

Health& Wellness Center 1685 Lance Pointe Dr. Maumee, 43537 (419) 891-2181 www.SerenityHealthMaumee.com

Serenity Counseling/Life Coaching Intake Form

| Name | Age | | | | | |
|--|-------------------|--|--|--|--|--|
| Birthdate | | | | | | |
| Address | | | | | | |
| City | State | | | | | |
| Zip | | | | | | |
| Email | | | | | | |
| Home PhoneCell Phone: | | | | | | |
| Occupation Employer | | | | | | |
| Marital Status Name of Spouse/Partner | | | | | | |
| How long have you been together? Religion | | | | | | |
| Do you have any children? If yes, how many and | how old are they? | | | | | |
| | | | | | | |
| Do You Smoke?If yes, how much | ı? | | | | | |
| Do You Drink? If yes, how much? | | | | | | |
| Do You Take Drugs?If yes, what kind? | | | | | | |
| How often? | | | | | | |
| Last Medical ExaminationReason | | | | | | |
| Are you currently under a doctor's care?If yes, Doctor's name: | | | | | | |
| Reason for doctor's care: | | | | | | |
| Are you taking any medication?If yes, w | hat kind? | | | | | |
| Reason for medication: | | | | | | |

Have you been diagnosed with any type of psychological disorder(s)? If yes, please explain_____

Have you ever been hospitalized for a physical illness? If yes, please describe:

Have you ever been hospitalized for a mental Illness, personality disorder, anxiety disorder, etc.? If yes, please describe:

Have you had any previous counseling? If yes, when and for what length of time/number of sessions?

What type(s) of counseling/life coaching are you going to be receiving? (individual, couples, family, other):

Who referred you to Dr. Hickey/Serenity or how did you hear about us?

What do you ultimately wish to achieve with your counseling/life coaching?

Check Any of the Following That May Apply to You:

| Headache | Inferiority Feelings | Shy With People |
|--------------------|----------------------|--------------------------------|
| Dizziness | Feel Tense | Can't Make Friends |
| Fainting Spells | Feel Panicky | Afraid Of People |
| No Appetite | Fears and Phobias | Home Conditions Bad |
| Over-Eating | Obsessions | Unable To Have A Good Time |
| Stomach Trouble | Depressed | Always Worried About Something |
| Bowel Disturbances | Suicidal Ideas | Don't Like Weekends/Vacations |
| Always Tired | Take Tranquilizers | Can't Make Decisions |
| Always Sleepy | Alcoholism | Perfectionist |
| Unable To Relax | Dangerous Drugs | Financial Problems |
| Insomnia | Allergy | Gambling |
| Recurrent Dreams | Asthma | Job Problems |
| Nightmares | Homosexuality | Can't Keep A Job |
| Hallucinations | Sexual Problems | Other |

Client Signature_____ Date_____