

SPRING 2015 CALENDAR



Welcome to the Gwendolyn Britt Senior Activity Center

March, April and May 2015

Hours of Operation - Monday-Friday 9am-3:30pm



Please note the center will be closed on: Monday, May 25 - Memorial Day

Spring Registration

- Registration begins Monday, February 9, for residents for Prince George's County residents.
Note: On Monday, Feb. 9 **only**, we will open at 7am to assist with registration.
- Registration begins Tuesday, February 17, for non-residents.
- Spring Classes/Trips – Sign up early, trips fill on a first come, first serve basis.
- Please register at least one week prior to the class/trip start date so we can plan accordingly. A minimum number of registrants are required for programs to be held.
- See refund policy on back page.

Gwendolyn Britt Senior Activity Center Information

Senior Trip Information

Senior Trip Information

For your information, we have included the mode of transportation provided on our trips. Please note, the mode of transportation is not guaranteed and may be changed. Here are some of the vehicles we use:

- M-NCPPC Activity bus- small tan bus
- Commission bus- large (27 passenger), white bus
- Charter bus- a private company is contracted to provide a bus (typically 40-50 passengers).



When you see these feet with a trip or activity, it means there will be a lot of walking.

Trip refunds will only be available if your registration is replaced by someone on the waiting list. If you must cancel your reservation, please contact the center as soon as possible at 301-699-1238.

WMATA Senior SmarTrip Card

WMATA Senior SmarTrip cards are sold at the Center. Purchaser must be at least **65 years of age** with a government issued photo ID. Cost of the card is \$2. See the front desk staff to make your purchase.



Nixle

NIXLE – Sign Up Today!

Get information on M-NCPPC closures, cancellations and emergencies by text or email. Sign up today by visiting www.pgparks.com and click on



You will need your mobile phone number or an email address and your zip code to complete the registration.

Gwendolyn Britt Senior Activity Center: Classes

R= Resident of Prince George's and Montgomery County

NR= Non-resident of Prince George's and Montgomery County

Class Name	Location	Day/Dates 2015	Time	Barcode	Fee
Arts & Crafts	Social Room	<u>Wednesday</u> On going	10am-Noon	N/A	Nominal fee for some supplies.
Knitting and Crocheting (intermediate)	Multi-purpose Room	<u>Thursday</u> March 5-April 23	12:30-2:30pm	1620167	\$45-R/\$54-NR
Tai Chi (beginner)	Multi-purpose Room	<u>Wednesday</u> On going	Noon-1pm	N/A	FREE Sponsored by Suburban Hospital
Zumba Gold	Multi-purpose Room	<u>Monday & Wednesday</u> March 2-March 25 April 6-April 29 May 11-June 3 <u>Tuesday & Thursday</u> March 3-March 26 April 7-April 30	11am 12pm 11am 12pm 11am 12pm 12pm-1pm 12pm-1pm	1623584 1623587 1623588 1620222 1620223	\$25-R/\$30-NR \$25-R/\$30-NR \$25-R/\$30-NR \$25-R/\$30-NR \$25-R/\$30-NR
Quilting	Multi-purpose Room	<u>Friday</u> March 20-May 8	1-3pm	1620220	\$45-R/\$54-NR
NEW! Jewelry: Wire Wrapping	Multi-purpose Room	<u>Wednesday</u> March 4-April 22	1:20-3:20pm	1589173	\$50-R/\$60-NR
Computer Skills Level 1	Computer Lab	<u>Monday-Wednesday</u> March 2-March 25 April 6-April 29 May 11-June 3	9:45-10:45am 9:45-10:45am 9:45-10:45am	1623576 1623577 1623578	\$58-R/\$70-NR \$58-R/\$70-NR \$58-R/\$70-NR
Computer Skills Level 2		March 2-March 25 April 6-April 29 May 11-June 3	11am-12pm 11am-12pm 11am-12pm	1623579 1623580 1623582	\$58-R/\$70-NR \$58-R/\$70-NR \$58-R/\$70-NR
Computer Workshop: SMARTlink registration	Computer lab	<u>Monday</u> March 23	1pm-2pm	N/A	Free Sign up at the Center by March 20.
NEW! Doll Making: Cloth	Multi-purpose Room	<u>Friday</u> May 8-May 29	11am-1pm	1620071	\$50-R/\$60-NR

Gwendolyn Britt Senior Activity Center: Trips and Events

March 2014

Arena Stage: "King Hedley II"

Washington, DC

\$55/Resident; \$66/Non-Resident

SMARTlink #1622367

King Hedley has returned, but to reign for how long? King Hedley is one of the most stirring and ferocious explorations of fate, honor and the daily struggles of American Life. Lunch is at your own expense. Transportation is aboard the Commission bus.

Wednesday, March 4

10:30am-5pm

National Museum of African Art: Bill Cosby's Collection

Washington, DC

\$10/Resident; \$12/Non-Resident

SMARTlink #1622071

Bill Cosby's personal art collection celebrates the rich history of African and African American art and culture. This exquisite exhibit features rare portraits by Joshua Johnson, a former slave during the 1700s and early 1800s. Historical and contemporary works of art are also on display. Lunch is at your own expense. Transportation aboard a M-NCPPC activity bus.

Thursday, March 12

10am-3pm

Mystery Restaurant: Blue Dolphin

Crofton, MD

\$15/Resident; \$18/Non-Resident

SMARTlink #1620273

Join us as we visit a local restaurant to try exciting cuisine. Lunch is at your own expense. Transportation is aboard the Commission bus.



Friday, March 20

11am-4pm

Rod and Real Restaurant and Train Museum

Chesapeake Beach, MD

\$20/Resident; \$24/Non-Resident

SMARTlink #1623613

The Chesapeake Beach Railroad station, fashioned into a museum in 1979, recreates memories of the bayside resort of nearly a century ago. The museum offers an audio-visual presentation featuring the history of the Chesapeake Beach Railway, as well as artifacts, photographs and exhibits portraying resort life in the early 1900's. Lunch at your own expense. Transportation aboard the Commission bus.

Wednesday, March 25

10am-4pm

FM Franciscan Monastery

Washington, DC

\$10/Resident; \$12/Non-Resident

SMARTlink #1623604

Travel to Washington DC to visit one of the city's more unique places. The church and grounds of the 1899 monastery have scale reproductions of some of the most famous shrines in the world. Lunch is at your own expense. Transportation aboard a M-NCPPC activity bus.

Tuesday, March 31

10am-3pm

Gwendolyn Britt Senior Activity Center: Trips and Events

April 2015

Hippodrome Theater: "Wicked"

Baltimore, MD

\$130/Resident; \$156/Non-Resident

SMARTlink #1622217

Wicked-The untold story of the Witches of Oz! This is long before Dorothy drops in, two other girls meet in the land of Oz, one with Enerakd Greeb Skin and a fiery disposition and the other beautiful and ambitious. See the remarkable story of their relationship and how they came to be the Wicked Witch of the West and Glinda the Good. Lunch is at your own expense. Transportation aboard the Commission bus.

Thursday, April 2

10am-5pm

Horseshoe Casino

Baltimore, MD

\$20/Resident; \$24/Non-Resident

SMARTlink #1623596

The Horseshoe Casino in Baltimore will be the second largest casino in Maryland with a 122,000 square foot gaming floor, 80 to 110 table games, 3,750 slot machines and the World Series of Poker. Lunch is at your own expense. Transportation is aboard a M-NCPPC activity bus.

Wednesday, April 8

10am-4pm

2015 Seniors on Stage

Bowie Center for the Performing Arts

\$8/Resident; \$10/Non-Resident

SMARTlink# 1607689

Come and be entertained by very talented Prince George's County seniors as they take to the stage! You must register in advance in SMARTlink and tickets will be mailed out prior to the show. Limited transportation will be provided from the Center. Note: you **must purchase your ticket first** and then sign up at the center for transportation. Transportation is aboard a M-NCPPC activity bus will depart from the center at 9:15am and return at 2pm. Following the show we will go out to eat lunch at a local restaurant (lunch at your own expense).

Wednesday, April 8

Showtime 10:30am-12noon

Doors open at 9:45am

Mystery Restaurant: Granny's

Owings Mills, MD

\$15/Resident; \$18/Non-Resident

SMARTlink #1620274

Join us as we visit a local restaurant to try exciting cuisine. Lunch is at your own expense. Transportation is aboard the Commission bus.



Friday, April 17

11am-4pm

AARP Driver Safety Course

\$15/AARP Members; \$20/Non-AARP Members

Sharpen your driving skills to remain an independent driver! Come learn how to adapt to changes in your body, changes in vehicle technologies and changes on the roadway. Update your knowledge of the rules of the road and learn how to drive more safely. To register, you must contact Bailey at (301) 449-4186 in advance.

Friday, April 17

10am-2:30pm

Gwendolyn Britt Senior Activity Center: Trips and Events

Hillwood Museum and Gardens
Washington, DC
\$35/Resident; \$42/Non-Resident
SMARTlink #1623620

Thursday, April 30
9:30am-3:30pm

Majorie Merriweather Post purchased this estate in 1955. The site is twenty-five acres overlooking Washington's Rock Creek Park. The Georgian-style mansion was re-designed and expanded so that visitors could view her extensive art collection with greater ease. Lunch is at your own expense. Transportation is aboard the Commission bus.

May 2015

AARP Driver Safety Course
\$15 AARP Members; \$20/Non-AARP Members

Thursday, May 7
10am-2:30pm

Sharpen your driving skills to remain an independent driver! Come learn how to adapt to changes in your body, changes in vehicle technologies and changes in the roadway. Update your knowledge of the rules of the road and learn how to drive more safely. To register, you must contact Bailey at (301) 449-4186 in advance.

Spirit of Baltimore Inner Harbor Cruise
Baltimore, MD

Tuesday, May 12
10am-3:30pm

\$65/Resident; \$78/Non-Resident
SMARTlink #1622475

Spend your day on the water and see the city of Baltimore from a unique perspective. Enjoy a plentiful all-you-can-eat buffet, DJ and the most refreshing outdoor patio deck with amazing views of the historic Inner Harbor. Transportation is aboard the Commission bus.

Arena Stage: "The Blood Quilt"
Washington DC
\$55/Resident; \$66/Non-Resident
SMARTlink #1622317

Wednesday, May 13
10:30am-5:00pm

Four disconnected sisters reunite to create a family quilt honoring their mother. After her surprising will is read, will their "blood quilt" bind the family together or tear them apart? Lunch is at your own expense. Transportation is aboard a M-NCPPC activity bus.

Mystery Restaurant: Amish Market
Laurel, MD
\$15/Resident; \$18/Non-Resident
SMARTlink #1620275



Friday, May 15
11am-4pm

Join us as we visit the Amish Market where fresh meats and baked items are their specialty. Lunch is at your own expense. Transportation is aboard the Commission bus.

Gwendolyn Britt Senior Activity Center: Trips and Events

Staunton and Natural Bridge Tour
Staunton, VA & Natural Bridge, VA
\$140/Resident; \$168/Non-Resident
SMARTlink #1624673

Tuesday, May 19
7am-11pm

Hop aboard a chartered coach bus as we embark on a whirl wind tour of some fascinating places in Central Virginia! First stop, Staunton, Virginia, Shenandoah Valley's finest! We will take a guided tour of the Frontier Cultural Museum which features authentic and replicated buildings from Old World England, Ireland, Germany, West Africa and America. Then it's on to lunch (at your own expense) and shopping on your own at the quaint shops and restaurants in downtown Staunton. All aboard again as we head toward our final stop, the Virginia Natural Bridge, a natural wonder in its own right with magnificent mountains surrounded by luscious greenery, beautiful trails and the magnificent Lace Falls with its 50 foot cascade. Fee includes transportation aboard a chartered coach bus, continental breakfast en route, dinner and admissions.

Annual Senior Health and Fitness Day
Sports and Learning Complex
Landover, MD
Free

Wednesday, May 20
8am-1pm

Come out and join seniors from around the county at the Prince George's Sports and Learning Complex for the Annual Senior Health and Fitness Day. A variety of exercise and fitness opportunities are offered along with health screenings. Over 50 exhibitors will be providing valuable health and wellness information. No pre-registration is required. Limited transportation will be provided aboard a M-NCPPC activity bus so be sure to sign up in advance for transportation at the center. Transportation will depart at 9:15am and return at 1pm.

Fish Fry
\$25/Resident; \$30/Non-Resident
SMARTlink #1623595

Friday, May 22
1pm-4pm

Enjoy a delicious menu of freshly fried or baked fish and chicken accompanied by a delectable smorgasbord of sides which will include potato salad and fresh greens, delicious deserts and more! Come out and have a great time with old and new friends as you enjoy some live entertainment! Shoot a game a pool, dance and have a bunch of fun. An alternative menu will be available for those who do not eat fish. Register by May 15!



Gwendolyn Britt Senior Activity Center: Weekly Activities & Clubs

Class Name	Day/Dates	Time	Free
Country Line Dance	Monday	9:30am-11:30am	Free
Movie Day	Friday	10:30am-12:30pm	Free
All Shades of Pink	2 nd & 4 th Thursday	10am - Noon	Free
Arts & Crafts	Wednesday	10am - Noon	Free
Mah-Jong Club	Wednesday	Noon – 3:15pm	Free
Book Club	2 nd & 4 th Monday	2pm – 3:15pm	Free
Senior Shape Exercise	Tuesday & Thursday	10:30am-11:20am	Free
Blood Pressure Sponsored by the NIH Heart Center at Suburban Hospital	Tuesday Only	11:15am-Noon	
Inspirational Hour	Wednesday	11am-Noon	Free



Join **Club 300**

and take the

Walk Across America Challenge!

Register online at www.pgparks.com/club300.htm



Help us go green and conserve resources!



Please only take one calendar of activities per season! Use it as a reference all season long.

You can find this calendar online at:

<http://www.pgparks.com/Things To Do/Senior Activities/Gwendolyn Britt Senior Activity Center.htm>



Gwendolyn Britt Senior Activity Center Corner



IMPORTANT PHONE NUMBERS

Senior Nutrition/Transportation	301-265-8475
Legal Aid	301-927-6800
Department of Family Services	301-265-8401
Seniors County Information	301-265-8450
Medicare Information	800-633-4227
Call-A-Bus	301-499-8603

SENIOR NUTRITION PROGRAM

The Senior Nutrition Program is offered Monday through Friday featuring a healthy, well-balanced meal by the Prince George's County Department of Family Services. Individuals who are 60 & better can reserve a meal by contacting our Nutrition Manager, Cecilia Lewis at 301-277-4231; by stopping by the kitchen or by calling the Department of Family Services, Aging Services Division at (301) 265-8475.

You must register at least one day in advance.

The suggested donation is \$3.00. If you need to cancel your meal, please do so at least two (2) days in advance with Manager Cecilia Lewis, Nutrition Manager at 301-277-4231. Please bring exact change to cover your donation.

Note: There will be no lunch program when Prince George's County schools have a delayed opening or closed due to inclement weather conditions.

Reminder: Lunch is subject to change depending on the Aging Services Division Office schedule.

FOR YOUR INFORMATION

Moved? Number changed? Update Your Information

From time to time, please stop at the office and make sure your personal information is correct. Let us know if you have any changes including emergency contact names and phone numbers.

Volunteer Opportunities

Do you have a special skill or talent you would like to share with others? Would you like to teach classes to seniors, here at the Gwendolyn Britt Senior Activity Center? If so, give us a call at (301) 699-1238.

Refund Policy:

Class and activity refunds are subject to a 20% handling fee and must be requested in writing. Trip refunds will only be available if your registration is replaced by someone on the waiting list. If you must cancel your reservation, please contact the center as soon as possible at 301-699-1238.

WEATHER POLICY

George's County Governments in announcing closings and delays related to snow and weather related emergencies. Please listen to your radio and/or television or visit our website at www.pgparcs.com to determine if the center is closed due to adverse weather conditions.

DISABILITY ACCOMMODATIONS

The Department of Parks and Recreation encourages and supports the participation of individuals with disabilities. Register a minimum of two weeks in advance of the program start date to request and receive a disability accommodation.