

## HEALTH AND WELLNESS CENTER

### STUDENT INFORMATION, MEDICAL HISTORY, AND PHYSICAL REPORT

(Complete pages 1 and 2 before going to your health care provider for physical examination.)

**\*\*COMMUTERS:** Please go to [www.farmingdale.edu](http://www.farmingdale.edu), to read and electronically submit mandatory Meningitis Letter.

The information requested on this form is for the use of the Health and Wellness Center and will not be released to anyone without your knowledge and consent except as required by law.

**THIS FORM IS REQUIRED FOR ALL FULL-TIME STUDENTS**

**Date** \_\_\_\_\_ **Student Name** \_\_\_\_\_  
 Last First M.I.

**RAM Student Identification #**

## Home Address

## Sex

**Date of Birth**☐ Male ☐ Female ☐ Other

Number and Street	Apt. #
-------------------	--------

Month      Day      Year

City	State	Zip
------	-------	-----

**Cell Phone**      /      **Home Phone**

## Area Codes and Numbers

**Email Address:**

**Are you planning to reside on campus?** ☐Yes ☐No

**What is your major?** \_\_\_\_\_ **Are you an athlete?** ☐ Yes ☐ No

### In Case of Emergency, Contact

### Alternative Emergency Contact

Name and relationship of person to be notified

Name and relationship of person to be notified

Number and street

Number and street

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

City State Zip

Home telephone	Business telephone

Home telephone	Business telephone

**Do you have medical insurance?** ☐ Yes ☐ No

## PARENTAL CONSENT FOR MEDICAL CARE OF STUDENTS UNDER 18 YEARS OF AGE

**(If yes, please attach copy of insurance card.)**

**If you are interested in or have any questions regarding the College Insurance Plan, please contact the Insurance Claims Specialist at: (631) 420 - 2154**

Parent/Guardian Signature	Relationship to student	Date
---------------------------	-------------------------	------

**FOR DEPARTMENTAL USE Only**

Notary Signature \_\_\_\_\_ Date \_\_\_\_\_ Notary Stamp \_\_\_\_\_

**Pertinent Medical Information/allergies**

**\*NOTE- ALL RESIDENT STUDENTS *MUST* SUBMIT THIS COMPLETED FORM 30 DAYS PRIOR TO MOVING IN**  
**\* ALL NEW & TRANSFER ATHLETES MUST ALSO SUBMIT COPY OF EKG. SEE PAGE 3.**

**MEDICAL HISTORY**

(Complete before going to your physician.)

**Family History:**

	Age	State of Health	Age at Death	Cause of Death
Father				
Mother				
Brother(s)				
Sister(s)				
Spouse/Partner				
Children				

√ if any of your relatives has had any of the following	Indicate relationship (if checked)	√ if any of your relatives has had any of the following	Indicate relationship (if checked)
Alcoholism		Gastrointestinal Disease	
Asthma		Heart Disease	
Bleeding Disorders		High Blood Pressure	
Cancer		Kidney Stones/Disease	
Diabetes		Mother took DES	
Epilepsy/Seizures		Rheumatoid Arthritis	
Emotional Problem/Mental Illness		Tuberculosis	

**Personal History:** Check if you have had any of the following. Comment on all checked conditions in the space below.

Alcoholism	Gallbladder Disease	Meningitis
Allergy(food)	Gum/Dental Disease	Migraines/Headaches
Allergy(Environmental)	Gynecological Problems	Mononucleosis
Anemia	Head Injury	Nose/Sinus Problem
Asthma	Heart Problems	Rheumatic or Scarlet Fever
Back Problems	Hepatitis/Jaundice	Seizures/Epilepsy
Bronchitis/Pneumonia	Herpes	Sexually Transmitted Disease
Cancer/Tumor/Cyst	Hernia	Shortness of Breath
Chicken Pox	High/Low Blood Pressure	Skin Problem
Diabetes	Insomnia	Speech Disorder
Ear Trouble/Hearing Loss	Intestinal/Stomach Problems	Surgery
Eating Disorder/Anorexia or Bulimia	Joint Problems	Thyroid Disease
Emotional Distress/Problems	Kidney Disease/Infection/Stones	Throat/Tonsil Problems
Eye Problem	Lyme Disease	Tuberculosis
Fungal Disease	Malaria	Urinary Tract Infection

**Drug Allergies? Please List** \_\_\_\_\_

• **Have you consulted or been treated by a psychiatrist, clinical psychologist, social worker, or other counselor?** ☐ Yes ☐ No \_\_\_\_\_  
Please explain.

• **Are you taking any medications? Please list.** \_\_\_\_\_  
\_\_\_\_\_

**If you have been hospitalized or have any medical problems, give details:**

## PHYSICAL EXAMINATION

Height _____	Weight _____	Blood Pressure _____	Pulse _____
1 Skin _____		<u>Vision</u>	
2 Eyes _____		Glasses	<input type="checkbox"/> Yes <input type="checkbox"/> No
3 Ears _____		Contacts	<input type="checkbox"/> Yes <input type="checkbox"/> No
4 Nose/Sinuses _____		Eye Glass Prescription _____	
5 Mouth/throat/dental _____			
6 Neck/thyroid _____		<u>LAB WORK (required)</u>	
7 Heart _____		Hemoglobin or hematocrit _____	
8 Lungs/chest _____		(numerical value)	
9 Breasts _____		Urine (required)	
10 Abdomen _____		Albumin _____	
11 Nervous system _____		Glucose _____	
12 Extremities/joints _____			
13 Back _____			
14 Genitourinary system _____		<u>MANTOUX TEST FOR TB (within 1 year-required)</u>	
15 Emotional/mental status _____		•Date of test _____	
		•Date of reading _____	
		•Results in millimeters _____	
		<i>If mantoux is positive (&gt;10mm):</i>	
		•Date of chest x-ray _____	
		•Results: <input type="checkbox"/> Negative <input type="checkbox"/> Positive	
		<i>If recent converter or chest x-ray positive, explain</i>	
		•Treatment: _____	
DATE OF PHYSICAL EXAM _____			
For females, date of LMP _____			

Please list all allergies \_\_\_\_\_

Recommendations for physical activity: ☐ Unlimited ☐ Limited (explain below)

- ☐ Recommendations regarding care of this student (explain below)
- ☐ Student now under treatment for medical or emotional condition (explain below)

### FOR STUDENTS WHO ARE PLANNING ON PARTICIPATING IN ATHLETICS:

- ☐ Student is fully cleared to participate in athletics.
- ☐ EKG was done and is within normal limits. **(ATTACH COPY)**

Please comment on any abnormal condition the student has had or is being treated for:

### IMMUNIZATION REQUIREMENTS

New York State law and Farmingdale State College, in keeping with recommendations of the American College Health Association and the Centers for Disease Control, require all students born on or after January 1, 1957 who are attending an institution of higher education to show proof of *two doses of live measles* vaccine and *one dose of live mumps* vaccine given after one year of age, *and one dose of live rubella* vaccine, given after one year of age. In lieu of immunization dates, the physician may provide a date of disease *for measles and mumps only*; history of *rubella* disease is not acceptable. Student may also choose to have blood tests called *titers*, which will show actual levels of immunity to each of the three diseases. If titers are drawn, student *must attach copies of actual laboratory reports to this record.* (*Nursing, Dental Hygiene, and Medical Laboratory Technology students MUST have titers drawn. See below for further information.*)

	DATE	DATE	DATE	DATE OF DISEASE	TITER DATE & RESULTS
	XXXXXX	XXXXXX	XXXXXX	XXXXXXXXXX	ATTACH ACTUAL LAB REPORT
MMR				XXXXXXXX	
MEASLES					
MUMPS					
RUBELLA				XXXXXXXX	
HEPATITIS-B				XXXXXXXX	
VARICELLA					
TETANUS-DIPHTHERIA				XXXXXXXXXXXXXX	XXXXXXXXXXXXXXXXXXXXXX
MENINGOCOCCAL				XXXXXXXXXXXXXX	XXXXXXXXXXXXXXXXXXXXXX

**••ALL NURSING, DENTAL HYGIENE, AND MEDICAL LABORATORY TECHNOLOGY STUDENTS MUST HAVE THE FOLLOWING TITERS:**

Measles  
Mumps  
Rubella  
Hepatitis B (or proof of shots)  
Varicella

**•PLEASE USE GRID ABOVE TO ENTER INFORMATION.**

**•COPIES OF LABORATORY REPORTS FOR ALL TITERS MUST BE ATTACHED.**

Provider's Signature \_\_\_\_\_

Print Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ FAX \_\_\_\_\_

OFFICE STAMP:

**Return this form to:**

**HEALTH AND WELLNESS CENTER  
FARMINGDALE STATE COLLEGE  
2350 BROADHOLLOW ROAD  
FARMINGDALE, NY 11735**