Scrutiny support, Leader's / Mayor's office, Emergency planning, Environmental health, Consumer protection, Trading standards, Licensing, Recycling, Waste disposal, Refuse/ cleansing, Planning, Highways, Street lighting Engineering, Building design and Property management.

Environmental Services

01443 866544

(Includes health, grants, pest control and dog warden)

Public Services 01443 866533

(Includes refuse, special collections, street cleansing, skips & renewal/ replacement bins).

Trading Standards

01495 235291

Highways 01443 866511

(Includes roads, flooding, storm drains)  
Planning 01495 235268  
Street Lighting 01495 235789

## **DEPUTY CHIEF EXECUTIVE'S DEPARTMENT**

Deputy Chief Executive  
Mr. Nigel Barnett

Main areas of activity:  
Communications, Corporate Personnel, Housing, Policy, Performance and IT services  
Financial services, Procurement, Legal services, Central services, Council tax and Housing rents & benefits.  
Council Tax 01443 863002

## **Area Housing Offices**

Eastern Valleys Area Housing Office, Pontllanfraith House, Blackwood, NP12 2YW  
01495 235229  
Fax 01495 235230  
eastvalleyaho@caerphilly.gov.uk

Graig Y Rhacca Neighbourhood Housing Office, Grays Gardens Graig y Rhacca, Machen CF83 8TW.  
029 2085 3050  
Fax 029 2086 8997  
grraigyrhaccanho@caerphilly.gov.uk

Lansbury Park Neighbourhood Housing Office, 45 Attlee Court  
Lansbury Park, Caerphilly CF83 1AA.  
029 2086 0917  
Fax 029 2088 1815  
lansburyparknho@caerphilly.gov.uk

Lower Rhymney Valley Area Housing Office, Pontygwindy House, Unit 7, De Clare Court, Pontygwindy Industrial Estate, Caerphilly CF83 2WA.  
029 2084 9838 / 9839  
Fax 029) 2084 9844  
Irvaho@caerphilly.gov.uk

Upper Rhymney Valley Area Housing Office, Ty Gilfach House, William Street, Bargoed CF81 8ND.  
01443 873535  
Fax 01443 873533  
urvaho@caerphilly.gov.uk

## **DIRECTORATE OF EDUCATION, LIFELONG LEARNING AND LEISURE**

Corporate Director  
Mrs Sandra Aspinall

Main areas of activity: Education (nursery, primary, secondary), community education, libraries and leisure.

Community Education  
01443 864105  
School Admissions

01443 864894  
Free School Meals  
01443 863093

## **DIRECTORATE OF SOCIAL SERVICES**

Corporate Director  
Mr. Albert Heaney

01443 864560  
Minicom: 01443 873626

Adult Services  
Main areas of activity: Protecting vulnerable adults. Providing and commissioning services for older people and their carers. Providing support services to: people with mental health problems and their carers; people who misuse drugs/alcohol and their carers; people with learning disabilities and their carers; people with physical disabilities/sensory impairment and their carers.

## **Adult Services Duty And Information Team (ASDIT)**

For all initial enquiries concerning adult services  
Tel: 0808 100 2500  
Minicom: 01443 873626  
asdit@caerphilly.gov.uk

Children's Services  
Main areas of activity: Fostering, Adoption, Leaving care, Safeguarding children, Family support services, Children with

disabilities, Children's rights, Youth Offending Service.

### **Children's Service Contact And Referral Team**

For all initial enquiries about the welfare and development of children.  
Tel: 0808 100 1727

contactandreferrals@caerphilly.gov.uk  
Out of Hours

Main areas of activity: This service deals with emergency situations whenever other social services offices are closed.

### **Emergency Duty Team**

Mon-Thu: 5pm - 8.30am

Fri: 4.30pm – 8.30am the following Monday

Bank holidays and weekends: 24hrs

Tel: 0800 3284432

Minicom: 0800 5879963

### **Libraries**

#### **Aberbargoed Library**

Pant Street - Stryd y Pant

Aberbargoed,

CF81 9BB

Tel: 01443 875538

Fax 01443 875538

libabarg@caerphilly.gov.uk

Hours Of Opening

Monday CLOSED

Tuesday 10.00-1.00

3.00-7.00

Wednesday 10.00-1.00

2.00-5.00

Thursday 10.00-1.00

2.00-5.00

Friday 10.00-1.00

2.00-5.00

Saturday CLOSED

#### **Abercarn Library**

High Street, Abercarn, NP11 5GR

Tel: 01495 244393

Fax 01495 244393

libaberc@caerphilly.gov.uk

Hours Of Opening

Monday 10.30-1.00

2.00-5.30

Tuesday CLOSED

Wednesday 10.00-1.00

2.00-7.30

Thursday CLOSED

Friday 10.00-1.00

2.00-5.30

Saturday CLOSED

#### **Abertridwr Library**

Aberfawr Road - Heol Aberfawr

Abertridwr, CF83 4EJ

Tel:(029) 2083 0790

Fax (029) 2083 0790

libatrid@caerphilly.gov.uk

Hours Of Opening

Monday 9.30-1.00

2.00-6.00

Tuesday 9.30-1.00

2.00-5.00

Wednesday 9.30-1.00

Thursday 9.30-1.00

2.00-7.00

Friday 9.30-1.00

2.00-5.00

Saturday 10.00-1.00

#### **Bargoed Library**

Hanbury Chapel, Hanbury Road, Bargoed, CF818QR

Tel: (01443) 875548

Fax (01443) 836057

libbarg@caerphilly.gov.uk

Hours Of Opening

Monday 9.30-6.00

Tuesday 9.30-7.00

Wednesday 9.30-1.00

Thursday 9.30-6.00

Friday 9.30-6.00

Saturday 9.30-5.00

#### **Bedwas Library**

Newport Road - Heol

Casnewydd,

Bedwas,

CF83 8BJ

Tel:(029) 2085 2542

Fax (029) 2085 2542

libbedw@caerphilly.gov.uk

Hours Of Opening

Monday 10.00-12.30

1.30-5.30

Tuesday 10.00-12.30

1.30-7.00

Wednesday 10.00-12.30



1.30-5.30  
Thursday CLOSED  
Friday 10.00-12.30  
1.30-5.00  
Saturday 10.00-1.00

### **Blackwood Library**

192 High Street - Stryd Fawr  
Blackwood - Coedduon  
NP12 1AJ  
Tel:(01495) 233000  
Fax (01495)233002  
libblack@caerphilly.gov.uk

Hours Of Opening  
Monday 9.30-7.30  
Tuesday 9.30-5.30  
Wednesday 9.30-1.00  
Thursday 9.30-7.30  
Friday 9.30-5.30  
Saturday 9.30-4.00

### **Caerphilly Library**

Morgan Jones Park - Parc  
Morgan Jones  
Caerphilly - Caerffili, CF83 1AP  
Tel:(029) 2085 2543  
Fax(029) 2086 5585  
libcaer@caerphilly.gov.uk

Hours Of Opening  
Monday 9.30-6.00  
Tuesday 9.30-1.30  
Wednesday 9.30-6.00  
Thursday 9.30-6.00  
Friday 9.30-7.00  
Saturday 9.30-5.00

### **Deri Library**

Bailey Street - Stryd Bailey  
Deri, Bargoed, CF81 9HT  
Tel:(01443) 875549  
Fax (01443) 875549  
libderi@caerphilly.gov.uk  
Hours Of Opening  
Monday 10.00-1.00  
3.00-6.00  
Tuesday CLOSED  
Wednesday 10.00 - 1.00 / 3.00  
- 6.00  
Thursday CLOSED  
Friday 4.00-7.00  
Saturday CLOSED

### **Llanbradach Library**

School Street – Stryd Ysgol  
Llanbradach, CF83 3LB  
Tel: 02920 861139  
Fax 02920 888638  
liblab2@caerphilly.gov.uk

Hours Of Opening  
Monday 2.00 - 7.00  
Tuesday CLOSED  
Wednesday 2.00 – 6.00  
Thursday CLOSED  
Friday 9.00 – 1.00  
2.00 – 5.00  
Saturday CLOSED

### **Machen Library Village Hall & Social Centre**

Llyfrgell, Neuadd Pentref a  
Chanolfan Gymdeithasol  
Machen, CF83 8ND

Tel:(01633) 440330  
Fax (01633) 440330  
libmach@caerphilly.gov.uk  
Hours Of Opening  
Monday CLOSED  
Tuesday 10.00-1.00  
2.00 – 5.30  
Wednesday CLOSED  
Thursday 10.00-1.00  
2.00 - 7.00  
Friday CLOSED  
Saturday 10.00-12.30

### **Nelson Library**

Commercial Street, Nelson,  
Treharris, CF46 6NF  
Tel:(01443) 451632  
Fax (01443) 451632  
libnels@caerphilly.gov.uk

Hours Of Opening  
Monday 10.00-1.00  
2.00-6.00  
Tuesday CLOSED  
Wednesday 10.00-1.00  
2.00-7.00  
Thursday 10.00-1.00  
2.00-5.00  
Friday 10.00-1.00  
2.00-6.00  
Saturday 10.00-1.00

### **Newbridge Library**

Ashfield Road - Heol Ashfield  
Newbridge, NP11 4QW  
Tel:(01495) 243574  
Fax :(01495) 243574  
libnewb@caerphilly.gov.uk

Hours Of Opening  
Monday CLOSED  
Tuesday 10.00-1.30  
2.30-7.30  
Wednesday CLOSED

Thursday 10.00-1.30  
2.30-5.30  
Friday 10.30-1.30  
2.30-5.30  
Saturday CLOSED

### **New Tredegar Library**

White Rose Information Resource  
Centre, Canolfan Gwybodaeth  
Adnoddau y Rhosyn Gwyn  
School Street – Stryd yr Ysgol  
Elliottown – Tref Eliot  
New Tredegar,  
NP24 6DW  
Tel: (01443) 875550  
Fax (01443) 875550  
whrrc@caerphilly.gov.uk

Hours Of Opening  
Monday 10.00-1.00  
2.00-7.00  
Tuesday 9.00-1.00  
2.00-5.30  
Wednesday 9.00-1.00  
2.00-5.30  
Thursday 9.00-1.00  
2.00-5.30  
Friday 10.00-1.00  
2.00-5.30  
Saturday CLOSED

### **Oakdale Library**

Central Buildings - Adeiladau  
Canolog, Cwrt Cwmdrwen,  
Oakdale , Blackwood,  
NP12 OHN  
Tel:(01495) 223545  
Fax :(01495) 223545  
liboakd@caerphilly.gov.uk

Hours Of Opening  
Monday CLOSED  
Tuesday 10.00-1.00  
2.00-6.30  
Wednesday 10.00-1.00  
2.00-5.30  
Thursday CLOSED  
Friday 10.00-1.00  
2.00-5.30  
Saturday CLOSED

### **Pengam Library**

Ivor Street - Stryd Ifor  
Pengam, NP12 3RF  
Tel:(01443) 831739  
Fax(01443) 831739  
libpeng@caerphilly.gov.uk

Hours Of Opening  
Monday 10.00-1.00  
2.00-5.30  
Tuesday CLOSED  
Wednesday 10.00-1.00  
2.00-5.30  
Thursday CLOSED  
Friday 10.00-1.00  
2.00-6.30  
Saturday CLOSED

### **Pontlottyn Library**

Community Centre - Canolfan y  
Gymuned, Pontlottyn,  
CF81 9OD  
Tel:(01685) 841539  
Fax (01685) 841539  
libpont@caerphilly.gov.uk

Hours Of Opening  
Monday 10.00-1.00  
Tuesday 4.00-7.00  
Wednesday 10.00-1.00  
Thursday 10.00-1.00  
2.00-5.00  
Friday CLOSED  
Saturday CLOSED

### **Rhymney Library**

Victoria Road - Heol Victoria  
Rhymney, Tredegar,  
NP22 5NU  
Tel:(01685) 840606  
Fax(01685) 843237  
librhym@caerphilly.gov.uk

Hours Of Opening  
Monday 9.30-1.00  
2.00-6.00  
Tuesday 9.30-1.00  
2.00-6.00  
Wednesday 9.30-1.00  
2.00-7.00  
Thursday 9.30-1.00  
2.00-5.00  
Friday 9.30-1.00  
2.00-5.30  
Saturday CLOSED

### **Risca Library**

Park Place, Risca, NP11 6AS  
Tel:(01633) 600920  
Fax(01633 600922  
librisca@caerphilly.gov.uk

Hours Of Opening  
Monday 9.30-1.00  
Tuesday 9.30-7.30  
Wednesday 9.30-5.30  
Thursday 9.30-7.30  
Friday 9.30-5.30  
Saturday 9.30-4.00

### **Ystrad Mynach Library**

High Street , Ystrad Mynach  
CF82 7BB  
Tel:(01443) 812988  
Fax (01443) 862711  
libystr@caerphilly.gov.uk

Hours Of Opening  
Monday 9.30-6.00  
Tuesday 9.30-7.00  
Wednesday 9.30-6.00  
Thursday 9.30-1.00  
Friday 9.30-7.00  
Saturday 9.30-1.00

### **Blackwood LibraryLink**

C/O Karen John  
01443 864065

### **Caerphilly LibraryLink**

C/O Karen John  
01443 864065

### **Toy Library Service**

C/O Chris Selby  
Ty Penallta  
Tel: 01443 864062

## **B2 POLITICAL ORGANISATIONS**

### **Community/Town Council Clerks**

#### **Aber Valley Community Council**

Mrs S Hughes (Clerk)  
Abertridwr Library, Aberfawr  
Road, Abertridwr, CF83 4EJ.  
0797 1465159

#### **Argoed Community Council**

Mr G James (Clerk)  
13 Cherry Tree Road,  
Pontllanfraith, Blackwood,  
NP12 2PY.  
07855-556483

#### **Bargoed Town Council**

Mrs L. Tams (Town Clerk)  
'The Settlement', 35 Cardiff Road,  
Bargoed, CF81 8NZ.  
01443 830184

#### **Bedwas, Trethomas & Machen Community Council**

Mrs S.Chick (Clerk)  
Council Offices, Newport Road,

Bedwas, Caerphilly, CF83 8YB.  
029 2088 5734

#### **Blackwood Town Council**

Mr J Hold (Clerk)  
Heddfan, 12 Aspen Way,  
Blackwood, NP12 1WW.  
01495 224636

#### **Caerphilly Town Council**

Mr K Williams (Town Clerk)  
Twyn Community Centre, The  
Twyn, Caerphilly, CF83 1JL.  
029 2088 8777

#### **Darran Valley Community Council**

Mr G Williams (Clerk)  
29 Bishops Grove, Merthyr Tydfil,  
CF47 9LJ.  
01685 382553

#### **Draethen, Waterloo and Rudry Community Council**

Mrs S Chick (Clerk)  
Ty Cyw, 8 Starbuck Street, Rudry,  
CF83 3DP.  
029 2086 0067

#### **Gelligaer Community Council**

Mrs C Mortimer (Clerk)  
Council Offices, Llwyn Onn,  
Penpedairheol, Hengoed,  
CF82 8BB.  
01443 821322

### **Llanbradach & Pwllypant Community Council**

Mr W M Thompson (Clerk)  
12 Mountain View, Machen,  
CF83 8QA.  
01633 440492

### **Maesycwmmwr Community Council**

Mrs G Thomas (Clerk)  
33 Bryn Lane, Pontllanfraith,  
Blackwood, NP12 2PG.  
01495 221070

### **Nelson Community Council**

Mr A Hoskins (Clerk)  
Ty'r Ffynon, 40 High Street,  
Nelson, Treharris, CF46 6EU.  
01443 450047

### **New Tredegar Community Council**

Mrs D Gronow (Clerk)  
7 Clyde Close, Pontllanfraith,  
Blackwood, NP12 2FY.  
01495 226809

### **Penyrheol, Trecenydd & Energlyn Community Council**

Mrs H Treherne (Clerk)  
Golwg-y-cwm, Lower Brynhyfryd  
Terrace, Senghenydd, CF83 4GR.  
029 2083 0666

### **Rhymney Community Council**

Mr G Williams (Acting Clerk)  
29, Bishops Grove, Penydarren,  
Merthyr Tydfil, CF47 9LJ.  
01685 382553

### **Van Community Council**

Ms B Jones (Councillor)  
5 Edward Thomas Close, Rudry  
Caerphilly, CF83 3EP.  
029 2088 3740

### **LOCAL AM'S & MP'S**

#### **Christopher Evans MP - Islwyn Constituency Office**

Mrs Lynda Williams  
6 Woodfieldside Business Park,  
Penmaen Road, Pontllanfraith,  
Blackwood, NP12 2DG.  
01495 231990  
Fax: 01495 222484  
chris.evans.mp@parliament.uk

Aims: Meeting with the  
Constituency Member of  
Parliament.  
Meetings: Surgeries throughout  
the Borough and in the  
Constituency Office. Ring for an  
appointment.  
Venue:

#### **Dai Havard MP - Constituency Office (Upper Rhymney Valley)**

Denise Toomey  
Unit 4, Triangle Business Park,

Pentrebach, Merthyr Tydfil,  
CF48 4TO.  
01685 379247  
www.daihavardmp.co.uk

Aims:  
Meetings: Surgeries throughout  
the area. Please ring for details or  
see local press.  
Venue:

#### **Gwyn R. Price AM**

Joanne Thomas (Constituency  
Office)  
The Institute, 128, Newport  
Road, Cwmcarn, NP11 7LZ.  
01495 272710 Fax: 01495  
273151  
gwyn.price@wales.gov.uk

Aims:  
Meetings: Surgeries are held at  
Constituency Office.  
Venue:

#### **Huw Lewis AM - Constituency Office (Upper Rhymney Valley)**

Chris Binding  
1st Floor, Venture Wales  
Building, Merthyr Industrial Park,  
Pentrebach, Merthyr Tydfil,  
CF48 4DR.  
01443 692299  
huw.lewis@wales.gov.uk  
www.facebook.com/  
huwlewislabour

Aims:  
Meetings: Surgeries throughout

the area. Please ring for details or see local press.

Venue:

### **Jeff Cuthbert AM**

Mavis Williams (Constituency Office)

Bargoed YMCA, Aeron Place, Gilfach, Bargoed, CF81 8JA. 01443 838542

jeff.cuthbert@wales.gov.uk

www.jeffcuthbert.co.uk

Aims:

Meetings: Ring for information.

Venue:

### **Jocelyn Davies AM/AC**

Tony Salkeld (Office Manager)

1 Griffiths Buildings, Victoria Terrace, Newbridge, NP11 4ET. 01495 241100. Fax: 01495 241104

tony.salkeld@wales.gov.uk

Aims: Help with problems, including Housing, Education, Health, or Local Government.

Meetings: Please call in or ring for an appointment.

Venue:

### **Lindsay Whittle AM/AC**

John Taylor,

2 Portland Buildings, Commercial Street, Pontypool, NP4 6JS.

john.taylor2@wales.gov.uk

Aims: Help with problems, including Housing, Education,

Health, Benefits or Local Government.

Meetings: Please call in or e-mail for an appointment.

Venue:

### **Wayne David MP**

Lisa Jones

Community Council Offices, Newport Road, Bedwas, Caerphilly, CF83 8YB. 029 2088 1061 Fax: 029 2088 1954

jonesli@parliament.uk

www.waynedavid.labour.co.uk

Aims: To help people in the Caerphilly Constituency.

Meetings: Surgeries held throughout the Constituency.

Please call to make an appointment.

Venue:

### **Political Parties**

#### **Bargoed & Gilfach Labour Party**

David Morgan

50 Lewis Crescent, Gilfach, Bargoed, CF81 8JW. 01443 831757

davyismorgan@msn.com

Aims:

Meetings: 1st Monday of each month at 7.00pm

Venue:

#### **Bedwas/Trethomas & Machen Labour Party**

Bryn Hollywell

90 Pandy Road, Bedwas, CF83 8EL.

02920 861912

brynmor46@hotmail.co.uk

Aims:

Meetings: 7.00pm on the last Thursday of every month except August and December (open to party members only)

Venue:

#### **Crosskeys Branch Labour Party**

Mr D Michael Gray

19 Fields Park Terrace, Crosskeys, NP11 7DA.

01495 270253

Aims: To discuss local, national and social issues associated with local government, the Welsh Assembly and national government matters.

Meetings: Thursday 7.00pm monthly.

Venue:

#### **Darran Valley Labour Party**

Mr. Clive Roberts (Secretary)

68, Bailey Street, Deri, Bargoed, CF81 9HW.

01443 832112

Aims: To secure for the residents in the Darran Valley the facilities that will lead to a healthier environment and a better quality of life.



Meetings: 1st Wednesday of every month at 7.00pm.

Venue:

### **Moriah Ward Labour Party**

Malcolm L Thomas

136 Tan-y-Bryn, Rhymney.

07980152623. 01685 840822

malcolm.thomas47@hotmail.

co.uk

Aims: To improve the quality of life for the many not the few. To promote socialist ideals.

Meetings: 1st Monday of the month at 7.30pm.

Venue:

### **Nelson Labour Party**

Sean Morgan (Secretary)

15 Llanfabon Road, Nelson,

CF46 6PF.

0797 3989721

sean07973@yahoo.co.uk

Aims:

Meetings: 1st Monday of each month

Venue:

### **New Tredegar Labour Party**

Les Rees

37 Derlwyn Street, Phillipstown, New Tredegar, NP24 6AY.

01443 835571

Aims: To represent the views of local residents. To improve the quality of life for the many and not the few.

Meetings: 1st Thursday of the

month at 7.00pm.

Venue:

### **Plaid Cymru Party of Wales, Crumlin Branch**

Mrs Vera Jenkins

Albany House, Gladstone Road,

Crumlin,

NP11 5EN.

01495 243729

Aims: To promote Plaid Cymru the Party of Wales locally and nationally.

Meetings: Monthly

Venue:

### **Plaid Cymru Party of Wales, Hengoed Branch**

Cllr. Judith Pritchard

14, Barry Close, Hengoed.

01443 832785

Aims: To obtain full national status for Wales within Europe. To ensure economic prosperity, social justice and health of natural environment.

Meetings:

Venue:

### **Plaid Cymru Party of Wales, Penyrheol Branch**

Cllr. Margaret Sargent

10 Heol y Glyn, Ennerglyn,

Caerffili, CF83 2LZ.

029 2088 2910

Aims: Secure self government for Wales.

Meetings: 2nd Tuesday of each

month.

Venue:

### **Plaid Cymru, The Party of Wales, Llanbradach & Pwll y Pant Branch**

Rob Gough

1 James Street, Llanbradach,

Caerphilly, CF83 3LJ.

029 20867982

Aims: To promote the aims and objectives of Plaid Cymru, The Party of Wales.

Meetings: Monthly.

Venue:

### **Plaid Cymru, The Party of Wales, Oakdale Branch**

Eirlys Jones

48 Waungoch Road, Oakdale,

NP12 0LL.

01495 229439

Aims: To pursue the aims and objectives of Plaid Cymru at a local level.

Meetings: 7.30pm in a 12 weekly cycle.

Venue:

### **Plaid Cymru, The Party of Wales, South Islwyn Branch**

David Hale (Secretary)

01633 614329

dhale@theiet.org

Aims:

Meetings: Please call for details

Venue:

## **Pontlottyn Ward Labour Party**

Gaynor Oliver

'Cloverdale', Farm Road,  
Pontlottyn.

01685 844615

Aims: To promote socialist ideals for the benefit of the many not the few.

Meetings: Monthly.

Venue:

## **B3 POLICE, CRIME AND COMMUNITY SAFETY Police**

### **Gwent Police Authority**

01633 642200

Gwent Police H.O.,

Croesyceiliog,

Cwmbran.

01633 642200

policeauthority@gwent.pnn.

police.uk

www.gwentpa.police.uk

### **Crime Reduction**

#### **Blaenau Gwent & Caerphilly Youth Offending Service**

Michaela Rogers

Libanus House, 260 High Street, Blackwood, NP12 1YT.

01495 235623

rogerm@caerphilly.gov.uk

## **Caerphilly County Borough Council Community Safety**

Howard Rees (Community Safety Officer)

Caerphilly County Borough Council, Pontllanfraith House, Pontllanfraith, Blackwood, NP12 2YW.

01443 866912 / 866918

jonesaw@caerphilly.gov.uk

### **Nelson Neighbourhood Watch Association**

Mrs Valarie Brown

5, Llancaiach Court, Nelson, Nr Treharris, CF46 6EX.

01443 450997

### **Safer Caerphilly Community Safety Partnership**

Natalie Kenny (Partnership Development Co-ordinator)

Pontllanfraith House, Pontllanfraith, Blackwood, NP12 2YW.

01443 864374

www.caerphilly.gov.uk/saferccb

### **South Wales Fire & Rescue Service (SWF & RS)**

Laura Thomas

SWFRS HQ, Forest View Business Park, Llantrisant, CF72 8LX.

01443 232407 / 436 / 416

fis@southwales-fire.gov.uk

www.southwales-fire.gov.uk

## **Voluntary Sector Crime Reduction**

Stephen Keenan

Voluntary Sector Crime Reduction Development Officer

Tel: 01443 863540

### **Victim Support**

#### **Victim Support Cymru**

Tracy Robinson (Service Delivery Manager)

First Floor, Ffordd

Pengam, Alexandra Gate, Cardiff.

08456 121900 02920 351651

tracy.robinson@victimsupport.org.uk

Hours Of Opening

Monday 9.30-7.30

Tuesday 9.30-5.30

Wednesday 9.30-1.00

Thursday 9.30-7.30

Friday 9.30-5.30

Saturday 9.30-4.00

### **COMMUNITY PARTNERSHIPS**

As part of the community planning process, Community Partnerships are forming in many wards and groups of wards in the Caerphilly County Borough. They are made up of representatives of community organisations, statutory authorities (e.g. The Council, Aneurin Bevan Health Board, Police), voluntary organisations (e.g. GAVO, Groundwork Caerphilly and local voluntary organisations) and members

with business interests.

Each partnership signs a Partnership Agreement, elects Officers, meets regularly to identify needs and issues in their area, formulate a community action plan and work towards implementing that plan. There will be short, medium and long term aims in the plan all contributing towards the regeneration of the local community. The partnerships welcome expressions of interest in joining from new members, especially people with business interests in their own community or elsewhere who live in the community. A contact from the council's community regeneration team is given for each partnership. Contacts for GAVO Communities First and Development teams are given at the end of this section.

### **Communities First (CF) Partnerships**

#### **Aber Valley CF Partnership**

Chair: Cllr. Lyndon Binding  
Secretary: Mrs Gill Jones  
Contact: Damian Owen  
01443 864395  
[www.abervalley.org.uk](http://www.abervalley.org.uk)

#### **Abertysswg CF Partnership**

Chair: Mrs Georgina Bevan  
Secretary: Cllr. John Bevan  
Contact: Lauren Hughes  
01443 864399  
[www.abertysswg.org.uk](http://www.abertysswg.org.uk)

#### **Cefn Hengoed CF Partnership**

Chair: Ms Sandra Hardacre  
Secretary: Vacant  
Contact: Verity Sidgwick  
01443 864228  
[www.cefnhengoedandhengoed.org.uk](http://www.cefnhengoedandhengoed.org.uk)

#### **Deri and Groesfaen CF Partnership**

Chair: Cllr. David Hardacre  
Secretary: Helen Matthews  
Contact: Sean Rees  
01443 878095  
[www.deri-groesfaen.org.uk](http://www.deri-groesfaen.org.uk)

#### **Fochriw Welfare CF Partnership**

Chair: Mr Tyrone Powell  
Secretary: Ms Sue Leonard  
Contact: Verity Sidgwick  
01443 878228  
[www.fochriwcommunity.org.uk](http://www.fochriwcommunity.org.uk)

#### **Gelligaer and Penybryn CF Partnership**

Chair: Mr Bill Griffiths  
Secretary: Hefin David  
Contact: Verity Sidgwick  
01443 864228  
[www.gelligaer-penybryn.org.uk](http://www.gelligaer-penybryn.org.uk)

#### **Graig-y-Rhacca CF Partnership**

Chair: Ms Paula Watkins  
Secretary: Ms Shirley Williams  
Contact: Damian Owen

01443 864395  
[www.graigyrhacca.org.uk](http://www.graigyrhacca.org.uk)

#### **Glan-y-nant & Tir-y-berth CF Partnership**

Chair: Cllr. Hefin David  
Secretary: Ms Gemma Powell  
Contact: Verity Sidgwick  
01443 864228

#### **Greater Bargoed CF Partnership**

Chair: Cllr. Dave Carter  
Secretary: Mr Nick Rawlings  
Contact: Lauren Hughes  
01443 864399  
[www.greaterbargoed.org.uk](http://www.greaterbargoed.org.uk)

#### **New Tredegar CF Partnership**

Chair: Cllr. Les Rees  
Secretary: Mr Gerald Jones  
Contact: Sean Rees  
01443 878095  
[www.newtredegar.org.uk](http://www.newtredegar.org.uk)

#### **Pantside CF Partnership**

Contact: Gaynor Roper  
01443 864457 or  
07500 828157  
Lucy Pugh, Engagement officer.  
01443 863540 or 828156

#### **Pontlottyn CF Partnership**

Chair: Cllr. Gaynor Oliver  
Secretary: Ms Clare Thomas  
Contact: Lauren Hughes  
01443 864399  
[www.pontlottyn.org.uk](http://www.pontlottyn.org.uk)

### **Rhydney CF Partnership**

Chair: Steven Evans-Jones  
Secretary: Ms Eleanor Lewis  
Contact: Richard Beasley  
01685 843597

### **Trecenydd CF Partnership**

Contact: Sarah Jane Irish  
01443 864358  
Helen Cunningham,  
Engagement officer.  
01443 863540 or  
07500 828154

### **Trinant, Pentwyn & Cwmnantgwynt CF Partnership**

Chair: Lyn Williams  
Secretary: Mrs Marlene Hale  
Contact: Rachel Clarke  
01443 864226  
[www.trinant.org.uk](http://www.trinant.org.uk)

### **Upper Sirhowy Valley CF Partnership**

Chair: Cllr. Allen Williams  
Secretary: Ms Andrea Thomas  
Contact: Rachel Clarke  
01443 864226  
[www.upperirhowyvalley.org.uk](http://www.upperirhowyvalley.org.uk)

### **Van CF Partnership**

Chair: Mr Dean Williams  
Contact: Damian Owen  
01443 864395  
[www.vancommunity.org.uk](http://www.vancommunity.org.uk)

### **Non Communities First (CF) Partnerships**

#### **Crosskeys & Pontywaun Community Partnership**

Chair: Cllr Michael Gray  
Secretary: Ms Maggie Thomas  
Contact: Matthew Bevan  
01443 864305

#### **Crumlin Community Partnership**

Chair: Cllr. Vera Jenkins  
Secretary: Miss Sue Evans  
Contact: Matthew Bevan  
01443 864305

#### **Llanbradach and Pwll y Pant**

Chair: Mrs Carole Hopkins  
Secretary: Mrs Kate Wetherick  
Contact: Amy Cole  
01443 864302

#### **Lower Sirhowy Valley**

Chair: Cllr. Jan Jones  
Secretary: Vacancy  
Contact: Matthew Bevan  
01443 864305

#### **Maescwmmmer Community Partnership**

Chair: Cllr. Robin Woodyatt  
Secretary: Mrs Irene Hughes  
Contact: Amy Cole  
01443 864302

### **Nelson Village Partnership**

Chair: Nigel Collins  
Secretary: Mrs Anosuka Beaumont  
Contact: Amy Cole  
01443 864302

### **Newbridge Partnership**

Chair: Idris MacCarthy  
Secretary: Vacancy  
Contact: Matthew Bevan  
01443 864305

### **Oakdale and Penmaen Community Partnership**

Chair: Mr Ray Bevan  
Secretary: Mr Roger Evans  
Contact: Matthew Bevan  
01443 864305

### **Pengam & Communities Partnership**

Chair: Cllr. Johnathan Wilson  
Secretary: Mrs Lynne John  
Contact: Amy Cole  
01443 864302

### **Penllwyn Community Partnership**

Chair: Cllr. Jim Criddle  
Secretary: Ms Anna Lewis  
Contact: Amy Cole  
01443 864302

### **Ty Sign and Local Communities Partnership**

Chair: Ms Shirley Hobbs

Secretary: Mrs Marilyn Nicholls  
Contact: Matthew Bevan  
01443 864305

### **Ystrad Mynach Community Partnership**

Chair: Alan Angel  
Secretary: Ms Vicki Doyle  
Contact: Amy Cole  
01443 864302

### **CCBC Community Regeneration Team**

#### **Community Regeneration Manager**

Tina McMahan  
01443 864317  
mcmah@caerphilly.gov.uk

#### **Community Regeneration Co-ordinators**

Matthew Bevan  
01443 864305  
bevanm@caerphilly.gov.uk  
Covering Crosskeys, Lower Sirhowy Valley, Newbridge, Ty Sign, Oakdale and Penmaen, and Crumlin.

Amy Cole  
01443 864302  
colea1@caerphilly.gov.uk  
Covering Nelson, Ystrad Mynach, Maesycwmmmer, Pengam, Penllwyn and Llanbradach.

Damian Owen  
01443 864395  
owend2@caerphilly.gov.uk  
Covering Caerphilly Basin - Lansbury Park, Graig-y-Rhacca, and Aber Valley (Abertridwr and Senghenydd).

#### **Communities First Co-ordinators**

Sean Rees  
01443 878095  
reessc@caerphilly.gov.uk  
Covering Fochriw, Deri and New Tredegar.

Lauren Hughes  
01443 864399  
hughel2@caerphilly.gov.uk  
Covering Abertysswg, Pontlottyn & Greater Bargoed.

#### **Communities First Health and Wellbeing Officers**

Helen Griffiths 01443 864139  
griffh4@caerphilly.gov.uk

Chris Saunders 01443 864399  
saundc2@caerphilly.gov.uk

#### **Administrative Support**

David Boucher  
Communities First Admin/GIS Officer 01443 864376  
bouchd1@caerphilly.gov.uk  
Support to co-ordinators in all communities first areas.

Delphine Brown  
Communities First Finance Assistant  
01443 864388  
brownd1@caerphilly.gov.uk

#### **Gwent Association of Voluntary Organisations Caerphilly**

Team - 01443 863540

Mike Bridgman Assistant Director  
Gina Jones Senior Development Officer Countywide  
Sandra Davies Grants Coordinator  
Susanne Maddax Health & Social Care Facilitator  
Richard Johnson Mental Health Officer  
Alison Palmer Community Planning Coordinator  
Robert Gough Senior CF Development Officer  
Rebecca Meredith Communications Assistant  
Stephen Keenan Voluntary Sector Crime Reduction Development Officer  
Catherine Davies Holiday Scheme Coordinator  
Joanne Fashian Economic Development Officer  
Heulwen Fowler ICT Mentor  
Gelligaer/Penybryn Partnership  
Helen Heath/Keri Williams Volunteering Development Officers



Steve Thomas CF Development Officer  
Gill Rogers CF Development Officer  
Neil Jones CF Development Officer  
Zoe Williams CF Development Officer  
Lucy Shaw CF Community Engagement Officer  
Luke Jones CF Community Engagement Officer  
Richard Beasley CF Co-ordinator Rhymney Partnership  
Gerald Jones CF Development Officer Rhymney  
Bev Boulton Youth Volunteering Officer  
Val Jackson Engagement Gateway Local Advisor  
Ceri Fox Volunteering Engagemnet Support Officer  
Ross Thomas Volume Involment Officer  
Rachel Maflin Play Development Officer  
Kyle Morris Inclusive Play Support Worker  
Jackie Prosser Inclusive Play Project Officer  
Lisa Williams Play Team Coordinator  
Nicola Davies –Williams Senior Adventure Play Worker  
Nicola Thomas –Senior Play Worker Big Lottery  
Lucy Hill –Senior Play Worker Big Lottery

Alison Carey Senior Creative Play Worker

### **Administrative Support**

Jean Morgan Administration Manager Caerphilly  
Allison Randall Volume Admin Officer and admin support  
Karen Williams CF Admin. Officer & Admin. Support  
Debra Kinrade CF Admin. Officer & Admin. Support  
Gillian Jervis Grants Co-ordinator Admin. Officer / Admin. Support

### **GAVO CF Development Officers and their Areas**

Steve Thomas  
Graig y Rhacca, the Van (Lansbury Park), Aber Valley

Zoe williams  
hengoed, Cefn Hengoed,  
Gelligaer, Penybryn,  
Glanynant,  
Tiryberth

Neil Jones  
Cefn Fforest, Upper Sirhowy  
Valley, Trinant, Pentwyn

Gill Rogers  
Deri, Groesfaen, Fochriw, New  
Tredegar

Vacant  
Greater Bargoed, Abertysswg,  
Pontlottyn

Gerald Jones

Rhymney

Luke Jones  
CF Engagement Officer  
Trecenydd

Lucy Shaw  
CF Engagement Officer Panside

Richard Beasley  
CF Co-Ordinator Rhymney

Vacant  
CF Support Officer Rhymney

GAVO Tri County Play team  
Nicola Thomas Senior Officer  
Carley Farmer Play Worker  
Ian Moody Play Worker  
Nikki Upton Play Worker  
Lewis Parfitt Play Worker  
Lucy Hill Senior Officer

## COMMUNITY PLAN AREAS

In the Caerphilly County Borough we have established five community plan areas. The essential idea is that all agencies should work in partnership with one another and with local communities to agree strategic objectives and actions to improve the quality of life in their areas, in ways that protect and enhance the environment.

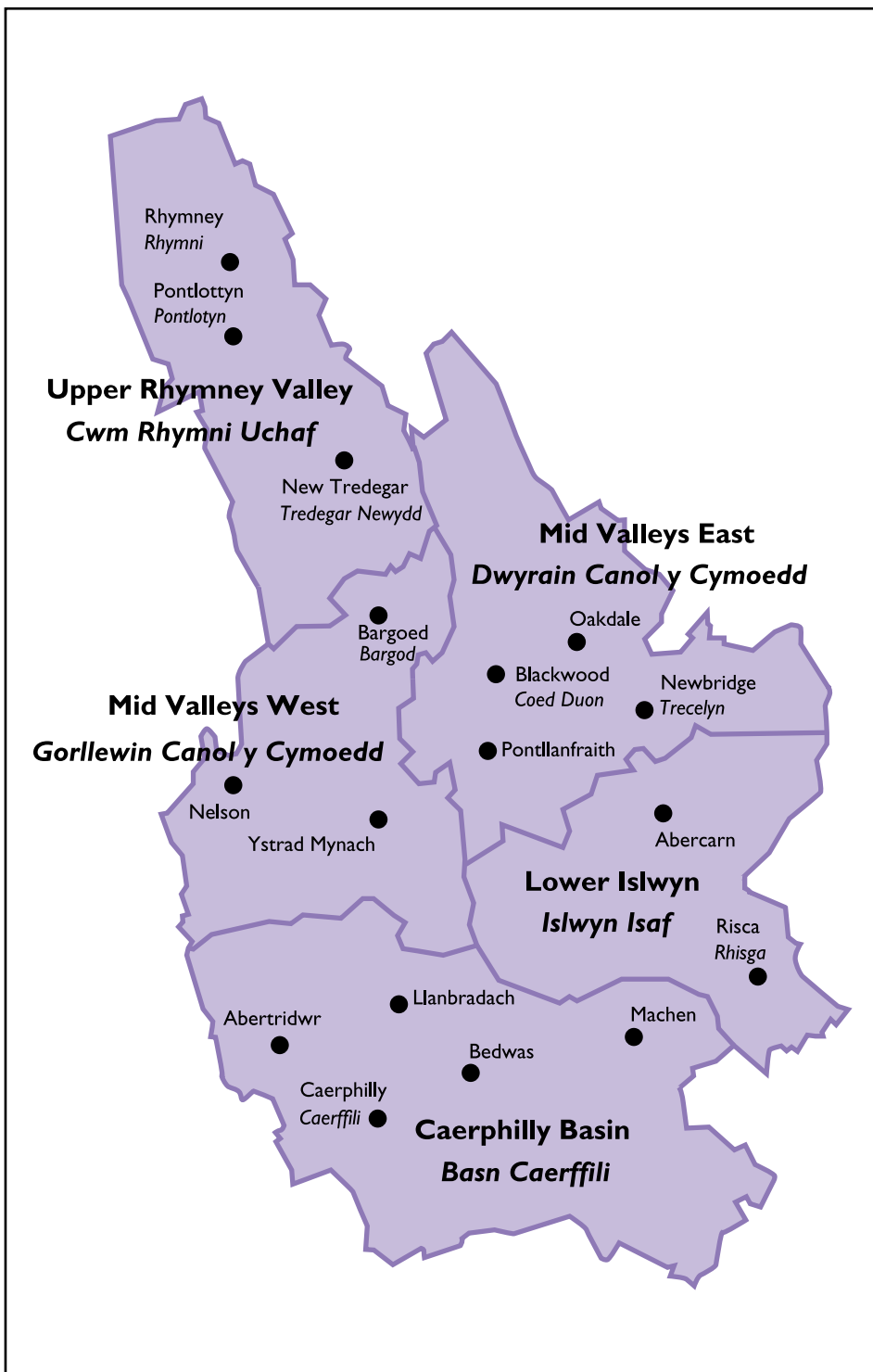
The five community plan areas are:

- Caerphilly Basin
- Lower Islwyn
- Mid Valleys East
- Mid Valleys West
- Upper Rhymney Valley

Further information about community planning in the Caerphilly County Borough can be obtained from:-

Alison Palmer  
Community Planning  
Co-ordinator (GAVO)  
01443 864289 / 863540  
[alison.palmer@gavowales.org.uk](mailto:alison.palmer@gavowales.org.uk)

or  
Vicki Doyle  
Policy Unit  
01443 864403  
[doylevm@caerphilly.gov.uk](mailto:doylevm@caerphilly.gov.uk)



# GWENT ASSOCIATION OF VOLUNTARY ORGANISATIONS

Supporting your community for over 84 years

## Aims and objectives

- Support Voluntary Organisations through training advice and information
- Recruit volunteers and provide a comprehensive service to both volunteers and voluntary organisations.
- Promote opportunities for voluntary organisations to work together through participation.
- Encourage voluntary and statutory organisations to work together in planning new services
- Respond to the needs of the community by identifying unmet needs and developing new services
- Support the Town and Community Councils

## GAVO - Ystrad Mynach Office

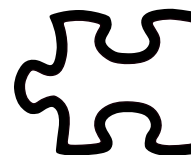
GAVO Office

Unit 1A, First Floor, Withey Dyffryn Court, Dyffryn Business Park, Ystrad Mynach, Hengoed CF82 7RJ  
01443 863540

Fax 01443 812292

Please note that there are other GAVO offices in the counties of Blaenau Gwent, Monmouthshire and Newport.

Please Vist GAVO website [www.gavowales.org.uk](http://www.gavowales.org.uk)



GWENT  
ASSOCIATION OF  
VOLUNTARY  
ORGANISATIONS

Charity Reg No. 1113558  
(Est. 1927)

Company Limited By Guarantee 5590517

# COMMUNITY GUIDE AND DIRECTORY APPLICATION FORM FOR NEW ENTRIES

**GAVO** is constantly collating and updating information on voluntary organisations in the Caerphilly county borough area. If you would like to record details of your organisation with GAVO please complete this form and return it to the address below. Your entry will then appear in the next edition of the Community Guide and Directory. Please ensure that you notify GAVO of any subsequent changes as soon as possible.

On completion please return the form to:

**Mike Bridgman, Assistant Director**  
**GAVO Unit 1A, First Floor,**  
**Withey Dyffryn Court,**  
**Dyffryn Business Park,**  
**Ystrad Mynach,**  
**Hengoed CF82 7RJ**

Organisation .....

Contact .....

.....

Telephone no. ....

Address .....

.....

.....

Postcode .....

Meeting Times .....

.....

.....

Aims .....

.....

.....

Venue .....

.....





Blackwood R.F.C.	55	Caerphilly Borough Mind	42	Caerphilly People First	44
Blackwood Town Boys & Girls F.C.	55	Caerphilly Borough Parent & Carers Forum		Caerphilly Players	49
Blackwood VIP Club (Vision Impaired)	33	for Learning Disabilities	34	Caerphilly Round Table	32
Britannia Community House, Brithdir 55 Club	21	Caerphilly Care For Carers	68	Caerphilly Songstarts	46
British Red Cross Society	37	Caerphilly Children and Young People's Partnership	5	Caerphilly Town Centre Residents' Association	21
British Red Cross Treforest		Caerphilly Children's Centre	5	Caerphilly Voluntary Sector Representatives Committee	69
CommunityEquipment Services	37	Caerphilly Community Chorus	47	Caerphilly Womens Aid	60
Bryn Road Tenants and Community Association	21	Caerphilly County Borough Access Group	34	Caerphilly Womens Institute (W.I.)	61
Business in the Community	68	Caerphilly County Borough Council Youth Forum (Youth Service)	68	Caerphilly Workman's Hall	50
<b>C</b>		Caerphilly County Borough Council Youth Service	62	Cancer Research U.K.	38
Caerffili and District Twinning Association	68	Caerphilly County Borough Family History Society	51	Cancercareline	38
Caerffili Lions Club	32	Caerphilly County Borough Model Railway Society (CCBMRS)	50	Canolfan Siloh Centre (Community Centre)	23
Caerphilly & District Art Society	52	Caerphilly County Youth Theatre	49	Care and Repair Caerphilly	29
Caerphilly & District Horticultural Society	52	Caerphilly Health & Social Care Alliance	43	Careers Wales Gwent	25
Caerphilly & District Ramblers	52	Caerphilly Junior Netball Club	56	Careers Wales Mid Glamorgan & Powys	26
Caerphilly (Bargoed) Ladies Netball Club	56	Caerphilly Ladies Bowling Club	56	Carers Wales	69
Caerphilly and District Floral Society	52	Caerphilly Ladies Choir	47	Cascade Community Centre	16
Caerphilly Asperger Support Group	37	Caerphilly Leisure Centre	59	Cascade Methodist Church	10
Caerphilly Basin and Aber Valley Voluntary Sector Forum	68	Caerphilly Local History Society	52	Cascade Royales Jazz Band	47
Caerphilly Bookstart/ Early Years Literacy	5	Caerphilly North Ward Aged Persons Welfare Committee	29	Cefn Fforest Community Centre	16
				Cefn Fforest Leisure Centre	59
				Cefn Hengoed Community Centre	17
				Cefn Hengoed Mother and Toddler Group	1
				Cefn Hengoed Youth Club	66

Centre for Help and Advice for Disabled (CHAD)	34	Cross Roads Care Ltd, South East Wales	34	Cylch Meithrin Nelson	3
Channel View		Crosskeys Allotment	52	Cylch Meithrin Tedi Twt Gilfach Fargoed	3
Community Centre	17	Crosskeys Methodist Church	10	Cylch Ti a Fi Coed Duon	3
Chapel-of-Ease Baptist Church	10	Crosskeys Silver Band	47	Cylch Ti a Fi Cwm Derwen	3
Charter Housing Association	69	Crosskeys Welfare Bowls Club	56	Cylch Ti a Fi Deri	3
Children and Young People's Partnership Central		Crumlin Bravehearts (Cardiac Rehabilitation)	38	Cylch Ti a Fi Nelson	3
Support Team	6	Crumlin Navigation		Cylch Ti a Fi Siloh	4
Churches in Action	62	Colliery Project	24	Cylch Tia Fi Funtastic	4
Churches in Action (Gigabites Youth Project)	9	Cruse in Gwent	70	Cynllun Super Shell-by Project	4
Citizens' Advice Bureau Risca	15	Cwm Islwyn Art Club	52		
Civil Service Retirement Fellowship	29	Cwmcarn Angling Association	53	<b>D</b>	
Cleft Lip and Palate Association (CLAPA)	38	Cwmcarn Gymnastics/Sports Acrobatics Club	56	Deafblind Cymru	38
Clubs for Young People - Wales (Gwent Group)	66	Cwmcarn Leisure Centre	59	Deri Community Centre	17
Clubs for Young People Wales	66	Cwmcarn O.A.P. Hall and Welfare Association	29	Deri Regeneration Group	24
Clybiau Plant Cymru Kids' Clubs	6	Cwmcarn Residents' & Community Association	21	Disability CAN DO	34
Coal Industry Social Welfare Organisation (CISWO)	24	Cwmfelinfach Community Centre	17	Disability Can Do Organisation	35
Community Furniture		Cwmfelinfach Parents and Toddlers	1	Drugaid	36
Enterprise	69	Cwmfelinfach Residents' Association	21		
Community Legal Service Direct	15	Cwmfelinfach Youth Arts and Craft Club	50	<b>E</b>	
Congregational Church	10	Cwmfelinfach Youth Group	66	Early Retirement Group	30
Crafts for Everyone	50	Cylch Meithrin	2	English Baptist Church	11
CRAI District Scout Council	62	Cylch Meithrin Coed Duon	2	Expert Patients Programme	45
Creative Play Project, GAVO	6	Cylch Meithrin Cwm Derwen	2		
Croeso Christian Bookshop and Coffee Shop Ltd.	70	Cylch Meithrin Cwm Gwyddon	2	<b>F</b>	
				Family Information Service	6
				Fleur-de-lis Community Centre	17
				Flying Start Outreach Team	6
				Fochriw Community Centre	17
				Fochriw Over 55s Club	30
				Friends of Caerphilly Music (Registered Charity No: 1042393)	47

Friends of Pisek Twinning Association	70	Gofal Cymru	42	Heart of Wales Bus and Coach Co Ltd	35
Friends of Trinity Fields School & Resource Centre	44	Graig-y-rhacca Community Centre	18	Helping Hands (Rhymney Cancer Self-Help Group)	39
<b>G</b>		Green Club	67	Hengoed Branch OAPs	30
GGAVO Community Transport		Groesfaen Residents' Association	22	Hengoed Chapel	11
Heads of the Valley Service		Groundwork Caerphilly	27	Hengoed Community Centre	18
Dial-a-Ride	35	Growing Space	43	Heolddu Leisure Centre	59
GAVO Gateway	70	Gwent Association of Voluntary Organisations	71	Hip Hop Explosion	49
GAVO Inclusive Play Project	8	Gwent Association Voluntary Organisations	7	Hollybush Community Centre	18
GAVO Training and Development	26	Gwent Cancer Support	41	Home Start Caerphilly Borough	7
GAVO Tri County Play Outreach Team	6	Gwent Cancer Support - Young Person's Project (CHYPS)	41	<b>I</b>	
GAVO Tri County Play Outreach Team	7	Gwent Public Health Team	38	Islwyn Camcorder Club	53
GAVO Voluntary Sector Crime Reduction	70	Gwent Triathlon Club	56	Islwyn Community Credit Union	24
GAVO Volunteer Centre	70	<b>H</b>		Islwyn District Scouts	67
GAVO, Holiday Scheme Co-ordinator (Children and Young People)	9	Hafal	32	Islwyn League of Friends & Gardening Club	43
Gelli Haf Residents' Association	21	Hafodyrynys Community Association	22	Islwyn Voluntary Sector Forum	71
Gelligaer Bowling Club	56	Hafodyrynys Community Centre	18	<b>J</b>	
Gelligaer Community Centre	17	Hanger Youth and Community Centre	59	<b>K</b>	
Gelligaer Historical Society	52	Health sub-group of Aber Valley Communities First Partnership	38	<b>L</b>	
Gilfach Old Peoples Welfare Committee	30	Healthy Living Centres	45	Latch - Welsh Children's Cancer Charity	41
Glan-y-nant & Tiry-berth Young at Heart Club	30	Healthy Living Centres In Upper Rhymney Valley	45	Law Yn Llaw	7
Glan-y-nant Memorial Hall	17			Little Peeps Playgroup	1
Glynderi Bonsai Club	53			Llamau Ltd, Risca Safe	63
				Llanbradach Community Centre	18

Llanfach Village Hall	18	Mount Pleasant Baptist Church		Newbridge Leisure Centre	60
Llanfrehfa Grange Hospital L/F	41	(Blackwood)	11	Newbridge Memo Ltd	24
Llantrisant & Llantwit Ladies		Mount Zion Church	11	Newbridge Methodist Church	12
Hockey Club	56	Mount Zion Methodist Church	11	Newbridge Raiders	
Lower Rhymney Community Centre		Mudiad Meithrin	4	Basketball Club	57
Lower Sirhowy Valley Community Partnership	24	Multiple Sclerosis Society (Newport & District Branch /		<b>O</b>	
Lylac Ridge	44	Caerphilly Region)	39	Oakdale Community Centre	19
		Muscular Dystrophy Campaign	39	Oakdale Rugby Club	57
		Mynyddislwyn Male Choir	48	Oakdale Silver Band	48
				Oakdale Wine Circle	53
<b>M</b>		<b>N</b>		Oxford House Industrial	
Machen & Sautron Twinning Association	71	Nacro Cymru	26	History Society (Risca)	52
Machen Bowls Club	57	Nelson Chess Club	53		
Machen Good Companions Group	30	Nelson Community Centre	19	<b>P</b>	
Machen Village Hall	18	Neuadd St Catwg		P.D Badminton Club	57
Machen Women's Institute	61	Community Hall	19	Parkinson's Disease Society	
Macmillan Cancer Support	39	New CLURV	39	Caerphilly County	
Maesycwmmwr Community Centre	19	New Deal for Lone Parents/ Department for Work		Borough Branch	39
Markham Community House and Centre	60	and Pensions	26	Pengam Boys & Girls Club	57
Markham Community House and Sport Centre	19	New Tredegar Adventure Play		Penricwn Community Association	22
Markham Congregational Church	11	Project (GAVO)	1	Pentwynmawr Community Centre	19
Menter Iaith Sir Caerffili	71	New Tredegar Ladies Guild	61	Penuel Congregational Chapel, High Street, Nelson	12
Moose International (Islwyn (58) Lodge	32	New Tredegar Leisure Centre	60	Penybryn Village Hall	19
Moose International Blackwood Lodge 11	32	New Tredegar Nomads Cycling Club	57	Penyrheol Community Centre	19
		New Tredegar Rugby Club	57	Phillipstown Community Centre	20
		Newbridge & District		Phillipstown Residents' and Community Association	22
		Chamber of Trade	1	Phoenix Community Transport	35
		Newbridge and District		Plas Mawr Community Centre	20
		Ladies Choir	48		
		Newbridge Celyn Band	48		

Pontllanfraith Karate Club	57	Risca Community Education Centre (Oxford House)	26	Shelter Cymru Valleys Inclusion Project	72
Pontllanfraith Leisure Centre	60	Risca Friends of the Heart		Shinto Kai Brotherhood: Karate	58
Pontymister Athletic Bowls Club	58	Cardiac Rehabilitation Classes	40	Sight Support	35
Pontymister Youth Football Club	58	Risca Leisure Centre	60	Sirhowy Valley Lacemakers	50
Presbyterian Church of Wales Pentwynmawr	12	Risca Senior Citizens Association	31	Smart Money Credit Union Ltd	24
PROBUS Machen & District	33	Rotary Club of Bargoed	33	SNAP Cymru	44
Promoting Independence	35	Rotary Club of Blackwood	33	Social Services Community Learning Disability Team	
		Rotary Club of Caerphilly	33	Volunteer/Befriender Scheme	46
		Rotary Club of Machen	33	Soldiers, Sailors, Air Force Association Forces Help (SSAFA Forces Help) Caerphilly Division	28
		Rotary Club of Pontllanfraith	33	South East Wales Brass Band Association	49
		Royal British Legion - Bargoed & District	27	South East Warriors	
		Royal British Legion - Newbridge Branch	27	Cheerleading Squad	58
		Royal British Legion Crosskeys Branch	28	SPARKS	26
		Rudry Village Hall	20	St Andrews Church, Caerphilly	12
		Ruperra Conservation Trust	27	St Anne's Charity Shop	41
				St Anne's Hospice	41
				St Barrwgs Church	12
				St Catherines Church, Caerphilly	13
				St David's Foundation	
				Hospice Care	42
				St David's Foundation, Risca & District Support Group	42
				St David's Methodist Church, (Shared with Church in Wales)	13
				St John Ambulance, Pontllanfraith	44
				St Martins Church, Caerphilly	13
				St Thomas Church Centre	13

## Q

## R

R.S.P.C.A.	71				
Rectorial Benefice of Mynyddislwyn	12				
Redwood Hospital League of Friends	41				
RGK	58				
Rhymney (High Street) Community and Day Centre	20				
Rhymney Silurian Male Choir	48				
Rhymney Valley Autistic Society	44				
Rhymney Valley Music Club	48				
Rhymney Valley Voluntary Sector Forum	71				
Rhymney Valley Young at Hearts	30				
Right from the Start	8				
Risca & Crosskeys Christian Aid Committee	9				
Risca & Crosskeys Churches Together	9				
Risca Chamber of Trade	1				

## S

SARDIS (Ynysddu) Community Association	22				
Senghenydd - Abertridwr - Linking - Together (SALT)	23				
Senghenydd Community Centre	20				
Senghenydd Cricket Club	58				
SHADE - Self Help Against Depression	43				
Shelter Cymru Housing Advice Services	72				



Star Struck Productions (SSP)	49	The Welsh Sleep		Village Domestic Services	72
Strengthening Families Programme 10-14	36	Apnoea Society	40	VOLUME	72
Sue Noake Leisure Centre	60	Tirphil Community Hall	20	Voluntary Arts Wales	50
Sunshine Club over 50s	31	Tiry-berth Village Hall	20		
Supporting People	45	Trecenydd Community Centre	20	<b>W</b>	
SYDIC (Senghenydd Youth Drop In Centre)	67	Trethomas Old Age Pensioners Association	31	Wales Pre-school Providers Association	8
		Tridwr Ladies Bowling Club	58	Well of Hope Christian Books & Gifts with Coffee Shop	63
<b>T</b>		Trinant Association		Wesley Toddlers	2
Tabernacle Baptist Church	13	Trinant Football Club	58	Winding House Friends and Volunteers	52
Taraggan Educational Gardens	25	Trinant Methodist Church	14	Women's Institute, Pengam & Fleur-de-lis	61
The Basement Youth Information Network	63	Trinity Congregational Church	14	Women's Institute, Pontllanfraith	61
The Church of Jesus Christ of Latter Day Saints (Blackwood/Caerphilly)	14	Tuesday Club for the Deaf Bargoed	36	Woodfieldside OAP	31
The Family Intervention Team and Project Action for Children	40	Twyn Community Centre	20	Woodfieldside Playing Fields Association	25
The Parish of Eglwysilan (The Parish of the Aber Valley)	14	Ty Sign & Local Communities Partnership (TLC)	25	Workers Educational Association (WEA)	32
The Parishes of Bedwelty and New Tredegar	14			<b>X</b>	
The Pension Service	31			<b>Y</b>	
The Royal British Legion, (Blackwood & District)	28	<b>U</b>		Ynysddu Bowls Club	59
The S.E. Wales Branch of		Undercurrents	50	Young Mums Project	8
The Suez Canal Zoners	28	United Welsh Housing Association	25	Young Parents Project	8
The Stroke Association	40	Upper Rhymney Valley NOAP	31	Young People's Information Service	63
The Stroke Association	40			'Your Way' Project - YMCA	63
The Tommy Cooper Society	53	<b>V</b>		Youth Centres in CCBC	67
The VAN-guard Centre Caerphilly	23	Valleys Fibromyalgia Support Group	45		
		Valley's Regional Equality Council	72		
		Van Community Centre	21		
		Van over 50s	31		
		Van Road United Reformed Church Caerphilly	14		

Ysbyty ystrad Fawr League of Friends	42
Ysgol Feithrin Abertridwr	4
Ysgwyddgwyn C M Church, Bailey Street, Deri	15
Ystrad Mynach Boys' & Girls' Club	67
Ystrad Mynach Hospital & Community League of Friends	42
Ystrad Mynach Male Choir	49
Ystrad Mynach Netball Club	59
Ystrad Mynach Old Age Pensioners	32

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**NOTES**

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**NOTES**

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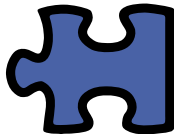
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