

SETMA I - 2929 Calder, Suite 100

SETMA II - 3570 College, Suite 200 Nederland/Port Arthur - 2400 Highway 365, Suite 201 Orange - 601 Strickland Drive, Suite 140 (409) 833-9797 www.setma.com Mark Wilson Clinic - 2010 Dowlen

Hospital Care Summary & Post Hospital Plan of Care and Treatment Plan Baptist Hospital

Patient	
Sex	Male
Date of Birth	_/_/_
Admit Date	/07/2013
Discharge Date	/10/2013

Admitting AssessmentStatusAbdominal painAcuteNausea & vomitingAcute

Discharge AssessmentStatusPancreatitisImprovingGastric ulcerStableHx of testicular cancerChronicHypertensionChronic

Discharge Chronic Conditions

- 1. Anxiety Disorder General
- 2. Hypertension Benign Essential
- 3. Erectile Dysfunction Frigidity
- 4. Testicular cancer
- 5. Gastric ulcer

Consulted Specialist(s)

Last Name	First Name	Date	Reason
Chennupati	Raja		abdominal pain

I have reviewed and agree with the consultant's documentation and plan. Yes

Procedure Results

CT

EMERGENT CT ABDOMEN & PELVIS WITH IV CONTRAST, 05-08-2013, 2327 HOURSIMPRESSION

- 1. Diffusely abnormal appearance of the colon which is probably due to colitis. Clinical correlation is recommended. Visualized portions of the superior and inferior mesenteric arteries are enhancing.
- 2. Other incidentally noted findings as discussed.

EGD(05/08/2013)

esophagitis

deep large ulcer noted in the prepyloric area with clean base - biopsies were taken from the antrum for pathology

normal duodenal bulb and second portion of the duodenum

Histories

The patient's histories were reviewed today.

Social History

Ethnicity - Caucasian Occupation - Floor Tech Marital Status - divorced

Past Medical History

Childhood

chicken-pox

Hospital

1 time ton-out

1 bik-wrec

Vomiting, 2012

Pancreatitis / GI Ulcer, 2013

Surgical

Tonsillectomy

Rorchiectomy, 2012

Family History

<u>Family Member - Father</u> Problem(s) - Prostate Ca

Deceased

Family Member - Mother

Problem(s) - Diabetes

The patient's health maintenance was reviewed today.

Physical Exam - 05/08/2013

BMP - 05/10/2013

CBC - 05/10/2013

Chemistry - 12/11/2012

Creatinine - 05/10/2013

Flu Shot - 09/16/2010

HFP - 05/10/2013

HGB - 05/10/2013

Lipids - 07/19/2012

Pneumovax - 05/10/2013

PSA - 07/19/2012

Urinalysis - 05/07/2013

Review of Systems

Source of Information

Patient

Allergies

DescriptionOnsetNo Known Allergies To Medications02/12/2010Ciprofloxacin00/00/0000Ciprofloxacin Hcl00/00/0000

Constitutional

Patient Denies

Malaise, Fatigue, Fever, Chills, Headache, Dizziness, Weakness, Syncope, Shortness of breath, Flu-like symptoms, Diaphoresis, Weight loss, Weight gain, Lethargy, Light headedness, Renal Disease

Eyes

Patient Denies

Redness,

Head/Neck

Patient Denies

Headache,

Ears

Patient Denies

Difficulty hearing,

Nose

Patient Denies

Nasal congestion,

Oropharnyx

Patient Denies

Dysphagia, Painful swallowing,

Cardiac

Patient Denies

Chest pain at rest, Chest pain with exertion, Chest pressure, Palpitations, Tachycardia, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Diaphoresis, Dyspnea, Nausea, Fatigue, Cough, Syncope, Coldness of extremities, Peripheral edema,

Respiratory

Patient Denies

Difficulty breathing at night, Cough, Chest pain, Fever, Peripheral edema, Shortness of breath, Wheezing

Gastrointestinal

Patient Denies

Nausea, Vomiting, Hematemesis, Constipation, Diarrhea, Abdominal pain, Dysphagia, Distention, Weight loss, Weight gain,

Male Genitourinary

Last PSA - 07/19/2012

Patient Denies

Dysuria, Frequency, Urinary incontinence,

Musculoskeletal

Patient is right-handed.

Integumentary

Patient Confirms

Intact, Warm/Dry

Neurologic

Patient Denies

Disorientation, Dizziness, Headache, Loss of consciousness, Memory loss, Syncope, Unequal hand grasps,

Psychiatric

Patient Denies

Anxiety, Apprehension,

Endocrine

Patient Denies

Diabetes Mellitus, Weight loss, Thyroid medications, Weight gain, Nausea,

Hematologic

Last Updated/Reviewed - 05/10/2013
Patient Confirms
Exposure to radiation,
Patient Denies
Anemia, Anticoagulants, Jaundice, Edema

Physical Exam

Vital Signs

Blood Pressure

Trial 1 - 145 / 88 mmHg Mid-Arm Circumference - 10.5 inches (Performed 02/12/2010)

Temperature - 98.70 *F
Pulse - 60.00/min
Resp Rate - 18/min
Weight - 142.34 pounds
Height - 58.50 inches (Performed 02/12/2010)
BMI - 29.28 kg/m^2
Body Fat - 20.3 % (Performed 02/12/2010)
Protein Requirement - 77 grams/day

Constitutional

Level of Consciousness - Normal Orientation - Normal Level of Distress - Normal Nourishment - mildly obese Overall Appearance - Age appropriate

Head/Face

Hair and Scalp - alopecia Skull - Normal Facial Features - Normal

Eyes

General

Right - Normal Left - Normal

External

Right - Normal

Left - Normal

Lid

Right - Normal

Left - Normal

Ears

External Ear

Inspection

Right - Normal

Left - Normal

Palpation

Right - Normal

Left - Normal

Internal Ear

Hearing

Right - Normal

Left - Normal

Nasopharynx

Nose and Sinuses

External Nose - Normal

Nares

Right - Normal

Left - Normal

Mucosa - Normal

Mouth

Tongue - Normal

Buccal Mucosa - Normal

Neck

Inspection - Normal

Respiratory

Inspection - Normal

Auscultation - Normal

Palpation - Normal

Cough - Absent

Cardiovascular

Auscultation - Normal

Murmurs - Absent

Palpation - Normal

Peripheral Edema - No

Cardio Intima Media Thickening	Left	Right
Thickening (mm)		
Blockage Present		

Percent Blocked 0 % 0 %

<u>Abdomen</u>

Inspection - Normal Auscultation - Normal

Palpation - Normal

Male Genitourinary

Foley Catheter - No Bowel Incontinent - No Bladder Incontinent - No

Musculoskeletal

Overview - weakness

Neurological

Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

Sensory Function

Coordination - Normal

Fine Motor Skills - Normal Sensory Response - Normal

Integumentary

Inspection - Normal
Palpation - Normal
Hair - Normal
Nails - Normal
Decubitus or skin ulcers seen? *No*

Radiology

Abdominal

Comments IMPRESSION

Normal supine and upright radiographs of the abdomen.

Laboratory

CBC

	Admission	Discharge
WBC	8.6	7.4
Hgb	15.2	13.7
MCV	95.9	94.9
Plate	213	202
Bands		

CMP

	Admission	Discharge
Na	143.0	138
K	3.8	3.4
BUN	17	16
Creat	.9	8.0
Ca	9.9	8.8
Alp		3.7
Ast	29	22
Bil		
Glucose	120.0	130.0
Chloride	96.0	98.0
ALT	44	38
ALP	0	54
Protein	7.5	6.3

Other

	Admission	Discharge
Hemoglobin A1C		5.0
Cholesterol		

Cholesterol
Triglycerides
LDL
HDL
Magnesium
Phosphorus
BNP
D-Dimer
Acetone
ESR

TSH T3 T4 B12 Folate Ferritin Iron

UA

Admission Discharge

WBC 1-2

Blood negative negative

Bacteria

Protein trace
Nitrates negative

Specific Gravity

Follow-Up Instructions

Hospital Discharge Instructions

Discussed condition, medications, and follow-up care with patient and/or family

Give patient a copy of discharge summary

Ensure patient understands follow-up instructions

Review all follow-up instructions with patient

Review medications with patient before discharge

Post Hospital Follow-Up Instructions

Bring ALL medications to next office appointment

Continue medications per Post Hospital Follow-up Instructions document

Diet: 2000 calorie low salt

Follow-Up

Please see Dr. Halbert with SETMA on 05/16/2013 at 14:00.

SETMA's referral department will contact you regarding your follow-up appointment with Dr. Chennupati.

Avoid all NSAIDs a list has been printed from Baptist and given to patient

Diet instruction from Baptist also printed and given to the patient

Continue Medications as Listed

Start Date 05/10/2013	Brand Protonix	<u>Dose</u> 40 Mg	Sig Desc take 1 tablet by oral route 2 times every day
05/10/2013	Norco	5 Mg-325 Mg	take 1 - 2 Tablet by oral route 4 times every day as needed for pain
05/10/2013	Miralax	17 Gram	take 1 packet by oral route every day mixed with 8 oz. water, juice, soda, coffee or tea
05/10/2013	Hydralazine Hcl	25 Mg	take 1 tablet by oral route 2 times every day with food
05/10/2013	Sucralfate	1 Gram/10 MI	take 10 milliliter by oral route 4 times every day on an empty stomach 1 hour before meals and at bedtime

The patient was stable upon release from the hospital.

The patient's prognosis is good.

At least thirty-one minutes were required to complete the discharge process.

Hospital Course Summary

Admission

Patient was admitted through the emergency room, For the treatment of Abdominal pain.

Treatment

The patient was treated with the following fluids and antibiotics intravenously: NS, . The patient received the following medications intravenously: Protonix, Dilaudid, .

Comments

pt had consultation with GI and underwent EGD

Diagnostics

Appropriate lab tests were obtained and reviewed. Appropriate diagnostic tests were obtained and reviewed.

Complications

The hospital course was uneventful. Gradual improvement took place.

Discharge Condition

The patient has improved. Patient is ambulatory.

Reason for Discharge

Patient has recovered from acute condition Maximum benefit reached in hospital setting Patient is stable

Approved By Alan E. Leifeste, MD 05/10/2013 8:24 AM

Southeast Texas Medical Associates



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Post Hospital Follow-Up Instructions

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<u> </u>		_		–			

Continue medications per Post Hospital Follow-up Instructions document Diet: 2000 calorie low salt

Follow-Up With

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Comments

Patient

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Active Medications

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Alan E. Leifeste MD

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