

MARSHFIELD RECREATION DEPARTMENT

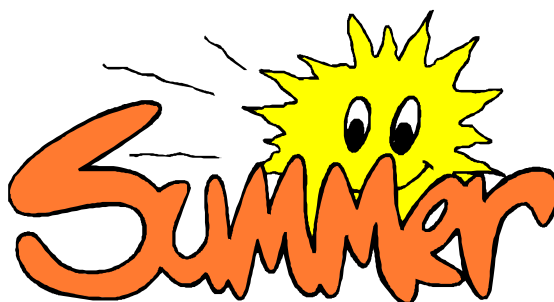
at

Coast Guard Hill

900 Ferry Street, Marshfield, MA 02050

781-834-5543

www.townofmarshfield.org/government-departments-recreation.htm



Walk In Registration
will started Saturday,
April 5, 3:00 p.m.

2014 Community Brochure

New Programs to Enjoy!!!

**We will be adding
additional programs,
check back often.**

Online - By Mail - In Person
Registration form enclosed

**On Line, Mail In or
Walk In reg.**

Marshfield Recreation Department
900 Ferry Street
Marshfield, MA 02050

Office Hours:

Monday, Wednesday, Thursday, Friday
8:30 a.m. - 2:30 p.m. or by appointment

Recreation Staff:

Ned Bangs, M.Ed., C.P.R.P., Director
Recreation@townofmarshfield.org

Sharon Robbins, Administrative Assistant,
Recreation @townofmarshfield.org

New programs to enjoy!

Have an idea for a program, a talent or skill to share, call the office! We continue to build new partnerships through programs, special events and fundraisers, ask us how!

Recreation Commission:

Dan Pitts, Chair
Jan Dobsovits, Vice Chair
Chris Ciocca
Matt Pomella
Dan Donovan
Jeanine Hall
Katie Holt
Brian Spano

New Members Welcome!

The Marshfield Recreation Department would like to thank the following companies for their long and continued sponsorships and generous donations to our community

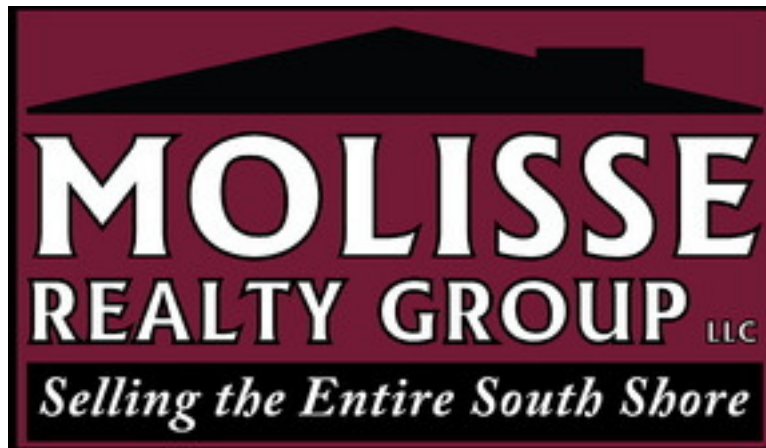


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From the Director:

Marshfield Recreation Department is GOING GREEN!

The Marshfield Recreation Department offers residents and program participants a variety of options when registering for one of our many community programs. Walk In, Mail In and On-Line options are available. The best option is the one you favor. We encourage On-Line as that is often the fastest way to register. We continue to update the web brochure and on-line, as new programs are confirmed, be sure to book mark the site and check back often! You will be able to view all of our summer programs on line, prior to the start of summer program registration. We print a limited number of community brochures. The brochures will be available at the Town Hall, Denny's Barber Shop, Molisse Realty Group, Seaside Homes of Marshfield, Ventress Memorial Library and at the Recreation Center. We encourage residents to register On-Line. However, Walk In and Mail In Registrations are accepted. The brochure is posted on our web site, you may view the brochure, print out the registration form and mail or walk it in to the office.

As we head into our summer season, our programs continue to expand in response to the changing interests and needs of the community. We continue the process of expanding the number of programs we offer for pre-school, youth, teens and adults. We strive to form new partnerships and thereby increasing the number and variety of programs / activities offered to the residents of Marshfield.

We continue to improve our grounds at Coast Guard Hill, through volunteers and community groups. The pre-school organic vegetable garden is maintained throughout the growing season by the children and a steady stream of volunteers. We use the rain which is collected by our rain barrels to water our Vegetable and Butterfly gardens. Storm Water run off is addressed through our Rain Garden. We compost, and our Blue Berry Bushes, and Apple Trees continue to thrive. Our solar panels work well. Google www.powerdash.com/stems/1000063/, if you wish to see how much energy the panels are producing. Our Community Garden continues to expand and we look forward to area farmers using the Hoop Hut Green House to start their vegetables and flowers. This fall we will complete our split rail fence project, thereby prohibiting vehicles from driving up Coast Guard Hill. The practice field at the bottom of the hill is permitted to youth organizations. Youth sports groups and other users can help by cleaning the field when you complete your game. We are evaluating a feasibility study for additional recreation use at the top of Coast Guard Hill.

Scouting organizations help maintain and improve the grounds through service projects and Eagle Scout opportunities. The DPW and Plymouth County Trial Courts Community Service program provide on going assistance at Coast Guard Hill and our recreation facilities throughout the town.

Dogs are welcome at Coast Guard Hill as long as they are on a leash and with a responsible owner. Please be a responsible owner and help keep the area clean by picking up after your pet. Our grounds are open to the public from dawn to dusk.

Recreation Web Page! www.townofmarshfield.org/government-departments-recreation.htm View the many community offerings via the brochure, print out a registration form and mail or walk it in. You may also register for our community programs on-line, www.townofmarshfield.org, then Online Services. Check out recreation news, brochures and latest updates 24/7.

Recreation Volunteers help keep our facilities clean and safe. We thank Mr. Tyler Nims for his help to keep the recreation center in tip top shape.

Join us this summer on one of our many programs, trips or special events. Enjoy a relaxing Sunday evening at one of our concerts on the Green, or build your castle in the sand at our annual sandcastle / sculpture contest at Rexhame Beach. Want to learn more about the Marshfield Recreation Department, its programs, opportunities, and plans for the future? Our staff would be happy to address your group or organization to share our vision.

Have a great summer and remember, "Don't Hesitate, Recreate!"

Sincerely,

Ned Bangs, CPRP
Recreation Director

MARSHFIELD RECREATION DEPARTMENT WHO WE ARE AND WHAT WE DO

The Marshfield Recreation Department was established by Town Meeting in 1958 with the purpose of conducting and promoting recreation, play, sports, and physical education. The Recreation Department plans, organizes, promotes, and provides worthwhile leisure programs and facilities to serve the physical, emotional, and social needs of the residents of our community, regardless of one's ability.

The Recreation Commission is comprised of Marshfield residents, seven full members and two alternates, who are appointed by the Marshfield Board of Selectmen. The Commission is a policy and active board responsible to the town for providing year-round, high-quality indoor and outdoor recreation activities for town residents. The Commission meets regularly to review policy, programs and procedures. Community attendance and input regarding programs and facilities is welcome! The Recreation Commission welcomes volunteers who are interested in promoting the planning of programs for all Marshfield residents. Call us at (781) 834-5543 to see how you can help!

DEPARTMENT OBJECTIVES

Coordinate recreational activities with the school department, youth groups, youth sports programs, and senior citizens groups.

Involve as sponsors of recreation special interest groups, business organizations, neighborhood groups, professional groups and news media who are interested in helping improve Marshfield.

Better utilize and upgrade parks, ball fields, and conservation land.

Better utilize, protect, preserve, and beautify Marshfield's beaches.

Establish new programs as self-supporting and explore ways of generating additional revenue through grants, donations and fundraising.

RECREATION STAFF

Recreation activities are coordinated through our office, which is staffed by one full-time director and one 24-hour-a-week administrative assistant.

The Recreation Department strives to hire the best-qualified individuals possible to staff and instruct our many programs. The Town of Marshfield performs back ground record checks on paid staff and program volunteers. Our department presently uses job applications, personal interviews and reference checks as part of our screening process. The C.O.R.I. will further assist us in screening prospective employees.

In all instances we will do everything possible to provide a positive learning experience and offer a safe, secure environment for your child. The Recreation Department strives to offer community programs which are within budget limitations. All Recreation Department programs are self-supporting. The fees charged for programs cover the cost of operation of the program, such as instructor salaries and materials.

Program instructors and part-time employees are hired on a seasonal basis. If you are interested in offering a program, please contact our office.

Registration Procedure:

You may use the enclosed form for all family members. All fees are payable at the time of registration. Go Green, save time and register on-line. Late registrations pay full fee, no pro-rating.

A person is considered registered when payment: including credit card, check (payable to Town of Marshfield) or cash, accompanied by a completed registration form is received by the Recreation Department.

Non-Resident Registration:

Recreation programs will be open to non-residents on a space available basis. Registrations will be accepted starting Friday, April 18, at 8:30 a.m.

Program Information

Regular outdoor programs will not be held during periods of inclement weather. Program cancellations will be e-mailed to you directly. A notice will also be placed on our voice mail.

If you have a question call the Recreation Department. All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes missed due to participants' inability to attend.

Photo Policy

Unless otherwise notified, the Recreation Department reserves the right to photograph program participants for publicity purposes for flyers, brochures and our web page.

Wait List

Waiting List will be available **On-Line**. No Payment / No charge to add yourself to the Wait List. **By Mail** - when a program is full you will be notified via email and placed on a wait list. Your payment will be credited to your account. Call if you wish a refund. Refunds take 3 – 4 weeks to process. If openings become available, we go to the wait list to fill the class.

Refund Guidelines

Our programs are supported by participant fees. If you cancel from a program you must do so at least 5 business days before a program begins for a refund, minus the administrative fee. Refunds will not be granted after the start of the second class except for medical reasons and with a doctor's note. Requests for refunds must be in writing. Refunds may take 3 – 4 weeks for processing. Canceled classes due to low enrollment will be fully refunded.

If you cancel from a program for which the Recreation Department has incurred expenses on your behalf, any refund will be reduced by the amount of the expenses incurred.

There are no refunds on trips unless a replacement can be found.

An administrative fee of \$10.00 will be retained per person, per program.

E-Mail

Please keep your E-Mail address updated as most of our communications for program cancellations, changes, etc. are handled via e-mail. We don't want you to miss something important!

Easy Registration Process

1. If Mail or Walk In, use one form per family (photocopy extra forms if needed)
2. Include one check, payable to Town of Marshfield, to cover all program costs.
3. Fill out registration form completely and accurately so that all your information will be recorded correctly. Read all registration guidelines and course information.
4. Insert completed registration form and check into an envelope and mail to:
Marshfield Recreation Department
900 Ferry Street
Marshfield, MA, 02050
5. Please provide a current e-mail address for confirmations/receipts.
6. Walk In and Mail In registration begins Saturday, April 5, 3:00 - 5:00 p .m.
7. On Line starts April 7, 10:00 a.m.

On-Line Program Registration

We encourage on-line registration. Shop for all your leisure needs 24/7 from home!

“Helping Hand” Scholarship Fund

Fee-based programs can create a financial hardship for some families. We believe that public recreation is important and serves to improve the quality of life for individuals and the community alike. If you would like to contribute to the “Helping Hand” fund, please refer to the program registration form in this brochure.

Financial Assistance

Marshfield residents unable to participate in programs due to financial reasons may qualify for financial assistance, consideration upon written request. Scholarships and payment plans are available on a case-by-case basis. Contact the Recreation Department immediately to request financial assistance. Register in person or by mail. The on-line option is not available at this time.

Code of Conduct

Proper behavior by all program participants is expected at all times. Participants shall show respect to peers and staff, refrain from foul language, and be respectful of equipment, supplies, and facilities. The Recreation Department reserves the right to terminate individuals who cannot exhibit proper behavior.

REGISTRATION INFORMATION

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On-Line - By Mail - In Person

People often ask “What is the best way to register to guarantee getting into a program?” There is no way to “guarantee” you get in a certain program. Remember, the program (s) that you are interested in will be of interest to many others. Choose the method most comfortable to you, and if a spot is not available please place your name on the wait list. In the event there are any changes we will contact you. No payment is collected if you are placed on a wait list. We suggest that you register for the program (s) you want as soon as possible. On-line Registration 24/7 is the PREFERRED METHOD and STRONGLY RECOMMENDED. Register from the comfort of your home, or a friends, or during a break at work. When you register on-line you will receive a receipt of your transaction. We also accept Mail In and Walk In registrations. Registration may be limited due to subject matter, space limitations and leadership ratio. We accept Cash, Check, Credit Card, (Master Card, Visa, Discover Card) and electronic check, (ACH). **Please Note:** *The bank charges a 3% convenience fee for credit/debit transactions. The bank charges a .25 cent fee for electronic check transactions.* If you have a question don't hesitate to call the office, 781-834-5543. Our recreation staff will be glad to help you during regular business hours.

**Marshfield Recreation Department Registration is ON-LINE starting April 7th, at 10:00 a.m.
Okay, so how does this work??**

Registration is on a first come - first served process.

Go to the Marshfield Recreation Department Website

www.townofmarshfield.org/government-departments-recreation.htm

- * **Click "On-line Registration."** You will go to the **Activity Registration Page.**
- * **There will be 5 easy to follow steps. Follow the prompts to set up a family account, include parents!**
- * **You will be prompted at the end to cash out or add more to cart, if you want to register more programs for that individual, continue to do so (their personal information will remain in all the original fields.)**
- * **When prompted to cash out or add more to cart and you would like to register another member of your family, BE SURE TO CHANGE name, sex (if needed), and birth date to reflect the next family member accurately.**
- * **Some of our programs have multiple ages, sessions and times, so please be sure to choose the right age, grade, session and time.**
- * **Before finalizing your transaction, please check to be sure you registered for what you wanted.**
- * **Print out your receipt/waiver at conclusion of registration if you like. Confirmations are emailed.**

AGE OF PARTICIPANTS - Participants must be the noted age by the first day of the session in which they are enrolled. **Birth certificates OR physicals** are required for ALL children age 5 and under. Bring or mail a copy to the Recreation Office to have it recorded. This is a one-time only requirement. Registrations are not complete without a birth certificate or physical. If born while living in Marshfield, parents/guardians can obtain a copy at the Marshfield Town Clerk's Office.

Wish List: *Let us help you clean out your closet, attic, cellar or garage!!*

Our department continues to look for additional equipment, supplies and expendables to enhance our community programs and facilities. Tennis balls, Nerf and playground balls, chess and or checker games, pencils, markers, plastic tablecloths, poster paper, rulers, scissors, gym, crayons, glue an iron and craft materials are some of the items that we can always use.

If you or your children have outgrown any of the above, and the items are in good condition, give us a call. **Please do not leave items outside the Recreation Center or our Child Care Center at 14 Library Plaza.**

Shop Locally, Shop Marshfield Recreation. Check back often as we continue to add new programs

SOMETHING FOR EVERYONE!

Page 8

The Marshfield Recreation Department offers programs, trips and special events year round. Our Community Brochure is published seasonally and provides information on our Fall, Winter/Spring and Summer programs (September, January, April). Save time and Go Green by registering for programs on-line! A limited number of brochures are available at the Town Hall, Ventress Memorial Library, Denny's Barber Shop, Molisse Realty Group and Seaside Homes of Marshfield. To locate the brochure on our website, google Marshfield Recreation. Additional program information is published in the Patriot Ledger, Marshfield Mariner, The Marshfield News.com and the Community Cable Channel

Volunteers/Interns

Volunteers assist in the office and may help with phone calls, program inquiries, marketing, fundraising and the business aspects of the department. Our site at Coast Guard Hill has many outdoor opportunities for volunteers, including gardening, masonry, landscaping, grass trimming, etc. Consider sharing your time, skills and knowledge with your local recreation department. A few hours a week can make a difference! Students who are seeking community service hours or community groups/organizations or individuals are encouraged to discuss how they may improve community programs/facilities through partnerships.

One person *can* make a difference — *you* can make a difference!!

Don't Let A Good Program Die!!

Nothing kills a good program better than putting off registration until the last minute. All Recreation Department programs require a minimum number of participants to run successfully. Our programs require a high level of coordination including facility scheduling, staffing, and volunteer recruitment. Undersubscribed programs will be cancelled.

Don't procrastinate — participate!

Gift Certificates Available!

Can't think of what to give the person who has it all? Give the gift of recreation! Recreation Department gift certificates are perfect for birthdays, holidays, or any occasion. Call us at (781) 834-5543 and our staff will design a certificate to meet your needs.

Program Updates

Any changes to the brochure, including updates to our summer offerings (dates, times, cost, etc.) will be posted to the website as they happen. As always, if you have any questions, please do not hesitate to contact the office.

E-mail List!

Join our e-mail list and receive up-to-date information on programs, registrations, jobs and other important news. In your household account select Opt-In. It is easy to subscribe, you will stay current with latest events and best of all it is FREE! When you register for a program include your email address and choose Opt In.

Find A Mistake!

Some people love to find errors, so we included a few in this brochure! A Recreation Department sweatshirt and mug will be awarded to the first caller to correctly notify us of an error. Limited to one (1) winner per brochure. The winner's name will be posted in an updated version of our summer community brochure and press release.

After Hours?

Stop by the office after hours, on your way to or from work, or on a weekend? Don't worry, you can drop off your program payment, registration fee or other paperwork in our convenient drop box, located next to the front door! 24/7

Returned Checks

Please note: There is a charge of \$25.00 for any returned check.

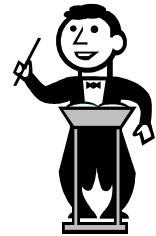
SUMMER CONCERT AND ENTERTAINMENT SERIES ON THE GREENS

Enjoy the summer sounds as we continue with this community tradition. The performances will be held on the Town Green, adjacent to the Marshfield Town Hall and at the Village at Proprietors Green, Proprietors Way.

Audience members are encouraged to bring lawn chairs or blankets, as well as snacks and picnic baskets, (no alcohol) to complete the outdoor concert experience, and enjoy the summer sounds. The Sunday evening concerts will be held weather permitting. In case of rain we will attempt to reschedule the performance. For scheduling changes due to weather conditions listen to WATD 95.9 FM.

July 13 THE NOWHEREMEN (Town Green, Town Hall)

6:00 p.m. Founded in a Cambridge coffee shop during a peace rally on a rainy afternoon in 2007, Boston's feistiest Beatles band will have you dancing and singing. They kicked off 2007 by rocking out Governor Patrick's Inaugural Ball, and recently played at Ringo Starr's Harvard Square art gallery opening. The quartet remains faithful to the Fab Four's concept of three guitars up front with cuddly drummer in back. Absolutely no digital gimmickry or taped backup is used. Celebrating the 50th anniversary of the Beatles first visit to America, A splendid time is guaranteed for all.



July 20 SIOBHAN MAGNUS BAND (Town Green, Town Hall)

6:00 p.m. A season 9 American Idol finalist, this Barnstable, MA native started singing in the fourth grade. Siobhan the Artist always stood out visually and vocally. Several national television performances and a busy live performance schedule supporting her own solo album are keeping the Idol fans interested and garnering new attention. Marshfield Recreation first saw and heard Siobhan perform with the Boston Pops at the annual Pops By the Sea in 2013 with updated versions of the Patti Page classic "Old Cape Cod" and the Rolling Stones favorite "Paint It Black". With unmatched vocals and theatrics, Siobhan leaves her fans fully entertained.



July 27 FAMILY NIGHT (Town Green, Town Hall)

5:00 p.m. Kick off the night with a family entertainer, T.B.A. . **At 6:00 p.m.** we will welcome local favorites, **The Infractions**. This top-notch group and a local favorite return to the Town Green. Listen as they play hits from the 50's and 60's, Motown, R&B, Reggae, Swing Classic Ballads and more! Plan to arrive early and bring the kids so they can join in the traditional children's All Star Review! Meet the members of the Recreation Commission and staff and enjoy something tasty from our grill.

We appreciate the continuing assistance of the Board of Selectmen and the Department of Public Works. The use of the Town Green is through the courtesy of the Marshfield Historical Commission.

August 3 THE FATHOMS (Proprietors Green)

6:00 p.m. The Fathoms (a modern day surf band) formed around 1996 and were an offshoot of a popular local Rock-a-Billy band, The Cranktones. The Fathoms have been touted as one of the best modern examples of instrumental surf music which had it's heyday back in the early 1960s. The Fathoms have recorded three full length cds of original surf tunes written by Frankie Blandino "Fathomless", "Overboard" and "Fathom This". Some of these tunes have appeared in several films most notably " Psycho Beach Party". The latest incarnation of the band features Frankie Blandino (lead guitar) Rob Amaral (rhythm guitar) Steve McCrossan (bass) and Neil Curran (drums).

This series is supported in part by a grant from the Marshfield Cultural Council, a local agency supported by the Massachusetts Cultural Council, a state agency, donations and sponsorships.

* Family Night is supported in part by Shaw's Supermarkets.

Friends of the Concert and Entertainment Series

If you or your business would like to help sponsor an evening on the Town Green, please contact the Recreation Department (781) 834-5543, or e-mail nbangs@townofmarshfield.org.

TRIPS / OUTINGS

THE BOSTON POPS

“The very best of the Boston Pops”

WHO: All (students welcome with an adult)

WHEN: Tuesday, May 27, 2014

WHERE: Symphony Hall, Boston

FEE: \$65.00 p.p. **On Reg. Form:** Boston Pops

One of Arthur Fiedler’s many innovations was his strong emphasis on music of American composers such as Bernstein, Copland and Ellington. Rounding out the program will be Familiar movie tunes by John Williams. The May 27 performance will feature the Arthur Fiedler Concert, a heartfelt tribute to the legendary conductor whose name was the Boston Pops for nearly 50 years

This annual outing is sure to be a quick sell out and not to be missed. Reserve your tickets now. The bus will leave from the Recreation Child Care Center at 6:00 p.m. and return by 11:00 p.m.



Keith Lockhart, Conductor

BOSTON RED SOX

WHO: All (students welcome with an adult)

WHEN: Saturday, June 28, 2014

WHERE: Yankee Stadium

FEE: \$139.00 p.p.

On Reg. Form List: date and trip



Enjoy this opportunity to watch the World Champion Boston Red Sox take on the New York Yankees at beautiful Yankee Stadium. We will have reserved seating as we watch Big Papi and friends strive for another world championship. If you missed the trip last fall, you will not want to miss this one. We will leave late morning and arrive in time to enjoy Monument Park and pre-game warm ups.

We’ll sit back and watch the game from our reserved seats as the Yankees and Red Sox take the field at 7:10 p.m. After a well deserved victory we will hop on the bus for the ride home.

Tickets are limited and sure to sell out.

Celebration Tours

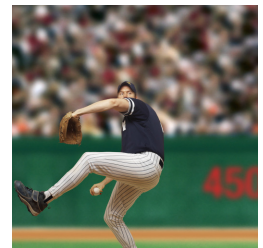
COOPERSTOWN NY

Hall of Fame Introduction of Tom Glavine, Billerica, MA.

WHO: All (students welcome with an adult)

WHEN: July 25 - 27, 2014

WHERE: Baseball Hall of Fame, Cooperstown NY **On Reg. Form List:** program and dates



Round trip via deluxe motor coach, 2 nights accommodation at the Best Western Sovereign or similar, Albany, NY, full American breakfast at the hotel, Admission to BHOF and more! 1995 World Series MVP, four world series appearances, number 47 retired by Atlanta Braes in 2010.

Twin	\$299.00 p.p.
Triple	\$289.00 p.p.
Quad	\$279.00 p.p.
Child (under 12) in room w/ 2 full pay adults	\$199.00 p.p.

Celebration Tours

Trip Policy - Participants are asked to meet at the designated location, Recreation Child Care Center, 14 Library Plaza, 15 minutes prior to scheduled departure time; once the bus arrives we will conduct attendance, review the trip, wait five (5) minutes and then leave. There are no refunds if you miss the bus. Students are welcome when accompanied by an adult. Tickets are not refunded unless someone can take your place.

NANTUCKET ISLAND

WHO: All (students welcome with an adult)

WHEN: Saturday, July 12, 2014

WHERE: Nantucket Island

FEE: \$79.00 p.p.

On Reg. Form List: date and trip



Nantucket is one of the premier vacation and fun spots in North America. Our luxury Silver Fox Coach will transport us from Marshfield at 7:30 a.m. to Hyannis where we will board Hy-Line's Exclusive First Class Cabin, where we'll enjoy complimentary Danish and coffee on a private deck. On island we'll have time to explore the shops, art galleries, great restaurants, whaling museums and sandy beaches. We will depart at 4:00 p.m., First Class, as we cruise back to the mainland. At 6:00 p.m. we will board the coach for the return trip to Marshfield.

If you enjoyed Martha's Vineyard last fall, you will love Nantucket. A sure sell out!

Fox Tours

LONG ISLAND DAY TRIP

WHO: All (students welcome with an adult)

WHEN: Saturday, September 27, 2014

WHERE: Long Island NY (farm and wine country)

FEE: \$129.00 p.p.

On Reg. Form List: date and trip

Long Island is home to over 40 vineyards and farms. We'll enjoy wine tours, tastings and the beautiful northern shores of the island. This day trip will include: Round trip deluxe motor-coach, Round trip ferry, (with bus) New London CT / Orient Point Long Island, sight seeing tour of the area, lunch (included at a local restaurant) Winery visit with tasting! and more.

The east coast produces some very fine wines. Enjoy this opportunity to sight see and expand your knowledge. We will leave early morning and late evening. Exact times available in September.

Celebration Tours

NEW HAMPSHIRE TURKEY TRAIN

WHO: All (students welcome with an adult)

WHEN: Sunday, October 12, 2014

WHERE: NEW HAMPSHIRE

FEE: \$72.00 p.p.

On Reg. Form List: dates and trip



Features luxury Silver Fox Motor Coach, scenic railroad viewing along Lake Winnepesaukee and dining with a full course lunch including: Hart's Turkey Farm Roast Turkey with whipped potatoes, butternut squash, beverage and an ice cream sundae. Upon return to the train station we will board the motor coach for local sightseeing and foliage viewing. We will have time to stop at the Moulton Farms Market where we can browse and purchase home baked goods or fresh fruit.

Depart from the Recreation Child Care Center, 14 Library Plaza 8:30 a.m. and return approx. 5:30 p.m.

Fox Tours

SPRING / SUMMER 2015 TRIPS

Many of our programs and trips are the result of participant requests. We are reviewing various spring and summer 2015 travel opportunities. If you have a trip which you enjoyed and you think that it may be popular let us know. We are always interested in hearing from you.

Trip Policy—Participants are asked to meet at the designated location, Recreation Child Care Center, 14 library Plaza, 15 minutes prior to scheduled departure time; once the bus arrives we will conduct attendance, review the trip, wait five (5) minutes and then leave. There are no refunds if you miss the bus. Students are welcome when accompanied by an adult. Tickets are not refunded unless someone can take your place.

LICENSED SCHOOL AGE PROGRAM

EXTENDED DAY PROGRAM

Pre-Registration 2014-2015 School Year

WHO: Boys and Girls, Grades K –5 (students new to the program)

WHEN: 2014-2015 school year **This program is MAIL IN only!**

WHERE: Martinson Elementary School

FEE: \$30 per student, non-refundable unless program is full.
(Mail In Only Pre-registration, starts Wednesday, June 4, 2014)

Licensed by The Department of Early Education and Care, for Marshfield students in grades K-5. The program operates during the school year, (including early Thursdays) from school dismissal until 6:00 p. m., from the first day of school until the last full day of school. The program is located at the Martinson Elementary School, 275 Forest Street. Students who attend the Martinson School are dismissed to the café. Students who attend neighboring schools are bussed from their respective school to the Martinson School.

Please indicate your child’s school, number of days and days preferred. Limited to 26 students per day.

****REGISTRATION FOR NEW STUDENTS
WILL BEGIN WEDNESDAY, June 5****

This program is MAIL IN only!

This program is MAIL IN only!

****Wait List information ****

On Reg. Form: List Pre-Reg. and the school your child will attend during the school day.

School	School
Martinson	Daniel Webster
Eames Way	South River
Governor Winslow	

Monthly cost, per person, 10% discount for the second child, same family:

One day a week, per month	\$ 111.00 month
Two days a week, per month	\$ 222.00 month
Three days a week, per month	\$ 233.00 month
Four days a week, per month	\$ 250.00 month
Five days a week, per month	\$ 270.00 month



School year activities include: monthly newsletter, homework assistance, arts & crafts, sports, table games, group activities, outdoor and indoor time, special events and student choice.

Separate December, February & April Vacation Clubs are offered to all Marshfield children in grades K through 5 at the Recreation Child Care Center, 14 Library Plaza for an additional fee based on demand.

STAFF: Supervised by experienced individuals who meet or exceed E.E.C. requirements. H.S. , college and older, certified in CPR and First Aid. Staff

student ratio not to exceed 1:13. All program staff receive professional training / development throughout the school year.

PRE - SCHOOL FUN

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EXPLORE POND LIFE/BUGS

WHO: Co-Ed, ages 4-6
WHEN: Session 1 July 7 - 11 (9:00 a.m.- 12:00 p.m.)
Session 2 July 7 - 11 (1:00 p.m. - 4:00 p.m.)
WHERE: Recreation Center - 900 Ferry Street
FEE: \$98.00 p. p. Min. 10 - Max. 12
On Reg. Form List [Program, Session, Date and Time](#)
STAFF: Ms. Kay Bilas, Lead Teacher for Pudding Hill Pre-School and Recreation Department Site Coordinator at the Martinson Elementary School, along with friendly guest staff and volunteers.

Learn about the life cycle of frogs, make pond creatures, go on a bug hunt, enjoy songs, finger play, and stories! Creative play as Kings and Queens, and the great, great west. Children should bring a healthy, peanut-free snack, drink and sneakers! Students must be toilet trained. Pre-school experience preferred.

EXPLORE BIRDS AND OCEAN CREATURES

WHO: Co-Ed, ages 4-6
WHEN: Session 1 July 14 - 18 (9:00 a.m. -12:00 p.m.)
Session 2 July 14 - 18 (1:00 p.m. - 4:00 p.m.)
WHERE: Recreation Center - 900 Ferry Street
FEE: \$98.00 p. p. Min. 10 - Max. 12
On Reg. Form List [Program, Session, Date and Time](#)
STAFF: Ms. Kay Bilas, Lead Teacher for Pudding Hill Pre-School and Recreation Department Site Coordinator at the Martinson Extended Day Program, along with friendly guest staff and volunteers.

Children will enjoy rhythm, songs, special creature snacks. And creative play as Pirates and Treasure Hunters. We will explore bird sounds and habitats. Children should bring a healthy, peanut-free snack, drink and sneakers! Students must be toilet trained. Pre-school experience preferred.

MOVEMENT, MUSIC AND MORE!

WHO: Co-Ed, ages 3-5
WHEN: Session 1: July 21-25 (9 a.m.-12 p.m.)
Session 2: July 28 - August 1 (9 a.m.-12 p.m.)
WHERE: Recreation Center - 900 Ferry Street
FEE: \$98.00 p. p. Min. 12 - Max. 15
On Reg. Form List [Program, Session, Date and Time](#)
STAFF: Recreation staff and friendly volunteers

Enjoy a morning of games, crafts, music, nature and more! Each day will have a theme and include a short story. Children will explore the marsh, woods and fields of Coast Guard Hill in a positive and supportive environment. Children should bring a healthy peanut-free snack, drink and sneakers. Students must be toilet trained.

Lil' GARDENERS

WHO: Co-Ed, ages 3-6
WHEN: August 4 - 8 (9 a.m.- 12 p.m.)
WHERE: Recreation Center - 900 Ferry Street
FEE: \$98.00 p. p. Min. 10 - Max. 12
On Reg. Form List [Program and Date](#)
STAFF: Ms. Heidi Gorham, a long-time Recreation staff, along with friendly guest staff and volunteers.

Celebrate the joy of gardening with Marshfield Recreation. We will use our very own Little People's organic gardens, a 4 x 8 foot raised-bed as well as a 2 x 2 multi level garden. The day will include songs, stories, garden activities, theme experiments, free play, snack, and actual work in the garden. Healthy eating habits will be discussed as the children learn the importance of "feeding" our plants with compost, and keeping them healthy by weeding and watering using water collected in our rain barrels. In addition, the children will create their very own mini-garden (sunflower or vegetable) to take home at the end of the week.

All materials will be provided. Children should plan to wear comfortable clothes and be ready to have some fun! Bring a healthy, peanut-free snack, drink and sneakers. Students must be toilet trained.

BUSY BEES

WHO: Co-Ed, ages 3-6
WHEN: Session 1 August 11-14 (9:00 a.m. -12:00 p.m.)
Session 2 August 18-21 (9:00 a.m.- 12:00 p.m.)
WHERE: Recreation Center - 900 Ferry Street
FEE: \$85.00 p. p. Min. 7 - Max. 9
On Reg. Form List [Program, Session, Date and Time](#)
*Sign up for both weeks, Cost \$130.00
If you register for two weeks, reg. by Mail or Walk In

STAFF Ms. Kim Bouressa, Daniel Webster School Special Education Teacher for the Marshfield Integrated Pre -School Program and long-time Recreation staff, along with friendly guest staff.



This program is designed for children ages 3-6 years old who have moderate to severe special needs and require intensive instruction, support and supervision to participate in recreation activities. Busy Bees gives your child the opportunity to exert their energy and learn new skills in a fun and safe environment. This is an active program that includes games, songs, activities, and a chance to discover nature within a highly structured program. All of the paid staff are trained in working with special needs children. **Please Note:** The site has a fenced-in play area.

**Special thanks to the Edwin Phillips Foundation for helping to underwrite this program.

BIG FISH, LITTLE FISH

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Add some extra fun to your summer, enjoy a morning of adventure and discovery with your child! Ecology programs at the Duxbury Bay Maritime School, 475 Washington Street, Duxbury, MA. These one day parent and student classes are offered by the good folks at the Duxbury Bay Maritime School. All classes include a hands-on lesson with a take home packet, theme related story, craft and snack. Classes are held rain or shine, so be prepared for the weather. (Please no younger siblings)

SHALL WE SHELLFISH

WHO: Co-Ed, ages 3-6 w/ Parent/Guardian
WHEN: Monday June 30 (10 a.m.-11:30 a.m.)
WHERE: Duxbury Beach across the bridge.
FEE: \$35.00 per child Min. 2 – Max. 5

On Reg. Form List Program and Date

STAFF: D.B.M.S. Teaching Staff

When the tide is out, creatures are about! Learn how to dig for clams and uncover the hidden mysteries of Duxbury Bay. Drive over the Powder Point Bridge, turn left and go to the end of the parking lot. Look for DBMS truck and ecology staff in green shirts.

SALT MARSH SECRETS

WHO: Co-Ed, ages 3-6 w/ Parent/Guardian
WHEN: Wednesday July 16, (10 a.m.-11:30 a.m.)
WHERE: 28 Crescent Street down a long dirt driveway.
FEE: \$35.00 per child Min. 2 – Max. 5

On Reg. Form List Program and Date

STAFF: D.B.M.S. Teaching Staff

Explore the wonders of Atlantic tide pools, home of horseshoe crabs, snails, sand dollars and more.

BEACON OF LIGHT

WHO: Co-Ed, ages 3-6 w/Parent/Guardian
WHEN: Tuesday July 29, (10 a.m.-11:30 a.m.)
WHERE: Duxbury Bay Maritime School, 457 Washington Street.
FEE: \$35.00 per child Min. 2 – Max. 5

On Reg. Form List Program and Date

STAFF: D.B.M.S. Teaching Staff

Go on a Bumpy ride across the bridge. Bring your own 4 wheel drive or carpool. Tour the lighthouse to the top and find out it's history. Drive to Powder Point Bridge & park on the left and look for DBMS Staff

LOVE A LOBSTER

WHO: Co-Ed, ages 3-6 w/ Parent/Guardian
WHEN: Wednesday June 25, (10 a.m.-11:30 a.m.)
WHERE: Duxbury Bay Maritime School, 457 Washington Street.
FEE: \$35.00 per child Min. 2 – Max. 5

On Reg. Form List Program and Date

STAFF: D.B.M.S. Teaching Staff

Take a boat ride, pull up a lobster trap and learn all about these creatures. Class meets at DBMS.

OYSTERS R US

WHO: Co-Ed, ages 3-6 w/ Parent/Guardian
WHEN: Tuesday July 22, (10 a.m.-11:30 a.m.)
WHERE: Duxbury Bay Maritime School, 457 Washington Street.
FEE: \$35.00 per child Min. 2 – Max. 5

On Reg. Form List Program and Date

STAFF: D.B.M.S. Teaching Staff

Take a boat ride and learn first-hand how an oyster is grown and harvested in Duxbury Bay. Class meets at DBMS.

SURPRISING SEA CREATURES

WHO: Co-Ed, ages 3-6 w/ Parent/Guardian
WHEN: Wednesday, August 6, (10 a.m.-11:30 a.m.)
WHERE: Duxbury Bay Maritime School, 457 Washington Street.
FEE: \$35.00 per child Min. 2 – Max. 5

On Reg. Form List Program and Date

STAFF: D.B.M.S. Teaching Staff

Meet the wonderful creatures that call the ocean home using our touch tanks. Class meets at DBMS.

GO GREEN - and save time. REGISTER ON-LINE

TOT JAM

WHO: Co-Ed, ages 2 - 3

WHEN: Mondays, July 7 - August 4
5:00 - 6:00 p.m. (5 weeks)

WHERE: Recreation Center - 900 Ferry Street
Mini Field, by the office

FEE: \$65.00 p.p.
Min. 8 - Max. 14

On Reg. Form List Program and Date

STAFF: Thundercat Staff will lead this program

Thundercat Sports mini version of our popular Sports Jam! In this program kids will participate with a parent or guardian. Sports include t-ball, soccer, basketball, softball, hockey, tag games, and kick ball. Basic skills and concepts will be taught, and the emphasis will be teaching kids the concept of playing a sport. Games and other activities sprinkled in include – finding the Nemo, Car Lot, You've Got Mail, Shark Attack, Thunder relays and more! This program is designed to be fun for both child and parent, and is an excellent bonding experience.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile and comfortable clothes to run around in.

KIDS FLAG AND TAG

WHO: Co-Ed, ages 4 - 6

WHEN: Monday, Tuesday and Wednesday
July 21 - 23, 12:00 - 3:00 p.m.

WHERE: Recreation Center, 900 Ferry Street

FEE: \$65.00 p.p. Min. 8 - Max. 14

On Reg. Form List Program and Date

STAFF: Thundercat Staff will lead this program

Why should big kids have all the fun? This program utilizes flag football flags in a variety of engaging, fun and creative tag games designed for kids ages 4-6. Capture the ball, Hunter-Bear-Park Ranger, and Moon Monster are just a few of the games we have designed to pique the interest of our younger age group. This program is great exercise, a great introduction to organized sports, and most of all lots of FUN! Children should bring a snack, water and comfortable clothes to run around in.

SPORTS JAM

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WHO: Co-Ed, ages 4 - 6

WHEN: Mondays, July 7 - August 4
6:00 - 7:00 p.m. (5 weeks)

WHERE: Recreation Center - 900 Ferry Street
Mini Field, by the building

FEE: \$65.00 p.p.
Min. 8 - Max. 14

On Reg. Form List Program and Date

STAFF: Thundercat Staff will lead this program

Play, play, and play some more...the ultimate multi-sport program! Basketball, T ball and soccer will be core sports in which some skills will be emphasized. But that's not all. Other sports mixed may include Volleyball, dodge ball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile and comfortable clothes to run around in.

LET'S IMAGINE

WHO: Co-Ed, ages 4 - 6

WHEN: Monday, Tuesday, Wednesday, Thursday
June 30 - July 3. 9:00 a.m. - 12:00 p.m.

WHERE: Recreation Center, 900 Ferry Street

FEE: \$82.00 p.p. Min. 10 - Max. 12

On Reg. Form List Program and Date

STAFF:Ms. Kay Bilas, Lead Teacher for Pudding Hill Pre-School and Recreation Department Site Coordinator at the Martinson Elementary School, along with friendly guest staff and volunteers.

Let imagine be your guide to the day. What if the three bears visited Goldie locks house? What if Gingerbread Man ran to your house? And the Itsy Bitsy Spider came to your house for dinner? What if we visited a worms house? Explore these and others through songs, stories, outdoor play and hikes.

KIDDIE CAT JAM

WHO: Co-Ed, ages 3 - 6

WHEN: June 23 - June 27, 9:00 a.m. - 12:00 p.m.
or 12:15 p.m. - 3:15 p.m.

WHERE: Recreation Center - 900 Ferry Street
(field at the bottom of the hill)

FEE: \$105.00 p. p. Min. 8 - Max. 15

On Reg. Form List Program, Date and Time

STAFF Thundercat Staff will lead this program

Thundercat Sports mini version of our popular Sports Jam! Soccer will be a core sport played everyday in which basic skills will be emphasized. Other sports include t-ball, basketball, softee hockey, and kick ball. Games and other activities sprinkled in include – finding the Nemo, Sponge Bob tag, shark attack, thunder relays, Kiddie Cat Olympics, and more. Theme days, including Red Sox Day and Friday Fun Day, add to the excitement creating a non-competitive positive sports experience your child will love. Emphasis will be on basic skills, developing eye-hand coordination, teamwork, and FUN! Program is coed, and every participant receives a t-shirt.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile.

LITTLE KICKERS SOCCER

WHO: Co-Ed, ages 3 - 6

WHEN: Session 1, June 23 - June 26, Mon - Thurs
9:00 a.m.. - 10:00 a.m.

Session 2, July 21 - 24
9:00 a.m.. - 10:00 a.m.

WHERE: Recreation Center 900 Ferry Street
Meet at the field next to the office.

FEE: \$60.00 p.p.

Min. 10 – Max. 30 participants



On Reg. Form List Program, Session and Date

The Little Kickers program will be led by PTUSA's fully qualified and experienced international staff, and will provide players with a fun and safe introduction to the game of soccer allowing players to build self-esteem while falling in love with the game.

Wear sneakers, T shirt, and bring a bottle of water.

T BALL

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WHO: Co-Ed, ages 3 - 6

WHEN: June 30 – July 3, 9:00 a.m. - 12:00 p.m.

WHERE: Recreation Center - 900 Ferry Street
Mini Field, by the office

FEE: \$85.00 p. p. Min. 8 - Max. 16

On Reg. Form List Program, Date and Time

STAFF Thundercat Staff will lead this program

What better way to learn America's favorite pastime than with the enthusiastic coaches at Thundercat Sports! Kids in the T-ball program will be taught the basics of base-running, hitting, and fielding through fun and engaging games and activities. In between learning the skills, we will sprinkle in fun tag games and other physical activities to keep the kids engaged and having a blast. Red Sox day, and our end of the week Home Run Derby add to the fun! Program is co-ed and each participant receives a t-shirt.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile.



COMMUNITY PLAYGROUPO

DETAILS TO FOLLOW SOON!

WHO: Co-ed, ages 0-5

WHEN:

WHERE: Recreation Center, 900 Ferry Street

FEE: FREE* No cost, but you must register.

On Reg. Form List Program, Session and Date

Staff: Facilitated by Deb Worsh, Marshfield Public Schools
Early Childhood Outreach Coordinator

Sign Up with Deb Worsh

781-834-5043

dworsh@mpsd.org

Bring a healthy, peanut-free snack along with a water bottle or juice box and a smile.

LEARN TO SKATE

WHO: Co-Ed, ages 3 - 6

WHEN: Wednesdays, June 25 - August 13 4:00 p.m. – 4:40 p.m.

WHERE: Armstrong Arena (103 long Pond Road) Plymouth

FEE: \$109.00 p.p. (8 weeks)

On Reg. Form List Program, Date and Time

STAFF FMC Sports Staff

Instructors use songs, games, toys and other fun methods to cater to the learning styles and development of young skaters. 3 to 4 year olds are separated from 5 to 6 year olds initially in Pre Tot, but are grouped together as they advanced through the Tot levels. 6 year olds have the option to begin in Youth 1. Classes include 25-30 minutes of group instruction and 10-15 minutes of supervised play time.



PREREQUISITE: Skaters must be at least 3 years of age and potty trained. A helmet, such as a bike helmet or HECC helmet is required.

Pre Tot (Beginners ages 3-4)

Tot 1 (Beginners, ages 5-6, and 3-4 year olds who have passed Pre Tot)

BE PREPARED FOR CLASS

- Arrive 15-20 minutes prior to the class start time
- A Helmet, such as a bike helmet or HECC helmet is required
- Wear warm, comfortable layers that allow for movement, long sleeves & pants, gloves or mittens
- Rental skates are available on a first-come, first-served basis and are included in the class fee
- You are welcome to bring your own skates although double blade skates are not permitted

HORSEBACK RIDING CLINIC

WHO: Family and Friends

WHEN: Saturday, May 3rd 2:00 p.m. - 3:30 p.m. (www.furnacebrookfarm.com)

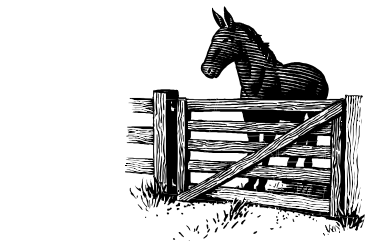
WHERE: Furnace Brook Farm
253 Sandy Hill Drive, Marshfield

FEE: \$5.00 per family **On Reg. Form:** List Program, Date, and Time

INSTRUCTOR: Ms. Erin Van Steenburgh is a Massachusetts Licensed Riding Instructor who holds two national titles.

Learn about riding styles and forms, types of horses, ponies, care, feeding, grooming, and expenses. Enjoy a riding demonstration and perhaps more! Minimum of 5 and maximum of 15 participants. Remember to bring your camera!!

Look for riding lessons this may and June. Details to follow!



This program is held rain or shine.

MUNCHKIN TENNIS

WHO: Co-Ed, ages 4 - 6

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WHEN: Session 1, June 23-26, M-TH, 9:00 - 10:00 a.m.
Session 2, June 30-July 3, M-TH, 9:00 - 10:00 a.m.
Session 3, July 7 - 10, M - TH, 9:00 - 10:00 a.m.
Session 4 July 14 - 17, M - TH, 9:00 - 10:00 a.m.
Session 5 July 21 - 24, M - TH, 9:00 - 10:00 a.m.
(Friday reserved for rain make up)

WHERE: Marshfield High Tennis Courts

FEE: 25.00 per person
Min. 6 - Max. 12 per class

On Reg. Form List Program, Date and Time

STAFF: Members of the MHS Tennis Team
Staff training provided by Mr. Gary Pina,
President of USTA New England and his staff.

Our younger students will be exposed to the life long sport of tennis. We'll use a smaller court area, larger racquets and balls will increase success and skill development. Our instruction will focus on skill introduction, volleying and games in a positive and supportive environment.



Please dress for the weather. A hat, water bottle and Sun Block will be helpful. No racquet no problem we will provide one.

YOUTH PROGRAMS

HORSE CAMP

WHO: Co-Ed, ages 5 - 14

WHEN: Mon., thru Fri. 9:00a.m. - 12:00p.m.
Session 1: June 23 - 27
Session 2: July 28 - August 1
Session 3: August 4- 8

Furnace Brook Farm is a Massachusetts Licensed Riding Stable and Furnace Brook Horsemanship Camp is licensed through the State of Massachusetts as well as the Marshfield Board of Health.

WHERE: Furnace Brook Farm, 253 Sandy Hill Drive **Fee:** \$300.00 **Min.1 - Max. 12** per session

On Reg. Form List Program, Date, and Session

Instructors: Erin Van Steenburgh and FBF Staff

The summer horse camp is offered to children ages 5 and up. During this week long program participants will learn about the daily care, grooming, and horse safety, as well as tacking up the horse to ride. Each camper receives a private riding lesson each day of camp with a licensed riding instructor and veteran horse. A great introduction to the fun of horses and riding! Campers are encouraged to bring shorts to change into and a water bottle. Long pants and heeled boots must be worn. Helmets are provided as well as snack. (snacks are peanut free).



Please Note: Camps require a copy of the most recent physical and immunization dated within the past 24 months. Bring forms to FBF on the first day. If you do not have the form your child will not be allow to attend the program.

TRIPLE THREAT BASKETBALL CLINIC

WHO: Co-Ed entering grades 1 - 3

WHEN: Mon. - Thurs., July 28 - July 31
9:30 a.m. - 11:15 a.m.

WHERE: Daniel Webster School

FEE: \$100.00 p. p. Max. 20 players

On Reg. Form List Program, Time and Date

INSTRUCTOR: Mark Molloy is a teacher and coach with over 20 years of high school basketball coaching experience, 17 years as the varsity basketball coach at Hanover High School. His programs focus on FUN and fundamentals.

Instruction will focus on teaching age-appropriate basketball skills. Fundamentals covered will include dribbling, ball handling, passing, shooting, and defense. Players of all skill levels can benefit from the instruction. Each player will receive a ball and T shirt.

Players should bring a bottle of water and a peanut free snack!

Limited to 20 players.



TRIPLE THREAT BASKETBALL CLINIC II

WHO: Co-Ed, entering grades 4 - 6

WHEN: Mon. - Thurs., July 28 - July 31
11:30 a.m. - 2:00 p.m.

WHERE: Daniel Webster School

FEE: \$100.00 p. p. Max. 20 players

On Reg. Form List Program, Time and Date

INSTRUCTOR: Mark Molloy is a teacher and coach with over 20 years of high school basketball coaching experience, 17 years as the varsity basketball coach at Hanover High School. His programs focus on FUN and fundamentals.

Instruction will focus on teaching age-appropriate basketball skills. Fundamentals covered will include dribbling, ball handling, passing, shooting, and defense. Players of all skill levels can benefit from the instruction. Each player will receive a ball and T shirt.

Players should bring a bottle of water and a peanut free snack!

Limited to 20 players.



FAMOUS "LIL" CHEFS

WHO: Co-Ed, ages 5 - 11
WHEN: Saturday, June 21
3:00 p.m. - 4:30 p.m.
WHERE: Marshfield Famous Pizza
1941 Ocean Street
"Where pizza is fine art"
FEE: \$8.00 per person Min. 8 Max. 10

On Reg. Form List Program, Time and Date

STAFF: Mr. Joe Bakleh, Owner of Marshfield Famous Pizza and select crew members.

Put your chef hats on and create your very own personal pizza. Use your creativity to Make It, Bake It and then Eat It! Juice, soda and pizza toppings included. Be sure to bring a camera so you can take a photo of your masterpiece!

Please note: Children must be accompanied by a parent /guardian. No child may attend by him/herself. Parents attend FREE!

www.marshfieldfamous.com



YOGA KIDS

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WHO: Co-Ed, ages 6 -11
WHEN: July 21 - 25 (9:00 am - 12:00 pm)
WHERE: Recreation Child Care Center, 14 Library Plaza
FEE: \$95.00 p.p. Min. 6 - Max. 10

STAFF: Laura McGrath, LCSW, YKA.

Laura has over 13 years of experience working with children and teens in clinical settings and she has been teaching yoga classes locally at Pudding Hill Preschool throughout the 2013-2014 school year and privately since June of 2013. Laura is passionate about helping children to discover and embrace their best inner selves.

Yoga Kids is a fun interactive program that uses a combination of classic poses, cooperative games, relaxation techniques, music and crafts to explore the art of Yoga. The goal is to help kids connect their bodies and minds to experience a natural state of fitness, confidence and inner calm. Throughout the week, the kids will create a Yoga Toolbox filled with props and activities that they can bring home on the last day to continue their Yoga practice at home. Not only will the kids have a blast, but the skills they will learn will serve them throughout their entire lives!

Mats and all materials will be provided. Kids should wear comfortable clothes and bring a water bottle and a healthy peanut free snack.



SPRING GOLF

WHO: Co-ed, ages 7 - 15 **WHEN:** Wednesdays, May 21 - June 18, 6:30 - 7:30 p.m. (5 weeks)

WHEN: Wednesdays, May 21 - June 18, 6:30 - 7:30 p.m. (5 weeks) **FEE:** \$80.00 per person

WHERE: Coast Guard Hill, 900 Ferry Street Min. 8 Max. 12 **On Reg. Form:** List Program, Date, and Time

INSTRUCTOR: Courtney Lee - is a PGA player and has been teaching since 2007. Courtney played four years of varsity golf at Notre Dame Academy in Hingham, (team Captain during her junior and senior years). Courtney was the Boston Globe player of the year her senior year and has been an assist coach at N.D.A. the past two years. She currently works at Sandbaggers and Waverly Oaks golf clubs.

Beginner and intermediate instruction offered each night. This five-week learn-to-golf program includes etiquette, equipment, putting, chipping, full swings, end of season tournament and more. Sneakers or golf shoes required, t-shirt or collar shirt, no tank tops. Bring your clubs, limited supply available.

Shop locally, save time, money and gas. Register On-Line

SKATEBOARD LESSONS

WHO: Co-Ed, ages 5 - 11

WHEN: Mon. - Thurs.
9:00 a.m. - 11:00 a.m.
9:30 a.m. - 11:30 a.m. 8/4, 8/11



WHERE: Uncle Bud Skate park

FEE: \$80.00 p. p. Limit of 12 students per class

On Reg. Form List Program, Level and Session
Mixed classes, students will be evaluated and placed appropriate level. Note experience on form

SESSION	DATE
1	July 7-10
2	July 14-17
3	July 21-24
4	July 28 - 31
5	August 4 - 7
6	August 11-14
7	August 18- 21

Beginner - The focus will be on how to push, turn Ollie, kick-turn and the basics of ramp skating.

Intermediate - Students will build on the basics and focus on taking their skills to the next level, learning tricks on various obstacles like rails, boxes, ramps and half pipes.

Thursday: Olympics, skateboard workshop and cheese pizza party.

Practice what you learn, with the optional **Parent Supervised** after-class group "Free Skate" 11:00 - 11:30 a.m.

Required: Skateboard, helmet, healthy drink and Peanut Free snack. Elbow pads and knee pads are recommended.

No equipment, no problem, Rentals (board, helmet and elbow pads) available for \$35.00 p.p.

If rain cancels, make up is Friday, same time.

STAFF: Members of Luminate Surf & Skate Shop.
If weather cancels, make up will be on Friday

Look for expanded clinics in the Fall!

TEN AND UNDER TENNIS Page 20

WHO: Co-Ed, ages 7 - 10

WHEN: Session 1, June 23 - 26, M-TH, 10:10 - 11:10 a.m.
Session 2, June 30 - July 3, M-TH, 10:10 - 11:10 a.m.
Session 3, July 7 - 10, M - TH, 10:10 - 11:10 a.m.
Session 4 July 14 - 17, M - TH, 10:10 - 11:10 a.m.
Session 5 July 21 - 24, M - TH, 10:10 - 11:10 a.m.
(Friday reserved for rain make up)

WHERE: Marshfield High Tennis Courts

FEE: \$25.00 p. p. Min. 6 - Max 12

On Reg. Form List Program and Date

STAFF: Members of the MHS Tennis Team
Staff training provided by Mr. Gary Pina, President of USTA New England and his staff.

10 and Under Tennis is structured for kids to learn tennis and rally and play quickly in a way that is enjoyable and fun. Equipment and courts are sized appropriately and this makes the game more accessible and FUN by allowing kids to get involved right from the start.

Within the first hours of stepping on the court they are playing the game, rallying, learning the game and enjoying the game right from the start. Look for additional tennis programs this fall!

Hat, Water, and Sun Block will be helpful.
No racquet no problem we will provide one.

ROCKET SCIENCE

WHO: Co-Ed, entering grades 1 - 5

WHEN: Monday, Tuesday, Wednesday and Thursday
June 30 - July 3, 9:00 a.m. - 12:00 p.m. (no class 7/4)

WHERE: Recreation Child Care Center, 14 Library Plaza

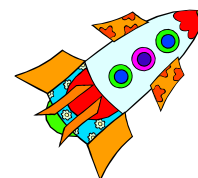
FEE: \$137.00 p. p. Min. 10 - Max. 20

On Reg. Form List Program, Time and Date

STAFF: Wicked Cool for Kids Staff

A perennial favorite with students! Kids will trail blaze their way to the stars and learn about space, rocketry and terraforming on alien planets. Build and launch a solid fuel scale model of the UP Aerospace SpaceLoft Rocket, a real rocket used by the world's only private space launch company.

Students will construct and launch their rocket on July 3rd.



ALL SPORTS WEEKS



WHO: Co-Ed, entering grades 1-5 Sept. 2014
WHEN: Mon.- Fri. 9:00 a.m.- 12:00 p.m.
WHERE: Martinson Elementary School gym and field

SESSION	DATE	FEE
1	June 23- June 27	\$95.00 p.p.
2	July 21 - July 25	\$95.00 p.p.
3	Aug 11- Aug 15	\$95.00 p.p.

On Reg. Form List Program, Session and Date

A week of the games you love to play: flag football, soccer, basketball, capture the flag, kickball, speed cup stacking, parachute and more! A variety of large group games will be played each day. Staff will stress good sportsmanship and fair play, while exposing students to new games. Wear sneakers. Bring plenty to drink, a healthy snack, sunscreen and lots of positive energy! **This is a peanut-free site.** Min. 32 - Max. 40 students per session.

Staff: Mr. Rick Wheaton, Martinson Elementary School Physical Education Instructor and H.S. Coach along with select fun guest staff.

DANIEL WEBSTER PLAYGROUND

Daniel Webster School



WHO: Co-ed, ages 5 - 11, (Must be 5 years old by July 1)

WHEN: Monday - Friday, 9:00 a.m. - 12:00 noon

WHERE: Daniel Webster School

FEE: \$80.00 p.p. for 1week session (9:00 a.m. - 12:00 p.m.)
 \$9.00 p.p. for 1 week of Morning Care (8:00 - 9:00 a.m.)
 \$20.00 p.p. for 1 week Extended Care (12:00 - 2:00 p.m.)

Sign up for weekly sessions as well as Before or After Care.
 Min. of 8 for Before Care. Min. of 10 After Care.

Trips! Trips are offered on Wednesdays

Session 1: Rexhame Beach
 Session 2: Bowling
 Session 3: Rexhame Beach
 Session 4: Bowling
 Session 5: Rexhame Beach

TUITION INCLUDES: One T-shirt (per summer) Field Trip, Pizza Day.

Please note T-shirt size on registration form. Youth L (14-16), Adult S (36-38), Adult M (40-42), Adult L (44-46).

SESSION	DATE	BEFORE CARE COST	CORE PROGRAM COST	AFTER CARE COST	TOTAL COST
1	July 7- July 11	\$9.00	\$80.00	\$20.00	
2	July 14 - July 18	\$9.00	\$80.00	\$20.00	
3	July 21 July 25	\$9.00	\$80.00	\$20.00	
4	July 28 August 1	\$9.00	\$80.00	\$20.00	
5	August 4 - August 8	\$9.00	\$80.00	\$20.00	

HULA HOOP CLINIC

Page 21

WHO: Co-Ed, ages 6 – 12

WHEN: Mondays, June 30th - July 28th (5 weeks)
 Beginners (first time in class) 6:00 p.m.
 Experienced (took one class with rec.) 7:00 p.m.

WHERE: Recreation Child Care Center, 14 Library Plaza

FEE: \$30.00 p.p. Min.4 - Max 10.

On Reg. Form: List Program, Days and Time

Instructor: Tiffany Hawco - MHS graduate and long time student of Hula Hooping. Tiffany has attended several Hula Hoop workshops, she makes her own hula hoops and if is often found hooping at the local beaches.

The hooping class will introduce and educate children as a method of fun and exercise with hula hoops. This is done through a series of work outs, dances, and games. Hula hooping is great for eye-hand coordination, and spatial awareness. If all people hula hoop we can be healthier and happier. So join us and lets start hooping.

Students should bring a water bottle and a positive attitude. Wear loose clothing, and bring a hula hoop. No hula hoop, worries, we will provide you with one.

Our Playground Staff: are certified in CPR and First Aid.

Staff include high school and college staff. Many of he staff are former playground participants. Staff/student Ratio not to exceed 1 to 10. Eager and fun volunteers (age 13-15) assist staff and students with daily activities.

FOOD: Each child brings his/her own healthy **Peanut-FREE** lunch/drink/snack.

ACTIVITIES: A daily schedule of planned activities will be offered, rain or shine each day. The schedule will include both active and quiet games, sports and crafts. Each session will offer special events, theme days, weekly Wednesday field trip and Friday pizza day. Limited to 25 students per session.

On Reg. Form List Program, Session, Before or After Care and Date

MINECRAFT MANIA

WHO: Co-Ed, entering grades 1 - 5

WHEN: June 23 - 27, 9:00 a.m. - 4:00 p.m.

WHERE: Recreation Child Care Center, 14 Library Plaza

FEE: 260.00 p.p. Min. 10 - Max. 20

On Reg. Form List Program, Session and Date

STAFF: Wicked Cool for Kids Program Staff

Marshfield Recreation is excited to introduce Minecraft Mania – a blend of virtual learning and companion hands-on activities that explore science and engineering using Minecraft.

Minecraft Mania lessons have both virtual and real world components covering geology, engineering, physics and biology. Students will learn about the properties of rocks and minerals and take home their own rock collection. Students will build sky scrapers and simple machines as well as plant their own crops in enjoyable experiential challenges.

JEDI ENGINEERING with LEGO®

WHO: Co-Ed, ages 5 - 7

WHEN: August 4 - 8, M - F
9:00 a.m. - 12:00 p.m.



WHERE: Recreation Child Care Center, 14 Library Plaza

FEE: \$138.00 p.p. Min. 10 - Max. 24

On Reg. Form List Program, Date and Time

STAFF: Play-Well TEKologies Program Staff

Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing and refining LEGO X-Wings, R2-units, and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets.

CHIRPY CRICKETS Page 22

WHO: Co-Ed, ages 6 - 15

WHEN: Session 1: August 11 - 14, 9:00 a.m.-12:00 p.m.
Session 2: August 18 - 21, 9:00 a.m.-12:00 p.m.

WHERE: Recreation Child Care Center
14 Library Plaza

FEE: \$85.00 p. p. Min. 5 - Max. 12

On Reg. Form List Program, Session and Date

*Sign up for both weeks. Cost \$130.00

If you register for two weeks, reg. by Mail or Walk In

STAFF: Recreation Staff , along with friendly guest staff and volunteers.

This program is designed for children ages 6-15 years old who have moderate to severe special needs and require intensive instruction, support and supervision to participate in recreation activities. C.C. gives your child the opportunity to exert their energy and learn new skills in a fun and safe environment. This is an active program that includes games, songs, activities and a chance to discover nature within a highly structured program. The students will enjoy the air conditioned class room and the new fully accessible community playground. All of the paid staff are trained in working with special needs children.

**Special thanks to the Edwin Phillips Foundation for helping to underwrite this program.

Plan to bring a healthy, **Peanut-Free** snack along with a water bottle or juice box.

ENGINEERING with LEGO®

WHO: Co-Ed, ages 8 - 11

WHEN: August 4 - 8, M - F, 1:00 p.m. – 4:00 p.m.

WHERE: Recreation Child Care Center, 14 Library Plaza

FEE: \$138.00 p.p. Min. 10 - Max. 24

On Reg. Form List Program, Date and Time

STAFF: Play-Well TEKologies Program Staff

Power up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battltrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.



KARATE KIDS

WHO: Co-Ed, Grades K thru 5
WHEN: Tuesday & Thursday 5:00 - 5:50 p.m.
June 24 - July 3 (4 Classes)
WHERE: Whidden's School of Fitness
822 Webster St., Marshfield
FEE: \$45.00 p. p. Min. 4 - Max. 12



On Reg. Form List Program and Date

Class focus is on basic self-protection skills, discipline, and athletic conditioning in a fun and creative atmosphere. Advancement is possible with continued study. The style of karate is Kempo. Uniform required, purchase at WSF for \$30.00. Arrive 15 minutes early to first class.

Instructor: Master Roger Whidden
Roger has been teaching Martial Arts since 1976. He has a black belt in Karate, a BS in Exercise Science, and MA's in Education and Counseling.

www.whiddenschool.com

Offered to NEW students only

FENCING

WHO: Co-Ed, ages 9 through Adult
WHEN: Monday through Friday, July 7 - July 11
WHERE: Daniel Webster School gym
FEE: \$110.00 p. p. Min. 6 - Max. 14



On Reg. Form List Program, Time and Date

New students: 9:00 a.m. - 11:00 a.m.
Previous experience: 11:10 a.m.-1:10 p.m.

Instructor: Jim Mullarkey

3MB stands for Three (3) Mullarkey Brothers, Jack, Ed, and Jim, who began fencing in 1763 in Peabody, MA. Over the years, they have won many events, including the New England Interscholastic Championships, New England Championship, North Atlantic Sectional Championships, and the USA National Championships. Join the sport of intelligence and skill. Build self-confidence, coordination and mental aspect of 1 on 1. Fun and safe. All equipment provided. Wear sneakers, t-shirt and sweat-pants, no shorts.

“LIVE, WORK, PLAY, MARSHFIELD”

KARATE KIDS

Page 23

WHO: Co Ed , Grades K - 8
WHEN: Saturday 9:00 - 9:50 a.m.
June 7 - 28 (4 classes)

WHERE: Whidden's School of Fitness, Inc.

On Reg. Form: List Program, Date, and Time
Min. 4 - Max. 12

FEE: \$45.00 per person (uniform required for safety, purchase at WSF for \$30.00)

INSTRUCTORS: Roger Whidden & Jocelyn Whidden

Classes will combine Yoga, basic self-protection, and cardio-Kung Fu conditioning in a fun and creative atmosphere. Advancement is possible with continued study. Please arrive 10 – 15 minutes early for the first class

www.whiddenschool.com

Offered to NEW students only

ARCHERY CLASS

WHO: Co-Ed, ages 8 to Adult
WHEN: Monday - Thursday, August 4 – 7
9:00 a.m. – 11:30 a.m.



WHERE: Marshfield Recreation Center, 900 Ferry Street
Meet at the bottom of Coast Guard Hill

FEE: \$109.00 per person
Min. 8 - Max. 20

On Reg. Form List Program and Date

Instructor: David McCarthy, USAA Certified Instructor

Hungry for some outdoor archery this summer?

Enjoy archery this summer with The Archery Center. Students learn the National Training System for Archery developed by Olympic Head Coach Kisik Lee with a certified instructor from The Archery Center. Have fun while learning proper form and improve your skills if you are a returning Archer. All equipment is provided.

Indoor Archery continues this fall at the Archery Center.

KLS TAEKWONDO

WHO: Co-Ed, ages 5-12

WHEN: **Session 1** Monday - Friday, June 2 - 30th
Ages 5 - 8, 4:15 p.m. - 5:00 p.m.
Ages 9 - 12, 5:00 p.m., - 5:55 p.m.

Session 2 Monday - Friday, July 1-31 (no class 7/4)
Ages 5 - 8, 4:15 p.m. - 5:00 p.m.
Ages 9 - 12, 5:00 p.m., - 5:55 p.m.

Session 3 Monday - Friday, August 1-29
Ages 5 - 8, 4:15 p.m. - 5:00 p.m.
Ages 9 - 12, 5:00 p.m., - 5:55 p.m.



WHERE: KLS Taekwondo, 26 Snow Road, Webster Square, (next to Shaw's/Star Market)

FEE: \$49.00 person Min. 1 - Max. 10 per class **On Reg. Form:** List Program, Session, Month, and Time

INSTRUCTOR: KLS Staff: Kiho Seo, Kimun Jeong, Dongwon Lee

This class is for **FIRST TIME STUDENTS to KLS**. Uniform: A clean T shirt / sweat shirt and or sweatpants or shorts
Parents are welcome to stay and watch from the viewing area. Students may attend as many days (M-F) as they wish during the month. Students may sign up for only one special month long class. After the month, sign up with KLS for additional instruction.
www.klstaekwondo.com for staff bios, directions and other program information

WICKED COOL VET SCHOOL

WHO: Boys and Girls entering grades 1 - 5

WHEN: Monday - Friday, July 7 - 11, 2014
9:00 a.m. - 12:00 p.m. Min. 4 - Max. 12.

WHERE: Recreation Child Care Center, 14 Library Plaza.

FEE: \$170.00 p.p.

On Reg. Form List Program and Date

INSTRUCTOR: Wicked Cool for Kids Staff

Do you know a kid who dreams of becoming a veterinarian? Grab a lab coat, animal lovers, as we learn about our favorite furry, flying and fishy friends! Make amazing animal models, build big bones and investigate animal intestines from our favorite vertebrates: birds, mammals, reptiles, amphibians and fish. Dissect an owl pellet to discover a predator's diet. We'll catch some invertebrates as we study insect exoskeletons and get into tiny worlds to look at animal cells and parasites. End the week with a featured live animal visit with tips for animal care and keeping pets healthy!



LEARN TO BE A BLACKSMITH

WHO: Boys and Girls ages 10 - 14

WHEN: Tuesday, July 22, 2014
9:00 a.m. - 11:30 a.m. Min. 4 - Max 8

WHERE: Heart and Hammer Blacksmith Shop
On the grounds of the Winslow House, Webster Street, Marshfield

FEE: 15.00 p.p.

On Reg. Form List: Blacksmith



INSTRUCTOR: Blacksmith Jim Fitzgerald has been offering blacksmithing demonstrations to school groups for over 20 years at the Heart and Hammer Blacksmith Shop on the grounds of the Historic Winslow House. Come join Jim for a morning of basic blacksmith training.

During this hand on class students will learn what it took to be a blacksmith and the many jobs and tools a blacksmith would use to serve the needs of Colonial Marshfield.

Students will have an opportunity to tour the Blacksmith Shop, become familiar with the tools and leave with a hand made souvenir of the day. Parents are welcome to attend the class and sample the tools at no additional cost.

Safety - Students could get burnt doing blacksmithing. Long pants and boots are required to work the forge.

Marshfield Recreation continues to respond to community wants and needs by offering program to meet this continued interest. Check out brochure and on-line for new programs and thank you for the suggestions. Keep them coming!

SAILING LESSONS

WHO: Co-Ed ages 8 & up, limit 12 students per class

WHEN: M, T, W, TH 9 a.m. - 12 p.m. or 1 p.m. - 4 p.m.

WHERE: Green Harbor Yacht Club

**** No Class ****

Friday, July 4

FEE: \$100.00 p. p., includes GHYC Sailing work book and certificate. ***All Day Sailing Week, cost is \$200.00 p.p.**

On Reg. Form List Program, Session, Time and Date



Session 1	Dates	Weekdays	Time
Beginner **	June 30 thru July 3	M thru TH	9 a.m. to 12 p.m.
Mixed **	June 30 thru July 3	M thru TH	1 p.m. to 4 p.m.
Session 2	Dates	Weekdays	Time
Mixed	July 7 thru 10	M thru TH	9 a.m. to 12 p.m.
Mixed	July 7 thru 10	M thru TH	1 p.m. to 4 p.m.
Session 3	Dates	Weekdays	Time
Mixed	July 14 thru 17	M thru TH	9 a.m. to 12 p.m.
Mixed	July 14 thru 17	M thru TH	1 p.m. to 4 p.m.
Session 4	Date	Weekdays	Time
<i>Intermediate*</i>	<i>July 21 thru July 24</i>	<i>M thru TH</i>	<i>9 a.m. to 4 p.m.</i>
Session 5	Date	Weekdays	Time
Mixed	July 28 thru 31	M thru TH	9 a.m. to 12 p.m.
Mixed	July 28 thru 31	M thru TH	1 p.m. to 4 p.m.
Session 6	Date	Weekdays	Time
<i>Mixed*</i>	<i>Aug 4 thru 7</i>	<i>M thru TH</i>	<i>9 a.m. to 4 p.m.</i>

Mixed Class

Beginners are in one boat. Intermediate & Advanced students are in separate boats.

STAFF:

Instructors are High School students and graduates, trained by GHYC Members.

Certified in First Aid and CPR

All participants must be able to swim 100 yards wearing a personal flotation device (PFD). Sneakers or boat shoes are required, bathing suit/nylon shorts recommended as you may get wet. Students provide their own U. S. Coast Guard approved PFD, (class III in good condition), along with a whistle and lanyard attached to your PFD. All staff and students shall wear a PFD while participating in the sailing program. Each boat, (Flying Scott) will have 1 instructor and up to 4-5 students. . Cool drinks (water), hat, and sunscreen are recommended. Classes will meet on all scheduled days. In the event of inclement weather, land instruction will be offered with demo boats. If two or more on-water classes are cancelled due to weather, instructor (s) will arrange make-up day.

Check In & Departure

Parent/guardian will drop off their sailor to the staff at the Sailing Barn at the beginning of class. Staff will dismiss sailors to parent/guardian from the Sailing Barn at the end of class. Staff will be available at this time to discuss sailor ability as well as any important class news.

Beginner: Student who is new to the GHYC sailing program. Instruction includes: basic boat & sails, running rigging, crew responsibility, safety on the water, boarding a boat, sailing checklist, exercises, limited tiller time and ending the sail.

Intermediate: Student who has taken beginner class before with the GHYC. Instruction includes: basic boat & sails, running rigging, crew responsibility, boarding a boat, sailing checklist, exercises, and ending the sail with some of the advanced instructions.

Advanced: Includes basic sailing techniques, sail trim, reading the wind, apparent and true wind, points of the sail, communications, stopping the boat, sailing a triangular course, rescue, man overboard, and sailing in confined waters.

* Sail ALL Day! *

During the weeks of July 21 and August 4 students will sail in the morning, stop for a brown bag lunch, (student provides a healthy, peanut-free lunch and drink) read sailing material, rest up or perhaps play a staff led game and then sail again in the afternoon. Bring a change of clothing, towel and or extra clothes depending on weather.

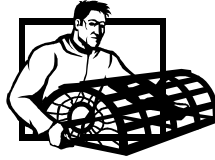
FIRST WAVE

WHO: Co-Ed, ages 7 - 9

WHEN: Monday through Friday, August 11-15
9:00 a.m. to 1:00 p.m.

WHERE: Duxbury Bay Maritime School
457 Washington Street, Duxbury

FEE: \$295.00 p. p.
Min. 2 - Max. 3



On Reg. Form List Program and Date

STAFF: D.B.M.S. Teaching Staff
First Wave incorporates field studies, lab experiments, games and hands-on activities focused on both marine ecology and environmental awareness. First wave is taught by two instructors and utilizes a fifteen passenger van, which allows the class to become completely mobile. Field trips may include outings to Duxbury Beach, the salt marsh, or on one of DBMS's skiffs to pull a lobster trap!

Ecology programs meet rain or shine. Dress for the day

www.dbms

For any questions on 1st, 2nd or 3rd wave classes

TOWN WIDE SANDCASTLE / SCULPTURE CONTEST

Celebrating 30 years of making your home your castle!!

Enjoy this annual family event sponsored by Brian Molisse and The Molisse Realty Group. Categories for Families, Children, Youth and Adults! Prizes and fun for all.

A good reason to get up and out of bed

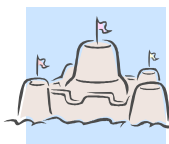
WHERE: Rexhame Beach

WHEN: Saturday, August 2, 2014
Rain date: Sunday, August 3

TIME: 8:30 a.m. - 11:00 a.m.

Sign Up the day of the event at Rexhame Beach!

Entry forms available starting July 16 at the Recreation Office, 900 Ferry Street, 781-834-5543, and at The Molisse Realty Group, 18 Snow Road, Marshfield (Webster Square). Call 781-837-5600 and ask for the Sand Castle King, Big John Cullen.



SECOND WAVE

WHO: Co-Ed, ages 10 - 12

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WHEN: Monday through Friday, August 18-22
M, T, W, F. 9:00 a.m. to 1:00 p.m.
Thursday 8:30 - 4:00 p.m.

WHERE: Duxbury Bay Maritime School
457 Washington Street, Duxbury

FEE: \$345.00 p. p. Min. 2 - Max. 3

On Reg. Form List Program and Date

STAFF: D.B.M.S. Teaching Staff

The hands-on experience Second Wave provides creates a unique and fun learning environment. Students will gain an understanding of marine ecology, the interconnection between ecosystems, and an appreciation for their local environment. The program includes lab experiments, field studies, and activities all designed to enhance the student's understanding of marine science. Second Wave is taught by two instructors and utilizes a fifteen passenger van, which allows the class to become completely mobile, traveling to Duxbury Beach and beyond. A special extended field trip day includes a trip to Woods Hole, MA to explore the Woods Hole Oceanographic Institution and Marine Biological Laboratory.

THIRD WAVE

WHO: Co-Ed, ages 13-15

WHEN: July 21-25, Mon - Fri.
M,T,W,F 9-1, Thurs 8:30-4:00 p.m.

WHERE: Duxbury Bay Maritime School
457 Washington Street, Duxbury

FEE: \$345.00 p. p. Min. 2 - Max. 3

On Reg. Form List Program and Date

STAFF: D.B.M.S. Teaching Staff

Third Wave students will gain a deeper understanding of Duxbury Bay's unique marine environment. Studies in marine ecology and environmental science will be enriched through lab experiments, field studies and various hands-on activities. DBMS Ecology makes the most of its unique location by utilizing both Island Creek Oysters' hatchery and Battelle's Environmental Lab, our generous neighbors. Third Wave is taught by two instructors and utilizes a fifteen passenger van, which allows the class to become completely mobile, traveling to Duxbury Beach and beyond. A special extended field trip day includes a trip to Woods Hole, MA to explore the Woods Hole Oceanographic Institution, Marine Biological Laboratory, and Woods Hole Aquarium.



DANNY'S JOURNEY

WHO: Co-Ed, ages 6 and older

WHEN: Friday, July 11, (rain date July 25)
Sail from 11:15 a.m. - 1:00 p.m. (show up at 10:30 a.m.)

WHERE: Green Harbor Yacht Club

FEE: \$10.00* per family (includes sailing, cookout and youth T shirt and wrist band)

On Reg. Form List Program, Time and Date

STAFF: GHYC Staff and Friends

Danny's Journey is an opportunity for students with special needs to experience the joy of sailing. Each sail boat will include up to 4 sailors (2 students and 2 parents /guardians) and a GHYC Sailing instructor. (5 in a boat) Students will have an opportunity to sail or sit back, relax and enjoy the fresh air. Additionally, for those not wanting to "sail," power boats with captains have volunteered to take the students, aides/family out for an ocean excursion.

To help our staff plan for a successful day, please describe the particular disability and choice of vessel.

After the sail, you will delight in a classic cook out of burgers, hotdogs, salad, chips, water and juice.

Participants shall provide their own Coast Guard approved class three PFD, (whistle and lanyard). If you do not have one let us know, we have a limited supply. A water bottle, hat, sun glasses and sunscreen are strongly recommended. Dress for the weather, as with any water activity you may get wet. A long sleeve shirt / pants are recommended for those who are sensitive to the sun. Remember to bring a camera to capture those special smiles and happy moments!

THANKS TO THE GENEROUS SUPPORT OF THE
DANIEL VIGNEAU SCHOLARSHIP FUND

LEARN TO KAYAK

WHO: Co-Ed, ages 8-16

WHEN: July 28 - 31 2:10 p.m. - 4:00 p.m.

WHERE: Duxbury Bay Maritime School, 457
Washington Street.

FEE: \$120.00 p.p. Min. 2 - Max. 3

On Reg. Form List Program, Session, Time and Date

Kayak this summer with "Gelli the Jellyfish!" Chris Scavongelli, our ACA Certified Instructor, will show everyone how fun kayaking can be! Will you travel under the Blue Fish River bridge? Check out sea creatures and plants up close? Have a floating picnic at Shipyard? Maybe all of the above so sign up now! All kayaking equipment, including a single person kayak, paddle and life jacket, is provided. Water shoes are required for all participants.

JUNIOR MOTOR BOATING CLASSES

Accelerated Powerboat Handling *Page 27*

WHO: Co-Ed, ages 12 - 18

WHEN: Tuesday -Thursday, July 1 - 3
Tues. 9:30 a.m. - 1:45 p.m.
Wed. - Thurs. 10:45 a.m. - 3:00 p.m.

WHERE: Duxbury Bay Maritime School
457 Washington Street, Duxbury

FEE: \$170.00 p. p. Min. 2 - Max. 3

On Reg. Form List Program and Dates

STAFF: DBMS Staff

Classroom and on-the-water! This 12.75 hour accelerated power boat handling class is designed for students who wish to obtain their motor boating safety certificate from the Commonwealth of Massachusetts in order to operate a motorboat without adult supervision. Your certificate will be NASBLA approved and USCG recognized. This course includes 2 hours of on-the-water instruction of practical boating knowledge and experience including engine systems, navigation and boating basics.

JUNIOR MOTOR BOATING CLASSES

Safe Powerboat Handling

WHO: Co-Ed ages 12 - 18

WHEN: July 21 - 24 Monday - Thursday
Mon. - Tues. 8:15 a.m. - 1:00 p.m.
Wed. - Thurs. 11:15 a.m. - 5:00 p.m.

WHERE: Duxbury Bay Maritime School
457 Washington St. Duxbury

FEE: \$235.00 Min. 2 - Max. 3

On Reg. Form List Program and Dates

Staff: DBMS Staff

This 19 hour class will get students certified by the Commonwealth of Mass and by US Power Boating. This course will emphasize on the water practical application of proper motorboat operation in boats between 13' and 20' in length. This class is NASBLA And USCG approved and designed for students who don't necessarily have a boat of their own and would like to get more practice behind the wheel

Check the dbms.org web site for details on what to wear and what to bring to the water classes.



SUMMER VOLLEYBALL STARS

WHO: Girls, grades 5 - 9, 2014-15 school year

WHEN: Monday through Friday, July 21 - 25
8:30 a.m. to 12:30 p.m.

WHERE: Furnace Brook Middle School Gym

FEE: \$95.00 p. p. Min. 30 - Max. 36

On Reg. Form List [Program, and Date](#)

STAFF: Mr. Al Mirabile, former MHS Varsity Volleyball Coach along with several fun staff.

In this one-week clinic, girls will learn the fundamentals of volleyball. Players will begin with passing, setting and serving and progress to hitting, team offense and defense. Bring a healthy, peanut-free snack, drink, and sun block for outside play.

Note t-shirt size on registration form



JUNIOR ROWING

WHO: Co-Ed, grades 6 - 12

WHEN: August 11 - 15
Mon. - Wed. 1:30 p.m. - 3:30 p.m.
Thurs. - Fri. 3:30 p.m. - 5:30 p.m.

WHERE: Duxbury Bay Maritime School, 457
Washington Street.

FEE: \$150.00 per person Min. 2 - Max. 3

Curious about rowing but unable to commit to a three week session? Then this one week class is perfect for you. Students will receive an introduction to sculling (2 oars per person) focusing on technique, boat and oar handling, coxing and safety. Most class times move with the tide so please check the Summer Junior Rowing schedule.



Check the dbms.org web site for details on what to wear and what to bring to the water classes.

FIELD HOCKEY

Page 28

WHO: Girls, grades 5 - 9, 2014 - 15 school year

WHEN: Monday through Thursday, July 28 - 31
9:00 a.m. to 12:00 p.m.

WHERE: Community Turf and Track Field (by the H.S.)

FEE: \$90.00 p. p. Min. 12 - Max. 25

On Reg. Form List [Program and Date](#)

STAFF: Mr. Rick Fredericks, MHS Varsity Field Hockey Coach, along with several varsity players.

During this four-day clinic the staff will stress the fundamentals of Field Hockey including ball handling, shooting and passing. The clinic is geared to beginner and intermediate players with an emphasis on fun and skill development.

Remember to bring a healthy, peanut-free snack and drink. Players should protect themselves by applying sun block before practice. If rain cancels, make - up will be Friday. Mouth guards are required, bring a stick if you have one, a limited supply will be available.

JUNIOR STAND UP PADDLEBOARD

WHO: Co-Ed ages 10 - 18

WHEN: Mon - Wed.
Session 1, June 23 - 25, 9:00 a.m. - 10:30 a.m.
Session 2, July 21 - 23 Mon. 9-10:30
Tues. 10 - 11:30 am, Wed. 10:30 -12:15
Session 2, Please Note Times

WHERE: Duxbury Bay Maritime School, 457
Washington Street.

FEE: \$100.00 p. p. Min. 2 - Max. 5

On Reg. Form List [Program, Session, Time and Date](#)

Do your kids have a ton of energy? Drop them off at DBMS and we will tire them out for you. They will receive plenty of instruction, fun and exercise with our classes. Classes meet for three consecutive days, Monday - Wednesday. Thursday and/or Friday are reserved as make-up days if necessary. All SUP equipment, including a board, paddle and life jacket, is provided. After a few hours full of fun and exercise at DBMS, we promise your kids will be worn out! Don't forget your bathing suit!

Check the dbms.org web site for details on what to wear and what to bring to the water classes. Also Make up day schedule.





YOUTH AND TEEN EVENING PROGRAMS

SUMMER GOLF

WHO: Co - Ed, ages 7-15
WHEN: Mondays, July 14 - August 11 (5 weeks)
 6:00 - 7:15 p.m.
WHERE: Coast Guard Hill, 900 Ferry Street
FEE: \$85.00 p. p. Min. 8 - Max. 16

On Reg. Form List Program

INSTRUCTOR: Courtney Lee - is a PGA player and has been teaching since 2007. Courtney played four years of varsity golf at Notre Dame Academy in Hingham, (team Captain during her junior and senior years). Courtney was the Boston Globe player of the year her senior year and has been an assist coach at N.D.A. the past two years. She currently works at Sandbaggers and Waverly Oaks golf clubs. Beginner and intermediate instruction offered each night. This five-week learn-to-golf program includes etiquette, equipment, putting, chipping, full swings, end of season tournament and more. Sneakers or golf shoes required, t-shirt or collar shirt, no tank tops. Bring your clubs, limited supply available.

GIRLS LACROSSE

WHO: Girls entering grades K-2, 2014-15 school year
WHEN: Tuesdays, June 17 - July 15, (5 weeks).
 6:00 p.m. - 7:15 p.m.
WHERE: Eames Way Field (near the softball field)
FEE: \$35.00 p. p. Min. 15 - Max 20
On Reg. Form List Program and Date
STAFF: Ms. Ellen Parnell, MHS J.V. Girls lacrosse Coach.
 Assisted by select members of the MHS Girls Lacrosse Team



The Girl's Lacrosse program is geared to the recreational player, perfect for those new to the sport. The staff will coordinate skills, promote sport knowledge and sportsman ship in a fun and positive manner. Players will need a stick, mouth guard and eye goggles.

Players should bring bottled water or other healthy drinks and a Peanut FREE snack.

*****Indicate T shirt Size on registration form*****

REGISTER FOR RECREATION PROGRAMS ON-LINE and SAVE TIME!!

R.A.M.S. NIGHT OUT! *Page 29*

The R.A.M.S. program is a structured enrichment program for students with disabilities and their peers. The R.A.M.S. program focus is on the development of social pragmatic skills, independence, creativity and gross and fine motor development. The goal is to create fun and engaging opportunities that will foster friendships in an inclusive environment.

Students will enjoy a night of indoor and outdoor games and fun activities, while parents enjoy their own night out! Pizza and bottled water will be served. R.A.M.S. Staff will supervise Students.

WHO: Co-Ed, ages 7-15
WHEN: Tuesday, July 15, 5:30 - 7:30 p.m. Min. 4 - Max 8
WHERE: Recreation Center, 900 Ferry Street
FEE: \$10.00 p.p. 5 students and 4 peers

On Reg. Form List Program, date and time
 In the comment section please list the disability.

Peer Program Volunteers - A limited number of volunteer opportunities are available for each program. Interested? Call our office for detailed information.

Look for additional R.A.M.S. programs this Fall

TEEN SAILING LEAGUE

WHO: Co-Ed, grades 6 - 12, 14 - 15 school year
WHEN: 5:00 p.m. - 7:00 p.m.
WHERE: Green Harbor Yacht Club
FEE: \$100.00 p. p. Max 4

On Reg. Form List Program and Date

Beginner and Advanced instruction offered each session. Learn how to sail or improve your skills. Sail Flying Scott, (2 students - 1 staff). Must be able to swim 100 yards with a PFD. Provide your own Coast Guard class three PFD, (whistle and lanyard). Drinks (water), hats, and sunscreen are recommended. Program outline is similar to the Youth Sailing Program

Session	Dates
1	June 30 thru July 3
2	July 14 thru July 17
3	July 28 thru July 31

SUMMER BASKETBALL

- WHO:** Students entering grades 3 - 6
September 2014 - 2015 school year.
- WHEN:** Wednesdays, July 9 - August 6 (5 weeks)
Thursdays, July 10 - August 7 (5 weeks)
Practice before game from 6:15 - 6:45 p.m.
Game concludes by 7:30 p.m.
- WHERE:** Outdoor Court at the High School
Forest and Furnace Street
- FEE:** \$30 per person with a maximum of \$65 per family.

On Reg. Form List Program, Date and Grade



Separate teams for boys and girls. Limited to 24 players per grade group! Rain out extends program another week

BOYS

Grade	Day
3-4	Wednesday
5-6	Thursday

GIRLS

Grade	Day
3-4	Wednesday
5-6	Thursday

BASKETBALL, GRADES 1 & 2

Co-ed Skills Clinic, July 8 - August 5, 6 - 7 p.m.
Students Entering Grades 1 & 2 September 2015 school year
Dribbling, passing, shooting and teamwork will be emphasized, as well as inter-squad scrimmages. Games are held at the Martinson Elementary School court

Grade	Day	Fee
1-2	Tuesday	\$30.00

Want to help coach a basketball team?

On Reg. Form List Program, and Grade



SUMMER STREET HOCKEY *Page 30*

- WHO:** Sneaker League, Co-ed for students entering grades 1 - 6
September 2014 - 2015 school year.
- WHEN:** M - July 7 - August 4 (5 weeks)
T - July 8 - August 5 (5 weeks)
- Rain cancellation extends one week.
- Game time: 6:00 p.m.

WHERE: Street Hockey Rink

FEE: \$30 per person, \$65 maximum per family. Limited to 24 players per grade group!

On Reg. Form List Program, Date and Grade



Grade	Day
1-2	Monday
3-4	Tuesday

All players need a stick, hockey helmet with a face cage/shield. **NO HELMET, NO PLAY!**

Don't be left out of the summer fun. Get your friends together and sign up. The last day to register for the basketball and street hockey programs (unless teams are already full) will be Tuesday, April 29.

Want to help coach a hockey team?

On Reg. Form List Program, and Grade

IMPORTANT DATES

Coaches Night

(Team Selection and Rules)
Recreation Office, 900 Ferry Street

Street Hockey, Thursday, May 1, 7:00 p. m.
Basketball, Thursday, May 8, 7:00 p.m.

*These sports programs will continue as long as we have parent volunteers to coach.
Your support will allow these summer youth programs to continue!*

REC. DEPT. FOOTBALL

WHO: Co-Ed, grade entering September 2014

WHEN: Monday, 6:00 - 7:00 p.m.
Grades 3 & 4 July 7 - August 4

Thursday, 6:00 - 7:00 p.m.
Grades 1 & 2 July 9 - August 6
(5 weeks) If rain out, extend a week

WHERE: Coast Guard Hill, 900 Ferry Street

FEE: \$30.00 per person Limit of 24 players per Gr.

On Reg. Form: List Program, Grade and Night

Enjoy Flag Football at Coast Guard Hill. We will play on our multi purpose field with coaches assisting. Cones, balls, t-shirts and pinneys will be supplied. **Players should bring water and a healthy, peanut-free snack.**

Coaches Meeting - In order to offer this program, we will need volunteer coaches (minimum of two per team). Please consider signing up to be a Coach and join us at the recreation office for our Coaches Meeting, Thursday, May 15. The meeting will start at 7:00 p.m. During this time we will review the rules for summer play and select teams, and discuss equipment distribution

Want to help coach a flag football team? We need coaches
On Reg. Form List Program and Grade

JUNIOR TENNIS

WHO: Co-Ed, ages 11 - 13

WHERE: Marshfield High Tennis Courts

WHEN: Session 1 June 23-26, M-TH 11:10 - 12:10 p.m.
Session 2 June 30 - July 3, M-TH 11:10 -12:10 p.m.
Session 3 July 7-10, M-TH 11:10 -12:10 p. m.
Session 4 July 14 - 17, M-TH 11:10 - 12:10 p.m.
Session 5 July 21-24, M-TH 11:10 -12:10 p.m.
(Friday reserved for rain make up)

FEE: \$28.00 Per person Min. 5 - Max. 12

On Reg. Form: List program and Session

STAFF: Members of the MHS Tennis Team
Staff training provided by Mr. Gary Pina, President of USTA New England and his staff.

Junior Tennis will offer the opportunity for older players to learn tennis and rally and play quickly in a way that is enjoyable and fun. Skills, Drills, games and matches will keep players focused and excited. Sign up for one or more sessions.

JUNIOR WINDSURFING

Page 31

WHO: Co-Ed, ages 8 - 18

WHERE: Duxbury Bay Maritime School, 457
Washington Street.

WHEN: Session 1: July 7 - 11
Monday & Tuesday 3:45 p.m.- 6:15 p.m.
Wednesday & Thursday 10:30 a.m. - 1:00 p.m.
Friday 11:00 a.m. - 1:30 p.m.

Session 2: August 4 - 8
Monday - Thursday 3:45 p.m. - 6:15 p.m.
Friday 10:30 a.m. - 1:00 p.m.

FEE: \$250.00 per person Min. 2 - Max. 3

On Reg. Form: List program and Session

One of our most popular classes. Students will learn to sail, reach, tack and jibe on boards with a variety of sail sizes. Returning windsurfers will learn more advanced board handling, with bigger, more powerful sails.

Requirements: Must know how to swim.

Check the dbms.org web site for details on what to wear and what to bring to the water classes. Also Make up day schedule.

SUMMER SOCCER

WHO: Co-Ed, ages 8 - 18

The **Academy Summer Series** is designed for players aged 8-12, and focuses less on fitness and more on the technical and tactical side of the game. 5:00 - 6:30 p.m.

The **Advanced Summer Series** is designed for players entering grades 9 - 12 in the fall. This program combines cutting edge fitness training with technical activities and small sides play. 6:30 - 8:00 p.m.

WHERE: Marshfield High (community Turf and Track)

WHEN: Mondays and Wednesdays
June 24 - August 7, (7 weeks)

FEE: \$150.00 per person
Min. 20 - Max. 30 per age group

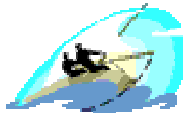
On Reg. Form: List program and Session

Taught by Paul Turner and the fun staff at PTUSA.

ADULT ACTIVITIES

ADULT & FAMILY SAILING

WHO: Co-Ed, H.S. graduates and older
WHEN: 5:00 - 7:00 p.m.
WHERE: Green Harbor Yacht Club
FEE: \$100.00 p. p.



Session	Dates
1	June 30 thru July 3
2	July 14 thru July 17
3	July 28 thru 31

On Reg. Form List Program, Session and Date

Beginner and Advanced instruction offered each session. Learn how to sail or improve your skills. Sail Flying Scott, (2-3 students - 1 staff). Must be able to swim 100 yards with a PFD. Provide your own Coast Guard class three PFD, (whistle and lanyard). Drinks (water), hats, and sunscreen are recommended. Program outline is similar to the Teen Sailing Program.

Get the family (max. of 4 members) together for some quality time on the water. Separate boats for adults and Families.
 Min. 2 - Max. 4 per boat per session.

BEAWELL YOGA

WHO: Adult (co-ed, high school and older)
WHEN: T.B.A.
WHERE: Recreation Child Care Center,
 14 library Plaza
FEE: \$45.00 p. p.

On Reg. Form List Program, and Date

Yoga can help one integrate mind and body. Through yoga one can increase flexibility, strength, improve balance and posture. Mental clarity, inner peace and a nourished spirit can be attained through consistent practice. Bring a blanket or large towel, wear loose comfortable clothing.

ADULT SUNRISE STANDUP PADDLEBOARD

WHO: Adult (age 19 and older)
WHEN: August 18, 5:30 - 7:00 a.m.
WHERE: Duxbury Bay Maritime School, 457
 Washington Street.
FEE: \$45.00 p. p. Min.1 Max. 3

On Reg. Form List Program, and Date

Are you an early riser? There's no better way to see a Duxbury sunrise than from on the bay! Come down and get an experience that can only be done in the summer! Very limited classes due to sunrise times and tides so sign up early!

BOATING SAFETY *Page 32*

WHO: Co-Ed, ages 12 - adult
WHEN: Saturday, May 17th 9:00 a.m. - 5:00 p.m.
WHERE: Recreation Child Care Center, 14 Library Plaza
FEE: \$65.00 person Max. 10 per class

On Reg. Form: List Program, date and time

Introduction to Boating – Types of power boats; sailboats; outboards; paddle boats; houseboats; different uses of boats; various power boating engines; jet drives; family boating basics. Boating Law – Boat registration; boating regulation; hull identification number; required boat safety equipment; operating safely and reporting accidents; protecting the marine environment; Federal boat law; state boating laws; personal watercraft requirements. Boat Safety Equipment –Personal flotation devices ("life jackets"); fire extinguishers; sound-producing de-vices; visual-distress signals; dock lines and rope; first aid kit; anchors and anchor lines; other boating safety equipment. Safe Boating – Bow riding; alcohol and drug abuse; entering, loading, and trimming a boat; fueling portable and permanent tanks; steering with a tiller and a wheel; docking, undocking and mooring; knots; filing a float plan; checking equipment, fuel, weather and tides; using charts; choosing and using an anchor; safe PWC handling; general water safety. Navigation – The U.S. Aids to Navigation system; types of buoys and beacons; navigation rules (sometimes referred to as right-of-way rules); avoiding collisions; sound signals; PWC "tunnel vision." Boating Problems – Hypothermia; boating accidents and rescues; man overboard recovery; capsizing; running aground; river hazards; strainers; emergency radio calls; engine problems; equipment failures; carbon monoxide (CO); other boating and PWC problems. Successful completion of this course will enable boat operators between the ages of 12 & 15 years who wish to operate a motorboat and those who are 16 and 17 years of age who wish to operate a PWC to obtain their Massachusetts Boating Safety Certificate

ADULT SUNSET STANDUP PADDLEBOARD

WHO: Adult (age 19 and older)
WHEN: July 19, 6:30 - 8:00 p.m.
WHERE: Duxbury Bay Maritime School,
 457 Washington Street.
FEE: \$45.00 p. p. Min.1 Max. 3

Meet on the rowing dock to the left of the building

On Reg. Form List Program, and Date

Good for new or experienced paddlers. Learn technique, safety and basic navigation. Experienced SUP'ers will focus on touring and/or fitness. The important thing is that you are out on the bay seeing a Duxbury sunset from a whole new perspective! These classes are limited because they are based on tide and sunset times.

Prerequisite: Must know how to swim

**GET OUT AND PLAY!
HIKE, BIKE, WALK, PADDLE, JUST DO IT!**

TEAM FITNESS CLINICS

Page 33

Marshfield Recreation has teamed up with Challenge Athletic Speed, Strength and Conditioning to offer summer sports clinics. The goal of each clinic is to improve sport functional athleticism and decrease the risk of sport-related musculo-skeletal injury. All sports have actions that require the integration of muscular strength, flexibility, core stability, speed, power, and agility. Partnering with the Speed, Strength, and Conditioning Center at Northeastern university as well as with Strength School Inc. has allowed the staff to create personalized training sheets for each athlete, tailoring it to the individual's skill, strength and fitness level.

MHS RUGBY FITNESS CLINIC

WHO: H.S. students
WHEN: Mon. - Wed. - Thurs. 10:00 a.m. - 11:30 a.m.
July 7 - August 14, (6 weeks)

WHERE: Crossfit Marshfield

FEE: \$100.00 p. p. Min. 14 - Max 25

On Reg. Form List Program, and Time

STAFF: Coaching staff is comprised of Matt Pomella, Chris Arouca, John Napoleone

The staff are CPR and First Aid certified, and have extensive experience in Athletic Training, Strength and Conditioning, and Leadership. All currently coach at the High School level.

Dress for the weather, sun screen/block recommended. Wear your athletic shoes and athletic apparel. Plan to bring at least a 30 ounce container of water, a healthy peanut Free snack and your cleats.

MHS GIRLS FITNESS CLINIC

WHO: H.S. students

WHEN: Monday, Wednesday, Thursday,
10:00 a.m. - 11:30 a.m. July 7 - August 14, (8 weeks)

WHERE: Meet at Crossfit Marshfield

FEE: \$100.00 p. p. Min. 14 - Max 25

On Reg. Form List Program, Grade and Time

STAFF: Coaching staff is comprised of Matt Pomella, Chris Arouca, John Napoleone

The staff are CPR and First Aid certified, and have extensive experience in Athletic Training, Strength and Conditioning, and Leadership. All currently coach at the High School level.

Dress for the weather, sun screen/block recommended. Wear your athletic shoes and athletic apparel. Plan to bring at least a 30 ounce container of water, a healthy peanut Free snack and your cleats.

MHS FOOTBALL and SOCCER FITNESS CLINIC

WHO: H.S. students (Football & Soccer)

WHEN: Monday, Wednesday, Thursday.
July 7 - August 14, (6 weeks)
Fresh. 9:00 - 11:00 a.m.
Soph. 8:00 - 9:30 a.m.
Jr. & Sr. 7:00 - 8:30 a.m.

WHERE: Crossfit Marshfield

FEE: \$100.00 p. p. Min. 14 - Max 25

On Reg. Form List Program, Grade and Time

STAFF: Coaching staff is comprised of Matt Pomella, Chris Arouca, John Napoleone

The staff are CPR and First Aid certified, and have extensive experience in Athletic Training, Strength and Conditioning, and Leadership. All currently coach at the High School level.

New this year, Football and Soccer players will have the unique opportunity to workout together. Sign up for the grade you are entering in September 2013

Dress for the weather, sun screen/block recommended. Wear your athletic shoes and athletic apparel. Plan to bring at least a 30 ounce container of water, a healthy peanut Free snack and your cleats.

Field Day Tuesday!

All athletes who are enrolled in one of the above Team Fitness Clinics are welcome to attend a group workout each

Tuesday. (no extra cost) The Tuesday workout will run from 8:30 a.m. to 10:00 a.m.

GO GREEN - REGISTER ON-LINE

Please join us at Crossfit Marshfield 835 Plain St, Unit #10

COMMUNITY GREEN HOUSE

WHO: Adults / Families

WHEN: Seasonally

WHERE: Recreation Center 900 Ferry Street

FEE: FREE

On Reg. Form: List [Community Green House](#)

STAFF: Volunteer Coordinator, T.B.A.
Marshfield Recreation offers residents of all ages a seasonal Hoop Hut Green House. This 12x15 foot building is ready for volunteer use. Extend your growing season with our Community Green House. This spring we will look to establish an informal Gardening Club. We will plan to meet with interested users on Thursday, April 10, 7:00 p.m. at the Recreation Center. Make new friends, enjoy a new hobby, and enjoy the fruits of your labor!

HOW TO READ A NAUTICAL CHART

WHO: Co-ed, age 12 and older

WHEN: Saturday, May 17th
9:00 a.m. - 12:00 p.m.

WHERE: Recreation Child Care Center
14 Library Plaza

FEE: \$60.00 per person Min. 5 - Max. 10

On Reg. Form: [List Program, Date and Time](#)

Instructor: Richard Eckhouse, US Coast Guard Aux.

A three hour seminar course unraveling the mystery of nautical charts. When navigating on land you use a map. It depicts the various thoroughfares, their directions and names. At sea there are no streets, no separate area, no difference from abutting or surrounding areas. This class will provide you with the knowledge to interpret the chart's contents to navigate safely to your destination. Text and training chart included. Other available information on nautical charts includes, but is not limited to, water depth, bottom type, magnetic variations affecting the compass, chart scales, and aide to navigation. A must for all boaters and potential boaters.

Bring your questions, a pencil w/ eraser, some paper for taking notes and a GPS if you already own one.



COMMUNITY GARDEN

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WHO: Adults / Families

WHEN: April 21 - November 30, 2014

WHERE: Recreation Center, 900 Ferry Street

FEE: \$20.00 per plot (1 plot p. p. / group)

On Reg. Form: List [Community Garden](#)

STAFF: Volunteer Coordinator, T.B.A.
Marshfield Recreation offers residents of all ages a seasonal Organic Community Garden. The Community Garden consists of 14 raised beds of varying sizes, (approx. 8 x 4 feet) In fairness to all, each Individual, Family / Youth Group / Local organization is limited to one plot. A planning meeting for the gardeners will be held on Thursday, April 10, 7:00 p.m. at the Recreation Center. A review of rules, signoff sheet, drawing for the right to select a plot, questions and more! Save gas, make new friends, get some good exercise, increase your knowledge, and grow locally! Time to Eat Healthy, know where your food and flowers come from.

Manti Roto Tiller donated by ABC Equipment Company, Marshfield.

ADULT TENNIS

WHO: Co-ed, HS grads and older

WHERE: Marshfield High Tennis Courts

WHEN: Mondays and Wednesdays 6:00 - 7:30 P.M.
Session 1: July 7 - 16 (2 weeks)
Session 2: July 21 - 30

FEE: \$30.00 per person Min. 4 - Max. 8

On Reg. Form: List program and Session

STAFF: Members of the MHS Tennis Team
Staff training provided by Mr. Gary Pina, President of USTA New England and his staff.

Skills, Drills and more! This summer program will you brush off the dust and get back on the court. Through practice, and play adults will gain the necessary skills to enjoy tennis through the summer and fall.

Meet new friends and enjoy tennis matches outside of scheduled practice times.

PLEASE NOTE: Telephone registrations are not accepted. **REGISTRATIONS** are only accepted with payment. Walk In, MAIL In, On-Line. If paying by **CHECK** - Make check payable to **TOWN OF MARSHFIELD**

UPCOMING ACTIVITIES

Check out our Web page

www.townofmarshfield.org/government-departments-recreation.htm

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LET'S GO!!

WHO: Adults / Families (children with adult, age 6 and older)

WHEN: Saturday, June 21, 8:00 - 10:00 a.m

WHERE: Meet at Recreation Center, 900 Ferry Street
Min. 6 Max. 10

FEE: \$5.00 (per family, couple or single, per walk)

On Reg. Form List [Let's Go and Date](#)

STAFF: Ned Bangs, Marshfield Recreation Director and others

Explore Marshfield on Foot! New to town? Long time resident? Looking for friends to walk with? Here is your opportunity to explore some of Marshfield's conservation gems. We'll hike town conservation and quasi public conservation land. Meet at the recreation center, 900 Ferry Street, review the planned hike and driving directions, fill up water bottles and head out. Learn about history, land use, plant i.d and share your knowledge with others. Bring a camera, peanut free snack, water and binoculars. Dress for the weather, sturdy shoes and a walking stick are fine. Hikes will last up to two hours. If you would like to help plan and lead a fall walk call the office. We love dogs, but for the comfort of all leave them at home. Participants should be in good health and able to walk on uneven ground for up to 1.5 hours. We'll leave the electronic devices at home, turn off the cell phone and listen to the sounds of nature! Send us your walking suggestions, as we explore Marshfield on Foot!

Look for more walks this fall!!!

SUMMERFEST 2104

Sunday, June 22

Summer Fest is Marshfield's annual kick off to the summer season. This family event will offer something for everyone, from young to young at heart.

We will kick off Summer Fest with the "World's Shortest Parade" (Library Plaza to Town Hall.) Join in the parade, walk, bike, or skateboard. From 11:00 am - 4:00 p.m. We will have Food Vendors, Craft Vendors, a real Farmers Market, a Children's "Craft Tent", Celebrity Dunk booth, rides, a misting tent, water balloon toss music and more.

The fun continues at the Uncle Bud Skate Park. From 4:00 to 5:00 p.m. the good folks at Levitate will give your skateboard a look over and provide skateboard instruction. The Aldous Collins Band will perform a family concert at the skate park and there is more to come! For updates check the Facebook page.

www.facebook.com/marshfieldsummerfest

www.marshfieldsummerfest.weebly.com/

FALL PROGRAMS

Do you have an idea for a fall recreation program? Perhaps there is a community program you would like to see offered. We are evaluating program ideas for our pre school, youth, teen, adult, and senior community residents. Let us know your ideas for sports, crafts, enrichment, music, fitness, academic and trips etc.

Let us know if you would be interested in helping to organize a program or help lead/teach one. We are your community department, by working together we offer programs for the benefit of the community.

We will be programing out child care center with community programs such as Hula Hoop, Yoga, and Ping Pong.

Have a program you would like to offer, we have some spce, let's talk!

EXTENDED DAY PROGRAM

The Recreation Department's After School Child Care Program is looking for more great staff! We anticipate several staff openings. We are accepting applications for the following school year positions:

SITE COORDINATOR

GROUP LEADER

ASSISTANT LEADER

Minimum age 16, experience working with school-age children, knowledge of sports, games, arts and crafts. First Aid and CPR a plus. Available hours: weekdays from the end of school until 6:00 p.m., September - June.

Applications and resumes accepted in the Recreation Office starting June 27, 2014. Positions open until filled.

Please send completed applications and resumes to:

Marshfield Recreation Department
900 Ferry Street
Marshfield, MA 02050

Extended Day Program, position

Licensed by the Department of Early Education and Care. Detailed job descriptions available upon request.

OUTDOOR RECREATION FACILITIES

PETER IGO PARK

LOCATION: Marshall Avenue & Dyke Road
FACILITIES: This park is under construction. Look for improvements this spring and summer!

TOWER AVENUE PARK

LOCATION: Colonial Road & Tower Avenue
FACILITIES: Picnic tables, T-ball field, swings, open field, basketball court, merry-go-round and bike rack.

STREET HOCKEY / BASKETBALL COMPLEX

LOCATION: Forest Street & Furnace Street
FACILITIES: Two basketball courts, one street hockey rink. Basketball Courts are under construction!

BROOKS THOMSEN SINGER MEMORIAL PLAYGROUND

LOCATION: Old Main Street at the fire station
FACILITIES: Bike rack, 1/2 basketball court, picnic tables, open field, play structure, swings.

UNCLE BUD SKATE PARK

LOCATION: Webster Street & Ocean Street
FACILITIES: Skate ramps, amphitheater seating, play structure and swings for young children, recycle bin.

COAST GUARD HILL

LOCATION: 900 Ferry Street
FACILITIES: Home of the Marshfield Recreation Department. Basketball courts, sand volleyball courts, open field / hill, horse shoe courts, community garden, walking trails, picnic area. Dogs are welcome with responsible owners. Dogs must be on a leash. Owners must pick up after their dog (s). CGH is open to the public from dawn to dusk, unless there is a recreation meeting/program offered.
Security cameras monitor grounds 24/7

MARSHFIELD COMMUNITY PLAYGROUND

LOCATION: Library Plaza
FACILITIES: Accessible playground for all abilities, age 3-12, benches, tables, water bubbler, recycle bin.

FIELD PERMITS

Ball fields, outdoor basketball, and street hockey facilities may be reserved by a permit on a space-available basis. Great for family gatherings or birthdays. Contact the Recreation Department for details. **Fall Ballfield Permits: Apply July 7.**

CANOE RENTALS

Old Town Discovery canoes for rent, complete with paddles, and PFDs. Please call at least one week in advance to reserve your canoes (781) 834-5543.



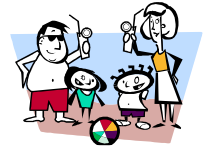
STREET HOCKEY RINK

Perfect idea for birthday gatherings and other fun times. Why not rent it for your next family outing? Call for details.

REXHAME BEACH

LOCATION: Standish Street, off Ocean Street. Resident parking sticker required. For non-resident there is a daily fee.

FACILITIES: Snack bar, bathrooms, basketball court, picnic tables, lifeguards, parking attendant.



GREEN HARBOR BEACH

LOCATION: Beach Street & Bay Avenue. Resident parking sticker required. Parking also at Beach Street Extension, Post Office dirt lot, Avon Street.
FACILITIES: Lifeguards. Beach is accessible by Beach Street extension via boardwalk.

SPORT ORGANIZATIONS

PLEASE CLIP AND SAVE ME!!!!

The following **volunteer** run organizations provide sports programs for Marshfield residents. **These organizations are not under the jurisdiction of the Recreation Department.** The Recreation Department does not assign practice times to individual teams. We issue the permit to the league who in turn assigns fields and practice times. For further information please contact the individuals listed below.

YOUTH FOOTBALL:

www.marshfielddyouthfootball.com

GIRLS SOFTBALL:

www.marshfieldgirlssoftball.com

YOUTH SOCCER

www.marshfieldsoccer.org

BASEBALL & T-BALL:

www.marshfielddyouthbaseball.org

YOUTH CHEERLEADING:

www.marshfielddyouthcheerleading.com

BOYS LACROSSE:

www.marshfieldlax.com

GIRLS LACROSSE:

www.marshfieldgirlslax.com

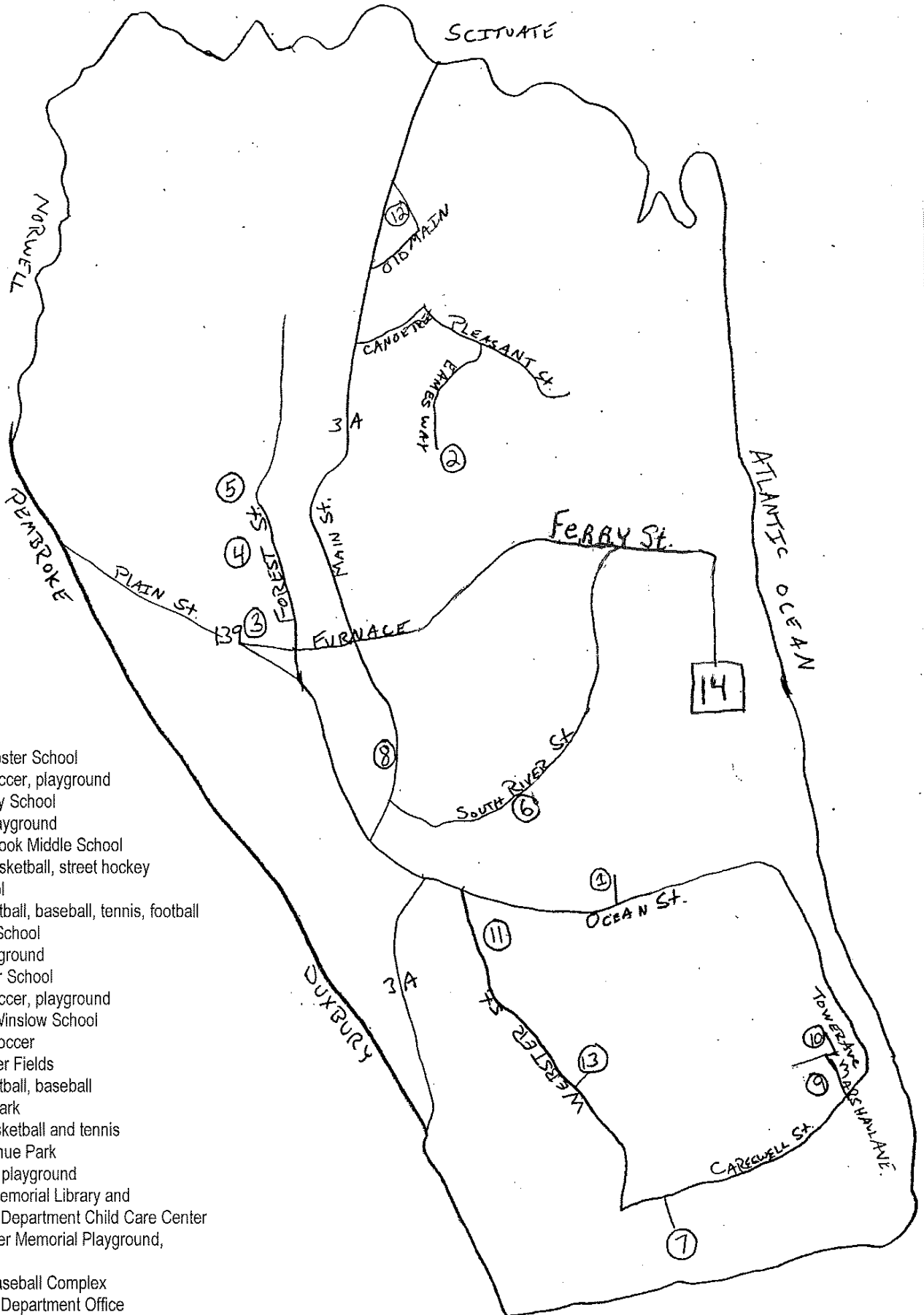
FURNACE BROOK FARM:

www.furnacebrookfarm.com

WHIDDEN SCHOOL OF FITNESS:

www.whiddenschool.com

RECREATION FACILITIES



Legend:

1. Daniel Webster School
Softball, soccer, playground
2. Eames Way School
Softball, playground
3. Furnace Brook Middle School
Softball, basketball, street hockey
4. High School
Soccer, softball, baseball, tennis, football
5. Martinson School
Track, playground
6. South River School
Softball, soccer, playground
7. Governor Winslow School
Baseball, soccer
8. Grace Ryder Fields
Soccer, softball, baseball
9. Peter Igo Park
Lighted basketball and tennis
10. Tower Avenue Park
T-ball field, playground
11. Ventress Memorial Library and
Recreation Department Child Care Center
12. Brook Singer Memorial Playground,
Fire Station
13. Wheeler Baseball Complex
14. Recreation Department Office
900 Ferry Street

MARSHFIELD RECREATION DEPARTMENT

900 Ferry Street, Marshfield, MA 02050
781-834-5543

E-mail: Recreation@townofmarshfield.org

Received by: _____
Date received: _____
Cash: _____
Check # _____
Amount: _____

Summer 2014 Registration Form
Credit Card, Debit Card, Electronic Check, On-Line, Mail or in Person
Summer program registration will begin when you pick up a brochure, hard copy or on the web.

- Please Print Clearly -
Complete All Applicable Sections
Make Checks Payable to Town of Marshfield

Family Last Name: _____

Contact E-mail: _____

Please Print

When emergency situations arise, or if staff need to contact you due to program changes, please complete the following: Indicate by number () the order of preference for contacting the people you list.

Mother's Name _____
(or female adult participant)

Father's Name: _____
(or male adult participant)

Address: _____

Address: _____

(if different from above)

(if different from above)

Home Phone: _____ ()

Home Phone: _____ ()

Work Phone: _____ ()

Work Phone: _____ ()

Cell Phone: _____ ()

Cell Phone: _____ ()

Insurance Company/policy # _____

Recreational and Volunteer Activities Release

I, the undersigned, do hereby consent to my participation in voluntary or recreation programs of the Town of Marshfield.

I also agree to forever release the Town of Marshfield, and all their employees, agents, board members, volunteers, and any and all individuals and organizations assisting or participating in any voluntary or recreation programs of the Town of Marshfield from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself or property damage resulting from my participation in the Town of Marshfield voluntary activities or recreation programs.

I also promise to indemnify, defend, and hold harmless the Town of Marshfield against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself or property damage resulting from participation in the Town of Marshfield voluntary activities or recreation programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my participation is voluntary and that I am free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to participate in the Town/City as a volunteer or in its recreation program with full knowledge that the Town of Marshfield will not be liable to anyone for personal injuries and property damage that I may suffer in voluntary activities Town/City or recreation programs.

Participant Signature: _____ Date: _____

Parent/Guardian Signature if participant is under 18 years of age: _____

Participant Name: _____ M F Grade in Fall: _____

D.O.B. _____ Age: _____ Home Phone: _____

Medication or other information staff should be aware of: Yes/No _____

Age 5 or under? A copy of your Birth Certificate / Physical is required New on File

PROGRAM NAME	DATE (S)	TIME/DAY/SESSION	LEVEL If Applicable	FEE

Participant Name: _____ M F Grade in Fall: _____

D.O.B. _____ Age: _____ Home Phone: _____

Medication or other information staff should be aware of: Yes/No _____

Age 5 or under? A copy of your Birth Certificate / Physical is required New on File

PROGRAM NAME	DATE (S)	TIME/DAY/SESSION	LEVEL If Applicable	FEE

SNACKS

Due to the large increase of student allergies **ALL** program sites are **PEANUT FREE.**

Upon request we will e-mail you a list of peanut-free and healthy snack choices. Please call if you have any questions or if we may assist you.



“Helping Hand” assists those families who are not able to afford youth programs. If you would like to contribute to this program please do so here.

Total Amount Due _____

Helping Hand Fund _____

- Thank you! -

Total Amount Enclosed _____



Marshfield Recreation recommends hats, sunglasses and sunscreen/sun block and or insect spray for all outside activities. Please apply outside and away from other students prior to the activity. Staff may not apply sprays or lotions to children. Due to student allergies, sunscreen/block, or insect spray may not be shared with other children.

YOUR FEEDBACK IS IMPORTANT TO US!

Have a question, comment, something we should know, would like to volunteer help, or have a program suggestion? Please take the time to let us know how we can better assist you with your leisure needs.

How do you find out about our programs? (Please Check) Brochure Newspaper Friend School Notice Web Page Rec. Dept. E-mail notice Facebook Other _____

Would you recommend a program to a friend? _____ Why? _____

What types of programs would you like to see more of? Pre-School Children Youth Teen Adult Suggestions!

TOWN OF MARSHFIELD

RECREATION DEPARTMENT
900 FERRY STREET • MARSHFIELD, MA 02050
NED BANGS, M.ED. CPRP., DIRECTOR • (781) 834-5543
E-mail: Recreation@townofmarshfield.org

EXTENDED DAY PROGRAM PRE REGISTRATION 2014/2015 SCHOOL YEAR

Mail in Registration Only (via U.S. Post Office), Mail to address above, **No Walk-In** Students in grades K – 5

Pre-Registration begins May 28, 2014 for students who are currently enrolled in the program and their siblings. Forms may not be postmarked prior to May 28.

Please note: Program tuition must be current in order to pre-register

Open registration for families new to the program will begin Wednesday, June 4, 2014

A NON-REFUNDABLE REGISTRATION FEE OF \$30 PER STUDENT IS REQUIRED AT THIS TIME.

The Marshfield Recreation Department does not discriminate in providing service to children and their families on the basis of race, religion, cultural heritage, political beliefs, national origin, marital status, sexual orientation, disability or toilet training status.

CHILD'S NAME _____ D.O.B. _____ AGE _____

SCHOOL ATTENDING _____ GRADE SEPT. 2013 _____

STREET/MAILING ADDRESS: _____ Email: _____

P.O. BOX _____ ZIP _____ HOME PHONE _____

MOTHER'S NAME _____ WORK PHONE _____

Cell # _____

FATHER'S NAME _____ WORK PHONE _____

Cell # _____

NUMBER OF DAYS REQUESTED PER WEEK: _____ (MINIMUM 2 DAYS)

IF LESS THAN 5 DAYS PER WEEK, PLEASE CIRCLE DAYS REQUESTED:

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

PROGRAM COSTS: **5 Days** \$270.00 **4 Days** \$250.00 **3 Days** \$233.00 **2 Days** \$222.00 **1 Day** \$111.00

PAYABLE MONTHLY, BASED ON SCHOOL YEAR. (10 months) *(all fees are per person, second child in same family receives 10% discount)* **The first monthly payment will be due on August 1, 2014**

Please complete the entire form, if a part is not applicable then place a line through it. Student forms and September parent / student meeting information will be mailed the end of June.

I understand that participation in this program is voluntary, and I hereby release the Town of Marshfield, as well as the Recreation Department, its agents, contractors, employees and volunteers of, from all actions, claims, damages for personal injuries and disability that I or my child may sustain or incur as a result of participation in and/or transportation from my child's school to the program site and/or planned field trips

Signature of Parent or Legal Guardian

Date

**TOWN OF MARSHFIELD
RECREATION DEPARTMENT
900 FERRY STREET
MARSHFIELD, MA 02050
781-834-5543**

www.townofmarshfield.org/government-departments-recreation.htm

