

Registration Form:
Rock & Ride Through George
Bike Tour

Instructions: Please complete ONE
REGISTRATION FORM PER RIDER, sign the event
waiver on the reverse side and mail to:

Quincy Valley Chamber of Commerce
Attention: Rock & Ride Tour
P.O. Box 668, Quincy WA. 98848

Cost: Register early and save!

- ☐ -Adult (Ages 12 & Over) \$30 if postmarked or
Received by June 1, 2013
☐ -Adult (Ages 12 & Over) \$35 for same day
registration or entries postmarked after
June 1, 2013
☐ -Ages 8-11 \$15
☐ -Ages 7 & under **Free**
You can now pay online!!
www.quincyvalley.org (Additional fee applies)

Last name: _____
First Name: _____
Street Address: _____
Phone: _____
City: _____
State: _____ Zip: _____
E-mail: _____
Year of birth: _____

Please check the ride miles desired and shirt size
below:

- ☐ - 10 Mile ☐ - 30 Mile ☐ - 70 Mile
☐ - 100 Mile ☐ - Wheelchair

T-Shirt Size:

- ☐ -YM ☐ -S ☐ -M ☐ -L ☐ -XL

Please review and sign waiver on the reverse side

Cut Out & Send Today!

ROCK AND RIDE

Rock & Ride Through George
Bike Tour

More Information: For more
information and ride routes,
please visit us on the web at
www.quincyvalley.org

Quincy Valley
Chamber of Commerce
P.O. Box 668 Quincy WA. 98848
509-787-2140

ROCK AND RIDE

Bike Tour Through George
10 Mile * 30 Mile
70 Mile * 100 Mile

JUNE 15TH, 2013

Join Us!

Bring your friends and family on Saturday, June 15th, 2013 for a day of exercise, fun, and touring. **Rock And Ride** offers a variety of rides for riders of all ages and abilities. Our Sponsors will help us get out on the road with mechanical support, water bottles and some other fun stuff.

Ride Information

Rest Stops are throughout the course.
Ride maps will be provided.

10 Mile Ride: Generally very flat and perfect for the entire family and all ages.

30 Mile Ride: Starts off the same as the 10 mile. Midway through the ride are slight rolling hills and the slope down to the river can be skipped. This part is a 4 mile (8 miles round trip) section that goes down to the river and then back up the hill.

70 Mile Ride: Same as the 30 mile then flat.

100 Mile Ride: Same as the 30 mile with the exception that the hill to the river is mandatory.

Ride Start Times:

Check In: Starts at 5:30 AM at the George Community Hall.

10 Mile Ride: 9:00 AM * **30 Mile Ride:** 8:00 AM
70 Mile Ride: 6:00 AM * **100 Mile Ride:** 6:00 AM



SNELL OR ANSI APPROVED HELMETS
ARE REQUIRED FOR THIS RIDE!



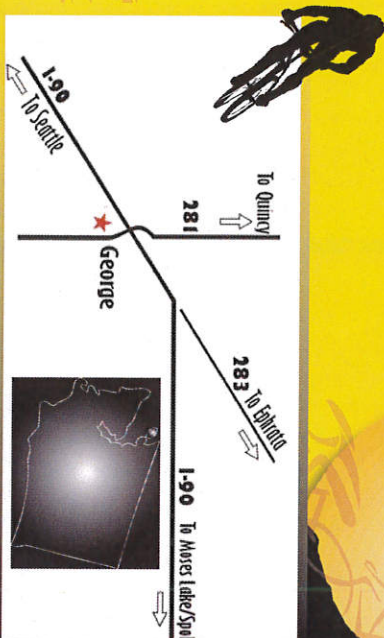
"After Ride Feed"
At the George Community Center
starting at 10:30 AM

Cut Out & Send Today!

ROCK AND RIDE THROUGH GEORGE

10 Mile * 30 Mile
70 Mile * 100 Mile

Sponsored By:



Waiver Form: Rock & Ride Through George Bike Tour

In consideration of your acceptance is my application for participation in the Rock and Ride Through George Bike Tour on Saturday, June 15th, 2013, I the undersigned, for myself, my heirs, my executors, administrators and assigns waive and release any and all claims for damages, for death, personal injury or loss of property I may have or which may accrue to me as a result of my participation in the Rock and Ride through George, all charities benefiting from this event, the Quincy Valley Chamber of Commerce, Grant County, WSDOT, Rock and Ride Volunteers, and an all sponsors, agencies, businesses, and organizations, and their respective agents, boards, trustees, directors, officers, subsidiaries, affiliated parent companies, commissions, and any other involved municipalities, and employees and representatives of the foregoing, from all liability arising out of or connected in and way with my negligence of any of the above parties. I acknowledge that the Rock and Ride Through George Bike Tour contains risks, including the risks of falling, collision with bicyclists, motor vehicles, or stationary objects, and the conditions of the road. My participation is voluntary and done at my own risk. I voluntarily assume all risks of loss, damage or injury that may be sustained while participation in this event. I attest that I am sufficiently trained for the completion of this event. I recognize that an event of this nature can be physically demanding. I acknowledge that sponsor's recommendation that I consult with a physician regarding the advisability of my participation in this activity. I understand and agree that medical or other services rendered to me by or at the insistence of any of the above parties are not or admission of liability to provide or to continue to provide any such services and is not a waiver by any of said parties of any right hereunder. I understand that serious accidents occasionally occur during any sport, and that participants in this event may sustain mortal or serious injury as a consequence thereof. Nevertheless, I agree to assume these risks and to release and hold harmless all of the persons mentioned above who might otherwise be liable to me for damages. I UNDERSTAND THAT BICYCLE HELMETS CAN PREVENT SERIOUS INJURY AND I AGREE TO WEAR ONE WHILE PARTICIPATING IN THIS EVENT. I agree to abide by the rules of the event established by the promoting organization and to obey the Quincy Valley Chamber of Commerce to use photographs, videotapes, motion pictures, or any other record of this event including my name, likeness, and voice for advertising, promotion or any legitimate purpose, including social media. I have read and understand everything written above, and I voluntarily sign this agreement.

Signature of participant: _____

Date: _____

Signature of parent or guardian: _____

Date: _____

(For riders under the age of 18)