



Board Preparation Resources

from the PREMIER Provider of Sleep Medicine Education



64%

In 2011, only 64% of the individuals who took the sleep medicine exam passed. As the leader in sleep medicine education, the AASM has the essential courses and resources to prepare you for success!

On October 16, 2013, the American Board of Medical Specialties (ABMS) will administer the sleep medicine certification examination.

Subspecialty certification in sleep medicine can be obtained through the following member boards of the ABMS:

- American Board of Anesthesiology
- American Board of Family Medicine
- American Board of Internal Medicine
- American Board of Otolaryngology
- American Board of Pediatrics
- American Board of Psychiatry and Neurology

Exam details can be found on the above boards' websites. The administering board for the exam is the American Board of Internal Medicine (ABIM); visit the ABIM website at www.abim.org for information including the exam blueprint.



The AASM has produced several programs and products to assist you during your exam preparation. As the medical society for sleep medicine, the AASM is able to develop comprehensive and quality programs, working with leading faculty in the field. Whether you require a full review of the topics to be included on the exam, or you simply need to touch up on select subjects, AASM board review resources are available to meet your needs.

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Not a member of the AASM?

Membership with the American Academy of Medicine provides physicians with a multitude of valuable resources during exam preparation as well as in general practice. After June 1, membership dues for the 2013 membership year are prorated to \$125.00 for physicians and are as low as \$20.00 for individuals in a residency or fellowship program!

AASM membership benefits include:

- ✓ Discounts on all AASM courses, products and educational resources;
- ✓ Weekly email updates about important developments and events in the field;
- ✓ Subscriptions to the journals *SLEEP* and the *Journal of Clinical Sleep Medicine*;
- ✓ Access to exclusive networking opportunities including online discussion forums and the online membership directory;
- ✓ And more!

*AASM members save significantly on all of the resources detailed in this brochure. **In fact, savings can easily cover the cost of membership dues!***

Visit www.aasmnet.org/membership_individual.aspx to join today!

Legend



Courses



200-Epoch Scoring Reviews



Textbook & Reference Manuals



Sleep Medicine Practice Exam
Sleep Study Scoring Tests



Online Learning Modules



Archived Products



Sleep Medicine Board Review Course

August 2-4, 2013

Sheraton Denver Downtown Hotel | Denver, CO

Earn up to 18.00 AMA PRA Category 1 Credits™

The Sleep Medicine Board Review Course is a two-and-a-half-day course during which an expert faculty of basic researchers, academicians and clinicians at the forefront of the field will present a broad review of sleep medicine. The topics covered mirror the ABMS sleep medicine examination content areas. The course includes a mixture of didactic sessions on basic sleep mechanisms and evaluation of polysomnograms, case-based lectures on the entire range of sleep disorders in the *International Classification of Sleep Disorders, Second Edition* and question-based presentations.

All attendees will be provided with **complimentary access** to the AASM online sleep medicine practice examination at the completion of this course. This newly revised six-part online exam consists of 150 questions in a variety of topics and features instant feedback for each question, a built-in reading list and a printable summary guide for future study.



A \$150 value!

Target Audience

This course is intended for physicians seeking a broad review of sleep medicine or planning to take the 2013 certification examination in sleep medicine.

Course Objectives

Upon completion of the course, participants will be able to:

- Formulate a differential diagnosis for sleep disorders patients;
- Determine appropriate investigative strategies;
- Review and interpret sleep studies;
- Evaluate data and arrive at a final diagnosis;
- Develop a comprehensive treatment plan for patients with sleep disorders; and
- Devise a schedule for study in preparation for the sleep medicine certification examination.

Faculty

Charlene Gamaldo, MD – Chair
David Plante, MD – Vice Chair
Ruth Benca, MD, PhD
Nancy Collop, MD
Douglas Kirsch, MD
Teofilo Lee-Chiong, MD
Raman Malhotra, MD
Shalini Paruthi, MD
Gary Richardson, MD
Carol Rosen, MD
Rachel Salas, MD
Michael Silber, MBChB
Nathaniel Watson, MD



*“I thought
the Board
Review Course
was PERFECT
preparation for this
test!”*

20% of the exam is related to sleep evaluation, including sleep staging and scoring.



Preliminary Course Schedule and Topics

Thursday, August 1

12:00pm – 1:00pm	Registration for Intensive Scoring Review Course
1:00pm – 5:15pm	Intensive Scoring Review Course (see below) <ul style="list-style-type: none">• Technology of Sleep Studies• Waveform Recognition• Sleep Stage Scoring• Arousals and EEG Abnormalities• Respiratory Event Scoring• Movements and Cardiac Event Scoring

Friday, August 2

7:00am – 8:00am	Continental Breakfast*, Registration for Sleep Medicine Board Review Course and Welcoming Remarks
8:00am – 12:00pm	Sleep Medicine Board Review Course <ul style="list-style-type: none">• Introduction to the Sleep Boards• Sleep Deprivation• Narcolepsy and other CNS Hypersomnias• Circadian Rhythm Sleep Disorders
12:00pm – 1:00pm	Lunch*
1:00pm – 5:00pm	Sleep Medicine Board Review Course <ul style="list-style-type: none">• RLS/PLMS/PLMD• Neurobiology and Neuroanatomy of Sleep• The Insomnias• Pediatric Polysomnography

Saturday, August 3

7:00am – 8:00am	Continental Breakfast*
8:00am – 12:15pm	Sleep Medicine Board Review Course <ul style="list-style-type: none">• Practice Parameters for In-Center and Out-of-Center Testing• Pediatric Sleep Case Presentation• Pediatric Sleep Disorders: Non-Respiratory Conditions• Pediatric Sleep Disorders: Sleep Apnea and Other Respiratory Conditions• Sleep Related Breathing Disorders
12:15pm – 1:15pm	Lunch*
1:15pm – 5:00pm	Sleep Medicine Board Review Course <ul style="list-style-type: none">• Adult Polysomnography Staging and Interpretation• Neurology and Sleep (EEG)• Parasomnias• 1000 Things to Know for the Sleep Board Examination

Sunday, August 4

7:00am – 8:00am	Continental Breakfast*
8:00am – 11:15am	Sleep Medicine Board Review Course <ul style="list-style-type: none">• Sleep and Medications• Sleep and Medical Disorders• Sleep and Psychiatry



*** These meals are provided; attendees are responsible for all other meals.**

Half-Day Companion Course

Intensive Scoring Review

August 1, 2013

1:00pm – 5:15pm

Sheraton Denver Downtown Hotel | Denver, CO

Earn up to 4.0 AMA PRA Category 1 Credits™

Faculty

Douglas Kirsch, MD – Chair

David Plante, MD

Attend the Intensive Scoring Review companion course for additional education on scoring. Individuals must be registered for the Sleep Medicine Board Review course in order to participate in this course.

During this half-day auxiliary course, faculty will present a detailed review of the basics of sleep study evaluation complementary to the Sleep Medicine Board Review Course.



Sleep Medicine Exam Cram Courses

September 28 or 29, 2013

AASM National Office | Darien, IL

Earn up to 8.00 AMA PRA Category 1 Credits™

During this concentrated, one-day cram course, attendees will take an interactive approach to reviewing the topics covered on the sleep medicine certification exam. The day will focus on sample exam questions, using an audience response system to poll the attendees, and in-depth discussion of the correct answer for each question.



Register for both the Sleep Medicine Board Review Course and one of the Sleep Medicine Exam Cram Courses to save **\$100!**

Target Audience

This course is intended for physicians currently active in sleep medicine and those planning to take the 2013 certification examination in sleep medicine.

Course Objectives

Upon completion of the course, participants will be able to:

- Summarize the sleep medicine exam blueprint and review test-taking strategies;
- Assess clinical judgment in the diagnosis and treatment of sleep disorders; and
- Review common and rare conditions that have important consequences for patients with sleep disorders.

Faculty

Lawrence Epstein, MD – Course Chair

Neil Freedman, MD

Madeleine Grigg-Damberger, MD

Preliminary Course Schedule

7:30am - 8:00am	Registration and Continental Breakfast*
8:00am - 8:45am	Welcome and Overview of ABMS Blueprint Lawrence Epstein, MD
8:45am - 9:30am	Normal Sleep and Variants Madeleine Grigg-Damberger, MD
9:30am - 10:15am	Insomnia and Circadian Rhythm Disorders Lawrence Epstein, MD
10:15am - 10:30am	Break
10:30am - 11:30am	Sleep Related Breathing Disorders Lawrence Epstein, MD
11:30am - 12:00pm	Sleep in Other Disorders and Pediatric Sleep Madeleine Grigg-Damberger, MD
12:00pm - 1:00pm	Lunch*
1:00pm - 1:45pm	Hypersomnia and Parasomnia Neil Freedman, MD
1:45pm - 2:15pm	Sleep Related Movement Disorders Madeleine Grigg-Damberger, MD
2:15pm - 3:15pm	Sleep Evaluation Neil Freedman, MD
3:15pm - 3:30pm	Break
3:30pm - 4:00pm	Organ System Physiology and Pharmacology Neil Freedman, MD
4:00pm - 5:00pm	Study Suggestions and Test Taking Strategies Lawrence Epstein, MD
5:00pm - 5:30pm	Questions and Answers Faculty



* **These meals are provided; attendees are responsible for all other meals.**

What Are Past Attendees Saying?



"The Sleep Medicine Exam Cram Course was amazing: well-planned and high-yield."

Board Prep Materials

Textbooks & Reference Manuals

The AASM is the leading publisher of sleep-related reference texts. Many of the AASM's manuals serve as standards for the field and are essential for any physician practicing sleep medicine or preparing to take the sleep medicine exam.



Updated! (Available June 1) Essential Readings in Sleep Medicine

SKU: 2201 \$50 Member; \$75 Nonmember

This online compendium of readings from the AASM's journals *SLEEP* and *Journal of Clinical Sleep Medicine* is a helpful study resource for the ABMS sleep medicine exam as it includes pertinent articles related to the blueprint for the exam.



New! AASM Manual for the Scoring of Sleep and Associated Events v2.0

SKU: 2100E \$25 Member; \$50 Nonmember

The *AASM Manual for the Scoring of Sleep and Associated Events: Rules, Terminology and Technical Specifications Version 2.0* is the definitive reference for the evaluation of polysomnograms. This comprehensive and continuously evolving resource provides rules for scoring sleep stages, arousals, respiratory events during sleep, movements during sleep and cardiac events. The *AASM Scoring Manual* also provides standard montages, electrode placements and digitization parameters.

This online publication is essential for sleep technologists who perform and score sleep studies and for physicians who interpret polysomnographic recordings. Purchasers may also [download the free app](#) on their iPhone, iPad or iPod Touch to have access to this essential publication without an internet connection.



Updated! AASM Standards and Guidelines for the Practice of Sleep Medicine

SKU: 4003 \$70 Member; \$100 Nonmember

This compilation of papers provides guidance to aid physicians in the diagnosis and treatment of sleep disorders. Included are AASM practice parameters, review papers, clinical guidelines and best practices papers in a binder that will accommodate future papers.



International Classification of Sleep Disorders- Second Edition (ICSD-2)

SKU: 2001 \$90 Member; \$135 Nonmember

The *International Classification of Sleep Disorders—Second Edition* is the authoritative text for clinicians to access information about sleep disorders, criteria for diagnosis and other relevant information imperative for the treatment of their patients. This edition provides current nosology of sleep medicine and is designed in a user-friendly format. Disorders are grouped into eight categories: Insomnias; Sleep Related Breathing Disorders; Hypersomnias of Central Origin Not Due to a Circadian Rhythm Sleep Disorder, Sleep Related Breathing Disorder or Other Cause of Disturbed Nocturnal Sleep; Circadian Rhythm Sleep Disorders; Parasomnias; Sleep Related Movement Disorders; Isolated Symptoms, Apparent Normal Variants, and Unresolved Issues; and Other Sleep Disorders. (2005)



Case Book of Sleep Medicine

SKU: 2004 \$35 Member; \$45 Nonmember

The *Case Book of Sleep Medicine* allows readers to follow experienced clinicians as they gather information from history, physical examination and laboratory tests. Cases are divided into six sections, corresponding to the six major categories of sleep disorders in the *International Classification of Sleep Disorders—Second Edition*. All 70 cases adhere to the following format: History, Physical Examination, Differential Diagnosis, Polysomnographic Testing, Additional Tests, Final Diagnosis, Discussion of Treatment Plan, Outcome of Case, Teaching Points, and References (2008).



Save **\$10 off** of the price of the *Case Book* when purchased with the *ICSD-2*

Online Learning Modules



Each of the AASM's online learning modules includes a streaming video presentation, educational references and the opportunity to earn CME credit. Here are some of the modules pertinent to exam preparation. A full listing is available in the online learning center at www.aasmnet.org.

Insomnia: Etiology, Evaluation and Treatment

SKU: 34103 \$25 Members; \$50 Nonmembers

Sleep Apnea: Etiology, Evaluation and Treatment

SKU: 34113 \$25 Members; \$50 Nonmembers

Intensive Scoring Workshop (Series of 3)

SKU: 34333 \$75 Member; \$150 Nonmember

Interpreting Sleep Studies (Series of 13)

SKU: 35033 \$300 Member; \$600 Nonmember

Diagnosing and Treating Sleep Disorders in the Pediatric Population (Series of 16)

SKU: 35203 \$375 Member, \$650 Nonmember



All Online Learning Modules have 1-year access!

200-Epoch Scoring Reviews



Sharpen your scoring skills with the **200-Epoch Scoring Review**, an online program that allows you to practice scoring sleep stages, arousals, limb movements and respiratory events and receive instant feedback.

Each monthly review features a record sample of 200 epochs that have been previously scored by participants in the AASM Inter-scorer Reliability Program.

After you score all 200 epochs, you will receive immediate feedback; the system will display an epoch-by-epoch comparison of your scores to the AASM gold-standard and the thousands of AASM Inter-scorer Reliability Program users. Each 200-Epoch Scoring Review also comes with a streaming monthly record review video, in which the gold standard scorer will walk you through the sleep record, highlighting areas of disagreement and reviewing scoring rules.

\$50 (each; 6 months access) Member; \$75 (each; 6 months access) Nonmember

Sleep Medicine Practice Exam



Updated! (Available June 1) Test your knowledge of sleep in preparation for the upcoming sleep medicine board certification examination with the sleep medicine practice exam. The six-part online practice exam consists of 150 questions in a variety of topic areas and features instant feedback for each question, a built-in reading list and a printable summary guide so you can tailor your future study.

\$25 (each) Member; \$50 (each) Nonmember



Free with registration to the Sleep Medicine Board Review Course!

Sleep Study Scoring Tests



Updated! (Available June 1) How well do you know the *AASM Manual for the Scoring of Sleep and Associated Events*? The AASM presents

a sleep study scoring test to assess your knowledge of scoring rules, polysomnographic pattern recognition and scoring ability. The practice test is online and interactive, providing you with immediate feedback and additional information. Use the test to assess your own knowledge or as a training tool with technologists. There are 3 modules with 25 questions in each.

\$25 (each) Member; \$40 (each) Nonmember

Archived Products



Board Review for the Sleep Specialist Course Archive CD-ROM Archive of March 18 – 20, 2011 Course

SKU: 3030 \$600 Member; \$675 Nonmember

This CD-ROM archive of the March 2011 AASM Board Review for the Sleep Specialist course and two half-day companion courses - the AASM Intensive Scoring Review course and the SRS Basic Science of Sleep for the Sleep Specialist course - includes MP3 audio files of the speaker presentations, as well as all course PowerPoint presentations for review on your computer. The MP3 files included on this CD-ROM allow you to download files to your MP3 player, listen to presentations at your convenience through the use of audio book-marking, and burn files to an audio CD for use on-the-go.



Board Review Webinars (16 Hours)

**SKU(s): 3388, 3393, 3366, 3342, 3362
\$500 Member, \$750 Nonmember**

Prior to the launch of the new AASM website in January 2011, the AASM hosted several 1-hour webinars during which an expert presented interactive lecture on a topic within their expertise. Following the live webinar, these presentations were archived to CD-ROM format, allowing viewers the opportunity to review the lecture's content at their convenience. The CD-ROMs replicate the multimedia presentations from the live webinars and include the PowerPoint presentation and speaker audio recordings. Here is a listing of the topics included in this package:

Board Review Study Sessions I

- Sleep Evaluation
- Sleep Related Breathing Disorders
- Considerations Unique to Childhood

Board Review Study Sessions II

- Movement Disorders in Sleep
- Hypersomnia
- Pharmacology of Sleep

Board Review for the Non-Specialist

- Sleep Neurology for the Non-Neurologist
- Behavioral Sleep Medicine for Non-Psychologists
- Pulmonary Medicine for the Non-Pulmonologist

Case-Based Board Review

- Hypersomnias
- Sleep in Neurodegenerative Disorders
- Chronic Insomnia

Board Review Trouble Spots

- Cardiovascular Physiology During Sleep
- Pediatric Pulmonology and Sleep Apnea
- Neurology of Sleep in Children
- Pharmacology of Sleep

Attendee Information

Hotel Reservations

Space is limited, so please make reservations well in advance; the group rate will no longer be available if all rooms in the block sell out.

Sleep Medicine Board Review Course and Intensive Scoring Review Course

Cut-off Date: July 1, 2013
Hotel: Sheraton Denver Downtown Hotel
1550 Court Place
Denver, Colorado 80202
Rate: \$159/night plus taxes
Reservations: Reserve your room online at www.aasmnet.org/events.aspx, or contact the hotel by calling (303) 893-3333; to receive the special group rate, you must identify yourself as part of the AASM Board Review Course.
Check-in time: 4:00pm
Check-out time: 11:00am

Sleep Medicine Exam Cram Courses (9/28/13 or 9/29/13)

Cut-off Date: August 30, 2013
Hotel: Marriott Chicago Southwest at Burr Ridge
1200 Burr Ridge Parkway
Burr Ridge, Illinois 60527
Rate: \$111/night plus taxes
Reservations: Reserve your room online at www.aasmnet.org/events.aspx, or contact the hotel by calling (630) 986-4100; to receive the special group rate, you must identify yourself as part of the AASM course.
Check-in time: 4:00pm
Check-out time: 11:00am

Transportation

Sleep Medicine Board Review and Intensive Scoring Review Courses

The airport nearest to the Sheraton Denver Downtown Hotel is the Denver International Airport. The airport is approximately 27 miles (40 minutes) from the hotel. SuperShuttle is the preferred shuttle service of the Sheraton Denver Downtown Hotel. The fee is \$22 each way or \$40 if you book round trip. Once you arrive, take the train from the Concourse to the Terminal. Pick up your luggage and proceed to the SuperShuttle counter located on Level 5/ Baggage Claim, adjacent to the Premier Art Installation in the center of the terminal. Counter staff will issue tickets and give directions to the van loading areas. For information, call 1-800-BLUEVAN. Ticket counters are closed between 12am and 6am. If you arrive between these hours, please use the courtesy phone located at the ticket counter to notify dispatch of your arrival.

Sleep Medicine Exam Cram Courses (9/28/13 or 9/29/13)

The airports nearest to the AASM national office are O'Hare International Airport and Midway International Airport. O'Hare is approximately 23 miles from the office. Midway is approximately 18 miles from the office. Because you will be traveling to a suburb, we recommend that you do not pick-up a taxi outside of the baggage claim exit as these taxis will charge at 1.5 times the metered rate to take you to the hotel. Rather, after you pick-up your baggage at the airport, contact 303 Taxi via phone at (847) 256-8294 and provide them with the account number 6307379700. Taxi service to and from the airport is approximately \$40 each way, not including gratuity. Please anticipate 30-40 minutes for travel time to and from either airport.

Shuttle

Shuttle service will be provided to and from the hotel to the AASM national office prior to and at the end of the day on each day of a course. Transportation to any other location or at any other time is the responsibility of the attendee. Details regarding the shuttle schedule will be sent to attendees via email in advance of the course.

Personal Vehicle

Attendees wishing to drive themselves each day may park in the AASM free lot in front on the building. Those arranging transportation with family or friends should make sure the driver knows the address, parking lot, and start/end times of the course. Drivers may not use the building or participate in sessions (including meals).

Meals

Meals provided by the AASM are available for registered attendees only; guests of attendees will not be permitted to participate in meal functions.

Recording

Photographing and/or recording, of any kind, of sessions and speakers at the course is strictly prohibited.

Electronic Course Materials



The AASM will provide course materials only in electronic format. Attendees will be provided with a thumb drive containing course materials at the course. Prior to the course, attendees will be allowed to download and print course materials, if that is their preferred viewing format.

Please Note: The AASM **will not** supply computers or tablets to view the materials or power for computers or tablets. For attendees wishing to view the course materials on their laptops or tablets, it is imperative that attendees have them sufficiently powered prior to arrival at the course each day.

What are past attendees saying about the Sleep Medicine Board Review Course?

93% of past attendees recommend taking this course before the exam.

“Excellent course! More thorough and complete than others.”

CME and Registration Details

CME

The American Academy of Sleep Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

This course has been planned and implemented in accordance with the Essential Areas and Their Elements of the ACCME by the American Academy of Sleep Medicine.

The AMA Council on Medical Education mandates that accredited providers only offer *AMA PRA Category 1 Credits™* to physicians. The AASM will issue non-physicians a letter of attendance for activities designated for *AMA PRA Category 1 Credits™*.

The American Academy of Sleep Medicine designates the *Sleep Medicine Board Review Course* as a live activity for a maximum of **18.00 AMA PRA Category 1 Credits™**, the *Intensive Scoring Review* course as a live activity for a maximum of **4.00 AMA PRA Category 1 Credits™** and the *Sleep Medicine Exam Cram Course (9/28/13 or 9/29/13)* as a live activity for a maximum of **8.00 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Confirmation and Registration Disclaimer

Registration is limited. Please register early. Confirmation letters will be sent via email within one week of receipt of registration form and payment. All attendees must pre-register; **on-site registration will not be accepted**. The AASM will not be held liable if an individual purchases an airline ticket before receiving confirmation of registration for a course.

Cancellation Policy

Written notification must be submitted to the AASM meeting department for registration cancellation. A \$50 administrative fee will be withheld on cancellations postmarked prior to *July 11, 2013 for the Sleep Medicine Board Review course, including the Intensive Scoring Review course and September 6, 2013 for the Sleep Medicine Exam Cram Courses (9/28/13, 9/29/13)*. After the date stated for each course, no refunds will be available. Refunds are not provided to no-shows. The AASM reserves the right to cancel this course and provide a full refund should conditions warrant. The refund will only include the cost of registration for the event.

3 Easy Ways to Register

Register Early to Secure Your Spot!



Online www.aasmnet.org/events.aspx
(credit card only)



Fax 630-737-9789
(credit card only)



Mail *Complete and mail this form:*
(check or credit card)

American Academy of Sleep Medicine
Attn: Meeting Department
2510 North Frontage Road
Darien, IL 60561

Weather Cancellation Policy

In the event that a registrant is unable to attend a course due to severe weather forcing airline cancellations or airport closures, the American Academy of Sleep Medicine will apply 50 percent of the individual's registration fees toward another AASM course (excluding the SLEEP meeting) held within 12 months. Registrants will need to provide documentation from the airport or airline confirming the inability to travel due to severe weather within 30 days following the course. The American Academy of Sleep Medicine will not apply this policy to the SLEEP meeting, as the length and nature of the meeting allows for registrants to attend a portion of the event regardless of severe weather.

Registration Categories

AASM Members

To register as a member, the registrant must currently be an individual member of the American Academy of Sleep Medicine (AASM). If the AASM is unable to confirm that the individual is a member of the AASM, the individual will be registered as a nonmember at the prevailing fees.

AASM Center Member Staff

To register as an employee of an AASM center member (maximum of four registrants), the registrant must be currently employed at an active member sleep center of the AASM. If the AASM is unable to confirm the center as an active member of the AASM, the individual will be registered as a nonmember at the prevailing fees.

Nonmembers

Join and save! If you are not an individual member of the AASM and would like to become one, join the AASM and receive instant savings including reduced course registration fees, journal subscriptions and much more. Visit the AASM website at www.aasmnet.org/membership.aspx for membership information including a complete listing of benefits and description of all membership categories. Membership is on a calendar-year basis (January 1–December 31).



AMERICAN ACADEMY OF SLEEP MEDICINE

APPLICATION FOR MEMBERSHIP

Apply online at www.aasmnet.org

You must submit your application at the time of submission of your SLEEP 2013 registration form if you wish to take advantage of the membership registration fees.

BIOGRAPHICAL DATA

Last Name: _____ First Name: _____ Middle Initial: _____

Suffix: _____ Degree(s): _____ Date of Birth: ____/____/____ Gender: ☐ Male ☐ Female

☐ **Former AASM Member?** ☐ Member Number Unknown ☐ Member Number _____

ADDRESSES & DIRECTORY INFORMATION (Please provide both addresses and check preferred mailing address)

Members who join after February 28, 2013, will not receive or be included in the printed 2013-2014 Membership Directory. Directories will be mailed in June of each year. Send me a printed copy of future membership directories: ☐ Yes ☐ No

☐ **Professional Address** (listed in the online Membership Directory and annual printed Membership Directory; if no professional address is provided, only your name will be listed in the directory)

Business Name: _____

Address: _____

City: _____ State: _____ Postal Code: _____ Country: _____

Phone: _____ Fax: _____ Email: _____

☐ **Home Address**

Address: _____

City: _____ State: _____ Postal Code: _____ Country: _____

MEMBERSHIP CLASSIFICATION

Membership is on a calendar-year basis (January 1 – December 31). All membership categories receive online access to the journals *SLEEP* and *Journal of Clinical Sleep Medicine (JCSM)*.

☐ **Regular Membership:** Individuals possess an MD, DO, PhD, DDS, or other doctoral degree in the health care field and are active in sleep medicine.

(Please enclose a copy of your diploma and/or medical license).

Membership Dues: ~~\$200~~ **\$125**

☐ **Affiliate Membership:** Individuals with special training in the health care field such as technologists, nurses and sleep center managers who are active in the clinical and/or research aspects of sleep medicine.

Membership Dues: ~~\$200~~ **\$125**

☐ **Affiliate Industry Membership:** Individuals employed in the manufacture or sale of pharmaceuticals or equipment who seek to improve their understanding of sleep medicine.

Membership Dues: ~~\$400~~ **\$250**

☐ **Student Membership:** Individuals in formal training who, upon completion, will be eligible for regular membership, including medical students, residents and fellows. Students in the field of sleep technology are not eligible for this membership category; sleep technology students must apply as Affiliate Members.

(Please enclose a letter from your program director verifying your student status).

Membership Dues: ~~\$40~~ **\$20**

*Membership dues are prorated to the above amounts from June 1, 2013 to September 30, 2013. If you apply for membership outside of these dates, please visit the AASM website at www.aasmnet.org for the most current dues information or to apply online.

Individuals residing internationally who seek dues assistance should refer to the AASM website for more information about how to apply as a corresponding member.

METHOD OF PAYMENT

(Please check one) Purchase orders are not accepted as payment of membership dues.

☐ Check payable to the AASM (U.S. funds drawn on a U.S. bank)

☐ Payment by credit card (Visa/MasterCard/American Express)

The Revenue Act of 1987 requires the following statement to be published: "Membership dues are not deductible as charitable contributions." However, dues may be deductible as a business expense. The Revenue Reconciliation Act of 1993 requires that the AASM disclose the percentage of your dues that relate to nondeductible lobbying expenses. The AASM estimates that in 2013, 8% of your dues will represent such nondeductible lobbying expenses. You will need to reduce any claimed deduction for AASM dues by this amount.

Total: \$ _____ Card Number: _____ Exp. Date: ____/____/____

Validation Code*: _____ Cardholder Name: _____

Billing Address: _____

Signature: _____

*For Visa or MasterCard, the validation code is the last 3 numbers in the signature box. For American Express the validation code is the 4 numbers above the credit card number.

Questions? Call the Membership Department at 630-737-9756

Course Registration Form

Registration Information *(Please print or type clearly)*

Last Name _____ First Name _____ Degree(s) _____

Address _____

City _____ State _____ Zip/Postal Code _____ Country _____

Phone _____ Fax _____

Email *(Email required to receive confirmation)* _____

Special Needs/Accommodations _____

Dietary Needs* *(Check One)* ☐ Kosher ☐ Vegetarian ☐ Vegan ☐ Gluten Free ☐ Dairy Free

*AASM cannot guarantee all requests can be met. Staff will follow up to discuss available options and instructions.

Specialty *(Check all that apply)*

☐ Sleep Medicine ☐ Anesthesiology ☐ Family Practice ☐ Internal Medicine ☐ Neurology ☐ Nursing ☐ Otolaryngology

☐ Pediatrics ☐ Psychiatry ☐ Psychology ☐ Pulmonary Medicine ☐ Other _____

How did you hear about this course? *(Check all that apply)*

☐ Website ☐ Email ☐ Colleague ☐ Mailing ☐ Other _____

Attendee List Permission *(Check one)*

I give my permission to include my contact information on an attendee list to be distributed to course attendees. ☐ Yes ☐ No

Are you a resident physician? ☐ Yes ☐ No

Audience Response System *(Check one)*

Several AASM courses include an audience response system. Speakers have multiple choice questions in their presentations and poll the audience. Each attendee uses a keypad to submit his/her answer. The speaker is then able to display the responses. The keypads are distributed to attendees when they check in at the course. **Each device has a unique identification number linking each course attendee to a specific device. There is no charge for participating unless you do not return your keypad at the end of the course. If you fail to return the response device you will be charged an \$80 replacement fee.** Participation in the Audience Response System is voluntary; it will not affect your CME or any other aspect of participation in the course.

Do you agree to participate in the audience response system for the course(s) for which you are registering? ☐ I agree ☐ I do not agree

Membership Dues for Nonmembers *(Check one)*

Membership dues are based on the date that the registration is received by the AASM national office. Membership will be valid through December 31, 2013.

☐ Regular Members \$125 ☐ Student Members \$20 ☐ Affiliate Members \$125 ☐ Affiliate Industry Members \$250

Registration Rates *(Check the appropriate registration fee)*

Registration rates are based on the date that the registration is received at the AASM national office.

	Sleep Medicine Board Review Course <i>(Denver, CO)</i>		Board Review Course AND Intensive Scoring Review		Sleep Medicine Exam Cram Course <i>(September 28, 2013 or September 29, 2013)</i>	
	On or before 7/1/13	After 7/1/13	On or before 7/1/13	After 7/1/13	On or before 8/30/13	After 8/30/13
AASM Member	<input type="checkbox"/> \$1,000	<input type="checkbox"/> \$1,100	<input type="checkbox"/> \$1,200	<input type="checkbox"/> \$1,345	<input type="checkbox"/> \$400	<input type="checkbox"/> \$450
Employee of an AASM Member Center*	<input type="checkbox"/> \$1,000	<input type="checkbox"/> \$1,100	<input type="checkbox"/> \$1,200	<input type="checkbox"/> \$1,345	<input type="checkbox"/> \$400	<input type="checkbox"/> \$450
Nonmember	<input type="checkbox"/> \$1,200	<input type="checkbox"/> \$1,300	<input type="checkbox"/> \$1,495	<input type="checkbox"/> \$1,640	<input type="checkbox"/> \$495	<input type="checkbox"/> \$545
Register for both the Sleep Medicine Board Review Course and one of the Sleep Medicine Exam Cram Courses and \$100 will be removed from your total!					Check One:	<input type="checkbox"/> September 28, 2013 <input type="checkbox"/> September 29, 2013

*If registering as an employee of an AASM center member, please provide the name of your facility and your accreditation/membership number. Facility Name _____ Accreditation/Member Number _____

Method of Payment *(Check one)* Check made payable to the AASM (U.S. funds drawn on a U.S. bank)

Credit Card ☐ VISA ☐ MasterCard ☐ American Express

Card # _____ Exp. Date _____ Validation Code" _____

Cardholder's Name _____

Billing Address _____

Signature _____ Date _____

"For VISA or MasterCard, the validation code is the last 3 numbers in the signature box. For American Express, the validation code is the 4 numbers above the credit card number.



AMERICAN ACADEMY OF SLEEP MEDICINE
2510 North Frontage Road
Darien, IL 60561-1511

American Academy of Sleep Medicine **2013 Board Review Resources**

Updated for 2013 Exam!

Sleep Medicine Board Review Course

August 1-4, 2013

Sheraton Denver Downtown Hotel | Denver, CO

Interactive Review Sessions!

Sleep Medicine Exam Cram Course

September 28, 2013 or September 29, 2013

AASM National Office | Darien, IL

Register early to save! www.aasmnet.org/events.aspx



**Lay the groundwork for success
on the 2013 sleep medicine exam...
utilize the enclosed resources
available through the AASM.**