

safety solutions

& HEALTH

Providing Safety & Health training programs that fit your needs & meet your objectives

Recreational/ Wilderness First Aid

Imagine: What can you do when 9-1-1 isn't readily available, or the closest emergency clinic is an hour back down the trail and another hour long drive away? What should be in a backpacker's first aid kit? How can you best use what you have in difficult situations?

ESC's two day course features hands-on, role playing activities.

Example Activity: Form two groups. Group A were injured on the trail when rocks from an overhead ledge fell across the trail. They were day hikers with few supplies other than water bottles. One or two are more severely hurt than the others. Group B finds Group A and needs to assist. During the activity, both groups are instructed in proper field assessments, triage, how to utilize items from their back-packs for first aid, proper first aid practices and more.

Locations:

September 15-16 in Lynnwood, WA

October 20-21 in North Bend, WA

Fees:

\$96 per person, plus \$20 optional manual

Come prepared to participate and learn in a fun environment. To register or for more information on ESC's Wilderness/Recreational First Aid Course:

(206) 382-4090
www.esc.org

Aggressive Driving

By Eric Tofte, Director of Training & Consulting, Evergreen Safety Council

The next three issues will feature different topics that effect traffic safety. These important topics and many more will be presented in detail at Evergreen Safety Council's Annual Traffic Safety Conference, October 25-26, 2007. Mark your calendar and plan to attend and learn more on how to keep yourself, your employees and your family safe on the road.

If you have had defensive driving training you've heard that stress while driving can lead to aggressive driving and ultimately road rage.

So why is driving stressful? In October of 2002 Dr's Leon James and Diane Nahl from the University of Hawaii published a paper on Dealing with Stress and pressure in the vehicle. In this paper they stated that: "Driving in traffic routinely involves events and incidents. Events are normal sequential maneuvers such as stopping for the light, changing lanes, or putting on the brakes. Incidents are frequent but unpredictable events. Some of these are dangerous and frightening, like near-misses, while others are merely annoying or depressing, like missing ones turn or being insulted by a motorist." These sources produce two conflicts - predictable actions and unpredictable actions - that work upon our mental forces while we are driving and they can produce powerful feelings and irrational thoughts.

When the other driver puts us into an "unpredictable situation" and we have to react we tend to get stressed. Sometimes the stress is minor, but even then several minor stresses leads to us becoming more and more "stressed out". This coupled with the fact that about 80% of us think we are expert drivers, leads us to believe that every other driver out there should not be on the road, because I am the only one that can drive right. So every time someone does something that causes us to react - it's their fault - and our stress builds. If not reduced in time we start to become more aggressive to "show the other driver" that they are wrong and to put them in their place.

If we as drivers do not understand that we are putting ourselves in this stress mindset, we will not begin to reduce aggressive driving. We will continue to see the highway environment become more and more hostile and dangerous. There are some things that we can do to help reduce our own stress and try to prevent us from becoming aggressive drivers.

One of the things we can do is to quit multi-tasking when we are driving. Give up the

newspaper, the blackberry and oh yes, the cell phone while operating a motor vehicle. When you are driving the only thing you should be doing is driving. After all driving is the most dangerous thing most of do on a daily basis and you should put 100% into driving, not doing other things while behind the wheel.

Another things is that we have to realize that if our last name is not Petty, Earnhardt or the like, we really aren't expert drivers (and even they have had their share of driving incidents) and maybe we are causing other drivers to have stress. Be honest now, have you ever gotten stressed while driving thinking that if they all drove like you it would be a better world? Well guess what, the research shows if you think like this you are part of the problem.

You can also help reduce your stress to the "unpredictability" of driving by taking a hands-on accident avoidance class, such as what one of our training partners, SWERVE, offers.

Some other ideas are:

- **Meditate.** No, do not close your eyes and chant while on the road. However, you can create a meditative atmosphere in your car by selecting calming music and quietly repeating a phrase. Sometimes, when stuck in traffic, simply breathe deeply and count down from 10. Rock and dance music have their place in the car but they are simply not helpful on a freeway that has come to a standstill.

- **Take Responsibility.** Admit to using your cell phone in the car and don't become so annoyed when you see someone else driving erratically while talking on the phone. If you don't act as you would like others to act, you have no business criticizing them. Responsibility on the road starts with you and me.

- **Get Over Yourself.** Are you really so busy that an additional five minutes on the road are going to make a difference? If you are a few minutes late to your meeting, will the company come to a standstill?

- **Help Others.** Rather than seeing other drivers as adversaries, it really does help your mood to be generous on the road. When drivers let cars in front of them and give a polite wave when other drivers allow you in, you will simply in a better mood. Each car trip, make a commitment to doing something nice rather than competitive.

The bottom line is Drive Nice - It's Contagious.

safetysolutions
••••• & HEALTH

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Two Students Awarded ESC Scholarship

Evergreen Safety Council Board of Directors and staff are proud to announce two winners of the Stanley O. McNaughton & Monty C. Lish Scholarship for Safety & Health for the 2007-2008 academic year: Susan Eylander and Alyson Scott.

Susan Eylander of Mill Creek, Washington was also a scholarship recipient for the 2006-2007 school year. She continues to take flight and safety management classes and plans to complete her commercial flight certificate next spring. Susan sees safety as an essential to flight, and has therefore chosen to minor in Safety and Health Management. Susan is currently attending Central Washington University in Ellensburg and plans to graduate in 2008.

Susan's father Tom Eylander is an employee of ESC member company Associated Grocers in Seattle.

Alyson Scott currently attends Seattle University in Seattle where she is on the Dean's List for Academics. She plans to receive a Bachelors of Science in Nursing this spring. Alyson is also a certified lifeguard.

Alyson's father Gerard Scott is an engineer for ESC member company Seattle Steam Company.

Applicants for the Stanley O. McNaughton & Monty C. Lish Scholarship

for Safety & Health Careers must be employees of a member company of ESC, children or stepchildren of employees or owners of a member company who are majoring or planning to major in safety related endeavors in the fields of safety, industrial hygiene, public health, insurance or risk management.

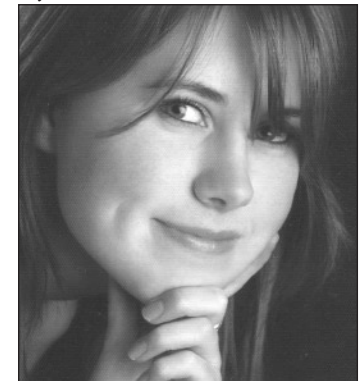
The establishment of the criteria for the recipient to be entering a course of study to become a health and safety professional is to encourage more college students into this field, which has an increasing demand in business organizations. The membership criterion recognizes the manner in which the funding for the scholarship program has been initiated.

The Board of Directors is proud the Council is able to offer this program for members and their employees' families. Application for the 2008-2009 Scholarship will be available at the end of the year. Please contact Star Conrad or Kathy Wax for more information or to request an application.

Susan Eylander



Alyson Scott



Child Safety Seats - It's the Law

Not only is it important for the safety of a child that parents and caregivers have and use a child car seat, but it is also the law.

Motor vehicle crashes are the single largest cause of child fatalities in the country. Proper child seat safety can reduce the risk of injury or death by 70 percent. However, 80-90 percent of those seats do not adequately protect children because of improper installation. Protection can be compromised in several ways, including:

- The wrong seat is used for the child's age, weight and height, or for that vehicle.
- A seat isn't installed in the car correctly.



- A child isn't properly secured in the seat.

Year round, various agencies offer car seat installation inspections. Technicians are typically certified to help parents and caregivers learn how to safely install the child seats in their own vehicles. Since parent education and involvement is a primary goal, it is best to have the child present, and to bring your vehicle owner's manual and child seat instructions (if you have them). For agencies in your area contact your local fire or police department, community center or child safety coalition.

Farming is a Dangerous Job

by Corwyn Fischer and Jeff Lutz, Safety Directors, WA Farm Bureau

Farming may be one of the most dangerous professions in the nation due to the equipment and long hours to bring our food to the table. While Americans and people around the world depend on our farmers to grow and provide food for our families, they also can put themselves in harms way if they are not cautious. Each year hundreds of farm families suffer from loss of life and serious injury that can be devastating and sometimes avoided. Safety is a six-letter word, but a seven-day a week job. We at the Washington Farm Bureau work with our members each and every day to get the word out that farming does not have to be on the top 10 list of the nations most dangerous jobs.

The month of September is National Ag Safety month and we want to remind all farmers and employees to take 15 seconds and quickly analyze the job to see if you are completing the task as safely as possible. How many important decisions do you make in a day? 2, 4, 10? Whatever it is, if you make 10 decisions in a day that is two and half minutes. Is your life worth two and half minutes? Ask your family.

We all get in a rut of operating equipment the same way, lifting the same way, or conducting farming activity the same way, because we have "done it this way for 30 years". Change is hard, especially when you've been operating the same way for so long. If you have employees remember this; if an employer or supervisor is completing a task not be the safest manner, then employees will tend to follow suit. Help employees develop safe work habits and safety attitudes. Help them maintain an interest in safety by changing the safety culture. Each employee must frequently use their common sense, and self-discipline to protect him or herself, and as an employer if you give them the safety habits and safety attitudes then they tend to act safely.

A recent survey by Department of Labor & Industries showed that 95% of all claims costs paid by the Department are for 7 types of "compensable" claims involving serious injuries to employees. Compensable claims are for serious injuries where employees were so badly hurt they had to take time off work to recover, had to change jobs, or were permanently disabled. These injuries have a direct impact on industrial insurance premiums paid by employers.

This report showed that the seven types of injuries were as follows:

Caught in/under/between - a part of the body is squeezed, pinched or crushed in machinery.

Falls from elevation - falls from ladders, roofs

or other elevated surfaces

Fall at same level - slips, trips and falls on flat surfaces

Struck by/against - impacting a part of the body against something or hit by a moving or flying objects, or by noise (noise impacts the ear drum)

Motor vehicle accidents - traffic accidents

Work-related musculoskeletal disorders of the lower extremities (knees ankles and feet) and Musculoskeletal Injuries of Upper Body (Neck, back and arms) - from overexertion, kneeling, squatting, or other repetitive motion, lifting, awkward posture, hand pinching or gripping or vibration.

Not surprisingly, building construction was near the top for nearly all the types of injuries shown above. However, Agriculture, Logging and trucking were also high in several of these types of injuries. These types of injuries were also found in other industries as well.

If your workplace has experienced these types of injuries, it is time to conduct an in-house safety survey to see if your employees are being exposed to the hazards related to these types of injuries.

You should also take time to review your safety program and complete a comprehensive safety survey of your workplace. Allowing safety hazards to go unchecked could risk the safety and health of those who work for you.

Periodic inspections and procedures for correction and control provide a method of identifying existing or potential hazards in the workplace, and eliminating or controlling them. Hazard control is the heart of an effective Accident Prevention Program.

If hazards occur or recur, this reflects a breakdown in the hazard control system. The hazard control system is also the basis for developing safe work procedures and injury/illness prevention training.

This safety survey produces knowledge of hazards that exist in the workplace, and conditions, equipment and procedures that could be potentially hazardous.

An effective hazard control system or in-house inspection system will identify hazards that exist or develop in your workplace, how to correct those hazards, and steps you can take to prevent their recurrence. If you have an effective system for monitoring workplace conditions, you will be able to prevent many hazards from occurring through scheduled and documented

self-inspections. Make sure established safe work practices are being followed and those unsafe conditions or procedures are identified and corrected properly. Scheduled annual or periodic inspections are in addition to the everyday safety and health checks that are part of the routine duties of managers and supervisors.

For more information or assistance on ways that you can prevent these types of costly injuries in workplace, contact your WA Farm Bureau safety directors Corwyn Fischer (509) 899-1182 or Jeff Lutz (509) 669-2990.

Safety & Health Classes

Security, Violence, Fire & Transportation Issues Certification

Offered in Spokane, WA

- Nov. 5** - SPT104AB Security Programs/ Workplace Violence
- Nov. 6** - SPT114AB Fire Safety & Emergency Planning/Office Safety
- Nov. 7** - SPT115X Transportation Safety

Each of these classes count toward the Safety and Health Specialist Certification.

To register call 1-800-521-0778 or visit www.esc.org

TRAFFIC CONTROL SUPERVISOR CERTIFICATION

Washington Classes

TCS Certification -
Seattle - August 13-15, 2007

TCS Recertification -
Seattle, - August 21, 2007

Oregon Classes

TCS Certification -
Salem - Sept. 11-13, 2007

TCS Recertification -
Salem - Sept. 10, 2007

Call 1-800-521-0778 or visit www.esc.org

MEMBERSHIP CORNER

The Evergreen Board of Directors and staff would like to recognize the new and returning members listed below.

New Members

Swerve Driver Training
Redmond, WA

Renewing Members (years of membership)

K & I Distributors (6)
Renton, WA

B C Traffic Management LLC (6)
Port Orchard, WA

Safety Training Associates (5)
Mountlake Terrace, WA

City of Lacey (2)
Lacey, WA

Design Air Ltd. (2)
Kent, WA

Verizon (4)
Everett, WA

Water & Sewer Risk Management Pool (18)
Bellevue, WA

Northwest Cascade, Inc. (11)
Puyallup, WA

Coal Creek Utility District (7)
Newcastle, WA

Skagit Transit (4)
Burlington, WA

Lower Columbia College (8)
Longview, WA

Diamond "B" Constructors (5)
Bellingham, WA

Mowat Construction Co. (6)
Woodinville, WA

Thurston County (16)
Olympia, WA

Berg Training & Consulting (8)
Spokane Valley, WA

City of Tacoma (7)
Tacoma, WA

Premera Blue Cross (4)
Mountlake Terrace, WA

FEMA MERS (10)
Bothell, WA

Washington Traffic Safety Commission (15)
Olympia, WA

Alderwood Water District (9)
Lynnwood, WA

City of Puyallup (14)
Puyallup, WA

Combustible Dust

We at Evergreen have been teaching and talking about many safety issues, including fire safety and prevention. One of the fire safety issues that tends to escape people is that of combustible dust. So what is combustible dust? According to the US Chemical Safety and Hazard Investigation Board (CSB) combustible dust is any finely divided solid – such as flour, wood dust or coal dust – that will burn when dispersed in air and ignited. When dispersed in a confined area, combustible dust can explode. Once an initial explosion occurs, the pressure from the blast can disturb dust that has accumulated on other surfaces, often leading to secondary explosions that can spread through a facility. Combustible dust is an insidious hazard, because it can accumulate in hidden areas and remain there undetected for years.

The “hidden for years” is what we would like to focus on, since the January 29, 2003, dust explosion that ripped through the West Pharmaceutical Services rubber-manufacturing plant in Kinston, NC, killing six employees and injuring 38 others including two fire fighters.

Basically what happened was that there was good housekeeping for the most part, but the employer was not checking out the area

above the acoustic ceiling. Due to the negative pressure in the building, small amounts of dust (invisible to the naked eye) was being pulled from the process floor to the space above the acoustic ceiling where it settled and remained for years. This dust was from the polyethylene used in the rubber making process. One day there was some sort of ignition source (believed to be a piece of equipment) that caused the explosion, killing and injuring employees and fire fighters.

The Chemical Safety Board concluded that all materials that create dust in the work place have their MSDSs evaluated for combustible dust hazards, housekeeping procedures be revised to identify areas where dust could build up and provide better safety training to employees on the hazards of combustible dust.*

If your business process does create a great deal of dust, be sure that your fire prevention training and housekeeping addresses this issue.

Of course there are more fire hazards than just dust, so what are you doing to ensure fire safety? Are you providing training to your employees as to the fire hazards and their responsibilities to mitigate these hazards? Do you have a written fire prevention program as required by DOSH? Have you evaluated the chemicals you use at your site for fire safety issues? Have you trained your employees what to do in the event of a fire? Of course the list goes on.

Take a look around your plant and see if your housekeeping is up to par. Ensure that combustible and flammables are being stored properly and that their waste is being disposed of properly.

Remember that according to the NFPA there is a fire start in the US about once every 89 seconds and that fire is one of the more insidious hazards that a business faces.

If you would like more information on how to improve your fire prevention program, give us a call at Evergreen and we can help.

**If you would like further information on this and other chemical accident investigations, check out the Chemical Safety Board at www.csb.gov*



Tom Odegaard (left) presents a new membership plaque to SWERVE Driver Training representative, Bruce Cleland (center) and Doc Doolittle (right).

MEMBER SAFETY Luncheon
MEETING

Fall Member/Client Safety Luncheon

Friday, September 14, 2007

Sign-in: 11:45 am

Program: 12:00 - 1:30 pm

Location: Mercer Island Community Center

Cost: \$15 member, \$20 non-member

Catering by: Herban Feast

Guest Speaker: To be announced

Register online at www.esc.org or call for more information (800) 521-0778

Raleigh Wyatt

Safety Program Administrator, City of Redmond

This month Evergreen Safety Council is pleased to feature Raleigh Wyatt as this month's People in Safety.

Raleigh is the Safety Program Administrator for the City of Redmond. He got his start safety after being hurt on the job. At that time Redmond was more of a reactive safety program. If you got hurt, you gave the next safety topic. Raleigh decided to think out of the box and contacted Evergreen and borrowed the seat belt convincer and gave a class on the importance of seat belts using the convincer to give people rides to show the importance of seat belts. This turned out to be fun for the employees and in 1983 they sent him to Evergreen when he began working as safety coordinator, holding safety classes once a week. He continued this until 1991 when he was assigned safety as a full time job. Raleigh spent 14 years with the Public Works department as an equipment operator prior to his safety responsibilities.

When asked what his best accomplishment in safety was he explained that he has gotten the City to be proactive in safety. Redmond now has nine safety committees working on the various safety issues and providing information and ideas to upper management, which they are responding too. He credits the strong safety program in Redmond to the support and strong commitment to safety by Redmond's Mayor Ms. Rose Marie Ives.

Raleigh believes that safety professionals must learn to impart safety knowledge that is practical for the employee, both at work and at home. He also believes that you have to make

it fun to be retained and used. He does think out of the box. He started a self exercise program by using CD copies of an exercise record made in 1908 for use on the White Star cruise lines for the first class passengers. He told me that he always has employees asking for a copy of the CD. By the way, he found the original record in a garbage dump.

Raleigh feels one of the hardest things he has to contend with is convincing first line supervisors the importance of them doing some of the safety training for their crews. He believes that the "safety" rubber meets the road with the line supervisors and they need to be part of the safety training. After all they know the jobs and the issues with those jobs.

Over the years Raleigh has increased his knowledge of safety by taking safety instructor training. Some of the things that he can train in include Flagger, First Aid/CPR and Defensive Driving. He also took several safety courses including Evergreens Safety and Health Specialist certification.

Raleigh and Pauline, his of 37 years, have 3 children, one son and two daughters. They also have 9 grandchildren. All of who live in Washington. He was born in Yakima and finished his education at Bellevue Community College. Raleigh is also a veteran serving 4-years in the US Navy working in communications.

We at Evergreen would like to thank Raleigh (and the rest of the safety professionals out there) for the commitment to safety we all have and wish him well in the future.

PEOPLE IN SAFETY



Raleigh Wyatt

SAFETY GALLERY



Victor White and Sharon Kidd-Rector graduated from the Health & Safety Technician series on July 11, 2007. They received certifications #0097 and #0098.



Congratulations to the newest EverSafe Driving Instructors who attended class on July 16-17, 2007. Back Row: Jeremy Saucier, The Highridge Group; Robert Myles, Shuttle Express; Michael O'Flaherty, Shuttle Express; Mohamed Elamin, Easy Access LLC; Christopher Van Ackeren, Pacific Underwriters; John Cosman, King County Dept of Natural Resources and Parks; Mike Threlfall, City of Spokane Risk Management. Front Row: Billy Turner, Neighborhood House; Tracy Peterson, Douglas County; Lisa Heinrich, Columbia County Public Works; Susan Carr, Thurston County; Patrick West, Thurston County.

Upcoming Conferences

A chance to meet ESC Safety Trainers and Management

City of Redmond Employee Safety Fair, Aug. 15, 2007

State Motorcycle Safety Administrators Conference, Buffalo, NY, Aug. 17-19, 2007

Membership Luncheon, Mercer Island Sept. 14, 2007

Central Oregon Occ. Safety & Health Conference, Redmond, OR, Sept. 18-21, 2007

Nat'l Governor's Highway Safety Assoc., Portland, OR, Sept. 22-26, 2007

WA Governor's Ind. Safety & Health Conference, Tacoma, WA, Sept. 24-27, 2007

For information
call 1-800-521-0778

2007 ANNUAL TRAFFIC SAFETY CONFERENCE

Featuring SWERVE Driver Training "Sudden Impact" behind-the-wheel activity (space in this portion of the program is limited - Register early!)

Location: DoubleTree Suites-Southcenter, Seattle, WA

Program to include:

- Dealing with Distractions - Cell phone / texting laws
- Properly & legally securing your load
- Fleet safety management, and more...

Special Guest Speakers

Richard Terrill, Administrator, OSHA Region X
Ross Bentley, Founder, Swerve Driver Training

Presented by:

Evergreen Safety Council
National Traffic Safety Administration
Washington Traffic Safety Commission

For more information or to register contact ESC at (800) 521-0778 or visit www.esc.org.

SAVE THESE DATES!
October 25 -26
2007

Forklift Corner

Provided by Bottom Line Loss Control

Forklift Instructor Certification

This course meets or exceeds all OSHA training requirements as referenced in 29 CFR 1910-178. Participants must have prior experience in forklift operation to qualify.

Course Fee - NEW PRICING OPTIONS

- \$1295 for the Deluxe Instructor Training package
- \$995 for Basic Instructor Training package

For companies that currently have a BLLC certified instructor with a teaching kit:

- \$695 for each additional instructor. Includes instructor's manual.

See our website for a detailed description of the training packages, www.esc.org.

You can add Aerial Lift Instructor training for \$400 (1st instructor) or \$300 (each additional instructor).

Forklift Operator Training

Any person who operates a powered industrial truck must have documentation of training and evaluation. This course exceeds OSHA and WISHA requirements.

Course fee: \$100 for classroom plus

- experienced students: \$35 for each type of machine certified on.
- new operators: \$100 for each type of machine certified on.

Examples: sit-down (counter balance), stand-up (narrow aisle), order picker, tigger or any style electric pallet jack.

Both courses are offered monthly. Please see the Events Calendar on page 7 or visit our website at www.esc.org.

Excerpts from the OSHA booklet

"Guidance on Preparing Workplaces for an Influenza Pandemic"

A pandemic is a global disease outbreak. An influenza pandemic occurs when a new influenza virus emerges for which there is little or no immunity in the human population, begins to cause serious illness and then spreads easily person-to-person worldwide. As with any catastrophe, having a contingency plan is essential.

Unlike natural disasters or terrorist events, an influenza pandemic will be widespread, affecting multiple areas of the United States and other countries at the same time. Waves of outbreaks may occur over a year or more. Your workplace will likely experience:

- **Absenteeism** - A pandemic could affect as many as 40 percent of the workforce during periods of peak influenza illness.
- **Change in patterns of commerce** - During a pandemic, consumer demand for items related to infection control is likely to increase dramatically, while consumer interest in other goods may decline.
- **Interrupted supply/delivery** - Shipments of items from those geographic areas severely affected by the pandemic may be delayed or cancelled.

As an employer, you have an important role in protecting employee health and safety, and limiting the impact of an influenza pandemic.

Develop a disaster plan that includes pandemic preparedness (See www.pandemicflu.gov/plan/businesschecklist.html) and review it and conduct drills regularly. Also:

- Be aware of and review federal, state and local health department pandemic influenza plans.
- Prepare and plan for operations with a reduced workforce.
- Work with your suppliers to ensure that you can continue to operate and provide services.
- Develop a sick leave policy that does not penalize sick employees, thereby encouraging employees who have influenza-related symptoms (e.g., fever, headache, cough, sore throat, runny or stuffy nose, muscle aches, or upset stomach) to stay home so that they do not infect other employees.
- Identify possible exposure and health risks to your employees.
- Minimize exposure to fellow employees or the public.
- Identify business-essential positions and people required to sustain business-necessary functions and operations.

- Plan for downsizing services but also anticipate any scenario which may require a surge in your services.
- Stockpile items such as soap, tissue, hand sanitizer, cleaning supplies and recommended personal protective equipment.
- Develop policies and practices that distance employees from each other, customers and the general public. Consider practices to minimize face-to-face contact between employees such as e-mail, websites and teleconferences.
- Organize and identify a central team of people to serve as a communication source so that your employees and customers can have accurate information during the crisis.
- Work with your employees and their union(s) to address leave, pay, transportation, travel, childcare, absence and other human resource issues.
- Provide your employees and customers in your workplace with easy access to infection control supplies, such as soap, hand sanitizers, personal protective equipment (such as gloves or surgical masks), tissues, and office cleaning supplies.
- Provide training, education and informational material about business-essential job functions and employee health and safety, including proper hygiene practices and the use of any personal protective equipment to be used in the workplace.
- Assist employees in managing additional stressors related to the pandemic.

Educate and train employees in proper hand hygiene, cough etiquette and social distancing techniques. Understand and develop work practice and engineering controls that could provide additional protection to your employees and customers, such as: drive-through service windows, clear plastic sneeze barriers, ventilation, and the proper selection, use and disposal of personal protective equipment.

These are not comprehensive recommendations. The most important part of pandemic planning is to work with your employees, local and state agencies and other employers to develop cooperative pandemic plans to maintain your operations and keep your employees and the public safe. Share what you know, be open to ideas from your employees, then identify and share effective health practices with other employers in your community and with your local chamber of commerce.

**Customized On-Site
Safety and Health Training**

Call Stephanie at 800-521-0778



Registration Form

Class Title _____

Class Date _____

Name of Participant(s) Please print or type

1. _____

2. _____

3. _____

4. _____

Organization _____

Contact Name _____

Mailing Address _____

City _____ State _____ Zip _____

Telephone number _____

Check enclosed yes no

Purchase order # _____

Member

Non-Member

Credit Card Information:

Card Number _____

Expiration Date _____ V-Code* _____

Cardholder name _____

* Visa/Mastercard: The "V-Code" is on the back of your card in the white signature strip. It is a 3-digit extension. It is usually following the last 4 digits of your credit card. However, it can be on its own.

* American Express: The "V-Code" is a 4-digit number on the front of the card, located on the right above the card number.

* Discover: No "V-Code" is being required at this time.

Registration/Payment/Cancellation & Rescheduling Policy

- 1. Registration:** Registration requests may be by mail, fax or e-mail.
- 2. Payment:** Payment must be received in our office before registration is confirmed. Payment may be by credit card, purchase order, money order or check. Once payment is received, a confirmation letter will be sent.
- 3. Cancellation/Rescheduling:** All Cancellations and Rescheduling must be by letter, fax or e-mail, (phone calls are not sufficient notification). You will be notified when your cancellation has been received. **More than six (6) business days notice:** a \$25 administration fee will be applied toward all cancellation refunds. A \$25 administration fee in addition to the class fee will be charged for rescheduling a class. **Less than six (6) business days notice:** No refund or credit will be issued for cancellations, rescheduling or "no-shows".

It is your responsibility to follow up with us to verify we have received all your paperwork, provided you do not hear from us.

Please initial: _____

Mail or fax to :

Evergreen Safety Council
401 Pontius Avenue N.
Seattle, WA 98109
(206)382-4090 or
(800)521-0778
Fax (800)704-3925
E-mail: esc@esc.org

Online student registration is now available for many of ESC's safety training classes. From our website www.esc.org, click **Menu**, select a program, and then click on the **Register Online** link from the right-hand sidebar.

Evergreen Safety Council Calendar of Events

- Aug. 2 *SPT105X Presentation Skills – Seattle, WA
- Aug. 7 Flagger Instructor Recertification – Seattle, WA
- Aug. 8 HST 205AB Confined Space/Respirators – Seattle, WA
- Aug. 10 Flagger Certification Open Enrollment – Seattle, WA
- Aug. 13 HST 207-2 Industrial Hygiene – Spokane, WA
- Aug. 13-15 Traffic Control Supervisor Certification/WSDOT – Seattle, WA
- Aug. 14 HST 207-3 Industrial Hygiene – Spokane, WA
- Aug. 16 *SPT113X Understanding Ind. Ins/Workers' Comp – Seattle, WA
- Aug. 20-21 Forklift Instructor Certification (ITFL001) – Renton, WA
- Aug. 21 TCS Recertification/WSDOT – Seattle, WA
- Aug. 22 Forklift Operator Certification (OTFL002) – Renton, WA
- Aug. 23 *SPT102AB JSA/JIT – Seattle, WA
- Aug. 27 Forklift Instructor Recert (FLU0011) – Renton, WA
- Sept. 6 *SPT107X Occ. Accident/Incident Investigations – Seattle, WA
- Sept. 10 TCS Recertification/ODOT – Salem, OR
- Sept. 11-13 Traffic Control Supervisor Certification/ODOT – Salem, OR
- Sept. 13 *SPT106AB Safety Committee/Meetings – Seattle, WA
- Sept. 14 Membership Luncheon – Mercer Island, WA**
- Sept. 15-16 Recreational / Wilderness First Aid – Lynnwood, WA**
- Sept. 17 Fleet Management Safety – Seattle, WA
- Sept. 17-18 Flagger Instructor Certification (ITFG004) – Seattle, WA
- Sept. 20 *SPT108AB Empl. Safety Training/Communications – Seattle, WA
- Sept. 24 CPR Certification (evening / open enrollment) – Seattle, WA
- Sept. 24-25 Forklift Instructor Certification (ITFL001) – Renton, WA
- Sept. 25 First Aid Certification (evening / open enrollment) – Seattle, WA
- Sept. 26-27 WA Gov. Industrial Safety & Health Conference – Tacoma, WA**
- Sept. 28 Forklift Operator Certification (OTFL002) – Renton, WA
- Oct. 1-3 First Aid/CPR Instructor Certification (ITFA0-03) – Seattle, WA
- Oct. 4 *SPT109AB PPE/Materials Handling – Seattle, WA
- Oct. 16 Construction Safety Specialist - Day One – Seattle, WA
- Oct. 18 *SPT110X Hazardous Materials Overview – Seattle, WA
- Oct. 20-21 Recreational / Wilderness First Aid – North Bend, WA**
- Oct. 22-23 Forklift Instructor Certification (ITFL001) – Renton, WA
- Oct. 22-23 EverSafe Driving Instructor Certification (ITESD09) – Seattle, WA
- Oct. 24 Forklift Operator Certification (OTFL002) – Renton, WA
- Oct. 25 *SPT111X Practical Workplace Ergonomics – Seattle, WA
- Oct. 25-26 Traffic Safety Conference – Seattle, WA**
- Oct. 26 Flagger Certification Open Enrollment – Seattle, WA
- Oct. 30 Construction Safety Specialist - Day Two – Seattle, WA

*Count toward Safety and Health Specialist Certification

1-800-521-0778
www.esc.org



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Two Students Awarded ESC Scholarship

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Child Safety Seats - It's the Law

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People In Safety

*Raleigh Wyatt, Safety Program Administrator,
City of Redmond*
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Forklift Corner

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FLEET SAFETY MANAGEMENT COURSE

Do you manage a fleet of vehicles – cars, vans or trucks? Do you employ CDL drivers? If so this 4-hour presentation is for you.

Topics covered include:

- The goals for implementing a successful fleet operation
- Administering a fleet program
 - Vehicle use policy
 - Pre-employment screening
 - Driver risk indexing program
- The requirements of a CDL program
- The safe operation of vehicles and the operator's responsibilities
- The importance of vehicle maintenance
- Securing the Load
- Record keeping and documentation

Date: Monday, September 17, 2007

Time: 8:00AM -12:00PM

Place: Evergreen Safety Council

Cost: \$ 100 ESC Members, \$ 125 Non-Members

To register online please visit www.esc.org or call (800) 521-0778 to request a registration form.

Change Service Requested

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