Arcadia Unified School District

ARCADIA HIGH SCHOOL

180 Campus Drive, Arcadia, CA 91007 (626) 821-1733 FAX (626) 445-8564

Dear Parents

As a parent of an Arcadia High School athlete, we value your participation in our sports program. We have always felt that our parents are stakeholders in the extra-curricular programs that are offered our students at Arcadia High School and you work very hard to maintain their level of excellence through fundraising, volunteering, etc.

With that involvement comes expectations with respect to following the principles of the CIF's Victory with Honor Program that the athletic department of Arcadia High School strongly adheres to. Over the past few years, we developed a Coaches Code of Ethics and an Athlete's Code of Ethics. In the future we will ask our athlete's parents to abide by the same principles that form this Code of Ethics.

Our goal is to have the best possible athletic and sportsmanship reputation with our opponents and officials. We want anyone who witnesses an athletic contest involving any of our teams to leave saying that not only was that school strongly competitive but the players, coaches, and parents were among the best behaved and respectful of any team we have played against. Win or Lose- our athletic reputation is very important to the overall image of our high school. And often actions in the stands or on the fields make or break that reputation.

We do recognize there will be times when concerns need to be addressed by parents to the athletic department. We expect that to be done in the proper time and place and for you to follow the athletic complaint procedure. While you may not always get what you are asking for, one thing is for certain-you will be listened to at the appropriate level.

The last thing we want to have to do is ask a parent to not attend our athletic contests. We are confident that by abiding by these principles, the experience of both you and your student athlete will be positive and rewarding on whatever team they are involved with.

In order for your student to be cleared to participate in athletics at Arcadia High School, the attached "Parent Code of Ethics" must be signed by the parent (s) or guardians and returned with the other papers to the Athletic office. We look forward to seeing you at the athletic contests and thank you for supporting this vision. If you have any questions, please call the Athletics Office at 626-821-1733.

Sincerely,

S =Q 中 "U~虫t

Principal

Ryan Press
Athletics Director
rpress@ausd.net



ARCADIA HIGH SCHOOL ATHLETIC CLEARANCE CHECKLIST

- Complete this CHECKLIST and the attached forms.
- Submit COMPLETED Checklist and Forms to Athletics Office during Apache Days
- Transportation Costs can be paid at the ASB Office

Student Last Name	Student First Name	Student E-mail	Class of ID #:				
Parent (1) Last Name	Parent (1) First Name	Parent (1)E-mail	Parent (1) Phone #				
Parent (2) Last Name	Parent (2) First Name	Parent (2)E-mail	Parent (2) Phone #				
Turent (2) East Name	ruient (2) I list ruine	Taront (2)E man	Turent (2) Thone n				
Street Address		City	State Zip				
ACT	TVITY – PLEASE (CHECK ALL THAT A	APPLY				
Baseball	Football	Softball	☐ Volleyball – Girls'				
Basketball – Girls'	Golf – Girls'	Swimming	Volleyball – Boys'				
Basketball – Boys'	ketball – Boys' Golf – Boys' Tennis – Girls'						
Cross Country – Girls'	<u> </u>	Tennis – Boys'	Water Polo – Boys'				
Cross Country – Boys'	Soccer – Boys'	Track	PEP Squad				
	A 41 1 42 CI						
	Athletic Cle	earance Forms					
Athletic Boos	ter Membership	Form (Form A)					
Eligibility Cle	earance Form (F	Form 1)					
Emergency C	Contact Form (F	orm 2)					
Student Code	of Ethics (Form	<i>13)</i>					
Parent Code of Ethics (Form 4)							
Voluntary Pa	Voluntary Participation Waiver (Form 5)						
6 th Period Athletics Waiver (Form 6)							
0 Perioa Air	iletics Waiver (F	(orm 6)					



ARCADIA HIGH SCHOOL

ATHLETIC BOOSTER CLUB

100 percent of your membership fee will go directly to your team(s)!

HOW TO JOIN!

. <i>C</i>	<i>complete this</i>	Orm (you must do so for your team(s) to receive credit for your m	<mark>tembership)</mark>
------------	----------------------	---	--------------------------

Student Last Name	Student First Name	Student E-mail		Class of	ID#:
Parent (1) Last Name	Parent (1) First Name	Parent (1) E-mail	Parent (1) Phone #	
Parent (2) Last Name	Parent (2) First Name	Parent (2) E-mail		Parent (2	2) Phone #
1 m on (2) 2 m o 1 m o	Turent (2) This Turne	1 4.0.0 (2) 2 114.11		1 410111 (2) 1 110110 11
Street Address		City		State	Zip
Please indicate your pre	eferred level of members	hip:			
sports; dinner for two and s Cardinal & Gold Me Includes Century Members Century Membershi Includes preferred parking for all sports (CIF playoffs Supporter Membersh Please indicate the team	ind the AHS home bleachers for sponsorship mention at the annual mbership (\$250 donation) ship benefits plus sponsorship mention (\$100 donation): on the south side basketball count included).	fundraiser (CIF playoffs ref.): It intion at annual fundraiser. Its for all home football gar International fundraiser. In the support of the	not included). umes; one annual pass		
Fall Sports	Winter Sports		Spring Sports		
Girls Golf	Girls Soco		Softball		
Girls Tennis	Girls Wate	er Polo	Girls/Boys	Track	
Girls Cross Country	Girls Bask	cetball	Girls/Boys	Swimm	iing
Girls Volleyball	Boys Soco	er	Boys Tenn	is	
Boys Cross Country	Boys Basl	ketball	Boys Volle	yball	
Boys Water Polo			Boys Golf		
Football			Baseball		
PAYMENT OPTIONS AFT 1) Mail this form with check p 2) Make payment by credit can Complete this form and cred		to: AHS Athletic Boos rs" to the PO Box listed ab Boosters".	ters, PO Box 6602 ove.	_	
Visa MC Card Type	Account Number:	Exp Date	× Sig	nature	

Thank you for your support!



Form #1

ARCADIA HIGH SCHOOL ELIGIBILITY CLEARANCE FORM

Student Last Name	Student First Name	Student E-mail	Class of ID #:
Parent (1) Last Name	Parent (1) First Name	Parent (1)E-mail	Parent (1) Phone #
Parent (2) Last Name	Parent (2) First Name	Parent (2)E-mail	Parent (2) Phone #
Street Address		City	State Zip
<u>AC</u>	ΓΙV <u>ITY – PLEASE</u> (CHECK ALL THAT AP	PPLY
Baseball	Football	☐ Softball	☐ Volleyball – Girls'
☐ Basketball – Girls'	☐ Golf – Girls'	■ Swimming	□ Volleyball – Boys'
☐ Basketball – Boys'	Golf – Boys'	☐ Tennis – Girls'	□ Water Polo – Girls'
Cross Country – Girls	•	☐ Tennis – Boys'	☐ Water Polo – Boys'
☐ Cross Country – Boys		Track	PEP Squad
Cross Country - Doys	□ Succei - Duys	LI IIAUK	L PEr Squau
STUDENT STATEMENT:			
	andition or illness that in any way r	prevents me from participating in the act	tivitu(ies) listed above
PARENT STATEMENTS:	IGHTOH OF HIMESS GIGG III GILLY	Tevents inc from participating in the	Avity(105) noted above.
	1 to a word most the "C average" a	1 " : it'1 in" arada raquirament as c	1 1 har the Deard of Education to
I understand that my son/daug participate in extracurricular a		and "citizenship" grade requirement as a	dopted by the Board of Education to
give my consent for my child school on trips to and from ac	I to participate in these activities. 1	vents my child from engaging in the acti I authorize my child to go with and be s I also authorize the school district to discretion.	supervised by a representative of the
My son/daughter has insurance resulting from accidental inju	ce which provides minimum covers	rage of \$1500 accidental death and \$150 lin, or being transported to or from a	
I would like to be contacted child's team(s).	d by the Arcadia High School'	's Athletic Boosters regarding fundr	aising information to support my
X		\boldsymbol{x}	
Student Signature	Date	Parent (1 or 2) Signature	Date
-		Required for ALL Students regardle	ess of age
	To Be Complete	d by Medical Doctor:	
	•		
		:	
Physician Last Name	Physician First Name	Physician Phone #	Physician State License #
PHYSICIAN STATEMENT:			
	rithout restriction or limitation.	re-named student and find him/her to I know of no physical condition or	
		\mathcal{X}_{\cdot}	
1		Physician Signature	Date



Form #2

ARCADIA HIGH SCHOOL **EMERGENCY CONTACT FORM**

Student Last Name	Student First Name	Student E-mail		Class of	ID#:
Parent (1) Last Name	Parent (1) First Name	Parent (1)E-mail		Parent (1) Phone #
Parent (2) Last Name	Parent (2) First Name	Parent (2)E-mail		Parent (2	2) Phone #
Street Address		City		State	Zip
Emergency Contact Last Name	Emergency Contact First Name	Emergency Contac	et Phone # (1)	Emergen	ncy Phone # (2)
Physician Last Name	Physician First Name	Physician Phone #		Physicia	n License #
Insurance Company		Insurance Certifica	ite/Group #'s	Insuranc	e Phone #
Known All	ergies/Medical Conditions	 ::	IMPORT	ANT: Ple	ase Note!
	2)	•	No insurance is pro		
			Arcadia Unified So School, or AHS A		
1.00					
	<u> FIVITY – PLEASE C</u>		<u> . THAT APP</u>		
Baseball	Football	Softball	L		oall – Girls'
☐ Basketball – Girls'	☐ Golf – Girls'	Swimmin	ng 🗀	Volleyt	oall – Boys'
Basketball – Boys'	☐ Golf – Boys'	Tennis –	Girls'	Water F	Polo – Girls'
Cross Country – Girls	' Soccer – Girls'	☐ Tennis –	Boys'	Water F	Polo – Boys'
☐ Cross Country – Boys	Soccer – Boys'	☐ Track		PEP Sq	uad
•	is form is the school offici		•		
	uthorizes your son/daught	-			
	a school program or activi				•
	quire transportation by priv parent(s)/guardian(s) of the				
· · · · · · · · · · · · · · · · · · ·	n, anesthetic, medical, or				-
	aid minor under the gener				
M.D., at the number	listed above or the Em	nergency Room	n Physician, wh	ether suc	h diagnosis or
	at the office of said physic				
	ny specific diagnosis or t				
	se his/her best judgment as given pursuant to the provi				
	nain effective until revoke				
the current school year					
Y		Y			
Student Signature	Data	$-\frac{\chi}{P_{\text{propt}}(1 \text{ or } 2) S}$	ionatura		Data .
Student Signature	Date	Parent (1 or 2) S Required for AL	agnature L Students regardless	of age	Date



Form #2

ARCADIA HIGH SCHOOL **EMERGENCY CONTACT FORM**

Student Last Name	Student First Name	Student E-mail		Class of ID #:
Parent (1) Last Name	Parent (1) First Name	Parent (1)E-mail		Parent (1) Phone #
Parent (2) Last Name	Parent (2) First Name	Parent (2)E-mail		Parent (2) Phone #
Turent (2) East Paine	Turent (2) This runne	Turciit (2)E mun		Turcht (2) Thone #
Street Address		City		State Zip
Emergency Contact Last Name	Emergency Contact First Name	Emergency Contac	t Phone # (1)	Emergency Phone # (2)
Physician Last Name	Physician First Name	Physician Phone #		Physician License #
		T C .: G	10 11	I N "
Insurance Company		Insurance Certifica		Insurance Phone #
Known All	ergies/Medical Conditions	5:		NT: Please Note! vided for these activities by
				ool District, Arcadia High ociated Student Body.
	<u> FIVITY – PLEASE (</u>	_	<u>. THAT APPI</u>	
Baseball	Football	Softball		Volleyball – Girls'
Basketball – Girls'	☐ Golf – Girls'	Swimmii	_	Volleyball – Boys'
Basketball – Boys'	Golf – Boys'	Tennis –		Water Polo – Girls'
Cross Country – Girls		Tennis –	Boys'	Water Polo – Boys'
Cross Country – Boys	Soccer – Boys'	Track		PEP Squad
emergency; and also a order to participate in circumstances may re We, the undersigned, any X-ray examination may be rendered to s M.D., at the number treatment is rendered given in advance of a physician(s) to exercise This authorization is good This consent shall rendered the current school years.	is form is the school offici- nuthorizes your son/daught a school program or activi- quire transportation by pri- parent(s)/guardian(s) of the man anesthetic, medical, or aid minor under the general elisted above or the Em- at the office of said physical any specific diagnosis or the se his/her best judgment as given pursuant to the provi- nain effective until revoker	ter to be transpo- tity by either sch vate automobile he above name surgical diagno- ral or special in hergency Room cian or at a hosp reatment being to requirement sion of Section	orted to an event a nool or commercial e driven by teached d student, a mino osis or treatment an astructions of the n Physician, whe pital. It is unders required, but is a ts of such diagnos 25.8 of the Civil	nd return to school in all bus. Special ars or parents. In the domain of the service that above name physician, ther such diagnosis or tood that this consent is given to encourage said also or treatment. Code of California.
X Student Signature	Date	Parent (1 or 2) S	ionature	Date
Student Signature	Date		ignature L Students regardless oj	



ARCADIA HIGH SCHOOL STUDENT CODE OF ETHICS



Code of Ethics for Participation in Co-Curricular and Extra-Curricular Programs

Activities are an integral part of the school's total educational program. All school activities, co-curricular and extra-curricular, in the classroom and on the playing field, must be congruent with Arcadia High School's goals and objectives which are established for the intellectual, physical, social and moral development of our students. It is within this context that the following code of ethics is presented.

As a representative of Arcadia High School, I understand that it is my responsibility to:

- Place academic achievement as the highest priority
- ♦ Show respect for teammates, opponents, officials, and advisors/coaches
- ♦ Respect the integrity and judgment of officials or judges.
- Exhibit fair play, sportsmanship and proper conduct on and off the playing field, in the classroom, or other locations as determined by the competition or program.
- Maintain a high level of safety awareness.
- Refrain from the use of profanity, vulgarity, and other offensive language and gestures.
- Adhere to the established rules and standards of the game, competition, or contest to be played or participated in.
- Respect all equipment and use it safely and appropriately.

- Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development
 - or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association. (Attachment must be signed).
- Know and follow all State, C.I.F. section (athletics), and school rules and regulations pertaining to extra-curricular or co-curricular eligibility and participation.
- Win with character, lose with dignity.

Code of Ethics-Substance Abuse Policy

I will not use, sell, and be in possession in any amount or under the influence of

- alcohol (.01 or more)
- an illegal or look alike substance as listed in Chapter 2 of Division 10 of the health and safety code
- a controlled substance without a prescription <u>during the regular school</u> <u>day or at any school related activity</u>
- any form of tobacco

I will be immediately removed from any form of participation pertaining to the organization(s) represented by the code of conduct. Reinstatement will only occur upon my completion of the terms and conditions of the 1st offense.

I understand that school rules pertaining to other disciplinary action will also apply and that as a student representing Arcadia High School in a co-curricular or extra-curricular program, I accept the responsibility of being held accountable to the highest standards of behavior and conduct related to substance abuse.

1st offense- during the student's entire enrollment at Arcadia High School

- a. Write a 3 page paper outlining the reasons and facts of the violation in an honest and forthright manner. How the consequences to this action will affect myself, my family and my advisor/ teammates, and how I hope to grow emotionally from this experience.
- b. attend an intervention program related to the offense
- c. Complete school or community service in the amount of 6 hours.
- d. Attend a mandatory summary conference with my parents, coach or advisor and the Assistant Principal of Athletics/Activities.
- 2nd offense- during the student's entire enrollment at Arcadia High School, will result in <u>removal</u> from the team/organization for the remainder of the season. The student would be eligible to rejoin the team/organization at the start of the next season. In the case of an organization with no distinct seasons or if infraction occurs in between seasons, the ineligible period would be <u>one calendar year from the date of the offense.</u>
- 3rd offense- will result in permanent removal from the extra-curricular program(s) for the duration of the student's enrollment at Arcadia High School.

Analbolic Steroids and Performance Enhancing Drugs Supplements BP 5131.63 (b)

The student athlete pledges not to use androgenic/anabolic steroids and dietary supplements banned by the U.S. Anti-Doping Agency and the substance synephrine, unless the student has a written prescription from a licensed health care practitioner to treat a medical condition. A student who is found to have violated the agreement of this policy shall be restricted from participating in athletics and shall be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with law, Board policy, and administrative regulation.

Informed Consent-Awareness of Sports Injury Risk - Warning and Agreement

- By its very nature, competitive athletics can put students in situations in which SERIOUS, CATASTROPHIC, and perhaps FATAL accidents occur.
- Students and parents/guardian must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of
 instruction, precaution or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; participation in athletics
 is inherently dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated.
- By granting permission to your son/daughter to participate in athletic competition, a parent or guardian acknowledges that playing or practicing in any sport
 can be a dangerous activity involving MANY RISKS OF INJURY. Both the athlete and parent must understand that the dangers and risks of playing or
 practicing to play include but are not limited to, death, complete or partial paralysis, brain damage, serious injury to virtually all internal organs, bones,
 joints, ligaments muscles, tendons and other aspects of the skeletal system and potential impairment to other aspects of the body, general health and well
 being.
- Because of the dangers of participating in sports, we (parent and player) recognize the importance of following coaches' instructions regarding playing techniques, training, equipment and other team rules, etc. both in competition and practice and agree to obey such instructions.
- If any of the foregoing is not completely understood and you have questions, please contact the A.H.S. Athletic Director or Assistant Principal in charge of Athletics for further information.

By your signing this consent to participate you are acknowledging that you have read the above statement and understand it thoroughly. It is not a waiver of your right to pursue litigation in the event of negligence.

I have read and understand the provisions of all the agreements and policies for Arcadia High School						
Student Last Name	Student First Name		Student E-mail	Class of	ID#:	
X Student Signature		Date	_			



ARCADIA HIGH SCHOOL

Form #4

PARENT CODE OF ETHICS
(Adapted from the National High School Athletic Coaches Association)

David Vannasdall Principal dvannasdall@ausd.net Ryan Press Athletics Director rpress@ausd.net

As administrators and coaches, we feel that parents play a vital role in the development of student athletes. Therefore, we believe in the following and expect that as a parent of an Arcadia High School athlete you will abide by the following:

- Be a positive role model through your own actions to make sure your child has the best athletic experience possible.
- Be a "team" fan, not a "my kid" fan.
- Weigh what your children say; they will tend to slant the truth to their advantage.
- Show respect for the opposing players, coaches, spectators and support groups.
- Be respectful of all official's decisions.
- Don't instruct your children before, during or after a game or practice, because it may conflict with the coach's plans and strategies.
- Praise student-athletes in their attempt to improve themselves as students, as athletes and as people.
- Gain an understanding and appreciation for the rules of the contest.
- Recognize and show appreciation for an outstanding play by either team.
- Help your child learn that success is oriented in the development of a skill, and should make a person feel good about themselves, win or lose.
- If you as a parent have a concern, take time to talk with coaches in an appropriate manner including proper time and place. Be sure to follow the designated chain of command (Arcadia High Athletic Complaint Procedure).
- Please reinforce our drug and alcohol free policies by refraining from the use of any controlled substances before and during athletic contests.
- Remember that a ticket to a school athletic event is a privilege to observe the contest.
- Booster Clubs exist to support the athletic teams. Whenever possible parents are encouraged to participate in and support fundraisers that benefit all student athletes.

We have read and agree to abide by these principles as parents of a student athlete							
Student Last Name	Student First Name	Student E-mail	Class of ID #:				
Parent (1) Last Name	Parent (1) First Name	Parent (1)E-mail	Parent (1) Phone #				
Parent (2) Last Name	Parent (2) First Name	Parent (2)E-mail	Parent (2) Phone #				
Street Address		City	State Zip				
\mathcal{X}		$\boldsymbol{\chi}$					
Parent (1) Signature	Date	Parent (2) Signature	Date				
Required for ALL Students regard	lless of age	Required for ALL Students regardless of	age				



Arcadia Unified School District Voluntary Activities Participation Form Acknowledgement and Assumption of Potential Risk

I autho	rize my stude	nt athlete to	participate in	the Distri	ct-sponsored	activity listed	below.		
	I understand and acknowledge that these activities, by their very nature, pose the potential risk of serious injury/illness to individuals who participate in such activities.								
	I understand and acknowledge that participation in these activities in completely voluntary and as such is not required by the District for course credit or for completion of graduation requirements.								
assume	I understand and acknowledge that in order to participate in these activities, my student athlete and I agree to assume liability and responsibility for any and all potential risks that may be associated with participation in such activities.								
liable f	I understand, and acknowledge, and agree that the District, its employees, officers, or volunteers shall not be liable for any injury/illness suffered by my student athlete which is incident to and/or associated with preparing for and/or participating in this activity.								
I ackno	wledge that I	heave carefu	ully read this	VOLUNT	ARY ACTIV	VITIES PART	CICIPATION	N FORM	
I unde	rstand and ag	gree to the t	terms stipula	ted on th	is form.				
Fall Sport (If	Applicable)		Winter Sport (1	If Applicat	ole)	Spring Sport	(If Applicab	ole)	
Student Last	Name	Student Firs	st Name	Studer	nt E-mail		Class of I	D#:	
Parent (1) Las	yt Nama	Parent (1) F	Zirat Nama	Doront	(1)E-mail		Parent (1)	Dhana #	
raieiii (1) Las	st maine	raient (1) r	iist maille	Falent	(1)E-IIIaII		raient (1)	Filone #	
Parent (2) Las	st Name	Parent (2) F	First Name	Parent	(2)E-mail		Parent (2)) Phone #	
Ct					Cit		<u> </u>	· · ·	
Street Addres	S				City		State Z	.'ip	
\mathcal{X}				\mathcal{X}					
Student Signa	ture		Date		nt (1 or 2) Sig	nature	lless of age	Date	

A signed VOLUNTARY ACTIVITIES PARTICIPATION FORM must be on file with the District before a student will be allowed to participate in the above extra-curricular activities.



Arcadia Unified School District ARCADIA HIGH SCHOOL

6th Period Athletics Waiver

All student athletes are enrolled in sixth period athletics while their sport is in season. Athletes on teams not coached by AHS teachers will be dismissed after fifth period every day following their season, although their schedule will still reflect enrollment in the athletics class. It is the student athlete's responsibility to get a no class permit for sixth period.

If students are going to play another sport the following season, they will be transferred into that sport's sixth period class once the roster has been submitted to the counseling office.

Teams coached by an AHS teacher will be required to report to their sixth period class throughout the school year. I understand that my student athlete will be dismissed after fifth period following their season if they are not coached by an on-staff AHS teacher, although his/her schedule will reflect enrollment in an athletics class. I understand that it is the student athlete's responsibility to get a No Class Permit for sixth period. I understand, and acknowledge, and agree that the District, its employees, officers, or volunteers shall not be liable for any injury/illness suffered by the student athlete occurring after fifth period outside of his/her competitive season. I acknowledge that I heave carefully read this 6th PERIOD ATHLETICS WAIVER FORM. I understand and agree to the terms stipulated on this form. Student First Name Student E-mail Class of ID #: Student Last Name Parent (1) Last Name Parent (1) First Name Parent (1)E-mail Parent (1) Phone # Parent (2) Last Name Parent (2) First Name Parent (2)E-mail Parent (2) Phone # Street Address City State Zip ${\mathcal X}$ Student Signature Date Parent (1 or 2) Signature Date

Required for ALL Students regardless of age