



**Event:** General Education Meeting of the Southern Ohio Valley Chapter Case Management Society of America (CMSA)

**Date:** Thursday, February 20, 2014

**Time:** 5:30 pm – 7:30 pm

**Place:** Anthem Blue Cross and Blue Shield  
4361 Irwin Simpson Road  
Mason, OH 45040 (see directions attached)

**Agenda:**

|                |  |
|----------------|--|
| 5:30 - 6:00 pm | <b>Informal Networking Time</b><br><i>Come and meet fellow members and colleagues in the field of case management!</i>   |
| 6:00 - 6:15 pm | <b>Update on Chapter Dinner Buffet</b>   |
| 6:15 - 7:15 pm | <b>Special CE Presentation:</b><br><b>“Managing Yourself and Others Through Change”</b><br><i>Presented by Terry Pope, MSN, RN<br/>President, Nursing Institute for Continuing Education</i> |
| 7:15 - 7:30 pm | <b>Evaluations, Door Prize Drawings &amp; Adjournment</b>  |

**CE Credits:**

- **CCMs:** This program has been approved for 1.0 Clock Hour of Continuing Education by The Commission for Case Manager Certification.
- **Social Workers:** 1.0 CEU credit will be provided.
- **Nurses:** 1.0 Contact Hour for CNE will be provided.

*Participants who attend 80% of the activity and complete evaluation form will earn CE credit. Approval status does not imply endorsement by the provider, ANCC, OBN or ONA of any products displayed in conjunction with this activity.*

**Cost:**

**CMSA Members:** \$5 registration by Feb 14 / \$10 after Feb 14

**Non-Members:** \$25 registration by Feb 14 / \$35 after Feb 14

Online registrations must be completed by deadline to receive early-bird rate.

Mail-in registrations must be postmarked by deadline to receive early-bird rate.

**To Register:**

**Register and pay online with Paypal at [www.sov-cmsa.org](http://www.sov-cmsa.org)**

~ OR ~

**Complete attached registration form and include check.**

For more information contact:

Barbara Mackey-Zeigler at [barbara.mackey-zeigler@anthem.com](mailto:barbara.mackey-zeigler@anthem.com) or (513) 770-7806

**Meeting of the Southern Ohio Valley Chapter of CMSA  
Thursday, February 20, 2014**

**Special Continuing Education Presentation:**

**“Managing Yourself and Others Through Change”**

**Learning Objectives:**

1. Examine the psychological aspects of change and what happens to us mentally and emotionally during the change process.
2. Identify the three phases of mental and emotional transition in the change process.



**FEATURED SPEAKER: Terry Pope, MSN, RN**

Terry Pope is the founder and President of the Nursing Institute for Continuing Education – also known as N.I.C.E – and the Executive Director for the Mid-Ohio District Nurses Association. Prior to starting her own leadership development and training company, Terry served in executive leadership positions for 25 years in the areas of acute care, ambulatory care, education, and home care/hospice.

Terry brings a wealth of knowledge, experience, humor and new insights to every program she provides. She has presented numerous professional development continuing education programs regionally, and across the state for the Ohio Health Care Association, Ohio Council for Home Care & Hospice, Ohio Nurses Association and the Licensed Practical Nurse Association of Ohio.

Terry is currently serving as a member of the Ohio Nurses Association’s Continuing Education Approval Council and the Ohio Board of Nursing’s Continuing Education Advisory Group. She has been a member of the Urbana Rotary since 2006 and currently serves on the board of directors for the United Way of Clark, Champaign and Madison Counties, and the Second Harvest Food Bank.

**\*\*\* Please help with SOV CMSA's Community Service Project! \*\*\***



Southern Ohio Valley CMSA is participating in a Community Service Project called **COUPONS for TROOPS**. Did you know that our US military families who are stationed overseas are able to use expired coupons up to 6 months past their expiration date? Our goal is to help those families who sacrifice so much for our country receive those coupons and help them save money.

**Please bring active or expired manufacturer coupons to donate to this project.** We'll take care of getting the coupons to the appropriate people! *(Please note that store coupons, such as Target, Walgreens, JCPenney, Old Navy, etc. cannot be used.)* Thank you for participating and for supporting our troops!

For more information, please visit <http://www.couponstotroops.com>.



CMSA is an international, non-profit professional association founded in 1990 dedicated to the support and development of the profession of case management through educational forums, networking opportunities and 80+ affiliated and pending chapters. CMSA's success and strength is its structure as a member-driven society. The mission of CMSA is to “positively impact and improve patient wellbeing and healthcare outcomes.” **For more information, visit [www.cmsa.org](http://www.cmsa.org).**



## REGISTRATION FORM

General Education Meeting  
Southern Ohio Valley Chapter of CMSA

**“Managing Yourself and Others Through Change”**

Thursday, February 20, 2014

### Registration Fee:

|                     | By Feb 14      | After Feb 14   |
|---------------------|----------------|----------------|
| <b>Members:</b>     | <b>\$5.00</b>  | <b>\$10.00</b> |
| <b>Non-Members:</b> | <b>\$25.00</b> | <b>\$35.00</b> |

Online registrations must be completed by deadline to receive early-bird rate.  
Mail-in registrations must be postmarked by deadline to receive early-bird rate.

**\*\*\* Registration due 02/14/14\*\*\***

Please make check payable to **SOV-CMSA**.

**Please be sure to bring your RN or SW license number and CCM number (as applicable)**

Name: \_\_\_\_\_

Company: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ [ ] Work [ ] Home

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Register & pay by PayPal online at [www.sov-cmsa.org](http://www.sov-cmsa.org) OR  
Return registration form (this page) and check to:**

SOV-CMSA  
Attn: Education Committee  
9378 Mason Montgomery Road, Suite 316  
Mason, OH 45040

*Cancellation Policy: Full refund for cancellations received by 02/17/14*

# Southern Ohio Valley Chapter CMSA Education/Dinner Meeting

February 20, 2014

**Anthem Blue Cross and Blue Shield  
4361 Irwin Simpson Road  
Mason, OH 45040**

## Directions:

Anthem is located in Mason, OH near the Deerfield Towne Center, approximately 1 mile north of the intersection of Mason-Montgomery Rd and Fields Ertel Road.

**From Dayton, Ohio:** I-75 South to Tylersville Road Exit 22. Turn left (east) on Tylersville. Continue for 3.5 miles to Mason-Montgomery Road. Turn right (south) on Mason-Montgomery Rd. Continue for 2.3 miles to Irwin Simpson. Turn left on Irwin Simpson. Drive on Irwin-Simpson for 0.6 miles until you come to a four-way stop (Duke Drive and Irwin Simpson). Continue straight through the intersection and make the next right into the Anthem parking lot. Enter the three-story building at main entrance near flagpoles.

**From the South (Cincinnati/Northern Kentucky):** I-71 to North to Exit 19 - Mason-Montgomery/Fields Ertel Road. Turn left off the exit onto Mason-Montgomery Road. [\\*Continue with General Directions below.](#)

**From the North:** I-71 South to Exit 19 – Mason-Montgomery/Fields Ertel Road. Turn right off the exit onto Mason-Montgomery Road. [\\*Continue with General Directions below.](#)

**From the East:** I-275 West to I-71 North I-71 to North to Exit 19 - Mason-Montgomery/Fields Ertel Road. Turn left off the exit onto Mason-Montgomery Road. [\\*Continue with General Directions below.](#)

**From Dayton, Ohio:** I-75 South to I-275 East to I-71 North to Exit 19 - Mason-Montgomery/Fields Ertel Road. Turn left off the exit onto Mason-Montgomery Road. [\\*Continue with General Directions below.](#)

## \* [General Directions:](#)

- Continue straight (north) on Mason-Montgomery for approximately 1 mile.
- Turn right on Irwin-Simpson Road.  
NOTE: Do NOT turn right on “Old Irwin Simpson”—this is a no-outlet residential street. The next right will be “Irwin Simpson”. This is a big intersection, with Mimi’s Café and Red Robin Restaurant on the left.
- Drive on Irwin-Simpson for approximately one-half mile until you come to a four-way stop (Duke Drive and Irwin Simpson).
- Continue straight through the intersection and make the next right into the Anthem parking lot. Enter the three-story building at main entrance near flagpoles. Sign in at Guard Desk and obtain a Visitor Badge per facility’s policy.