

GENERAL PSYCHOLOGY Spring 2014 DE ANZA COLLEGE

PSYC-001.-64Z - Charles Ramskov Ph.D.

General Psychology

Call Number:

Term: Spring 2014

4 units

De Anza College Distance Learning Center •MLC 250 • Phone: 408-864-8969 •

FAX: 408-864-8245 • www.deanza.edu/distance

**The Psychology 1 Course is delivered on the Cengage site:
WWW.CengageBrain.com (NOT ON CATALYST) which will
come up as **WWW. CengageBrain.com**. Register for the course there and also
this is the sign in point for after you have registered. Make sure you select the correct
course which is Winter 2014 Psychology 1 after you have registered.**

Instruction sheet from Cengage is printed below.

Contact me at: ramskovcharles@fhda.edu

Description

Factors influencing human behavior including: biological and neurological processes and structures, evolution, genetics, gender, life span development, consciousness, attention, sensation, perception, learning, memory cognition, intelligence, motivation, emotion, stress, personality, psychopathology, psychotherapy, social and cultural determinants. (Students may enroll in Psychology 1 for credit.)

Instructor Information: Charles Ramskov

Hello, my name is Charles Ramskov. I have been a Psychology instructor here at De Anza for thirty-six years. It is my pleasure to be your instructor for Psychology 1 Distance Learning. I am the Department Chair of Psychology and I will do all I can to help you reach your goals. Psychology is one of the most important learning experiences you can have in college so give it your all. Dr. Charles B. Ramskov

Phone: (408) 864-8853

Email: ramskovcharles@fhda.edu

Office Location: F-21a

Office Hours: Monday -Thursday, 9:00-9:30 AM; 12-12:30 PM

How to Get Started-Watch Your Deadlines!

1. Register for the Psychology 1 course at De Anza College.
2. Complete the **Online Orientation** through the De Anza College Distant Learning website and submit the Student Information Form by **5:00 pm, April 11th**. If you do not make that deadline, you might be **dropped** from the course. Be ready to give your email address that you will use ALL quarter. All email correspondence with your instructor will happen with that same email address, so please keep it the same. Online Orientation may be found at:
www.deanza.edu/distance
3. Purchase the course text and materials **access code comes with the book**.
4. Register onto the **Mind Tap** website by **5:00 pm Friday, April 11th** using your access code. This is where the Psych. 1 course happens, completely ONLINE. **The course does NOT happen on Catalyst**. If you do not make that deadline, you might be **dropped** from the course.
5. Start following the Course Requirements.
6. You must take the chapter tests as it is part of the course credit you will receive (5pts for each chapter test completed at 70% or above).
7. The course also has two med-terms and one final.
8. Final grade is determined by the total points earned on Chapter quizzes, Mid-terms and Final Exam (some extra credit will be offered).

Wherever you choose to buy the course materials, please note: you must buy the Psych. 1 text AND the Access Code to get registered onto the CengageBrain website.

De Anza College bookstore phone: 408-864-8907, 408-864-8949.
<http://books.fhda.edu/fhda/>

If all else fails follow the
Cengage instruction sheet
below. My course schedule

and assignments are also listed below.

Student Registration Instructions

Your class will be using a custom course in Cengagebrain.com, an online educational resource. Your instructor may post pertinent course information within CengageBrain.

Once you register, you will have easy access to all your materials with just a few clicks!

To register for your course, you will need:

- q A **Course ID** provided by your instructor. For this Psychology 1 course, the Course ID is: Ramskov number to be given

- q A **Student Access Code** (This code can be found on your Online Access card.

 - Example: SIMPLE-FRILL-TONLE-WEIRS-CHOIR-FLEES)

- q De Anza College's zip code: 95014

- q A valid email address

How to access your MindTap course

PSYC-001.-64Z

Instructor : Dr. Charles Ramskov

Start Date : 01/06/2014

Course Key:

The course is hosted on the Cengage site not Catalyst

Registration On Cengage Site:

Your Personal Learning Experience begins via cengagebrain.com with immediate digital access to MindTap – a personalized program of digital content and services.

1. Connect to <https://login.cengagebrain.com/>

2. **If you already have an account, sign in.** From your Dashboard, enter your course key (**MTPQ-8H1P-Q86W**) in the box provided, and click the *Register* button. If you don't have an account, click the *Create an Account* button, and enter your course key when prompted:. Continue to follow the on-screen instructions.

Payment:

Online: Purchase access to your MindTap course from the cengagebrain.com website. Please make sure to purchase **ISBN – 9781285514253** and enter **discount code SPRING2014** at checkout.

Hardcover Book:

If you have to have a hard cover book a bundle with the online access code will be available at the Premier Book store on Friday April 1st. De Anza Book store on Monday March 31, 2014^h.

Objectives:

After completing the readings and watching the video programs, you should be able to:

1. Recognize the basic vocabulary of the discipline.
2. Identify the major areas and parameters of psychology as a discipline.
3. Distinguish among social/behavioral, intra-psychic, and biological perspectives of behavior.
4. Recognize the variety of ways psychological data are gathered and evaluated.
5. Recognize connections between general principles of human behavior and your own personality and personal relationships.
6. Recognize major psychological theories and the ways they are used to assess or change human behavior.

Textbook:

Weiten Wayne Themes and Variations: **Psychology Cengage** (required).

ISBN# is **9781285900513**

Video Viewing Instructions

You will be required to view the videos in **MindTap** that accompanies the textbook.

You can purchase an access code bundled with your textbook at your bookstore, or if you purchase a used textbook, you can purchase online access directly at:

<<http://www.cengagebrain.com>

"Note to **students with disabilities**: If you have a disability-related need for reasonable academic accommodations or services in this course, provide (*name of Instructor*) with a Test Accommodation Verification Form (also known as a TAV form) from Disability Support Services (DSS) or the Educational Diagnostic Center (EDC). Students are expected to give five days notice of the need for accommodations. Students with disabilities can obtain a TAV form from their DSS counselor (864-8753 DSS main number) or EDC advisor (864-8839 EDC main number)."

Logging in

To log in and access your course:

1. Go to <<http://www.cengage.com> and click the **Log In** button.
2. Enter the **login name** and **password** you created during registration.
3. From the Cengage.com page, click on your course name to begin your work for that course.

What's in Cengage Brain?

1. The full electronic version of your textbook, with embedded multimedia, such as Videos, Simulations, Explorations, Biographies
2. Pre-tests and Post-tests to check your understanding and get immediate feedback for a better grade. **You must take the chapter tests as it is part of the course credit you will receive (5pts for each chapter test completed at 70% or above.**
3. Multi-media library- takes you right to all of the multimedia resources- the videos, simulations, etc. and you can search by chapter or media type
4. MySearchLab- a writing and research resource that helps you be able to research for a paper as well as walks you step by step through the writing process.

IMPORTANT NOTE: *A required component of this course is to watch the videos embedded in each Chapter. You can quickly find the videos by clicking on the MULTIMEDIA LIBRARY button on the left menu bar. Choose your chapter and select "Watch" to see the videos. They are also tied to specific page numbers in your textbook and if you open the e-book, the videos will be linked on the pages. This psychology 1 is online and requires a student with sufficient discipline, time management and motivation to do the work without a regular in class schedule to prompt performance. That means that if you are not engaged in the course work you are not completing the course. The material is driven by your effort and motivation, otherwise it does not happen. The drop rate in the online course format, as a result, is quite high. Too avoid being dropped you need to stay on schedule, stay motivated.

Be advised you should get a head start on the material, as it becomes more challenging as the course proceeds. You should spend 10-12 hours per week on the material. Also those interested in attending an occasional in class lecture on some topics may do so (let me know), the Psychology 1 regular section meets M-Th 12:30-1:20. GOOD LUCK!

Remember the course is hosted on the Cengage Mind tap site not Catalyst

Course Schedule

- **Week #1 April 7th: Topic:**
 - Reading: Chapter 1: The Evolution of Psychology
 - Assignment: **Chapter 1 Exam**
 -
- **Week #2 April 14th: Topic:**
 - Reading: Chapter 2: Research Methods
 - Assignment: **Chapter 2 Exam**
 -
- **Week #3 April. 21st: Topic:**
 - Reading: Chapter 3: Biological Psychology
 - Assignment: **Chapter 3 Exam**
 -
- **Week #4 April. 28th: Topic:**
 - Reading: Chapter 4: Sensation and Perception
 - Assignment: **Chapter 4 Exam**
 -

**Chapters 1-4 EXAM 1 on Mind Tap Midterm Exam 1
to be completed by the end of the 4th week**

- **Week #5 May 5th: Topic:**
 - Reading: **Ch. 5: Variations in Consciousness**
 - Assignment: **Chapter 5 Exam**
 -
 -
- **Week #6 May 12th Topic:**
 - Reading: **Ch. 6 Learning**
 - Assignment: **Chapter 6 Exam**
 -
- **Week #7 May 19th: Topic:**

Reading: in Ch. 7: Memory

Assignment: Chapter 7 Exam
- **Week #8 May 26th Topic: Chapter 8: Cognition and Intelligence**

Reading: in Ch. 8 Cognition and Intelligence

Assignment: **Chapter 8 Exam**

Exam 2 chapters 5-8 on CengageBrain

Exam 2 essay will be given by email

Midterm Exam 2 to be completed by the end of the eight week

- **Week #9 June 2nd Topic: Chapter 9: Motivation and Emotion**

- Reading: **Ch. 9: Emotion and Motivation**
- Assignment: **Chapter 9 Exam**

- **Week #10 –June 9th Topic:**

- Reading: **Ch. 11: Personality Psychology**
- Assignment: **Chapter 11 Exam**

- **Chapter 13 Topic: Stress, Coping, and Health**
- Assignment: **Chapter 13 exam**

Week #11 June 16th: Topic: Chapter 14: Psychological Disorders and Chapter 15 Treatment of Disorders

- Reading: **Ch. 14: Psychological Disorders & Ch. 15: Treatment of Psychological Disorders**
- Assignment: **Chapters 14 & 15 Exams in Mind Tap**

Note: week 12 is short as finals are also scheduled to be completed, so plan to get ahead for this section.

- **Week #12 June 24th -Finals: Topic: Final Exam covering Chapters 9, 11, 13 14 & 15 Final Exam Starts June 24th to be completed by Friday March 28th at Midnight.**

Cheating

Policy on Copying and Cheating: *Students who submit the work of others as their own or cheat on exams or other assignments will receive a failing grade in the course and will be reported to college authorities.*

The Library West Computer Lab offers support services for Distance Learning students including: open computer lab with Internet access, stations for viewing videotapes and videotape checkout.

A photo I.D. card is required to check out materials or use computers in the Library West Computer Lab, use computers in other campus computer labs.

The Distance Learning I.D. cards are available from the Distance Learning Center. MLC 250 Location

<http://www.deanza.fhda.edu/depts/medialab/>

Phone: 1-800-745-5480

De Anza College Bookstore Contact Information

Phone: 408-864-8455

<http://books.fhda.edu/fhda/>

LIBRARY SERVICES

De Anza College Library Services are available for all students and faculty, both on and off campus. Please consult the library website for a complete description of the library services and hours:

De Anza College Library: <http://www.deanza.edu/library/>