









# Activity Sessions (2 - 12 years)

## **Activity Sessions**

#### Mon 29th Oct - Fri 2nd Nov

Parents: Please book in advance and sign the Parental Consent on the booking form. Booking for Activity Sessions needs to be made in person at reception.

# Fun Playmornings (2 – 4 years without parents)

9.15am – 12.15pm

£9.00

### Fun Sessions (5 – 7 years)

#### Half day sessions

8.30am - 12.30pm

£9.75

#### **Full day sessions**

8.30am - 5.45pm

£1995

# Supervised Lunchbreak

12.30pm - 1.30pm

£2.55

# Supersessions (8 – 12 years)

#### All day sessions

8.30am - 5.45pm

£19.95



## Mini Workshops

(3 – 5 years without parents)

2.00 - 4.00pm

Mini Artists £9.50
Tuesday 30 October

£9.50

Mini Chefs - Gingerbread

Thursday 1 November

#### Junior Workshops (6-11 years)

Pottery Week
Mon 29 October – Fri 2 November

10.00 – 12.00pm

Papercraft Extravaganza Week £42

Mon 29 October – Fri 2 November 10.00 – 12.00pm

Trampolining (2 day course) £12

Mon 29 – Tues 30 October 2.00 – 3.00pm

Busy Lizzy - Mask Making £12

Tuesday 30 October 2.00 – 4.00pm

Gymnastics (2 day course) £12

Thurs 1 – Fri 2 Nov 2.00 – 3.00pm

Friendship Bracelets £12

Thursday 1 November

2.00 - 4.00pm

# Fun and Super Sessions – Notes for Parents

- Children staying all day or for Lunch-Breaks need to bring a packed lunch or parents should order lunch at the Centre Café.
- Swimming gear is needed for ALL ACTIVITY sessions. Children staying all day may swim twice.
- Children attending Super Sessions may join the Fun Sessions for part of the afternoon activities.
- Please sign the parental consent form (on booking form).
- If you would like copies of any of our childcare policies, please ask at reception.



# Swimming Courses



#### Intensive Courses

Monday 29th October – Friday 2nd November £37.75 Non Member / £33.97 Member £28.30 Swim Academy Member Please check ability guide before enrolling

# **Teaching Pool**

**3 & 4 year old beginner** 8.30am – 9.00am Stage 1,2 **Child Beginner 5 yrs +** 9.00am – 9.30am Stage 2,3 **Child Beginner 5 yrs ~+** 9.30am – 10.00am

#### Main Pool

Stage 2,3

 Intro to Main Pool
 9.00am – 9.30am

 Stage 5
 9.30am – 10.00am

# Swimming Ability Guide

**All Beginner classes** – For children who are non swimmers and those who cannot swim 5 metres unaided. Please book according to age.

**Basic Diving** – For children who can swim 25m+. Learn how to dive off poolside and blocks.

**Introduction to Main Pool** – for children who can swim 10m front crawl and backstroke. To develop



# **TOTS FUNTIME**

1 hour drop in sessions for parents and children with soft play equipment, apparatus and mini inflatable.

Cost: £2.90 per session. kinetika family members – FREE

Mondays 1.30, 2.30, 3.30pm Wednesdays 2.30, 3.30pm Fridays 1.30, 2.30pm Sundays 2.15pm

For safety reasons the maximum height for children attending is 104cm



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# **Activity Descriptions**

**Fun Playmornings** 

A morning of games, toys, painting, songs, stories, climbing apparatus and soft play. A drink and a biscuit are provided mid morning.

#### **Fun Sessions**

A flexible programme bookable, in advance, by the session. Activities include a selection from sports, games, quizzes, arts and crafts, bouncy castle and fun swim in the teaching pool. Cost is per session.

# **Supersessions**

Bookable in advance, by the session. Especially designed for older children with swimming, sports, games, arts and crafts. No two days are the same!

### Mini Workshops

**Mini Artists** – For 3-5 year olds without parents attending. The Mini Artists will have fun painting, sticking, cutting and colouring. They will create a masterpiece for you to take home and enjoy.

**Mini Chefs** – For 3 – 5 year olds without parents attending. During these sessions the Mini Chefs will learn different cooking skills such as cutting, rolling, grating and decorating. Please bring an apron and a container to take your goodies home in.

**Junior Workshops** 

**Pottery Week** – Learn and enjoy working with clay. Children will learn hand building methods from pinch pots to coiling and clay modelling techniques. Items will be dried and fired and ready for collection a couple of weeks after the course. Please bring a PVC apron and wear old clothes. All materials will be provided.

**Papercraft Extravaganza Week** – Come and make some autumn papercrafts. Paper leaves. trees, lanterns, rockets, pumpkins and other seasonal master pieces.

**Trampolining** (2 day course) – A two day taster session with our Trampolining Instructor designed to help you and your child gain confidence on the trampoline. Please wear socks to the session, all iewellery must be removed.

Mask Making – Come and make a themed mask of your choice www.busylizzycrafts.co.uk

**Gymnastics** (2 day course) – An introduction to Gymnastics. Concentrating on groundwork in balance and floor exercises, simple rolls, flexibility, and co-ordination with a variety of equipment.

**Friendship Bracelets** – Come and learn how to make friendship bracelets, with beads and lots of different coloured threads.

# **Booking Procedure/Refund and Credit Note Policy**

Enrolments for all activities can be made in person at the Malden Centre. Courses and workshops can be booked by telephone with a credit or debit card on 020 8336 7770. Playmornings, Fun-Sessions, and Super-Sessions and Lunch-Breaks must be booked in person as a parental consent form needs to be signed.

**Please note:** we may have to cancel courses if there are insufficient numbers (refunds will be given). These are the only circumstances when refunds are available/ If a child is unable to attend due to illness, a credit note will be issued provided the place is re-sold. A doctors note may be required.

#### **Malden Centre**

Blagdon Road, New Malden 020 8336 7770, **www.themaldencentre.co.uk**