

Elite Rehabilitation Solutions, LLC
2820 Audubon Village Drive
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November 14-16 2008

Vestibular Rehabilitation: Evidence Based Approach to Evaluation and Treatment of the Dizzy Patient

September 27-28, 2008

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COURSE FACULTY

MICHAEL J. RUCKENSTEIN, MD is Professor of Otorhinolaryngology at the Hospital of the University of Pennsylvania and Penn School of Medicine and Director of the implantable hearing program and residency and training program at the University of Pennsylvania. He is fellowship trained in Otolaryngology, Skull based surgery, and Neurotology. Dr. Ruckenstein has been selected by "Best Doctors in America" and has published several peer-reviewed & research articles. He has presented and lectured on the management of the dizzy patient including the affect that Meniere's Disease, hearing loss, and anxiety have on these patients at various local, national and international conferences.

ANNE K GALGON, PT, MPT, NCS is an assistant professor in the physical therapy program at Neumann College. She holds her certificate of competency in Vestibular Rehabilitation from APTA/Emory University and is an APTA Neurology Clinical Specialist. She is completing her PhD at Drexel University in Movement Science. Ms. Galgon's clinical work and interest are at the Balance Center and MS clinic at Hospital of University of Pennsylvania.

ELIZABETH GRACE, MSPT, NCS is a Neurologic Team Leader in the University of Pennsylvania Health System prior to 6/30/2008 and GSPP as of 7/1/2008. She holds her certificate of competency in Vestibular Rehabilitation from APTA/Emory University and is an APTA Neurology Clinical Specialist. She is an adjunct instructor and guest lecturer at Arcadia, Neumann, and Susan Herdman's Competency based vestibular course. She is completing her PhD at Temple University in Physical Therapy.

**Vestibular
Rehabilitation:
Evidence Based
Approach for the
dizzy patient**

September 27-28,
2008

Registration Form

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-mail _____

Medical Specialty: PT PTA OT
 ATC Other (list): _____

Experience: 0-2 years 3-5 years
 5-10 years 11-20 years > 20 years

Registration Fee:

On or before 8/31/2008 \$375.00

On or after 9/1/2008 \$425.00

Register online at:

www.eliterehabsolutions.com

Make check payable to:

Elite Rehabilitation Solutions

Mail this completed form and payment to:
ELITE REHABILITATION SOLUTIONS
2820 Audubon Village Drive
Suite 330
Audubon, PA 19403
Phone: 484-685-3123
Fax: 610-635-0487
E-mail: info@eliterehabsolutions.com

COURSE DESCRIPTION:

This 2 day course is designed to provide participants with the latest evidence and foundation to efficiently evaluate and treat common peripheral, central and non otologic vestibular disorders. This program will place emphasis on understanding vestibular anatomy, physiology and pathophysiology in order to develop effective and evidence based therapeutic interventions. This program will feature an integrated format of lecture, lab, case studies, and open discussion. There will be both a pre-test and a post-test on the material presented.

COURSE OBJECTIVES:

Upon completion of this course, participants will be able to:

- Describe anatomy & physiology of balance system.
- Identify pathologies associated with complaints of imbalance/dizziness
- Demonstrate knowledge of patient history, screen and selection of test/ measures to complete comprehensive evaluation of dizzy patient.
- Using case scenarios, interpret examination findings and develop a clinical impression, treatment plan, and prognosis for patient outcomes.
- Determine when appropriate referrals are required to other health care providers, agencies or resources.
- Demonstrate understanding of the effects that co-morbidities such as anxiety and migraines will affect patient presentation, interventions and outcomes of vestibular rehabilitation.

Course Agenda

Day 1:

- 7:30 am** Registration, Continental Breakfast
- 8:00am** Welcome & Pre-test
- 8:30 am** Anatomy & Physiology
- 9:30 am** Differential Diagnosis- Vestibular Pathology
- 10:15 am** Break
- 10:30 am** Patient Interview
- 11:00 am** Clinical Exam:
 - Oculomotor Exam
 - Vestibulo-ocular interaction tests
 - Positional/ Movement Sensitivity tests
 - Postural control and balance assessment
 - Functional Outcome Tools
- 12:00 pm** LUNCH
- 1:00 pm** Clinical Examination (contd) Lab and Video
- 3:00 pm** Break
- 3:15 pm** Interpretation of Examination Findings
- 4:15 pm** Treatment Principles and Planning
- 5:00 pm** Panel Discussion & Questions
- 5:30 pm** Adjourn

Day 2:

- 8:00 am** Medical Management of Dizzy Patient—ENT perspective
- 8:30 am** Pharmacologic Management
- 9:15 am** Surgical Interventions of the Dizzy patient
- 9:45 am** Break
- 10:00 am** Treatment Strategies (lecture, lab, video)
 - Gaze stabilization
 - Movement sensitivity
 - Visual motion sensitivity
 - Postural control
 - Functional testing
 - Deconditioning
- 12:00 pm** LUNCH
- 1:00 pm** Treatment (cont'd)
- 1:45 pm** BPPV assessment and treatment
- 3:15 pm** Break
- 3:30 pm** Interface between Anxiety and Dizziness
- 4:15 pm** Case Studies
- 4:45 pm** Questions and Post test
- 5:15 pm** Adjourn

ACCREDITATION INFORMATION:

Application for approval of CEU's have been submitted to PA, NJ, and DE for physical therapy state approval of 14 contact hours or 1.4 continuing education units (CEU's). Check website for updates on approval status.

Course Location:

Homewood Suites Valley Forge

681 Shannondell Boulevard
Audubon, PA 19403

Rooms have been reserved at a conference rate until 8/31/2008:

Studio: \$109

1 Bedroom Suite: \$139

2 Bedroom Suite: \$179

Hotel Registration: 610-539-7300

(standard hotel rates apply after 8/31/08)

Registration Information:

Registration for this course includes course handouts, continental breakfast, afternoon snack. Lunch is on your own.

Cancellation Policy:

Registration fees will be refunded in full less a \$50.00 handling fee with written cancellation prior to 8/31/2008. No refunds can be awarded after 8/31/2008.

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