

# **Union High School District**

Board of Trustees Joyce Dalessandro Barbara Groth Beth Herges heimer Amy Herman John Salazar

> Superintendent Ken Noah

Risk Management Department Fax (760) 943-1542

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2011/12 School Year

RE: Voluntary Student Accident Insurance

### Dear Parent:

The San Dieguito Union High School District **does not** provide medical insurance coverage for school accidents. This means that you are responsible for the medical bills if your child gets hurt during school activities. The District makes student accident insurance available for you to purchase—if you are interested, please see attached application or contact your school site.

Many coverage options are available. The Student Health Care and High Option Full-Time (24-Hour Accident) plans are especially recommended for those students with no other insurance because they provide the most help when injuries occur. Student Health Care covers illness as well as injury, 24 hours a day. We strongly recommend the high option plans for students participating in interscholastic sports.

If your child does have other health coverage, student insurance may also be used to help pay those eligible charges not covered by other insurance (i.e. deductibles and co-payments). Also, the student insurance plans allow you to take your child to any doctor or hospital you choose.

Under state law, school districts are required to ensure that all members of school athletic teams have accidental injury insurance that covers medical and hospital expenses. This insurance requirement can be met by the school district offering insurance or other health benefits that cover medical and hospital expenses.

Some pupils may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs. Information about these programs may be obtained by calling the California Uninsured Help Line at 1-800-234-1317.

Attached is information from two insurance providers, SD-KHAN and Myers-Stevens & Toohey & Co., Inc. The SD-KHAN program is a division of the Maternal, Child and Family Health Services, a unit in the Office of Public Health, County of San Diego, and the Health and Human Services Agency. The SD-KHAN program refers, educates and provides access to health care coverage through programs **such** as Medi-Cal and Healthy Families, and provides application assistance for the qualified families. For questions regarding the SD-KHAN program please call 1-800-675-2229. **Bilingual representatives are available for parents who need assistance in Spanish.** 

Myers-Stevens & Toohey & Co., Inc. is a fully licensed broker/administrator providing insurance solutions to a wide variety of clients, including professional associations, municipalities, JPAs, school districts, private schools, universities, colleges, and special niche groups. Myers-Stevens & Toohey & Co., Inc. provides student accident and sickness insurance programs for over 20,000 schools in the West. If you have any questions Myers-Stevens, please call the plan administrator, Myers-Stevens & Toohey & Co., Inc., at (800) 827-4695, or (949) 348-0656. Bilingual representatives are available for parents who need assistance in Spanish.

# 2011-2012 Accident & Health Insurance Program - Student Coverage



CSBA PND MB 640 04/11

# Are you feeling the effects of the economy?

PB-0460

# Here's your opportunity for AFFORDABLE coverage to protect your most valuable asset, your CHILD!

Children have Accidents. Treatment can be expensive...sometimes, very expensive. That's why your School, and 1000's of others, are making affordable insurance coverage available for you and your child as described within. These plans can help you prepare for those emergencies that life throws at us all.

You have a variety of choices. Coverage can be for "School-related Injuries" only or you can protect your child 24/7. Our optimum Student Health Care Plan covers Accidents and Sickness. There's a Dental Accident Plan and even an option for your entire family's Prescription Drug needs. Even if you have other coverage, our plans can help "fill the gaps". Enroll today and protect your most valuable asset, your child!



# **Determine the Plan(s) you want to purchase**

**Example:** If you decide that your student is in need of Sickness and Accident insurance, then the Student Health Care Plan would better fit your insurance needs. Whatever plan(s) you decide to purchase, **you may go to the doctor or hospital of your choice.** 

# Premium Student Health Care Plan Our Best Coverage Includes Injuries and Sickness

Students (age 4-22) may enroll in this plan. Covers Injuries sustained and Sickness commencing anywhere in the world, 24 hours a day, while your student is insured under this School Year's plan (including interscholastic sports, except high school tackle football). Repatriation and Medevac benefits are included. This plan does not cover routine or preventative care.

Benefits are payable according to the "Description of Benefits" up to \$50,000 per Covered Sickness and \$200,000 per Covered Accident.

# 1st payment: \$148.00

(Covers remainder of month in which you enroll and 1 additional month) Subsequent Payments: \$125.00 a month, billed every 2 months

There is a \$50 deductible per Covered Accident or Covered Sickness if enrolling prior to December 1, 2011. If enrolling on or after December 1, the deductible per Sickness is increased to \$500 unless enrollment occurs within: 1) 30 days of student's transfer into a participating School; or 2) 30 days of loss of prior health coverage; or 3) 5 days of participation in the first official day of practice for any interscholastic sport. **Enroll Early!** 

You may go to any doctor or hospital, but use of Beech Street contracted providers may decrease out-of-pocket costs. **Call 800-877-1666** or log on to **www.beechstreet.com** to locate your nearest provider.

Coverage begins at 11:59 p.m. on the day Myers-Stevens & Toohey & Co., Inc. (herein called "The Company") receives the completed enrollment form and premium. Coverage ends at 11:59 p.m. on the last day of the month for which payment has been made. Coverage may be continued for up to 12 calendar months, or through Sept. 30, 2012, whichever comes first, provided the required payments are made.

### Interscholastic Tackle Football Accident Plans

Students (grades 9-12) may enroll in these plans. Covers Injuries caused by covered accidents occurring:

- While practicing or playing in interscholastic high school tackle football
  activities which are School-sponsored and directly supervised, including
  spring practice and summer conditioning, weight training and passing league
- While traveling for football in a School Vehicle or traveling directly and without interruption between School and off-campus site for such activities provided travel is arranged by and is at the direction of the School

Coverage begins at 11:59 p.m. on the day the Company receives the completed enrollment form and premium. Coverage ends at 11:59 p.m. on the closing date of regular classes for the 2011-2012 School Year.

Benefit Levels: High Mid Low Rates per School Year: \$275 \$264 \$212

### **Full-Time 24/7 Accident Plans**

Students (grades P-12 and school employees) may enroll in these plans. Covers Injuries caused by covered Accidents occurring 24 hours a day, anywhere in the world and while participating in all interscholastic sports except high school tackle football.

**Coverage begins at 11:59 p.m. on** the day the Company receives the completed enrollment form and premium. **Coverage ends at 12:01 a.m. on** the date School begins regularly scheduled classes for the 2012-2013 School Year.

Benefit Levels: High Mid Low Rates per School Year: \$270 \$258 \$210

### **School-Time Accident Plans**

Students (grades P-12) may enroll in these plans. Covers Injuries caused by covered Accidents occurring:

- On School premises during the hours and on days when the School's regular classes are in session, including one hour immediately before and one hour immediately after regular classes, while continuously on the School premises
- While participating in or attending School-sponsored and directly supervised activities including interscholastic athletic activities and non-contact spring football (except interscholastic high school tackle football)
- While traveling directly and without interruption to or from residence and School for regular attendance; or School and off campus site to participate in School-sponsored and directly supervised activities, provided travel is arranged by and is at the direction of the School; and while traveling in School Vehicles at any time.

**Coverage begins at 11:59 p.m. on** the day the Company receives the completed enrollment form and premium. **Coverage ends at 11:59 p.m. on** the closing date of regular classes for the 2011-2012 School Year.

Benefit Levels: High Mid Low Rates per School Year: \$67 \$63 \$49

### **Dental Accident Plan** (\$150,000 Maximum)

Students (grades P-12) may enroll in these plans. Covers Injuries to teeth caused by covered Accidents occurring 24 hours a day, anywhere in the world, including participation in all sports and all forms of transportation.

Benefits are payable at 100% of the Usual, Reasonable and Customary charges for Treatment of Injured teeth, including repair or replacement of existing caps or crowns. We do not pay for damage to or loss of dentures or bridges or damage to existing orthodontic equipment.

The coverage provides a "Benefit Period" of Accident dental benefits for up to one year from the date of first Treatment. The benefit period for an Injury may be extended each year, provided that: coverage is renewed prior to October 1, the student remains enrolled in grades P-12, and written notice is received by the Company at the time of Injury that further Treatment will be deferred to a later date.

**Coverage begins at 11:59 p.m. on** the day the Company receives the completed enrollment form and premium. **Coverage ends at 12:01 a.m. on** the date School begins regularly scheduled classes for the 2012-2013 School Year.

\$21.00 purchased separately
\$17.00 when added to any plan(s) purchased

# **Pharmacy SmartCard**

Enroll today and receive savings of 10% - 70% on prescription drugs available at local pharmacies! **Anyone, at any age, may enroll!** SmartCard services are provided through NPS.

The SmartCard is not an insurance product and is not insured by BCS Insurance Company. For more information on NPS, log on to **www.pti-nps.com** or call **800-546-5677**.

An ID card will be sent separately by NPS after your payment has been processed.

In order to receive discounts, you must present your ID card to the pharmacy each time you need a prescription for you or your family.

\$36.00 for entire family, for one full year!

# Determine the benefit level that best fits your needs

We urge you to consider the Student Health Care or the High Option plans, especially if your child has no other insurance. Call us at 800-827-4695 for help.

# **Description of Benefits**

(Applies to all plans except the Dental Accident Plan and Pharmacy SmartCard)

We will pay benefits only for Covered Injuries sustained or Covered Sickness commencing while insured under this School Year's plan. Benefits payable will be based on the Usual, Reasonable and Customary Charges incurred for covered medical and dental services, as defined by the Policy, subject to exclusions, requirements and limitations. We do not pay for a service or supply unless it is Medically Necessary and listed in the Description of Benefits below. Applicable benefits mandated by by the state of residence will be included in the covered expenses. You may take your child to any provider you choose; however, seeking treatment through a Beech Street contracted provider may reduce your out-of-pocket costs.

To find participating Beech Street medical providers nearest you, call 800-877-1666 or log on to www.beechstreet.com

Covered Benefit Levels	Low Option	Mid Option	High Option	Premium Student Health Care Plan		
Plan Name	MAX	XIMUMS PER ACCID				
Tackle Football Accident Plan	\$25,000	\$50,000	\$75,000	\$50,000 Maximum per Sickness		
Full-Time 24/7 Accident Plan	\$50,000	\$100,000	\$150,000	\$200,000 Maximum per Accident		
School-Time Accident Plan	\$25,000	\$50,000	\$75,000	, .,,		
Deductible - per condition	\$250	\$100	\$50	\$50/\$500*		
Covered Expenses	E	BENEFIT MAXIMUM	BENEFIT MAXIMUMS			
Hospital Room & Board - Semi Private Room Rate	80%	80%	90%	80%		
Inpatient Hospital Miscellaneous Charges	80% to \$2,000/Day	80% to \$2,500/Day	90% to \$3,000/Day	80% to \$4,000/Day		
Intensive Care Unit	80% to \$2,000/Day	80% to \$2,500/Day	90% to \$3,000/Day	80%		
Hospital Emergency Room (room & supplies) incurred within 72 hours of an Injury	80%	80%	90%	80%		
Outpatient Surgical (room & supplies)	80% to \$2,000	80% to \$2,500	90% to \$5,000	80% to \$4,000		
Physician Non-Surgical Treatment & Exam (excluding Physical Therapy) Including consultation (when referred by attending Physician)	80%	80%	90%	80%		
Surgeon Services	80%	80%	90%	80%		
Assistant Surgeon Services	80%	80%	90%	80%		
Anesthesiologist Services	80%	80%	90%	80%		
<b>Physiotherapy</b> (includes related office visits) when prescribed by a Physician	80% to \$400	80% to \$750	90% to \$1,000	80% to \$2,000		
X-Ray Examinations (including reading)	80% to \$400	80% to \$750	90% to \$1,000	80%		
Diagnostic Imaging MRI, Cat Scan	80%	80%	90%	80%		
Ambulance (from site of an emergency directly to hospital)	80%	80%	90%	80%		
Laboratory Procedures, Registered Nurse Services, and Rehabilitative Braces	80%	80%	90%	80%		
Durable Medical Equipment	80% to \$400	80% to \$750	90% to \$1,000	80% to \$1,000		
Out-Patient Prescription Drugs (for Injuries only)	80%	80%	90%	80%		
<b>Dental Services</b> (including dental x-rays) for Treatment due to a covered Accident	80%	80%	90%	80%		
Eyeglass Replacement (for replacement of broken eyeglass frames or lenses resulting from a covered Accident requiring medical Treatment)	\$300	\$300	\$300	80%		
Medical Evacuation & Repatriation	\$0	\$0	\$0	100% to \$10,000		

\*If enrolling on or after Dec. 1, deductible per Sickness is increased to \$500. See Student Health Care description at left for exceptions.

### Benefits for Accidental Death, Dismemberment, Loss of Sight, Paralysis and Psychiatric/Psychological Counseling

(Applies to all plans except the Dental Accident Plan and Pharmacy SmartCard) In addition to medical benefits, if, within 365 days from the date of Accident covered by the policy, bodily Injuries result in any of the following losses, we will pay the benefit set opposite such loss. Only one such benefit (the largest) will be paid for all such losses due to any one Accident.

- · Accidental Death
- Single dismemberment or entire loss of sight in one eye
- Double dismemberment or entire loss of sight in both eyes, or paraplegia or hemiplegia or quadriplegia
   Counseling In addition to the AD&D benefits, we will pay 100% of the Usual, Customary and Reasonable costs of psychiatric/psychological counseling needed after covered dismemberment, loss of sight or paralysis up to

\$10,000 \$20,000 \$30,000

to **\$5,000** 

2011-2012 Enrollment Form
Complete all information (please print)
and return to Myers-Stevens & Toohey & Co., Inc.

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# FREQUENTLY ASKED QUESTIONS...

### **Instructions**

### Incomplete Information Will Cause a Delay in Coverage.

- Choose the Accident plan(s) (Full-Time, School-Time, Tackle Football) you want to purchase and then decide which benefit level fits your insurance needs (High, Mid or Low), or choose the Student Health Care Plan
- 2. Complete and detach enrollment form.
- IMPORTANT: Print student's full name on your check or money order and write check number, name on check and the amount of check on the enrollment form.
- Insert a check or money order made payable to Myers-Stevens & Toohey & Co., Inc. or complete Mastercard® / Visa® payment form. DO NOT SEND CASH.
- Attach postage to the envelope for mailing or fax us your enrollment form with your Mastercard® / Visa® number to FAX # (949) 348-2630
- If using Mastercard® / Visa® your charge will appear as "M-S Student Insurance" on your statement. Keep this for future reference.
- Please allow 3 weeks to receive your Insurance Verification card. The Pharmacy SmartCard will be sent separately by NPS. Please call NPS direct at (800) 546-5677.

### PREMIUMS CANNOT BE REFUNDED OR CONVERTED

# **Payment Form**

Incomplete Information Will Cause a Delay in Coverage.





Important: If paying by credit card, complete this form. Your amount of charge will appear as "M-S Student Insurance" on your statement.

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# Signature of Cardholder

# **Frequently Asked Questions...**

# If my child has no other insurance, what's my best buy?

Student Health Care, which covers Injuries and Sicknesses 24 hours a day. Next best is the Full-Time 24/7 Accident Plan with High Option benefits.

# If I have other insurance, why do I need this coverage?

Most other plans have a deductible and/or co-payment. Our plans can help with these out-of-pocket expenses.

### Can I take my child to any doctor or hospital?

YES! However, your out-of-pocket cost could be less by using a Beech Street contracted provider. To find doctors/hospitals nearest you, call 800-877-1666 or log on to www.beechstreet.com.

### Are accident-only plan rates paid every month?

**NO!** Accident-only rates are one-time charges for the entire School Year.

### Is coverage for the whole family available?

**Yes!** Call 800-827-4695 for information and an enrollment form.

# Can interscholastic high school tackle football be covered?

**YES!** But only under the Interscholastic Tackle Football Plan. "High Option" benefits are recommended.

# If my child has a Covered Injury or a Covered Sickness, will benefits for that same Injury or Sickness be extended if he/she re-enrolls next year?

Once maximum benefits have been paid or the benefit period ends (generally, one year) no further benefits for that Injury or Sickness will be made. The Dental Accident Plan is the only exception. See this brochure for details.

### Still need help or have questions?

Go to <u>www.myers-stevens.com</u> or call us for prompt, personalized assistance at (800) 827-4695.

DETACH FORM HEF

PRIORITY HANDLING
Enrollment Form Enclosed

FROM SCHOOL DISTRICT NAME CSBA PND MB 640

MISSION VIEJO, CALIFORNIA 92692-3203 26101 MARGUERITE PARKWAY MYERS • STEVENS & TOOHEY & CO., INC.

# In Case of **Accident** or Sickness

- 1. Report School-related Injuries within 60 days to the School office. To find a Beech Street provider nearest you, call 800-877-1666 or log on to www.beechstreet.com.
- 2. Obtain a claim form from the School or the Company. Claim forms must be filed with the Company within 90 days after the date of first Treatment.
- 3. At the same time, please file a claim with your other family health and/or Accident carrier
- 4. Follow ALL claim form instructions, attach all itemized bills and send to:



Myers-Stevens & Toohey & Co., Inc. 26101 Marguerite Parkway Mission Viejo, CA 92692-3203 949-348-0656 or 800-827-4695 Fax 949-348-2630 CA License #0425842

# The Insurance Company

(Does not apply to the SmartCard)



**BCS Insurance Company** Oakbrook Terrace, Illinois

Rated A- (Excellent) by A. M. Best, an independent insurance company rating agency Master Policy form # 28.203

This brochure contains a brief description of the benefits available. Complete details may be found in the Policies on file at your School or district office. Certain provisions may be different if required by state law. Please keep this information as a reference.

> Policyholder: Family Insurance Trust, Sitused in District of Columbia

Post Office will not deliver without proper postage.

First-Class Postage Required

### **Exclusions**

Benefits are not payable for any of the following or loss that results from them:

- 1. Damage to or loss of dentures or bridges or damage to existing orthodontic equipment.
- 2. War or any act of war, declared or undeclared.
- 3. Participation in a riot or civil disorder; fighting or brawling, except in self-defense; commission of or attempt to commit a felony or violating or attempting to violate any duly enacted law.
- 4. Suicide, attempted suicide or intentionally self-inflicted Injury while sane or insane.
- Injury or Sickness contributed to by the use of alcohol or drugs unless taken in the dosage and for the purpose prescribed by the Covered Person's Physician.
- 6. Practice or play in interscholastic high school tackle football (unless separate football coverage is purchased), intercollegiate sports, semi-professional sports, or professional sports. (Does not apply to the Dental Accident Plan.)
- 7. Injury or Sickness covered by Worker's Compensation or Employer's Liability Laws, or by any coverage provided or required by law including, but not limited to group, group type, and individual automobile "No Fault" coverage (excluding School Vehicle coverage).
- 8. Treatment, services or supplies provided by the School's infirmary or its employees, or Physicians who work for the School, or by any member of the Covered Person's immediate family; or for which no charge is normally made.
- 9. Mental or nervous disorders (except as specifically provided by the Policy).
- 10. Treatment of Sickness, ailment, or infections (except pyogenic infections or bacterial infections which result from the Accidental ingestion of contaminated substances). (Does not apply to the Sickness-Only Coverage under the Student Health Care Plan.)
- 11. The diagnosis and Treatment of non-malignant warts, moles and lesions, acne or allergies, including allergy testing.
- 12. Injury sustained as a result of riding in or on, entering or alighting from, a two or three wheeled Motor Vehicle. (Does not apply to the Dental Accident Plan.)
- 13. Treatment of osteomyelitis, pathological fractures or detached retina (unless directly caused by an Injury). (Does not apply to the Sickness-Only Coverage under the Student Health Care Plan.)
- 14. Any expenses related to the Treatment of tonsils, adenoids, epilepsy, seizure disorder or congenital weakness; or expenses for Treatment of congenital anomalies and conditions arising or resulting directly there from.
- 15. Any expenses related to the Treatment of hernia.
- 16. Benefits are not payable under the Student Health Care Plan for a Sickness that is a "Pre-existing Condition" (a condition for which the Covered Person received medical Treatment, care or advice within 6 months before being insured under the Policy). This exclusion does not apply after the Covered Person has been insured under the Policy for 6 straight months.

### **Requirements and Limitations**

Aggravations of injuries which did not occur while insured under this plan are paid up to \$500 maximum benefit per policy term. Injuries sustained as a result of riding in or on, entering or alighting from or being struck by a Motor Vehicle are limited to a \$5,000 maximum benefit (up to \$10,000 if vehicle is a School Vehicle). Some Motor Vehicle injuries are not covered - see exclusions above for details. School-time and high school tackle football injuries must be reported to the School within 60 days of the date of Injury. The first Physician's visit must be within 120 days after the Accident occurs or Sickness commences. This insurance does not apply to the extent that trade or economic sanctions or regulations prohibit us from providing insurance, including but not limited to, the payment of claims. A claim form must be filed with Myers-Stevens & Toohey & Co., Inc. within 90 days after the date of loss. The plan pays for covered expenses incurred within up to a year from the date of the first Physician's visit. However, should the Injury sustained require the removal of surgical pins, continued Treatment for serious burns, or Treatment of a non-union or mal-union fracture, the benefit period will be extended to 104 weeks. Each covered condition may be subject to a deductible - see plan details.

### **Definitions**

An **Accident** is defined as a sudden, unexpected and unintended incident. **Covered Accident** means an Accident that results in Injury or loss covered by this Policy. An **Injury** is defined as Accidental bodily harm sustained by the Covered Person that results directly from an Accident (independently of all other causes) and occurs while coverage under the Policy is in force. **Medically Necessary** is defined as the services or supplies provided by a Hospital, Physician, or other provider that are required to identify or treat an Injury or Sickness and which, as determined by the Company, are: (1) consistent with the symptoms or diagnosis and Treatment of the Injury or Sickness; (2) appropriate with regard to standards of good medical practice; (3) not solely for the convenience of the Insured Person; (4) the most appropriate supply or level of service which can be safely provided. When applied to the care of an Inpatient, it further means that the Insured Person's medical symptoms or condition requires that the services cannot be safely provided as an Outpatient. **Sickness** is defined as illness or disease contracted by and causing loss to the Insured Person whose Sickness is the basis of claim. Any complications or any condition arising out of a Sickness for which the Insured Person is being treated or has received Treatment will be considered as part of the original Sickness.

### Non-Duplication of Benefits (Excess Provision):

In order to keep premiums as affordable as possible, these plans pay benefits on a non-duplicating basis. This means, if a person is covered by one or more of these plans and by any other valid insurance or health agreement, any amount payable or provided by the other coverages will be subtracted from the covered expenses and we will pay benefits based on the remaining amount.

**IMPORTANT NOTICE:** If your child qualifies for Medicare, you must obtain a Medicare disclosure notice prior to applying for this insurance. Please contact our office for a copy of this notice.

### Premiums Cannot be Refunded or Converted

For a brochure in Spanish, or for assistance in Spanish, please call 800-827-4695 Para un folleto en Español, o para asistencia en Español, por favor llame a 800-827-4695